

Parkview Community Health Needs Assessment

Prioritization Session &
Community Forum



March 25, 2025



Many thanks to all who partnered with us to ensure a successful and meaningful CHNA!

Objectives of the Community Health Needs Assessment

- As a not-for-profit hospital system, Parkview Health is responsible for conducting a CHNA every 3 years for each community served by a Parkview Hospital. The last CHNA was completed in 2022.
- Data from the CHNA is used to identify priority health needs in the communities we serve and is integral to Parkview's community health improvement strategies and investments.

2022 Allen County Priorities



Mental Health

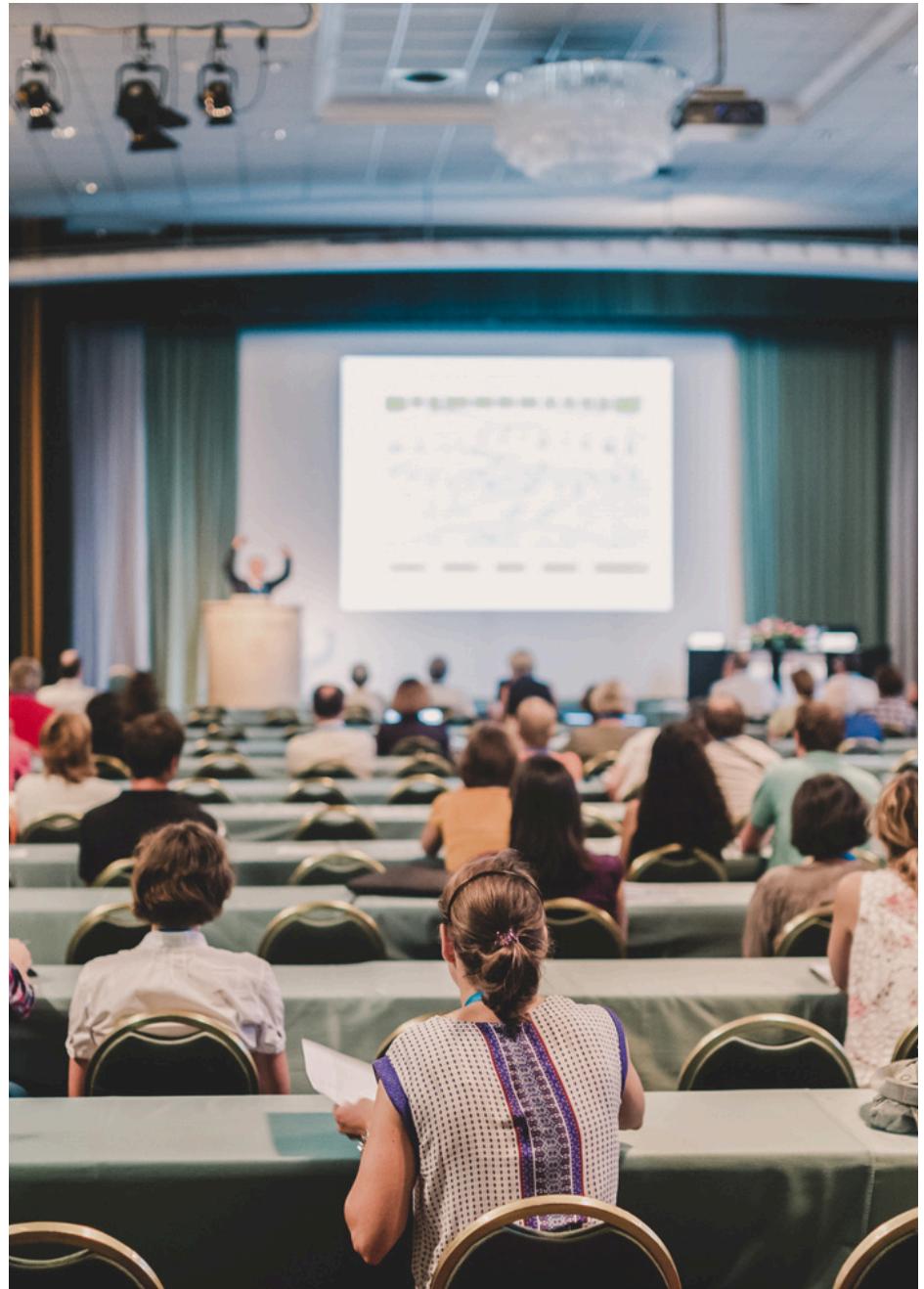


Maternal & Child Health



Obesity

Agenda



- 1** Overview of the 2025 CHNA
- 2** Data trends related to the top 5 identified health needs
- 3** Prioritization of top 2-3 health needs
- 4** Breakout discussions on health concerns, social needs and access to care in your community

Prioritization Session Agenda (60 minutes)

Introductions / Review of Meeting Goals



Presentation of CHNA Results



- Overview of CHNA process & scoring of health priorities
- Results of evidence-based prioritization
- Review of the **DATA TRENDS** related to top health indicators

Prioritization Voting



- Voting & discussion to rank order top health priorities
- Chatham House Rule to promote open sharing / productive dialogue
 - Provide **1 pro - 1 con - 1 con - 1 pro** for each health priority being considered before moving to the next one



Community Forums (60 minutes)

Led by moderator with focused prompts & a note taker



Aims



- Provide context for community needs
- What assets are in place or needed to address the needs
- Bring community together around top health concerns

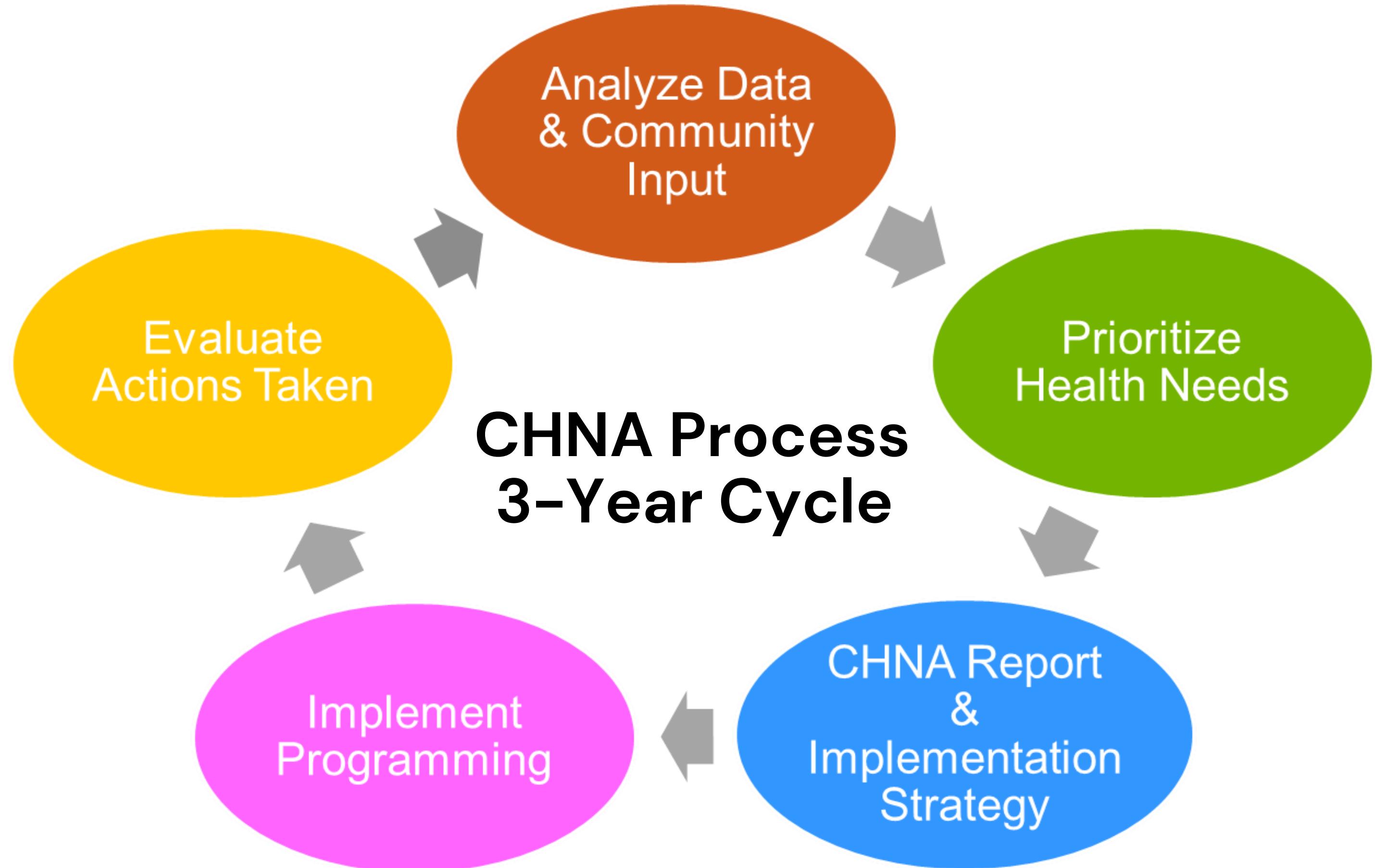
Breakout groups
(8-10 participants/group)



- Breakout group #1 - access to care
- Breakout group #2 - social needs
- Breakout group #3 - top health concern(s) for your county
- *Breakout group #4 (optional) - any of the above group topics*



CHNA Process 3-Year Cycle



CHNA Timeline

NEW!
AUG-SEP 2024
Discovery
Meetings

SEPT-NOV '24

Primary Data Collection

- Community Surveys
- Key Informant Surveys

DEC '24 - FEB '25

Secondary Data Collection

- Metopio Software

Analysis of primary/secondary data

JUN-AUG '25

June: Collect Parkview CHI 3-year impact report from each county

August: Parkview Health System-wide CHI Strategy Session

MAR-MAY '25

County Level Prioritization Sessions

- rank top health priority

County Level Forums

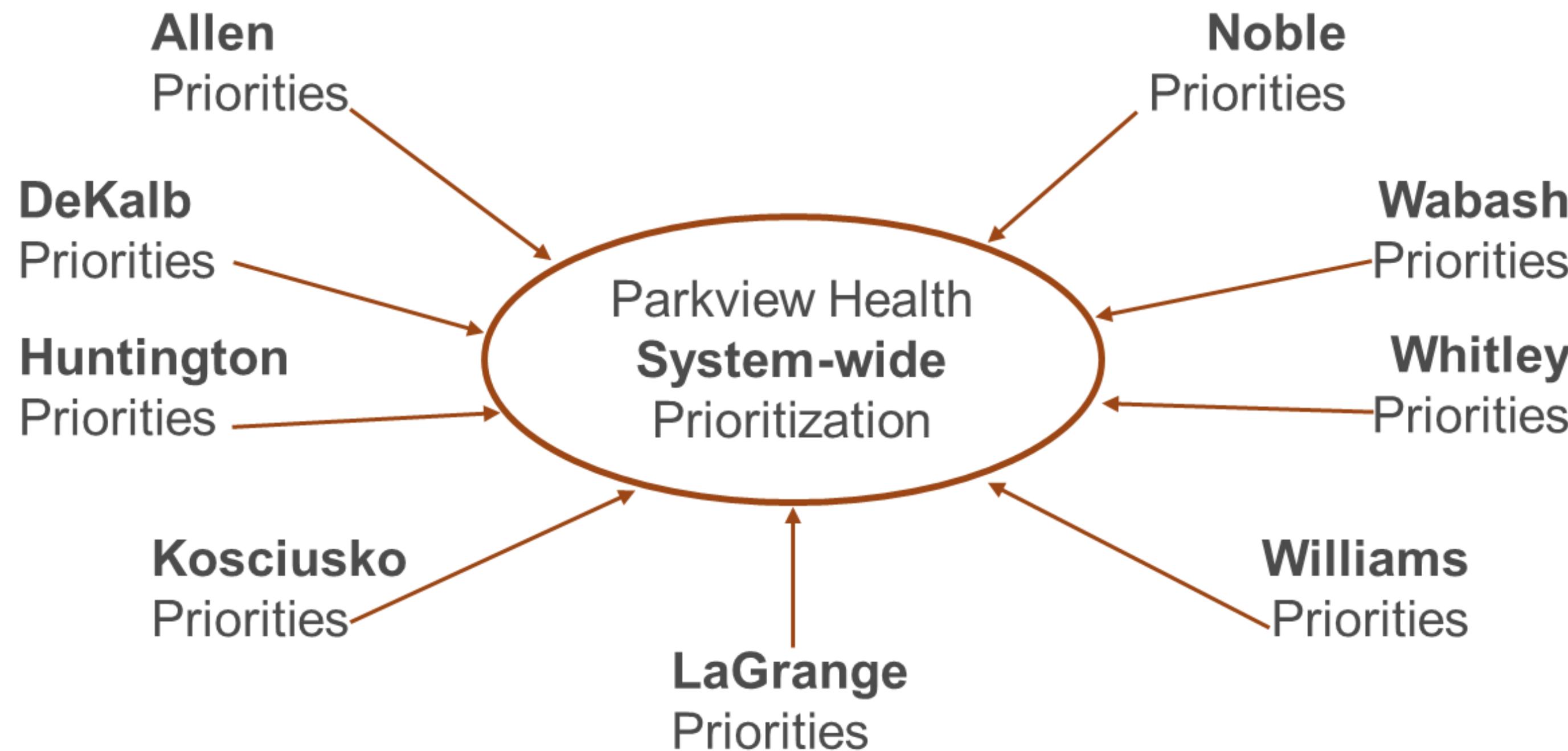
- qualitative data collection

SEPT-NOV '25

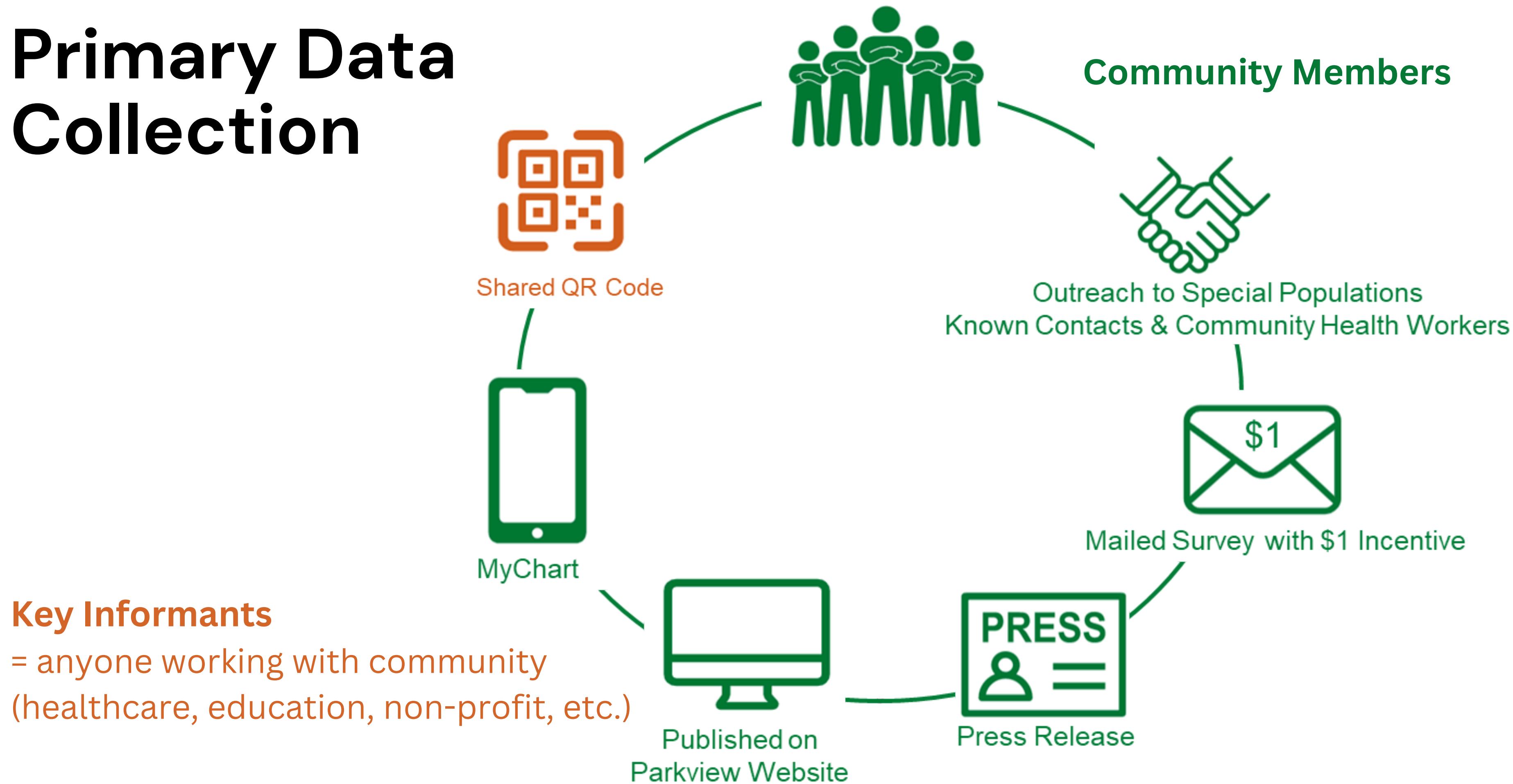
September: Reports for each county finalized

Oct-Nov: Each county Hospital seeks board approval for their report

Selection of a single shared health priority for Parkview Health



Primary Data Collection



30+ Community Events/Outreach





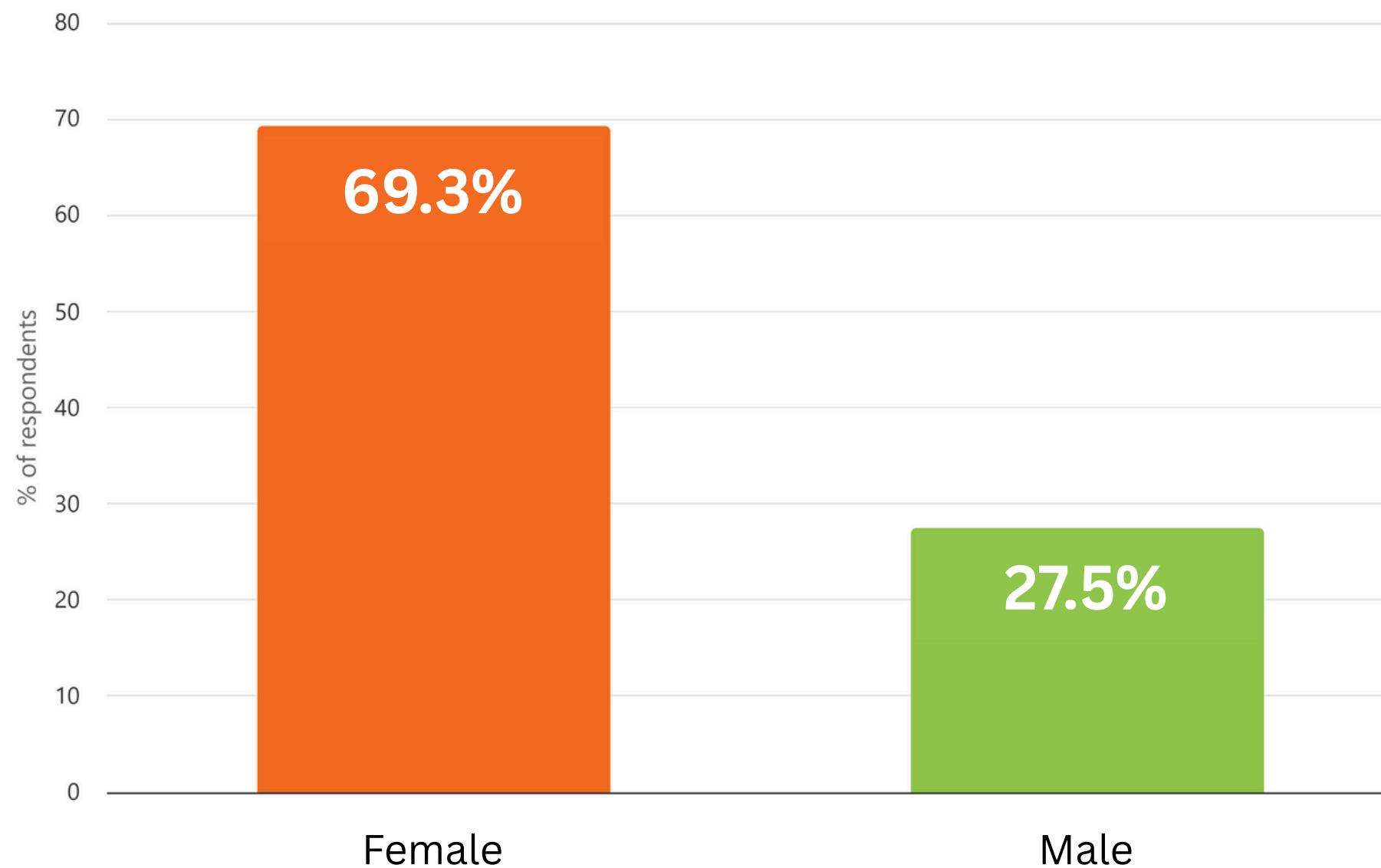
County	Community	Key Informant
Adams	244	52
Allen	2015	242
Dekalb	287	70
Huntington	348	100
Kosciusko	331	70
LaGrange	406	111
Noble	350	51
Wabash	249	69
Wells	200	52
Whitley	329	56
Williams	271	87
Total	5030	960

Targets per county
 Community: 200
 Key Informant: 50

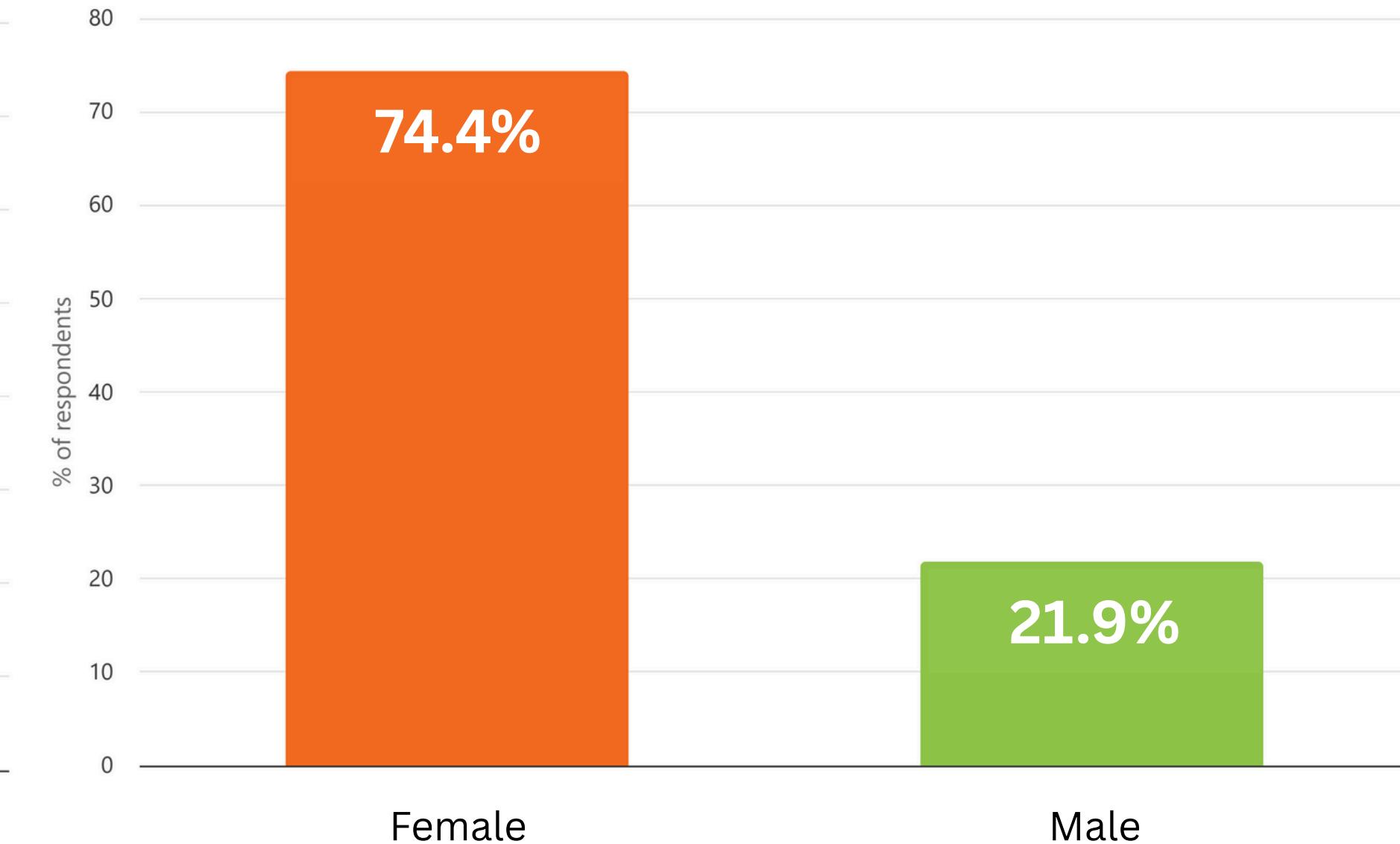


CHNA Surveys: Gender of respondents in Allen County

Community Survey N=2,015



Key Informant Survey N=242

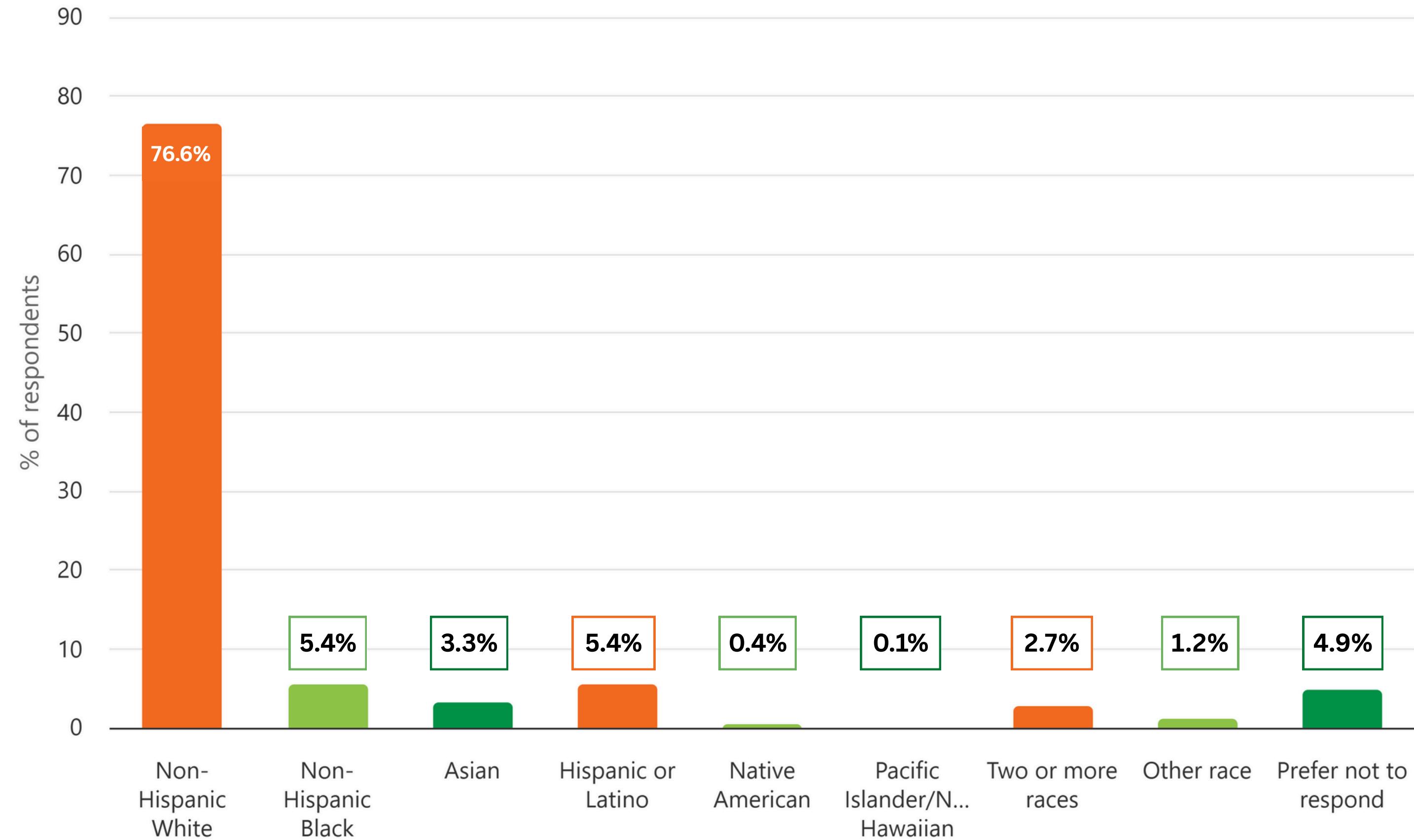


3.2% did not respond on the survey or identified as other gender.

3.7% did not respond on the survey or identified as other gender.

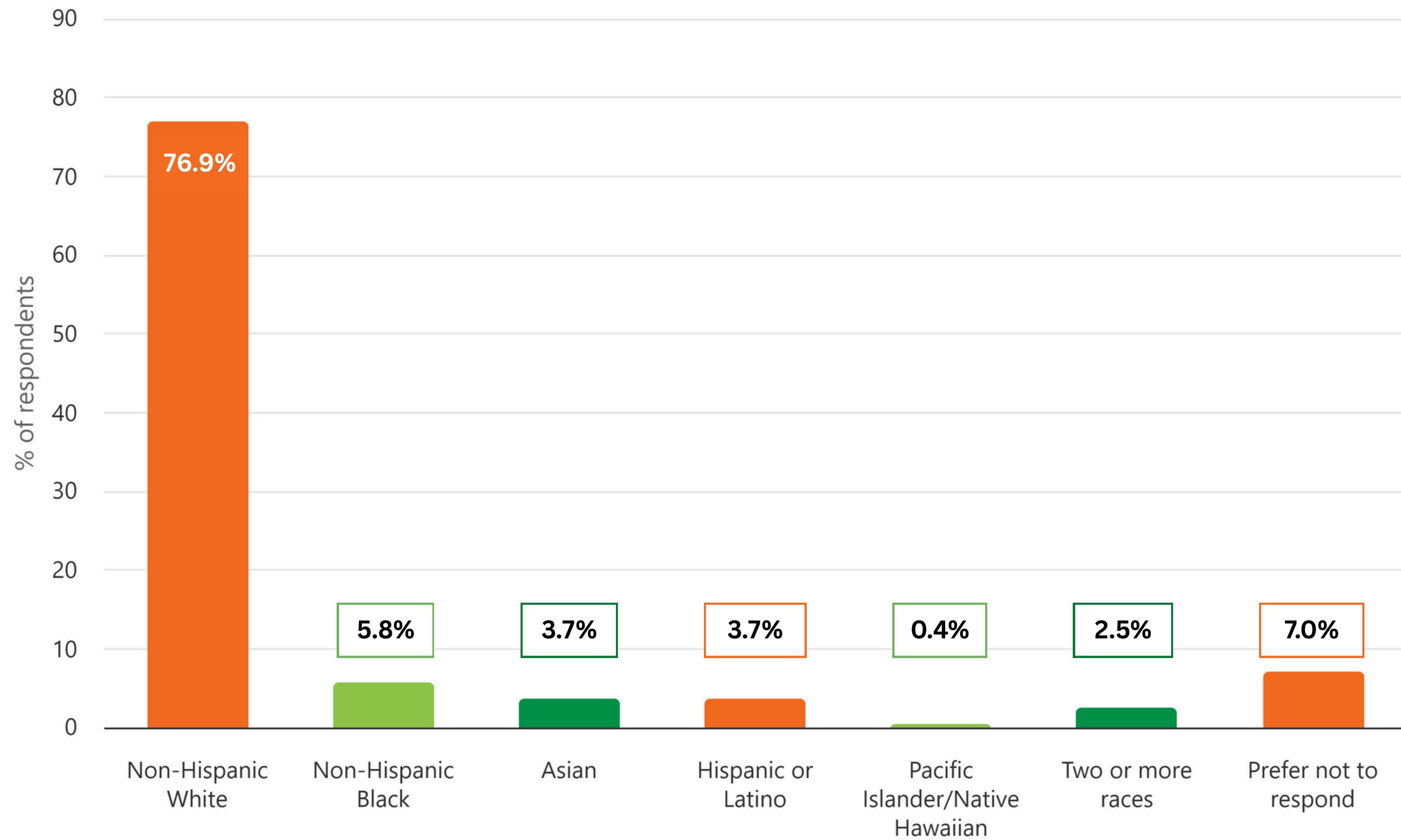
Community Survey: Race/ethnicity of respondents in Allen County

N=2,015



Key Informant Survey: Race/ethnicity of respondents in Allen County

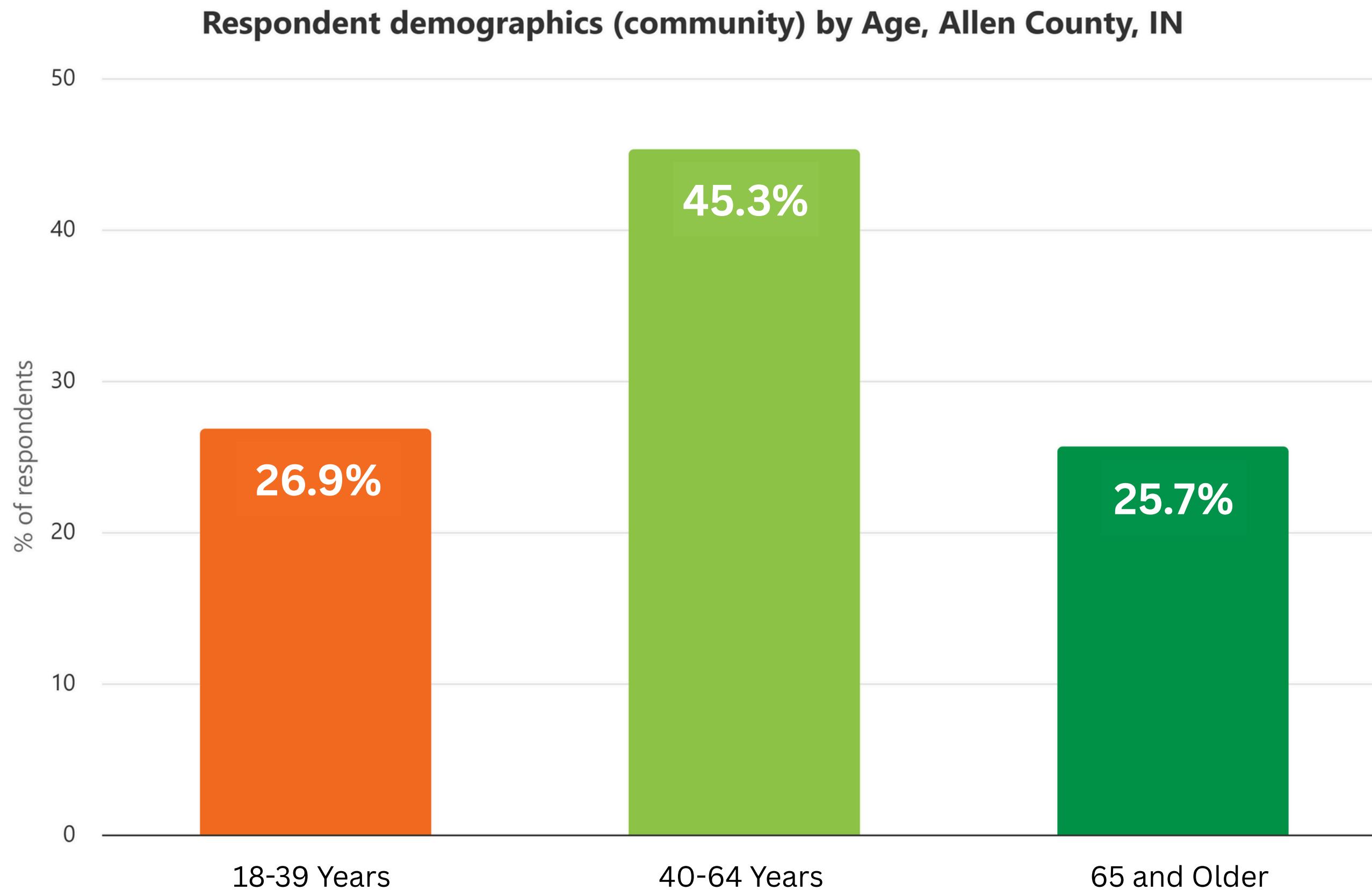
N=242



Community Survey: Age of respondents in Allen County

N=2,015

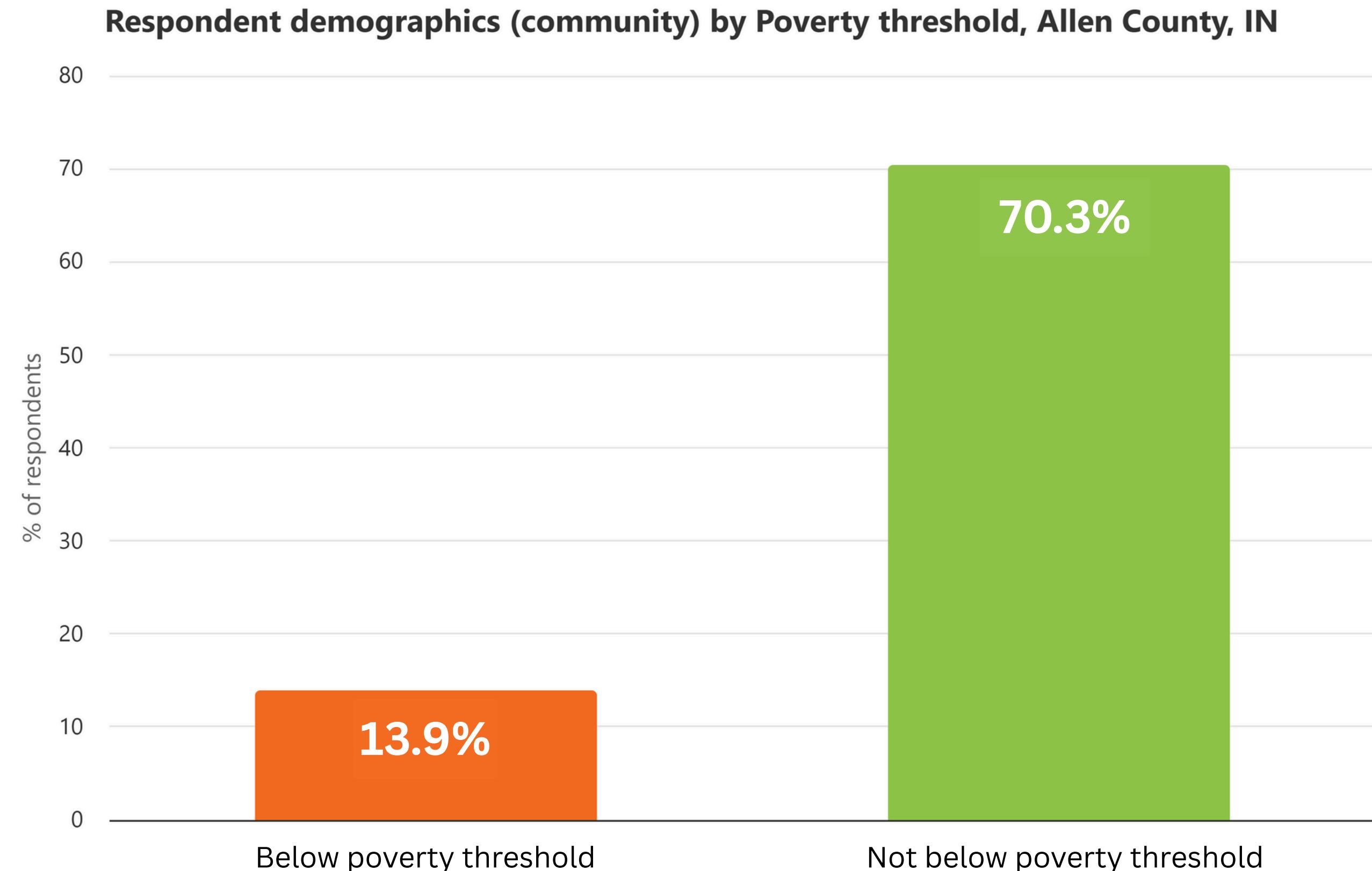
2.1% were blank, did not respond on the survey.



Community Survey: Poverty Threshold

N=2,015

15.8% were blank, did not respond on the survey or poverty threshold could not be determined.



Secondary Data Collection

Where is diabetes exacerbated by food insecurity? ⚙

Diagnosed diabetes ⓘ

2019

Logan County, KY: 12.3% of adults



CDC Centers for Disease Control and Prevention
CDC 24/7: Saving Lives, Protecting People™

PLACES: Local Data for Better Health



300 mi

Community Data

- Data for **Allen County** can be explored on our new **Parkview Health Community Data Hub!**
- Use this data to learn about your community, from census tracts to counties across the Parkview Health System.

Parkview Health
Community Data Hub

QUICK START

Select both a place and a topic to launch a map or chart.



<https://parkview.metop.io>

A note on secondary data



You may notice that some of the numbers presented differ from what was seen in earlier presentations. Why?

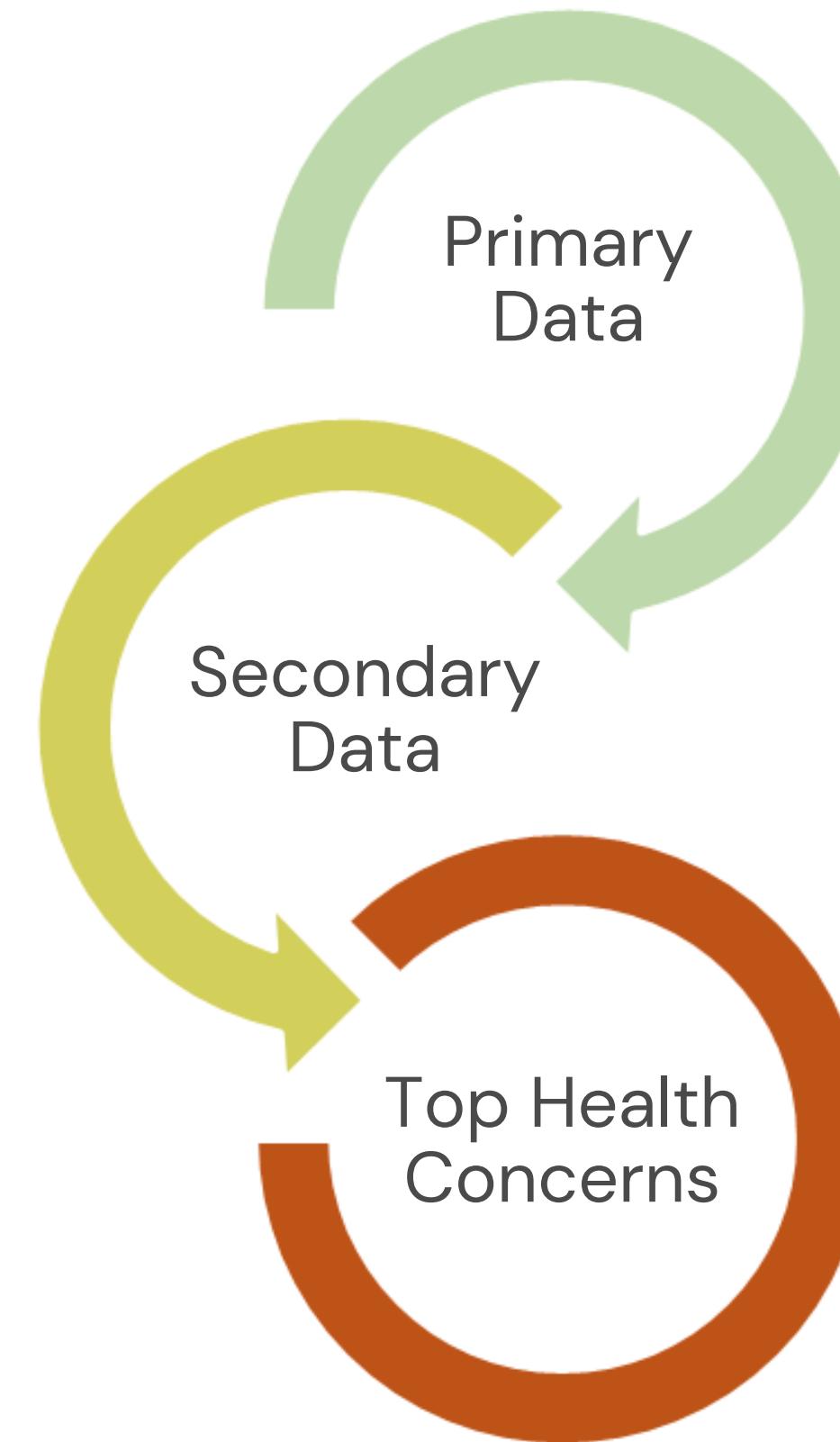
- Public health data are not static. Agencies like the CDC continue to receive new reports, verify information and improve analytic methods even after data are first published.
- When this happens, previously reported numbers may be updated.
- These updates are normal and reflect stronger, more complete information.
- Updates usually **do not** change the actual severity of public health issues.

Data Analysis

Primary data =

Community Surveys +
Key Informant Surveys +
Interviews

5 Top Health Concerns =
algorithm applied to
primary & secondary data +
pre-session voting



Secondary data =

Community level health
data collected by other
organizations

Top 7 Identified Health Concerns in Allen County

Health Concern	Score
Affordable and healthy food	3.5
Diabetes	3
Mental Health and Mental Disorders	3
Obesity	3
Access to mental health care and addiction services	3
Housing affordability	3
Insurance for health care	3

- Scores are based on algorithm applied to results from community survey, key informant survey, and secondary data
- Higher scores indicate greater need
- Pre-session voting took place to identify top 5 health concerns

Top 5 Health Concerns



Access to Mental Health Care
and Addiction Services



Insurance for
Healthcare



Housing
Affordability



Affordable and
Healthy Food



Mental Health and
Mental Disorders

Top 5 Health Concerns



Access to Mental Health Care
and Addiction Services



Insurance for
Healthcare



Housing
Affordability



Affordable and
Healthy Food



Mental Health and
Mental Disorders

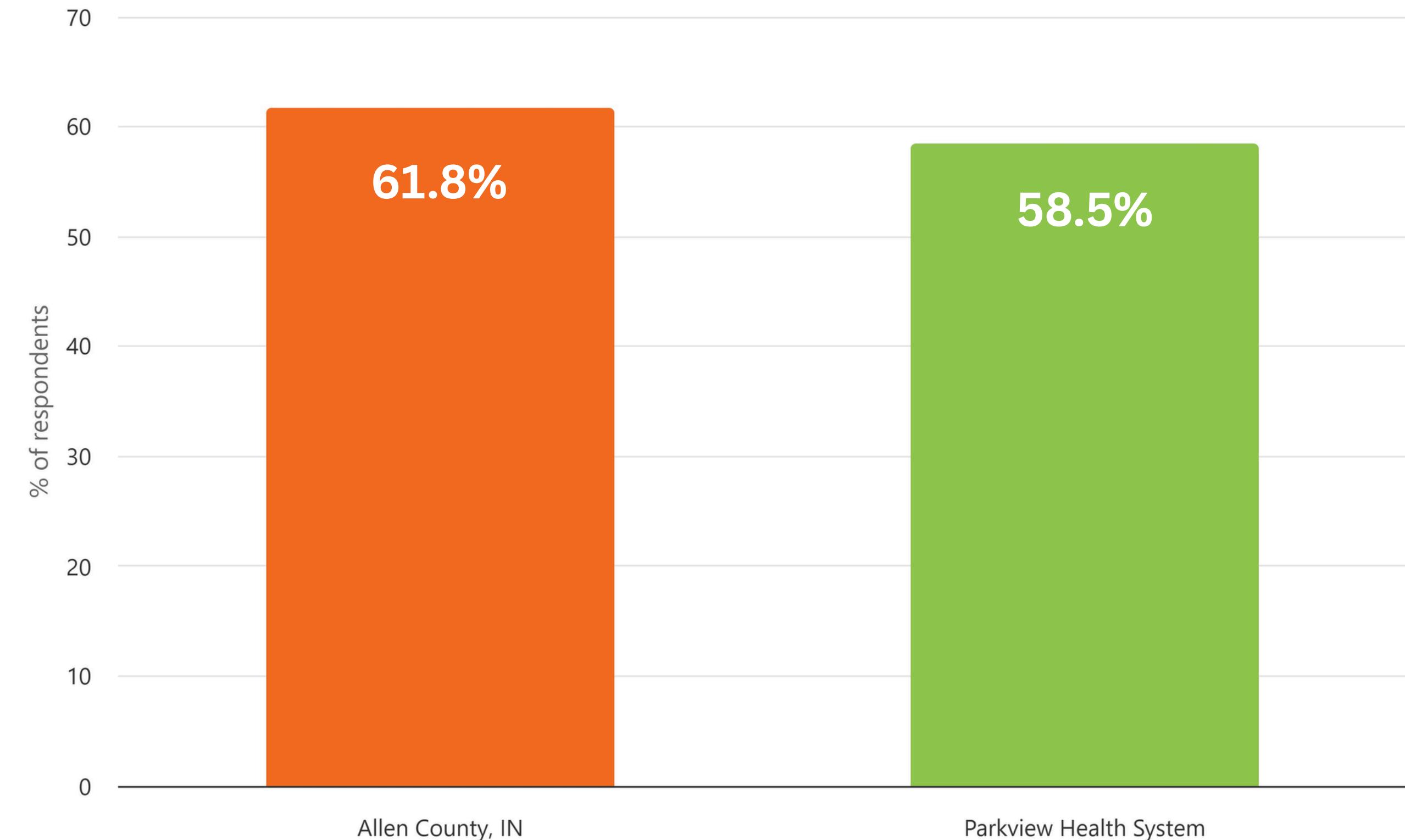
Community Survey

N=2,015

N=5,030

Represents the % of survey respondents where *Access to Mental Health Care and Addiction Services* was in their Top 5 concerns.

Issues that affect quality of life (Access to mental health care), 2024
Allen County, IN and comparison

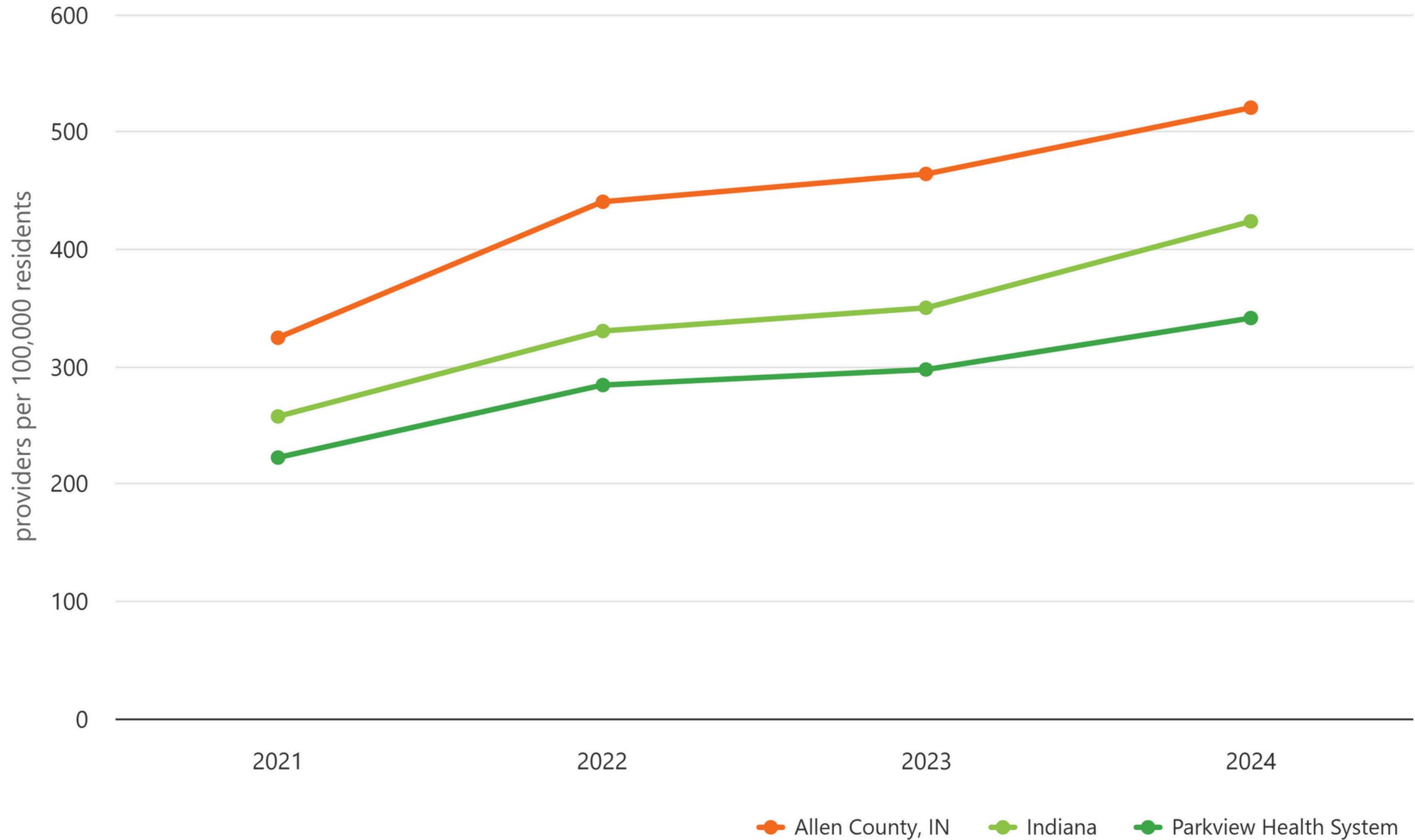


Access to Mental Health & Addiction Services

Topics		Allen	Parkview	Indiana
Mental health providers per capita providers per 100,000 residents (2024)	↑	520.6	341.3	423.7
Psychiatry physicians per capita physicians per 100,000 residents (2024)	↑	<u>14</u>	8	16
Mental health care provider shortage full-time equivalents (2024)	–	10.9	100.3	835.5
Opioid treatment providers per capita providers per 100,000 residents (2024)	–	15.5	10.2	12.6
Mental health treatment facilities per capita per 100,000 residents (2022)	–	<u>3.0</u>	3.7	3.6
Substance use treatment facilities per capita per 100,000 residents (2022)	–	<u>4.3</u>	4.5	5.0
Not sure where to get mental health services % of CHNA survey respondents (2024)	–	19.1	17.8	–
Problem getting mental health or addiction services % of CHNA survey respondents (2024)	–	21.2	18.9	–

Mental health providers per capita

Allen County, IN and comparison



Indiana

423.7

providers per
100,000 residents

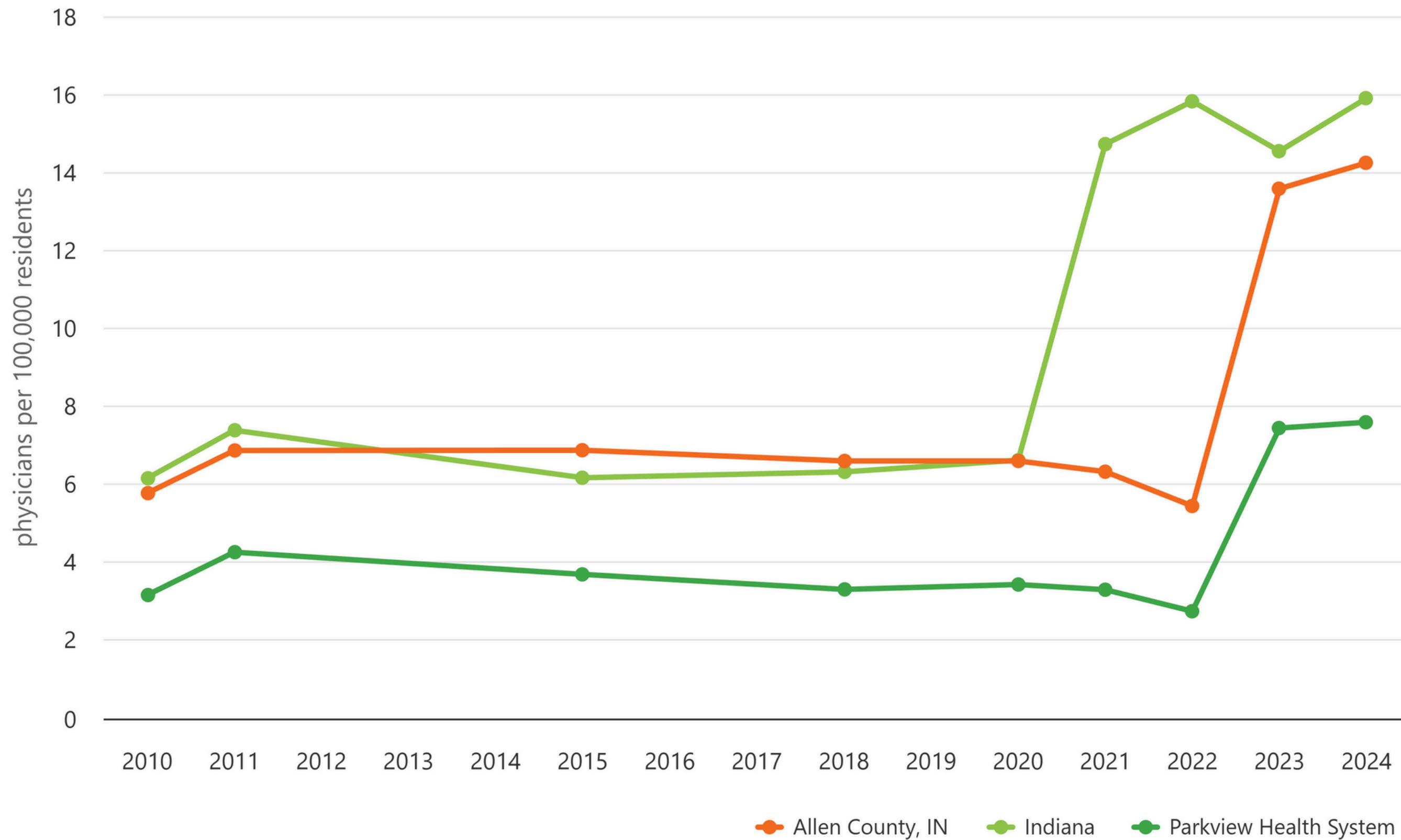
Allen

520.6

providers per
100,000 residents

Psychiatry physicians per capita

Allen County, IN and comparison



Indiana

16

physicians per
100,000 residents

Allen

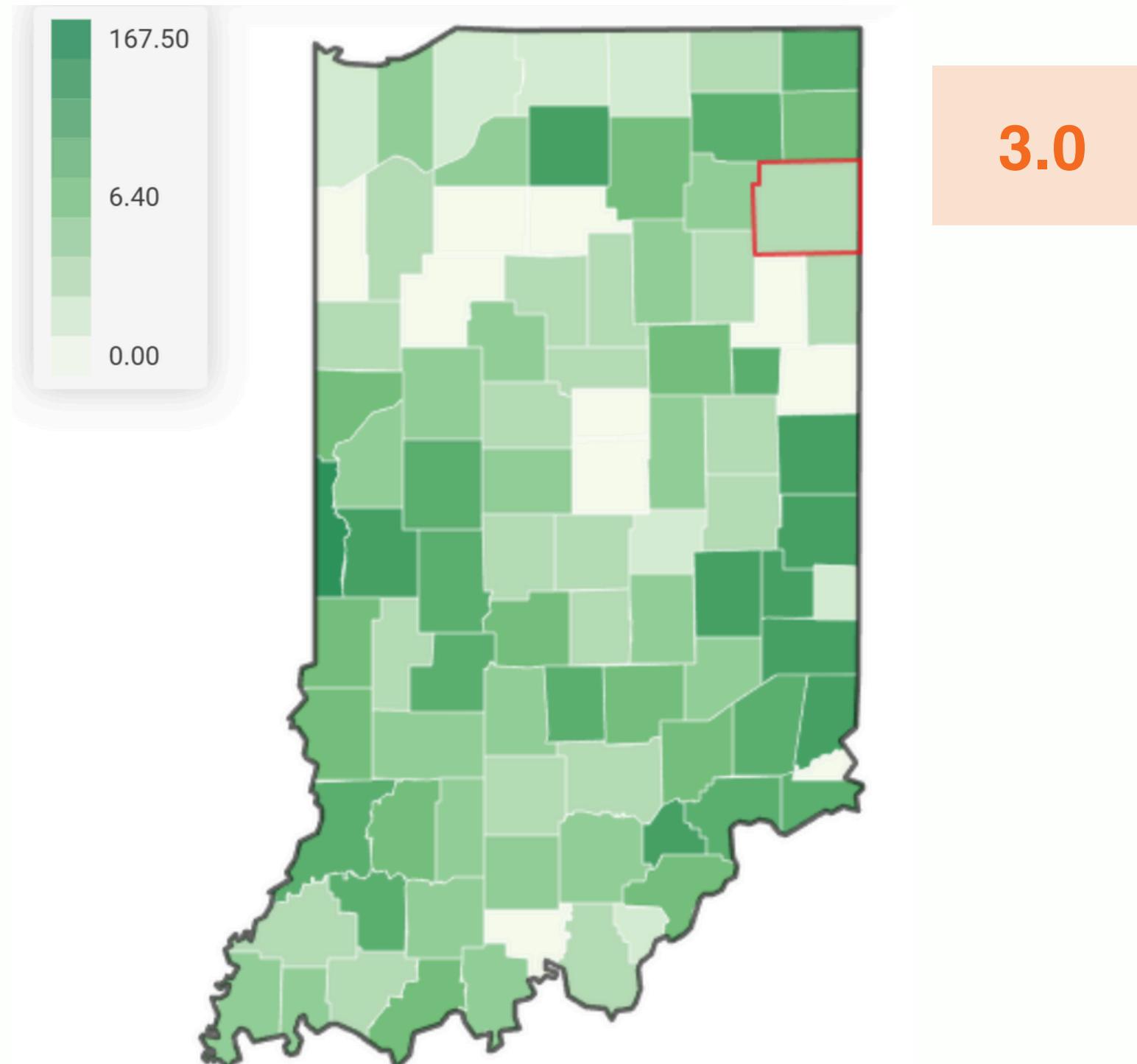
14

physicians per
100,000 residents

Mental Health & Substance Use Treatment (2022)

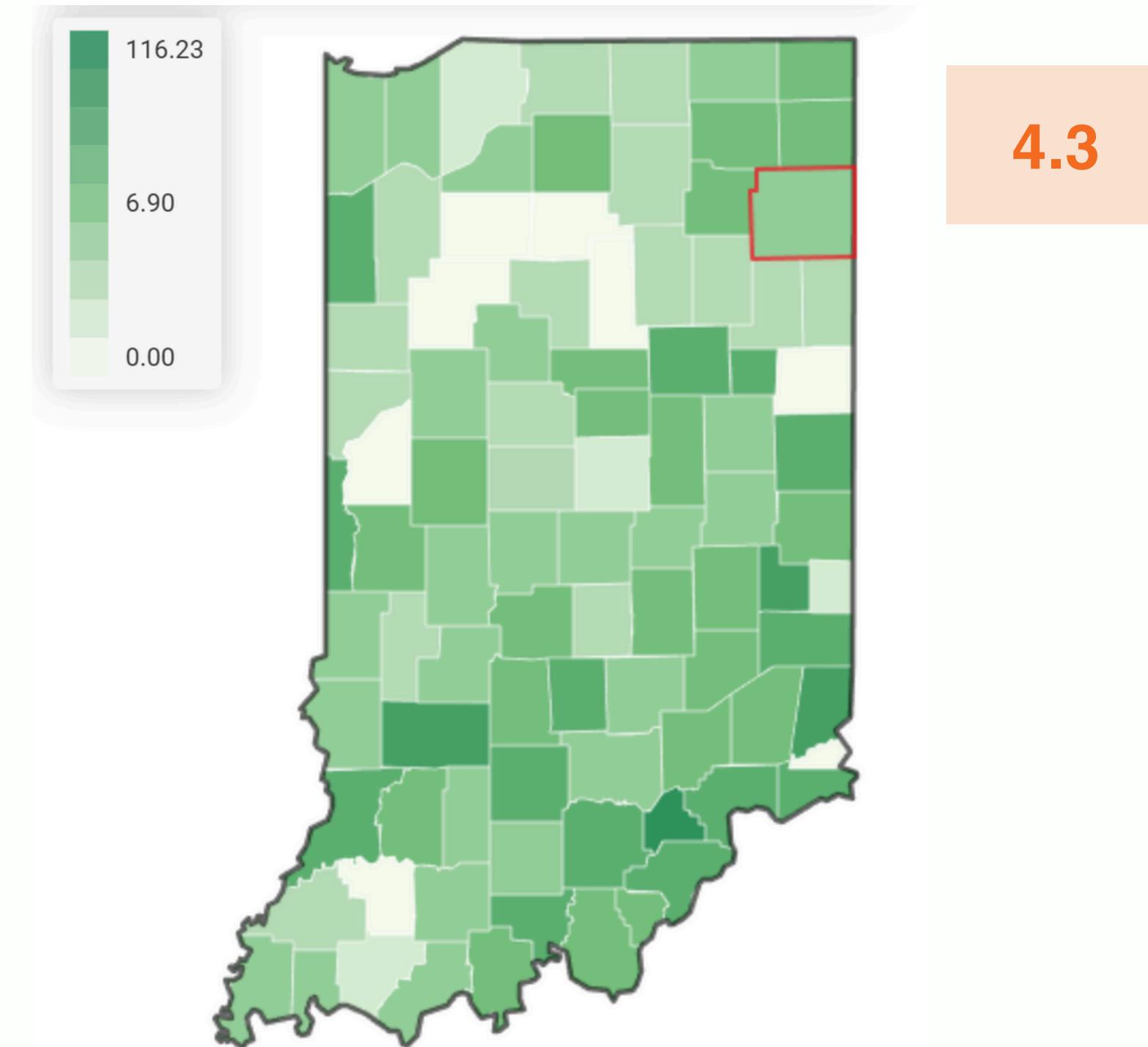
Mental Health Treatment Facilities

IN Avg. **3.6** per 100,000 residents



Substance Use Treatment Facilities

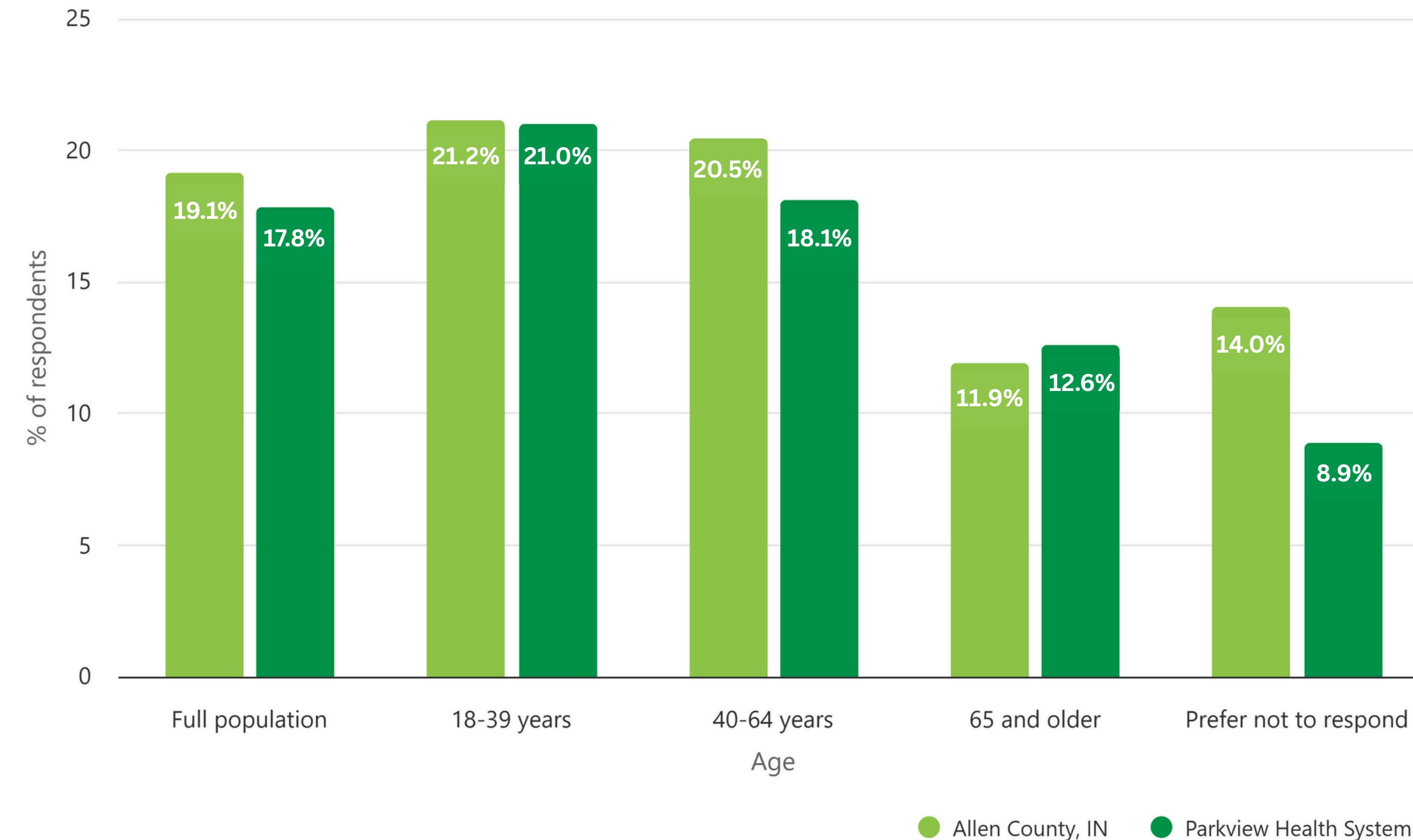
IN Avg. **5.0** per 100,000 residents



Community Survey

Not sure where to get mental health services by Age, 2024

Allen County, IN and comparison



N=2,015

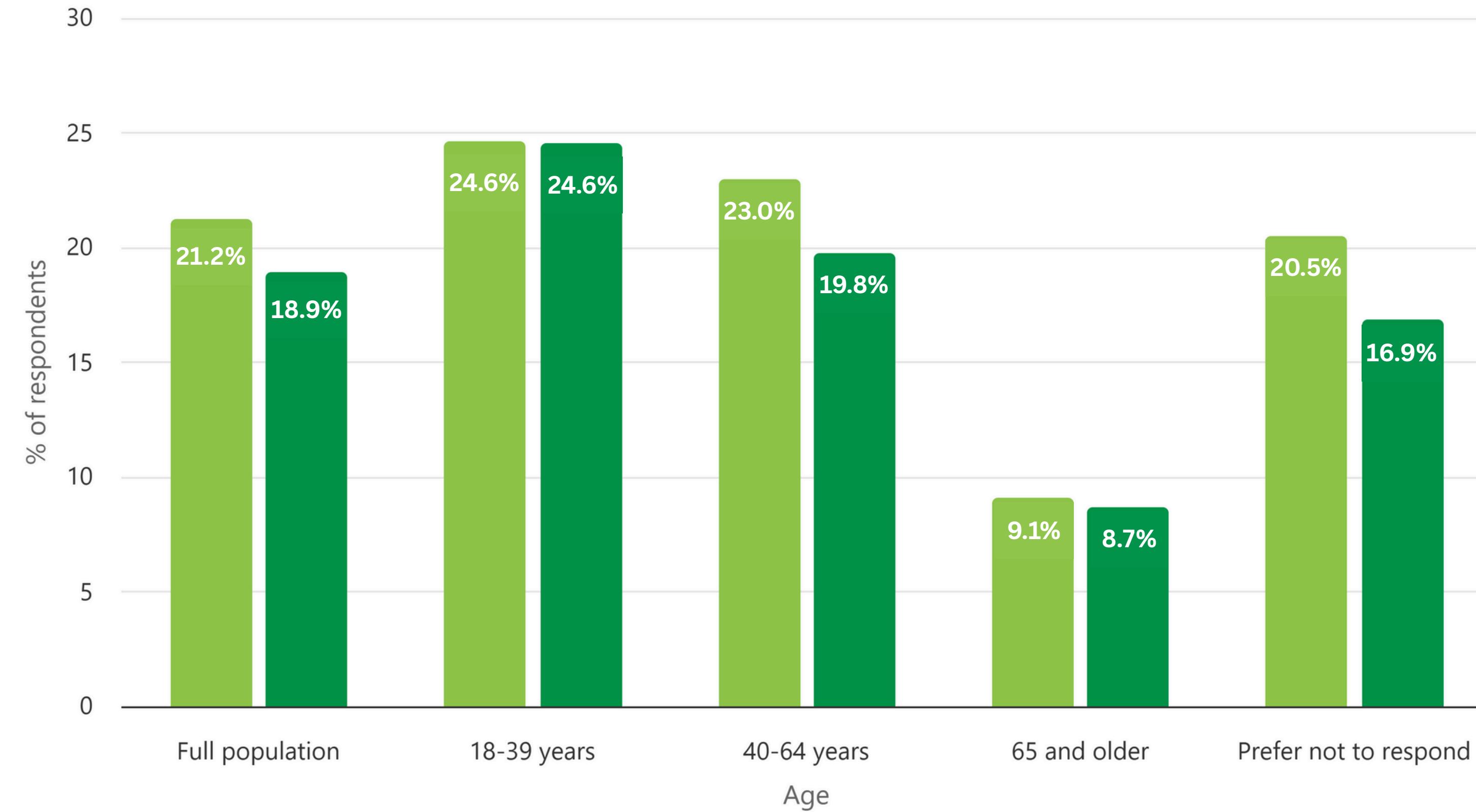
Allen County, IN

Parkview Health System

Community Survey

Problem getting mental health or addiction services by Age, 2024

Allen County, IN and comparison



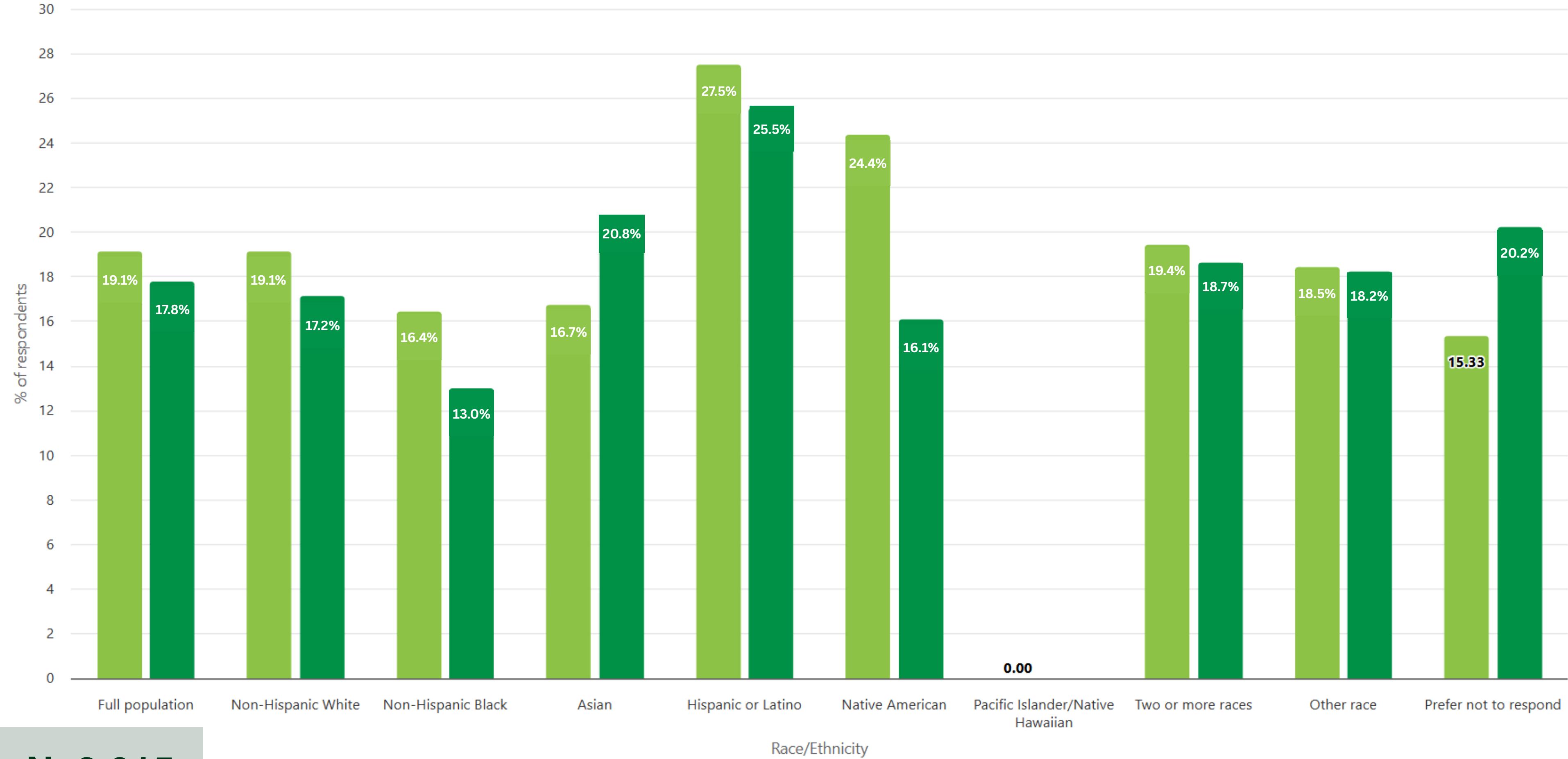
N=2,015

Allen County, IN

Parkview Health System

Not sure where to get mental health services by Race/Ethnicity, 2024

Allen County, IN and comparison



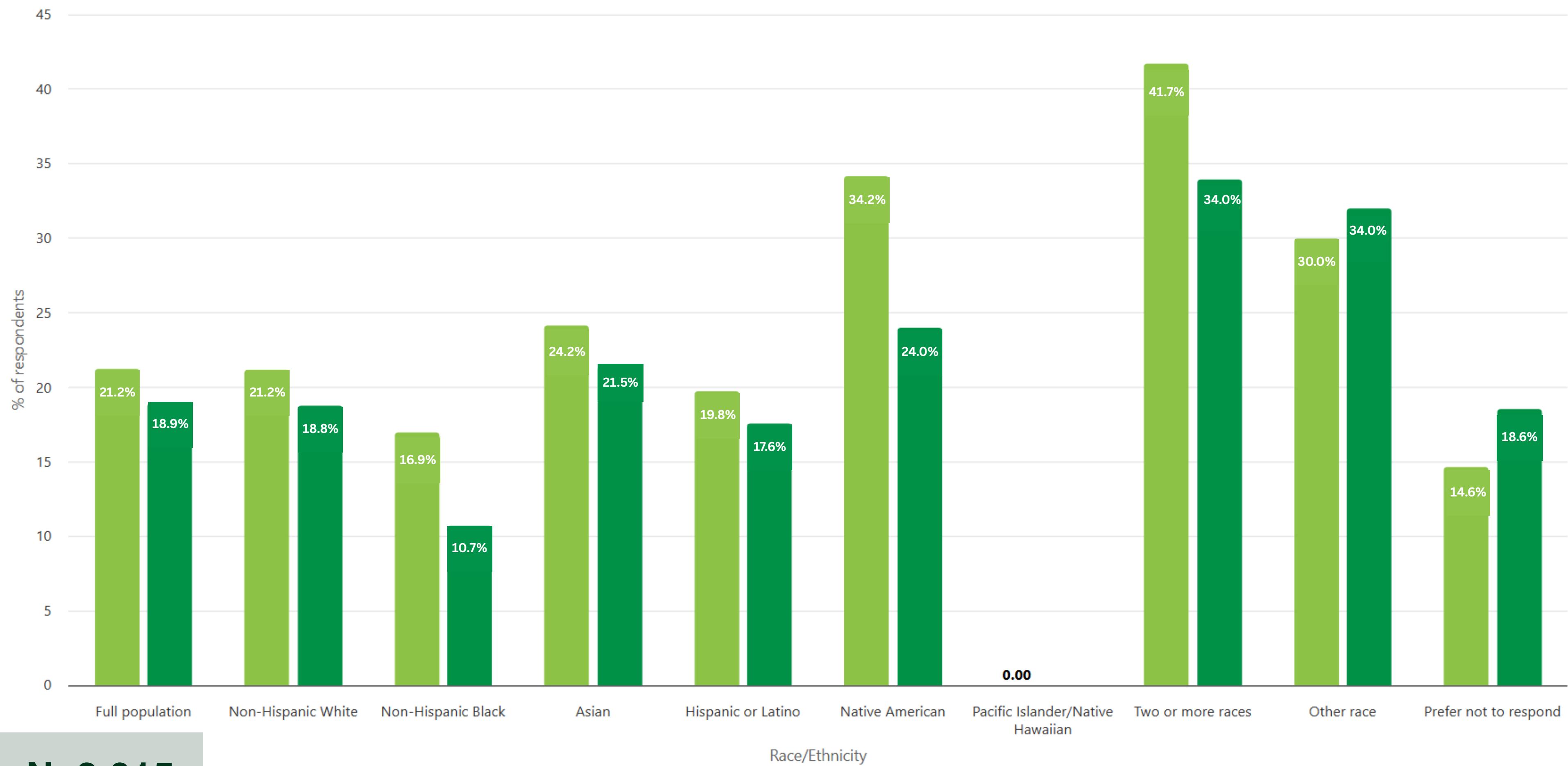
N=2,015

Allen County, IN

Parkview Health System

Problem getting mental health or addiction services by Race/Ethnicity, 2024

Allen County, IN and comparison



N=2,015

Race/Ethnicity

Allen County, IN

Parkview Health System

Summary of Community Survey Data and Local Health Statistics

Access to mental health care & addiction services

- The **number of mental health providers and psychiatry physicians per capita is improving** and is above or near the state level for Indiana.
- However, Allen County has **slightly fewer mental health treatment facilities and substance use treatment facilities per capita** compared to Indiana.
- Additionally, **19%** of community survey respondents reported that they were not sure where to get mental health services AND **21%** have had a problem getting mental health or addiction services.

Top 5 Health Concerns



Access to Mental Health Care
and Addiction Services



Housing
Affordability



Insurance for
Healthcare



Affordable and
Healthy Food



Mental Health and
Mental Disorders

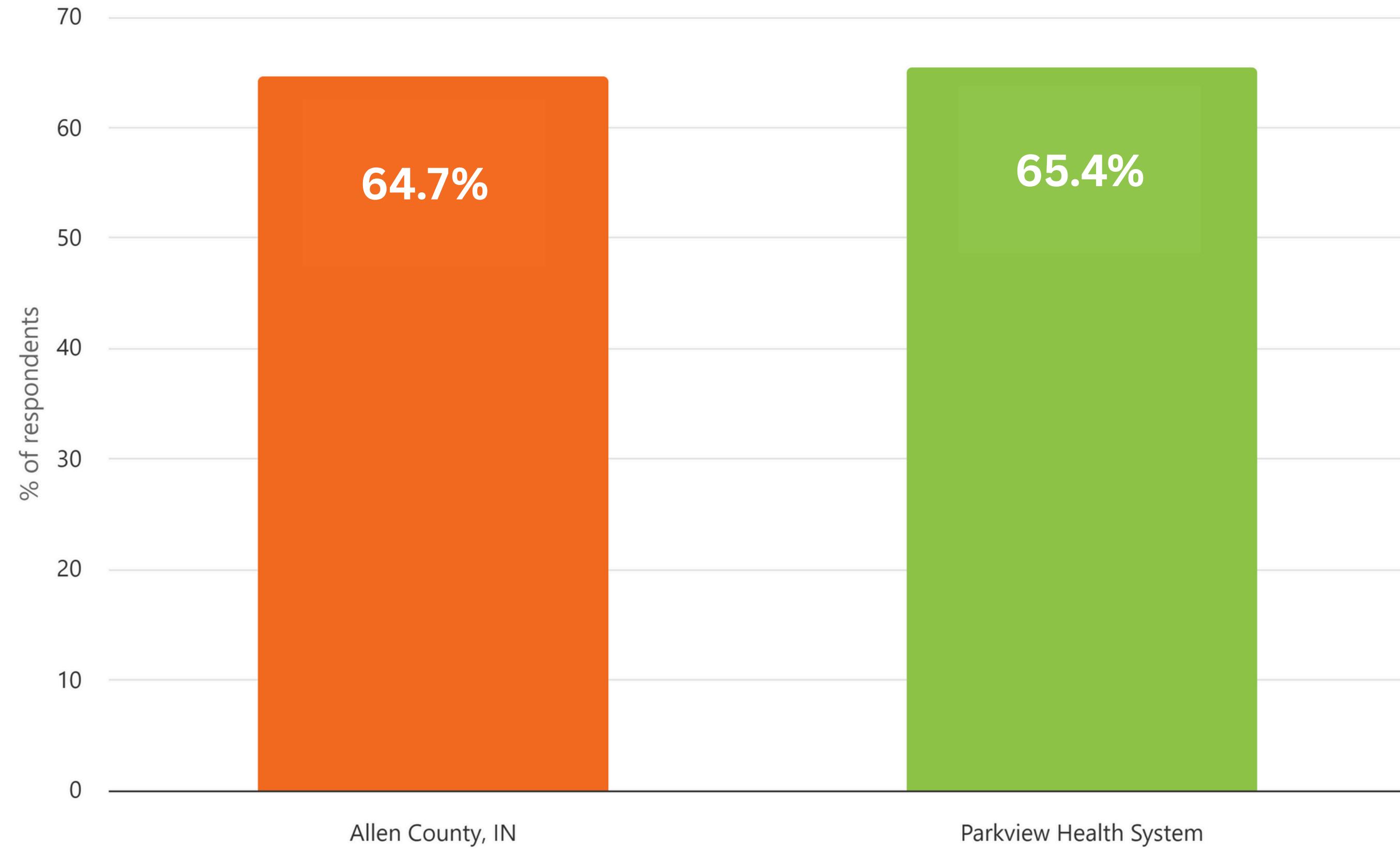
Community Survey

N=2,015

Represents the % of survey respondents where *Affordable & Healthy Food* was in their Top 5 concerns.

Issues that affect quality of life (Affordable and healthy food), 2024

Allen County, IN and comparison



Affordable and Healthy Food

Topics	Allen	Parkview	Indiana
Food insecurity % of residents (2022)	↑ 13.0	12.8	13.9
Households in poverty not receiving food stamps (SNAP) % of households below the poverty line (2023)	↑ 65.1	69.9	65.7
Free school lunch eligibility % of students (2023)	↑ 45.1	41.1	42.8
Food stamps (SNAP) % of households (2019-2023)	↓ 8.9	8.1	9.0
Food Environment Index Score of 0 (worst) to 10 (best) (2022)	– 7.4	7.8	6.5
Low food access % of residents (2019)	↑ 68.9	49.5	54.1
Very low food access % of residents (2019)	↑ 37.2	27.3	28.1
Living in food deserts % of residents (2019)	↑ 11.9	8.8	8.3

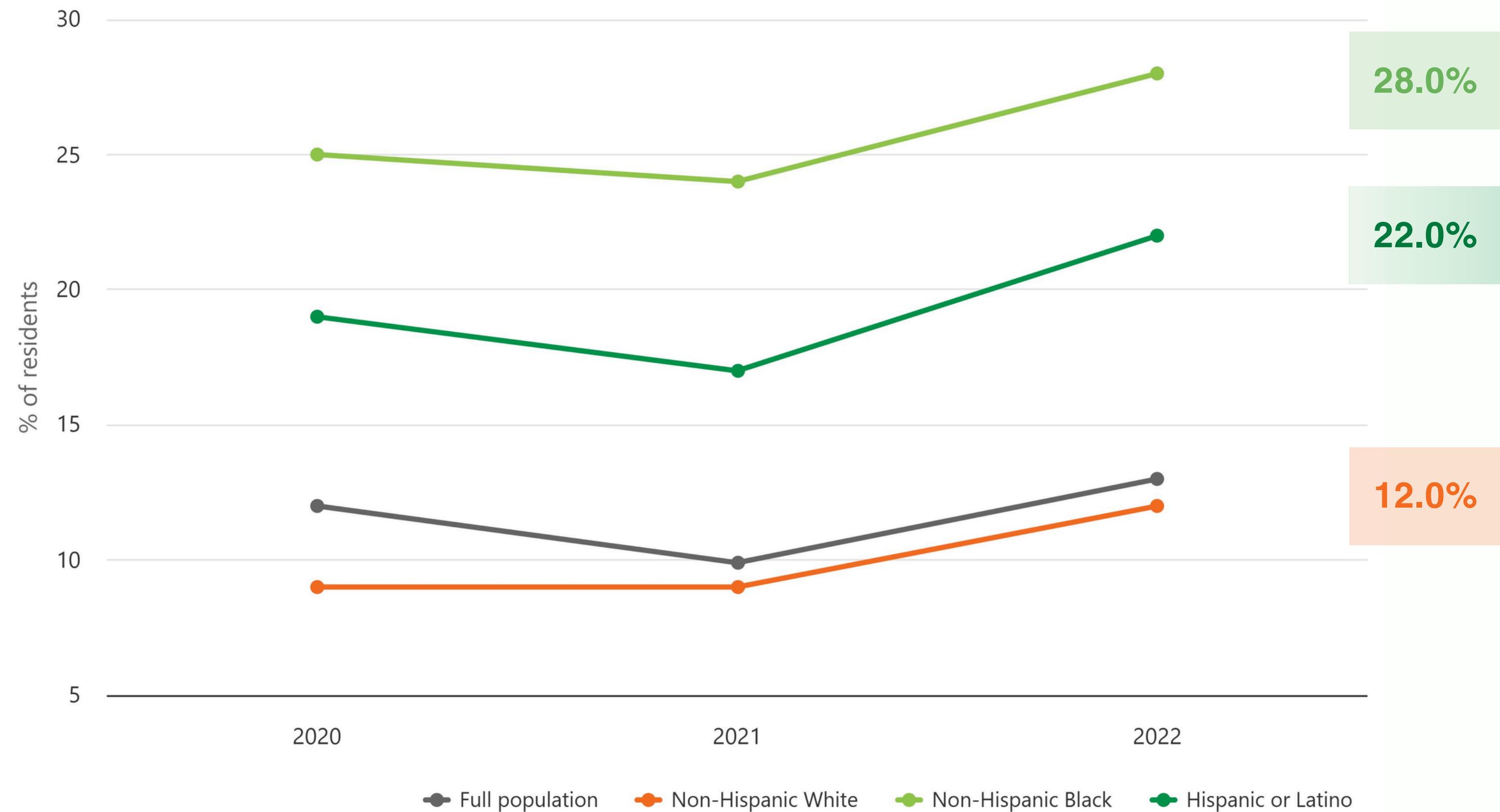
Food insecurity

Allen County, IN and comparison



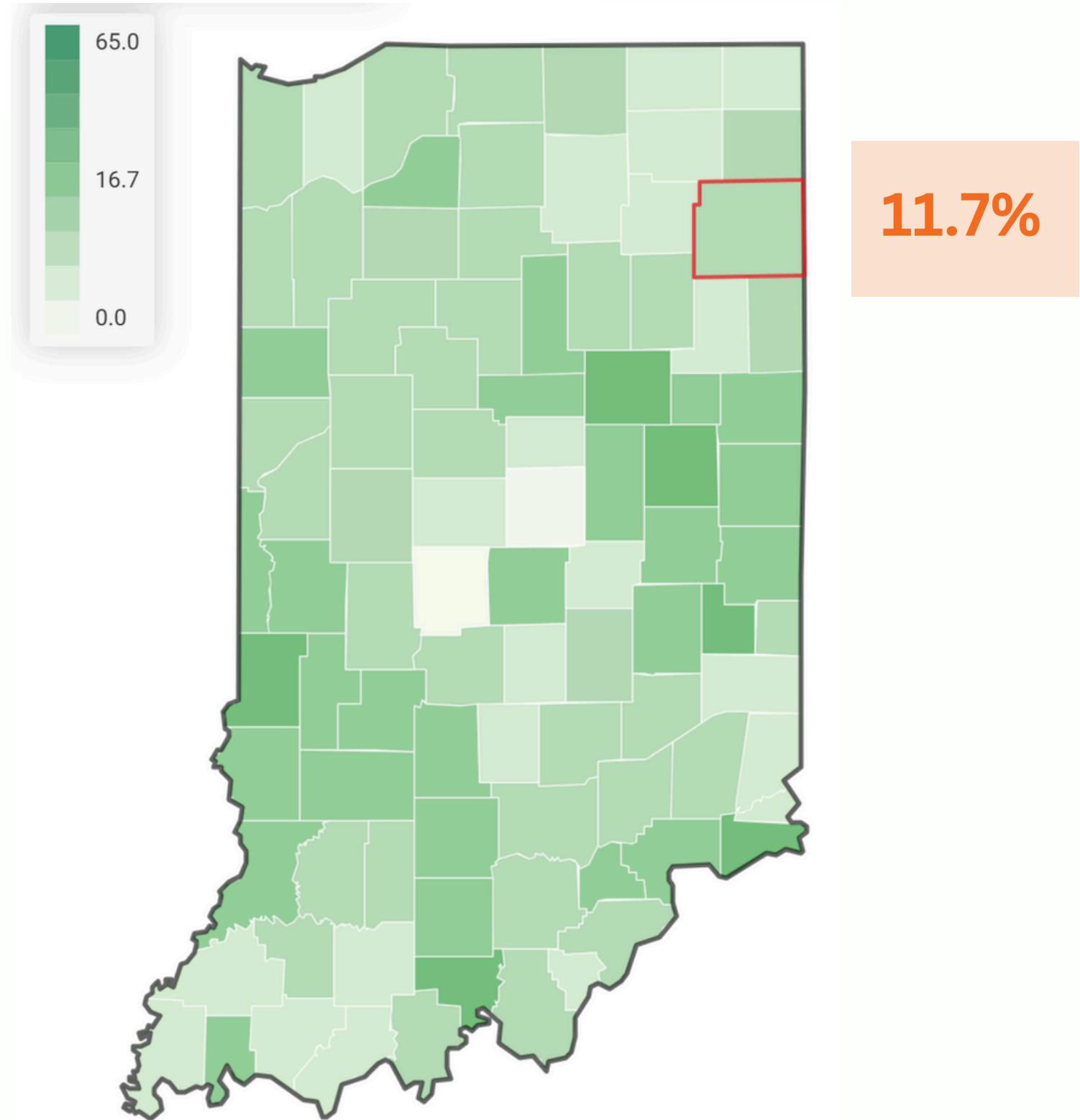
Food insecurity

Allen County, IN

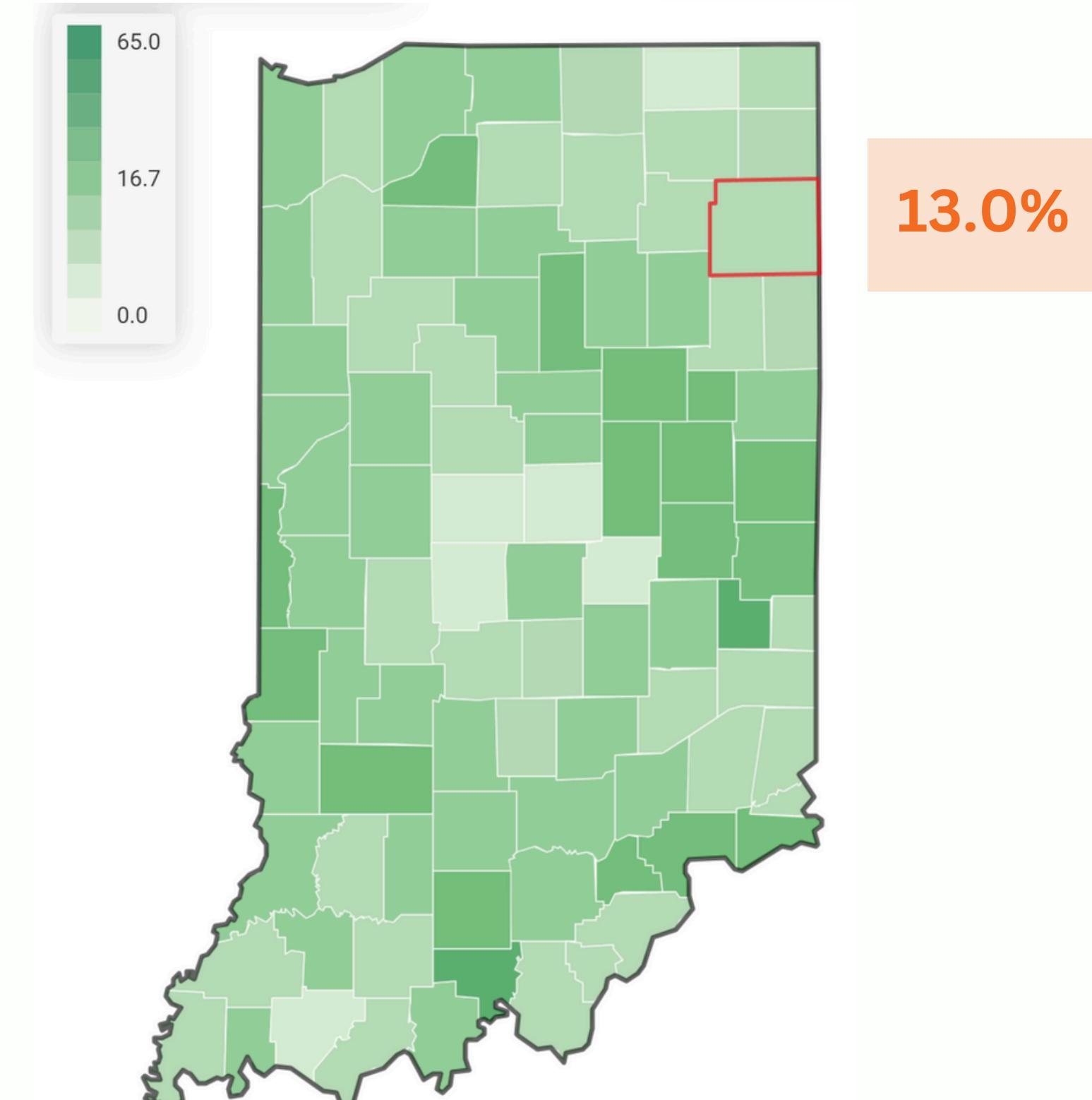


Food Insecurity

2019 IN Avg. 12.4%

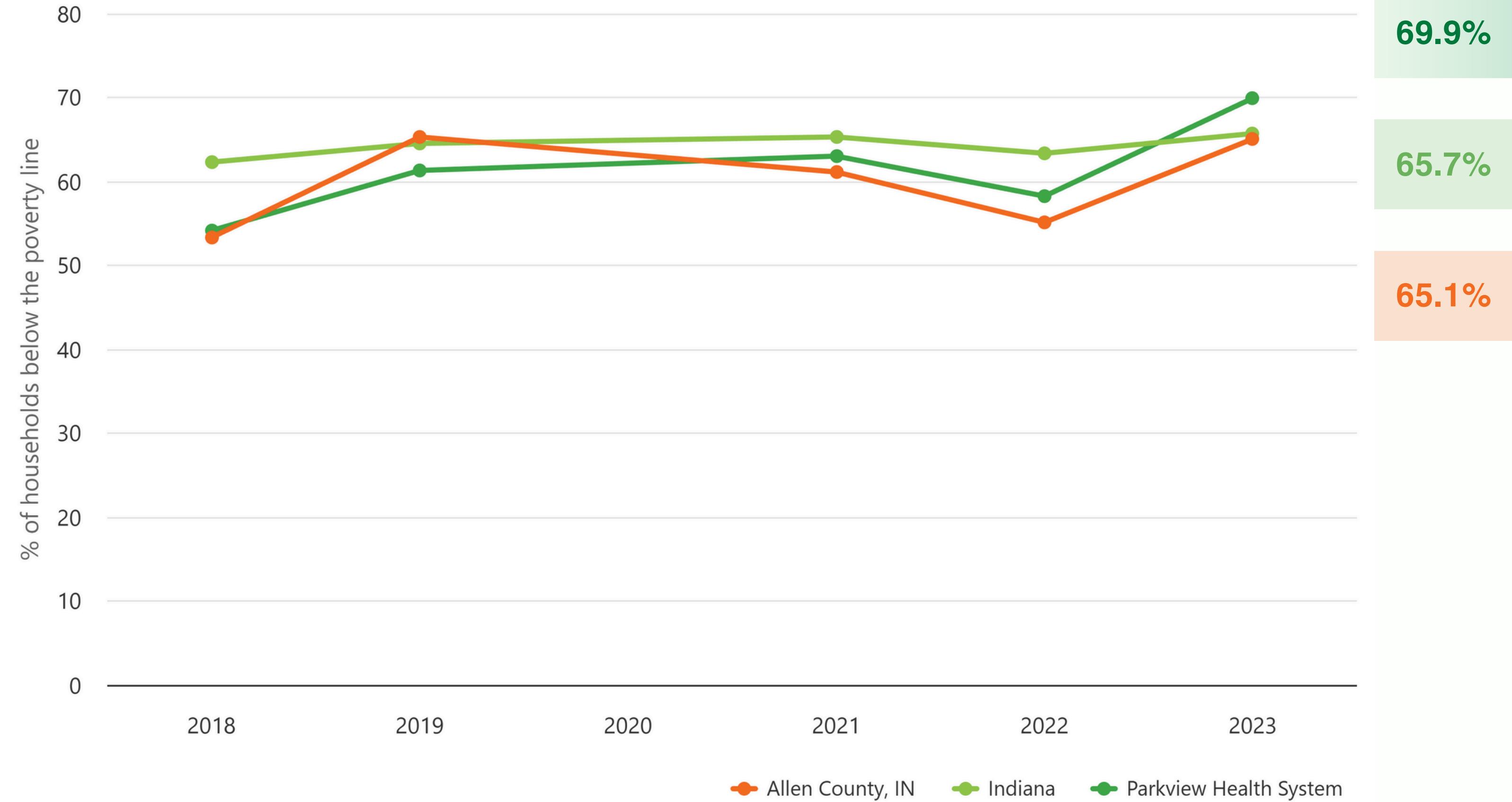


2022 IN Avg. 13.9%



Households in poverty not receiving food stamps (SNAP)

Allen County, IN and comparison

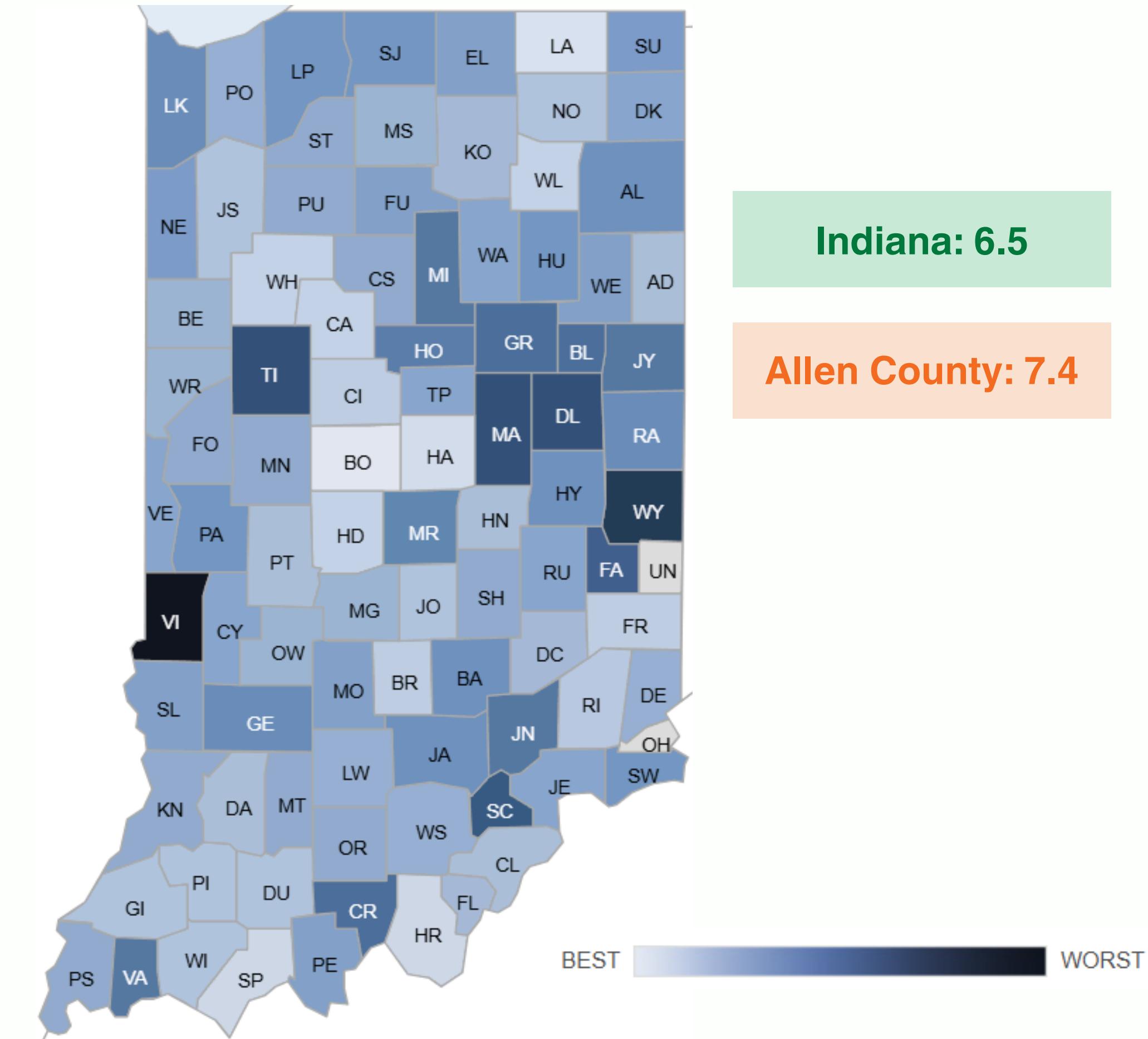


Food Environment Index

The Food Environment Index ranges from a scale of 0 (worst) to 10 (best) and equally weights two indicators of the food environment:

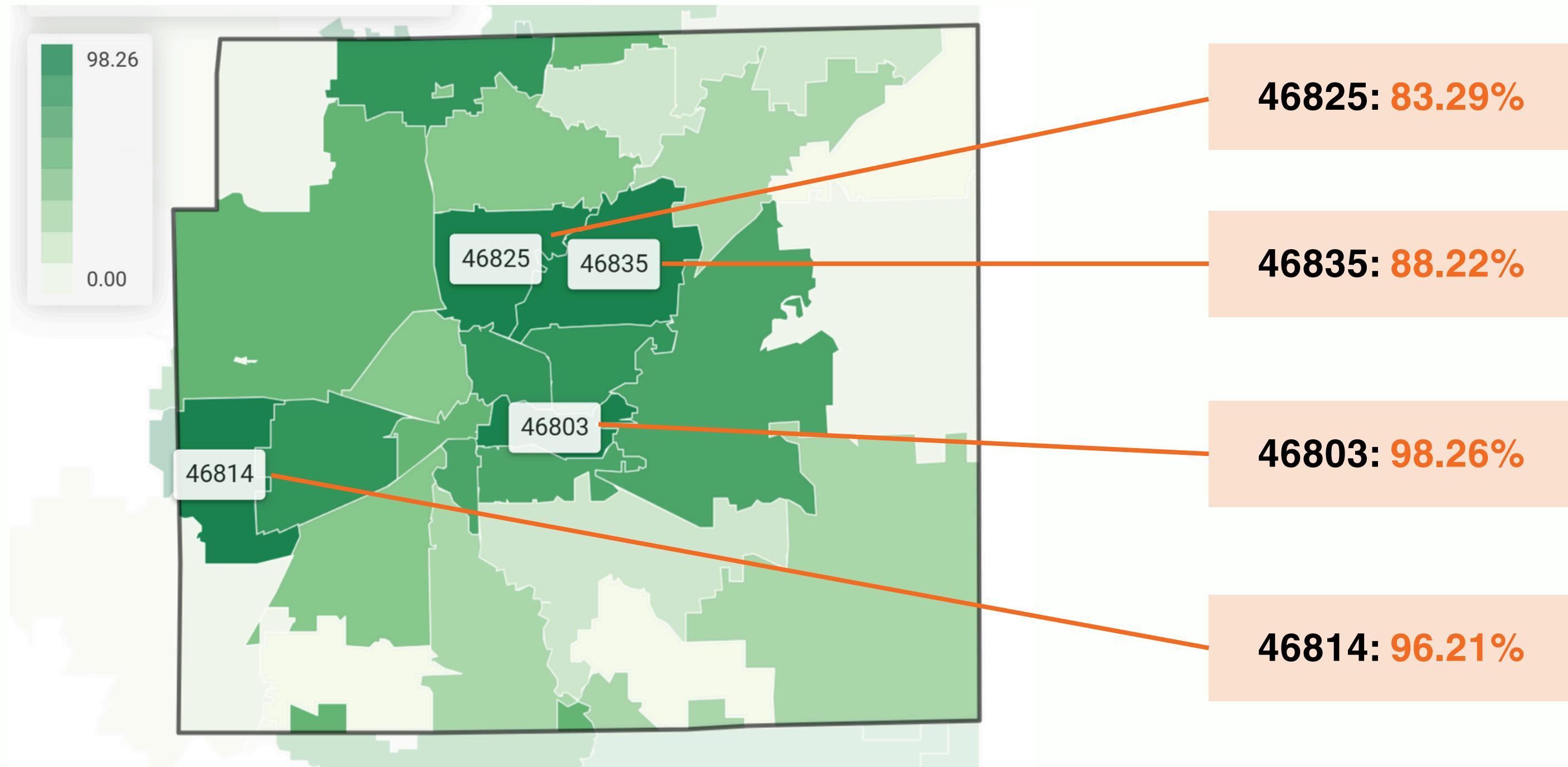
- 1) Limited access to healthy foods
- 2) Food Insecurity

Source: USDA Food Environment Atlas (2019); Map the Meal Gap from Feeding America (2022)



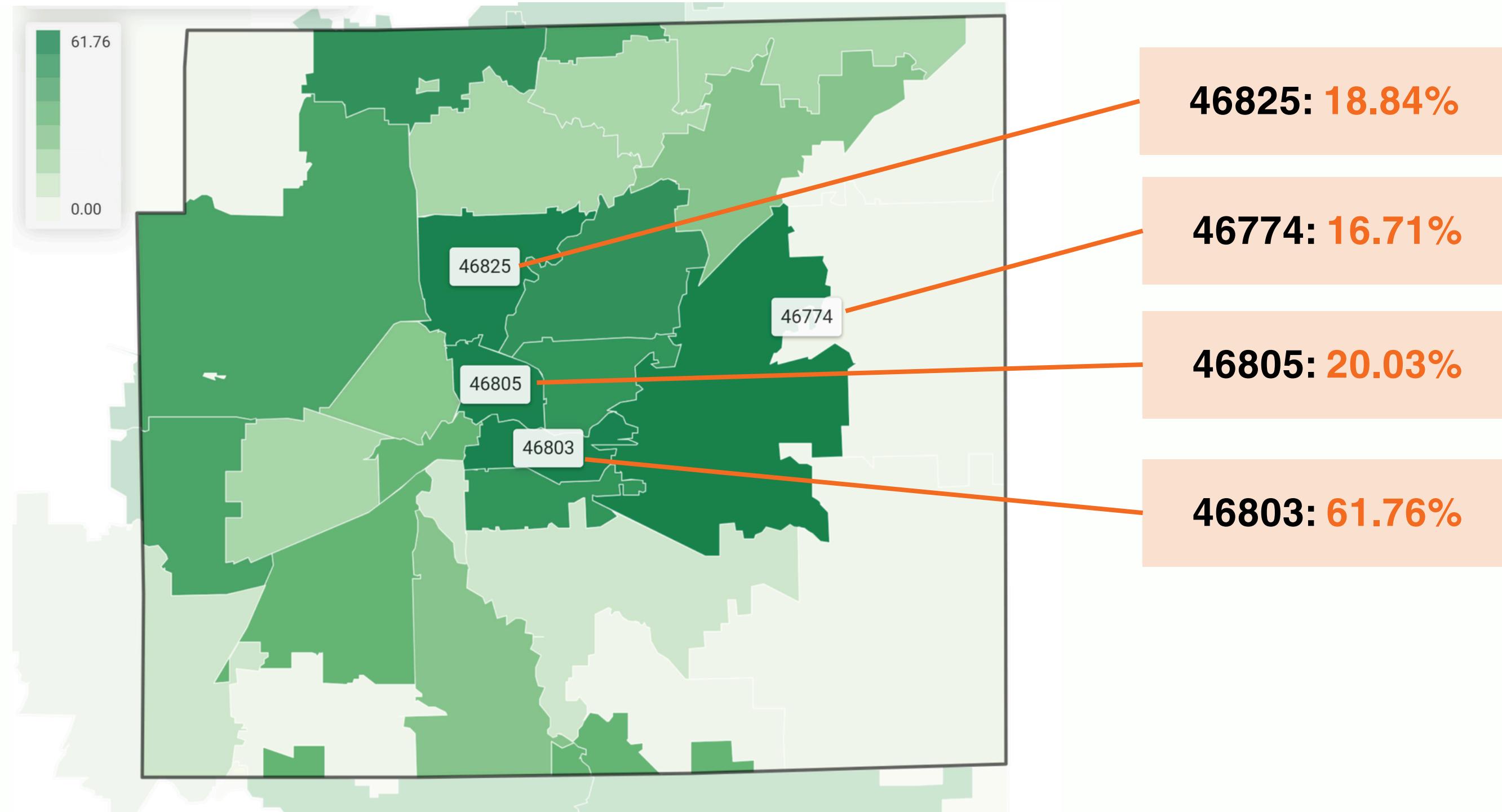
Low Food Access

2019 Allen County Avg. 68.9%



Living in Food Deserts

2019 Allen County Avg. 11.9%



Summary of Community Survey Data and Local Health Statistics

Affordable and Healthy Food

- Food insecurity is on the rise and disparities exist by race/ethnicity, zip code and economic status
- Food access has gotten worse in Allen County (e.g., *65% of households in poverty do not access SNAP*)
- Zip codes of particular concern are 46774, **46803***, 46805, 46814, **46825***, 46835

****both food desert and low food access***

Top 5 Health Concerns



Access to Mental Health Care
and Addiction Services



Insurance for
Healthcare



Housing
Affordability



Affordable and
Healthy Food

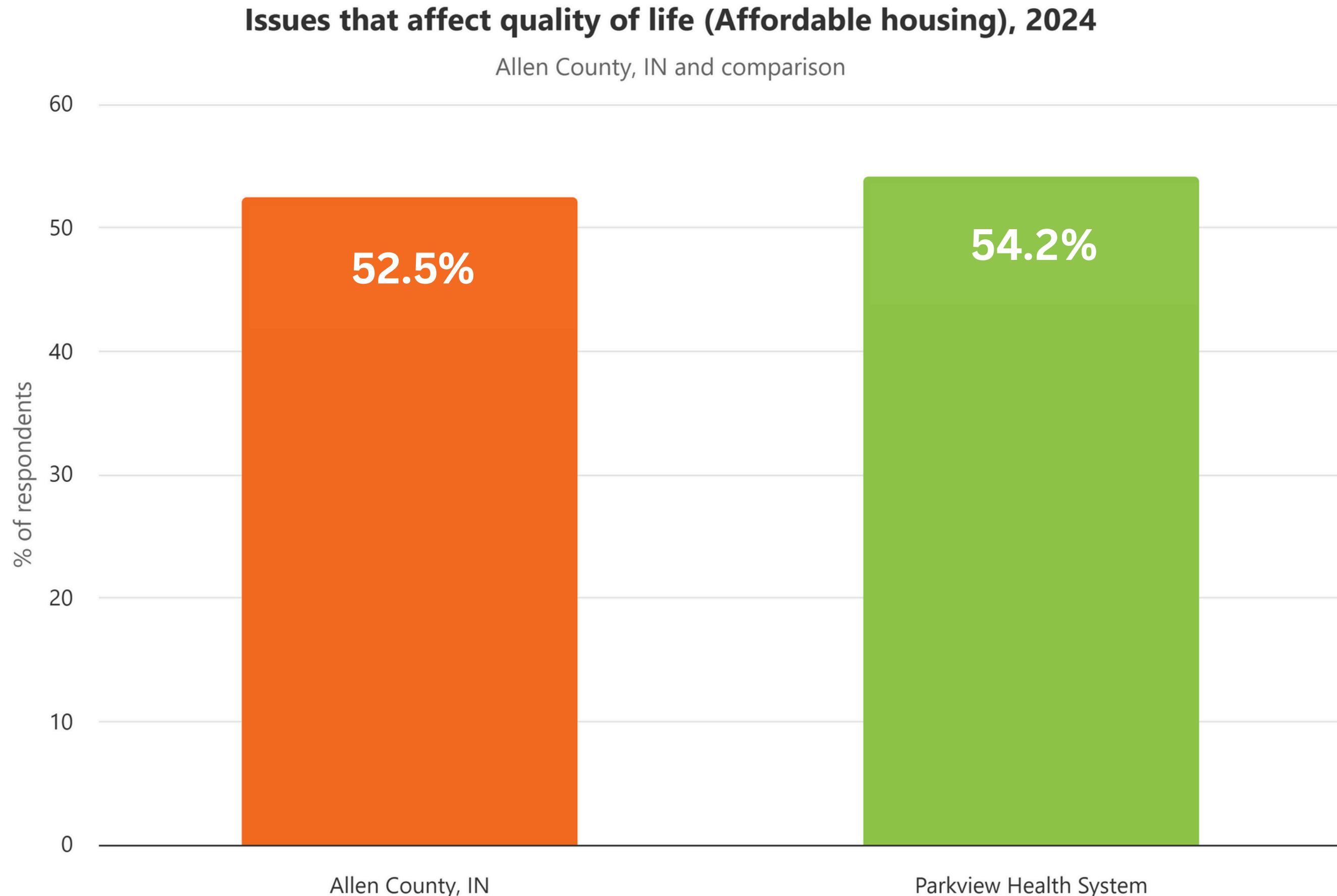


Mental Health and
Mental Disorders

Community Survey

N=2,015

Represents the % of survey respondents where *Housing Affordability* was in their Top 5 concerns.

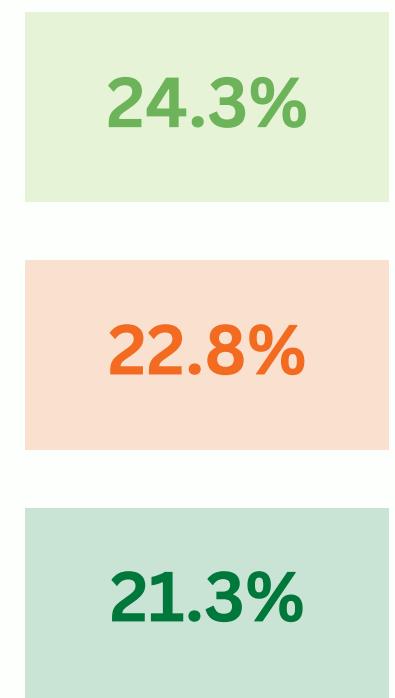
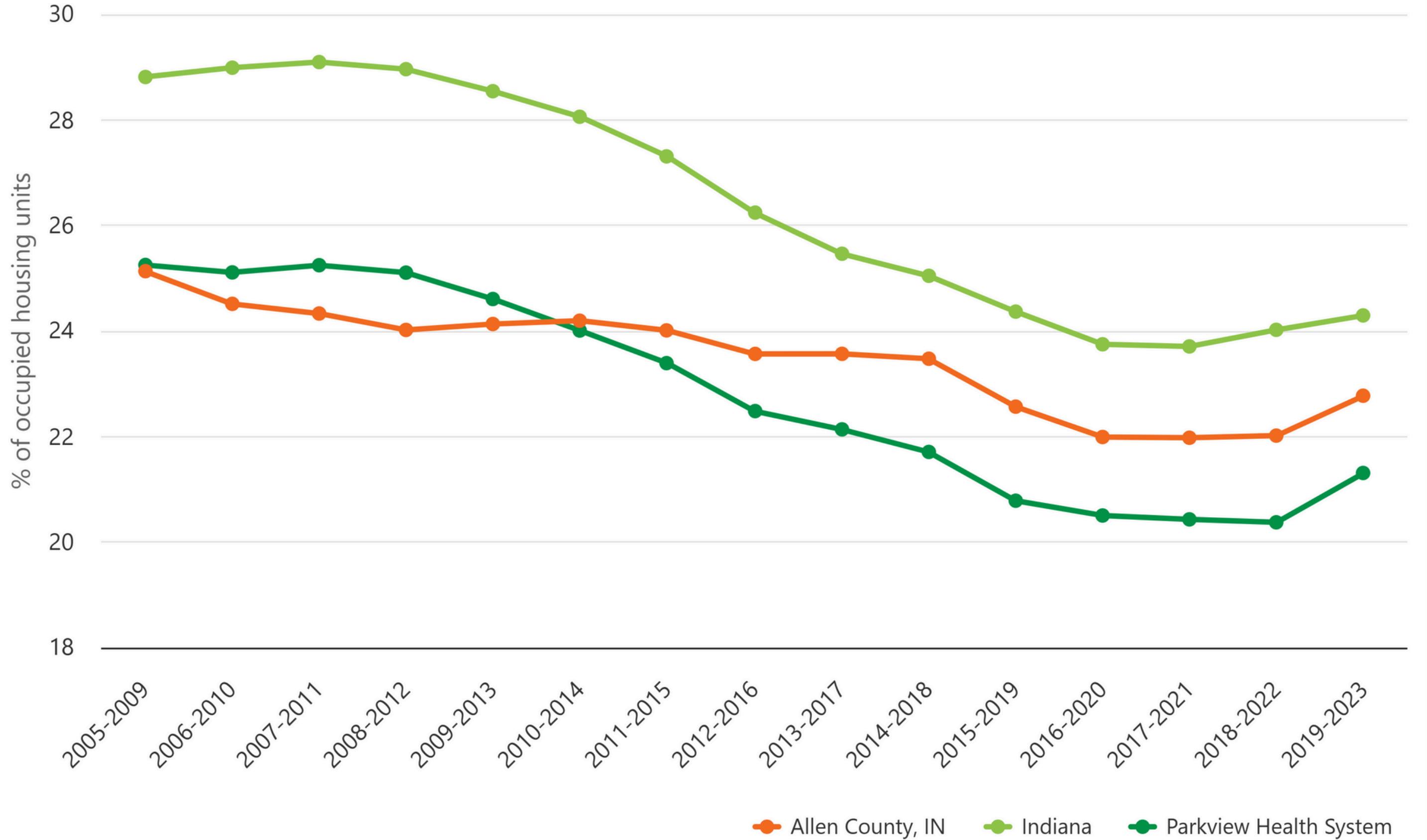


Housing Affordability

Topics		Allen	Parkview	Indiana
Housing cost burden % of occupied housing units (2023)	↑	<u>26.6</u>	26.1	25.8
Severe housing cost burden % of occupied housing units (2023)	↑	11.4	11.0	11.9
Crowded housing % of occupied housing units (2023)	↑	1.8	2.0	1.9
Vacant % of housing units (2023)	↓	4.7	7.2	8.3
Housing Insecurity % of adults (2022)	—	11.7	11.7	12.2
Median monthly housing costs (2019-2023)	↓	\$1,013	\$970	\$1,051

Housing cost burden

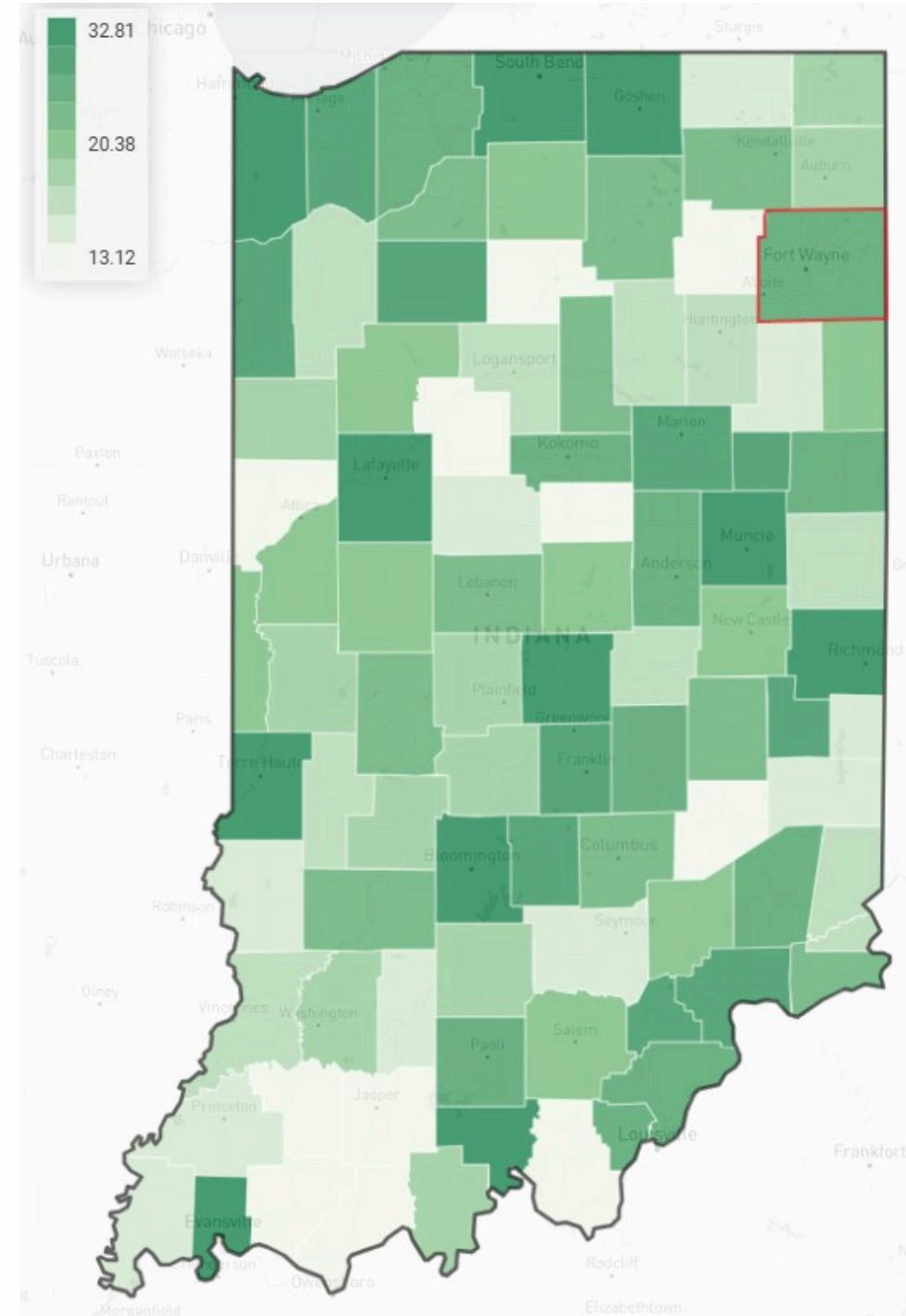
Allen County, IN and comparison



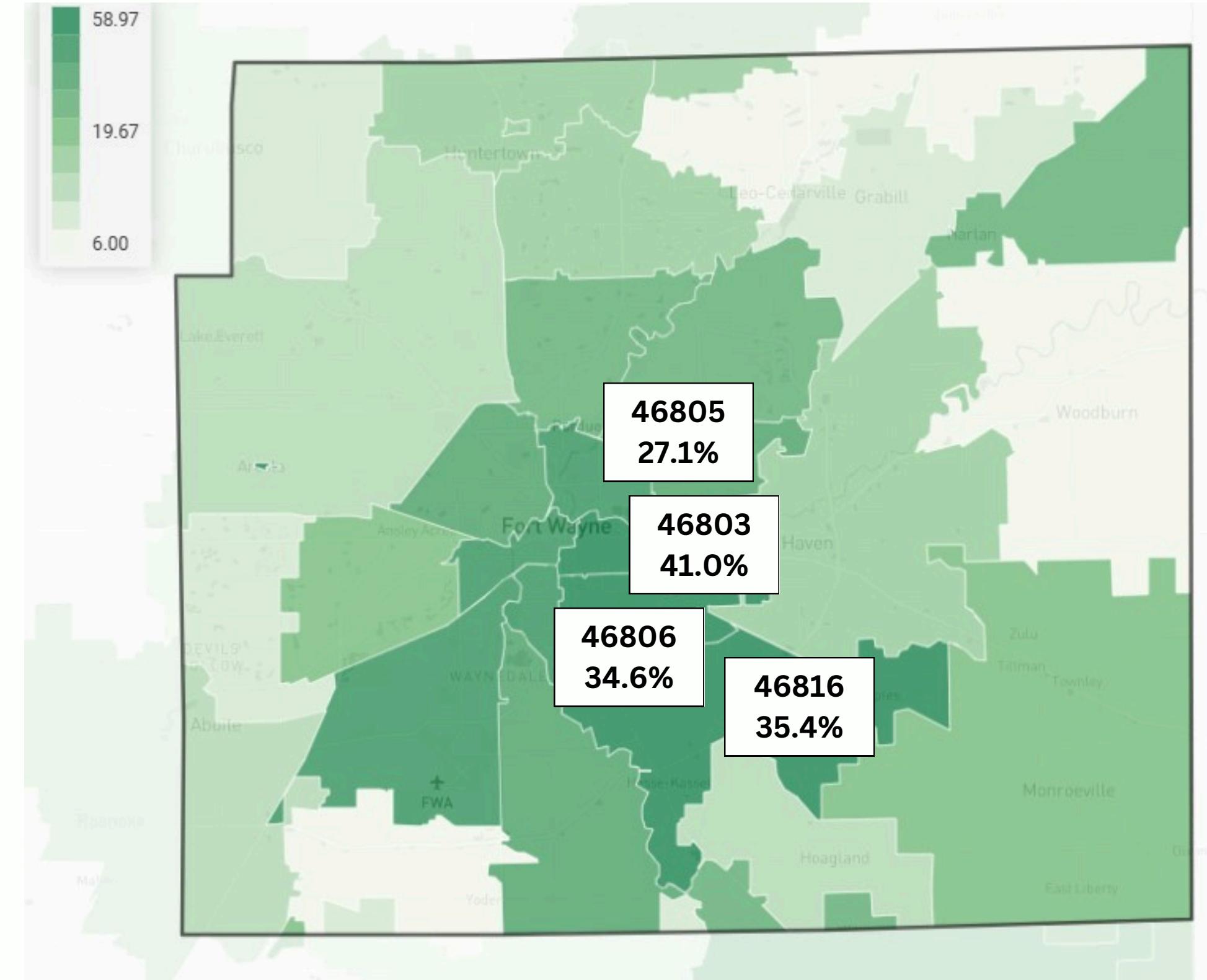
Housing Cost Burden (2019-2023)

IN Avg: 24.3%

spend over 30% of income on housing

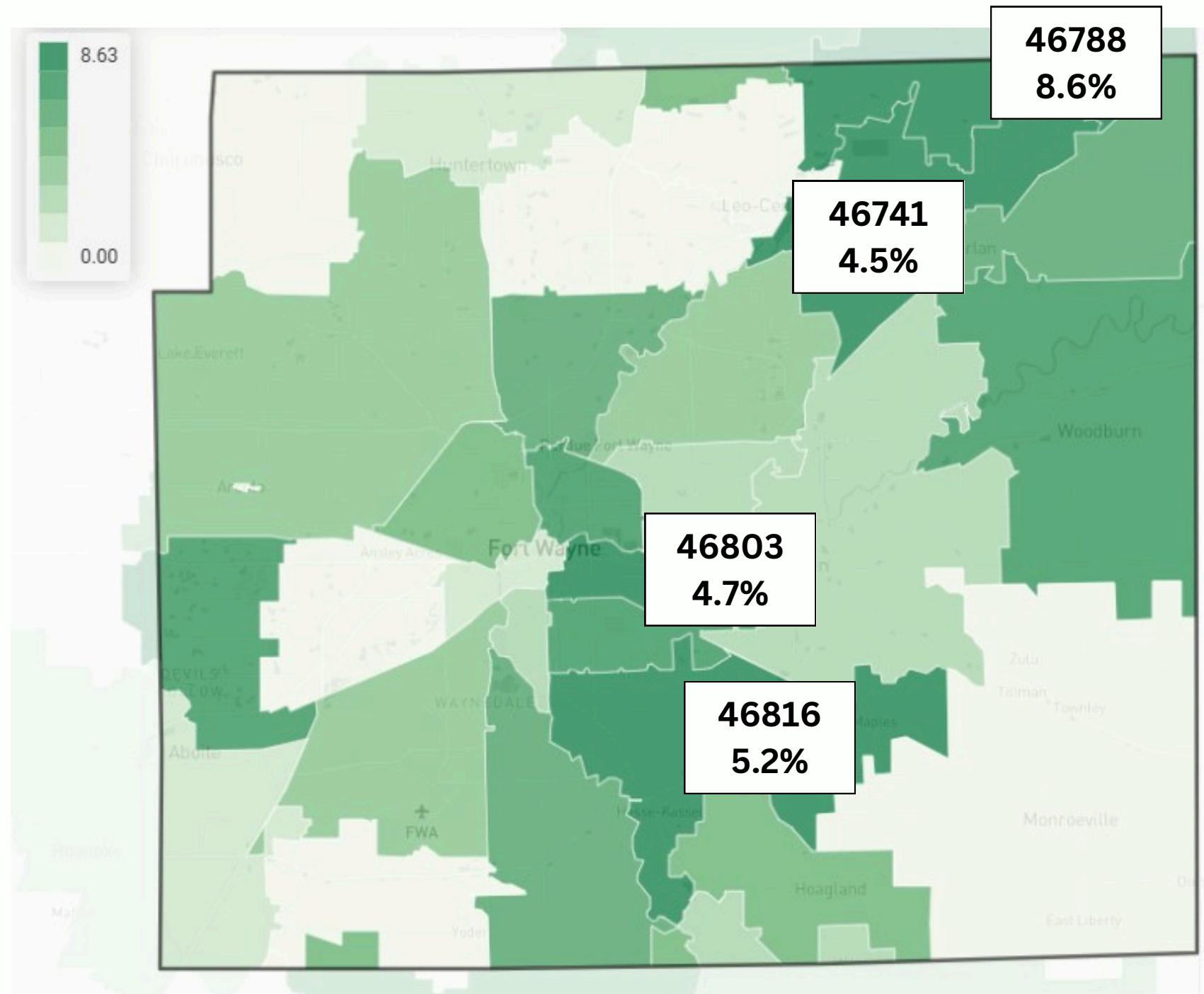


22.8%

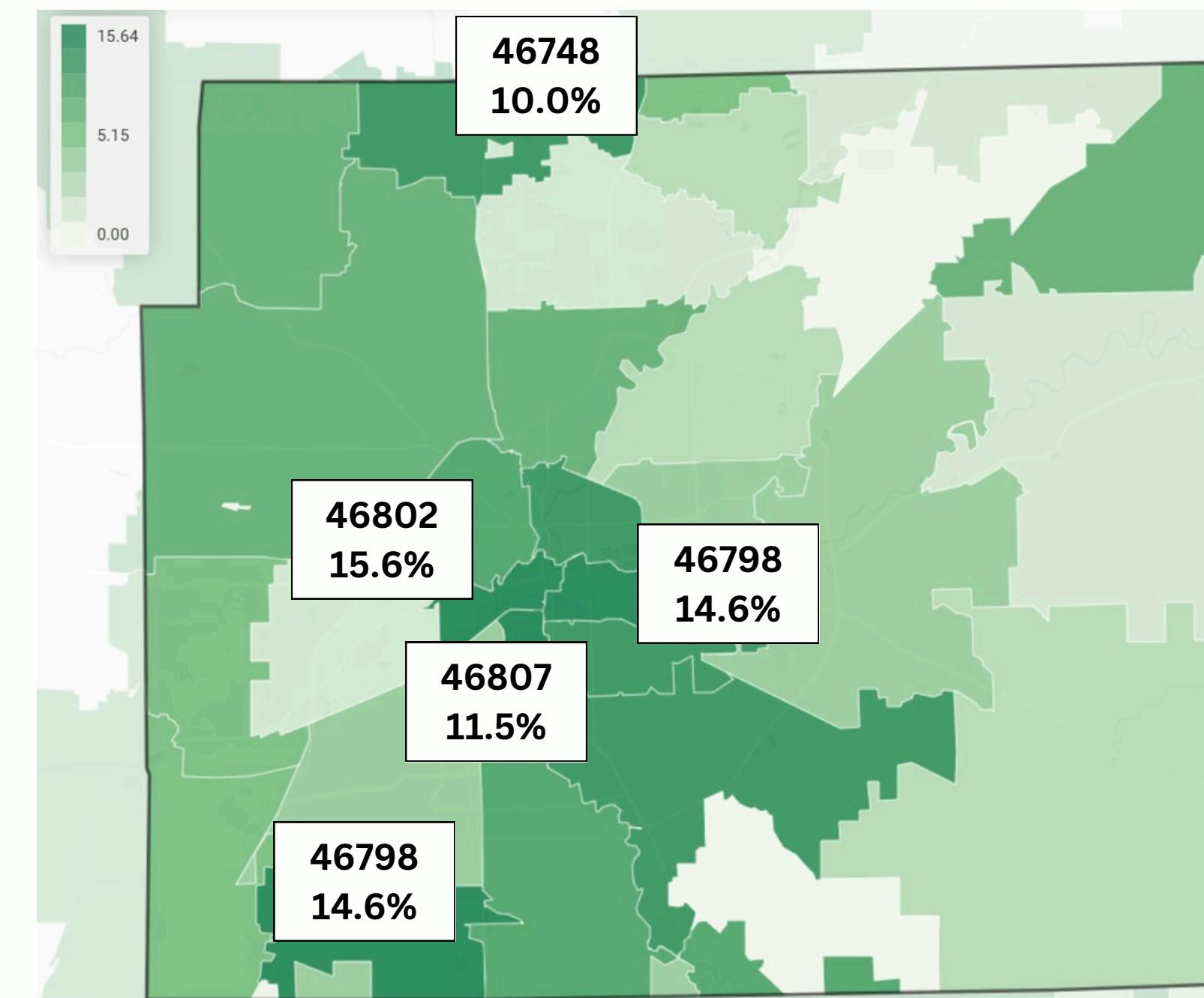


Crowded & Vacant Housing

Crowded 1.9% of occupied housing units.
2019-2023 8/31 of zip codes above county avg.



Vacant 6.3% of total housing units.
2019-2023 10/31 of zip codes above county avg.



Summary of Community Survey Data and Local Health Statistics

Housing Affordability

- Housing affordability is getting worse over time, with 26.6% of Allen County residents currently spending more than 30% of their income on housing costs - higher than the rate for Indiana.
- Zip codes of most concern are 46803, 46806 and 46816.
- While the number of vacant housing units is improving in Allen County, crowded housing is getting worse over time. Zip code 46803 has a high rate of both vacant housing units and crowded housing.



Top 5 Health Concerns



Access to Mental Health Care
and Addiction Services



Insurance for
Healthcare



Housing
Affordability



Affordable and
Healthy Food



Mental Health and
Mental Disorders

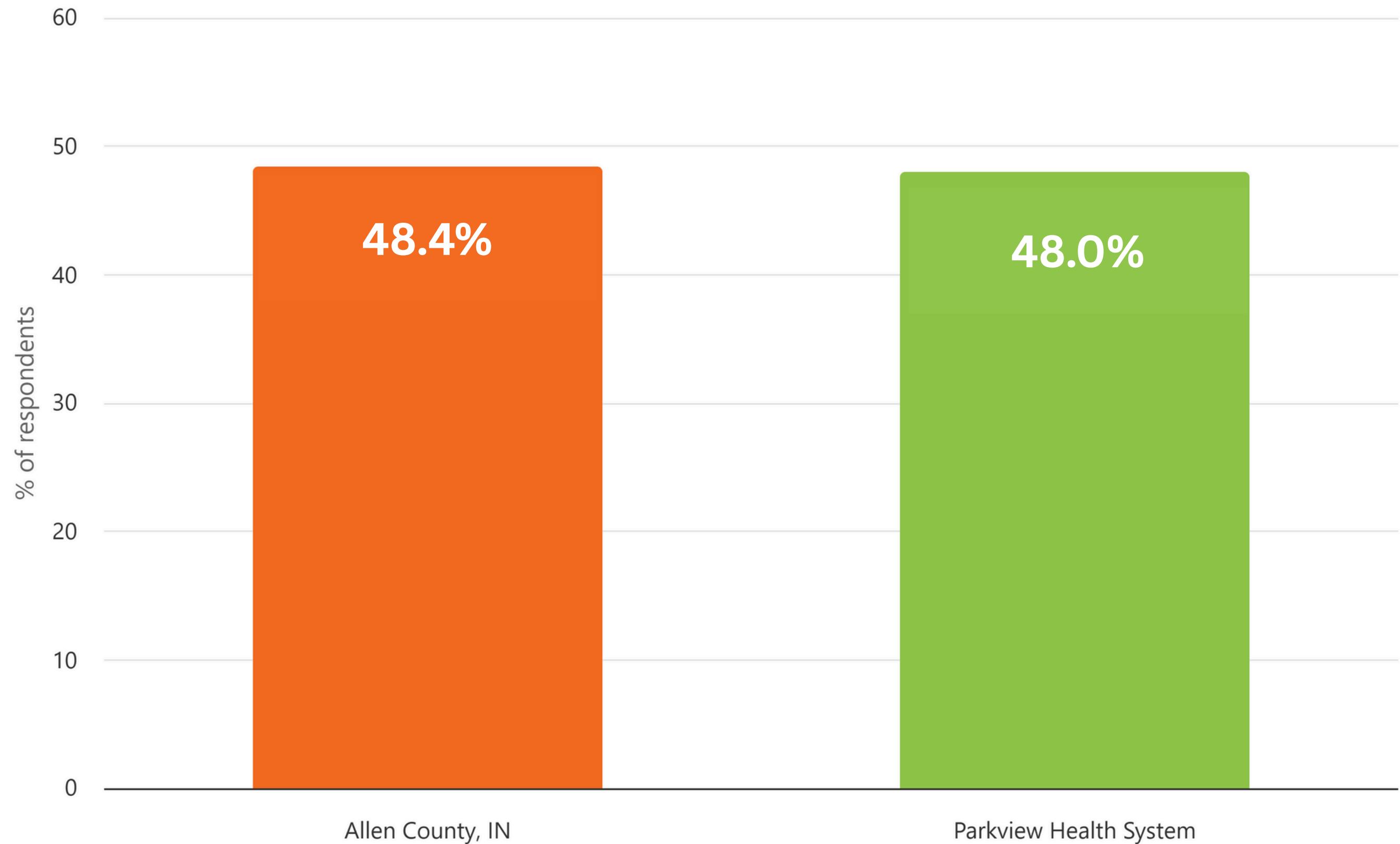
Community Survey

N=2,015

Represents the % of survey respondents where *Insurance for Healthcare* was in their Top 5 concerns.

Issues that affect quality of life (Having health insurance), 2024

Allen County, IN and comparison

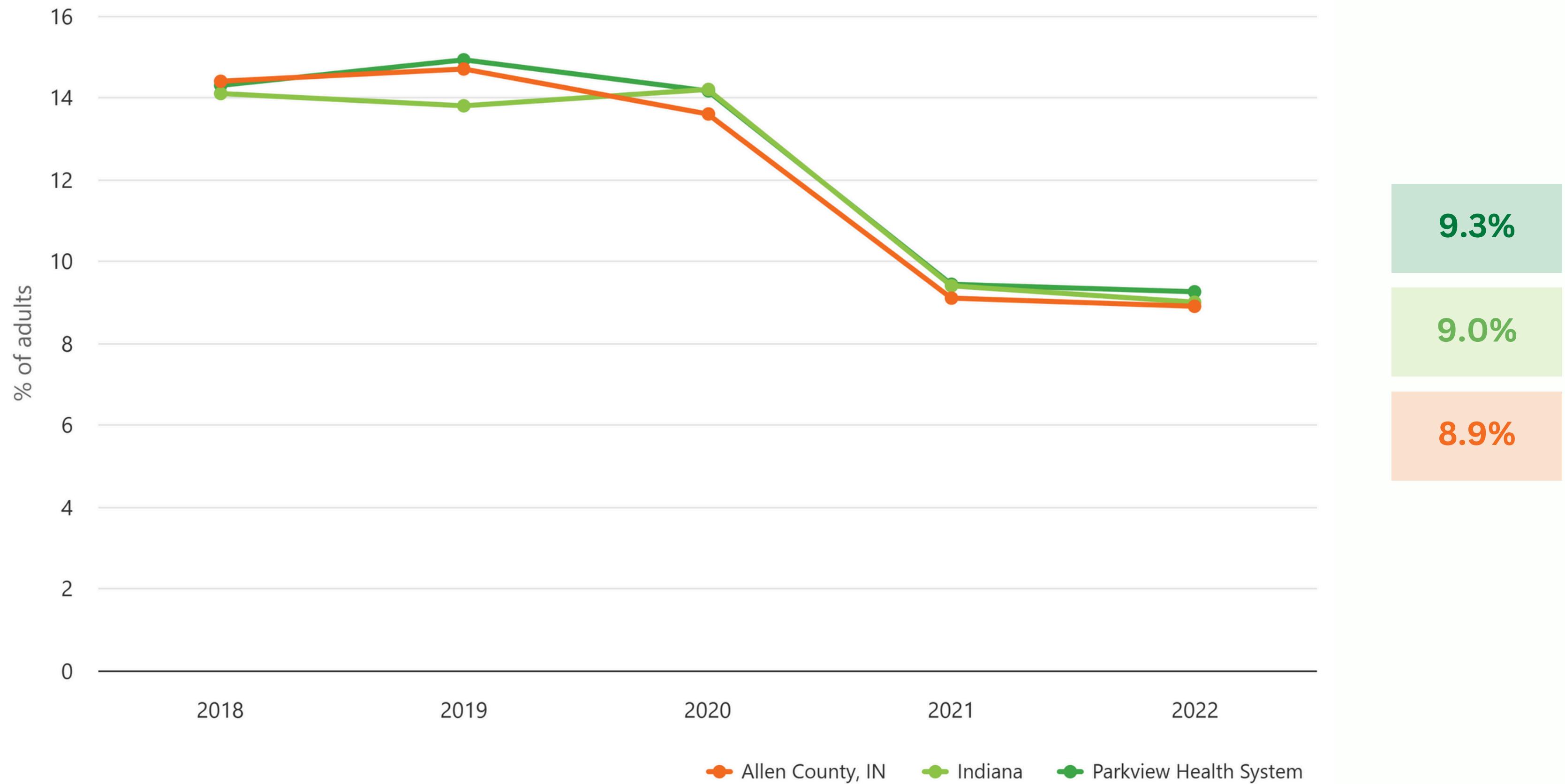


Insurance for Health Care

Topics		Allen	Parkview	Indiana
Uninsured rate % of residents (2023)	↑	<u>8.6</u>	8.9	6.9
Private health insurance % of residents (2023)	↓	<u>64.9</u>	65.4	67.8
Public health insurance % of residents (2023)	↑	<u>36.6</u>	36.1	37.4
Employment-based health insurance % of residents (2023)	↓	<u>55.3</u>	55.8	57.2
TriCare/military health coverage % of residents (2023)	↓	2.0	1.9	1.6
VA health care coverage % of residents (2023)	↓	<u>2.0</u>	2.0	2.2
Medicare coverage % of residents (2023)	↓	<u>16.9</u>	17.2	18.6
Medicaid coverage % of residents (2023)	↑	21.5	20.5	21.1

No health insurance

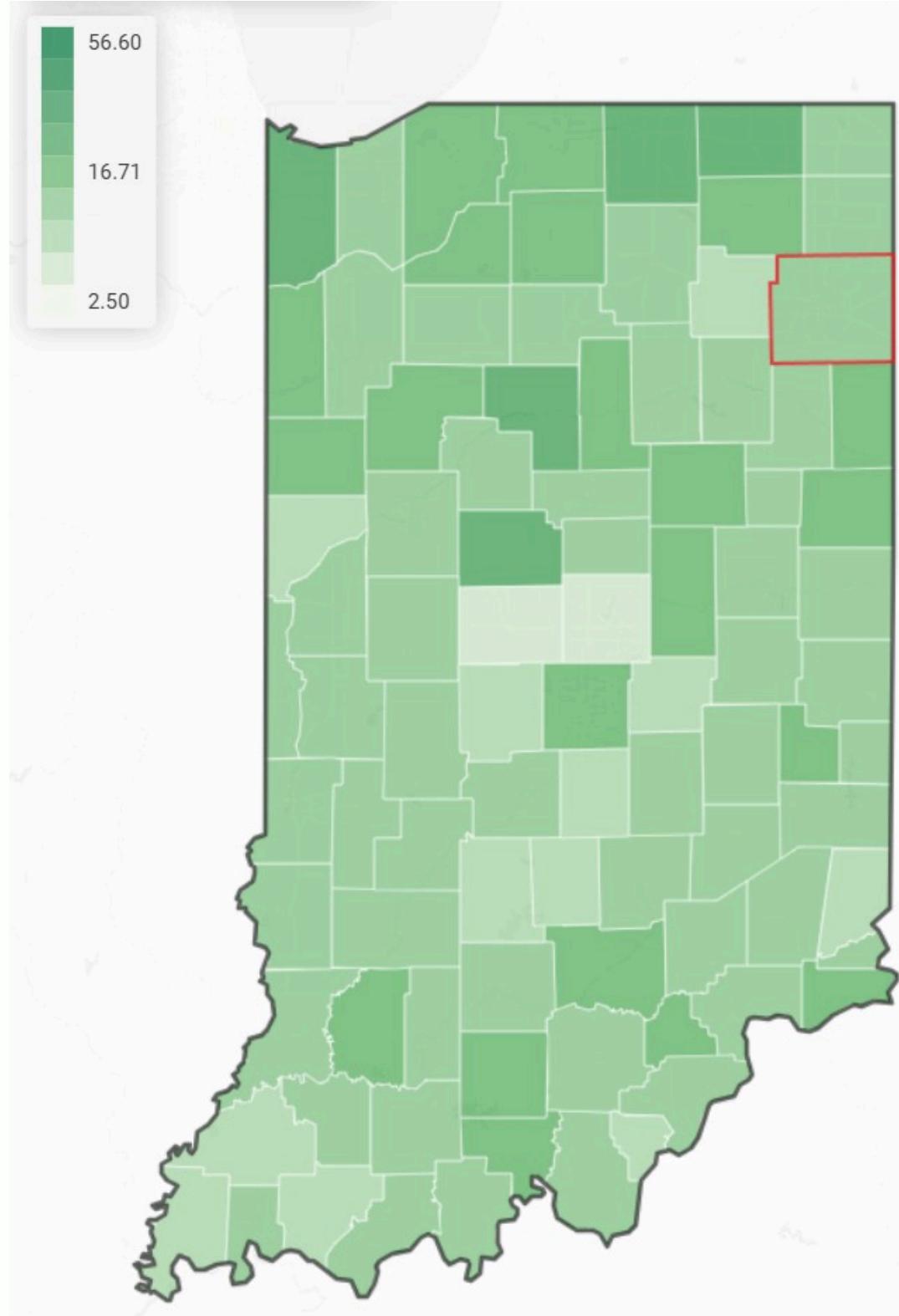
Allen County, IN and comparison



No Health Insurance

2019

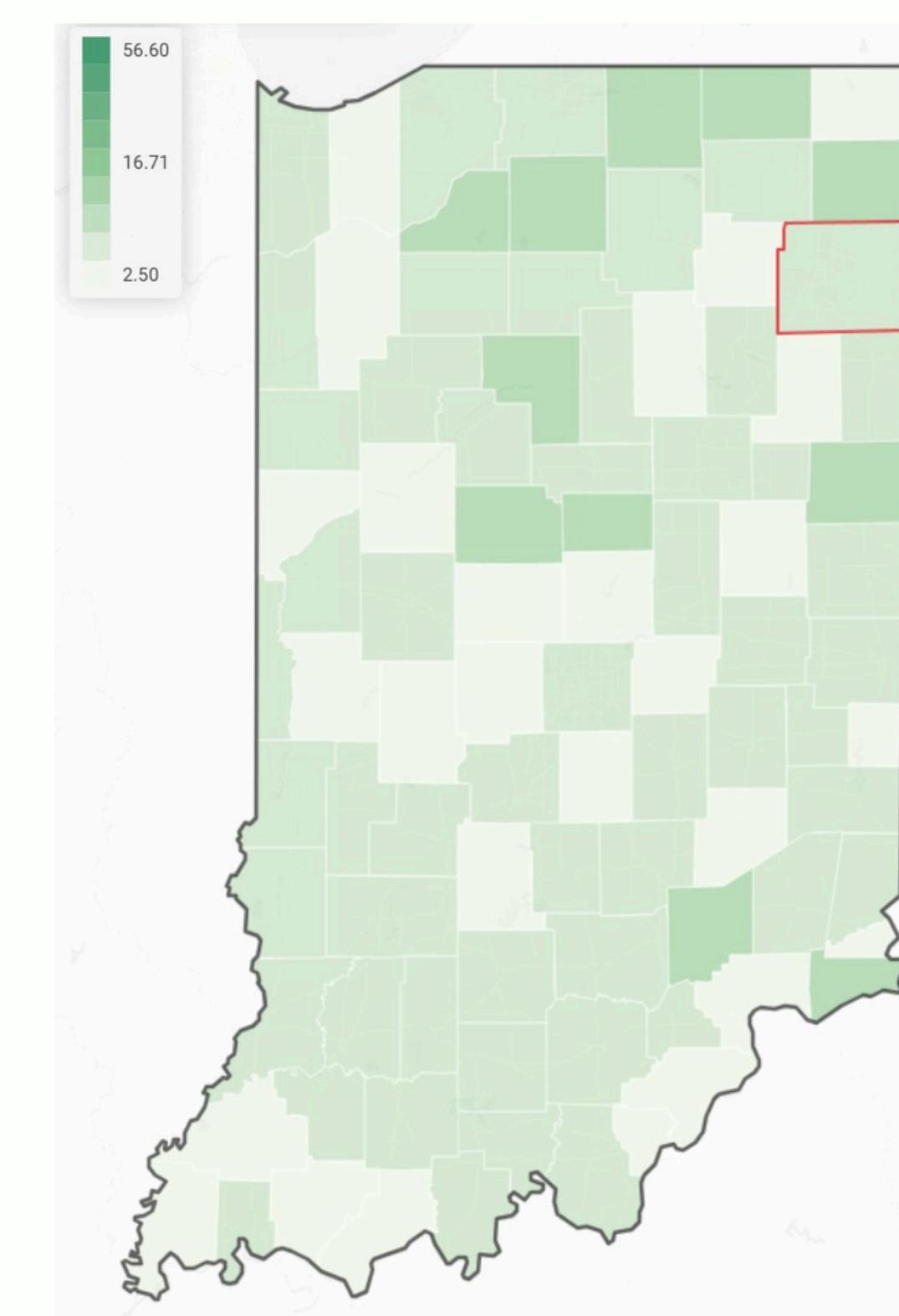
IN Avg. 13.8%



14.7%

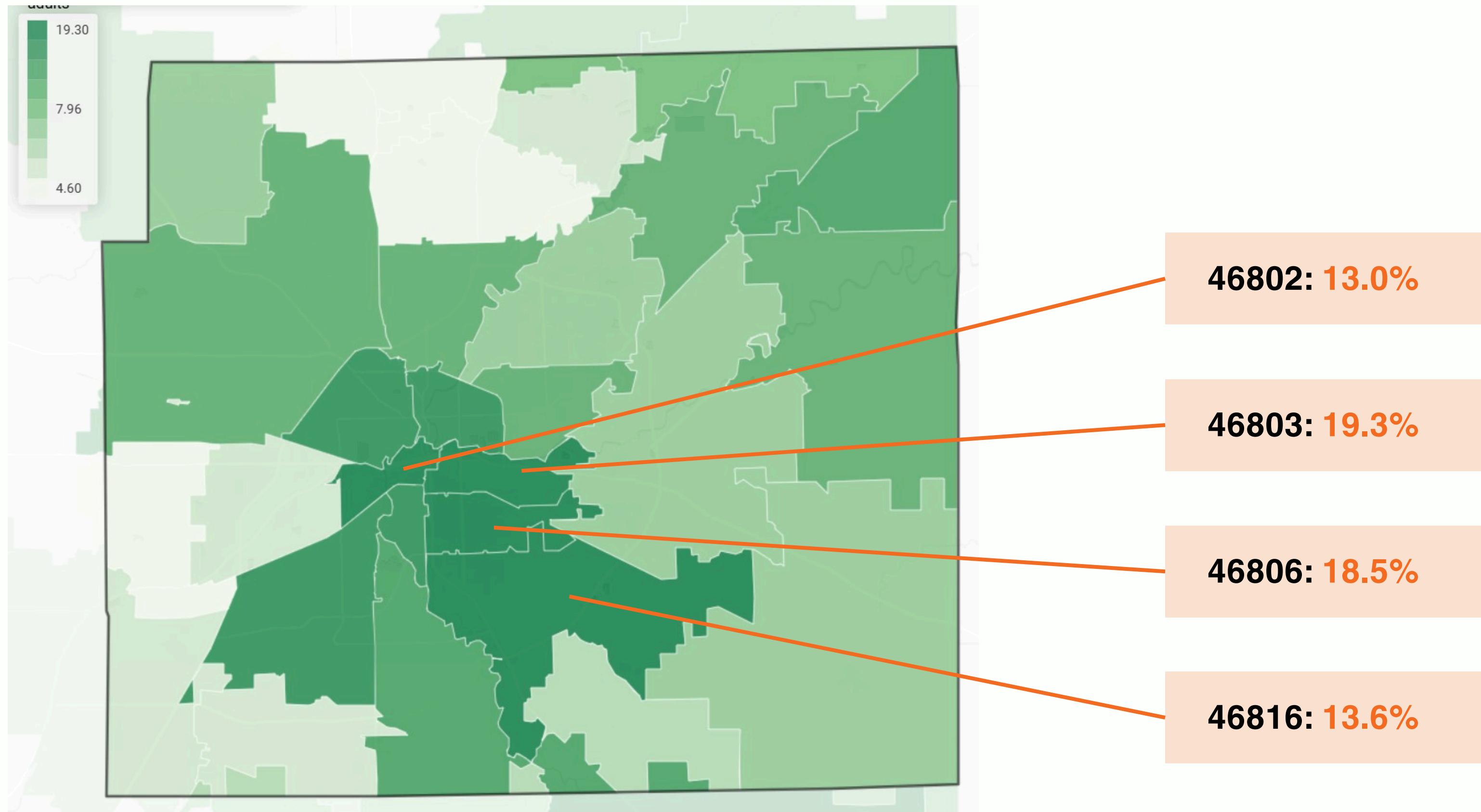
2022

IN Avg. 9.0%



8.9%

No Health Insurance (2022)

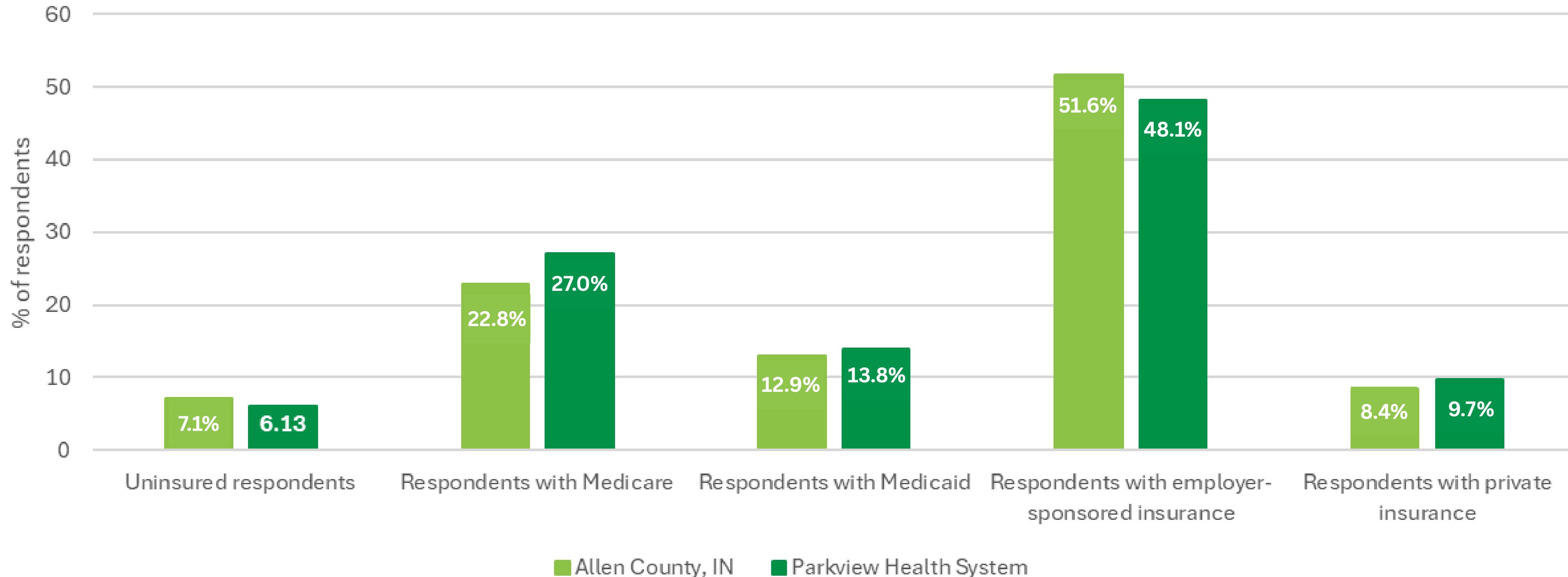


Community Survey

N=2,015

Insurance Status among Respondents, 2024

Allen County, IN and comparison



Summary of Community Survey Data and Local Health Statistics

Insurance for Healthcare

- The percentage of residents without health insurance has improved over time and is currently lower in Allen County (8.9%) than in Indiana (9.0%).
- Zip codes in Allen County with the highest percentage of adults without health insurance are 46802, 46803, 46806 and 46816.
- Community survey respondents had similar rates for different types of health insurance compared to US Census Bureau estimates for Allen County (2023)



Top 5 Health Concerns



Access to Mental Health Care
and Addiction Services



Affordable and
Healthy Food



Insurance for
Healthcare



Housing
Affordability

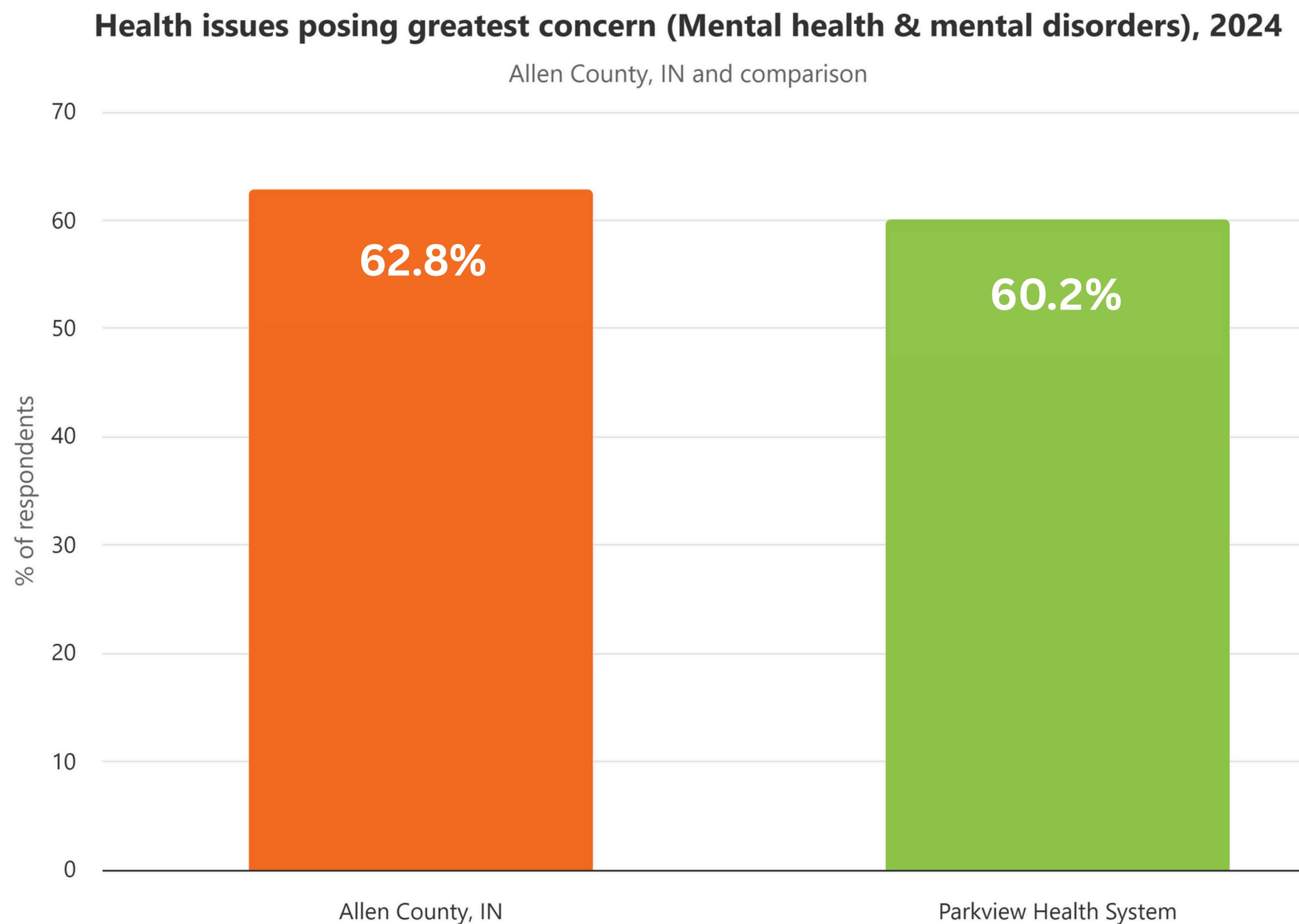


Mental Health and
Mental Disorders

Community Survey

N=2,015

Represents the % of survey respondents where *Mental Health and Mental Disorders* was in their Top 5 concerns.

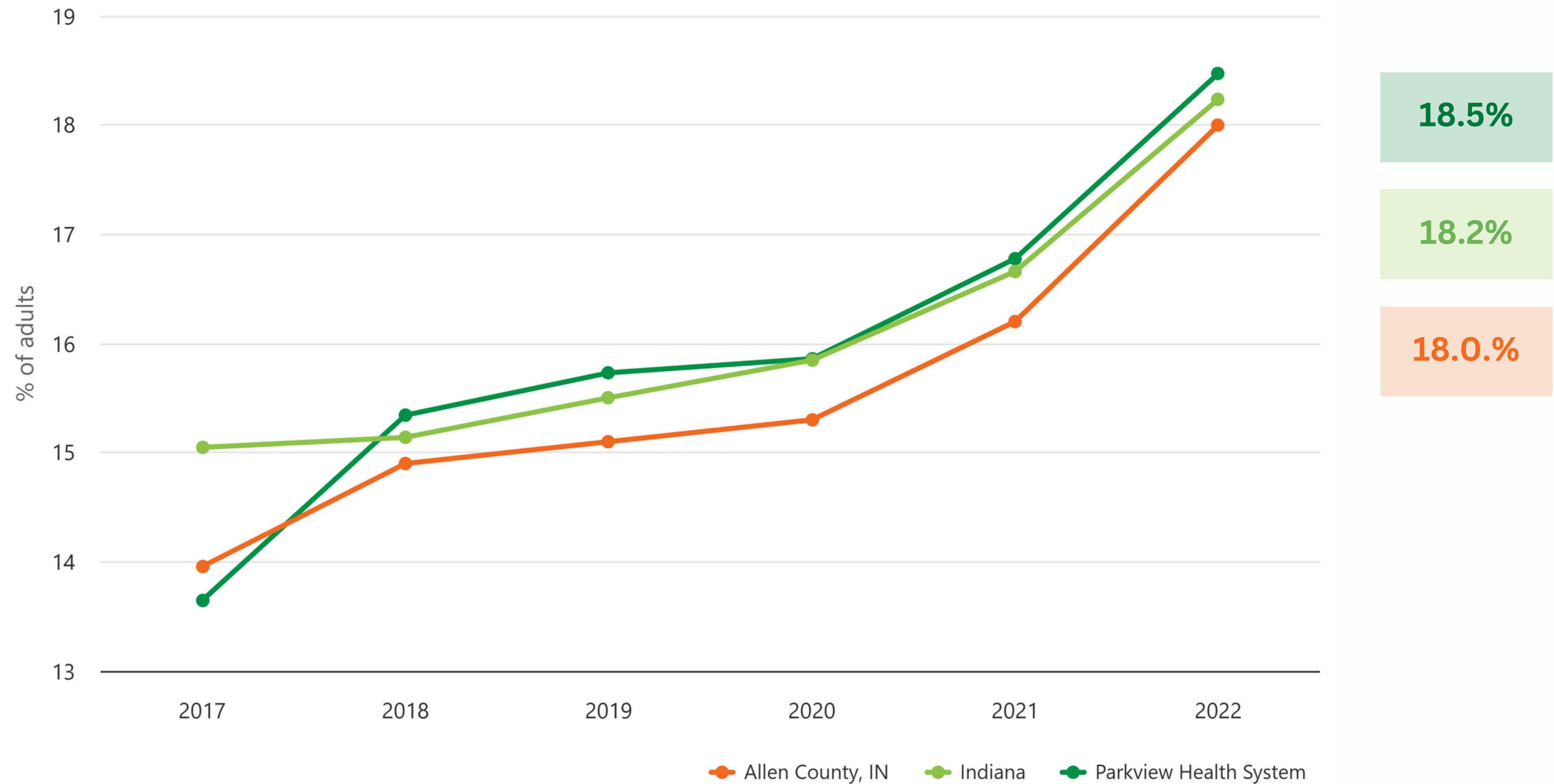


Mental Health and Mental Disorders

Topics	Allen	Parkview	Indiana
Suicide mortality deaths per 100,000 (2019-2023)	↑ 14.9	14.7	15.8
Depression % of adults (2022)	↑ 24.1	24.9	24.4
Poor self-reported mental health % of adults (2022)	↑ 18.0	18.5	18.2
Lacking social and emotional support % of residents (2022)	— 25.1	24.8	24.8
Anxiety (PHQ-4) % of CHNA survey respondents (2024)	— 20.7	19.5	—
Depression (PHQ-4) % of CHNA survey respondents (2024)	— 16.1	15.8	—

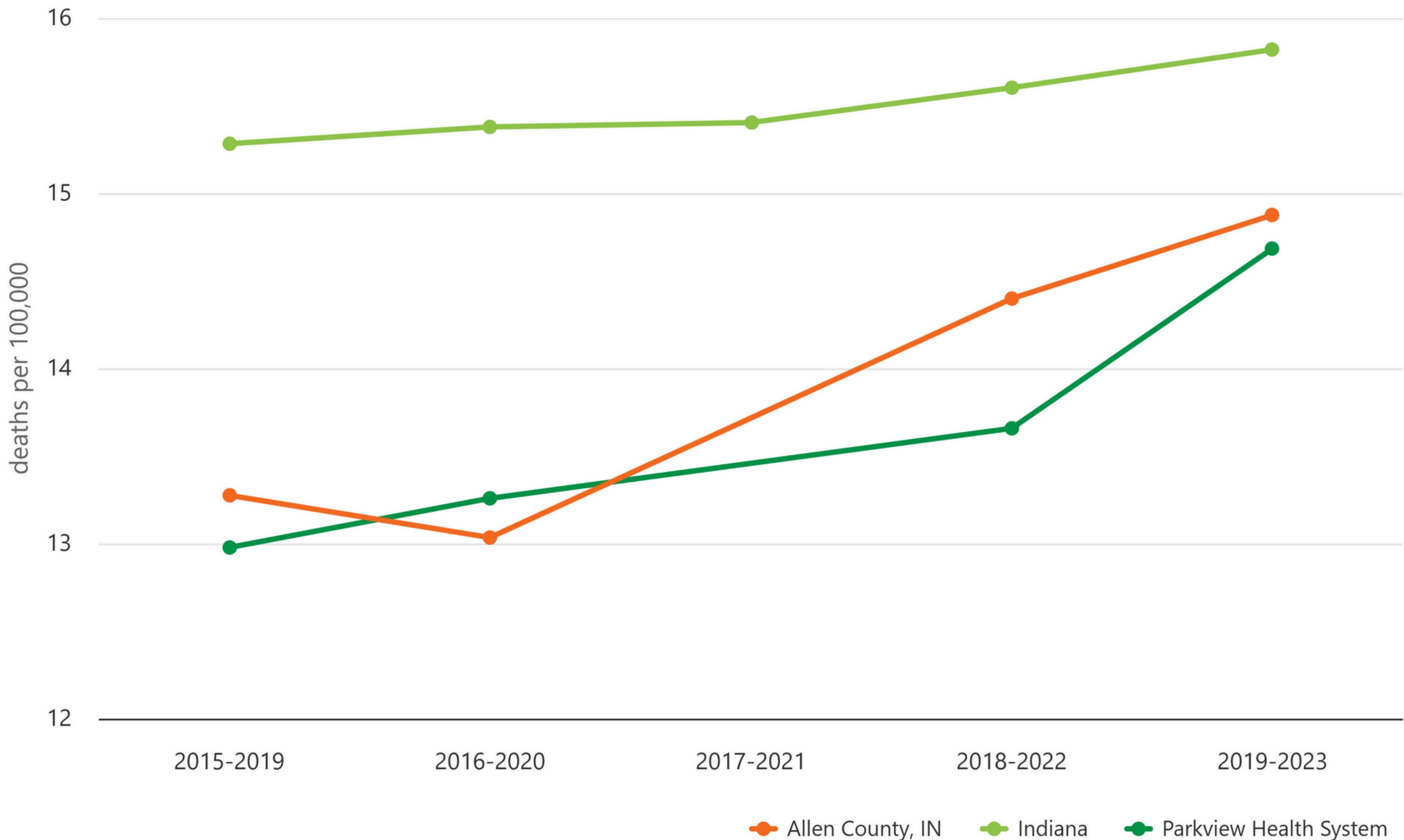
Poor self-reported mental health

Allen County, IN and comparison



Suicide mortality

Allen County, IN and comparison



Indiana

15.8

deaths per 100,000
residents

Allen County

14.9

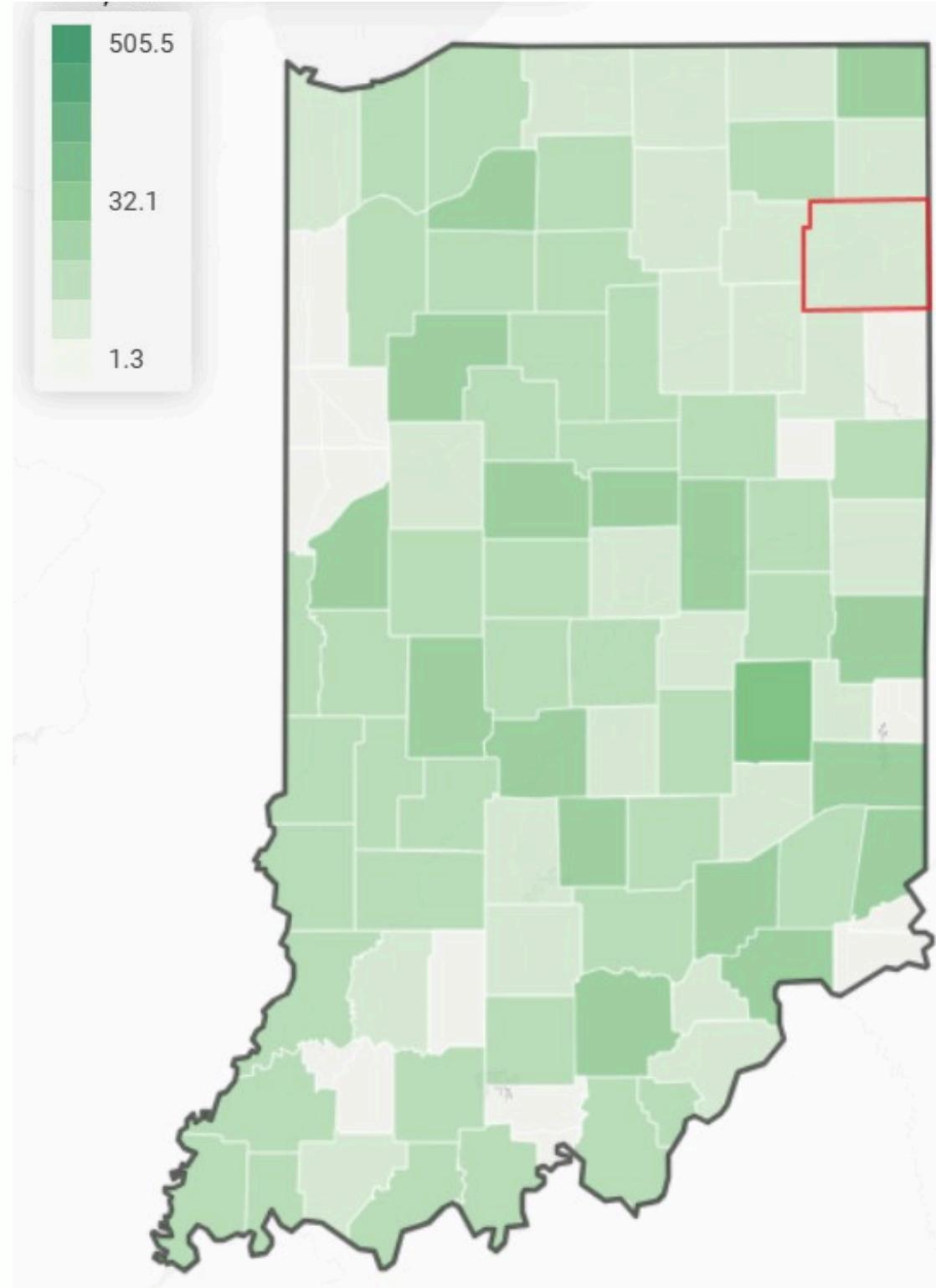
deaths per 100,000
residents

Suicide Mortality

2016-2020

IN Avg. 15.4

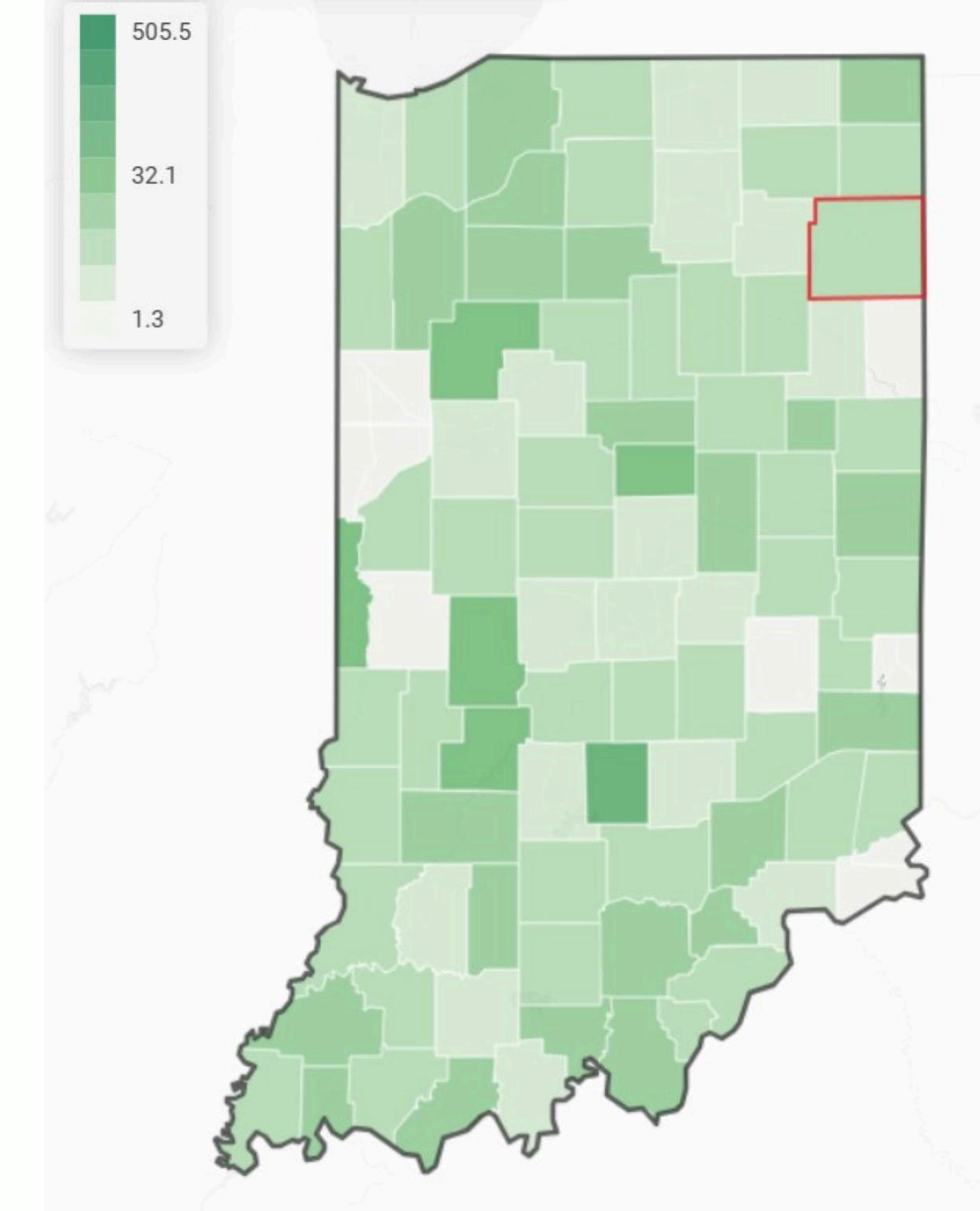
deaths per 100,000



2019-2023

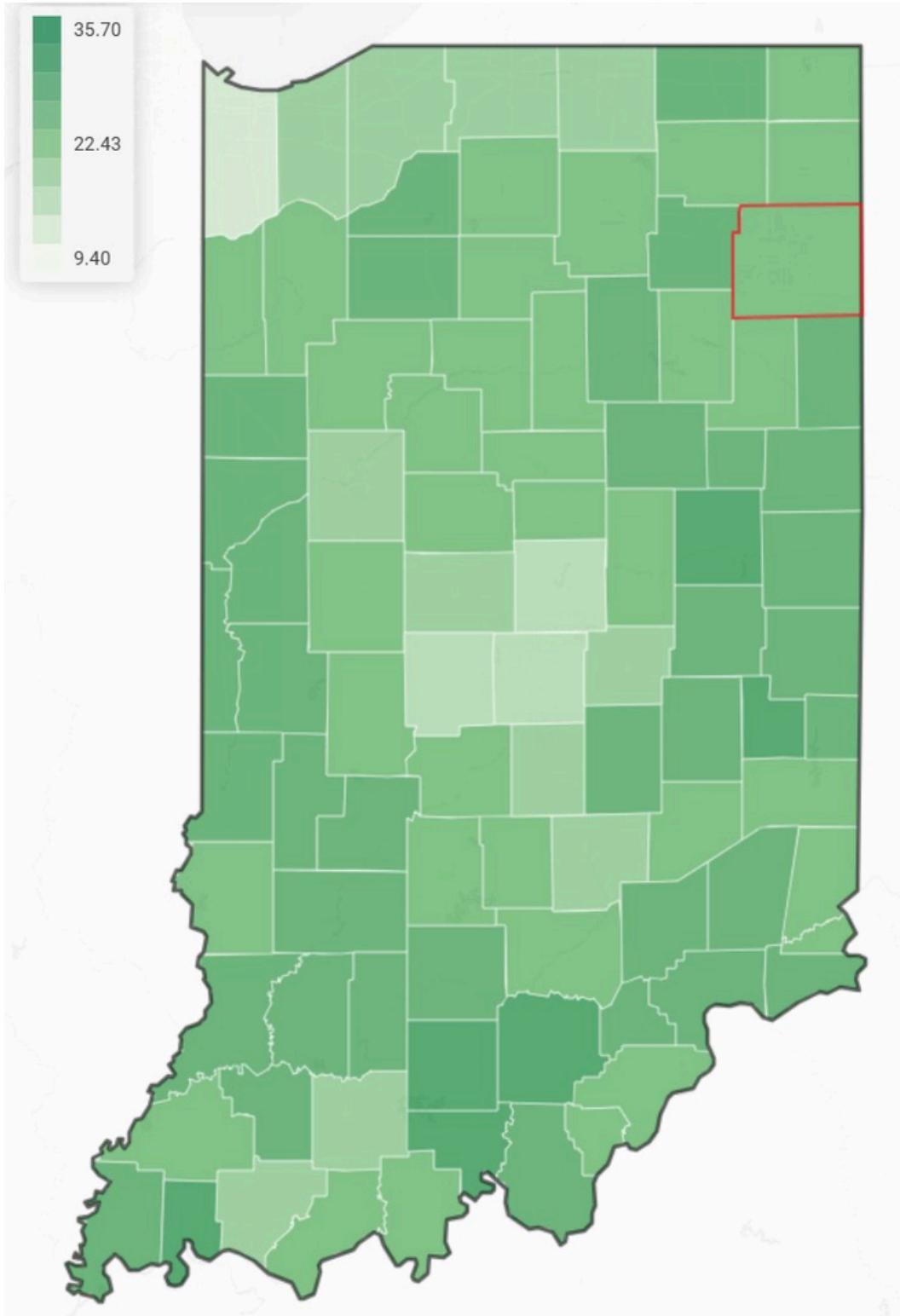
IN Avg. 15.8

deaths per 100,000



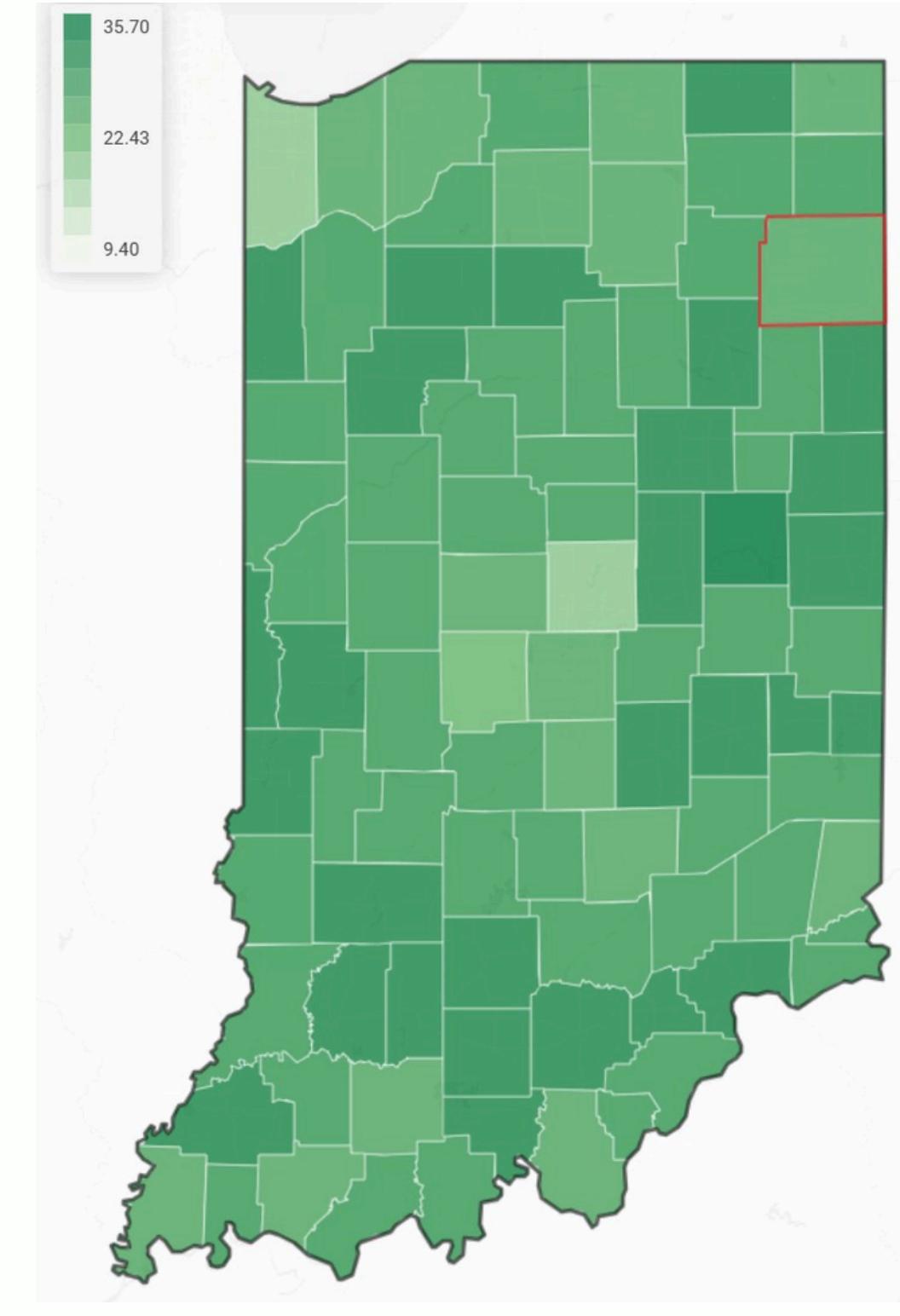
Depression (Adults)

2019 IN Avg. 21.6%



22.0%

2022 IN Avg. 24.4%



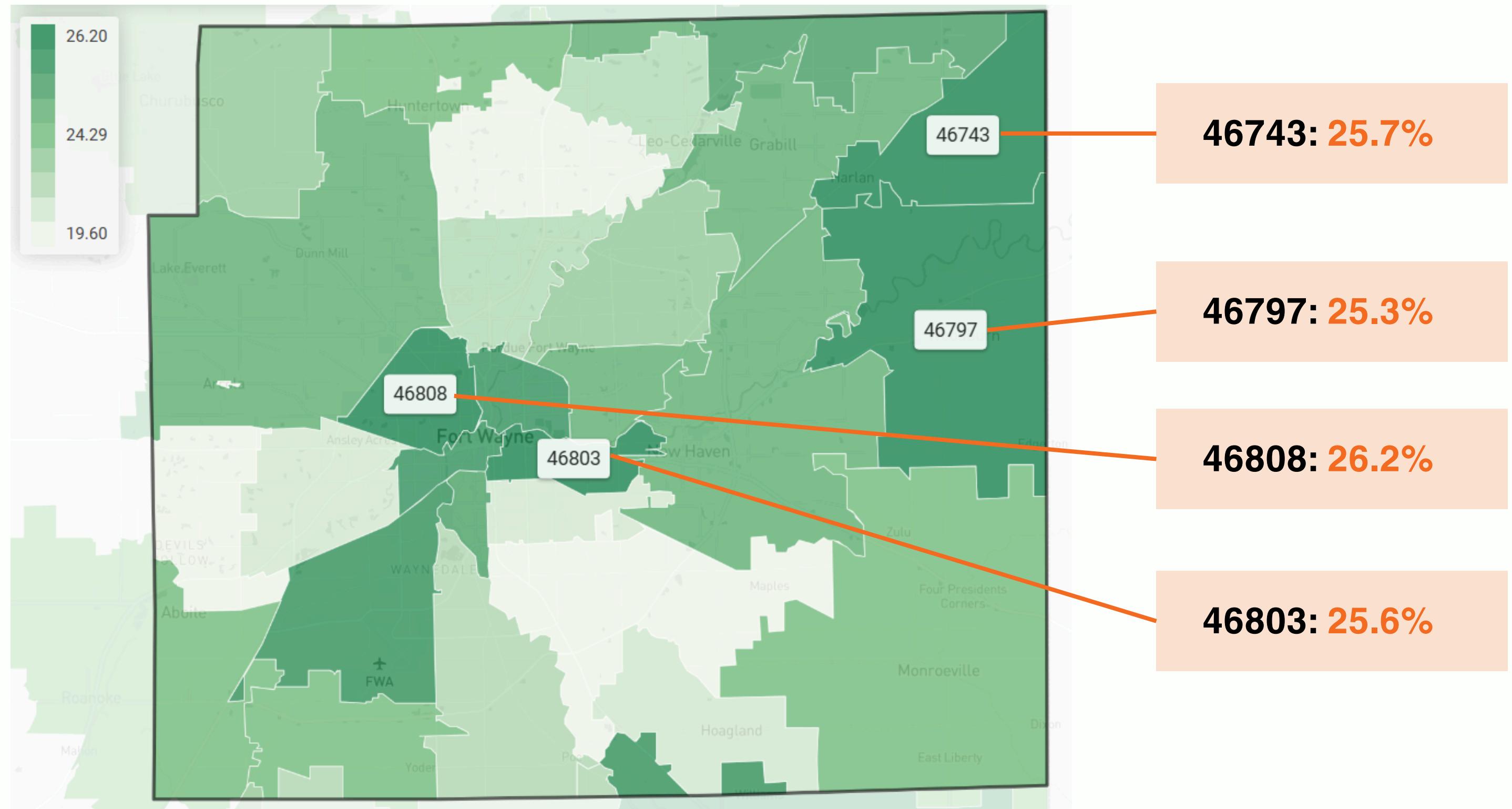
24.1%

Depression (Adults)

2022

Indiana: 24.4%

Allen County: 24.1%



Community Survey: Depression & Anxiety (PHQ-4)

N=2,015

N=5,030

Possible depression

Allen County

16.1%

Parkview Health

15.8%

Possible anxiety

Allen County

20.7%

Parkview Health

19.5%

Summary of Community Survey Data and Local Health Statistics

Mental Health and Mental Disorders

- Various measures of mental health conditions are on the rise in Allen County (e.g., *suicide mortality, depression, and poor mental health*).
- Though lower than the rate for Indiana, suicide mortality in Allen County appears to be steadily increasing since 2020 based on 5-year average data.
- Zip codes of particular concern for adult depression in Allen County are 46743, 46797, 46803 and 46808.



FINAL THOUGHTS

Conclusion and Appreciation to Our Stakeholders



- 10-minute break
- Choose breakout room for discussion
 - Breakout group #1 - access to care
 - Breakout group #2 - social needs
 - Breakout group #3 - top health concern(s) for your county
 - *Breakout group #4 (optional) - any of the above group topics*