

SOUTH SIDE ATHLETICS

SUMMER 2022

IMPORTANT DATES

- **All Gyms closed JUNE 6-10**
- **FWCS SUMMER SCHOOL**
 - **JUNE 6 – JUNE 24**
 - **8 AM - NOON**
- **IHSAA Summer Definition: Period of time between Tuesday following Memorial Day and the day before Monday of week 5**
 - **June 1 – July 30**
- **IHSAA Pre-Participation Physical must be on file with Athletic Department before any student can participate in summer activities starting June 1**
- **IHSAA Moratorium JULY 3-10**
- **Fall Season Try- Out Start Dates:**
 - **July 29: Girls Golf**
 - **August 1:**
 - **G/B XC**
 - **G/B SOCCER**
 - **B TENNIS**
 - **VOLLEYBALL**
 - **FOOTBALL (non-contact)**
 - **August 4: 1st contact day**
 - **G GOLF 1st competition day**
- **YOUTH CAMPS**
 - **Tennis June 14 – 18; 8:00AM - NOON**

Questions: Check the South Side Athletic Department SportsYou page; see flyer on how to join

SOUTH SIDE ATHLETICS SUMMER 2022

JUNE CALENDAR

- **ALL STUDENT ATHLETES SUMMER Speed & Strength Training (Physical Required)**
 - **JUNE 6 – JULY 28; ENTER DOOR 4**
 - **MON, TUES, WED, THURS**
 - **10 AM–NOON (current 8th & 9th graders)**
 - **12:30–2:30 PM (current 10th & 11th graders)**
 - **Led by Coach Gaydos, Coach France, & Coach Norfleet**
 - **ALL COACHES AVAILABLE SHOULD BE IN ATTENDANCE TO HELP**

<u>TEAM/EVENT</u>	<u>MON</u>	<u>TUES</u>	<u>WED</u>	<u>THURS</u>
<i>Speed & Strength (current 8/9 graders)</i>	10 am – 12 pm	10 am – 12 pm	10 am – 12 pm	10 am – 12 pm
<i>Speed & Strength (current 10/11 graders)</i>	12:30 – 2:30 pm	12:30 – 2:30 pm	12:30 – 2:30 pm	12:30 – 2:30 pm
Football	4 – 6 pm		4 – 6 pm	4 – 6 pm
Volleyball		5 – 7 pm		5 – 7 pm
Girls Soccer		5:30 – 7:30 pm		5:30 – 7:30 pm
Boys Soccer		5:30 – 7:30 pm		5:30 – 7:30 pm
Girls Basketball	5:30 – 7:30 pm		5:30 – 7:30 pm	
Boys Basketball		6:30 – 8:30 pm		6:30 – 8:30 pm
Cross Country	On own	On own	On own	On own
CHEER	See flyer			
Girls Golf				
Boys Tennis				

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SOUTH SIDE ATHLETICS SUMMER 2022

JULY CALENDAR

- **ALL STUDENT ATHLETES SUMMER Speed & Strength Training (Physical Required)**
 - **JUNE 6 – JULY 28; ENTER DOOR 4**
 - **MON, TUES, WED, THURS**
 - **10 AM–NOON (current 8th & 9th graders)**
 - **12:30–2:30 PM (current 10th & 11th graders)**
 - **Led by Coach Gaydos, Coach France, & Coach Norfleet**
 - **ALL COACHES AVAILABLE SHOULD BE IN ATTENDANCE TO HELP**

****July days MAY change based on Head Coach decision***

<u>TEAM/EVENT</u>	<u>MON</u>	<u>TUES</u>	<u>WED</u>	<u>THURS</u>
<i>Speed & Strength (current 8/9 graders)</i>	10 am – 12 pm	10 am – 12 pm	10 am – 12 pm	10 am – 12 pm
<i>Speed & Strength (current 10/11 graders)</i>	12:30 – 2:30 pm	12:30 – 2:30 pm	12:30 – 2:30 pm	12:30 – 2:30 pm
Football	4 – 6 pm		4 – 6 pm	4 – 6 pm
Volleyball		5 – 7 pm		5 – 7 pm
Girls Soccer		5:30 – 7:30 pm		5:30 – 7:30 pm
Boys Soccer		5:30 – 7:30 pm		5:30 – 7:30 pm
Girls Basketball	5:30 – 7:30 pm		5:30 – 7:30 pm	
Boys Basketball		6:30 – 8:30 pm		6:30 – 8:30 pm
Cross Country	On own	On own	On own	On own
CHEER	See flyer			
Girls Golf				
Boys Tennis				

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