



## DOT PHYSICALS - A TEAM BASED APPROACH

Parkview Occupational Health takes a team-based approach for DOT physicals. By working closely with the driver and the employer, our medical examiners are able to efficiently complete DOT exams with minimal hiccups. This allows the driver to stay on the road and out of the clinic. Below is a layout of how each member of the team contributes to the clearance process.

### Driver

A common misconception that often leads to delays in certification is that the drivers only responsibility is to show up for their exam. In order for the team to efficiently complete a DOT certification, the driver must do preparation work as well as post-exam work.

- Read the “Preparing for your DOT Exam” guide.
- Be truthful and professional with the medical examiner.
- Ensure any additional requested information is returned to the medical examiner.
- Ensure the state that issues your card, as well as your employer, receive a copy of your medical certificate.

### Medical Examiner

The role of the medical examiner (CDME) in the DOT certification process may be unclear to some. In the DOT process, the CDME is Parkview Occupational Health. To better understand the CDME’s role in your certification, see below.

#### Responsible for:

- Making certification decisions
- Following applicable non-discretionary medical standards and/or guidance from FMCSA Medical Review Boards and Medical Expert Panels to make certification decisions in line with best practice medicine
- Reviewing all pertinent medical information prior to making a certification determination
- Submitting completed driver physical exam to FMCSA exam national registry

#### Not responsible for:

- Treating or diagnosing the driver
- Contacting the driver’s treating provider(s) to obtain requested medical information
- Faxing the certification to the state of CDL issuance

### Treating Provider

If a driver is placed on Determination Pending status, this means the medical examiner requires additional information about their medical condition(s) from their treating provider in order to make a final certification decision. The treating provider is your primary care physician or specialist. Below is a guide for the role the treating provider plays in the certification process.

- Complete and return forms needed by the medical examiner to render a certification determination.
- Provide medical opinion regarding the condition(s) in question that could impact the safe performance of the essential Commercial Motor Vehicle job duties.

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