PARKVIEW HEALTH

PARK CENTER

Parkview Community Health Needs Assessment

Prioritization Session & Strategic Planning

April 14, 2025

Many thanks to all who partnered with us to ensure a successful and meaningful CHNA!

Objectives of the Community Health Needs Assessment

- As a not-for-profit hospital system, Parkview Health is responsible for conducting a CHNA every 3 years for each community served by a Parkview Hospital. The last CHNA was completed in 2022.

- Data from the CHNA is used to identify priority health needs in the communities we serve and is integral to Parkview's community health improvement strategies and investments.

2022 Park Center Priorities

Mood Disorders

- *Focus on child depression*

Substance Abuse

Child Trauma

Agenda

1. Overview of the 2025 CHNA
2. Data trends related to the top 5 identified health needs
3. Prioritization of top 2-3 health needs
4. Breakout discussions on health concerns, social needs, and access to care in your community

Prioritization Session Agenda (60 minutes)

Introductions / Review of Meeting Goals

Presentation of CHNA Results

- Overview of CHNA process & scoring of health priorities
- Results of evidence-based prioritization
- Review of the **DATA TRENDS** related to top health indicators

Prioritization Voting

- Voting & **discussion** to rank order top health priorities
- **Chatham House Rule** to promote open sharing / productive dialogue
    - Provide **1 pro - 1 con - 1 con - 1 pro** for each health priority being considered before moving to the next one

Community Forums (60 minutes)

Led by moderator with focused prompts & a note taker

Aims

- Provide **context** for community needs
- What **assets are in place or needed** to address the needs
- **Bring community together** around top health concerns

Breakout groups (8-10 participants/group)

- Breakout group #1 - access to care
- Breakout group #2 - social needs
- Breakout group #3 - top health concern(s) by voting

CHNA Timeline

NEW!
AUG-SEP 2024
Discovery Meetings

SEPT-NOV '24

Primary Data Collection
- Community Surveys
- Key Informant Surveys

DEC '24 - FEB '25

Secondary Data Collection
- Metopio Software

Analysis of primary/secondary data

MAR-MAY '25

County Level Prioritization Sessions
- rank top health priority

County Level Forums
- qualitative data collection

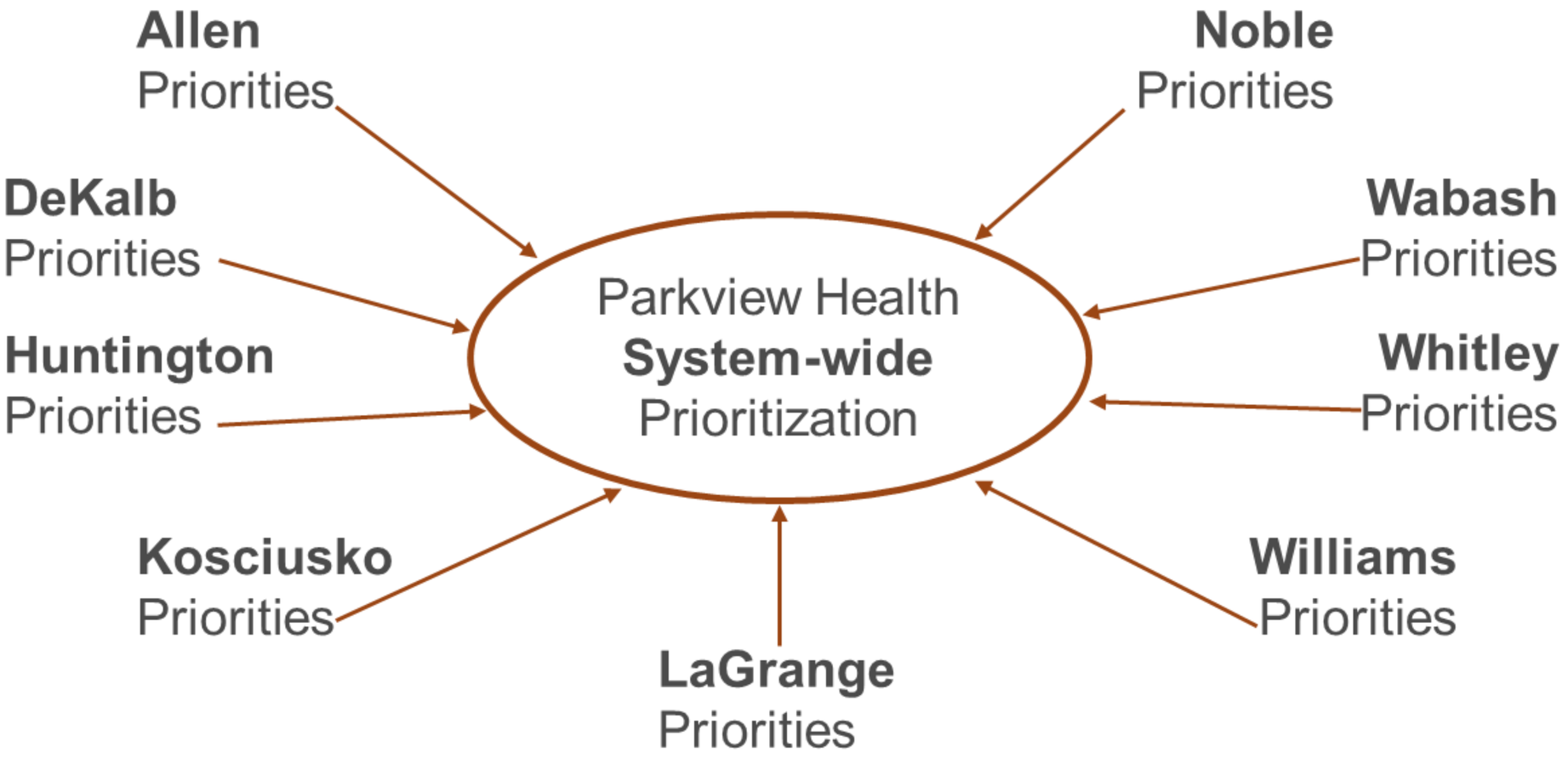
JUN-AUG '25

June: Collect Parkview CHI 3-year impact report from each county
August: Parkview Health System-wide CHI Strategy Session

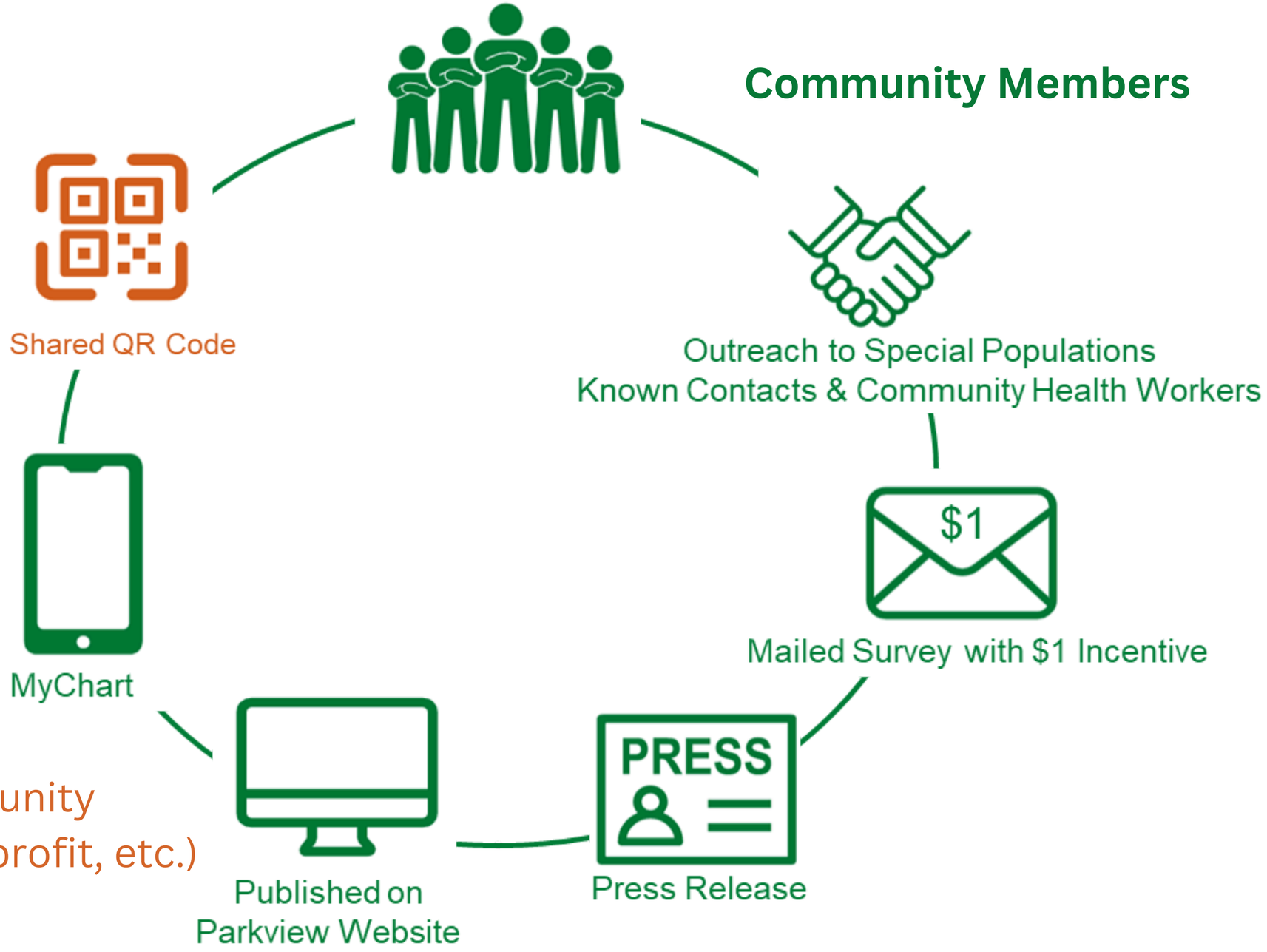
SEPT-NOV '25

September: Reports for each county finalized
Oct-Nov: Each county Hospital seeks board approval for their report

Selection of a single shared health priority for Parkview Health



Primary Data Collection



Key Informants

= anyone working with community (healthcare, education, non-profit, etc.)

30+ Community Events/Outreach

PARKVIEW
MIRRO CENTER
FOR RESEARCH AND INNOVATION

PARKVIEW
Hand Warmer
RURAL KING
Air-Activated
No Odor
10 HR

PARKVIEW
DUGOUT
PARKVIEW
We're your healthcare team.

County	Community	Key Informant
Adams	244	52
Allen	2015	242
Dekalb	287	70
Huntington	348	100
Kosciusko	331	70
LaGrange	406	111
Noble	350	51
Wabash	249	69
Wells	200	52
Whitley	329	56
Williams	271	87
Total	5030	960

Targets per county

Community: 200

Key Informant: 50

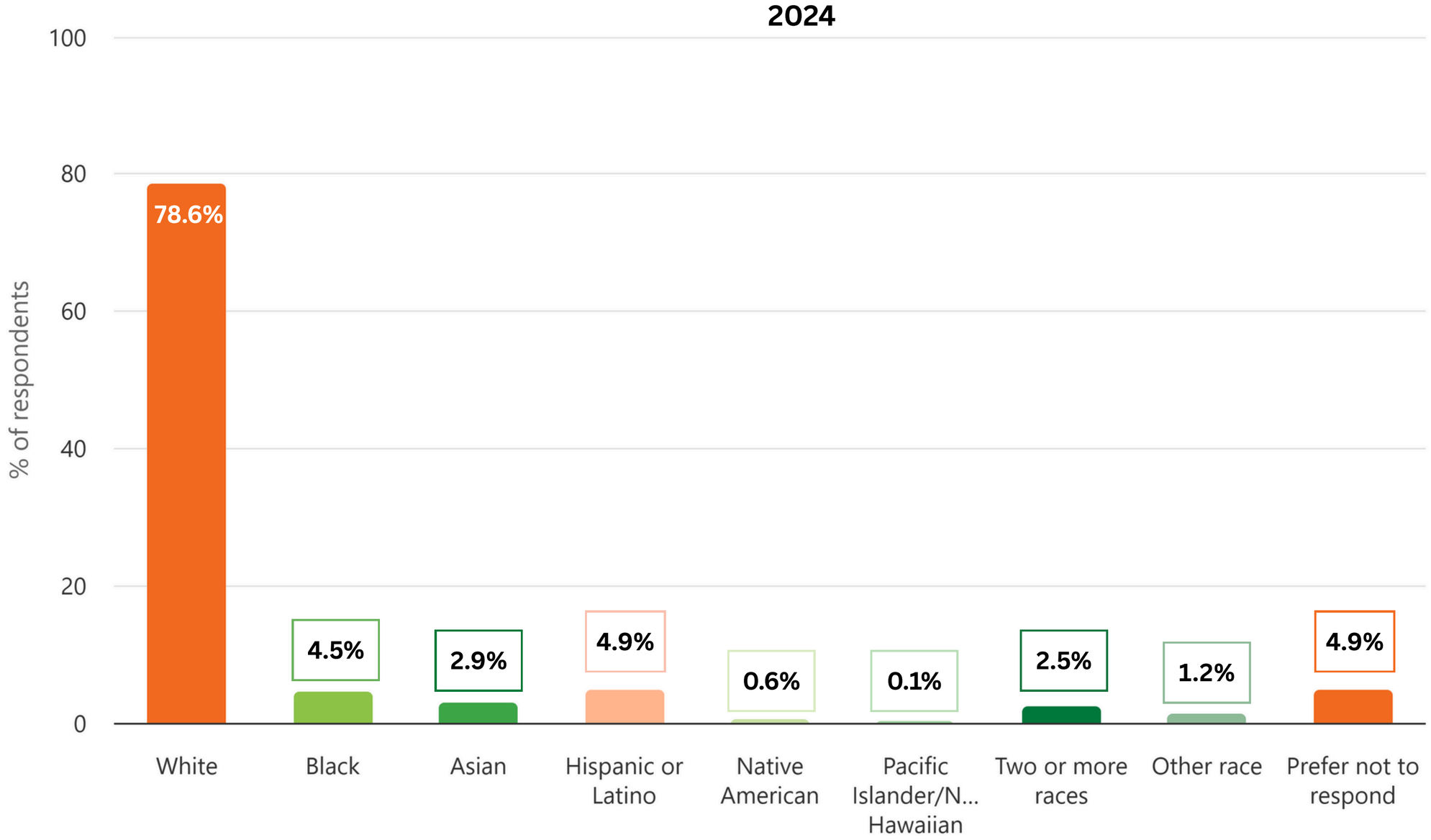
Park Center Sample

Community= 2807

Key Informant =446

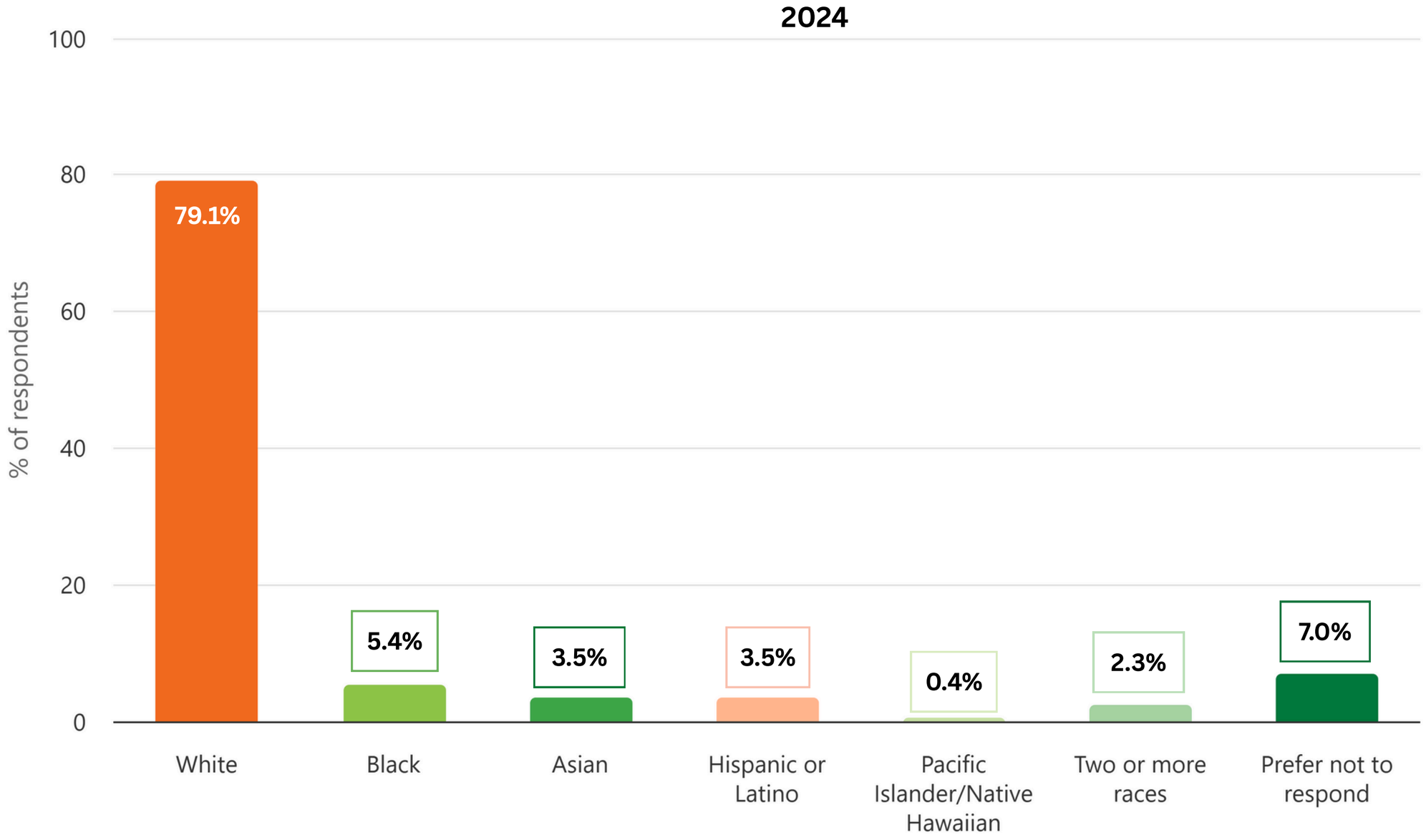
Community Survey: Race/ethnicity of respondents

N=2807



Key Informant Survey: Race/ethnicity of respondents

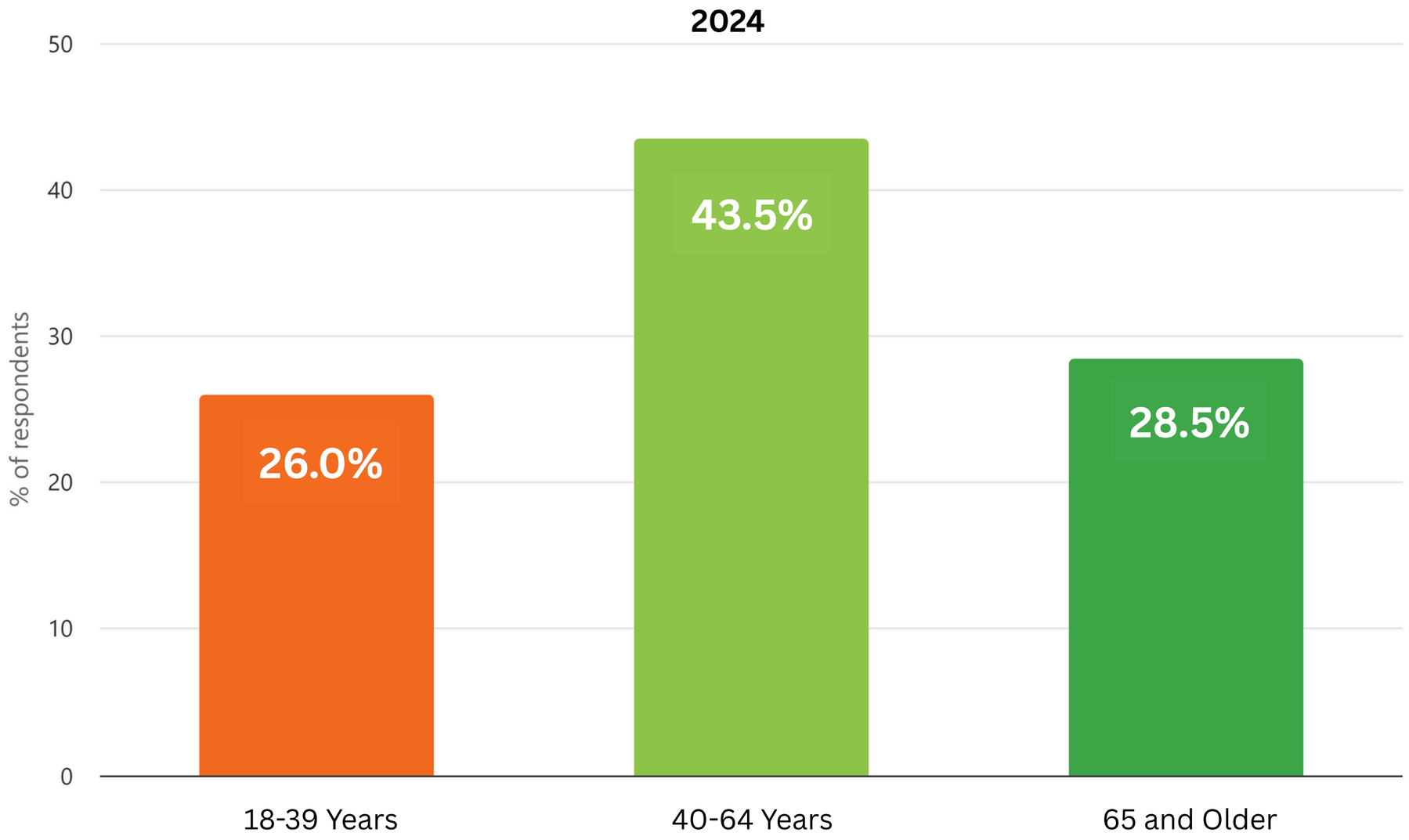
N=446



Community Survey: Age of respondents

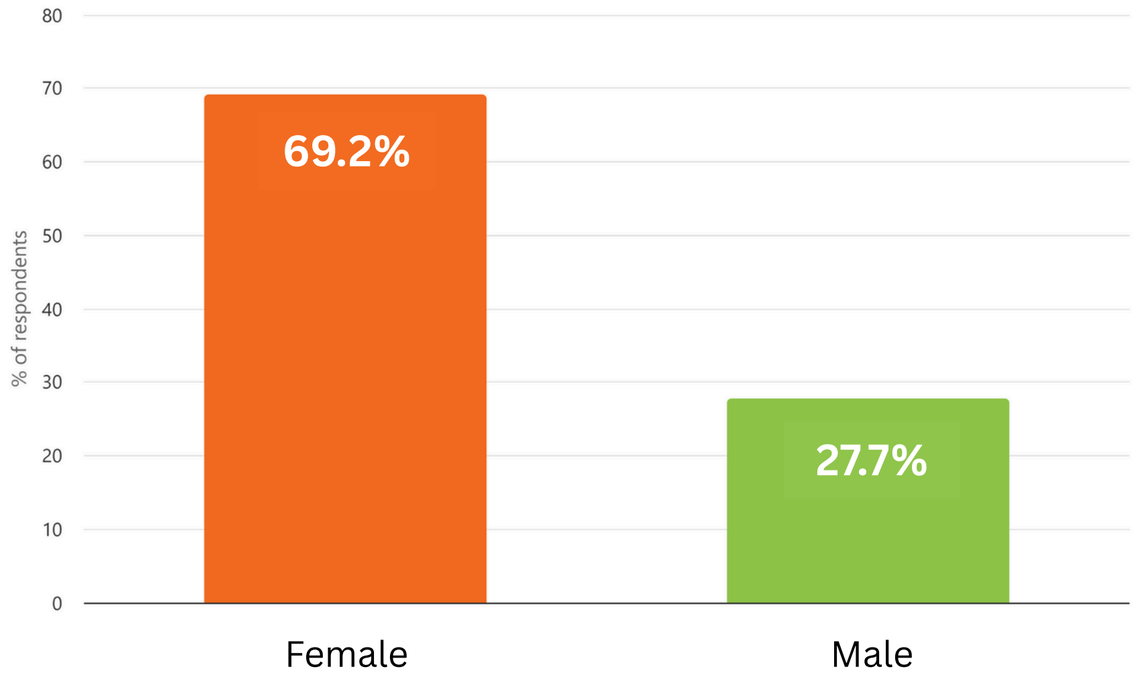
N=2807

2.0% were blank, did not respond on the survey.



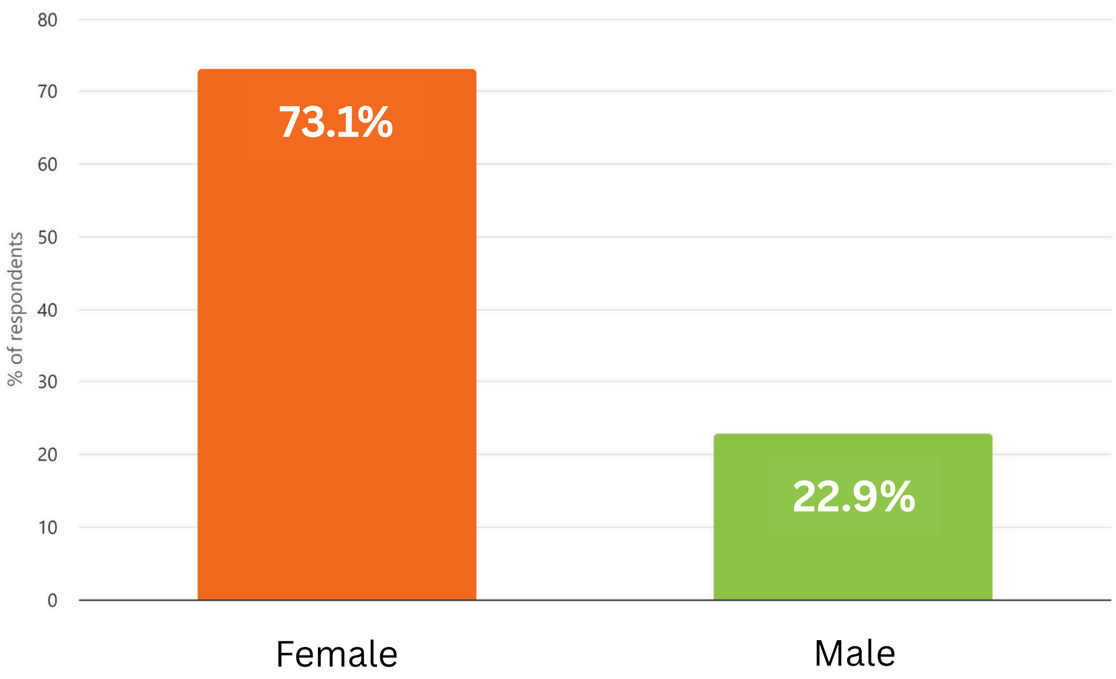
CHNA Surveys: Gender identity of respondents

Community N=2807



3.1% did not respond on the survey or identified as other gender.

Key Informant N=446

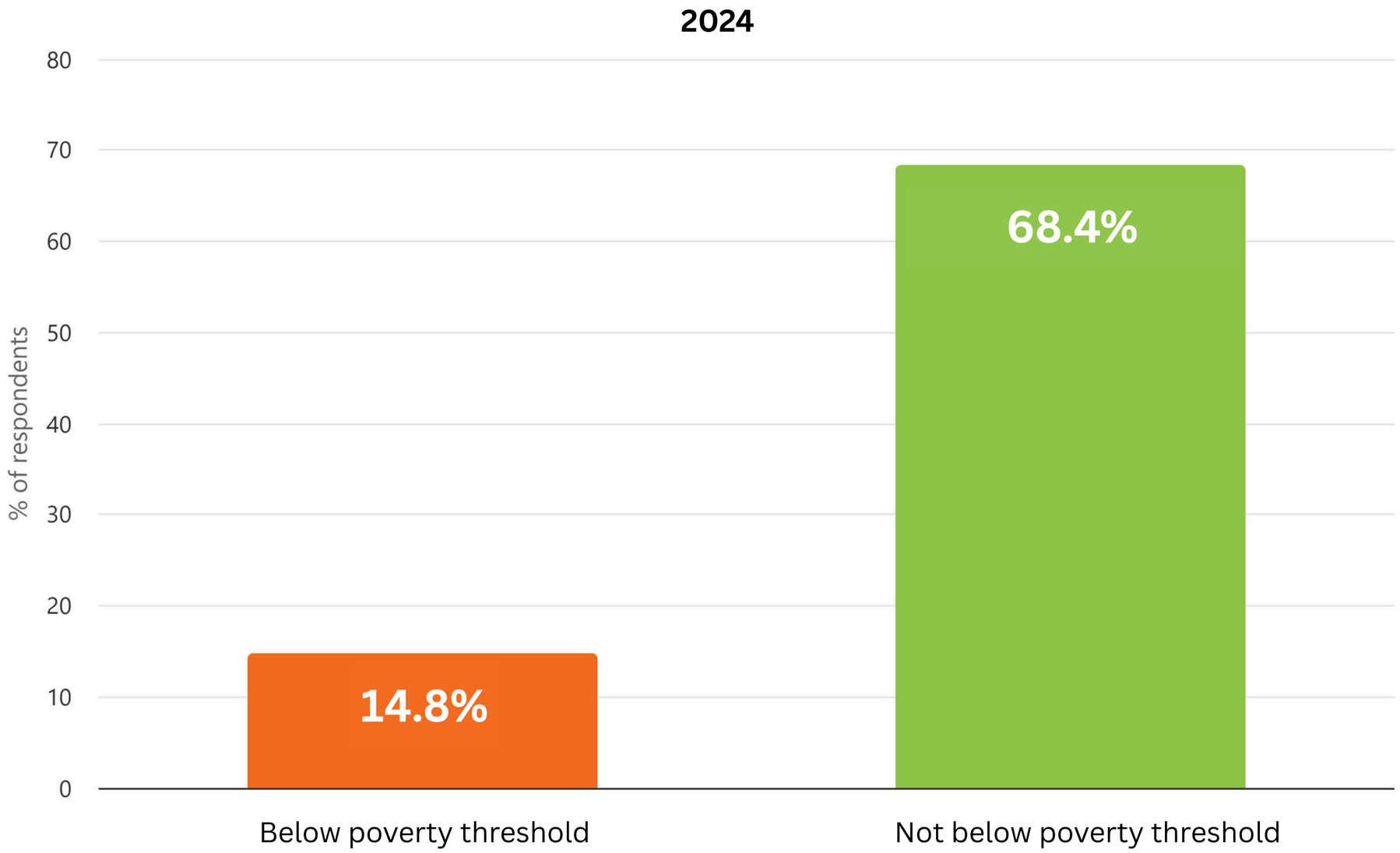


4.0% did not respond on the survey or identified as other gender.

Community Survey: Poverty Threshold

N=2807

16.8% were blank, did not respond on the survey or poverty threshold could not be determined.



Interviews – Individuals with Lived Experience & Key Informants

Park Center is in the process of completing a Community Needs Assessment as a **requirement of a federal grant** it has received from the Substance Abuse and Mental Health Services Administration (SAMHSA).

… interview about **their experiences seeking or delivering services for mental health, substance use, or crisis intervention**.

1. We invited members of **minority/ minoritized groups** to discuss their experiences with accessing care.

2. We invited **providers, staff, and leadership** to discuss their thoughts on the availability and accessibility of these services in the communities they serve.

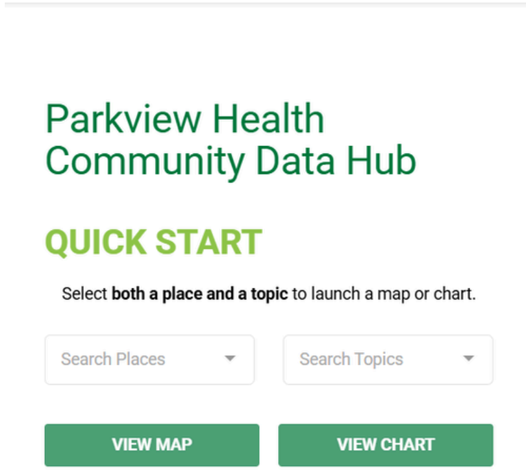
Sample
14 individuals with lived experience
9 key informants

Secondary Data Collection

Community Data

- Data for **Adams**, **Allen**, **Huntington**, and **Wells** counties were **combined** to represent the entire Park Center service area.

- Data for each county can be explored on our new **Parkview Health Community Data Hub!**



https://parkview.metop.io

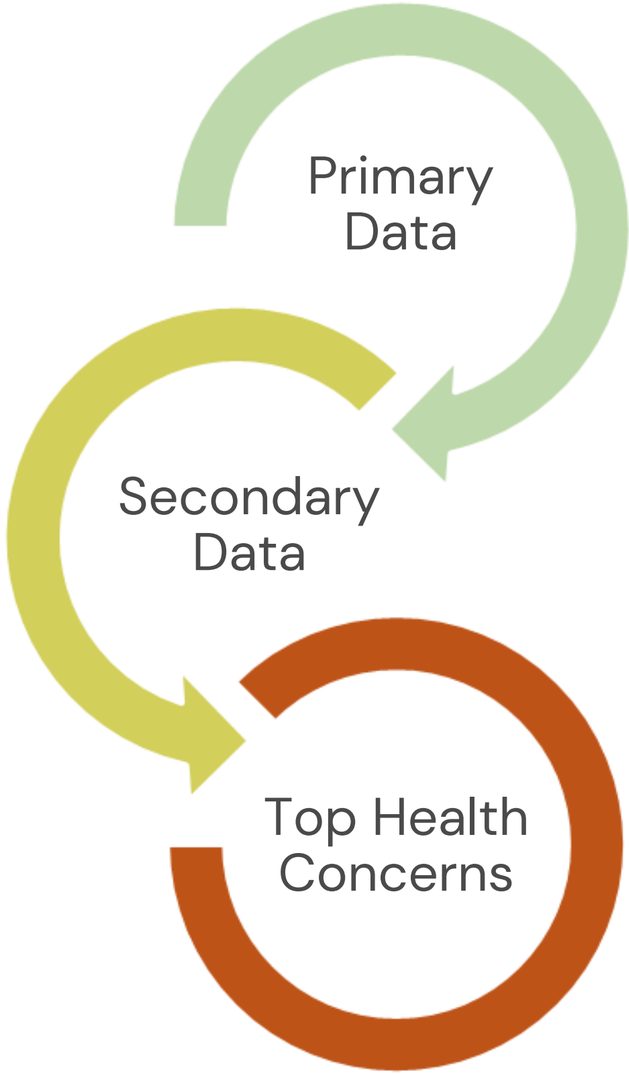
A note on secondary data

You may notice that some of the numbers presented differ from what was seen in earlier presentations. Why?

- Public health data are not static. Agencies like the CDC continue to receive new reports, verify information and improve analytic methods even after data are first published.
- When this happens, previously reported numbers may be updated.
- These updates are normal and reflect stronger, more complete information.
- Updates usually **do not** change the actual severity of public health issues.

Data Analysis

Primary data =
Community Surveys +
Key Informant Surveys +
Interviews



Secondary data =
Community level health data collected by other organizations

5 Top Health Concerns =
algorithm applied to primary & secondary data + pre-session voting

Top 6 Identified Health Concerns in the Park Center Service Area

Health Concern
Access to mental health care & addiction services
Affordable and healthy food
Housing affordability
Insurance for healthcare
Mental health & mental disorders
Substance use disorder

- Mental health and quality of life concerns were identified from surveys and secondary data
- Top concerns had at least 50% endorsement by community and key informants
- Pre-session voting took place to identify top 5 health concerns

Top 5 Health Concerns

Access to Mental Health Care and Addiction Services

Housing Affordability

Insurance for Healthcare

Mental Health and Mental Disorders

Substance Use Disorders

Top 5 Health Concerns

Access to Mental Health Care and Addiction Services

Housing Affordability

Insurance for Healthcare

Mental Health and Mental Disorders

Substance Use Disorders

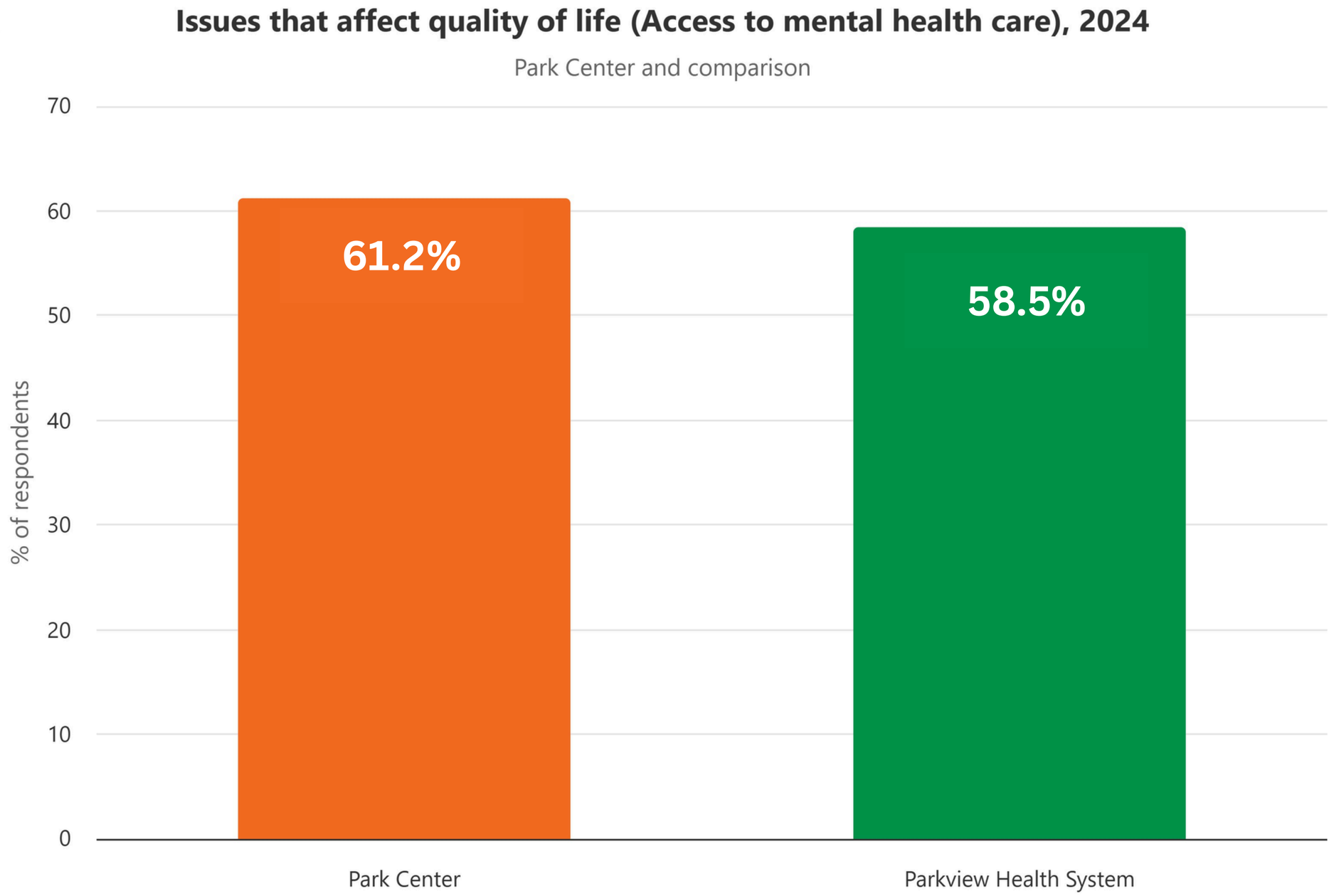
Access to Mental Health & Addiction Services

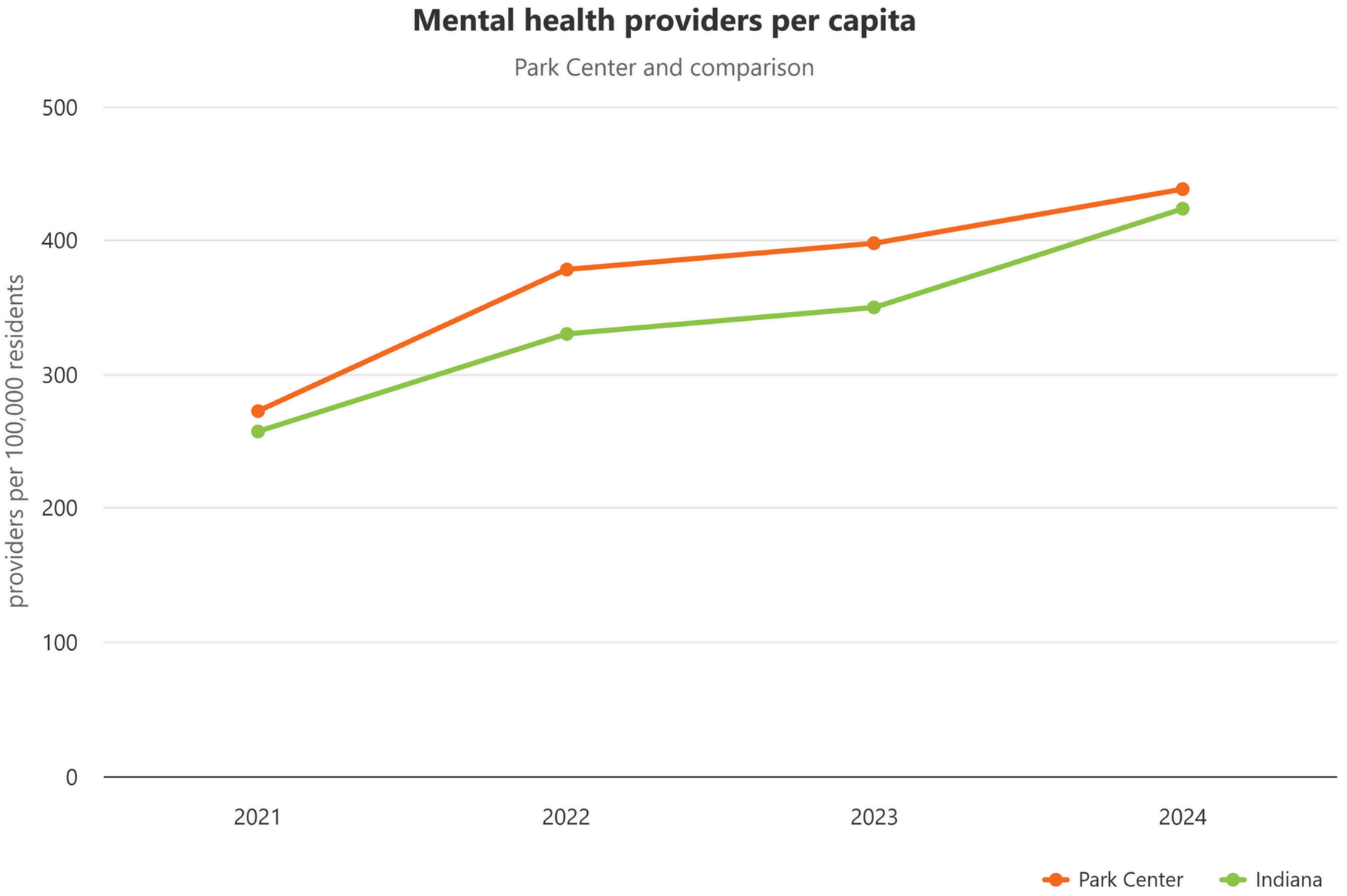
Topics	Park Center		Indiana
Mental health providers per capita providers per 100,000 residents (2024)	↑	438.3	423.7
Psychiatry physicians per capita physicians per 100,000 residents (2024)	↑	**11**	16
Mental health care provider shortage full-time equivalents (2024)	–	43.6	835.5
Opioid treatment providers per capita providers per 100,000 residents (2024)	–	13.3	12.6
Mental health treatment facilities per capita per 100,000 residents (2022)	–	**3.0**	3.7
Substance use treatment facilities per capita per 100,000 residents (2022)	–	**4.5**	5.6
Not sure where to get mental health services % of CHNA survey respondents (2024)	–	18.4	–
Problem getting mental health or addiction services % of CHNA survey respondents (2024)	–	20.2	–

Community Survey

N=2,807

N=5,030





Indiana

423.7

providers per
100,000 residents

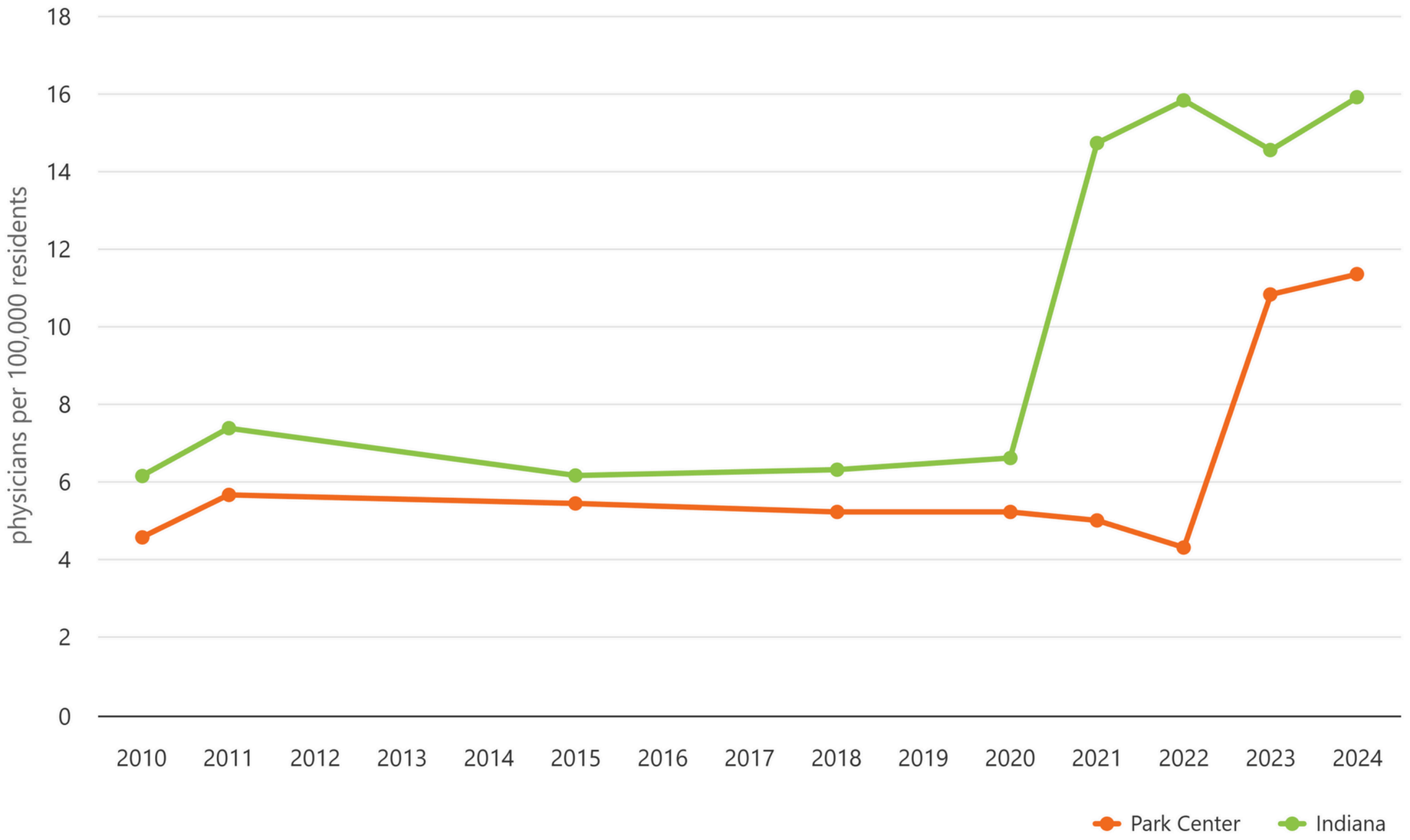
Park Center

438.3

providers per
100,000 residents

Psychiatry physicians per capita

Park Center and comparison



Indiana

16

physicians per 100,000 residents

Park Center

11

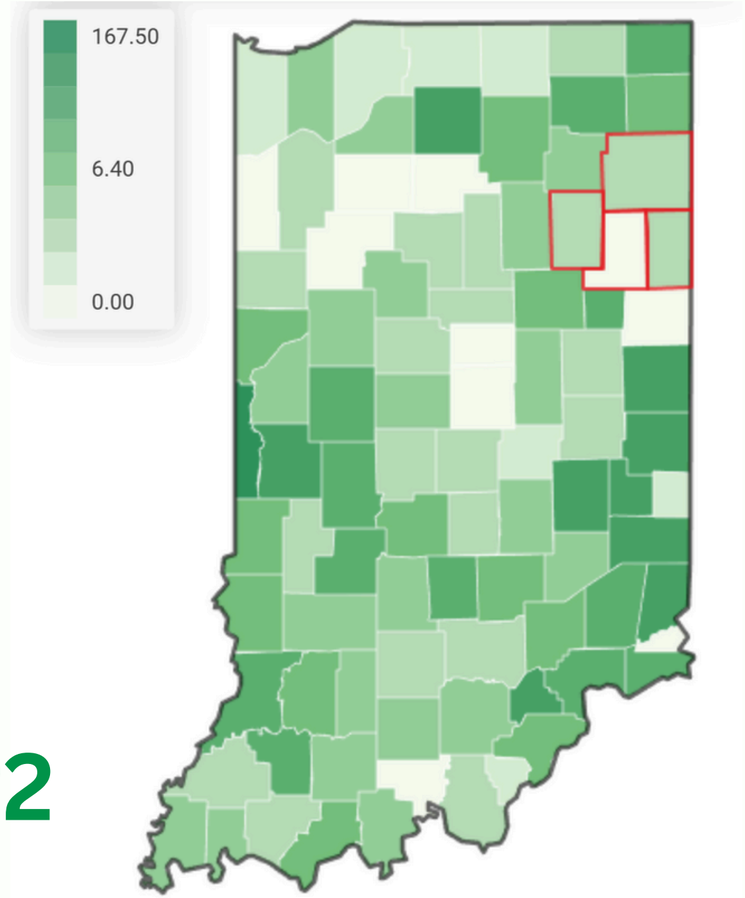
physicians per 100,000 residents

Mental Health & Substance Use Treatment

Mental Health Treatment Facilities

IN average: 3.6

(per 100,000 residents)



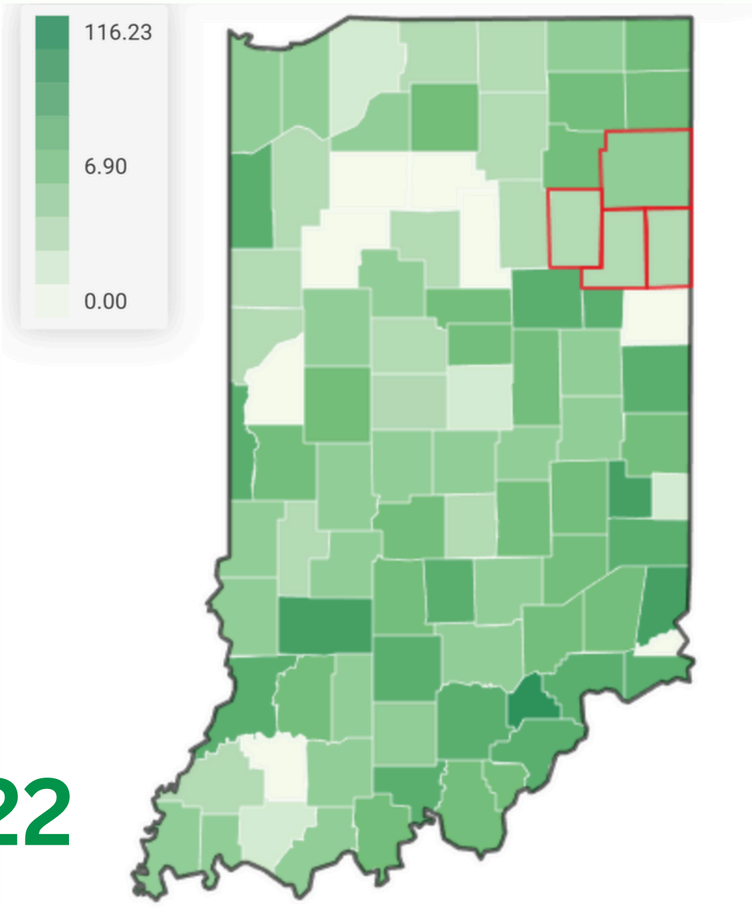
3.0

2022

Substance Use Treatment Facilities

IN average: 5.0

(per 100,000 residents)

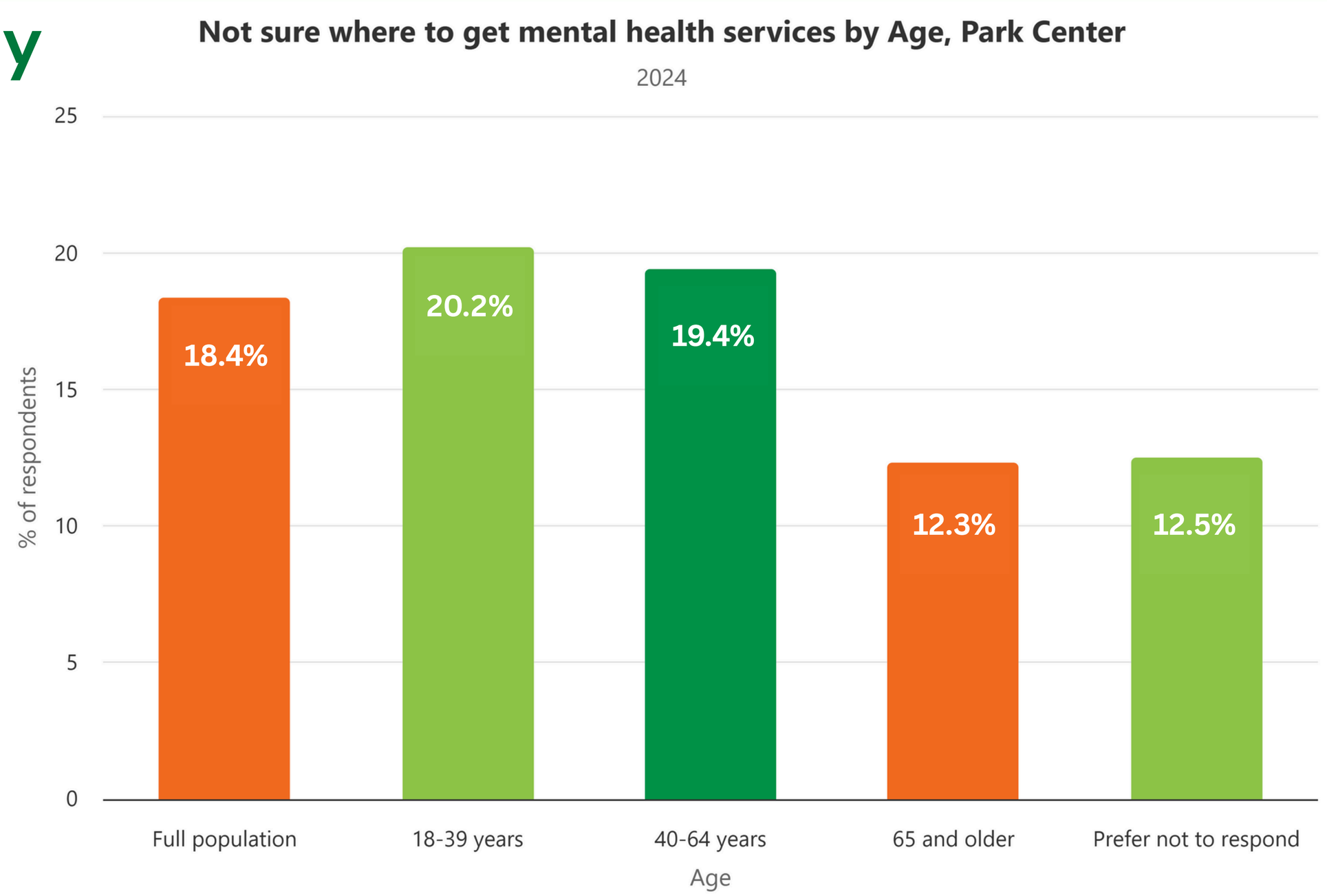


4.5

2022

Community Survey

N=2,807



Community Survey

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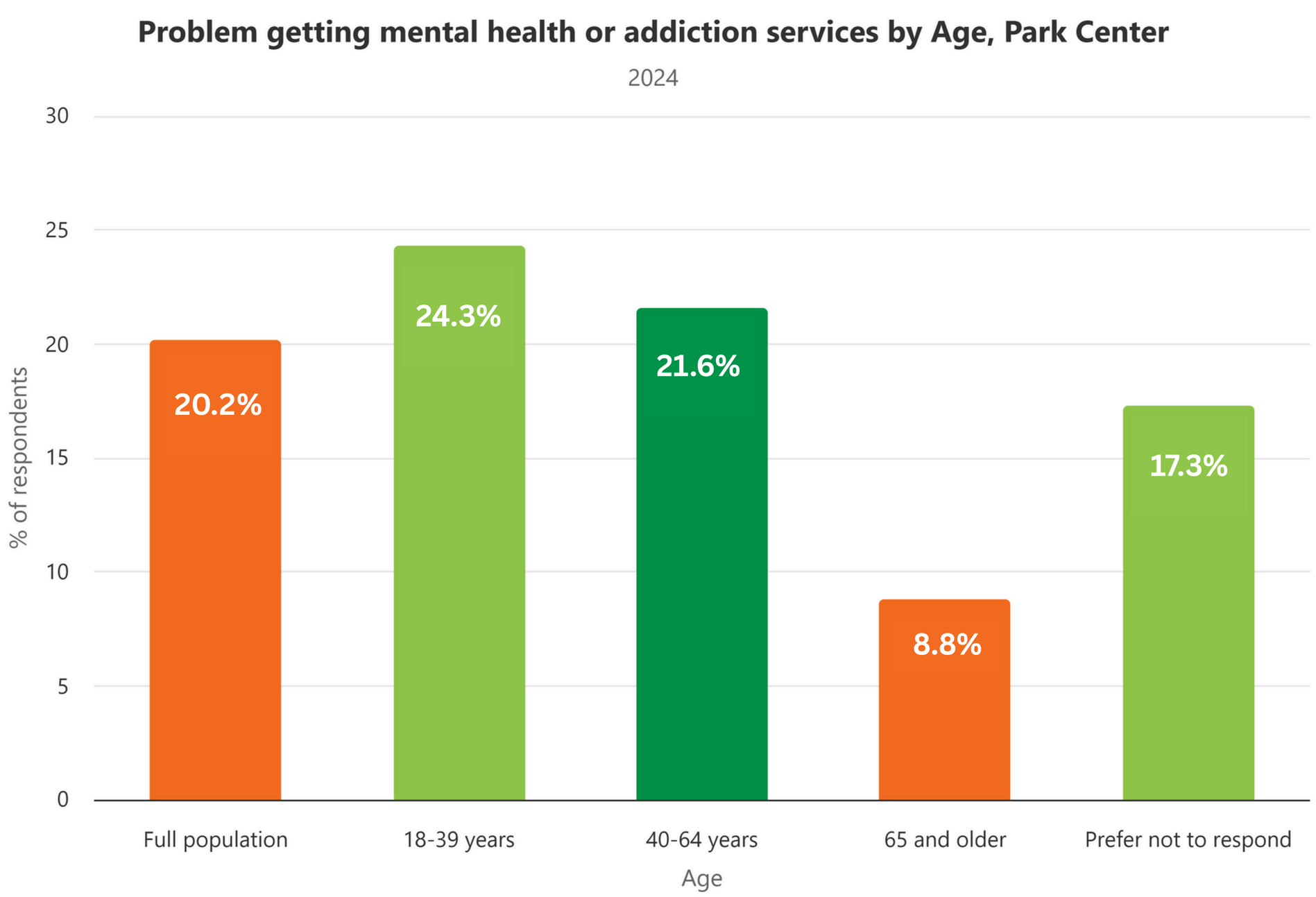

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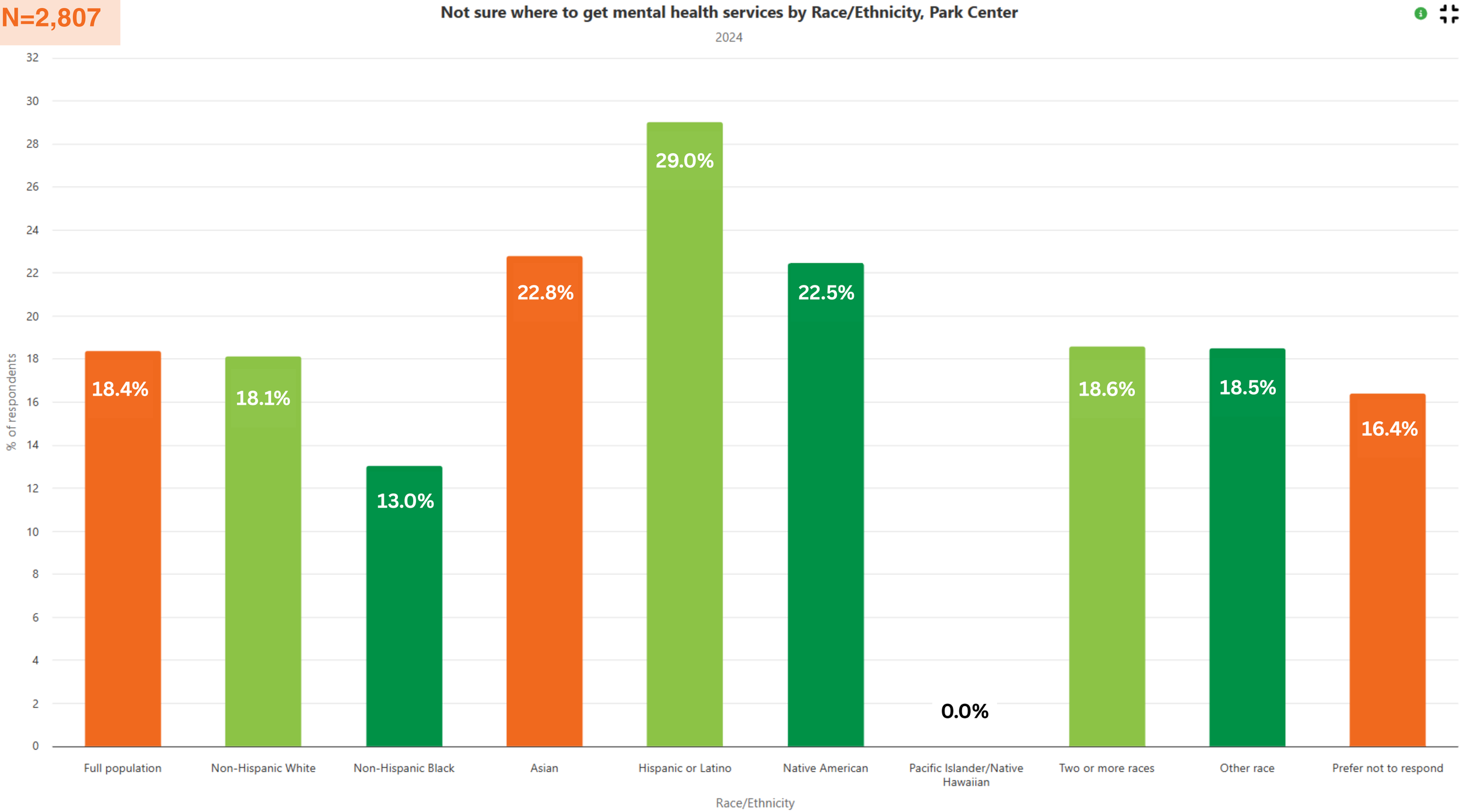
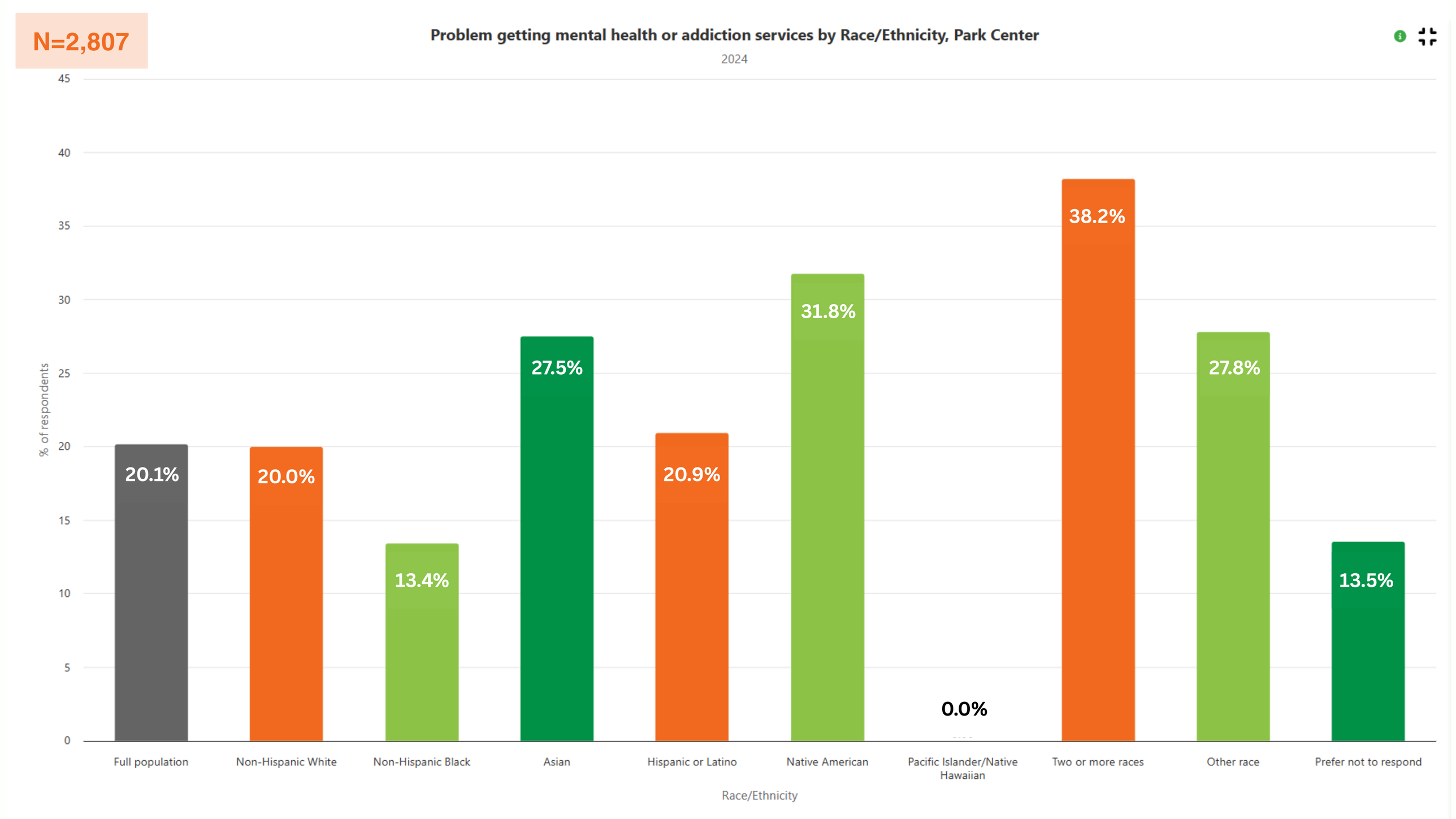

Not sure where to get mental health services by Race/Ethnicity, Park Center
2024
% of respondents
32
30
28
26
24
22
20
18
16
14
12
10
8
6
4
2
0
18.4%
18.1%
13.0%
22.8%
29.0%
22.5%
0.0%
18.6%
18.5%
16.4%
Full population
Non-Hispanic White
Non-Hispanic Black
Asian
Hispanic or Latino
Native American
Pacific Islander/Native Hawaiian
Two or more races
Other race
Prefer not to respond
Race/Ethnicity

N=2,807


Problem getting mental health or addiction services by Race/Ethnicity, Park Center
2024
% of respondents
45
40
35
30
25
20
15
10
5
0
20.1%
20.0%
13.4%
27.5%
20.9%
31.8%
0.0%
38.2%
27.8%
13.5%
Full population
Non-Hispanic White
Non-Hispanic Black
Asian
Hispanic or Latino
Native American
Pacific Islander/Native Hawaiian
Two or more races
Other race
Prefer not to respond
Race/Ethnicity

CHNA Survey: Community members that screened positive for potential anxiety or depression (n=642)

31.6%

had a **problem getting the health care they needed** from a Mental health or addiction services provider in the last 12 months

29.9%

don't know where to get services for themselves when they are sad, depressed, or need someone to talk to

17.6%

do not have a place to receive medical care besides the emergency room

25.6%

were aged **18-34 years** (though respondents in this age group were only 18.1% of the sample)

Key Insights from Interviews

Individuals with lived experience

Barriers to accessing care:

- High cost of care and lack of **insurance**
- **Stigma** surrounding care-seeking
- Lack of **transportation**
- Limited **appointment availability** outside of standard work hours
- Limited availability of providers from similar **cultural or racial backgrounds**
- Lack of **information** about services
- **Complexity in navigating care** options and maintaining continuity of care

Key informants & community leaders

Barriers to accessing care:

- Long wait times and **limited provider availability**
- Insufficient **rehab treatment options**
- Lack of **transportation**
- Limited **crisis intervention resources**
- Gaps in care availability and integration, especially in **rural areas** and for people with **co-occurring mental health and substance use issues**
- **Operational challenges**

Summary of Community Survey Data and Local Health Statistics

Access to mental health care & addiction services

- The number of mental health providers and psychiatry physicians per capita is improving and is above or near the state level for Indiana. *Note, this is averaged across the four-county area that is served by Park Center.*

- The Park Center service area has a lower number of mental health treatment facilities and substance use treatment facilities per capita compared to Indiana.

- Additionally, several community survey respondents reported that they were not sure where to get mental health services (18.4%) or have had a problem getting mental health or addiction services (20.2%). And these numbers are worse for those scoring positive on PHQ-4 … 29.9% and 31.6% respectively.

Top 5 Health Concerns

Access to Mental Health Care and Addiction Services

Housing Affordability

Insurance for Healthcare

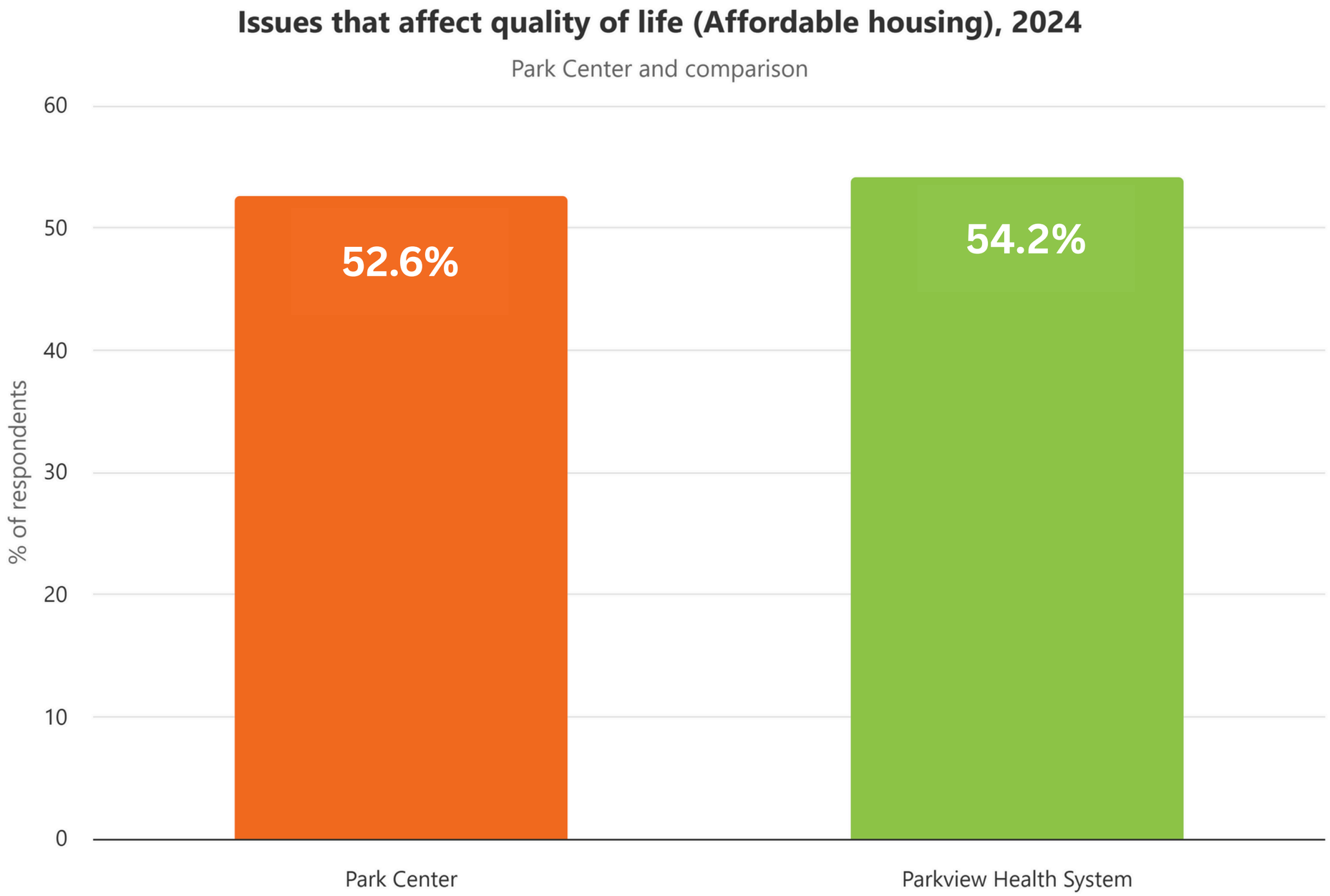
Mental Health and Mental Disorders

Substance Use Disorders

Community Survey

N=2,807

N=5,030

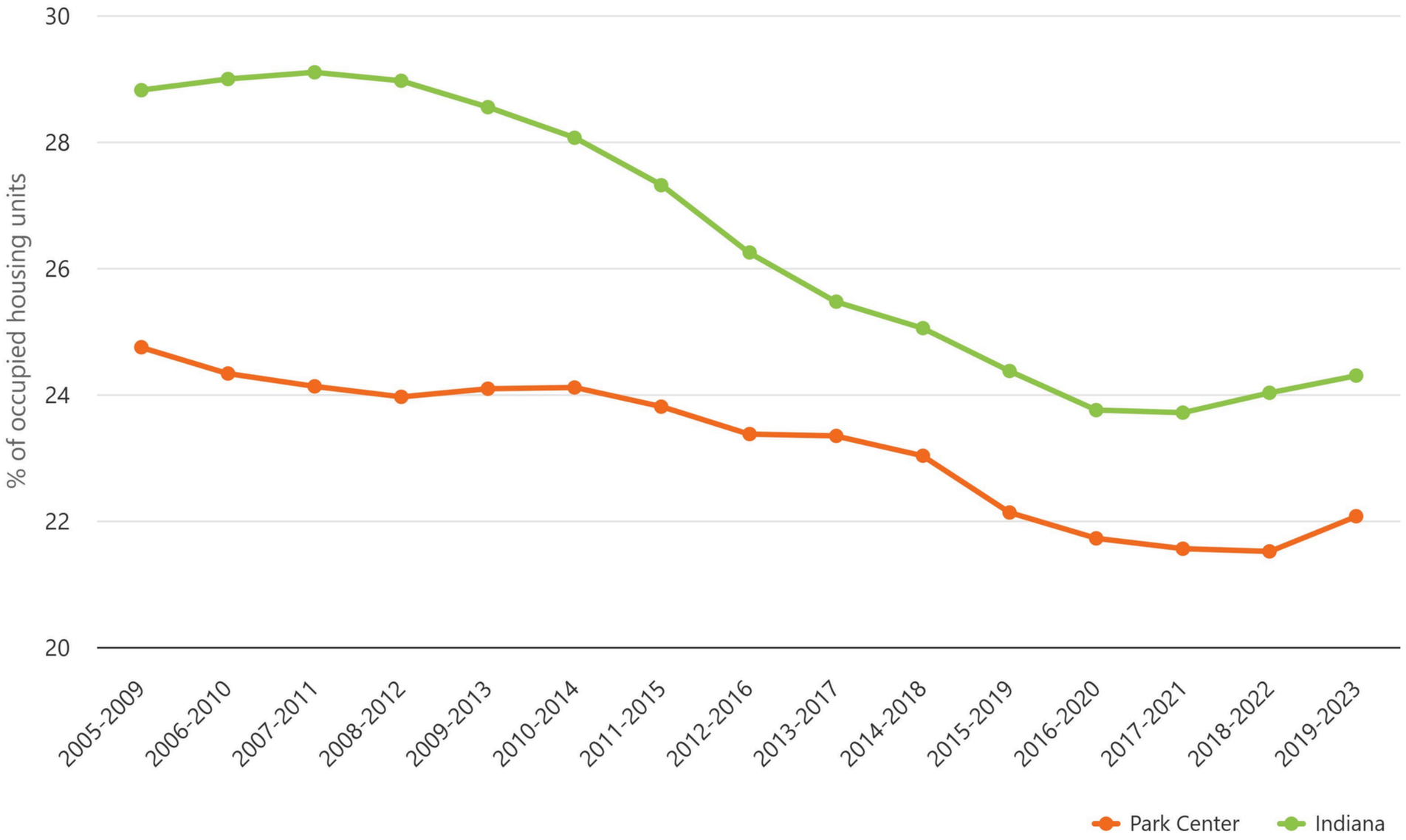


Housing Affordability

Topics	Park Center		Indiana
Housing cost burden % of occupied housing units (2019-2023)	↑	22.1	24.3
Severe housing cost burden % of occupied housing units (2019-2023)	↑	9.7	10.8
Crowded housing % of occupied housing units (2019-2023)	↑	**1.9**	1.7
Vacant % of housing units (2019-2023)	↓	6.3	9.2
Housing insecurity % of adults (2022)	–	11.7	12.2
Median monthly housing costs (2019-2023)	↑	$990	$1,051

Housing cost burden

Park Center and comparison



Indiana

24.3%

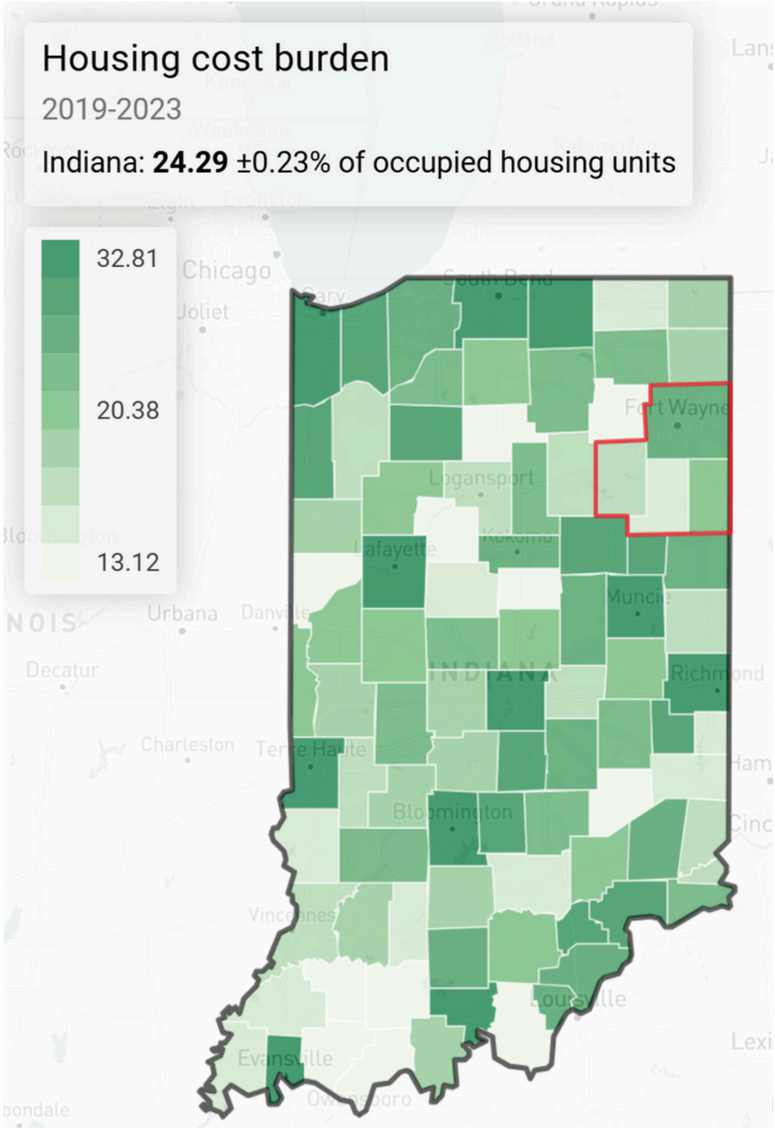
of occupied housing units

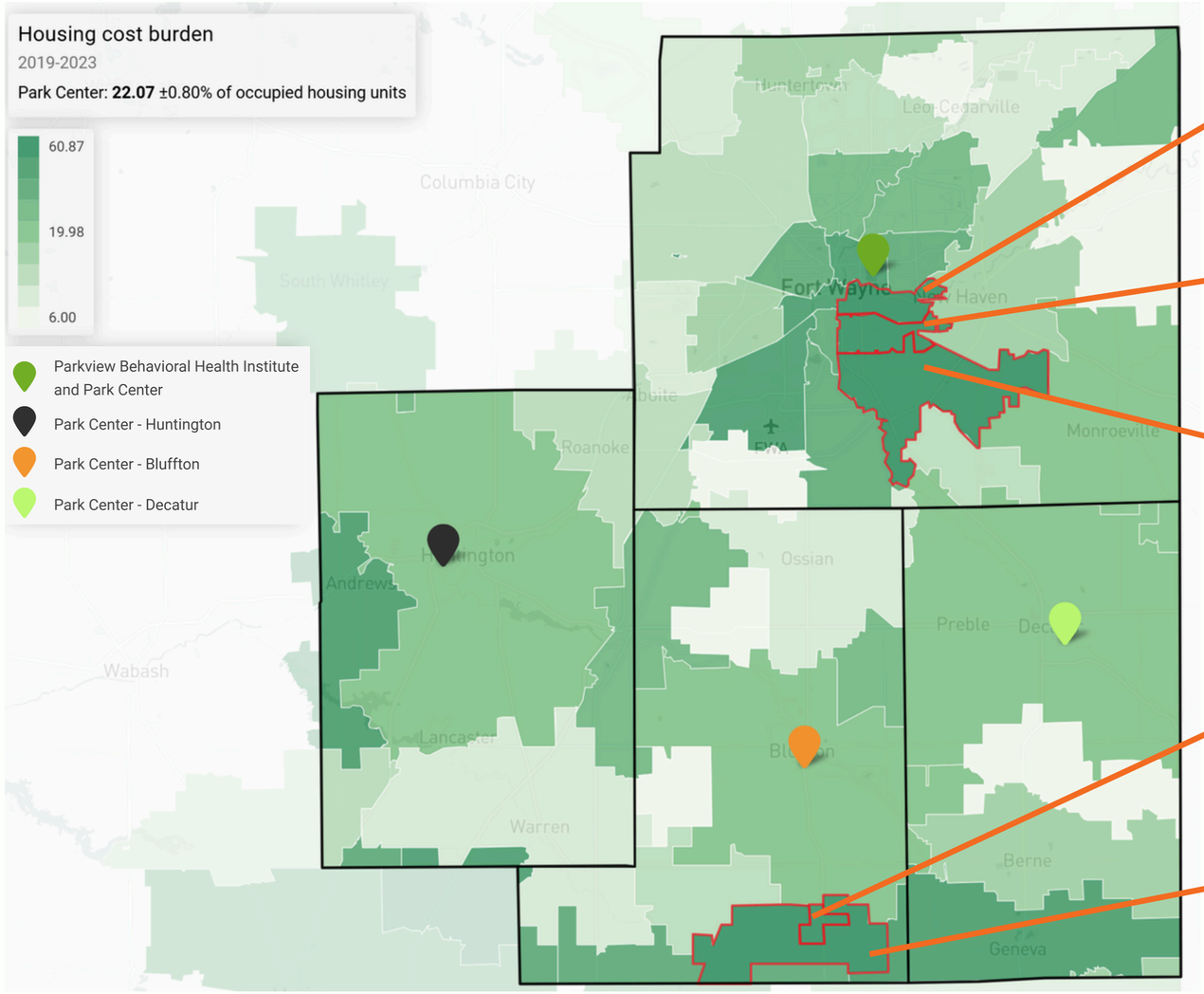
Park Center

22.1%

of occoupied housing units

Housing Cost Burden





46803: 41.04%

46806: 34.56%

46816: 35.37%

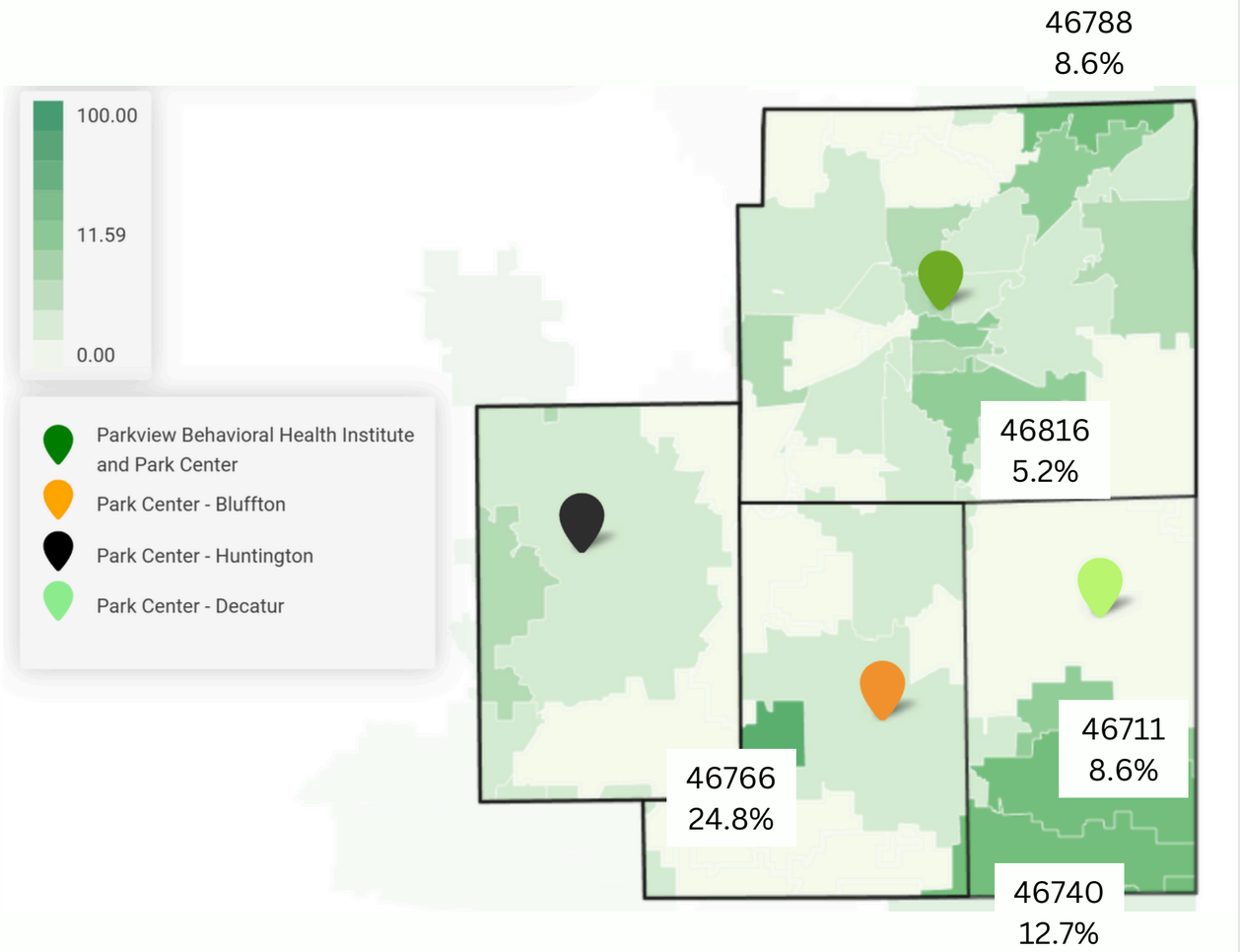
46778: 60.87%

46759: 47.48%

Crowded & Vacant Housing

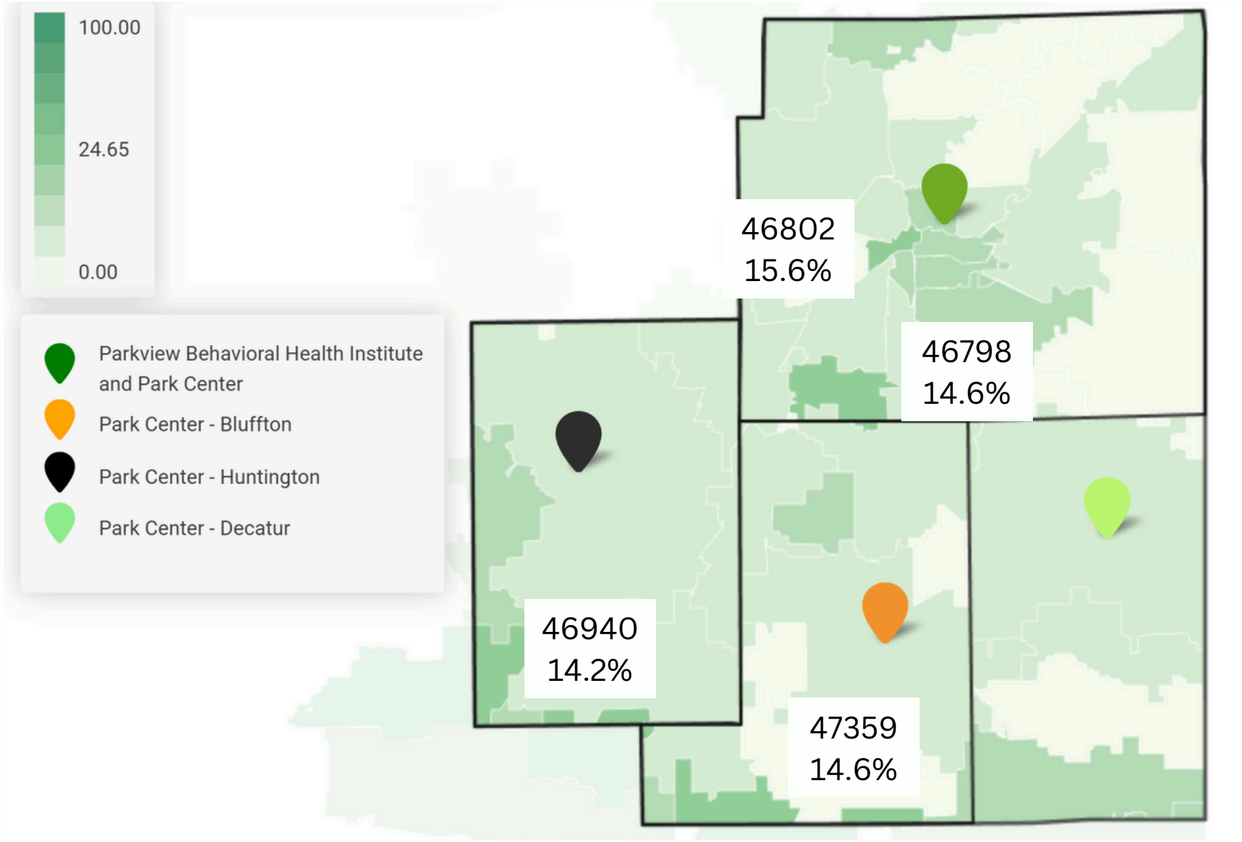
Crowded
2019-2023

1.9% of occupied housing units.
16/53 of zip codes above Park Center avg.



Vacant
2019-2023

6.3% of total housing units.
21/53 of zip codes above Park Center avg.



Key Insights from Interviews

Individuals with lived experience

Impact of housing stability on health:

- Housing insecurity and homelessness create significant **barriers to healthcare access**
- Frequent relocations make it difficult to **establish continuous care**
- Housing instability **exacerbates health inequalities** and impacts mental health

Key informants & community leaders

Socioeconomic disparities:

- Background checks revealing past felonies (such as those related to substance use) create significant **barriers to affordable housing**
- **Transportation challenges** significantly impact access to care and employment
- **Limited resources for essential community services**, such as food banks and homeless shelters, affect ability to meet demand

Summary of Community Survey Data and Local Health Statistics

Housing Affordability

- Housing affordability is getting worse over time, with 22.1% of residents in the Park Center service area currently spending more than 30% of their income on housing costs - slightly lower than the rate for Indiana.
- Zip codes of most concern are 46803, 46806, 46816, 46778, and 46759.
- While the number of vacant housing units is improving in the Park Center service area, crowded housing is getting worse over time.

Top 5 Health Concerns

Access to Mental Health Care and Addiction Services

Housing Affordability

Insurance for Healthcare

Mental Health and Mental Disorders

Substance Use Disorders

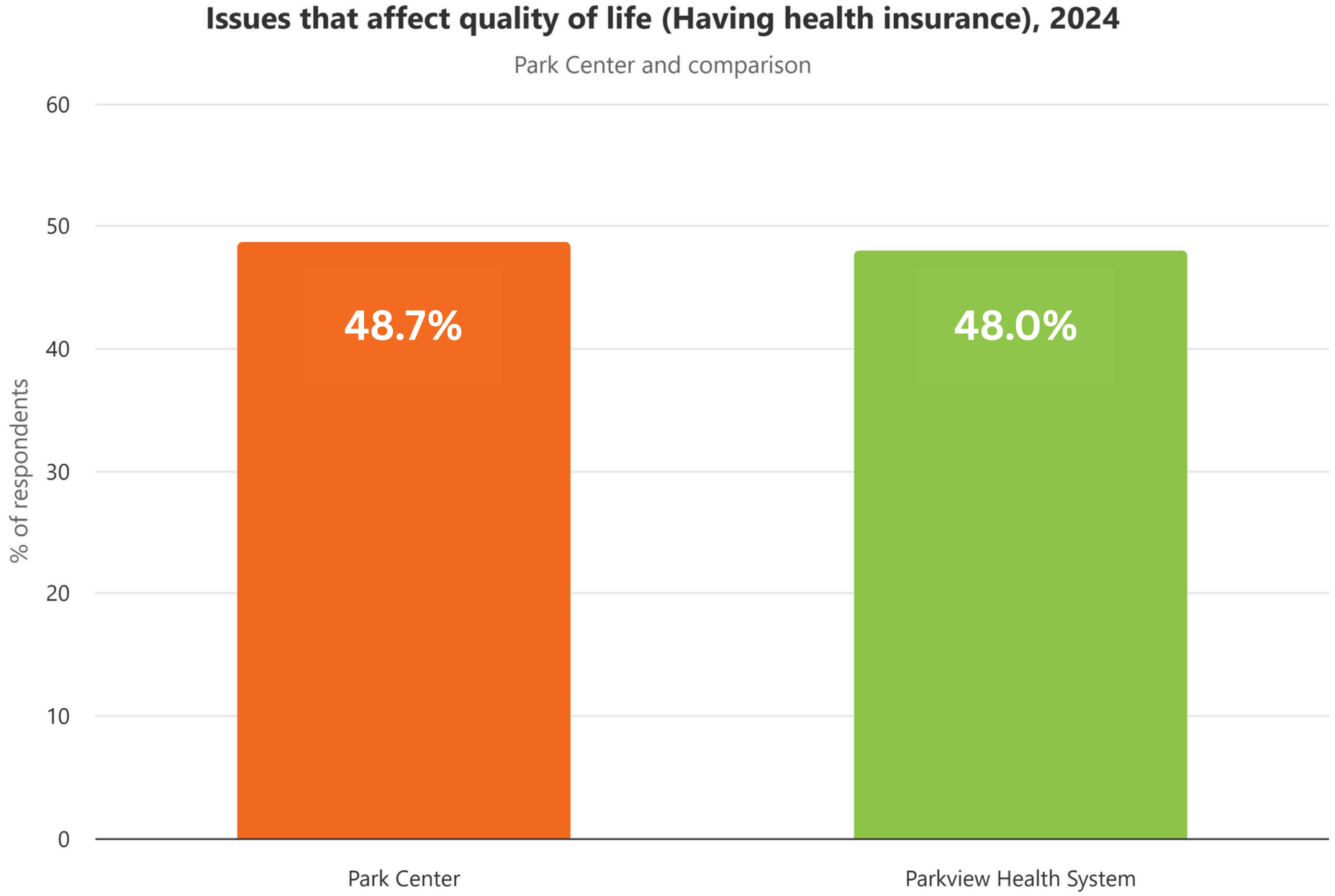
Insurance for Health Care

Topics	Park Center		Indiana
Uninsured rate % of residents (2019-2023)	↑	**9.1**	7.6
Private health insurance % of residents (2019-2023)	↓	**67.7**	69.0
Public health insurance % of residents (2019-2023)	↑	**34.3**	35.5
Employment-based health insurance % of residents (2019-2023)	↓	**57.5**	58.3
TriCare/military health coverage % of residents (2019-2023)	↓	1.7	1.6
VA health care coverage % of residents (2019-2023)	↓	2.2	2.1
Medicare coverage % of residents (2019-2023)	↑	**17.1**	18.0
Medicaid coverage % of residents (2019-2023)	↑	**18.9**	19.6

Community Survey

N=2,807

N=5,030



Uninsured rate

Park Center and comparison

Indiana

7.6%

of residents

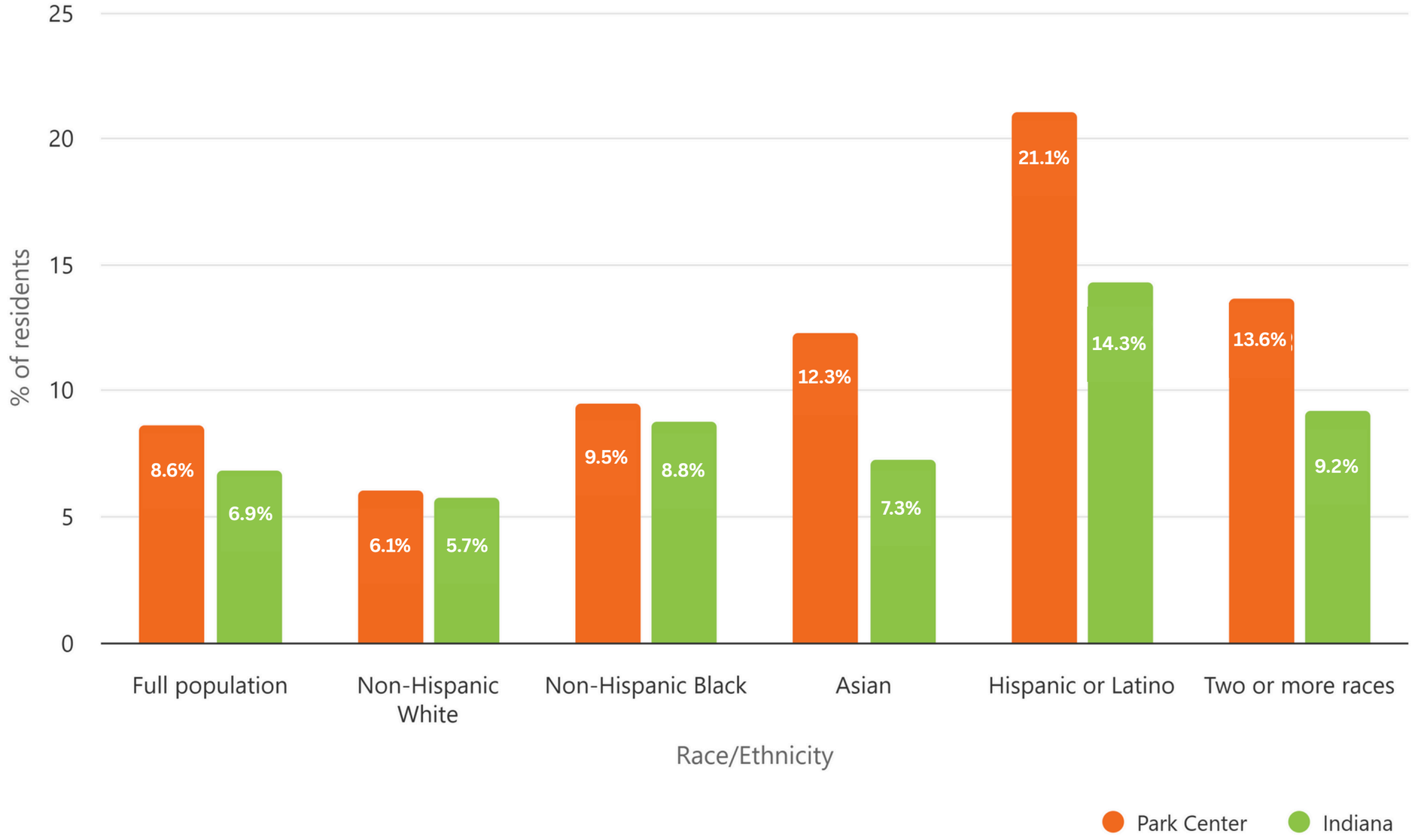
Park Center

9.1%

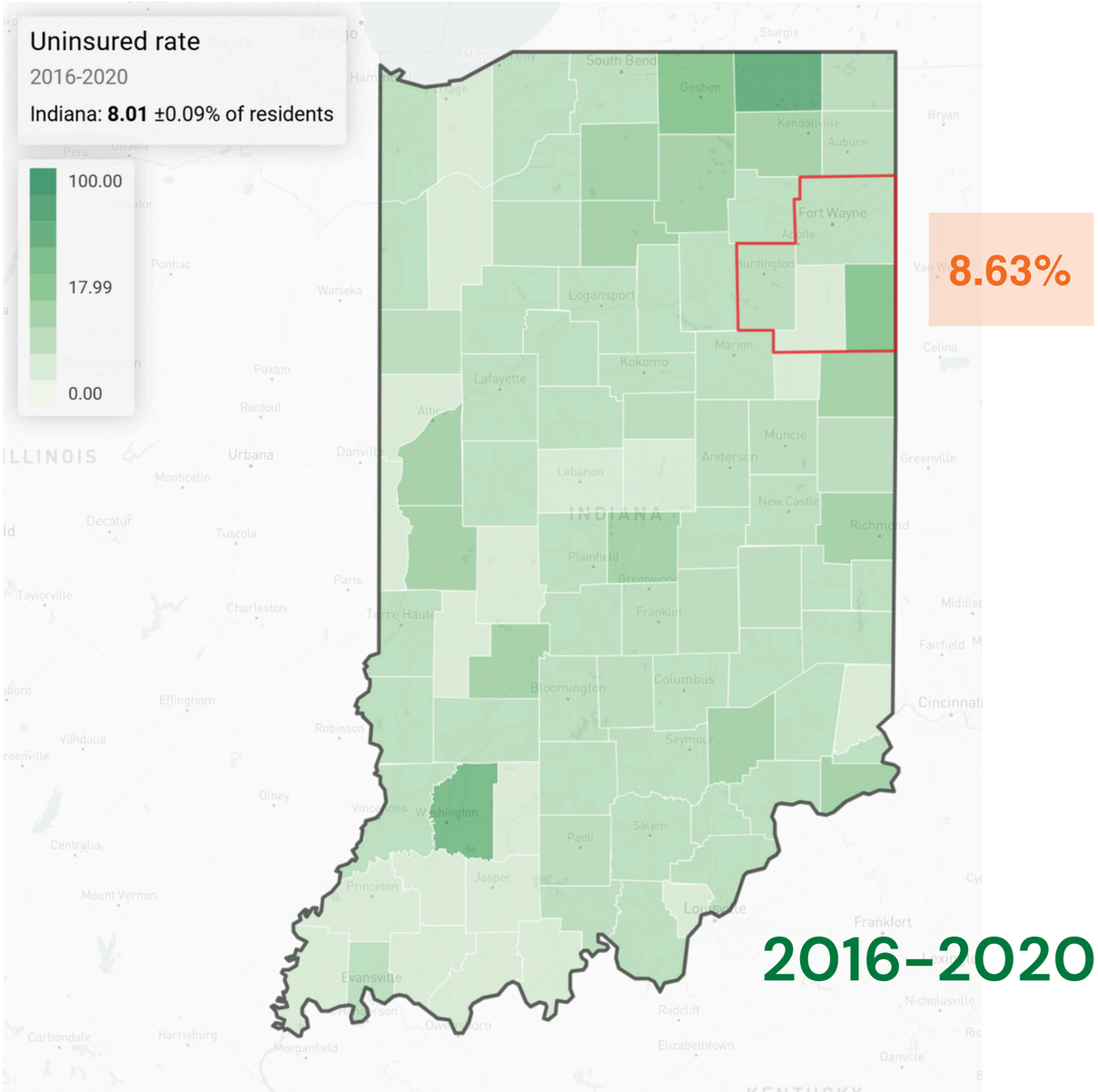
of residents

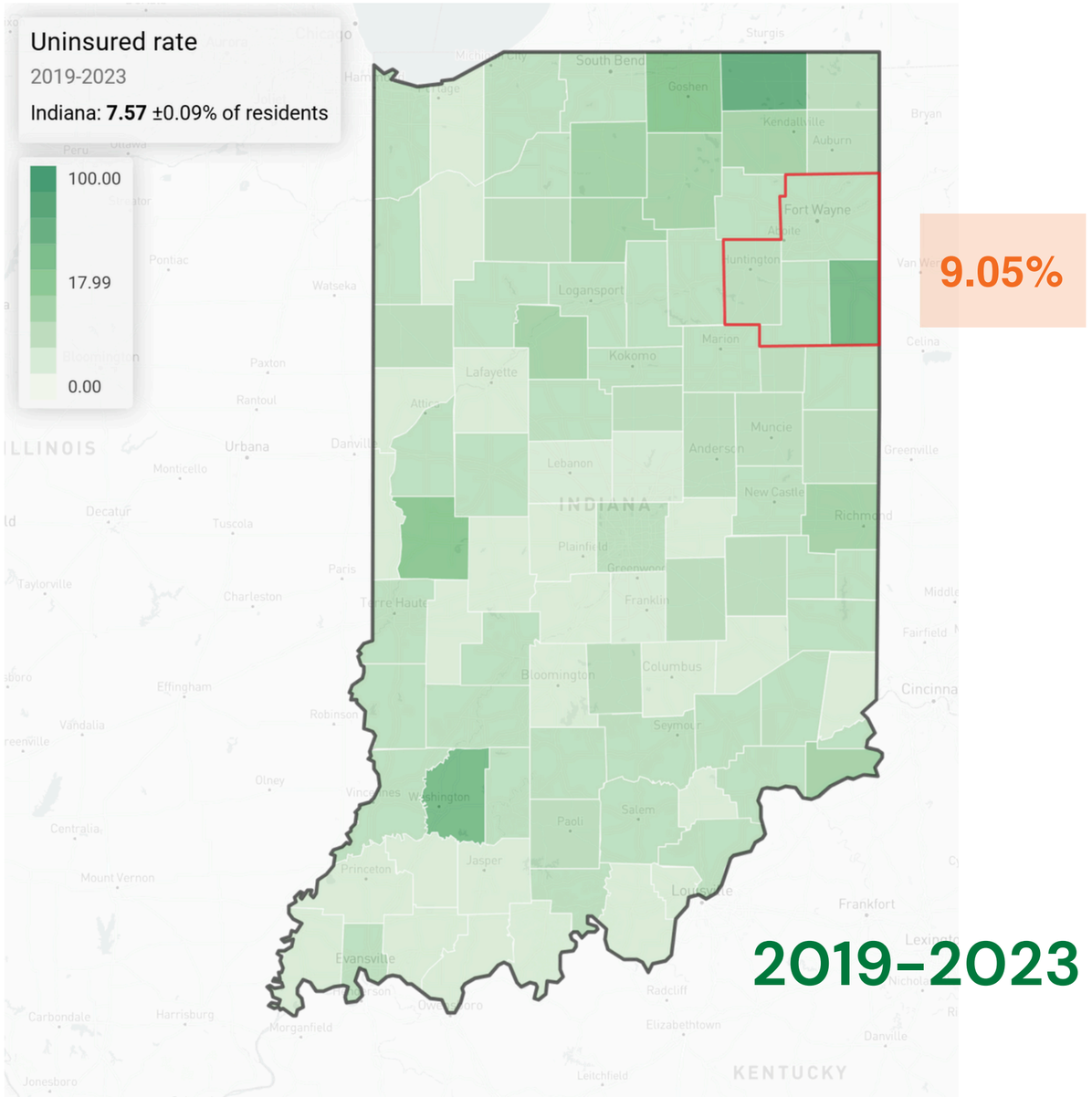
Uninsured rate by Race/Ethnicity, 2023

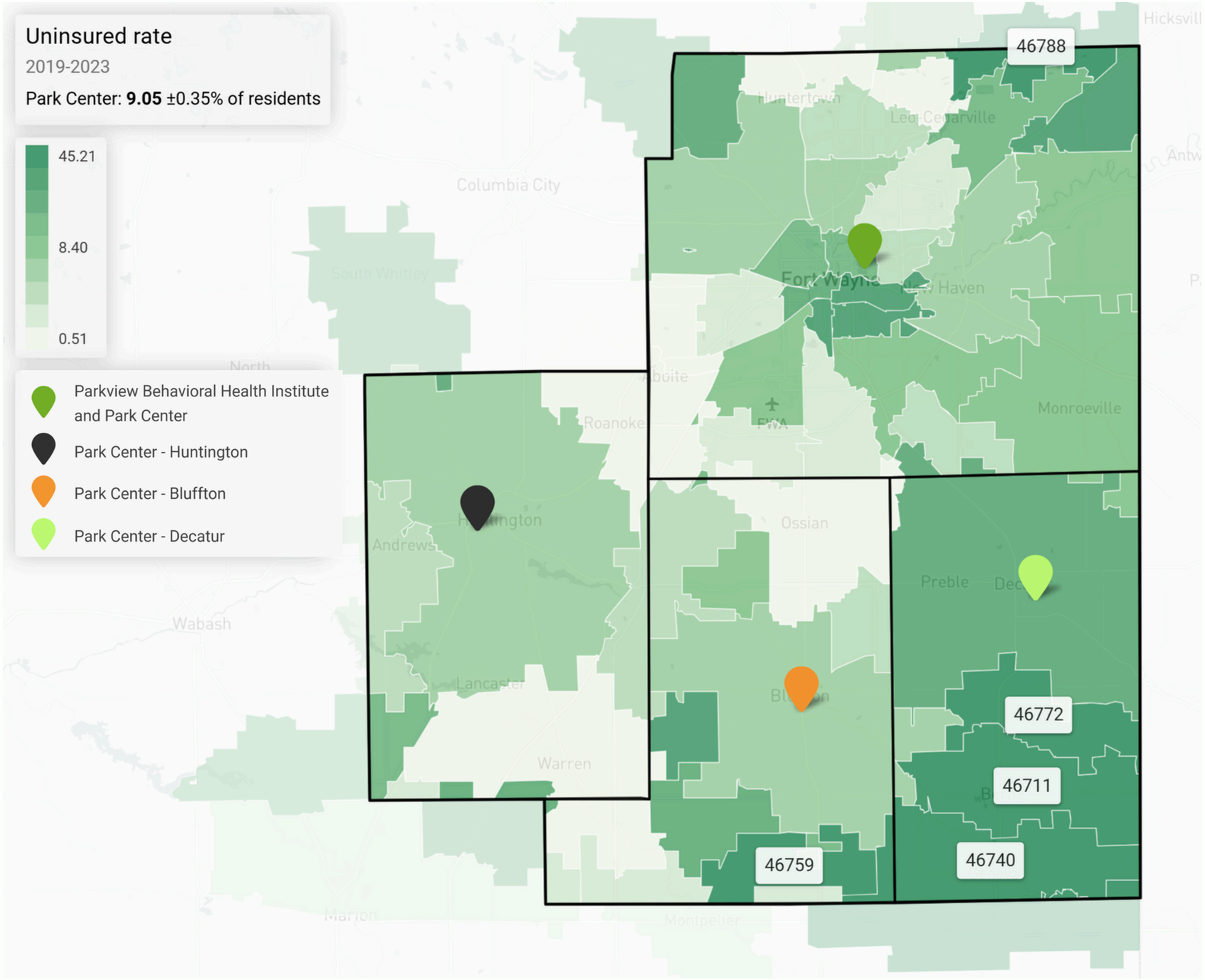
Park Center and comparison



Uninsured Rate







46788: 23.06%

46711: 29.41%

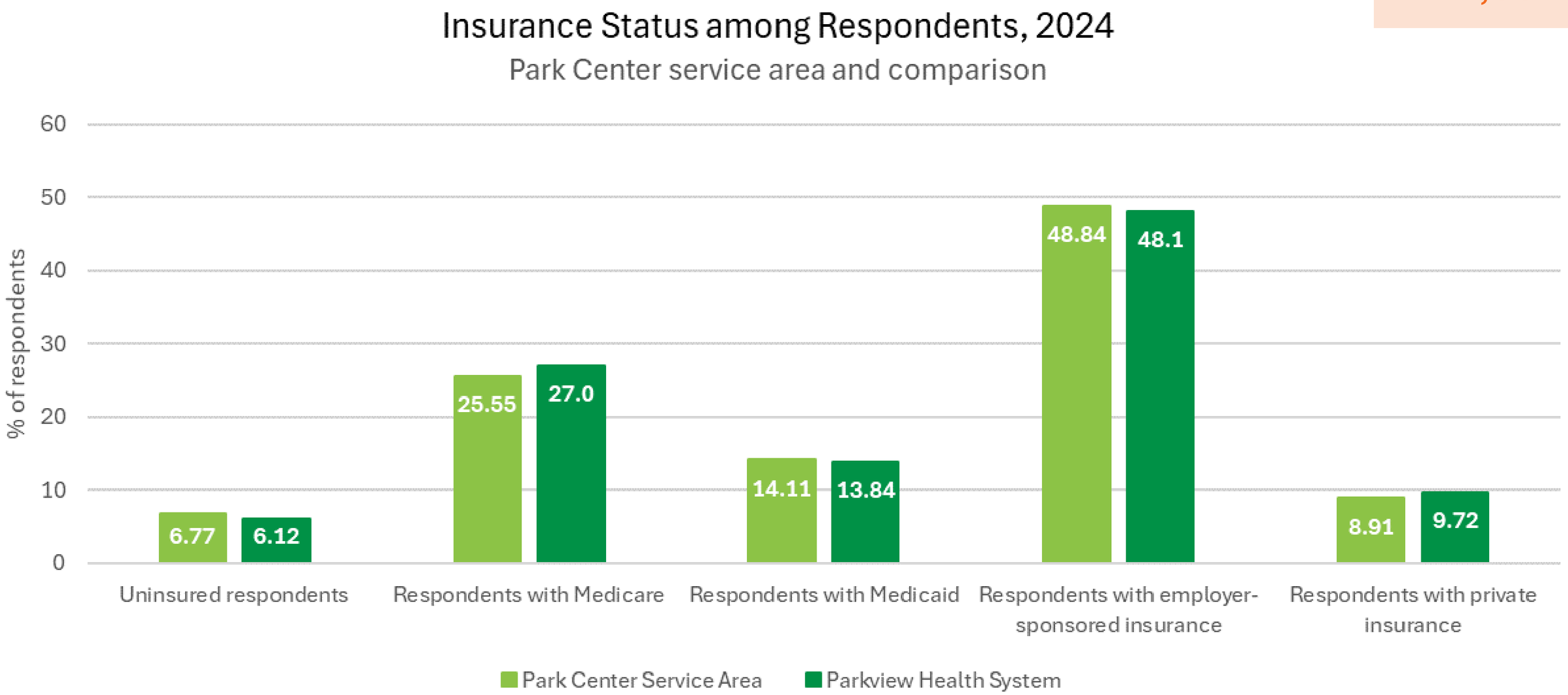
46759: 38.06%

46740: 42.30%

46772: 45.21%

Community Survey

N=2,807



Key Insights from Interviews

Individuals with lived experience

Barriers to accessing care:

- High cost of care and **lack of health insurance**

Key informants & community leaders

- Insurance for health care was not a central theme from the key informant interviews

Summary of Community Survey Data and Local Health Statistics

Insurance for Healthcare

- The percentage of residents without health insurance has been worsening in recent years and is currently higher in the Park Center service area (9.1%) than in Indiana (7.6%).
- The uninsured rate in the Park Center service area is highest for Zip codes 46740 and 46772 (>40% of residents without health insurance)
- From our community survey, 6.8% of respondents in the Park Center service area reported not having health insurance, and this varied by age and race/ethnicity.
- Community survey respondents had similar rates for different types of health insurance compared to US Census Bureau estimates for this area (2023).

Top 5 Health Concerns

Access to Mental Health Care and Addiction Services

Housing Affordability

Insurance for Healthcare

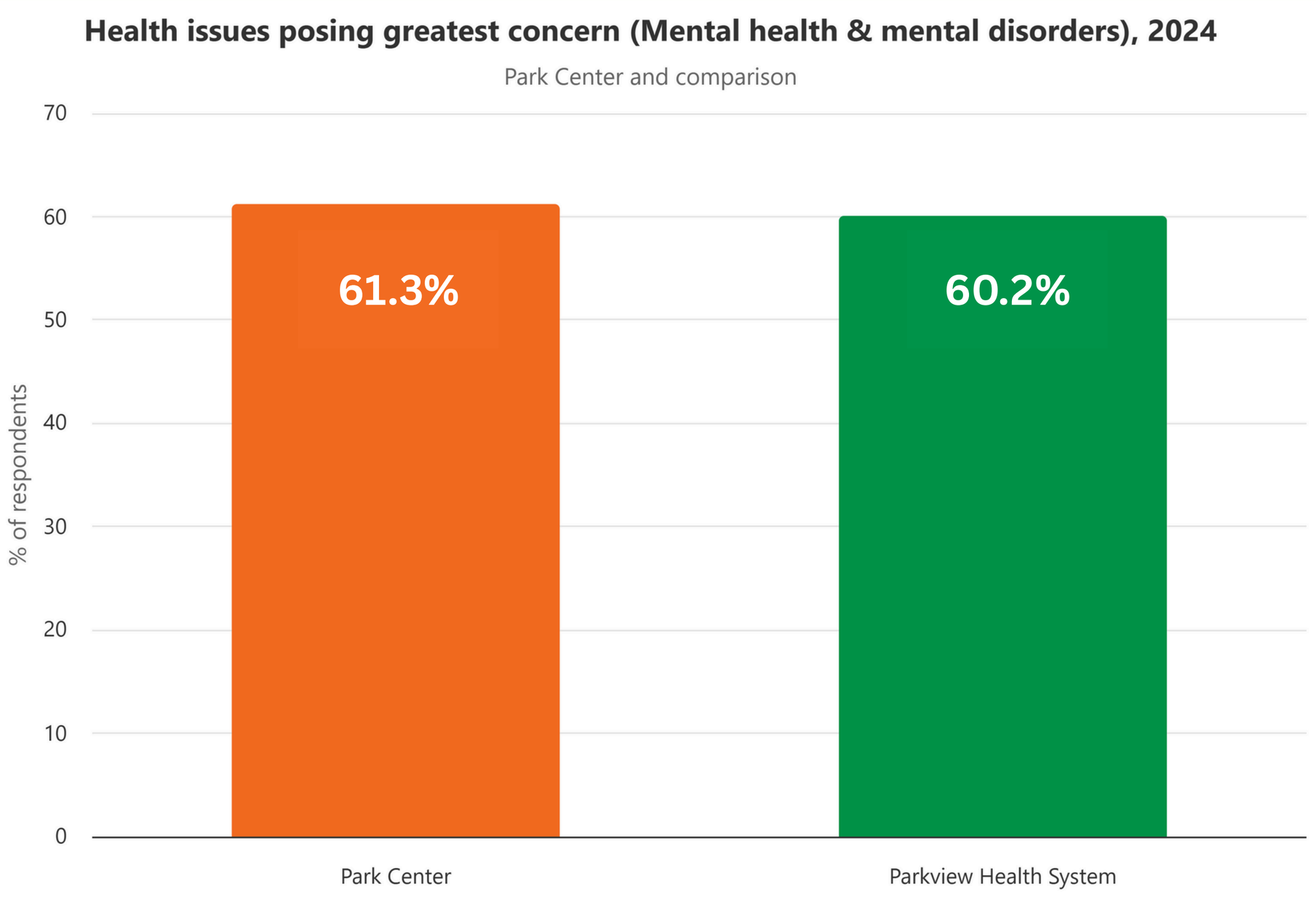
Mental Health and Mental Disorders

Substance Use Disorders

Community Survey

N=2,807

N=5,030

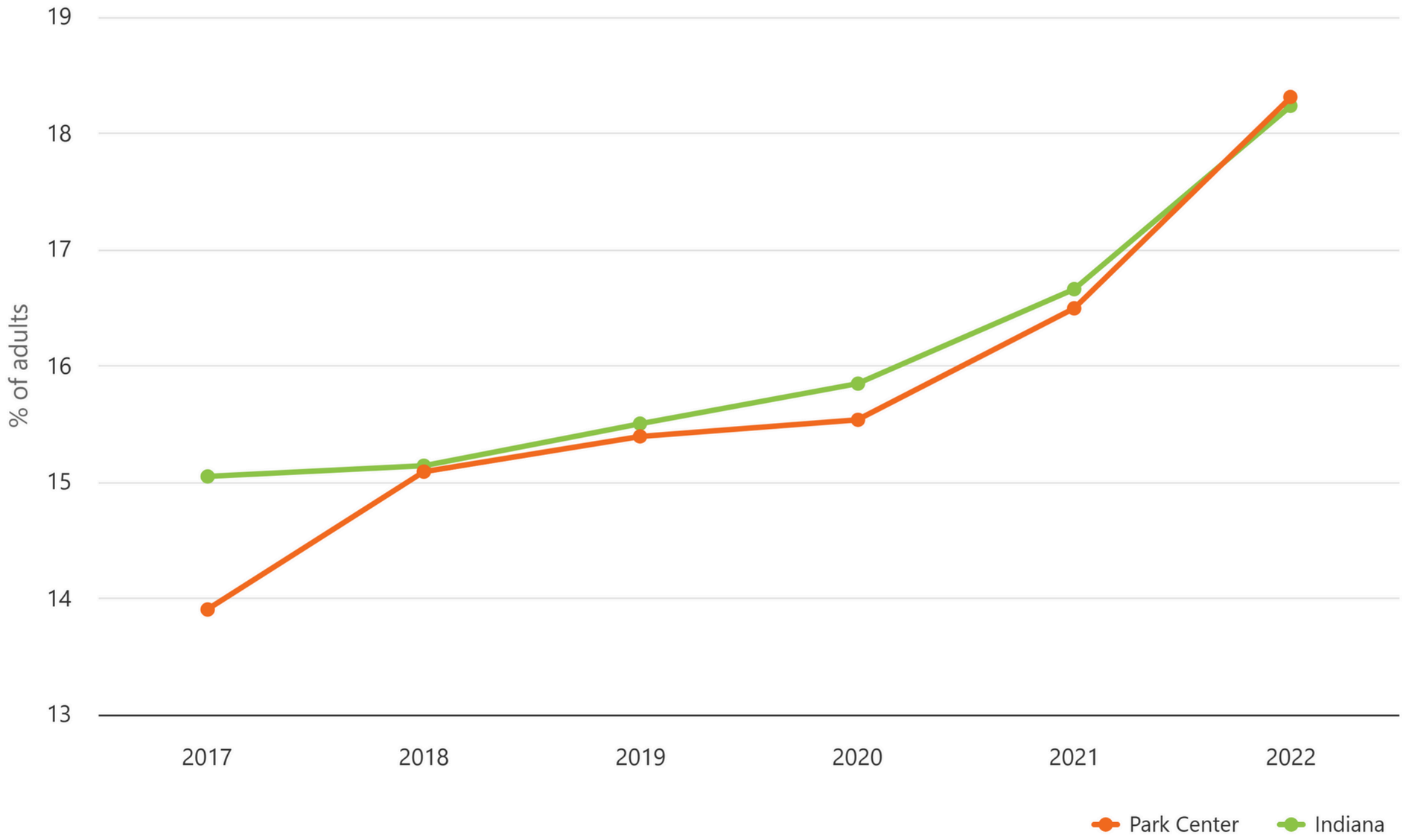


Mental Health and Mental Disorders

Topics	Park Center		Indiana
Suicide mortality deaths per 100,000 (2019-2023)	↑	14.8	15.8
Depression % of adults (2022)	↑	**24.6**	24.4
Poor self-reported mental health % of adults (2022)	↑	**18.3**	18.2
Lacking social and emotional support % of residents (2022)	–	**24.9**	24.8
Anxiety (PHQ-4) % of CHNA survey respondents (2024)	–	19.8	–
Depression (PHQ-4) % of CHNA survey respondents (2024)	–	15.7	–

Self-reported poor mental health

Park Center and comparison

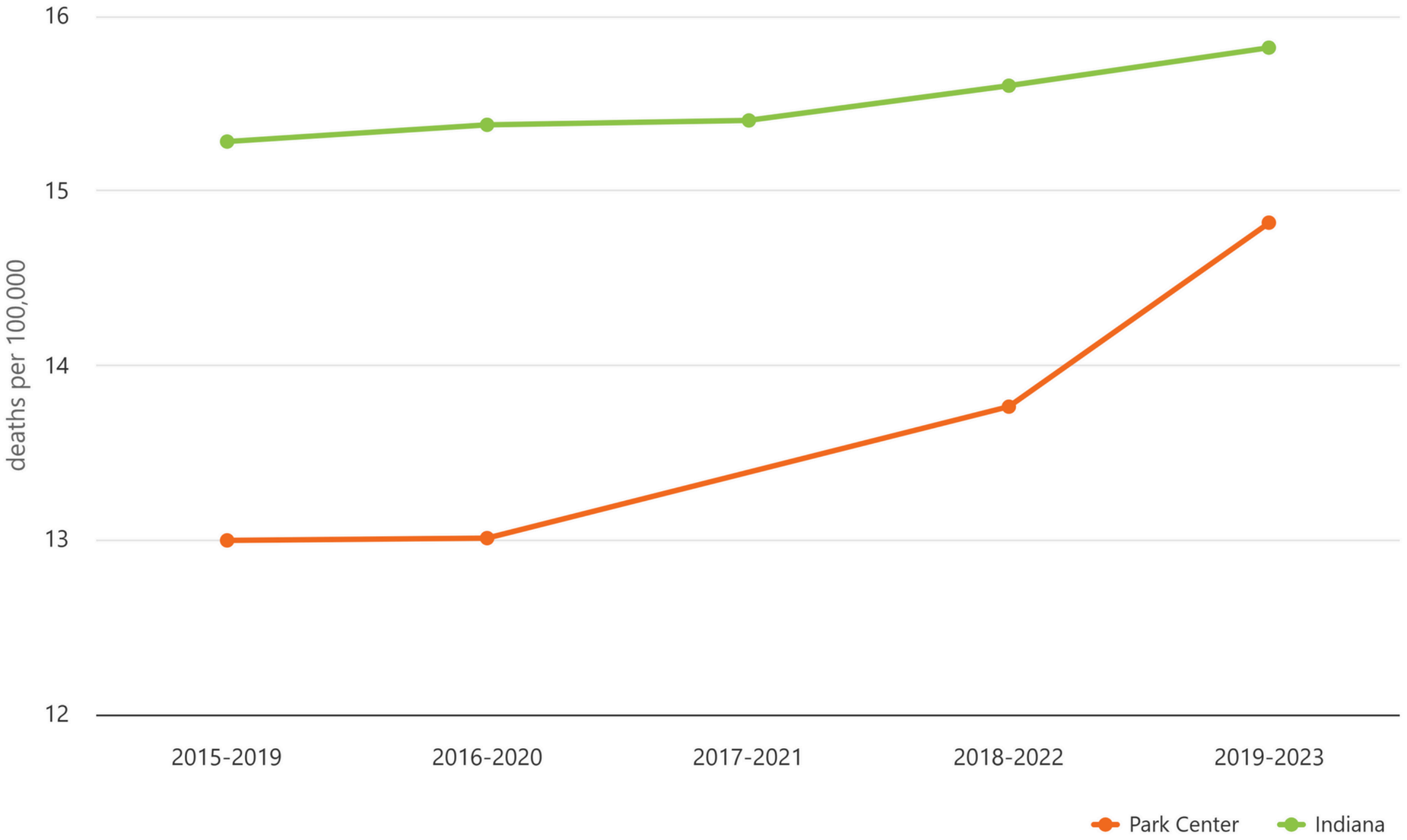


18.3%

18.2%

Suicide mortality

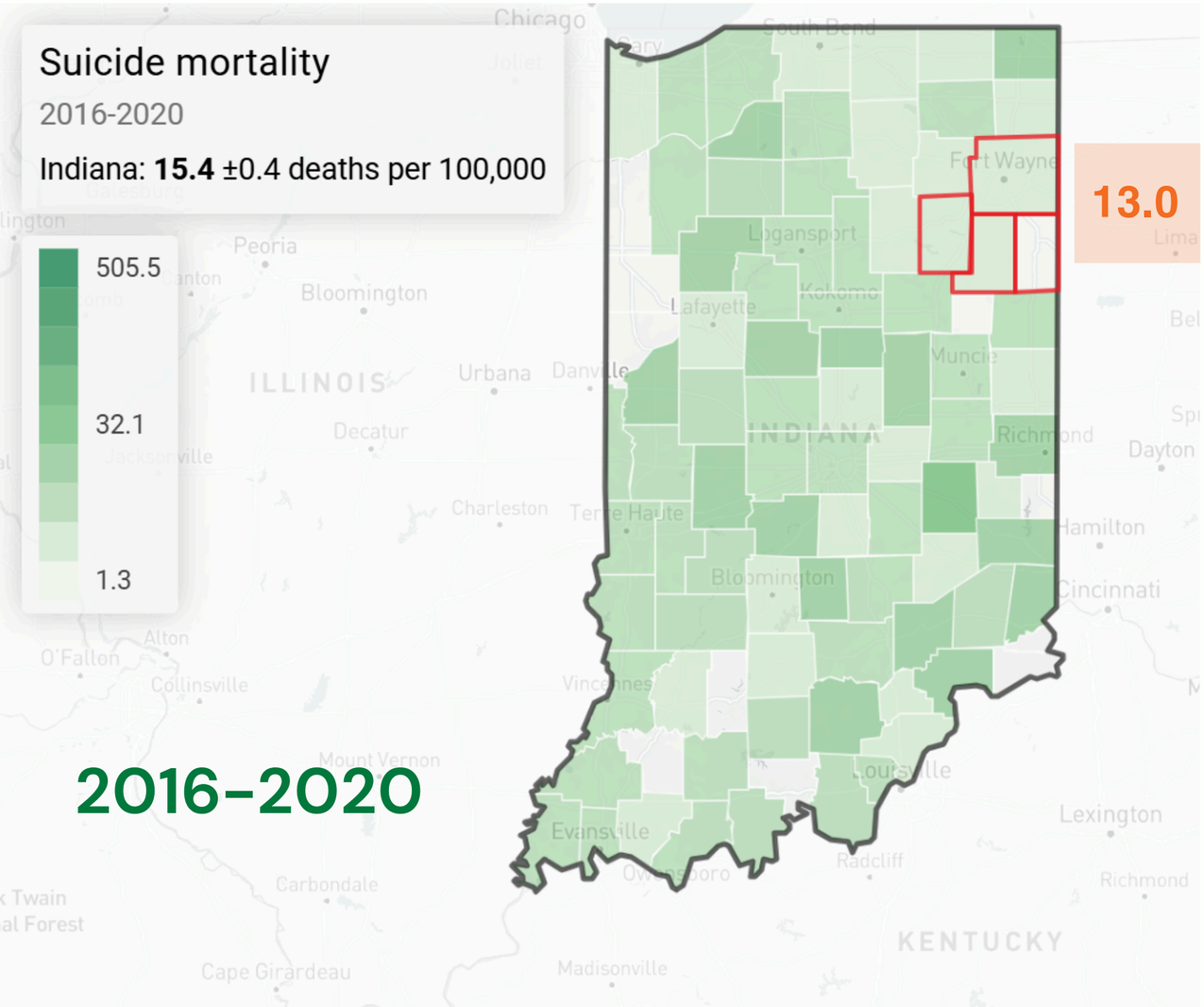
Park Center and comparison



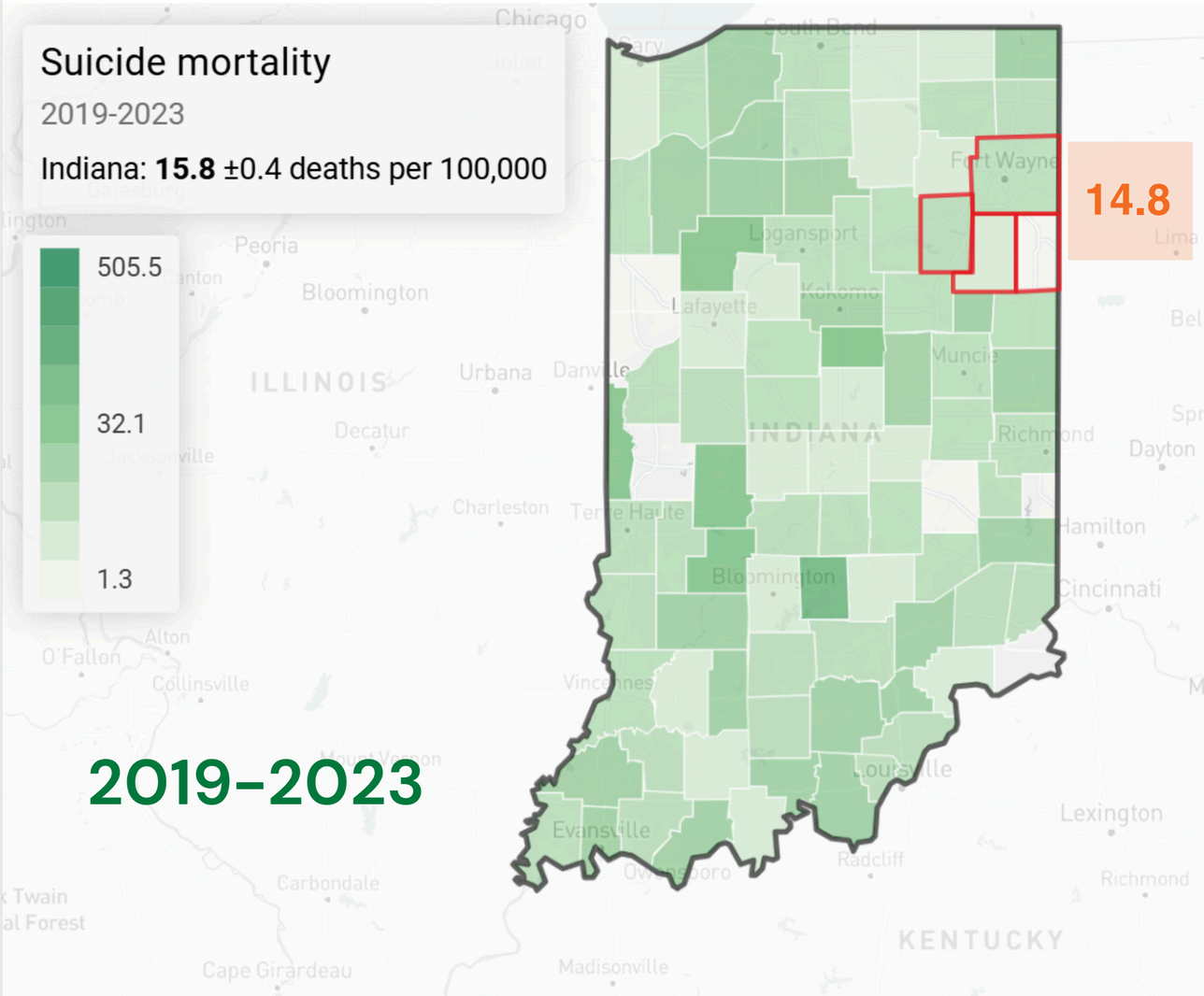
15.8

14.8

Suicide Mortality

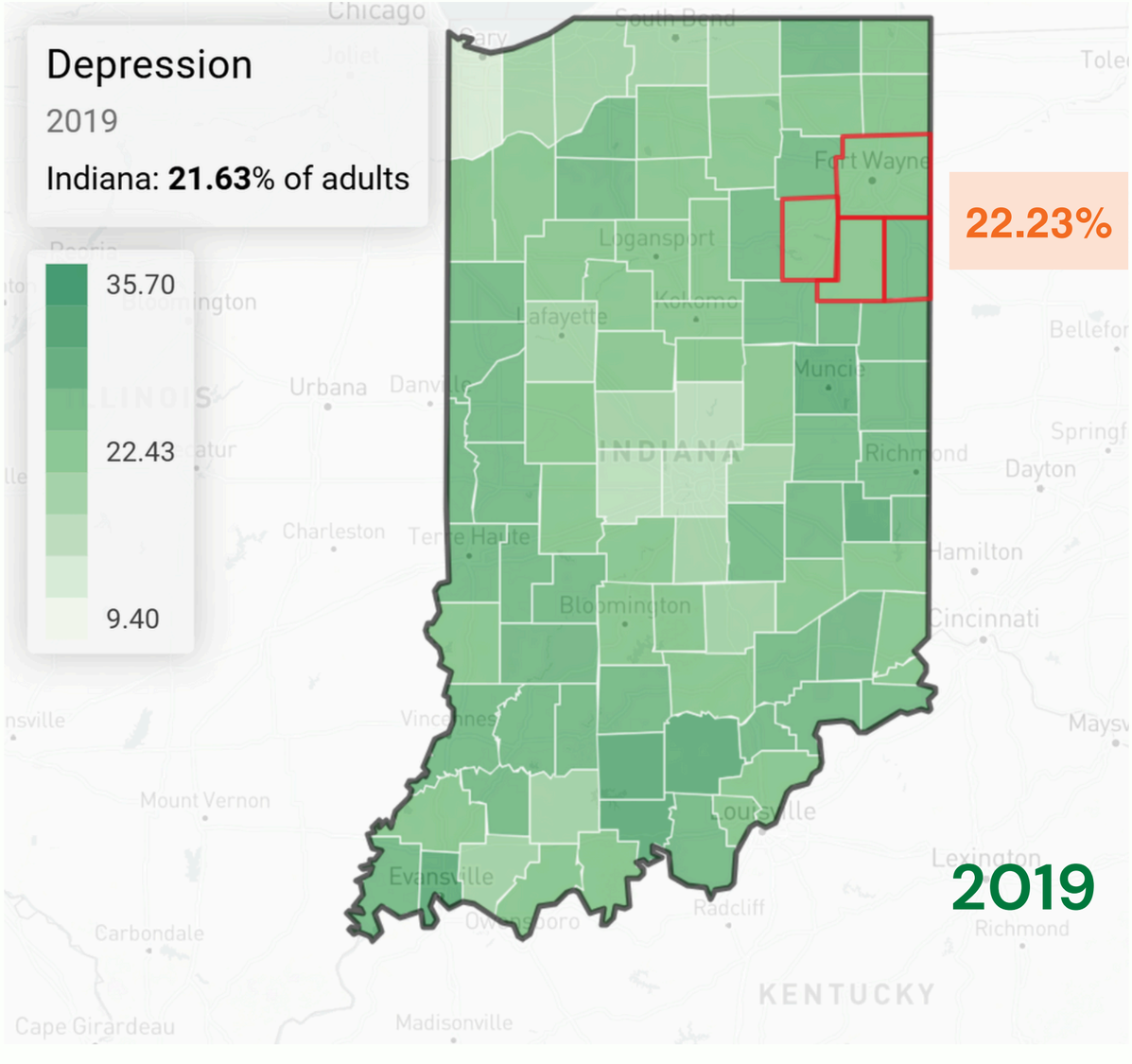


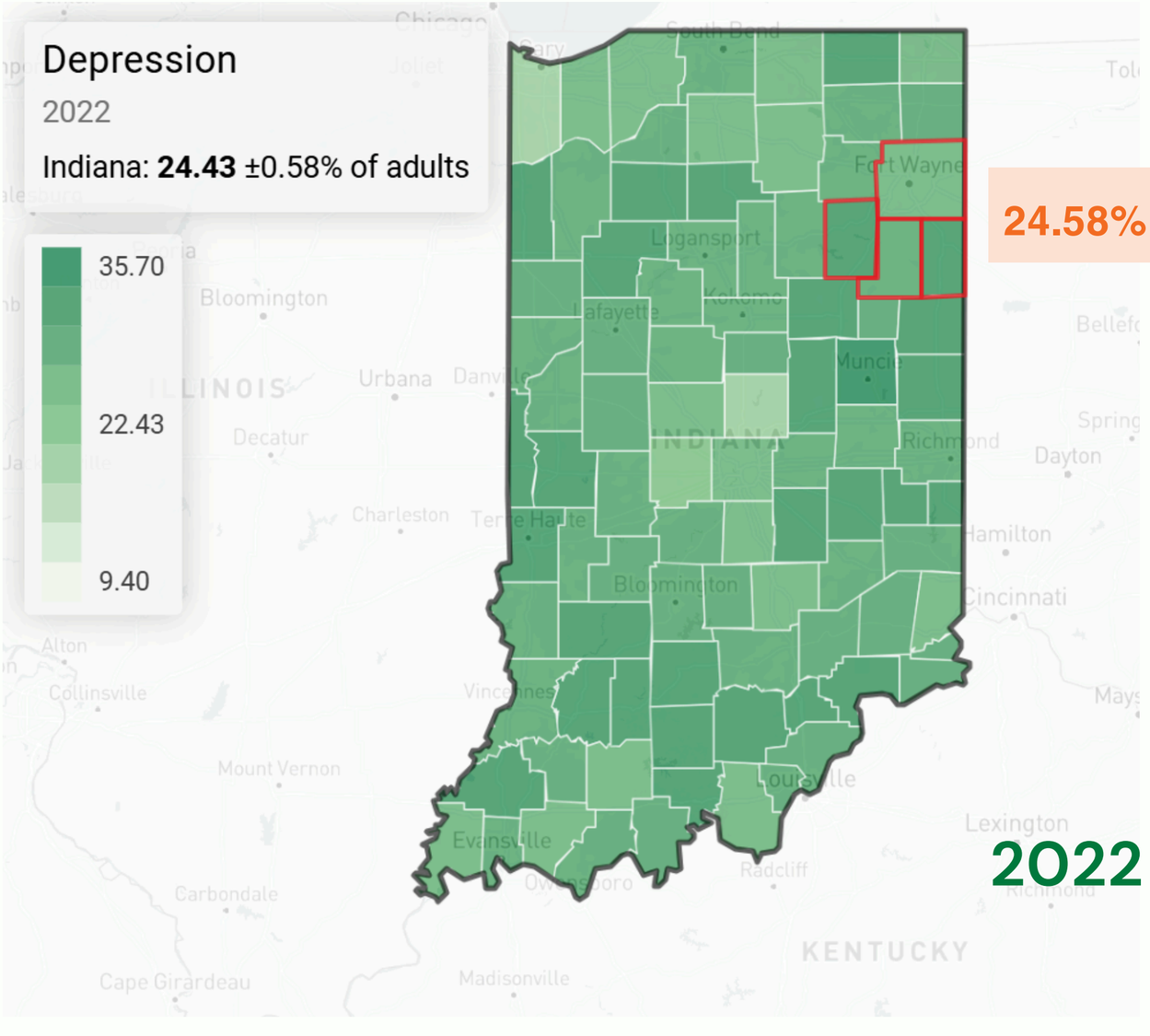
2016–2020

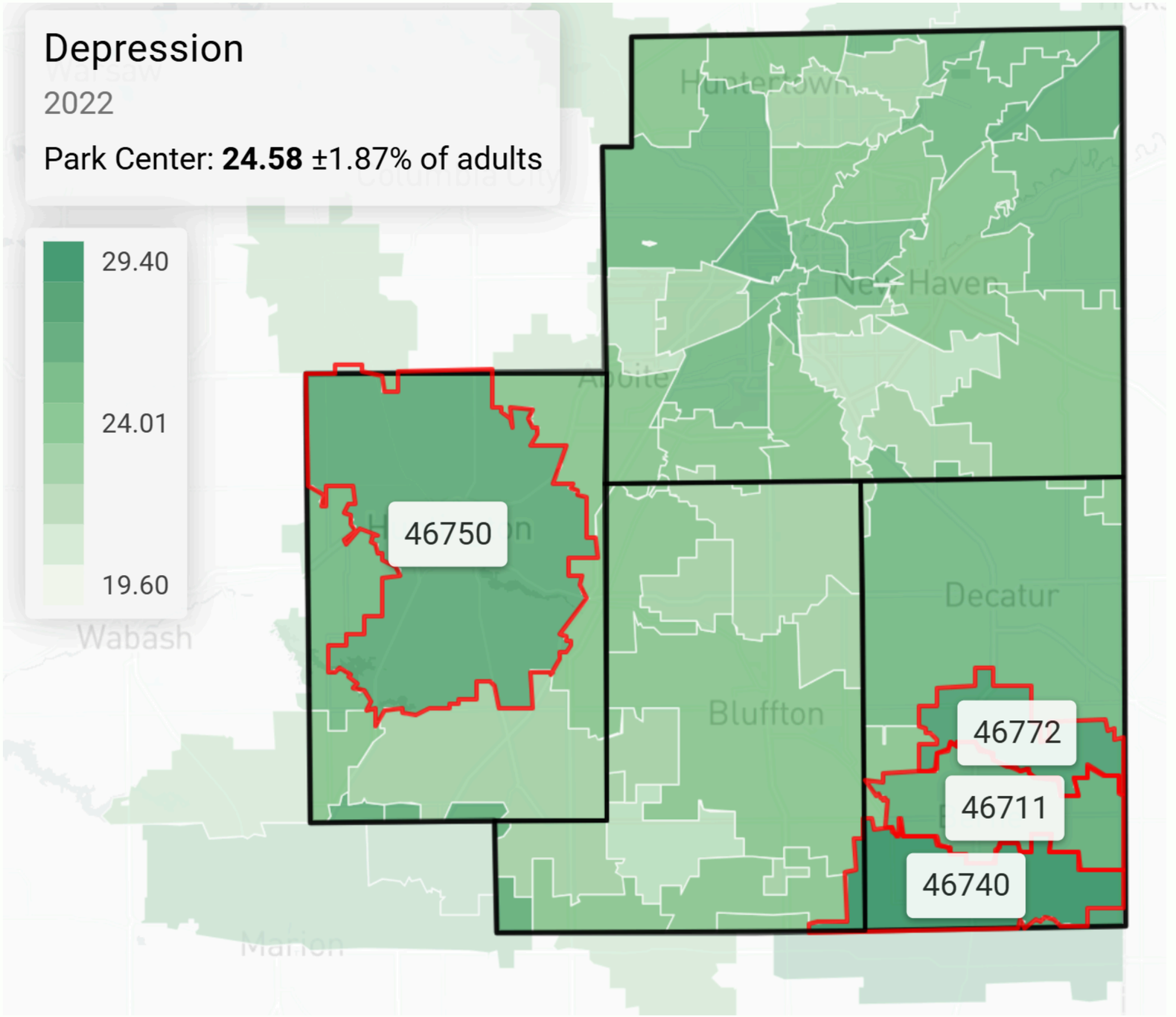


2019–2023

Depression


Depression
2019
Indiana: **21.63**% of adults
35.70
22.43
9.40
22.23%
2019


Depression
2022
Indiana: **24.43** ±0.58% of adults
35.70
22.43
9.40
24.58%
2022



46750: 26.70%

46711: 26.70%

46772: 28.10%

46740: 29.40%

CDC Youth Risk Behavior Surveillance System

Topics	Indiana		U.S.
Depression among high school students % of high school students who report that during the past 12 months, they felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities (2023)	↑	**47.0**	39.7
Suicide attempts among high school students % of high school students who report having attempted suicide at least once in the past 12 months (2023)	↑	**15.7**	9.5
Drugs in high schools % of high school students who report that in the past 12 months, someone has offered, sold, or given them an illegal drug on school property (2023)	↑	**26.5**	13.8 *(2021)*
Bullying in high schools % of high school students who report that in the last 12 months they have been bullied on school property (2023)	↑	**21.9**	19.2
Feeling unsafe in school % of high school students who said that in the past 30 days they did not go to school at least once, because they felt they would be unsafe at school or on their way to or from school (2023)	↑	12.8	12.8

Top Primary MH Diagnoses at Park Center (2024)

1. Depressive disorders (n=4,629)
2. Trauma and stress-related disorders (n=2,778)
3. Anxiety disorders (n=2,242)
4. ADHD (n=2,032)
5. Bipolar and related disorders (n=1,439)
6. Schizophrenia, schizotypal, delusional, and other non-mood psychotic disorders (n=1,165)
7. Disruptive, impulse-control and conduct disorders (n=492)
8. Behavioral syndromes associated with physiological disturbances and physical factors (n=460)
9. Pervasive and specific developmental disorders (n=261)
10. Specific personality disorder (n=165)

Key Insights from Interviews

Individuals with lived experience

Barriers to accessing care:

- **Stigma** surrounding care-seeking

Individuals manage **co-occurring** mental health disorders

Key informants & community leaders

Urgent **need for mental health services** and timely **psychiatric evaluations**, especially in **rural areas**

Summary of Community Survey Data and Local Health Statistics

Mental Health and Mental Disorders

- Various measures of mental health conditions are on the rise in the Park Center service area *(e.g., suicide mortality, depression, and poor mental health)*.
- Suicide mortality in the Park Center service area appears to be steadily increasing since 2020 based on 5-year average data.
- Zip codes of particular concern for adult depression in the Park Center service area are 46750, 46740, 46711, and 46772.

Top 5 Health Concerns

Access to Mental Health Care and Addiction Services

Housing Affordability

Insurance for Healthcare

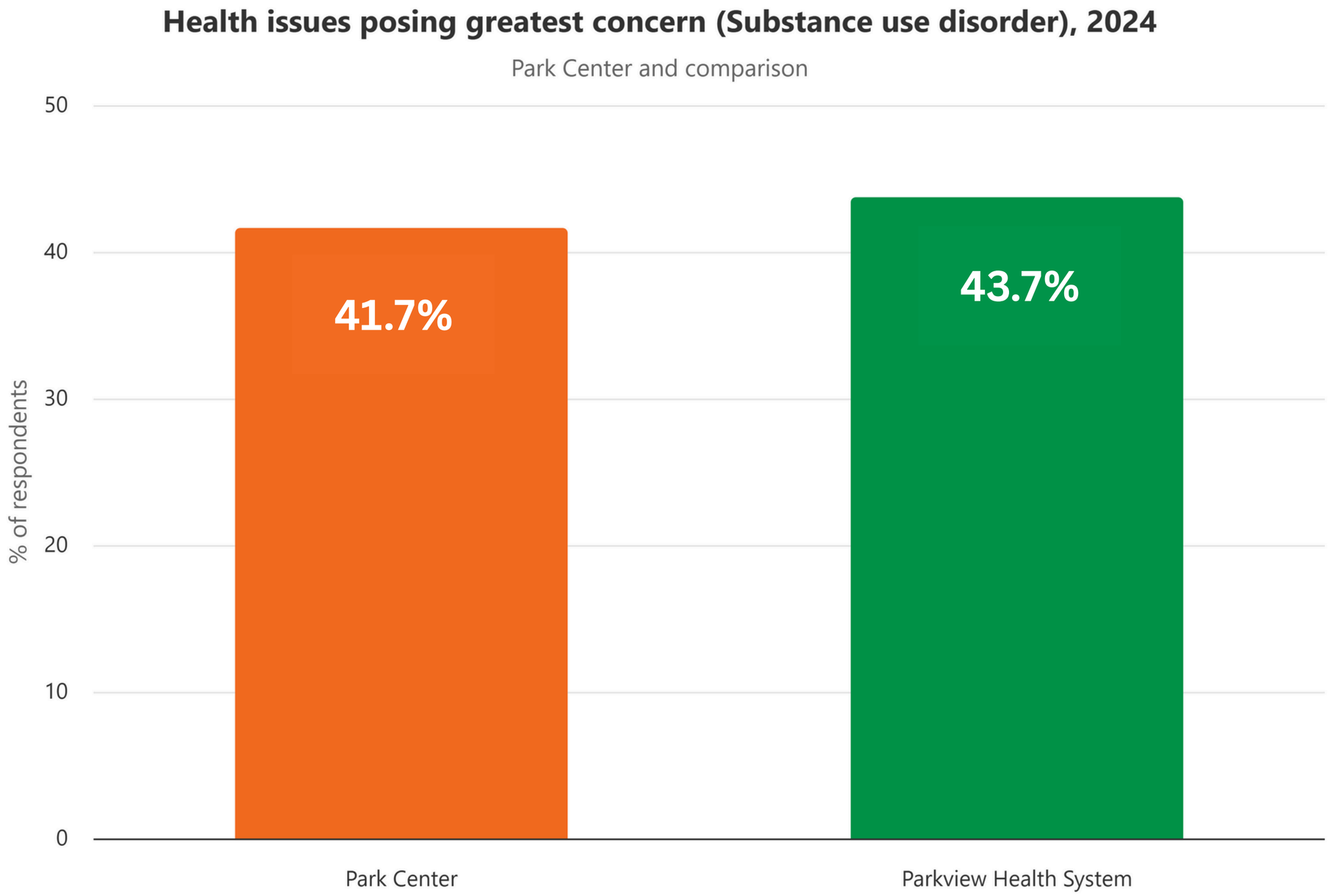
Mental Health and Mental Disorders

Substance Use Disorders

Community Survey

N=2,807

N=5,030

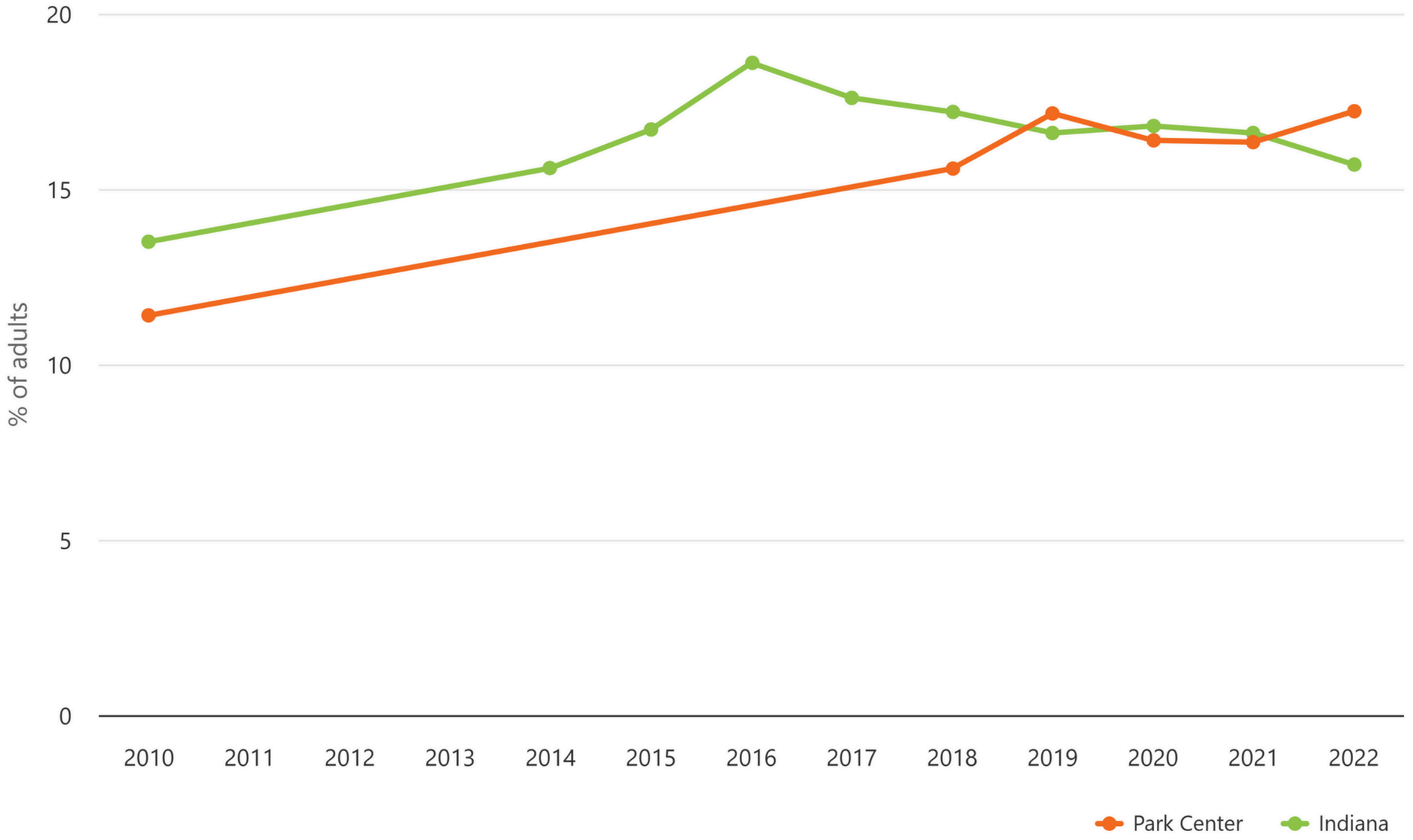


Substance Use Disorders

Topics	Park Center		Indiana
Binge drinking % of adults (2022)	↑	**17.2**	15.7
Alcohol-impaired driving deaths % of driving deaths with alcohol involvement (2017-2021)	↓	**28.9**	18.3
Drug overdose mortality deaths per 100,000 (2019-2023)	↑	29.7	36.3
Alcohol-related mortality deaths per 100,000 (2019-2023)	↑	**14.5**	13.3
Opioid dispensing rate Prescriptions per 100 people (2022)	↓	**66.8**	52.5

Binge drinking

Park Center and comparison

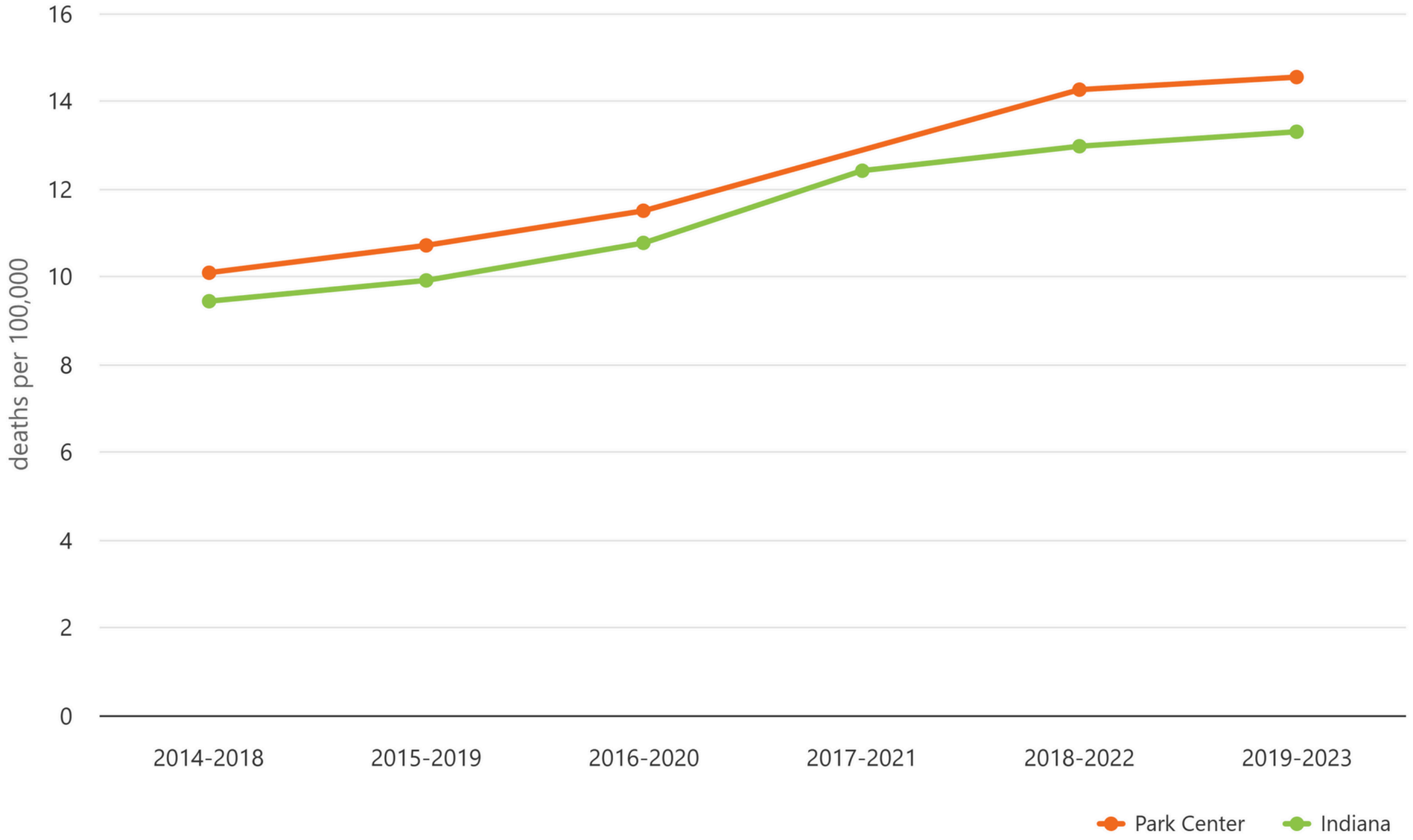


17.2%

15.7%

Alcohol-related mortality

Park Center and comparison

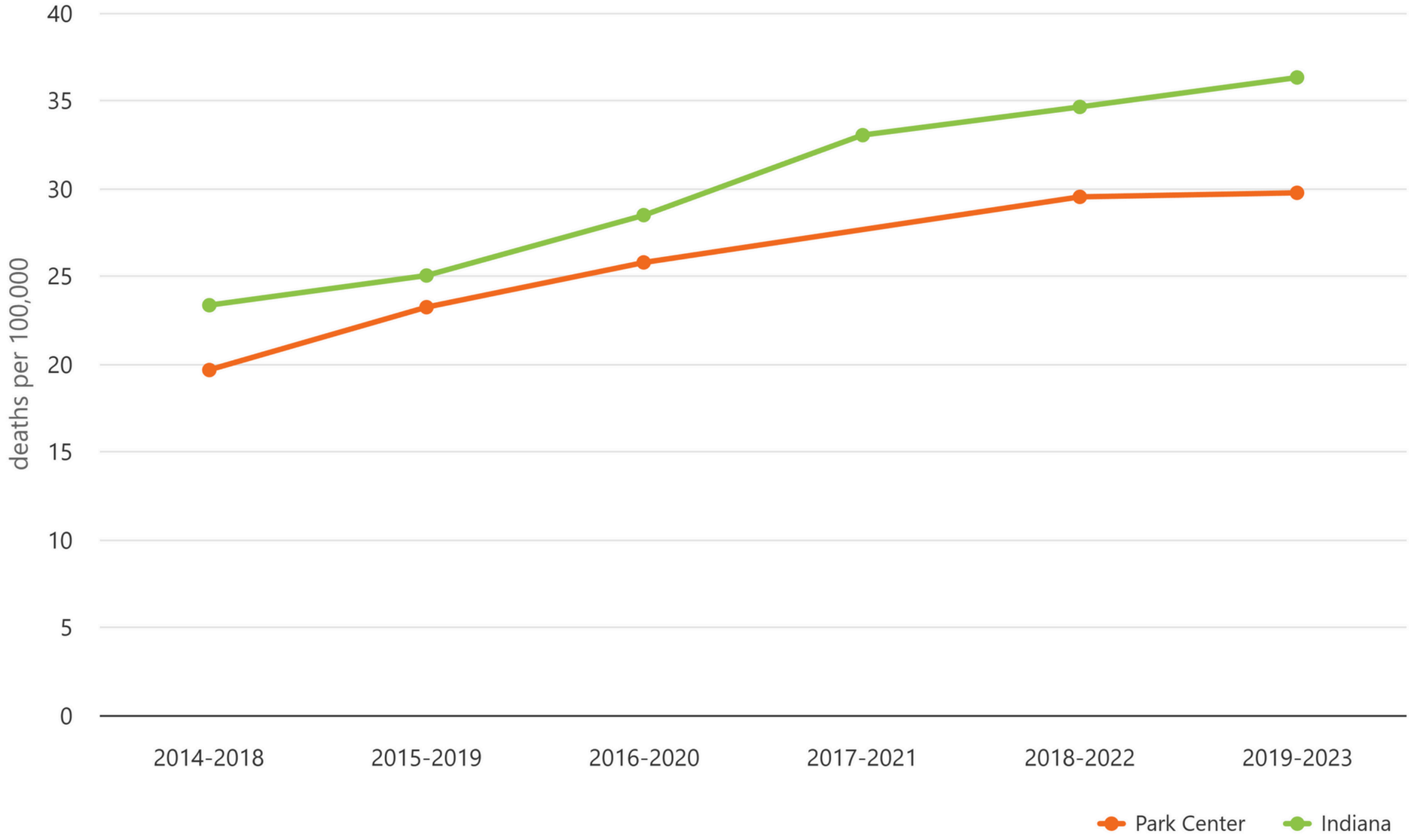


14.5

13.3

Drug overdose mortality

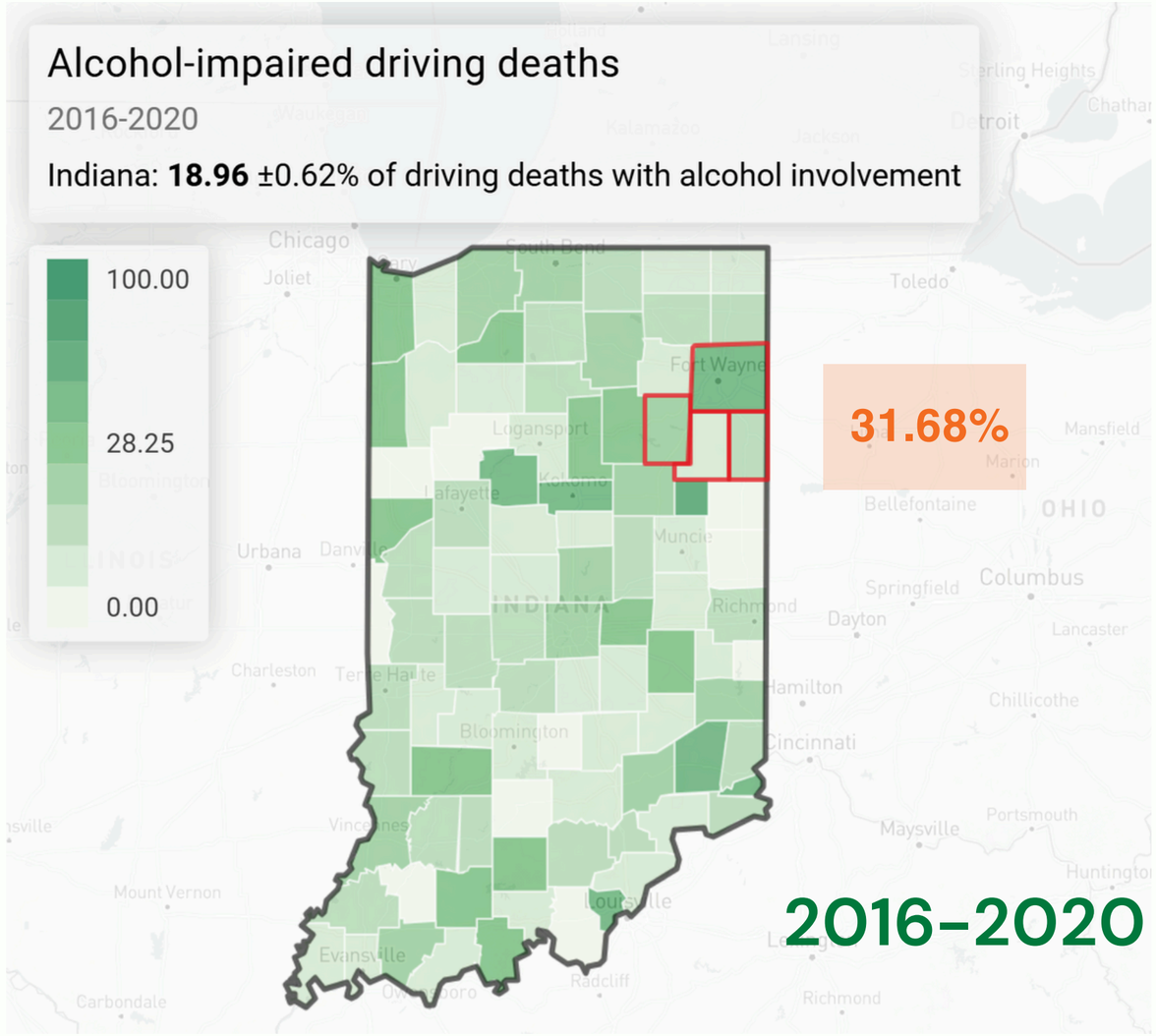
Park Center and comparison

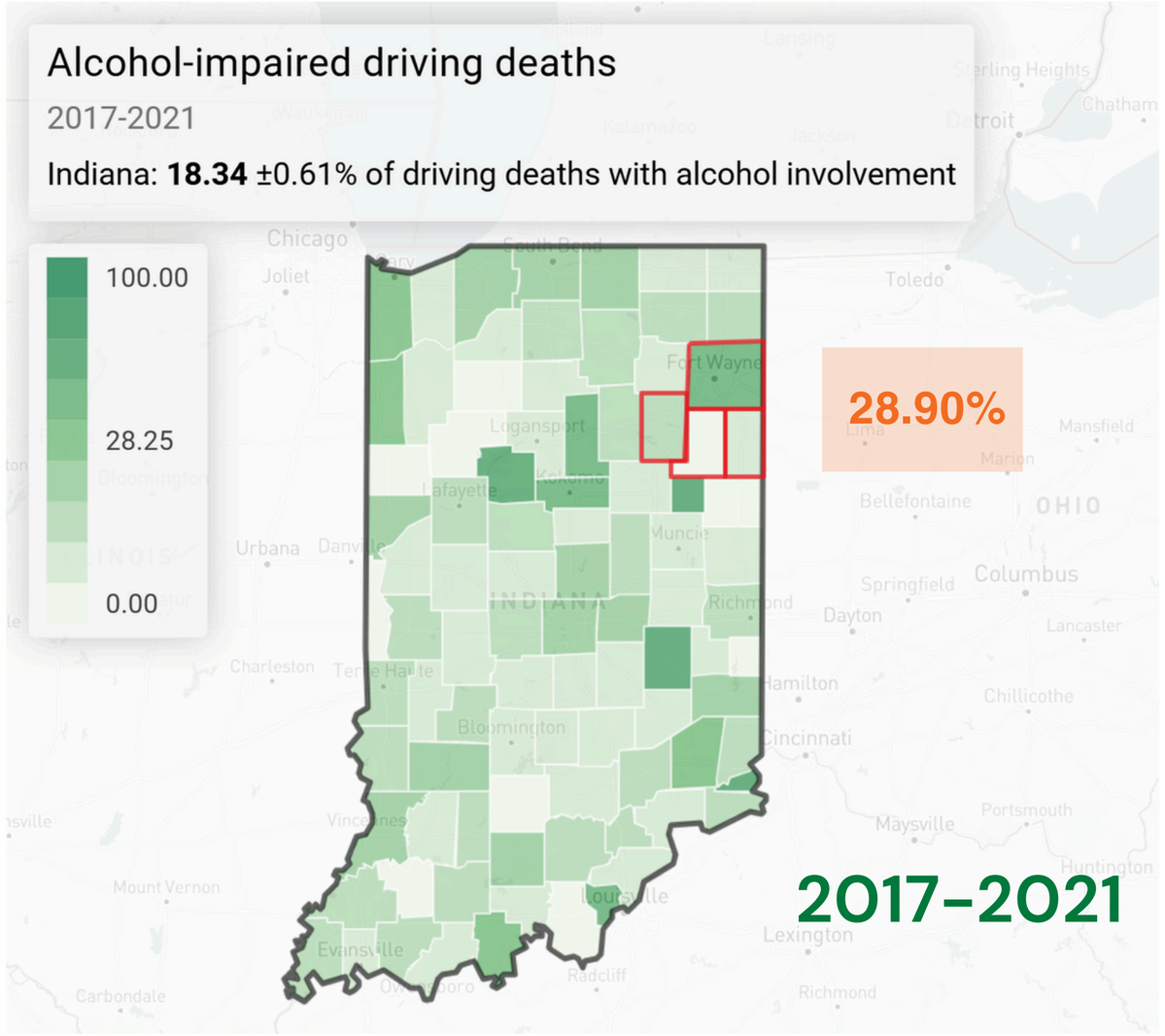


36.3

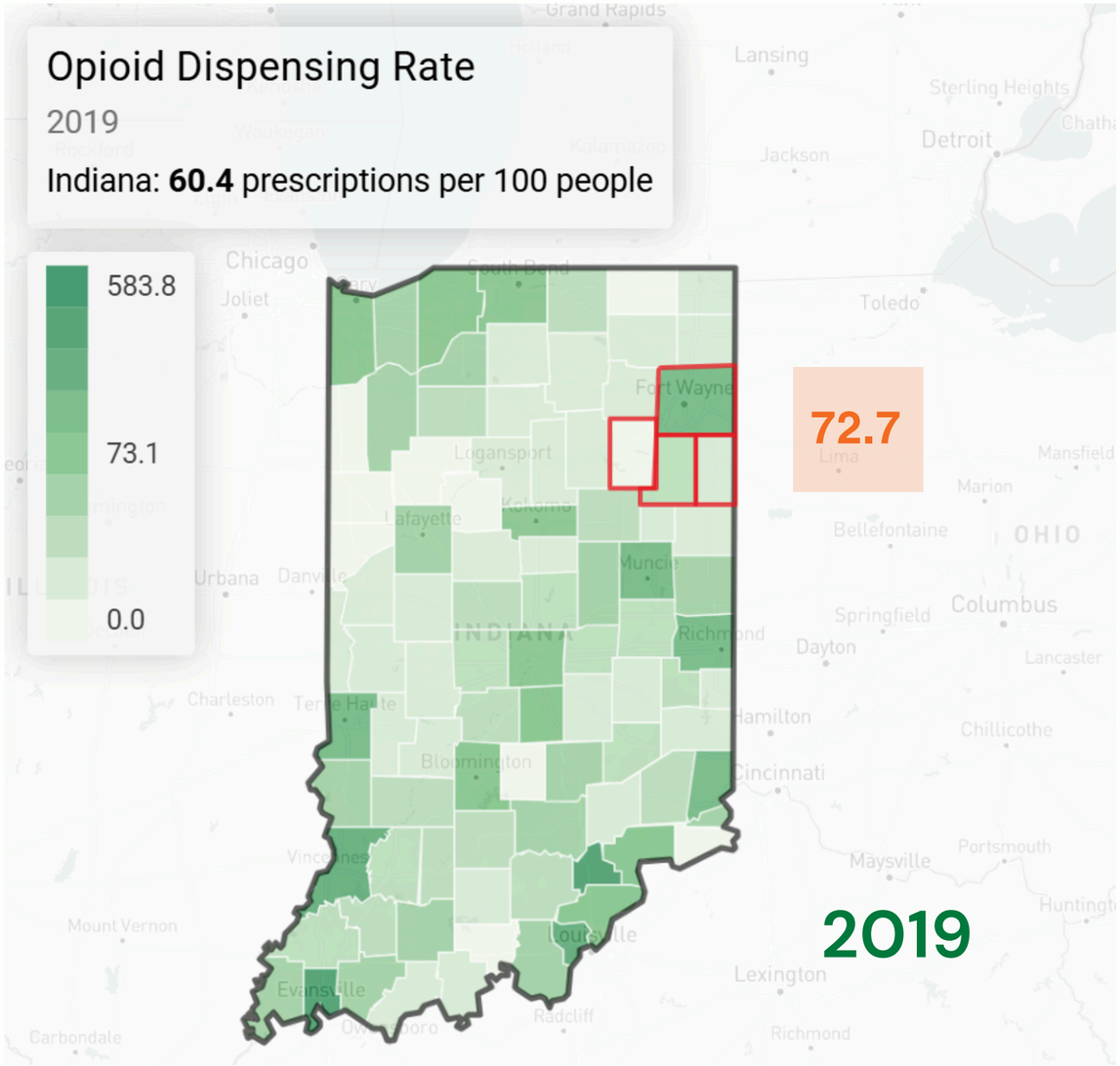
29.7

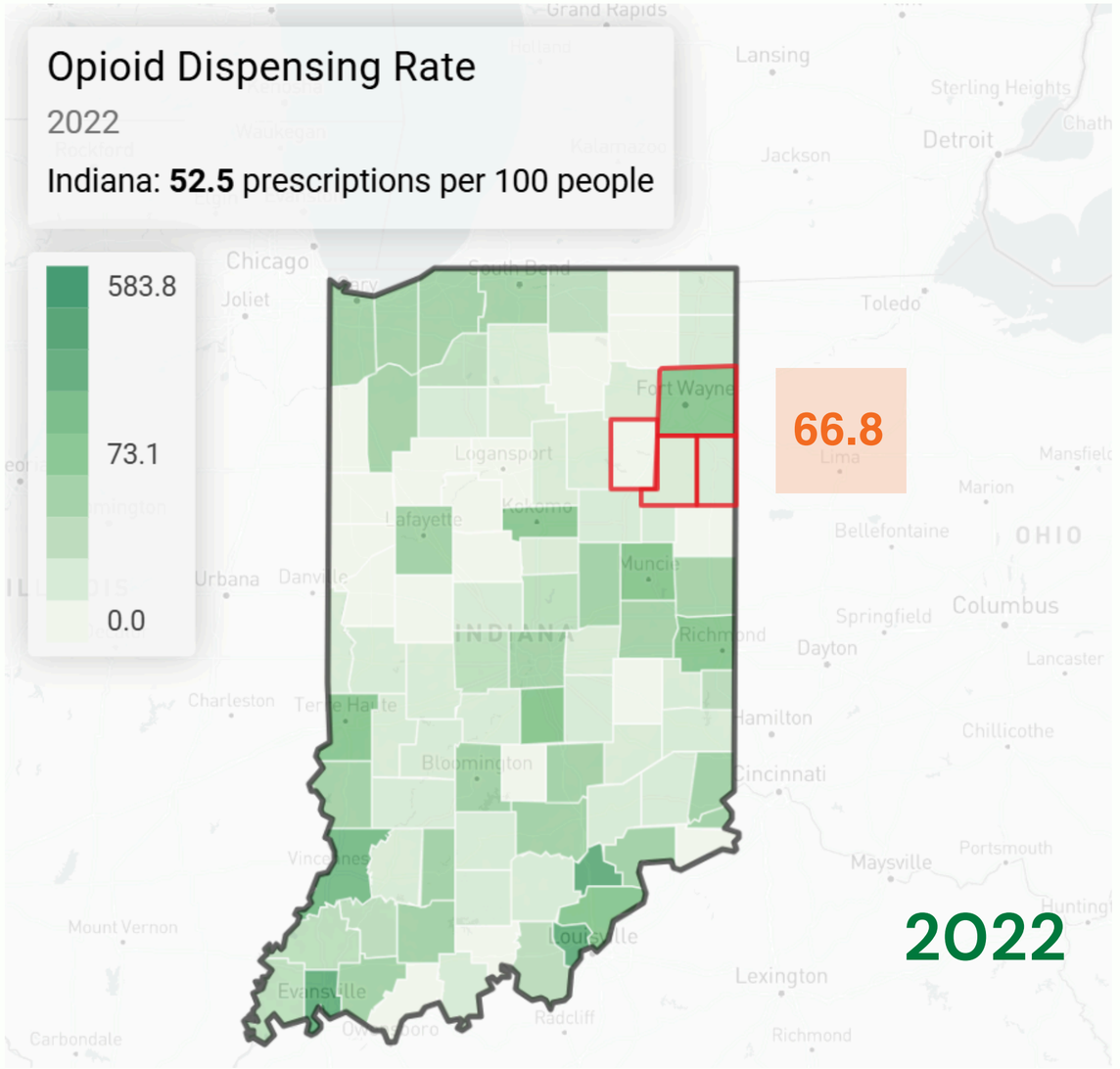
Alcohol-Impaired Driving Deaths





Opioid Dispensing Rate





Top Primary SUD Diagnoses at Park Center (2024)

1. Alcohol related disorders (n=1,001)
2. Opioid related disorders (n=999)
3. Cannabis related disorders (n=468)
4. Other stimulant related disorders (n=454)
5. Cocaine related disorders (n=142)
6. Other psychoactive substance related disorders (n=39)
7. Nicotine dependence (n=21)

Key Insights from Interviews

Individuals with lived experience

Substance use disorders were not a central theme from the individuals with lived experience interviews

Key informants & community leaders

Interconnection between mental health and substance use conditions, highlighting the **need for integrated care**

There is no reliable, established **SUD rehab center** in the area

Summary of Community Survey Data and Local Health Statistics

Substance Use Disorders

- Various measures of substance use are on the rise in the Park Center service area *(e.g., binge drinking, drug overdose mortality, and alcohol-related mortality)*.
- Alcohol-related mortality and drug overdose mortality in the Park Center service area appear to be steadily increasing since 2020 based on 5-year average data.
- Despite a decrease in the opioid dispensing rate, the rate for the Park Center service area is greater than the rate for Indiana.

PARKVIEW HEALTH

FINAL THOUGHTS

Conclusion and Appreciation to Our Stakeholders

- 10-minute break
- Choose breakout room for discussion
  - Breakout group #1 - Access to Care
  - Breakout group #2 - Social Needs
  - Breakout group #3 - Top Priority Selected