



# Park Center 2022 Implementation Strategy



**PARKVIEW**

BEHAVIORAL HEALTH INSTITUTE

PARK CENTER

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# Commitment to the Community

## Mission

Park Center's mission is to restore lives. By partnering with consumers, we strive to support and facilitate their journey toward health.

## Vision

Park Center's vision is a community where:

- Behavioral health challenges are no longer in the shadows,
- People who experience the pain of a behavioral health issue have easy access to effective care
- The burden of unaddressed behavioral health challenges no longer reduce the productivity and vibrancy of our community, and
- Park Center is recognized as a vital contributor to this new reality.

# Introduction

With Park Center's recent affiliation with Parkview Health came the need to identify community health needs in Adams and Wells Counties, a part of Park Center's Service area in addition to Allen County. This report seeks to define Park Center's implementation strategy for 2022 using the county-specific data reported in the 2019 CHNA for Allen County and information collected in 2021 for Adams and Wells Counties. In doing so, this report will define and describe:

- The community served
- The community's top health needs
- The CHNA/implementation strategy process
- How the hospital is addressing community health needs
- Identified needs not being addressed

The contents of this report were formed in compliance with the requirements set forth by the IRS for tax-exempt health systems and hospitals.

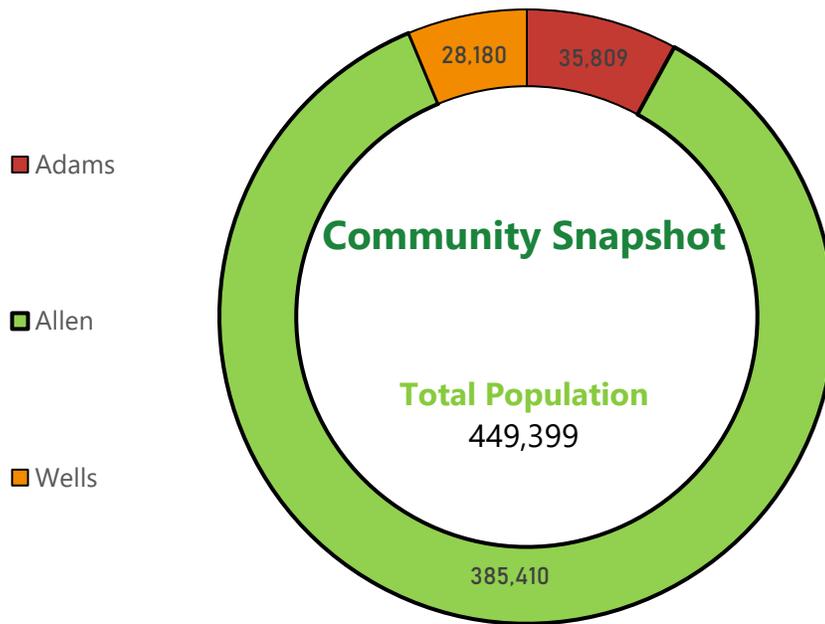
## Park Center, Inc.

Park Center, Inc. is part of Parkview Behavioral Health Institute located in Fort Wayne, the primary urban area in the northeast Indiana region. The center offers comprehensive mental health care services designed for all age groups. As a Community Mental Health Center, Park Center, offers community-based and office-based outpatient mental health services focusing on prevention, treatment and rehabilitation. Additionally, Park Center operates a 16-bed acute psychiatric hospital for adults.

## Community Served

Park Center, Inc., a Community Mental Health Center (CMHC), operates in Allen, Adams and Wells Counties. Allen County has a population of approximately 385,410 residents and accounts for seventy-two percent of Park Center’s clients. Home to the city of Fort Wayne, it is considered an urban area. Located in a rural setting just south of Allen County, Adams and Wells Counties have populations of 35,809 and 28,180 respectively (*Figure 1*). Adams and Wells County each account for seven percent of the clients that Park Center serves. Furthermore, Adams County reported the highest poverty rate (11.8%) and highest rate of uninsured (15.5%) (*Table 1*).

**Figure 1: Community Snapshot<sup>i</sup>**



Indicator	Adams	Allen	Wells
% Below 18 years	31.4%	25.6%	24.6%
% 65 and older	15.9%	14.9%	18.6%
Poverty Rate	11.8%	9.9%	8.2%
Uninsured Rate*	15.5%	10.6%	8.8%

**Table 1: Demographics**

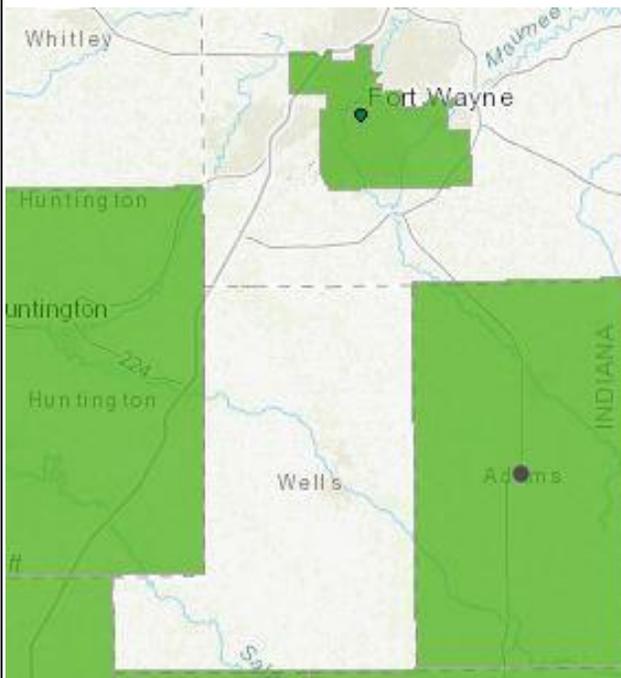
Source: United States Census Bureau<sup>ii</sup>

\*Under 65 years old

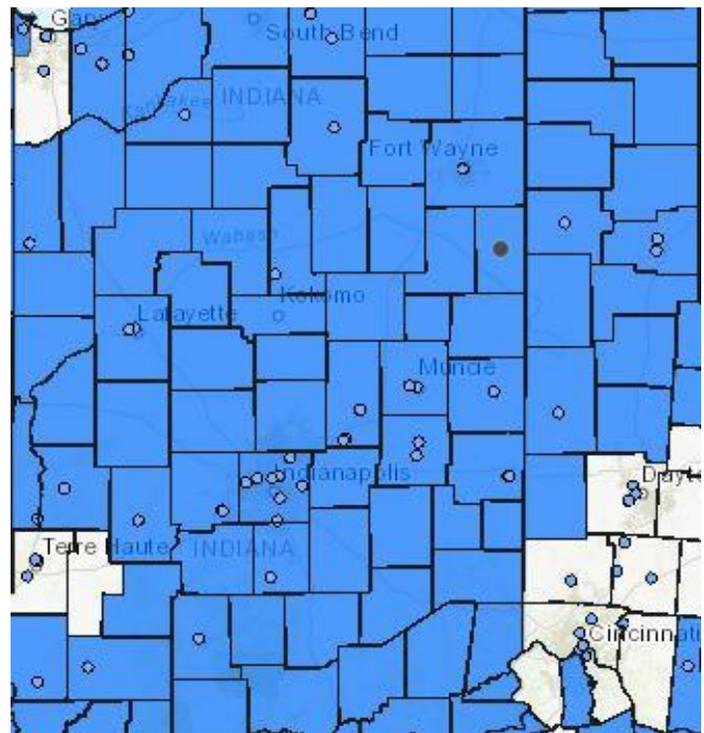
## Health Professional Shortage Areas and Populations

According to the U.S. Department of Health & Human Services, A Health Professional Shortage Area (HPSA) is a geographic area, population group, or health care facility that has been designated by the Health Resources and Services Administration (HRSA) as having a shortage of health professionals. The Health Resources and Services Administration identified Adams County as a Health Professional Shortage Area (HPSA) for both Primary care *Figure 2 – green areas* and Mental Health *Figure 3 – blue areas*. While Adams, Allen and Wells County are recognized as a Mental Health HPSA, so is most of the state of Indiana, making access to mental health services challenging.

**Figure 2: Primary Care HPSA**



**Figure 3: Mental Health HPSA**



Source: [Department of Health & Human Services USA \(HRSA Data Warehouse\)](#)<sup>iii</sup>

Source: [Department of Health & Human Services USA \(HRSA Data Warehouse\)](#)<sup>iv</sup>

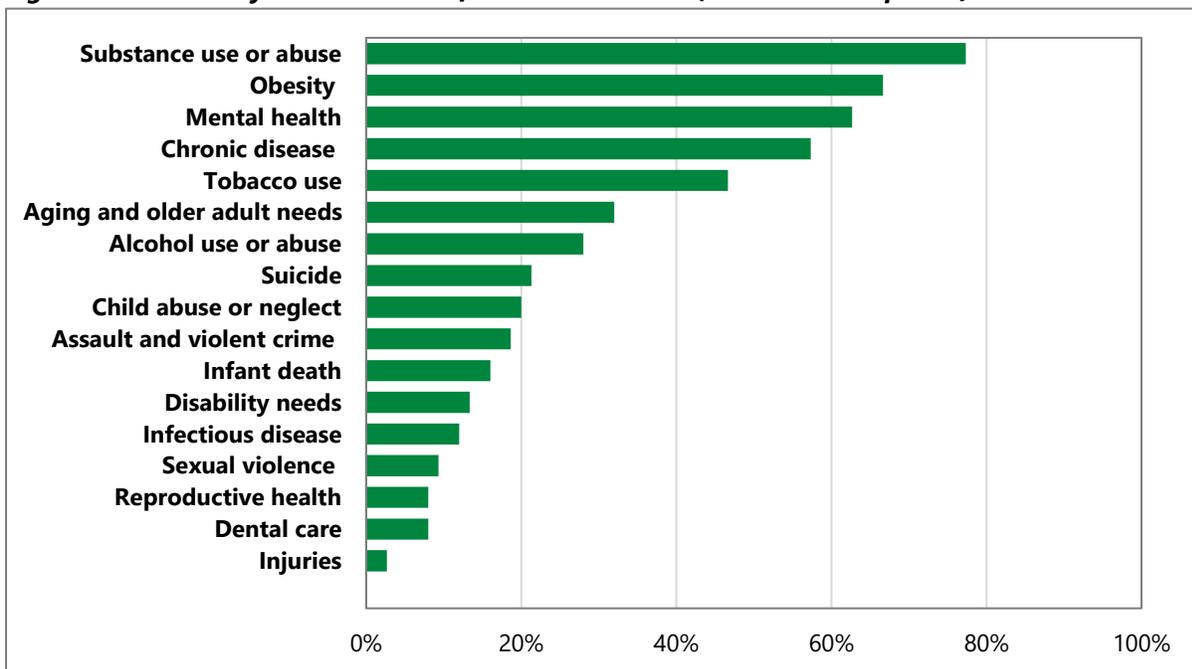
# Ranking of Community Health Needs

Park Center provides inpatient and outpatient services exclusively treating mental, behavioral and substance use disorders. Based on this, Park Center is best suited to address the community’s mental health and substance use disorder needs.

Based on the 2019 Parkview Hospital CHNA, using a modified Hanlon methodology, mental health and substance use disorder were identified as highly ranked community health needs. As a result, Parkview Hospital identified mental health and substance use disorder as Allen County’s top community health need.

Providers in Allen County perceived the top three greatest community health needs as **substance abuse services** (77.3%), **obesity** (66.7%), and **mental health** (62.7%) (Figure 4).

**Figure 4: Community Health Issues of Greatest Concern (Provider Perceptions)**



Source: 2019 Parkview Hospital Community Health Needs Assessment<sup>v</sup>

Park Center’s CHNA with the health priority of mental health and substance use disorder was presented to the executive committee of the Board of Directors and was approved on December 20, 2021.

## CHNA/Implementation Strategy Process

Based on the 2019 Allen County community health needs assessment (CHNA) results, substance use disorder and mental health were determined to be the shared community health needs to be addressed across the health system. Additionally, mental health needs were identified as the greatest need throughout Park Center’s service area based on the data reported in the 2021 Park Center CHNA.

As we work to address prioritized health issues, we will build upon previous efforts. Community health improvement staff, program leads, and partner organizations worked together to formulate the implementation strategy. The Park Center Board of Director’s Executive Committee reviewed and adopted the implementation strategy on \_5/24/2022\_.

## Community Health Implementation Plan

Implementation strategies are illustrated below.

Identified Health Need: Substance Use Disorder/Mental Health				
Goal: Reduce the number of individuals with substance use disorders (SUD) in individuals/families in Allen/Adams/Wells County who go without services.				
Objective: Increase the number of residents participating in SUD treatment program.				
Program	Indicator	Interventions	Anticipated Impact	Internal/External Partners
<ul style="list-style-type: none"> <li>Park Center SUD treatment programs</li> </ul>	<ul style="list-style-type: none"> <li># Of unduplicated clients who participate in a SUD treatment program.</li> </ul>	<ul style="list-style-type: none"> <li>CD Navigators placed within criminal justice system.</li> <li>Community education position</li> <li>Outreach coordination</li> <li>Prevention/Early intervention outreach at shelter</li> <li>Peer recovery coaches</li> </ul>	<ul style="list-style-type: none"> <li>Increased engagement to the SUD continuum of care.</li> <li>Increased access to higher levels of care, such as IOP.</li> </ul>	<ul style="list-style-type: none"> <li>DCS</li> <li>Criminal Justice</li> <li>Emergency Dept</li> <li>Community Agencies</li> <li>Homeless Shelters</li> </ul>
Planned Resource Commitment: Grant funding and resource dollars utilized in excess of \$250,000				

**Identified Health Need:** Substance Use Disorder/ Mental Health

**Goal:** Improve access to those with substance and mental health needs.

**Objective:** Reduce the wait time for an initial appointment to 10 days or less across all counties/programs.

<b>Program</b>	<b>Indicator</b>	<b>Interventions</b>	<b>Anticipated Impact</b>	<b>Internal/External Partners</b>
<ul style="list-style-type: none"><li>• Adams, Wells, Allen County outpatient therapy programs</li></ul>	<ul style="list-style-type: none"><li>• Wait time in days from call to intake</li></ul>	<ul style="list-style-type: none"><li>• Additional access slots created.</li><li>• Addition of an access location.</li><li>• Navigators placed at Allen County Access Site and Criminal Justice Marketplace</li><li>• ACJC Placement board</li></ul>	<ul style="list-style-type: none"><li>• Reduced wait for those with serious mental health/addiction needs.</li><li>• Increased access into the full continuum of care.</li></ul>	<ul style="list-style-type: none"><li>• Central intake team</li><li>• PBHI access locations</li><li>• DCS</li><li>• Criminal Justice</li></ul>

**Planned Resource Commitment:** \$ 800,000

## Significant Health Needs Not Being Addressed

Park Center is a comprehensive behavioral health provider primarily serving Allen, Adams and Wells counties in Indiana. Health needs identified by the 2019 Allen County CHNA and the 2021 Park Center CHNA and reasons not to address these as part of the implementation strategy:

- **Aging** – Aging and In-Home Services of Northeast Indiana (AIHS) serves older adults, persons with disabilities and their caregivers in nine counties in northeast Indiana. This not-for-profit, community-based organization is a federal and state designated Area Agency on Aging and an Aging and Disability Resource Center which provides a streamlined access to information, care options, short-term case management and benefits enrollment across a spectrum of long-term care services. Through the Care Transitions program, AIHS partners with Parkview Health to reduce Medicare readmissions. In addition, the agency serves as the initial coordinator and fiscal agent for Honoring Choices® Indiana, which is an initiative committed to promoting and sustaining advance care planning (ACP) across the state to ensure individuals' future health care preferences are discussed, documented, and honored. Through Honoring Choices®, Parkview and AIHS work together to train ACP facilitators, promote best practice, and increase public awareness about the value of discussing health care decision making in advance of medical crisis
- **Alcohol use or abuse** – This identified need is captured under mental health and substance use disorder and is being addressed by Park Center.
- **Assault and violent crime** – Park Center participates in the local Justice Reinvestment Advisory Council (JRAC), which has the overarching responsibility to investigate all aspects of local criminal justice system, existing utilization and promotion of evidence-based practice, and community alternatives to reduce crime and improve the safety of our communities.
- **Obesity and chronic and infectious disease** – Again Park Center's expertise lies in mental health care services. While Parkview Hospital is not addressing obesity specifically, combatting the long-term impact of obesity is foundational to our current efforts related to cardiovascular health and diabetes. Parkview Hospital plans to continue its current community efforts aimed at reducing/preventing obesity and improving healthy living practices as a means of preventing or treating chronic disease in our community.
- **Maternal/Child Health** – Park Center's expertise is clearly in the mental health field. There are two navigators who work with pregnant or recently delivered women with substance use disorders to assure connection to recovery services. In addition, Parkview Hospital is addressing maternal/child health along with other community partners in Allen County.
- **Child abuse/neglect** – Through our Three Wishes program and early intervention in two pediatric practices, Park Center is instrumental in addressing this need. Working in partnership with Parkview and maternal and child health together with community agencies we are proactively addressing this need.
- **Tobacco Use** – Tobacco Free Allen County (TFAC) is the lead organization in Allen County, Indiana related to tobacco free efforts. TFAC provides information on resources about local smoking cessation programs and advocates for no-smoking public policy at the state level. Their goals include decreasing youth and adult tobacco use, increasing protections against secondhand smoke, and building/maintaining the local tobacco control infrastructure. Parkview Hospital is also a source of smoking cessation programs and operates a tobacco free campus. In addition, a program, Nicotine Free for Baby and Me, was developed and is used in assisting pregnant women to stop smoking as part of Parkview's community outreach programming.

## For More Information

Park Center would like to extend gratitude towards its community partners for their collaboration in the 2021 CHNA process and identifying an implementation strategy that addresses the health needs of Adams, Allen and Wells Counties in Indiana. For additional information about Park Center 2021 CHNA or 2022 Implementation Plan, please contact us.

**Jill McAllister**  
**Community Benefit Manager**  
**Jill.Mcallister@Parkview.com**  
**260-266-2462**

**Dylan Moore**  
**Community Benefit Coordinator**  
**Dylan.Moore@Parkview.com**  
**260-266-0519**

## Board Approval

Approved by the Park Center Board of Directors Executive Committee  
Date 5/24/2022

## References

"2019 Community Health Needs Assessment Parkview Hospital, Allen County," Community Health Improvement (Local Health Needs), Parkview Health, December 2019,  
<https://www.parkview.com/community/community-health-improvement/local-health-needs>.

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<sup>i</sup> <https://www.census.gov/quickfacts/fact/table/US/PST045221>

<sup>ii</sup> <https://www.census.gov/quickfacts/fact/table/US/PST045221>

<sup>iii</sup> <https://data.hrsa.gov/maps/quick-maps?config=mapconfig/HPSAPC.json>

<sup>iv</sup> <https://data.hrsa.gov/maps/quick-maps?config=mapconfig/HPSAMH.json>

<sup>v</sup>

<https://www.parkview.com/media/file/Final%201a%20Allen%20County%20Parkview%20%20Randallia%20Hospital%202019%20CHNA%20Report%20Final%20updated%20cover%2012-9-19.pdf>