

Patient Name: _____ Male Female Date of Birth: _____ Age: _____
 Height: _____ feet _____ inches Current Weight: _____ lbs Highest Weight: _____ lbs – when? _____ Weight at age 18: _____ lbs
 I am interested in: Adjustable Gastric Band Gastric Bypass Sleeve Gastrectomy Revision of previous bariatric surgery Unsure
 Occupation: _____
 Full-time (more than 35 hours) Part-time (less than 35 hours) Unemployed Disabled Retired
 Self-employed Homemaker Student

SOCIAL HISTORY:

Marital Status: Single Married Divorced Separated Widow Significant Other
 Yes No Do you have children? If yes, how many do you have? _____
 Yes No Do you have grandchildren? If yes, how many do you have? _____
 Yes No Have you ever used tobacco products?
 If yes, did you use (check all that apply): Cigarettes Cigars Pipe Chewing tobacco
 Yes No Do you *currently* use tobacco products?
 Yes No Have you ever used illegal or street drugs?
 If yes, how often did you use? Rarely Occasionally Frequently Have you stopped using? Yes No
 Yes No Do you drink alcohol? If yes, how often do you drink? Rarely Occasionally Frequently
 Yes No Have you ever had an addiction problem that required treatment or rehab? If yes, please check all that apply:
 Alcohol Illegal (street) drugs Prescription drugs Other addiction(s): _____

FAMILY HISTORY:

Father's present age: _____ or Age at death: _____ Cause of death: _____ Health problems: _____
 Mother's present age: _____ or Age at death: _____ Cause of death: _____ Health problems: _____
 How many brothers and/or sisters do you have in your family? _____
 Do you have a family history of (check all that apply):
 Obesity Heart disease Blood clotting or bleeding disorders Diabetes High blood pressure Pulmonary embolus
 Breast Cancer Colon cancer Lung disease, asthma, emphysema Malignant hyperthermia Gastric cancer

ENDOCRINE:

| | | | |
|--|---|--|--|
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Have you been told that you are pre-diabetic or have high blood sugars? | <input type="checkbox"/> Yes <input type="checkbox"/> No | Do you take medication for thyroid disease? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Do you currently have diabetes? | <input type="checkbox"/> Yes <input type="checkbox"/> No | Have you ever used steroids for any medical problem(s) in the past year? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Do you take insulin? | <input type="checkbox"/> Yes <input type="checkbox"/> No | Have you ever been diagnosed with sickle cell disease or trait? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Do you take oral diabetic medication? | <input type="checkbox"/> Yes <input type="checkbox"/> No | Are you HIV positive or do you AIDS? |
| <input type="checkbox"/> Yes <input type="checkbox"/> No | Do you use diet only to treat your diabetes? | | |

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PULMONARY (LUNGS):

- Yes No Have you been under the care of a lung specialist (pulmonologist) in the last 2 years?
- Yes No Do you get short of breath walking up a flight of steps?
- Yes No Do you get short of breath walking a city block?
- Yes No Do you have a history of bronchitis?
- Yes No Do you have asthma? If yes:
 - Yes No Do you inhale daily?
 - Yes No Do you use inhalers only when needed?
 - Yes No Do you use nebulizer treatments?
 - Yes No Do you use oxygen?
 - Yes No Have you been hospitalized for asthma within the last 2 years?
 - Yes No Is your asthma well controlled?
- Yes No Do you have a chronic cough?
- Yes No Have you ever been diagnosed with tuberculosis?
- Yes No Have you ever been diagnosed with COPD?

- Yes No Have you ever been diagnosed with sleep apnea? If yes:
 - Yes No Do you use an oral appliance?
 - Yes No Do you use a CPAP machine?
 - Yes No Do you use a BiPAP machine?
 - Yes No Do you use nighttime oxygen?
 - Yes No Have you had surgery for the treatment of sleep apnea?
- Yes No Do you snore when you sleep?
- Yes No Do you wake up at night trying to catch your breath?
- Yes No Do you wake up frequently with a headache?
- Yes No Do you wake up from your sleep to urinate nightly?
- Yes No Do you routinely sleep in a recliner chair at night?
- Yes No Have you ever been diagnosed with emphysema?
- Yes No Have you ever been diagnosed with sarcoidosis?

CARDIAC:

- Yes No Have you been under the care of a heart specialist (cardiologist) in the last 5 years?
- Yes No Do you have high blood pressure?
- Yes No Do you take medication for high blood pressure?
- Yes No Have you seen a doctor for irregular heartbeats?
- Yes No Do you take medication for irregular heartbeats?
- Yes No Have you been told that you have a heart murmur?
- Yes No Have you been told that you have mitral valve prolapsed?
- Yes No Do you currently have chest pain(angina)?
If yes, do you have chest pain: While sitting still
While walking With strenuous work/exercise
- Yes No Have you ever had a heart attack?
- Yes No Have you ever had an abnormal EKG heart tracing)?
- Yes No Have you ever had a cardiac (heart) catheterization?
- Yes No Have you ever had a heart treadmill or chemical stress test?
- Yes No Have you ever been told that you have congestive heart failure?
- Yes No Have you ever been hospitalized for heart failure?
- Yes No Have you ever had an angioplasty or cardiac stents placed for your heart disease?
- Yes No Are you on blood thinner medication for treatment of your heart disease?

- Yes No Do you have leg, ankle, or feet swelling?
- Yes No Are you on medication for leg, ankle, or feet swelling?
- Yes No Have you ever had blood clots in your legs (DVT)?
Yes No If yes, were you treated with blood thinners?
- Yes No Have you ever had blood clots in your lungs (pulmonary embolus)?
Yes No If yes, were you treated with blood thinners?
- Yes No Have you been treated for leg, ankle, or foot ulcers (venous status ulcers)?
- Yes No Do you have varicose veins? If yes:
Right leg Left leg Both legs
- Yes No Have you ever had an IVC filter placed for blood clots?
- Yes No Have you ever had a stroke?
- Yes No Have you ever been told that your cholesterol level was high?
- Yes No Do you take medication for high cholesterol levels?
- Yes No Have you ever been told that you have high triglyceride levels?
- Yes No Do you take medication for high triglyceride levels?

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GI (STOMACH / INTESTINES):

- Yes No Have you seen a GI specialist (gastroenterologist) in the past 2 years?
- Yes No Do you have frequent difficulty chewing or swallowing?
- Yes No Do you suffer from difficulty having bowel movements (constipation)?
- Yes No Do you use stool softeners routinely?
- Yes No Do you have frequent loose stools (diarrhea)?
- Yes No Do you use anti-diarrhea medication routinely?
- Yes No Do you or have you had hemorrhoids?
- Yes No Do you suffer from heartburn (acid reflux)?
- Yes No Do you routinely take over the counter medications for heartburn?
- Yes No Do you take prescription medications for heartburn (GERD)?
- Yes No Have you ever been told that you have a hiatal hernia (hernia in diaphragm)?

- Yes No Have you ever had a stomach or duodenal ulcer?
- Yes No Have you ever been diagnosed with irritable bowel syndrome?
- Yes No Are you lactose intolerant?
- Yes No Have you ever been diagnosed with Crohn's disease?
- Yes No Have you ever been diagnosed with ulcerative colitis?
- Yes No Have you ever been diagnosed with cirrhosis?
- Yes No Have you ever been diagnosed with a fatty liver?
- Yes No Have you ever been diagnosed with hepatitis?
- Yes No Have you ever been diagnosed with celiac sprue?
- Yes No Have you ever been treated for pancreatitis?
- Yes No Have you ever had a previous weight-loss surgery?

HEENT / NEURO (HEAD):

- Yes No Do you have frequent headaches or migraines?
- Yes No Do you suffer from hearing loss? If yes:
Right Left Both
- Yes No Do you wear glasses, contacts or use reading glasses?
- Yes No Do you suffer from chronic balance problems (vertigo)?
- Yes No Have you ever had a seizure?
- Yes No Are you currently taking any medications to prevent seizures?
- Yes No Have you ever been diagnosed with multiple sclerosis (MS)?
- Yes No Have you ever been diagnosed with pseudotumor cerebri? If yes:
Yes No Do you have nausea and dizziness with headaches?
Yes No Do you have vision problems when you have your headaches?
Yes No Have you ever had an MRI to confirm pseudotumor cerebri?
Yes No Do you use diuretics for treatment of your pseudotumor cerebri?
Yes No Do you require narcotic medications for pseudotumor cerebri?
Yes No Has surgical treatment been recommended for you? If yes...
Yes No Have you received surgical treatment?

CANCER:

- Yes No Have you ever been diagnosed with a cancer other than skin cancer? If yes, what kind of cancer:

BLADDER / KIDNEY:

- Yes No Do you have to urinate frequently?
- Yes No Do you have pain with urination?
- Yes No Do you have blood in your urine?
- Yes No Have you been told that you have protein in your urine?
- Yes No Have you ever had a kidney stone?
- Yes No Do you have leakage of urine with laughing/coughing/sneezing? If yes:
Occurs less than once per week
Greater than one occurrence per week
Occurs daily
Is disabling
- Yes No Do you have leaking of stool (feces) with laughing/coughing/sneezing?
- Yes No Have you ever had a bladder infection (UTI)?
- Yes No Have you ever had a kidney infection?

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BONES / JOINTS / MUSCLES:

- Yes No Have you ever been diagnosed with arthritis?
If yes, which one?
 Rheumatoid arthritis Degenerative joint disease
 Osteoarthritis Other arthritis (not listed)
- Yes No Do you have hip pain that limits your activity level?
If yes: Right Left Both
- Yes No Do you have knee pain that limits your activity level?
If yes: Right Left Both
- Yes No Do you have ankles pain that limits your activity level?
If yes: Right Left Both
- Yes No Do you have shoulder pain that limits your activity level?
If yes: Right Left Both
- Yes No Do you have frequent back pain which limits your activity level?
- Yes No Have you ever been diagnosed with gout? If yes:
 Yes No Do you currently take medication(s) for gout?

- Yes No Do you use a cane or walker to help you walk?
If yes: Sometimes Always
- Yes No Do you use a motorized scooter or wheelchair?
If yes: Sometimes Always
- Yes No Have you ever been diagnosed with herniated disc(s)?
- Yes No Have you ever been told you have carpal tunnel disease?
- Yes No Have you ever been diagnosed with scleroderma?
- Yes No Have you ever been diagnosed with fibromyalgia?
If yes, how is it treated:
 Exercise
 Surgical intervention done or recommended
 Non-narcotic medications
 Disabling, no treatment has been effective
- Yes No Have you ever been diagnosed with lupus?
- Yes No Are you currently under the care of an orthopedic surgeon or neurosurgeon?

PSYCHOLOGICAL:

- Yes No Have you ever been diagnosed with depression? If yes:
 Yes No Do you require medications for your depression?
 Yes No Is your depression occasional or episodic?
 Yes No Does your depression prevent you from caring for yourself?
 Yes No Does your depression prevent you from keeping a job?
 Yes No Have you ever required hospitalization for depression?
 Yes No Are you currently receiving care by a psychologist, psychiatrist or therapist for your depression?
 Yes No Is your depression being treated by your family doctor?
- Yes No Have you ever been diagnosed with anxiety/panic attacks? If yes:
 Yes No Do you require medications for anxiety?
 Yes No Is your depression only occasional or episodic?
 Yes No Does your anxiety prevent you from maintaining employment?
 Yes No Have you ever required hospitalization for anxiety?

- Yes No Are you currently receiving care by a psychologist, psychiatrist or therapist for your anxiety?
- Yes No Is your anxiety being treated by your family doctor?
- Yes No Have you ever been diagnosed with having a bipolar disorder? If yes:
 Yes No Do you require medications for your bipolar disorder?
 Yes No Does your bipolar disorder prevent you from caring for yourself?
 Yes No Does your bipolar disorder prevent you from keeping a job?
 Yes No Have you ever required hospitalization for bipolar disorder?
 Yes No Are you currently receiving care by a psychologist, psychiatrist or therapist for your bipolar disorder?
 Yes No Is your bipolar disorder being treated by your family doctor?
- Yes No Have you ever been diagnosed with schizophrenia or any other form of personality disorder or mental illness?
- Yes No Have you been hospitalized for any form of mental illness or breakdown?

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GYN (FOR WOMEN ONLY):

- Yes No Have you ever had a fertility workup?
- Yes No Are you currently pregnant?
- Yes No Do you have monthly periods?
- Yes No Are your periods irregular?
- Yes No Do you have abnormality heavy or prolonged menstrual periods?
- Yes No Have you ever been pregnant?
If yes, during any pregnancy, did you have:
 - Yes No Diabetes
 - Yes No Low iron levels
 - Yes No High blood pressure
 - Yes No Pre-eclampsia
- Yes No Are you currently going through or in menopause?
- Yes No Are you currently using oral contraceptives?

- Yes No Are you currently using any other form of contraception?
- Yes No Have you ever been diagnosed with polycystic ovarian disease (PCOS)? If yes:
 - Yes No Are you being treated with oral contraceptives?
 - Yes No Are you being treated with metformin?
 - Yes No Are you being treated with any other medication(s)?
 - Yes No Have you been told you are infertile?
- Yes No Have you had a Pap test done in the last 2 years?
- Yes No Have you ever had an ectopic pregnancy?
- Yes No Do you receive a gynecological exam yearly?

SURGICAL HISTORY:

Have you ever had any of the following types of surgery (check all that apply):

- | | | |
|--|--|--|
| <input type="checkbox"/> Anti-reflux procedure | <input type="checkbox"/> Open heart surgery | <input type="checkbox"/> Peripheral vascular (blood vessels in arms and legs) procedures |
| <input type="checkbox"/> Appendix removed (appendectomy) | <input type="checkbox"/> Hysterectomy | <input type="checkbox"/> Tubal ligation |
| <input type="checkbox"/> Bowel resection | <input type="checkbox"/> Hip replacement | <input type="checkbox"/> Vagotomy (division of vagus nerve) |
| <input type="checkbox"/> Breast cancer biopsy | <input type="checkbox"/> Knee replacement | <input type="checkbox"/> Vasectomy |
| <input type="checkbox"/> Breast cancer mastectomy (breast removal) | <input type="checkbox"/> Laminectomy (spine decompression) | |
| <input type="checkbox"/> Breast cancer radiation | <input type="checkbox"/> Removal of a back disc (discectomy) | |
| <input type="checkbox"/> Gallbladder removal (cholecystectomy) | <input type="checkbox"/> Nissen fundoplication | |

Other surgeries not listed above (include any biopsy or cosmetic surgery/procedure):

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CURRENT MEDICATIONS:

Please list any prescription medications that you are currently taking:

| Name of Medication | Dosage Instruction | Reason for Medication |
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OVER-THE-COUNTER AND HERBAL PRODUCTS:

Please list any over-the-counter (OTC) medications or herbals that you are currently taking:

| Name of OTC / Herbal | Dosage | Reason |
|----------------------|--------|--------|
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ALLERGIES:

Are you allergic to any medications? If yes please list the allergy and any adverse reaction, such as hives, rash, shortness of breath or anaphylaxis.

| Allergy | Type of Reaction | Allergy | Type of Reaction |
|---------|------------------|---------|------------------|
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Yes No Do you have a latex allergy?

Yes No Are you allergic to shellfish, iodine or contrast dye?

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PAST MEDICAL ATTEMPTS TO LOSE WEIGHT:

I certify that the above information is correct to the best of my knowledge. I will not hold my doctor or any members of his/her staff responsible for any errors or omissions that I may have made in the completion of this form.

Signature of Patient or Person Authorized to Consent for Patient: _____ Date: _____

Reviewed By Signature: _____ Date: _____

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|--------------------------|
| Patient Name: _____ |
| Patient ID Number: _____ |
| DOB: _____ |