

# PARKVIEW

## COMMUNITY HEALTH IMPROVEMENT



### 2026 Implementation Strategy Parkview Ortho Hospital



**PARKVIEW**  
HEALTH

# Table of Contents

About This Report.....	<b>1</b>
Parkview Health.....	<b>2</b>
Community Served.....	<b>2</b>
2025 CHNA Prioritization and Methodology.....	<b>3</b>
Prioritization Process.....	<b>4</b>
Implementation Strategy Process.....	<b>5</b>
Affordable and Healthy Food.....	<b>6</b>
Diabetes.....	<b>7</b>
Obesity.....	<b>8</b>
Mental Health and Mental Disorders.....	<b>9</b>
Identified Needs Not Addressed.....	<b>10</b>
Board Approval.....	<b>11</b>

## About This Report

To grow and ensure the continued quality of Parkview Health's commitment to improving the health of our community, each of our licensed hospitals prepares a Community Health Needs Assessment (CHNA) and subsequent implementation strategy on a triennial basis. Using the knowledge gained from the 2025 CHNA results, this report will define Parkview Ortho Hospital's community health implementation strategy for the 2025-28 assessment cycle as federally required by the Affordable Care Act. In doing so, this report will accomplish the following:

- Define the community we serve
- Summarize the 2025 CHNA and implementation strategy processes
- Summarize how top health needs were prioritized
- Describe how the hospital is addressing these community needs
- Describe unmet needs that were identified by 2025 CHNA

## IRS Mandate

The contents of this report were formed in compliance with the requirements of Internal Revenue Code 501(r)(3)(A) set forth by the Internal Revenue Service for tax-exempt health systems and hospitals, defined within the Patient Protection and Affordable Care Act.

# About Parkview Health

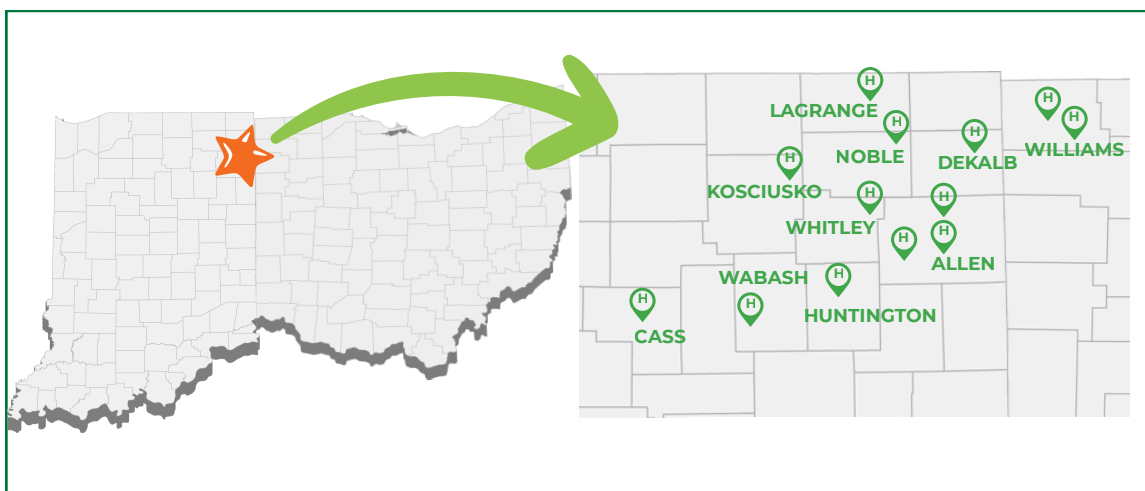
Parkview is a not-for-profit, community-based health system. It serves a population of more than 1.3 million in Indiana and northwest Ohio. With more than 17,500 employees, Parkview is the region's largest employer. Parkview started as Fort Wayne City Hospital and has been serving the community since 1878. Parkview Health formed in 1995, and the heritage of care and compassion continues today with 15 hospitals and over 300 outpatient centers and physician offices.

*Parkview has a mission to improve health and inspire well-being in the communities we serve.*

## Community Served

For the purposes of this implementation strategy, the Parkview Health service area consists of the counties where a full-service Parkview hospital is located. This includes Allen, Cass, DeKalb, Huntington, Kosciusko, LaGrange, Noble, Wabash, and Whitley Counties in Indiana and Williams County in Ohio. Within this broader service area, the "Community Served" for this implementation strategy is defined specifically as Allen County, Indiana.

Allen County, home to Parkview Ortho Hospital, Parkview Regional Medical Center, and Parkview Randallia Hospital, serves a population of 388,791 residents, according to the 2025 Parkview Ortho Hospital CHNA. The county's median household income is approximately \$68,839, with 12.2 percent of households living below the federal poverty level. Additionally, 8.2 percent of residents are uninsured. More detailed demographic and health data for each county within the Parkview Health service area is available on the [Community Data Hub](#).



# 2025 CHNA Process and Methodology

The CHNA is conducted every three years to identify and address the most pressing health needs in the Parkview Health service area. The 2025 CHNA was led by Parkview Health and the Health Services and Informatics Research (HSIR) team at Parkview’s Mirro Center for Research and Innovation. By using various data sources, we identified the top health needs in the community. We compared needs at the county level with those of the Parkview Health service area and the entire state. Findings were shared with the community and hospital partners to determine which health needs were most pressing.

## Primary Data

Primary data for the 2025 CHNA was gathered by using surveys and focus groups. Surveys were conducted between September 2024 and December 2024, engaging 5,030 residents and 960 key informants through online and paper formats in five languages. These surveys assessed demographics, health concerns, healthcare access, mental health, and digital access. Focus groups were held from March 2025 to May 2025, with 34 sessions across the service area, each involving 5 to 15 participants from diverse backgrounds. These discussions explored health needs, barriers, and available resources.

## Secondary Data

The Metopio platform was instrumental in gathering data from multiple sources, which, when combined with survey and focus group findings, provided a comprehensive view of each community’s health landscape. This secondary data offered valuable insights into health behaviors, outcomes, and social factors, using the most recent five-year averages or single-year data. Once all data was analyzed, the findings were shared with community and hospital partners, leading to the identification of priority health needs for 2025–28. The overall process focused on understanding community needs, prioritizing the most pressing issues, and identifying available resources and gaps to guide strategic planning and improve health outcomes.

## Top Five Identified Health Needs

### Allen County’s Top Five Health Concerns

- Access to Mental Healthcare and Addiction Services
- Affordable and Healthy Food
- Diabetes
- Mental Health and Mental Disorders
- Obesity



# Prioritization Process

## Prioritization Overview

After gathering and analyzing the data, the HSIR team used a structured process to pinpoint the community's most urgent health needs. This process was meant to be inclusive and data driven, ensuring that the chosen priorities represented both community members' experiences and health trends. The process involved meetings with community stakeholders and final selection of top health needs by hospital leaders.

## Community Prioritization Sessions

- Sessions were carried out between March 2025 and May 2025 for each hospital.
- Attendees were professionals who provide a wide range of services to community members from diverse backgrounds.
- Ahead of the meeting, attendees were sent a printed scorecard with the top health needs identified for their county and related data.
- A presentation at the meeting covered data trends on the top health needs.
- Attendees participated in a discussion with a focus on benefits and challenges to addressing the health needs.
- Attendees voted to rank the top health needs based on significance, severity, relation to social drivers of health, and suitability for intervention.

## Selected Health Priorities

The list of top health needs from each session and qualitative summaries from community forums were shared with Parkview Ortho Hospital leadership in June 2025. With consideration given to resources, prevalence of the health need, and suitability to address the health need, hospital leaders reached consensus on the final following top health priorities:

### Selected Priorities for Parkview Ortho Hospital

- Affordable and Healthy Food
- Diabetes
- Obesity



# Implementation Strategy Process

In addressing each prioritized health issue identified, Parkview Ortho Hospital created the following implementation strategy to define how the hospital intends to address each top health need, in addition to our ongoing commitment to improving access to care. This collaborative planning process includes senior leadership, the hospital board, Community Health Improvement staff, program leads, community nurses, community health workers, and partner organizations working alongside the results of the 2025 CHNA. Through this process, we work diligently to align the top health needs of our community with hospital resources and capabilities to create our implementation strategy in compliance with the requirements set by the Internal Revenue Service for tax-exempt health systems and hospitals.

Parkview Ortho Hospital's board, made up of hospital board members, hospital leadership, and community stakeholders, reviewed and adopted the implementation strategy on April 22, 2026.

# 2026 Implementation Strategy

This section will report the strategies and program initiatives the hospital will implement, fund, or pursue in collaboration with community partners to address priority health needs over the next three years.

All planned activities align with the hospital's mission, priorities, and operational capacity. The plan is intended to be flexible and may be revised as circumstances evolve, including changes in community needs or available resources.

## Affordable and Healthy Food

Program/Initiative: School-Based Nutrition Program

**Goal:** Increase awareness of healthy eating habits in youth and young adults between the ages of 7 and 22 in Indiana and northwest Ohio.

**Objective:** Create healthy fueling habits to decrease future comorbidities.

Indicator	Interventions	Anticipated Impact	Internal/External Partners
<ul style="list-style-type: none"><li>• Number of schools participating in nutrition program</li><li>• Number of team talks</li></ul>	<ul style="list-style-type: none"><li>• Nutrition education</li><li>• Health and exercise challenges</li></ul>	<ul style="list-style-type: none"><li>• Behavior change</li><li>• Increased knowledge</li><li>• Activity change</li></ul>	<ul style="list-style-type: none"><li>• High schools and universities in northern Indiana and northwest Ohio</li><li>• Fort Wayne Ballet</li><li>• Club sports in Allen and Steuben Counties</li></ul>

# Diabetes

Program/Initiative: Orthopedic Surgical Optimization, Care Coordination, and Discharge Referrals for Patients with Diabetes

**Goal:** Improve surgical outcomes and care transitions for orthopedic patients with diabetes while addressing social drivers that impact diabetes management.

**Objective:** Reduce complications, readmissions, and disparities among orthopedic patients with diabetes through surgical optimization, coordinated referrals, and SDOH-informed interventions.

Indicator	Interventions	Anticipated Impact	Internal/External Partners
<ul style="list-style-type: none"> <li>• Elective joint patients meeting preoperative A1C threshold</li> <li>• Postoperative complication and readmission rates among diabetic patients</li> <li>• Completion of social determinants of health (SDOH) screening for diabetic patients</li> <li>• Percentage of patients with elevated blood glucose receiving documented discharge referrals</li> <li>• Increase number of referrals to food access or diabetes education resources</li> <li>• Monthly audit compliance rate for diabetic discharge planning</li> </ul>	<ul style="list-style-type: none"> <li>• Enforce preoperative A1C optimization standard (<math>\leq 7.5</math>) for elective joint procedures</li> <li>• Identify high-risk diabetic patients during preoperative testing and surgical case coordination</li> <li>• Incorporate diabetes-related risk factors into admission assessment and discharge planning</li> <li>• SDOH screening tool for orthopedic patients will be used to identify diabetic patients with food-insecurity education resources or related social needs</li> <li>• Discharge instructions for diabetic patients with elevated blood glucose during their surgical stay to follow up with their primary care provider</li> </ul>	<ul style="list-style-type: none"> <li>• Reduced surgical complications with improved healing and reducing surgical-site infections</li> <li>• Reduced readmissions</li> <li>• Improved access to healthy food and diabetes education resources</li> <li>• Reduced social and educational barriers impacting surgical recovery and outcomes</li> <li>• Improved transitions of care with increased follow-up with primary care and specialty providers</li> </ul>	<ul style="list-style-type: none"> <li>• Orthopedic surgeons</li> <li>• Hospitalist</li> <li>• Patient primary care physician</li> <li>• Anesthesia</li> <li>• Nursing</li> </ul>

# Obesity

## Program/Initiative: School-Based Athletic Trainer Certified Program

**Goal:** Increase number of youth and young adults between the ages of 7 and 22 safely participating in organized athletics in Indiana and northwest Ohio.

**Objective:** Create activity for youth to explore in a safe environment.

Indicator	Interventions	Anticipated Impact	Internal/External Partners
<ul style="list-style-type: none"> <li>• Number of schools receiving athletic trainer services</li> <li>• Number of unique patients</li> <li>• Number of encounters</li> </ul>	<ul style="list-style-type: none"> <li>• ATC program support</li> <li>• Health screenings</li> <li>• Injury prevention education</li> </ul>	<ul style="list-style-type: none"> <li>• Behavior change</li> <li>• Increased knowledge</li> <li>• Activity change</li> </ul>	<ul style="list-style-type: none"> <li>• High schools and universities in northern Indiana and northwest Ohio</li> <li>• Fort Wayne Ballet</li> <li>• Turnstone</li> <li>• Club sports in Allen and Steuben Counties</li> </ul>

## Program/Initiative: School-Based Human Performance Program

**Goal:** Increase number of youth and young adults between the ages of 7 and 22 actively participating in organized athletics in Indiana and northwest Ohio.

**Objective:** Create healthy lifestyles for youth in the community.

Indicator	Interventions	Anticipated Impact	Internal/External Partners
<ul style="list-style-type: none"> <li>• Number of schools participating in performance program</li> <li>• Total number of students in class</li> </ul>	<ul style="list-style-type: none"> <li>• Health and exercise challenges</li> <li>• Injury-prevention education</li> </ul>	<ul style="list-style-type: none"> <li>• Behavior change</li> <li>• Increased knowledge</li> <li>• Activity change</li> </ul>	<ul style="list-style-type: none"> <li>• High schools and universities in northern Indiana and northwest Ohio</li> <li>• Fort Wayne Ballet</li> <li>• Turnstone</li> <li>• Club sports in Allen and Steuben Counties</li> </ul>

# Mental Health and Mental Health Disorders

While “Mental Health and Mental Health Disorders” was not selected as a top three priority for Parkview Ortho Hospital, the hospital will continue to incorporate this priority into its strategy and school-based programming.

Program/Initiative: School-Based Mental Performance Program

**Goal:** Increase awareness of mental self-care in youth and young adults between the ages of 7 and 22 in Indiana and northwest Ohio.

**Objective:** Create safe and effective lifestyle habits to create better well-being.

Indicator	Interventions	Anticipated Impact	Internal/External Partners
<ul style="list-style-type: none"> <li>• Number of schools participating in mental performance program</li> <li>• Number of team talks</li> </ul>	<ul style="list-style-type: none"> <li>• Mental performance challenges</li> <li>• Goal setting</li> </ul>	<ul style="list-style-type: none"> <li>• Behavior change</li> <li>• Increased knowledge</li> <li>• Activity change</li> </ul>	<ul style="list-style-type: none"> <li>• High schools and universities in northern Indiana and northwest Ohio</li> <li>• Fort Wayne Ballet</li> <li>• Turnstone</li> <li>• Club sports in Allen and Steuben Counties</li> </ul>

## Identified Health Needs Not Addressed

While prioritizing the hospitals top three health concerns with internal and external stakeholders, we consider the data, health needs significance, severity, our capacity to impact, suitability, resources available, and health disparity related to social determinants of health. Based on these points, we chose to not directly address the following needs identified by our 2025 CHNA:

- Substance Use Disorders

## For More Information

Parkview would like to extend gratitude towards its community partners for their collaboration with the 2025 CHNA and 2026 implementation strategy process that addresses the health needs of Allen County. For additional information about Parkview Ortho Hospital's 2025 CHNA or 2026 Implementation Plan, please contact us at [community.health@parkview.com](mailto:community.health@parkview.com).

## Board Approval

Approved by the Parkview Ortho Hospital Board of Directors on  
April 22, 2026