

Parkview Community Health Needs Assessment

Prioritization Session & Community Forum



March 13, 2025



Many thanks to all who partnered with us to ensure a successful and meaningful CHNA!

Objectives of the Community Health Needs Assessment

- As a not-for-profit hospital system, Parkview Health is responsible for conducting a CHNA every 3 years for each community served by a Parkview Hospital. The last CHNA was completed in 2022.
- Data from the CHNA is used to identify priority health needs in the communities we serve and is integral to Parkview's community health improvement strategies and investments.

2022 Parkview LaGrange Priorities



Mental Health

- *Focus on Substance Use/Abuse and Suicide Prevention*



Obesity



Child Abuse and Maltreatment

Agenda



1

Overview of the 2025 CHNA

2

Data trends related to the top 5 identified health needs

3

Prioritization of top 2-3 health needs

4

Breakout discussions on health concerns, social needs, and access to care in your community

Prioritization Session Agenda (60 minutes)

Introductions / Review of Meeting Goals

Presentation of CHNA Results

- Overview of CHNA process & scoring of health priorities
- Results of evidence-based prioritization
- Review of the **DATA TRENDS** related to top health indicators

Prioritization Voting

- Voting & discussion to rank order top health priorities
- Chatham House Rule to promote open sharing / productive dialogue
 - Provide **1 pro – 1 con – 1 con – 1 pro** for each health priority being considered before moving to the next one



Community Forums (60 minutes)

Led by moderator with focused prompts & a note taker



Aims



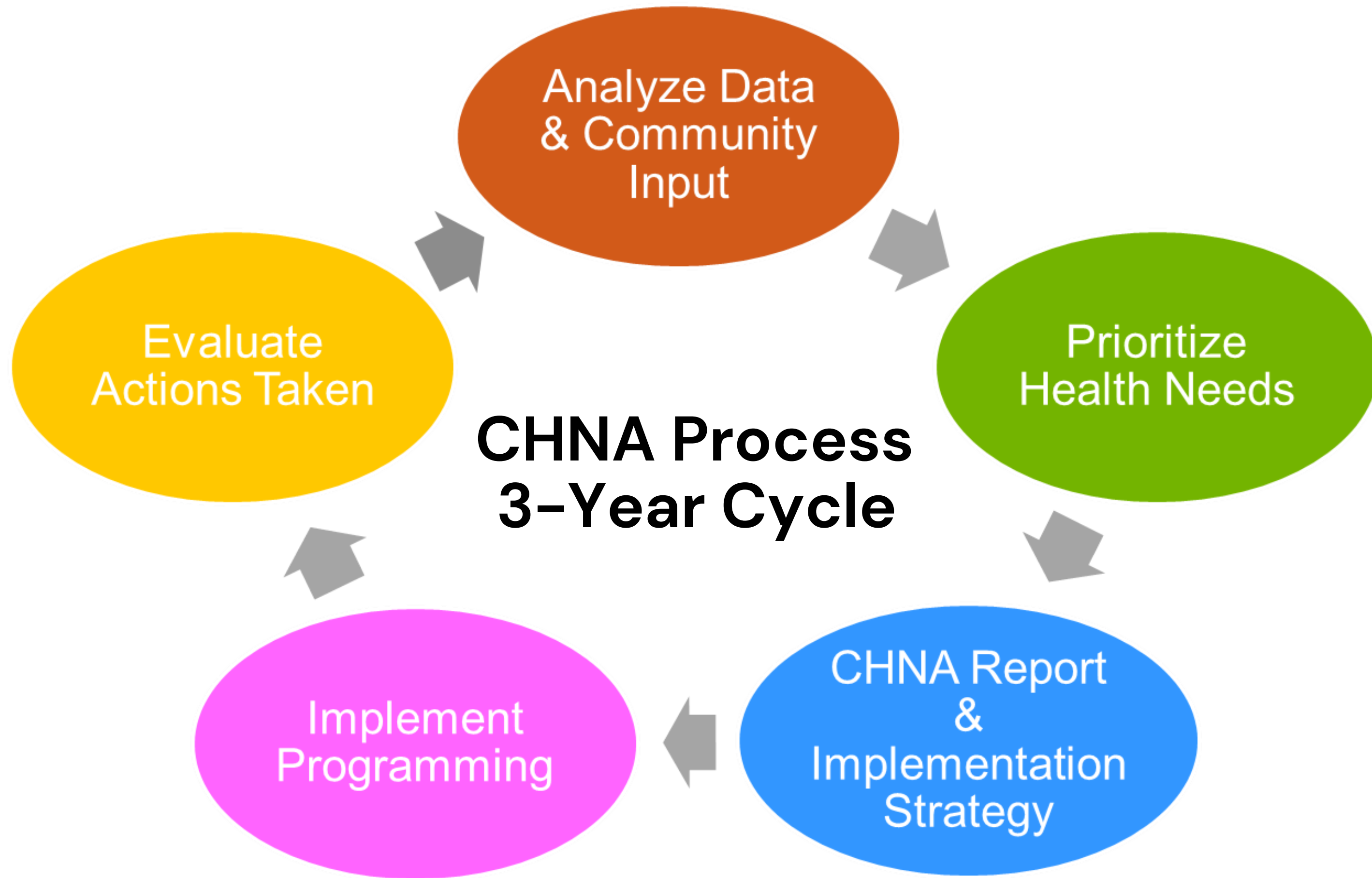
- Provide **context** for community needs
- What **assets are in place or needed** to address the needs
- **Bring community together** around top health concerns

Breakout groups
(8-10 participants/group)



- Breakout group #1 – access to care
- Breakout group #2 – social needs
- Breakout group #3 – top health concern(s) for your county
- *Breakout group #4 (optional) – any of the above group topics*





CHNA Timeline

NEW!
AUG-SEP 2024
Discovery
Meetings

DEC '24 - FEB '25

Secondary Data Collection

- Metopio Software

Analysis of primary/secondary data

JUN-AUG '25

June: Collect Parkview CHI 3-year impact report from each county
August: Parkview Health System-wide CHI Strategy Session

SEPT-NOV '24

Primary Data Collection

- Community Surveys
- Key Informant Surveys

MAR-MAY '25

County Level Prioritization Sessions

- rank top health priority

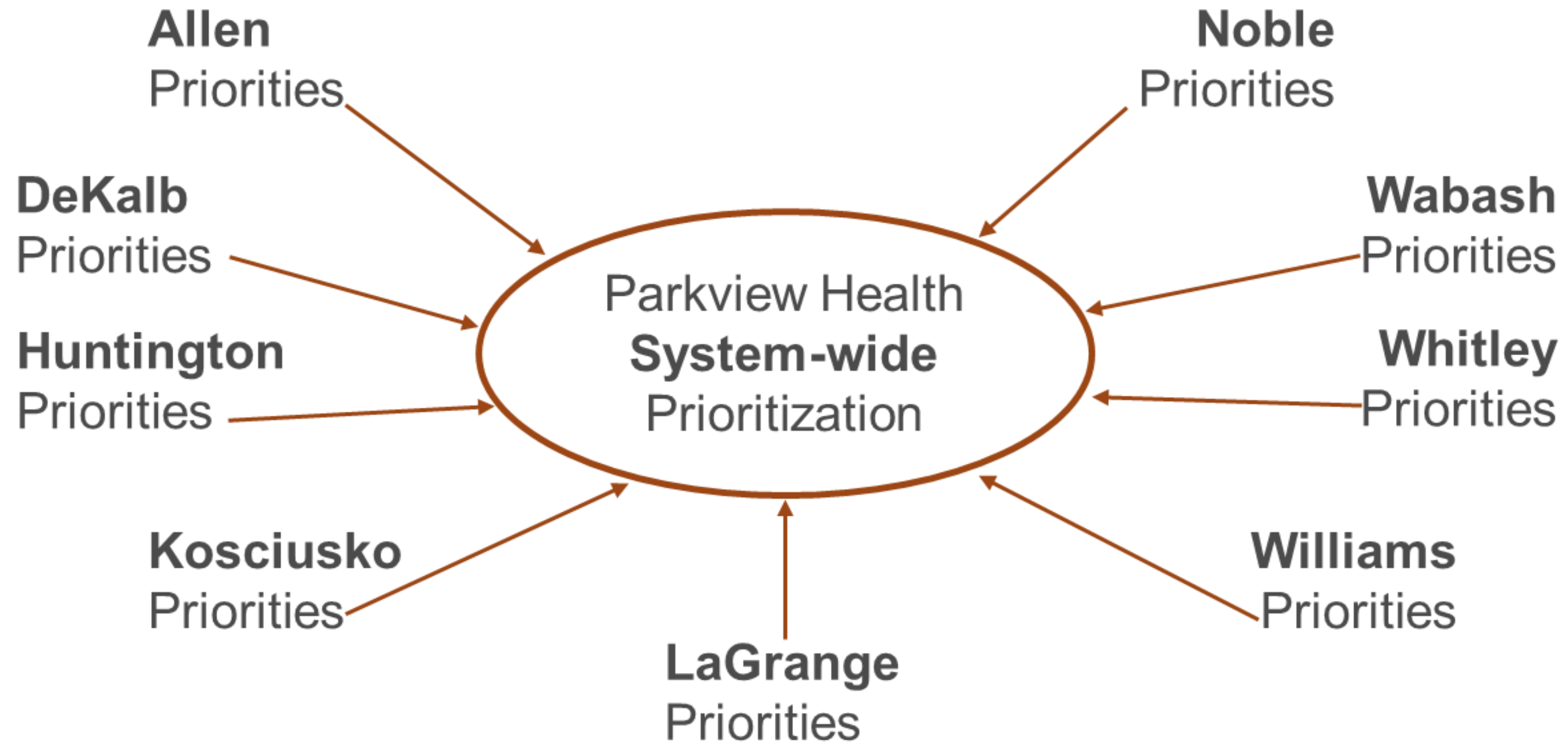
County Level Forums

- qualitative data collection

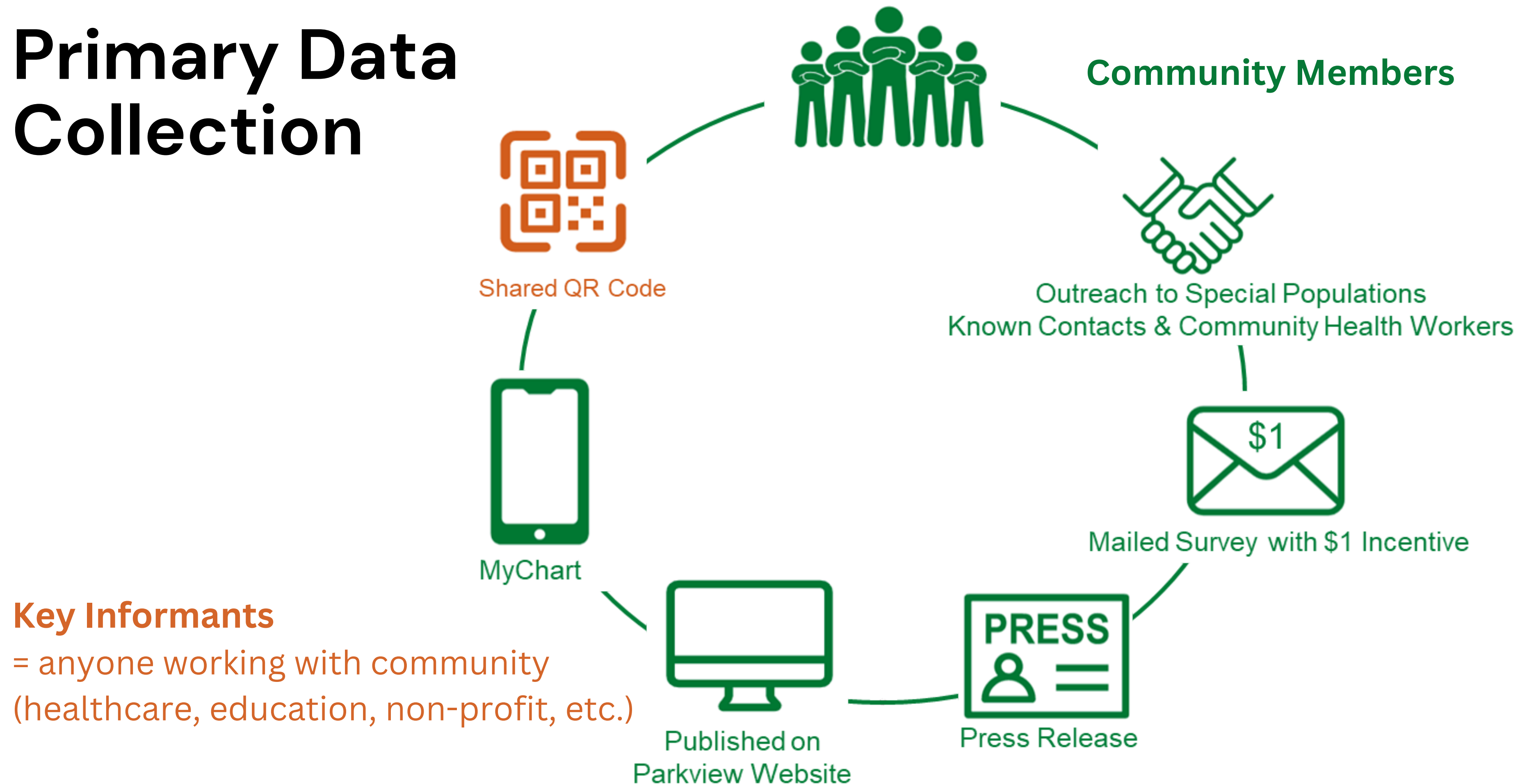
SEPT-NOV '25

September: Reports for each county finalized
Oct-Nov: Each county Hospital seeks board approval for their report

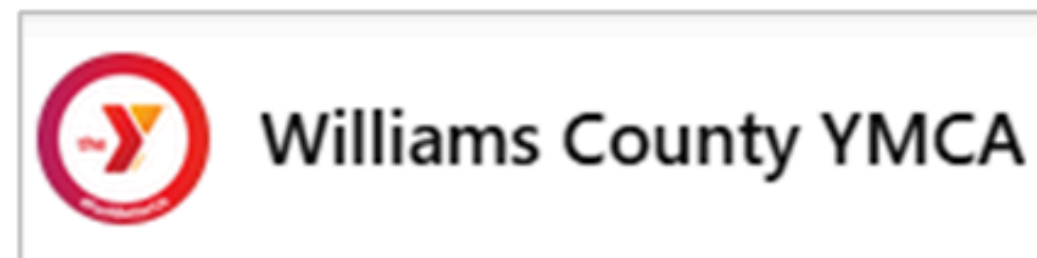
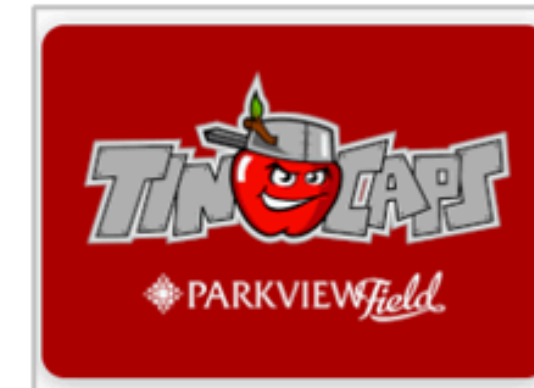
Selection of a single shared health priority for Parkview Health

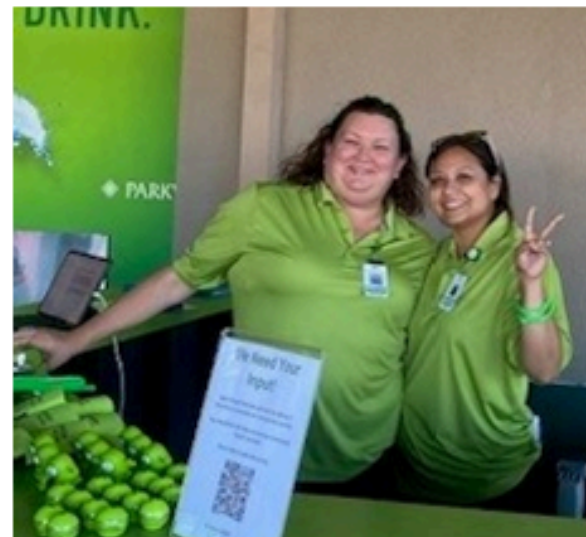


Primary Data Collection



30+ Community Events/Outreach





County	Community	Key Informant
Adams	244	52
Allen	2015	242
Dekalb	287	70
Huntington	348	100
Kosciusko	331	70
LaGrange	406	111
Noble	350	51
Wabash	249	69
Wells	200	52
Whitley	329	56
Williams	271	87
Total	5030	960

Targets per county

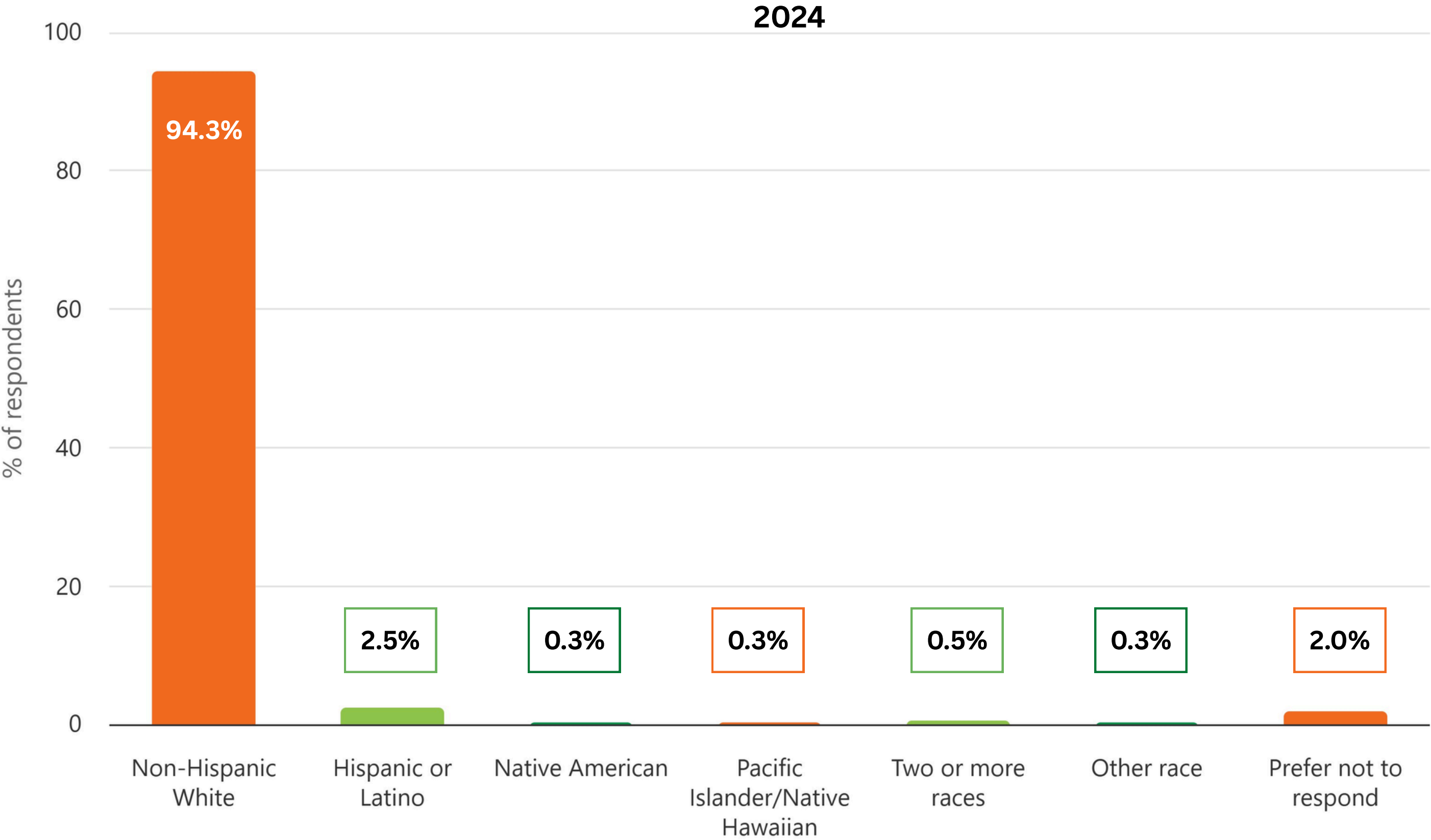
Community: 200

Key Informant: 50



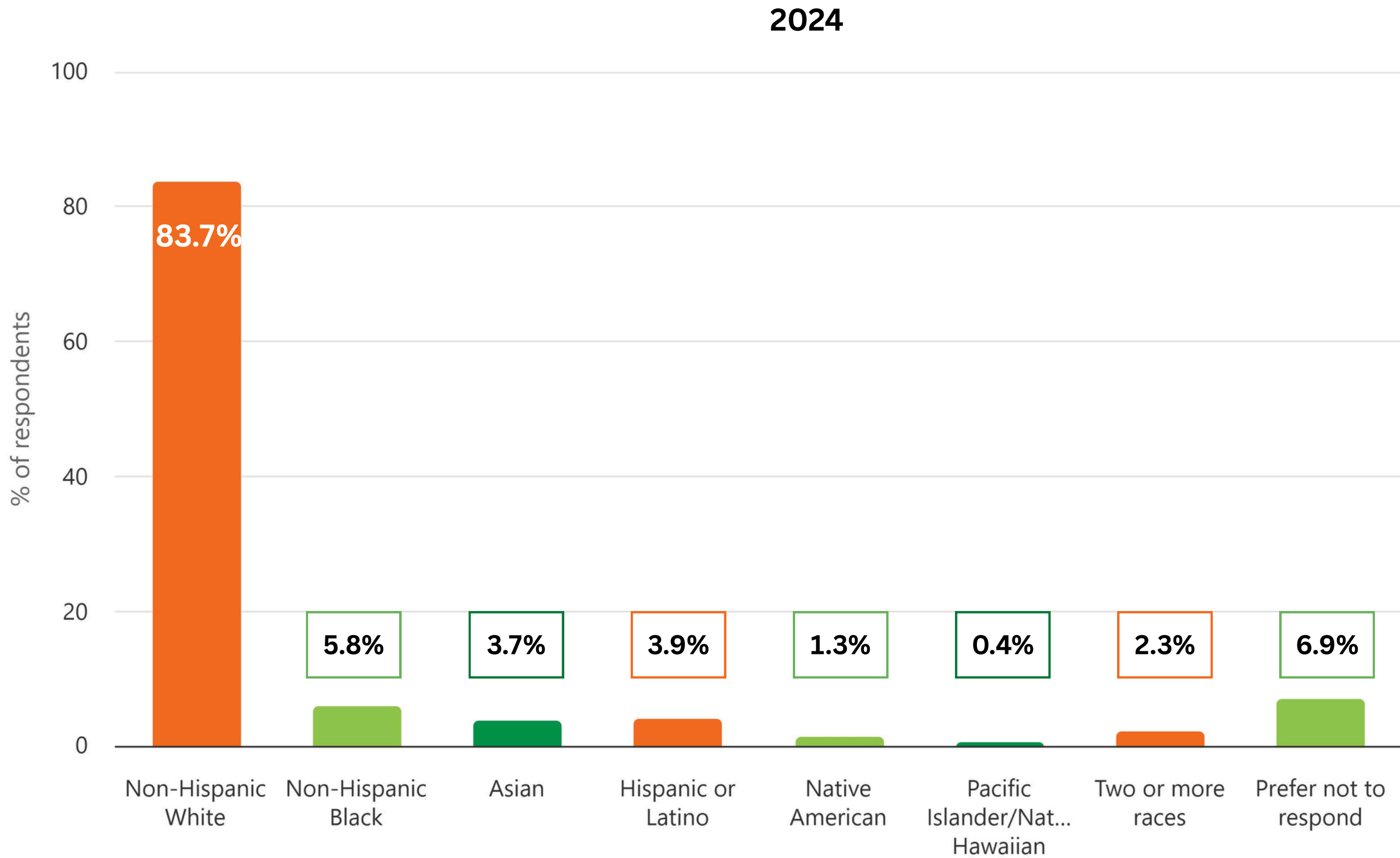
Community Survey: Race/ethnicity of respondents

N=406



Key Informant Survey: Race/ethnicity of respondents

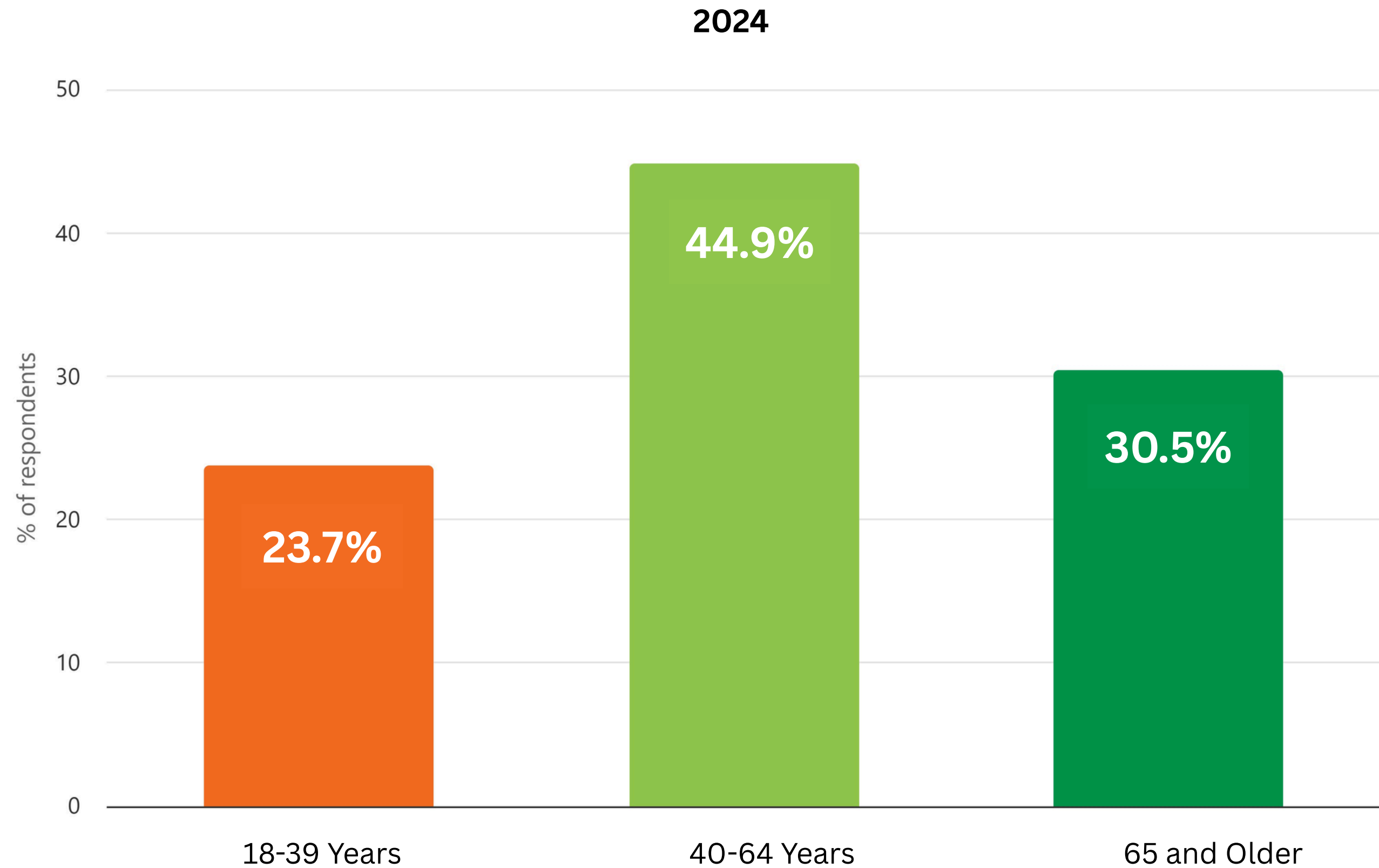
N=110



Community Survey: Age of respondents

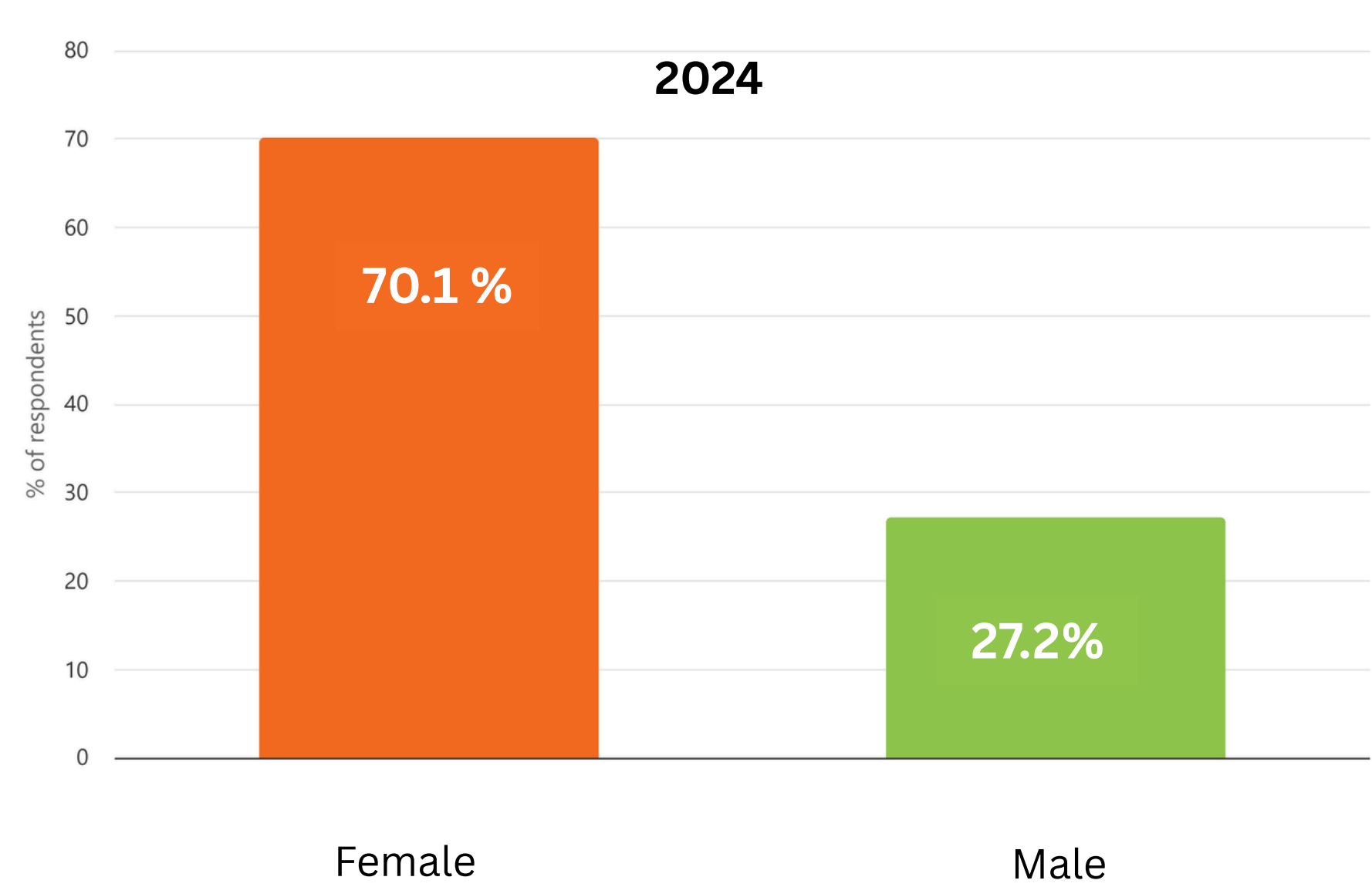
N=406

1.6% were blank, did not respond on the survey.



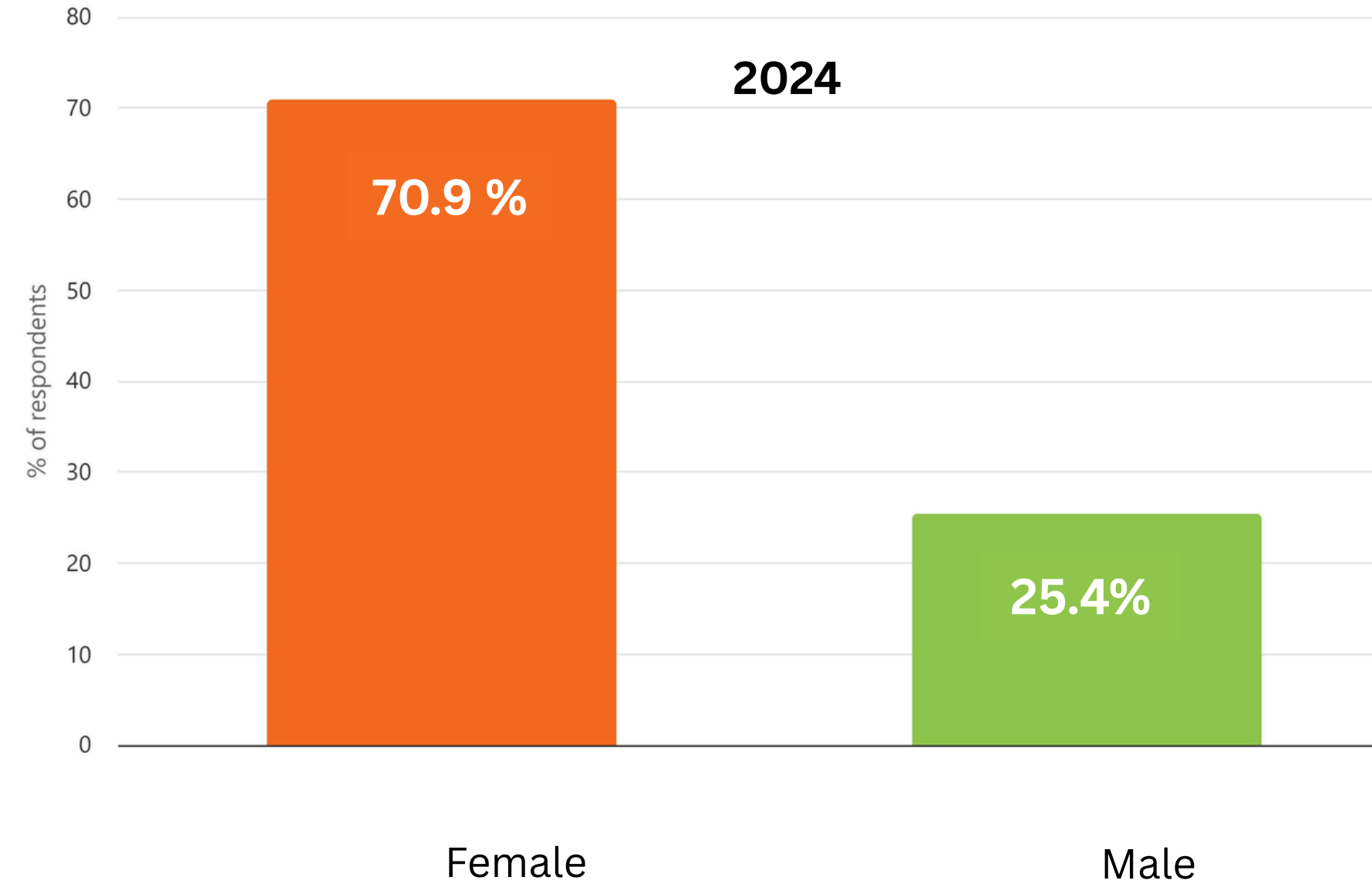
CHNA Surveys: Sex of respondents

Community N=406



2.7% did not respond on the survey or identified as other gender.

Key Informant N=110

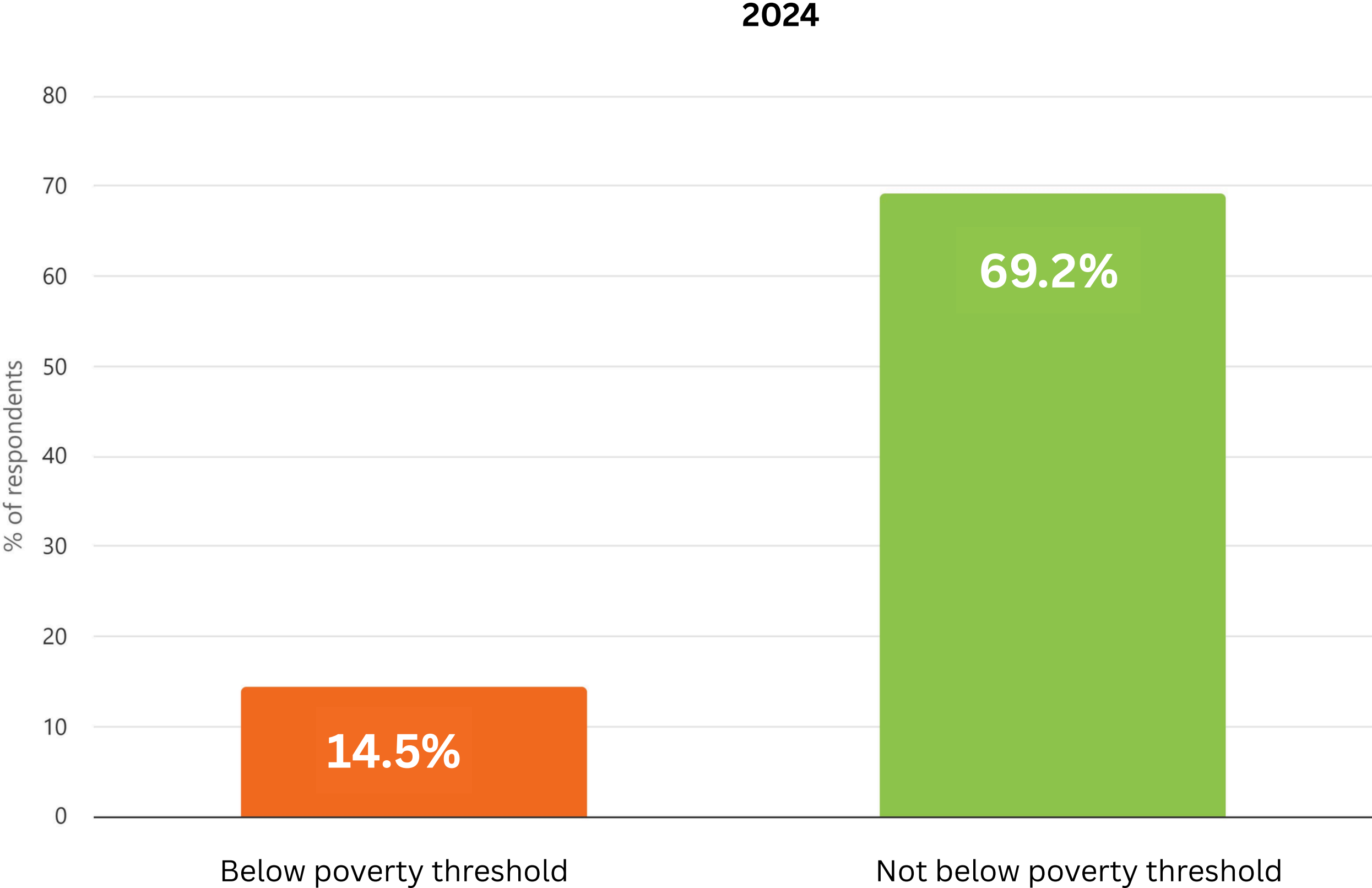


3.8% did not respond on the survey or identified as other gender.

Community Survey: Poverty Threshold

N=406

16.3% were blank, did not respond on the survey or poverty threshold could not be determined.



Secondary Data Collection



Community Data

- Data for **LaGrange County** can be explored on our new **Parkview Health Community Data Hub!**
- Use this data to learn about your community, from census tracts to counties across the Parkview Health System.

Parkview Health Community Data Hub

QUICK START

Select both a place and a topic to launch a map or chart.

Search Places ▼

Search Topics ▼

VIEW MAP

VIEW CHART



<https://parkview.metop.io>

A note on secondary data



You may notice that some of the numbers presented differ from what was seen in earlier presentations. Why?

- Public health data are not static. Agencies like the CDC continue to receive new reports, verify information and improve analytic methods even after data are first published.
- When this happens, previously reported numbers may be updated.
- These updates are normal and reflect stronger, more complete information.
- Updates usually **do not** change the actual severity of public health issues.

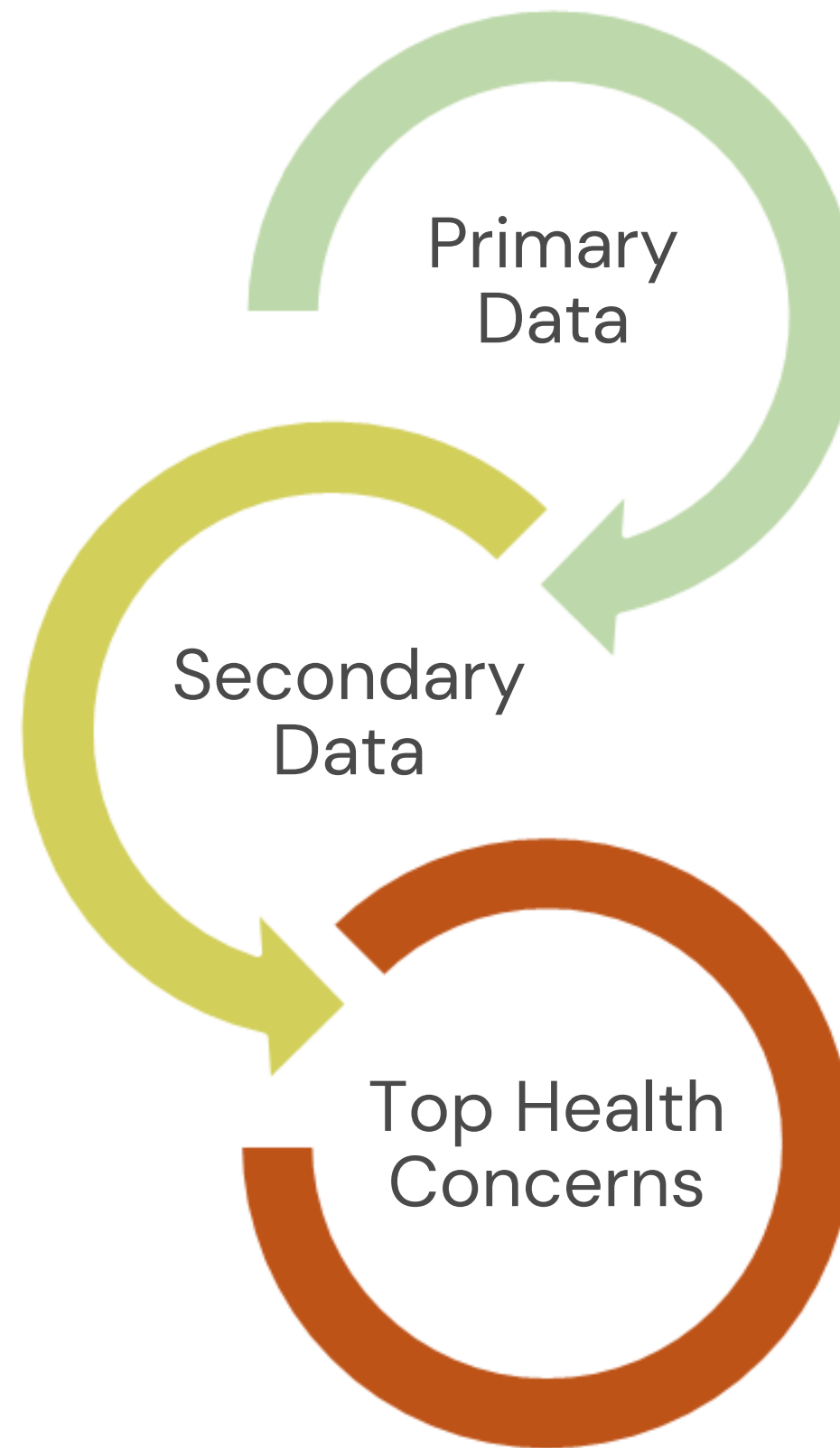
Data Analysis

Primary data =

Community Surveys +
Key Informant Surveys +
Interviews

5 Top Health Concerns =

algorithm applied to
primary & secondary data +
pre-session voting



Secondary data =

Community level health
data collected by other
organizations

Top 9 Identified Health Concerns in LaGrange County

Health Concern	Score
Mental health and mental disorders	5
Obesity	5
Housing affordability	3
Insurance for health care	3
Respiratory and lung disease	2.5
Tobacco and vaping use	2.5
Access to mental health and addiction services	2.5
Affordable and healthy food	2.5
Physical exercise	2.5

- Scores are based on algorithm applied to results from community survey, key informant survey, and secondary data
- Higher scores indicate greater need
- Pre-session voting took place to identify top 5 health concerns

Top 5 Health Concerns



Access to mental health
care & addiction services



Housing affordability



Insurance for health care



Mental health &
mental disorders

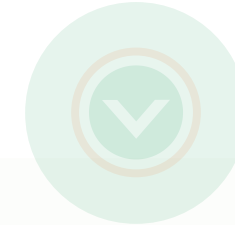


Obesity

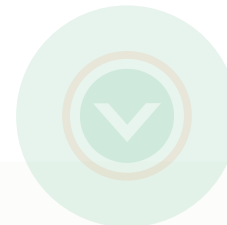
Top 5 Health Concerns



Access to mental health
care & addiction services



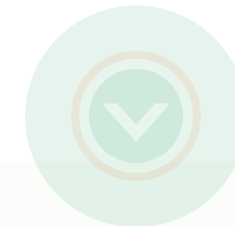
Housing affordability



Insurance for health care



Mental health &
mental disorders



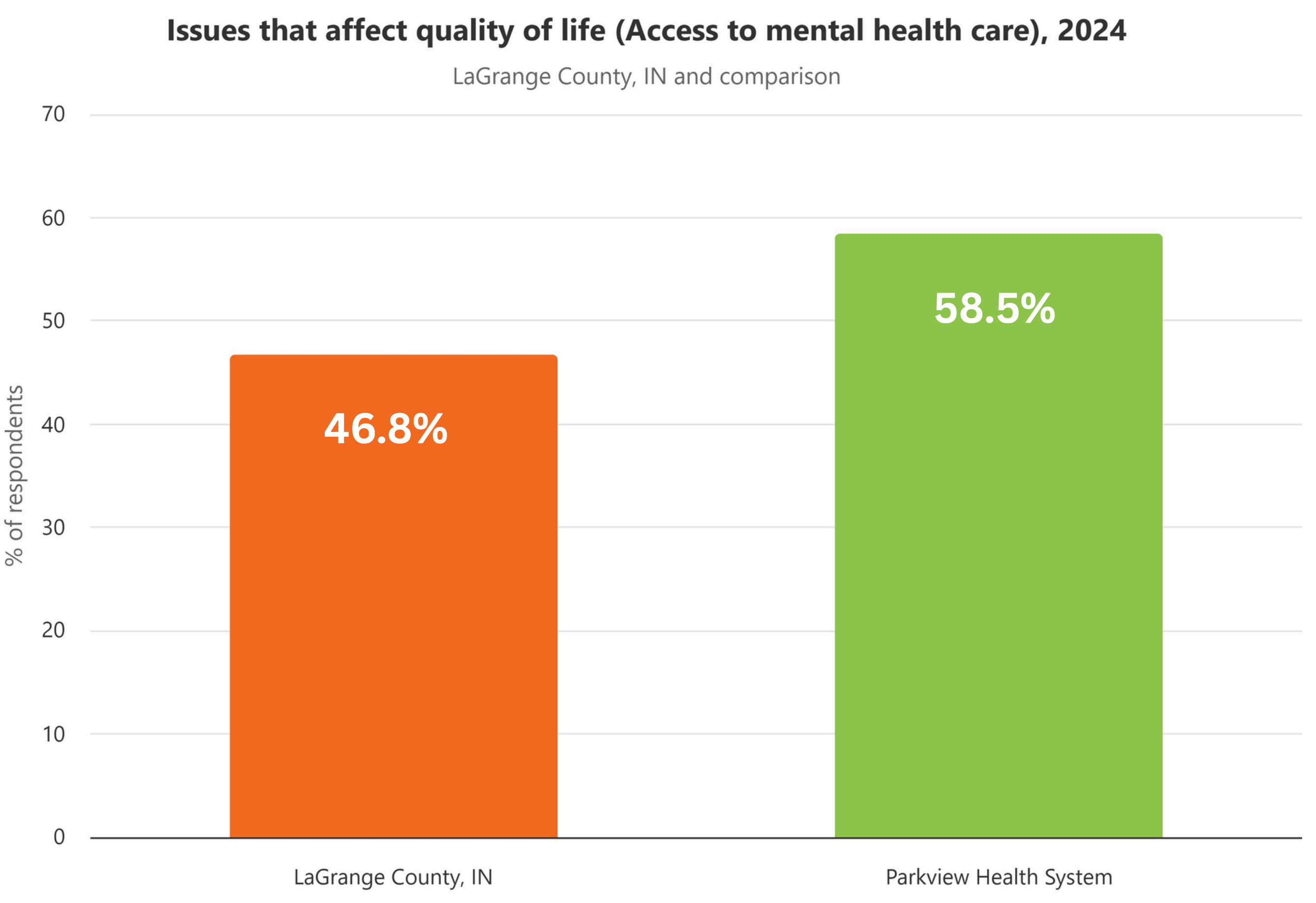
Obesity

Community Survey

N=406

N=5,030

Represents the % of survey respondents where *Access to Mental Health and Addiction Services* was in their Top 5 concerns.

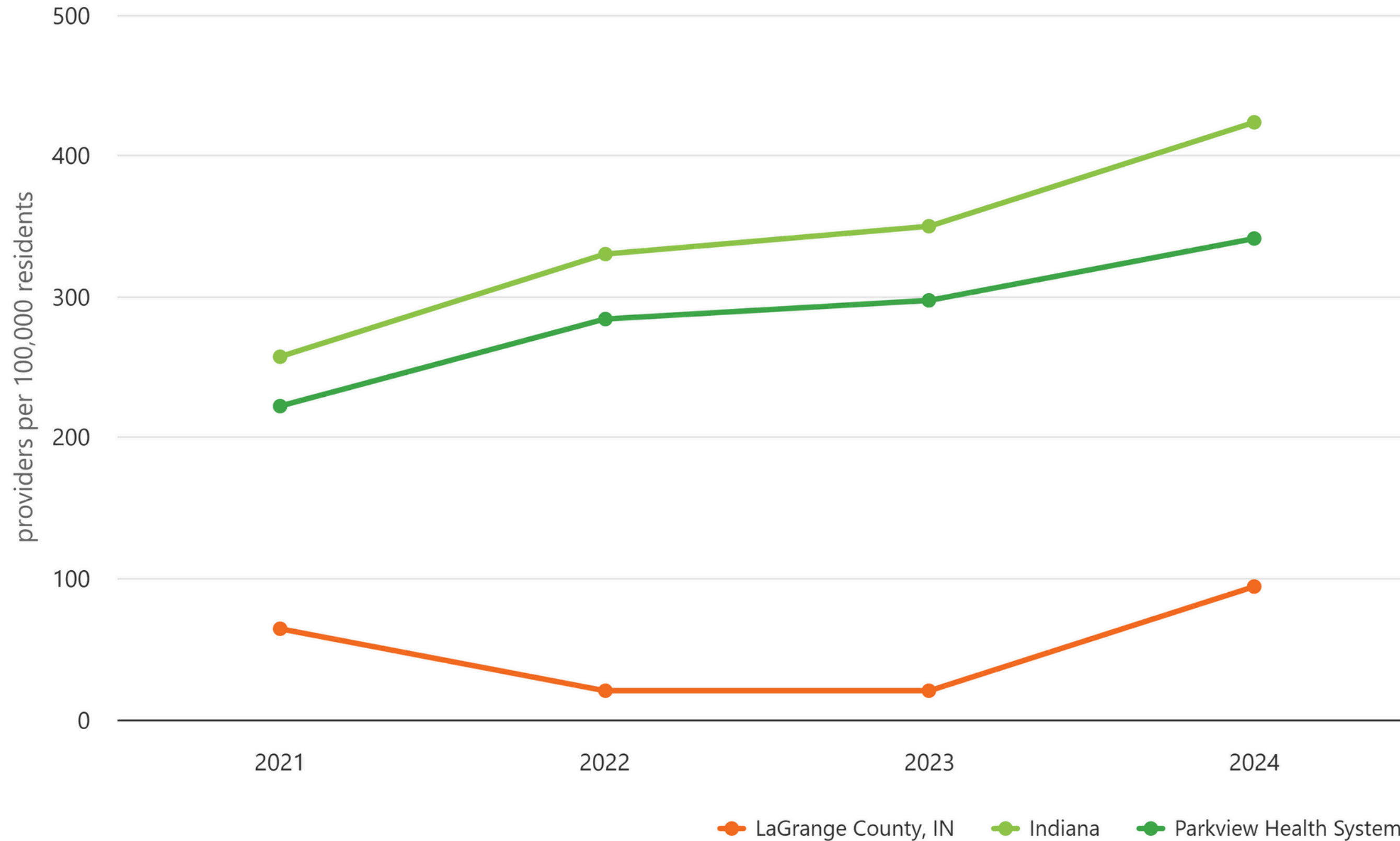


Access to Mental Health Care & Addiction Services

Topics	LaGrange		Parkview	Indiana
Mental health providers per capita providers per 100,000 residents (2024)	↓	<u>94.4</u>	341.3	423.7
Psychiatry physicians per capita physicians per 100,000 residents (2024)	—	<u>0</u>	8	16
Mental health care provider shortage full-time equivalents (2024)	—	7.0	100.3	835.5
Opioid treatment providers per capita providers per 100,000 residents (2024)	—	<u>0.0</u>	10.2	12.6
Mental health treatment facilities per capita per 100,000 residents (2022)	—	<u>2.7</u>	3.7	3.6
Substance use treatment facilities per capita per 100,000 residents (2022)	—	5.4	4.5	5.0
Not sure where to get mental health services % of CHNA survey respondents (2024)	—	14.7	17.8	—
Problem getting mental health or addiction services % of CHNA survey respondents (2024)	—	13.2	18.9	—

Mental health providers per capita

LaGrange County, IN and comparison



Indiana

423.7

providers per
100,000 residents

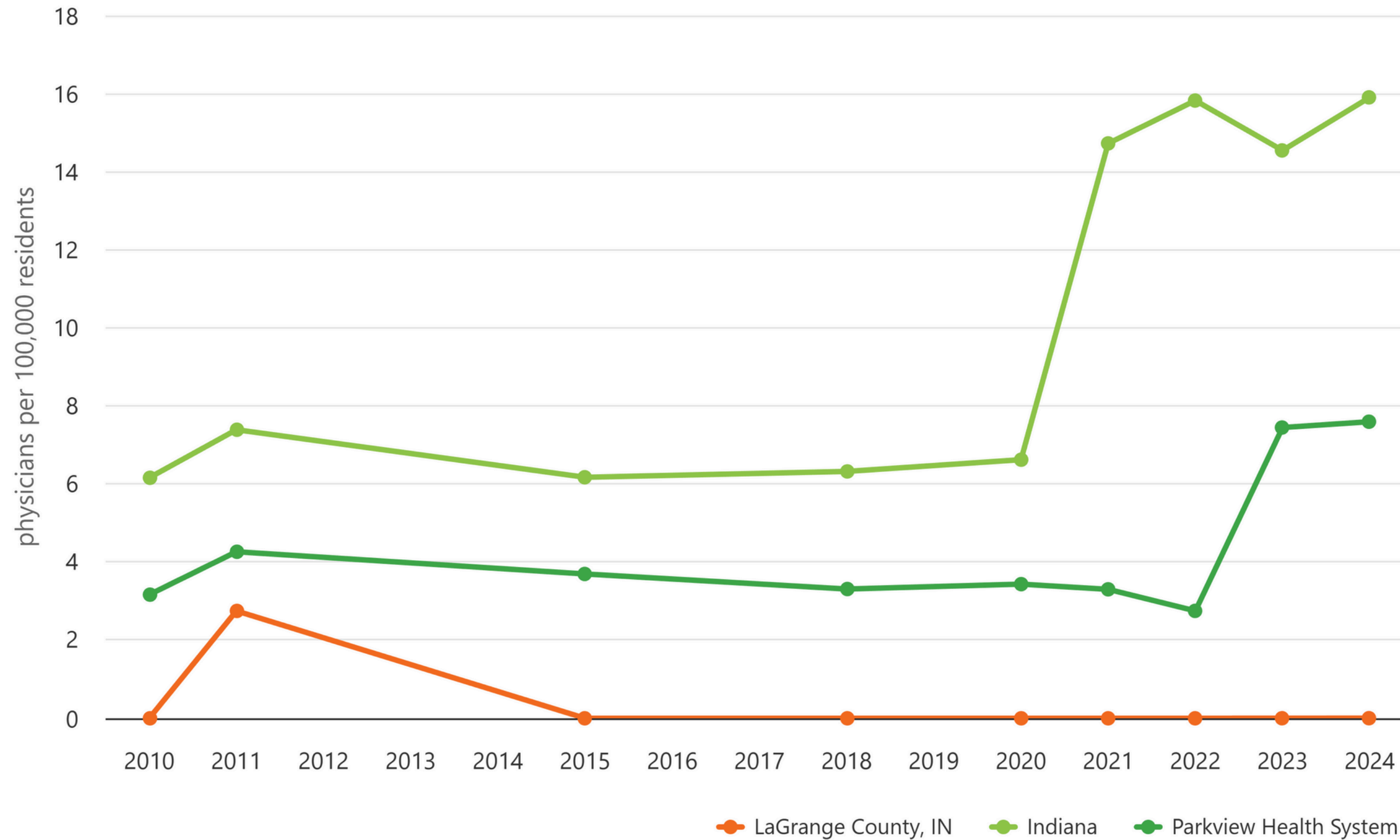
LaGrange

94.4

providers per
100,000 residents

Psychiatry physicians per capita

LaGrange County, IN and comparison



Indiana

16

physicians per
100,000 residents

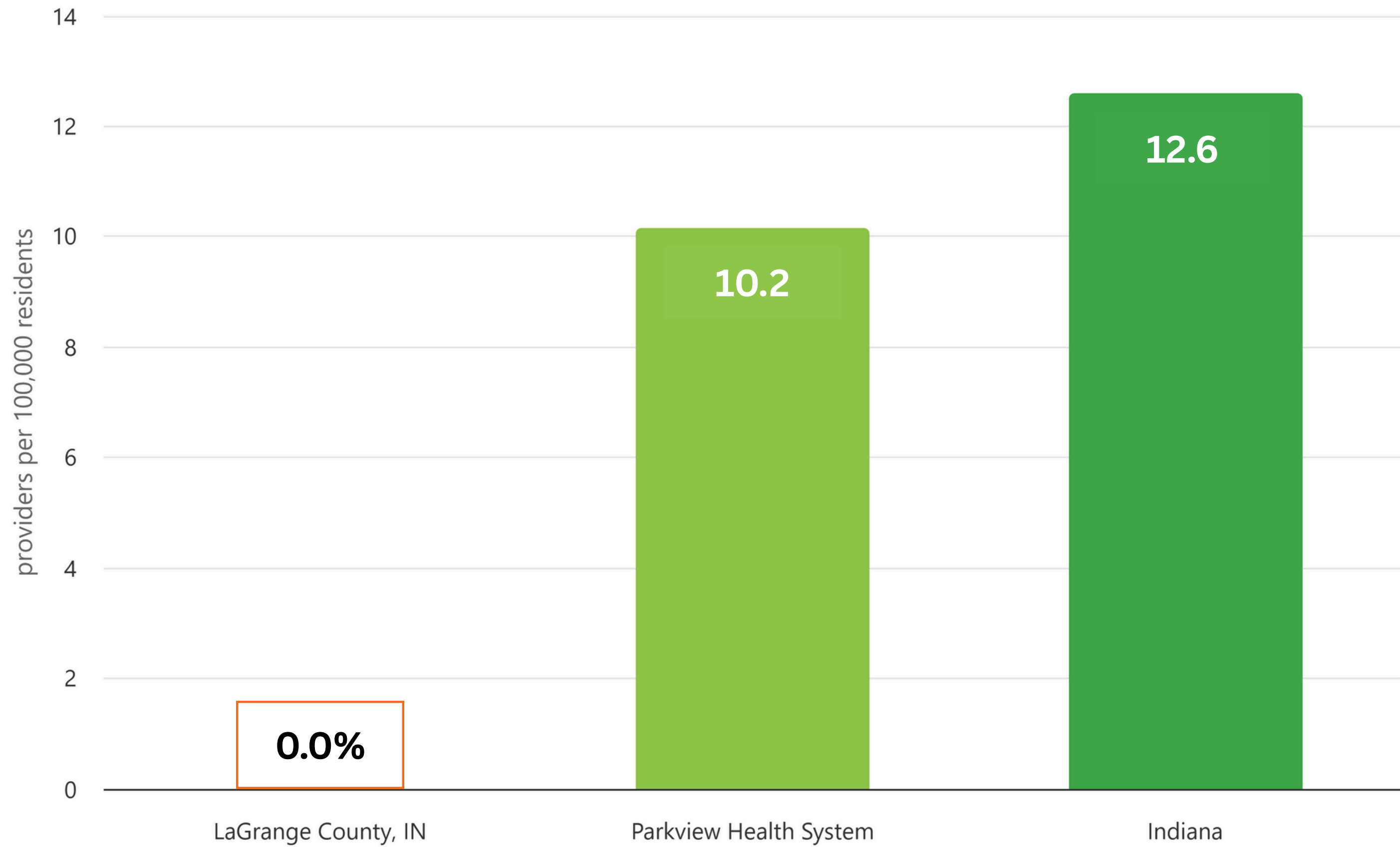
LaGrange

0

physicians per
100,000 residents

Opioid treatment providers per capita, 2024

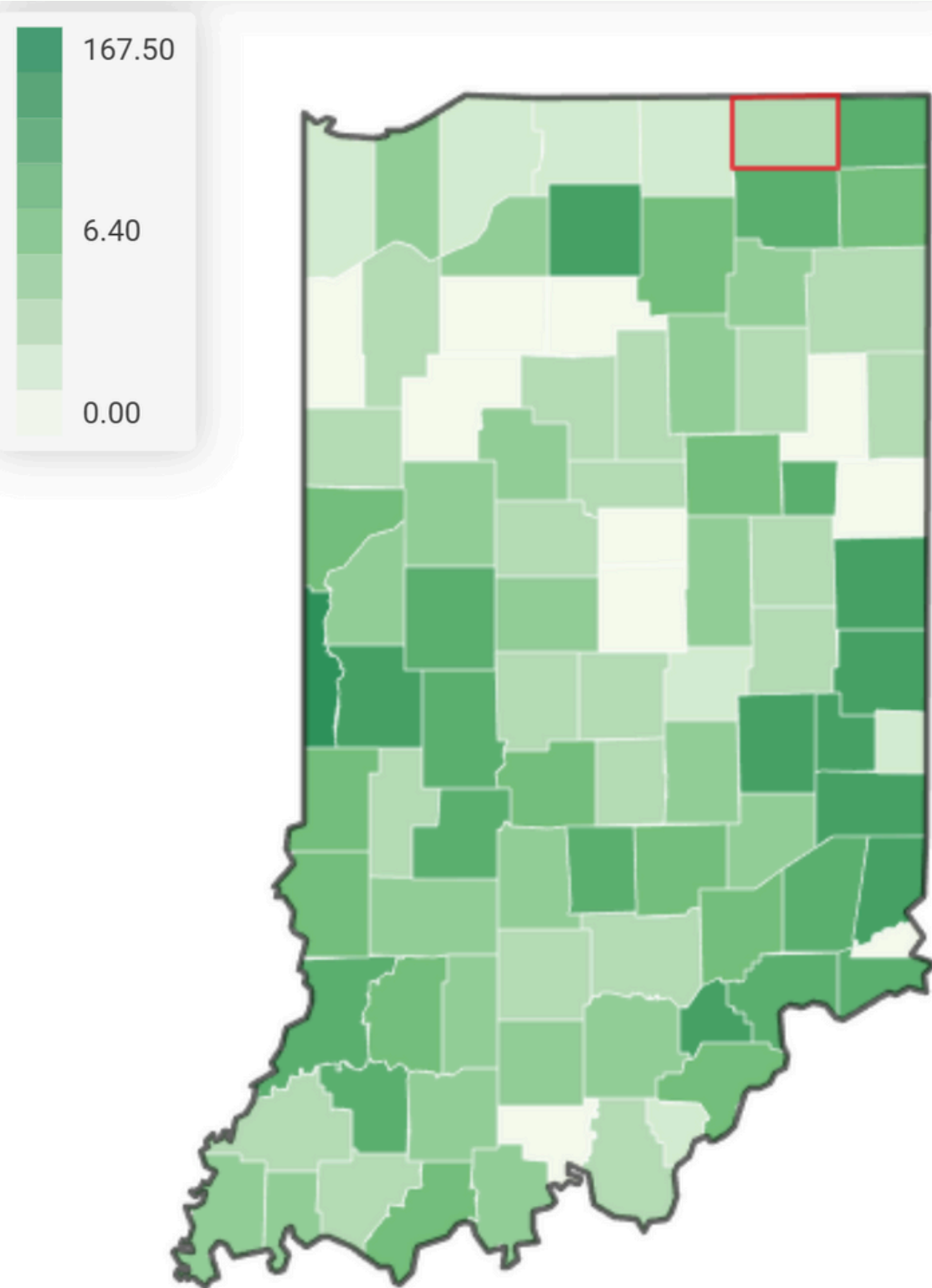
LaGrange County, IN and comparison



Mental Health & Substance Use Treatment (2022)

Mental Health Treatment Facilities

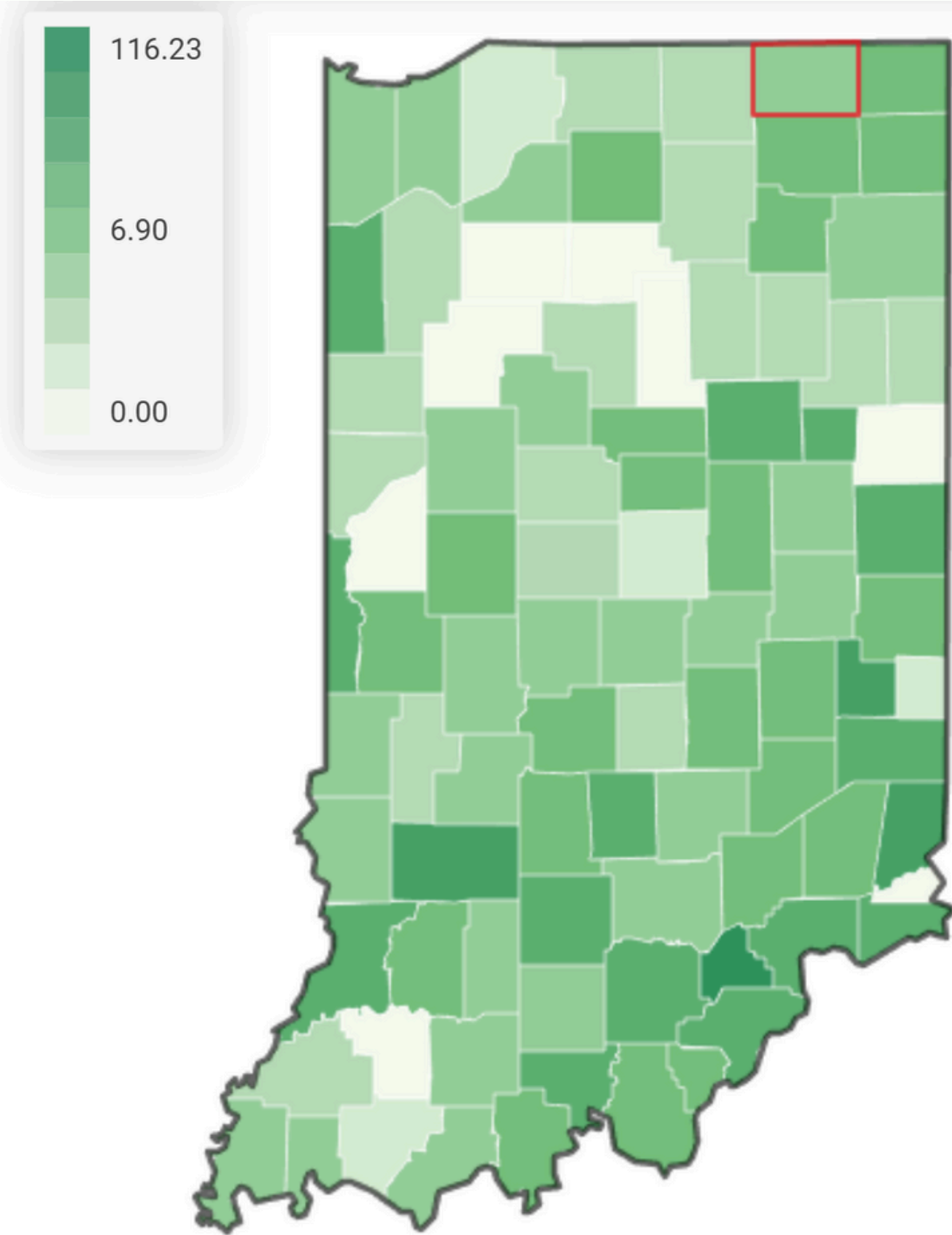
IN Avg. 3.6 per 100,000 residents



2.7

Substance Use Treatment Facilities

IN Avg. 5.0 per 100,000 residents



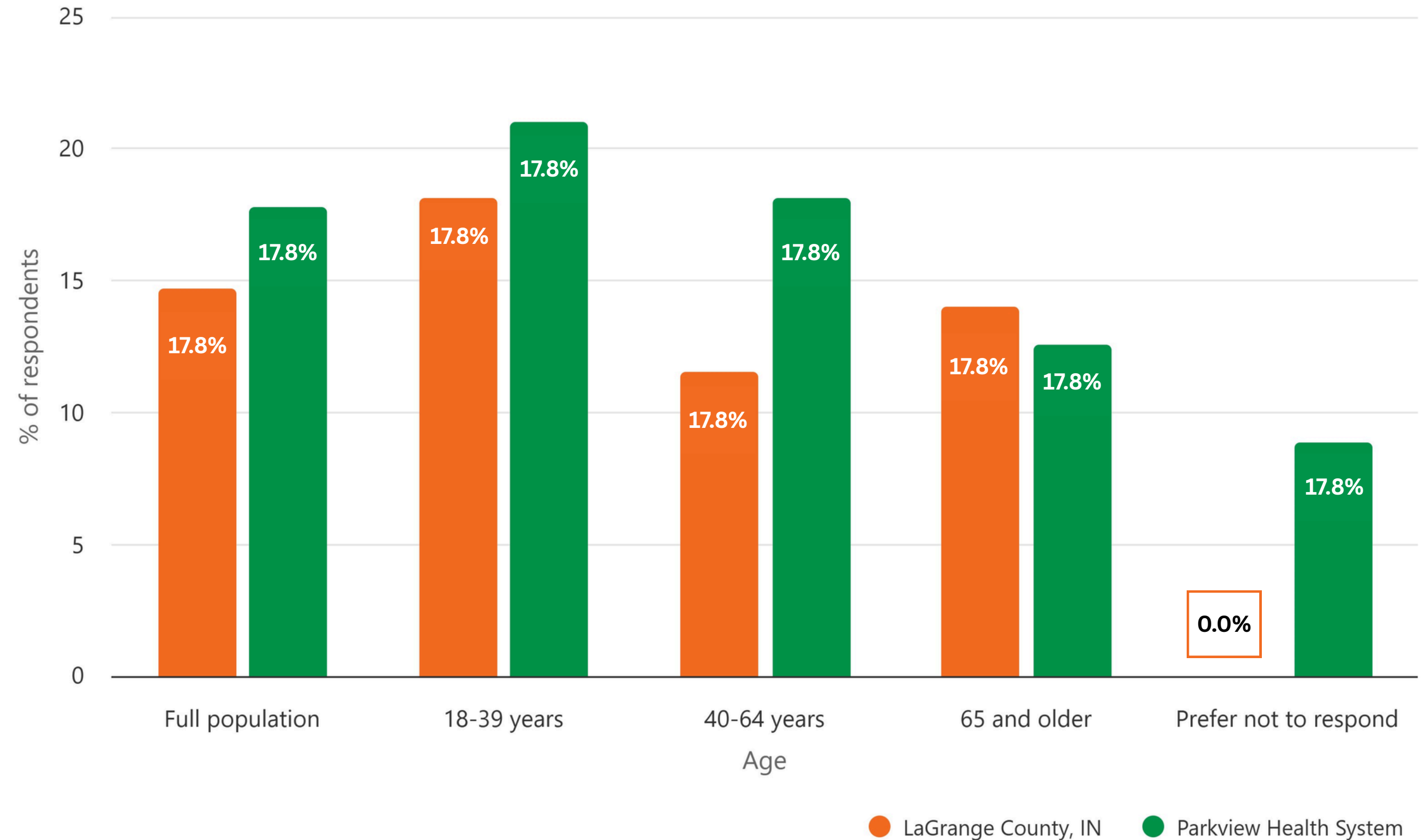
5.4

Community Survey

N=406

Not sure where to get mental health services by Age, 2024

LaGrange County, IN and comparison

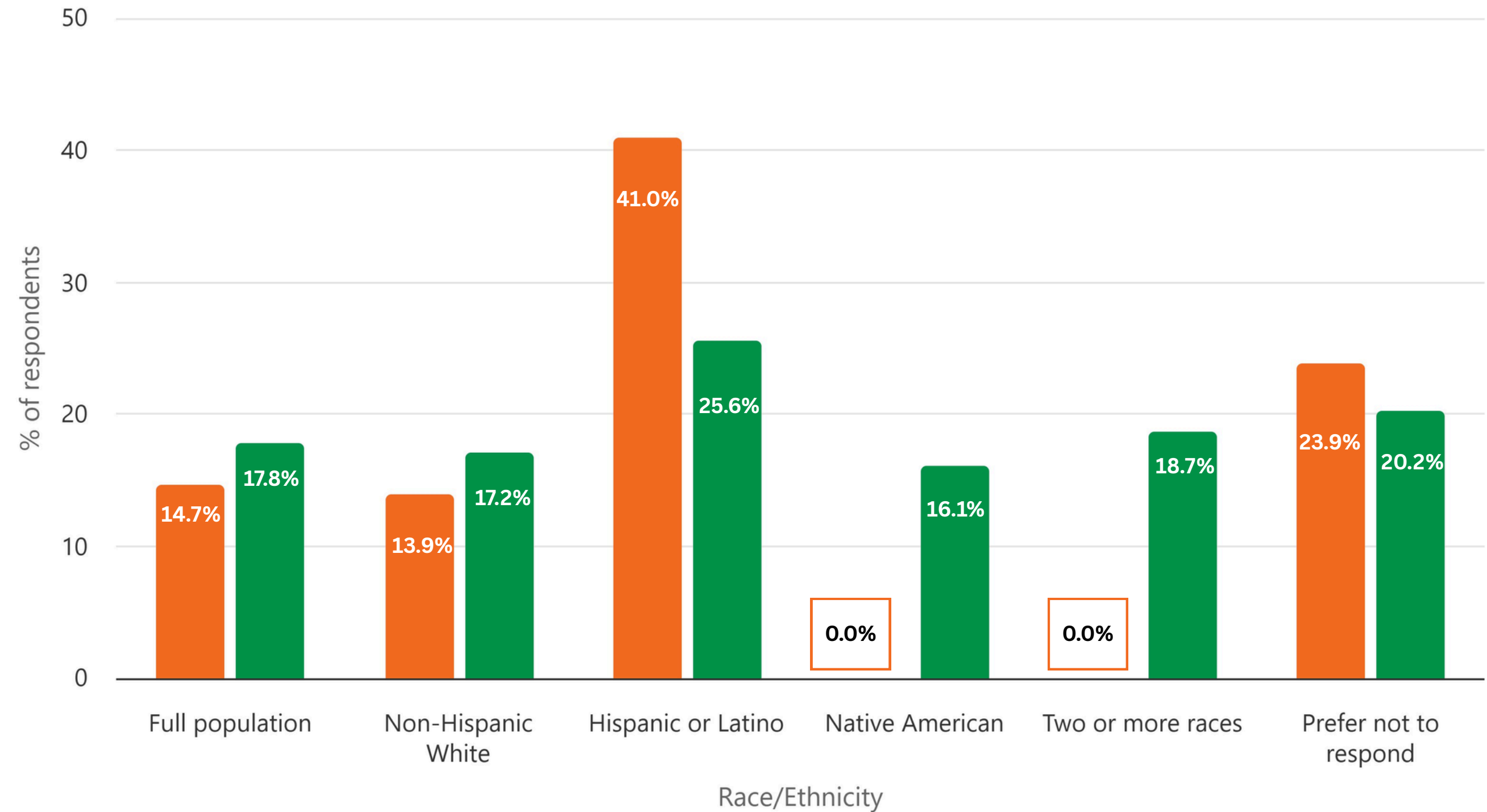


Community Survey

N=406

Not sure where to get mental health services by Race/Ethnicity, 2024

LaGrange County, IN and comparison



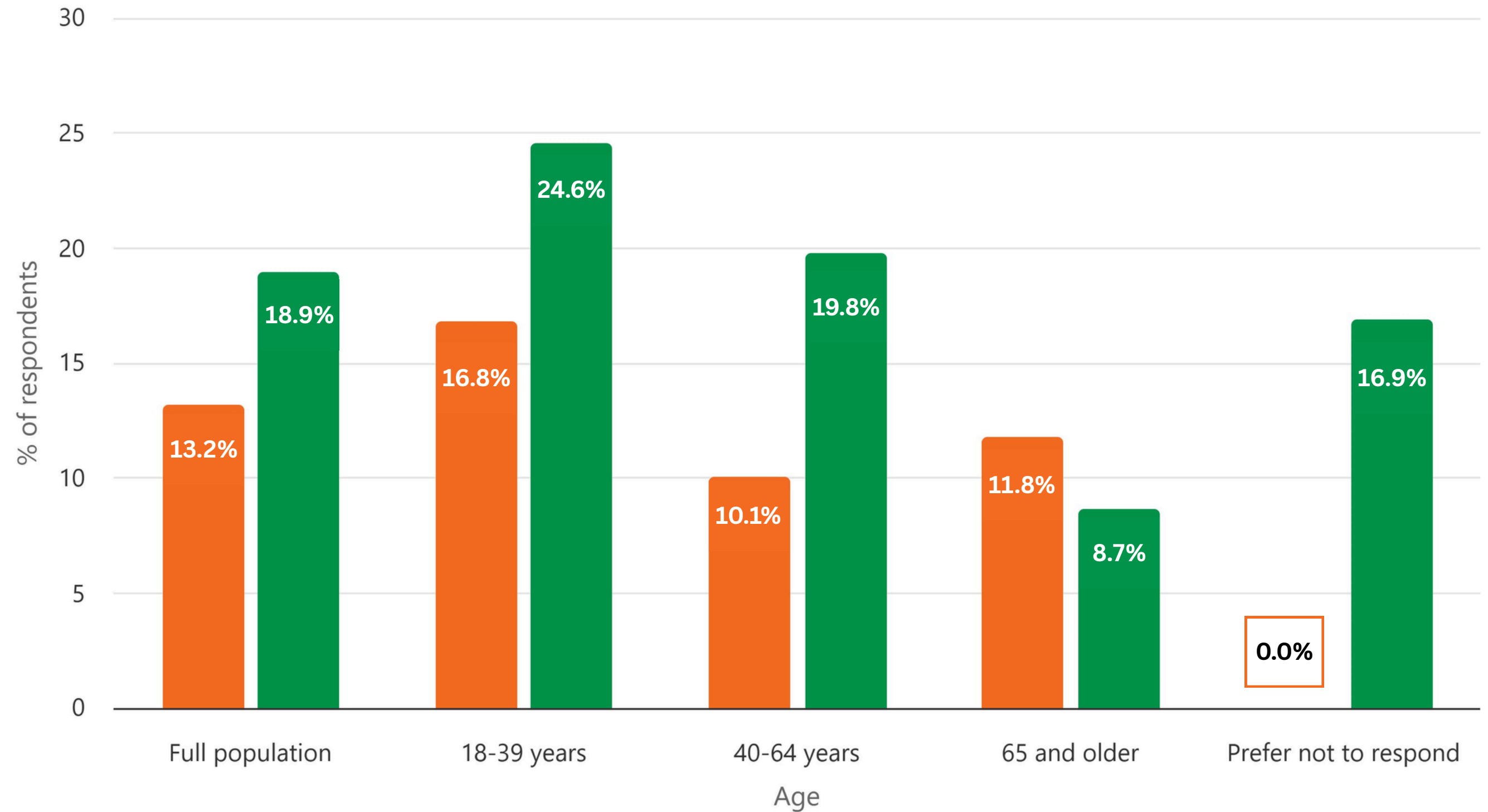
● LaGrange County, IN ● Parkview Health System

Community Survey

N=406

Problem getting mental health or addiction services by Age, 2024

LaGrange County, IN and comparison



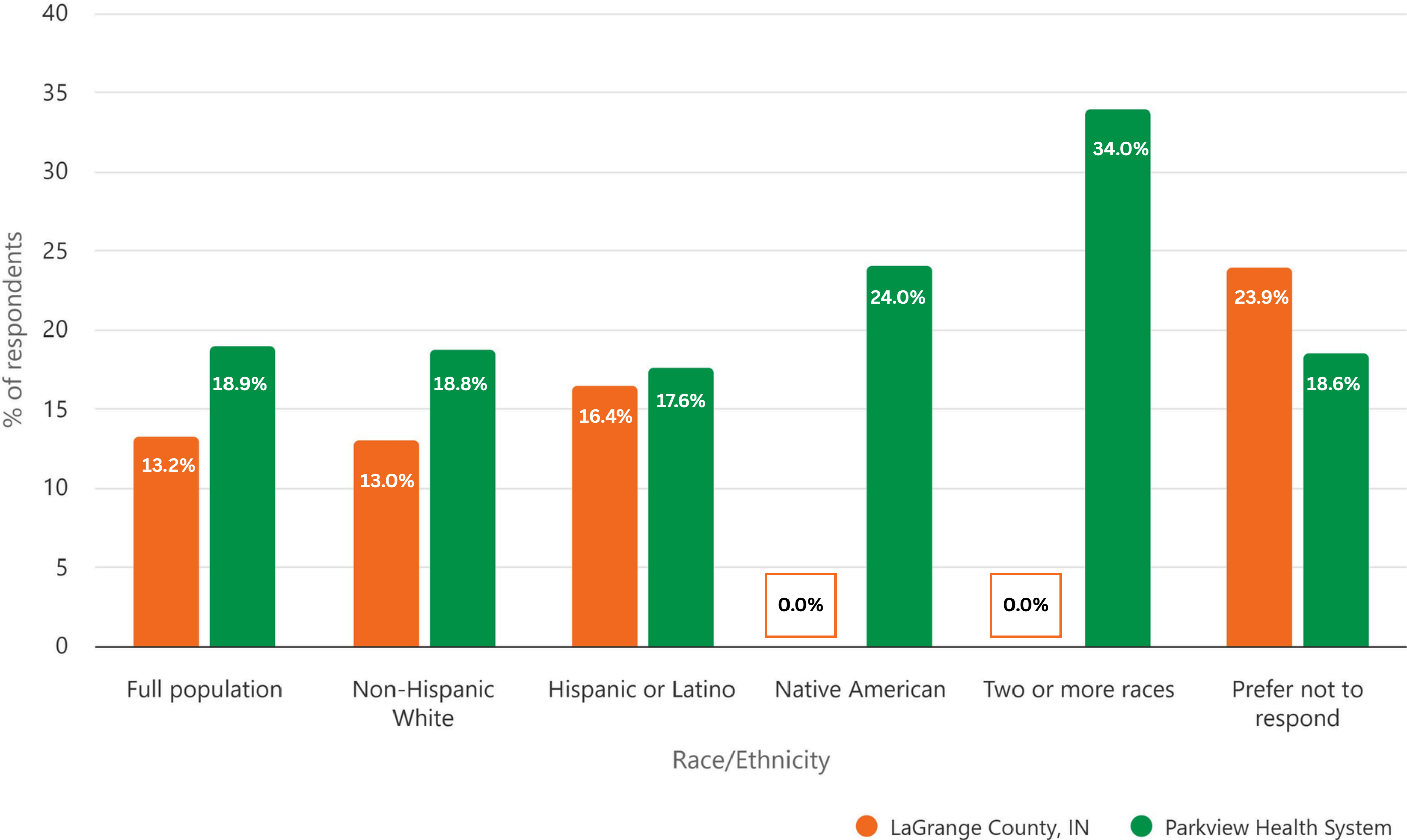
● LaGrange County, IN ● Parkview Health System

Community Survey

N=406

Problem getting mental health or addiction services by Race/Ethnicity, 2024

LaGrange County, IN and comparison



Summary of Community Survey Data and Local Health Statistics

Access to mental health care & addiction services

- The number of mental health providers and psychiatry physicians per capita is below the state level for Indiana.
 - LaGrange County has fewer mental health treatment facilities per capita compared to Indiana, but a greater number of substance use treatment facilities.
 - Several community survey respondents reported that they were not sure where to get mental health services (14.7%) or have had a problem getting mental health or addiction services (13.2%)
-

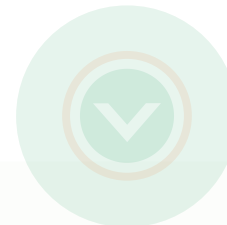
Top 5 Health Concerns



Access to mental health
care & addiction services



Housing affordability



Insurance for health care



Mental health &
mental disorders



Obesity

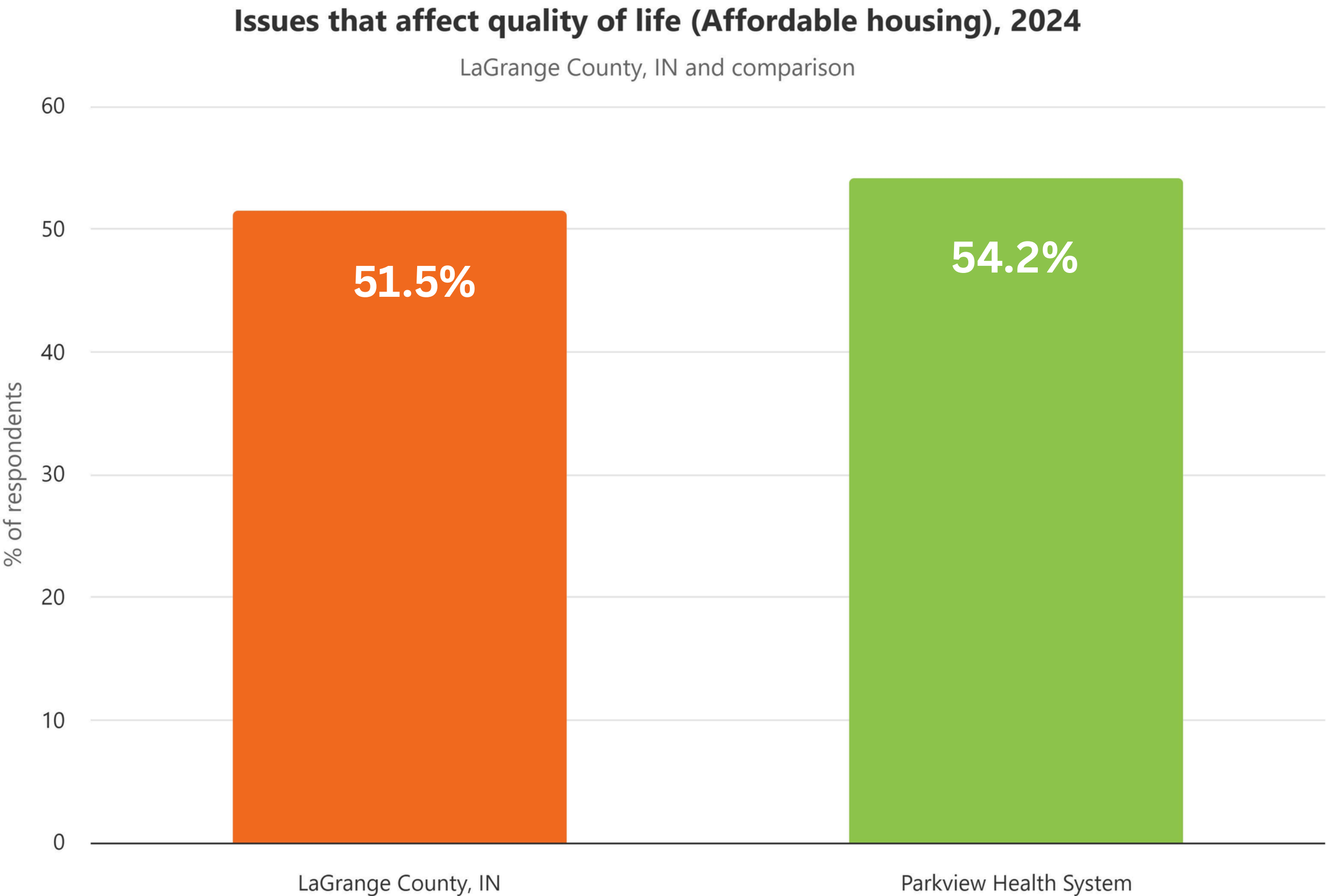


Community Survey

N=406

N=5,030

Represents the % of survey respondents where *Housing Affordability* was in their Top 5 concerns.



Housing Affordability

Topics		LaGrange	Parkview	Indiana
Housing cost burden % of occupied housing units (2019-2023)	↑	18.0	21.3	24.3
Severe housing cost burden % of occupied housing units (2019-2023)	↑	7.7	9.0	10.8
Crowded housing % of occupied housing units (2019-2023)	↑	<u>3.8</u>	1.9	1.7
Vacant % of housing units (2019-2023)	↓	<u>14.8</u>	8.5	9.2
Housing Insecurity % of adults (2022)	—	<u>14.1</u>	11.7	12.2
Median monthly housing costs (2019-2023)	↑	\$1,029	\$970	\$1,051

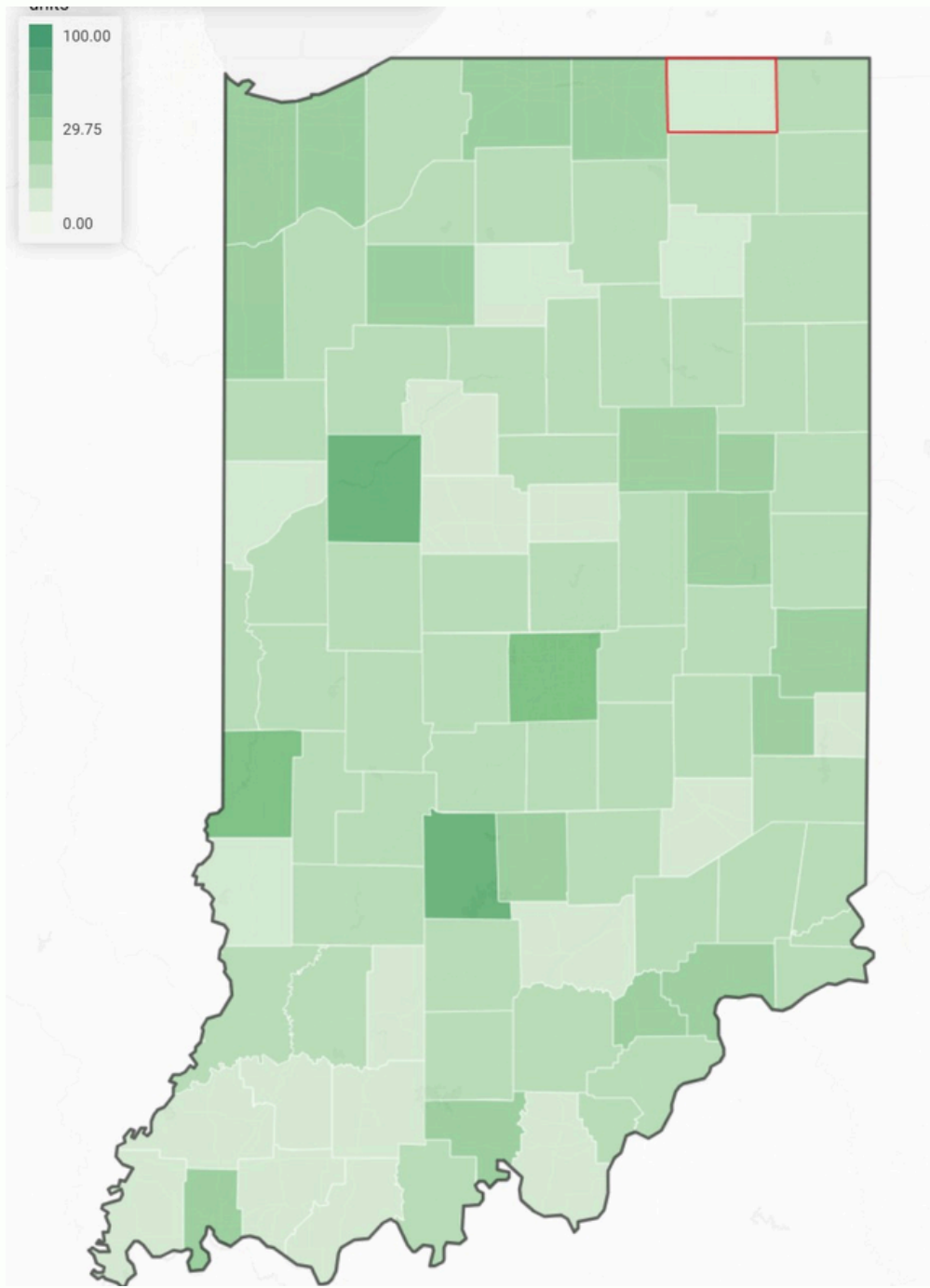
Housing cost burden

LaGrange County, IN and comparison



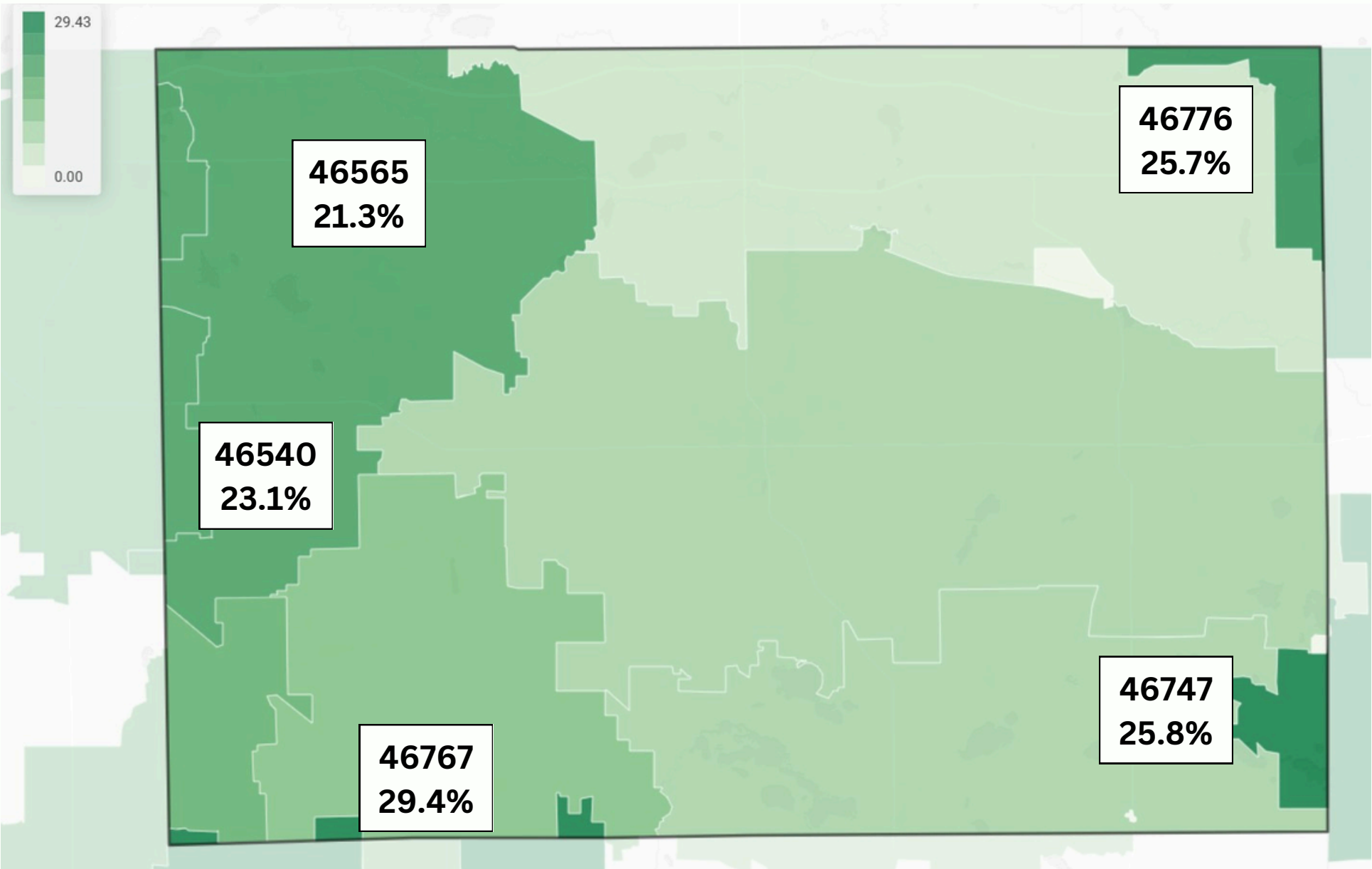
Housing Cost Burden

Indiana **24.3%** spend more than
2019-2023 30% of income on housing



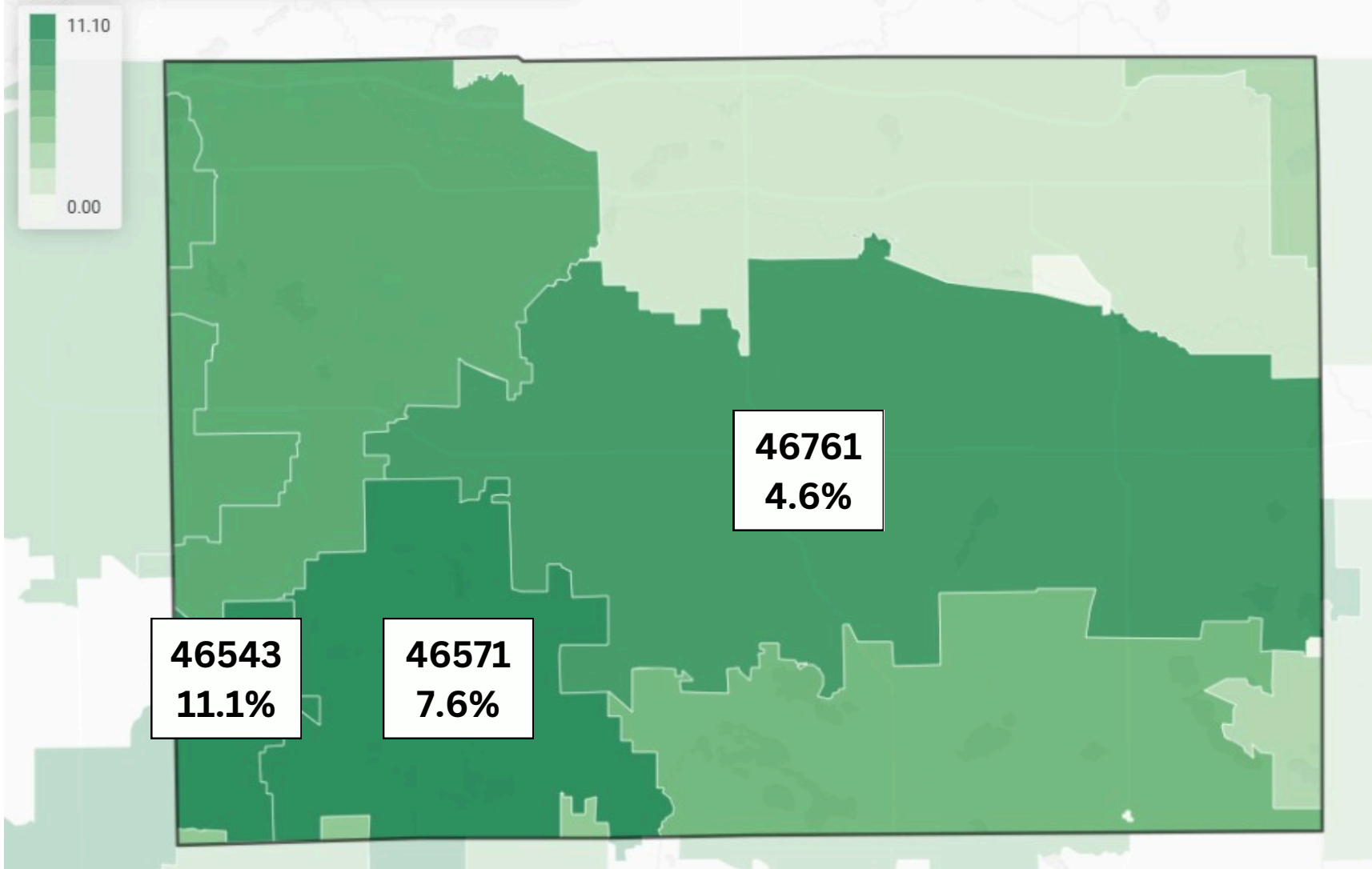
18.0%

LaGrange **7/11 zip codes** are above the
2019-2023 county average of 18.0%

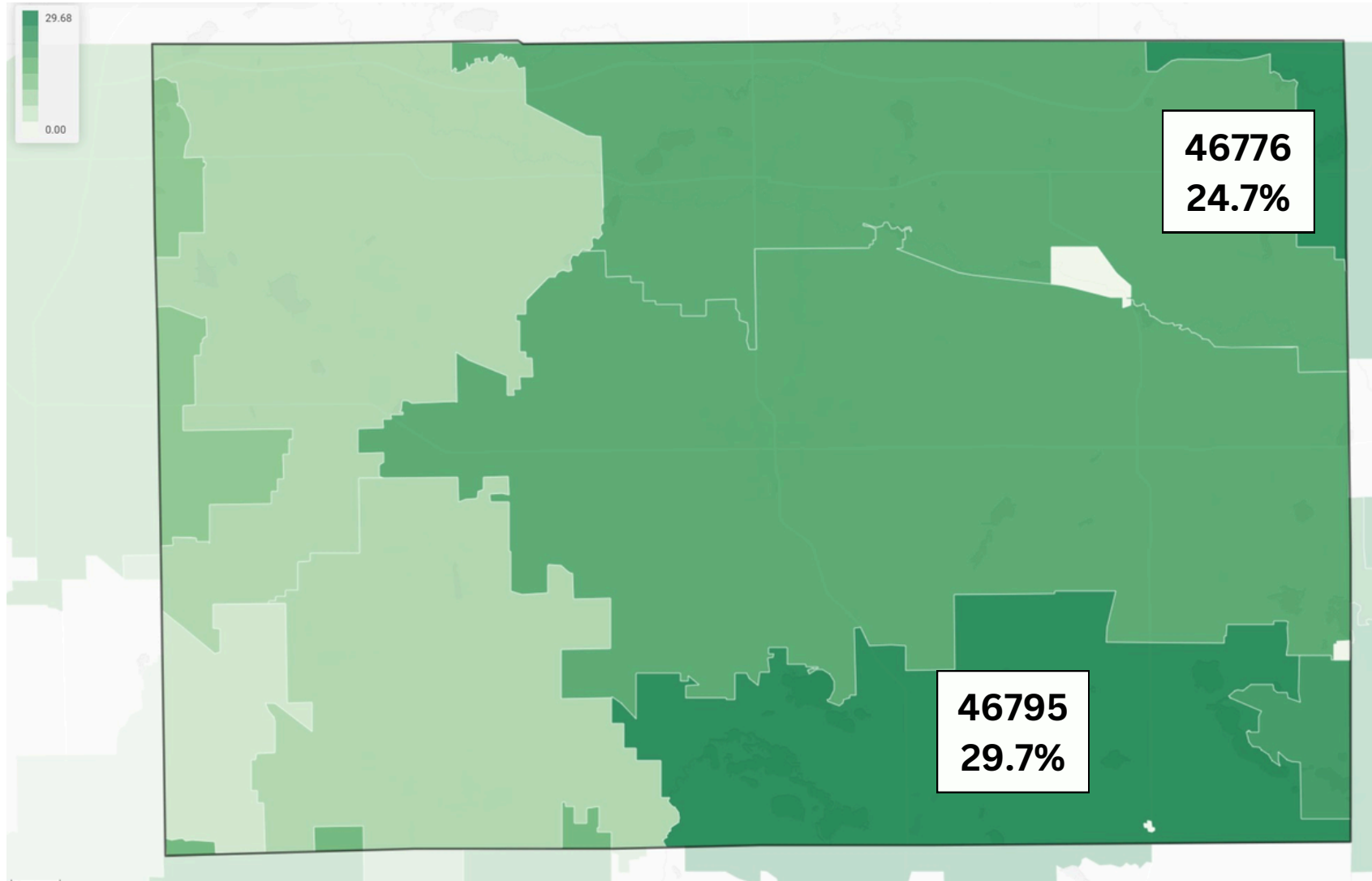


Crowded & Vacant Housing

Crowded **3.8% of occupied housing units.**
2019-2023 3/11 of zip codes above county avg.



Vacant **14.8% of total housing units.**
2019-2023 2/11 of zip codes above county avg.



Summary of Community Survey Data and Local Health Statistics

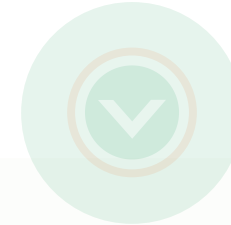
Housing Affordability

- Housing affordability is **getting worse** over time, with **18% of LaGrange County residents spending more than 30%** of their income on housing costs.
 - Zip codes of most concern for housing cost burden are **46540, 46565, 46747, 46767 & 46776**.
 - While the number of vacant housing units is improving in LaGrange County, **crowded housing is getting worse** over time. Both vacant and crowded housing are above the state average.
-

Top 5 Health Concerns



Access to mental health
care & addiction services



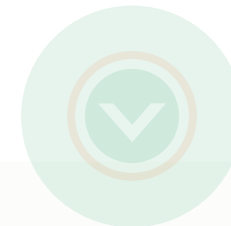
Housing affordability



Mental health &
mental disorders



Insurance for health care



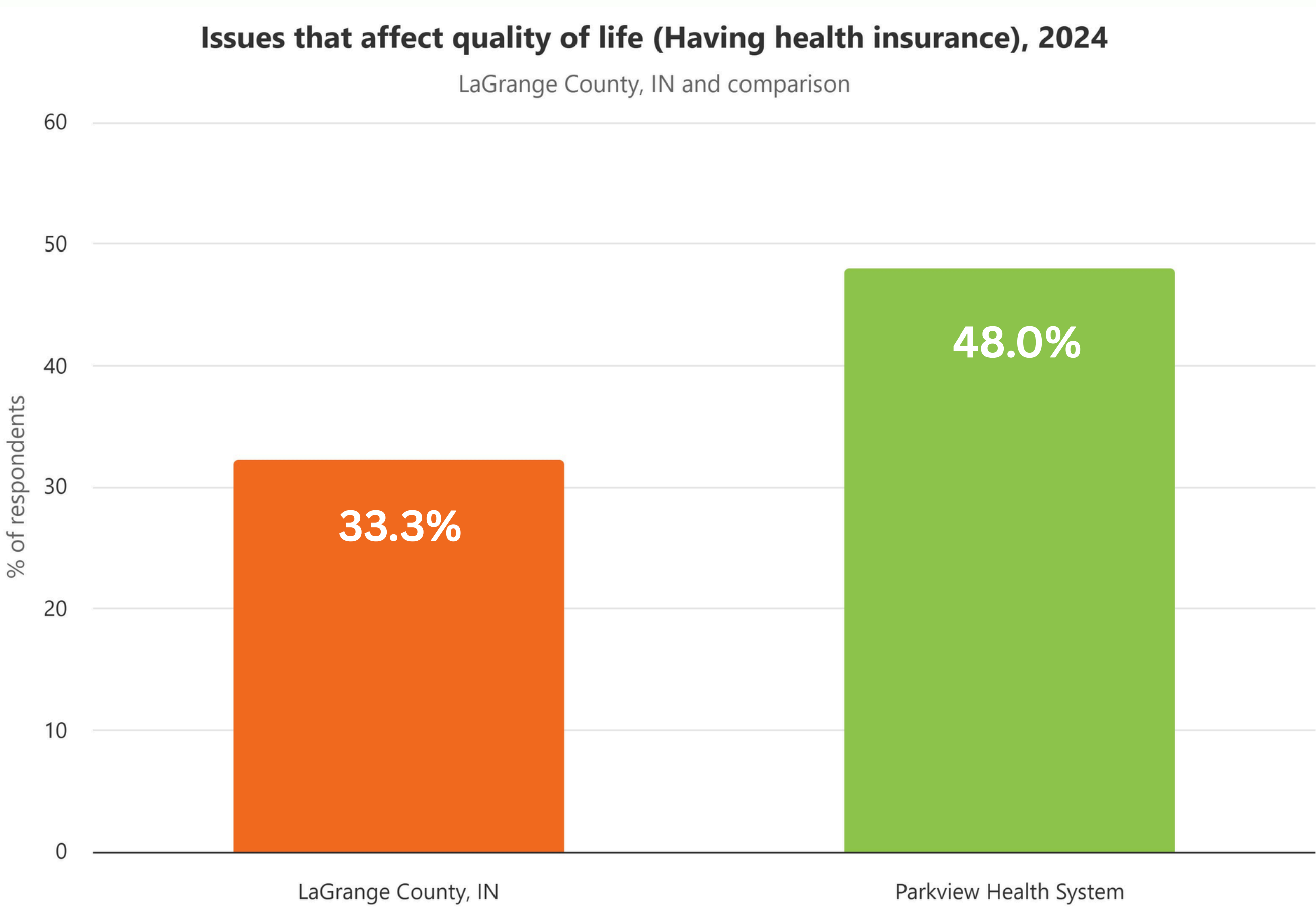
Obesity

Community Survey

N=406

N=5,030

Represents the % of survey respondents where *Having Health Insurance* was in their Top 5 concerns.

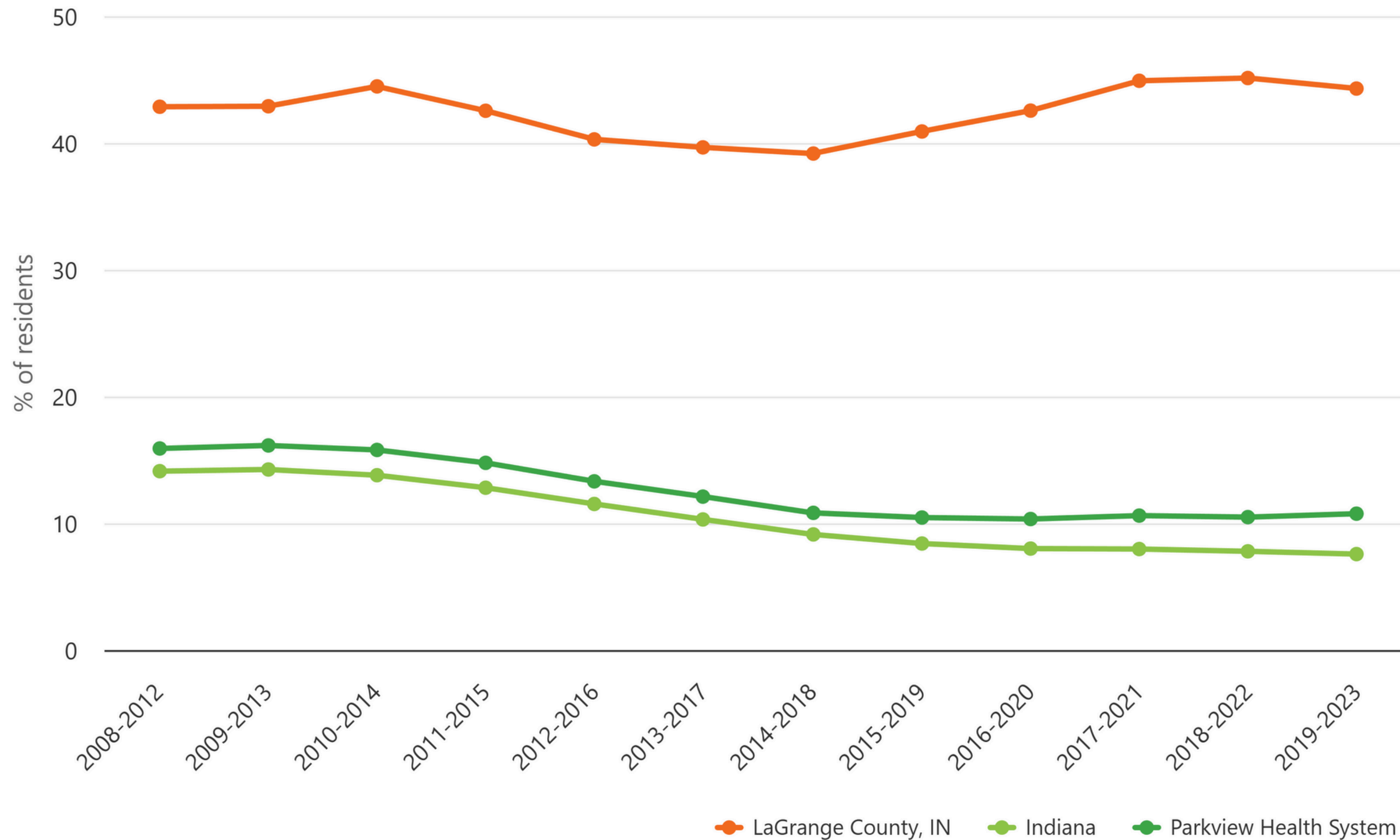


Insurance for Health Care

Topics	LaGrange		Parkview	Indiana
Uninsured rate % of residents (2019-2023)	↑	<u>44.3</u>	10.8	7.6
Private health insurance % of residents (2019-2023)	↓	<u>40.5</u>	66.8	69.0
Public health insurance % of residents (2019-2023)	↑	<u>23.4</u>	33.9	35.5
Employment-based health insurance % of residents (2019-2023)	↓	<u>33.1</u>	56.4	58.3
TriCare/military health coverage % of residents (2019-2023)	↓	<u>0.3</u>	1.5	1.6
VA health care coverage % of residents (2019-2023)	↓	<u>1.2</u>	2.1	2.1
Medicare coverage % of residents (2019-2023)	↑	<u>14.3</u>	17.9	18.0
Medicaid coverage % of residents (2019-2023)	↑	<u>10.8</u>	17.9	19.6

Uninsured rate

LaGrange County, IN and comparison



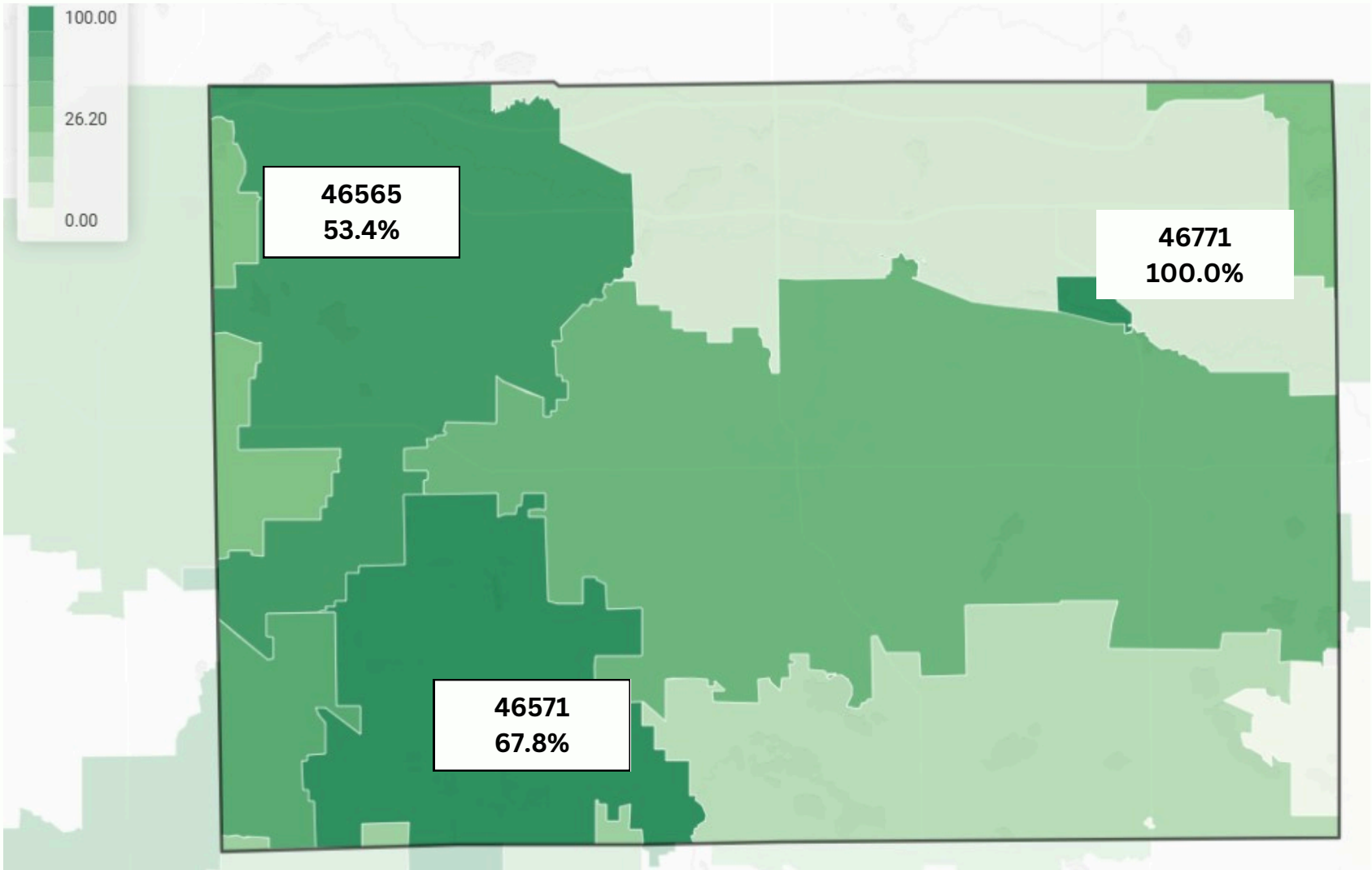
44.3%

10.8%

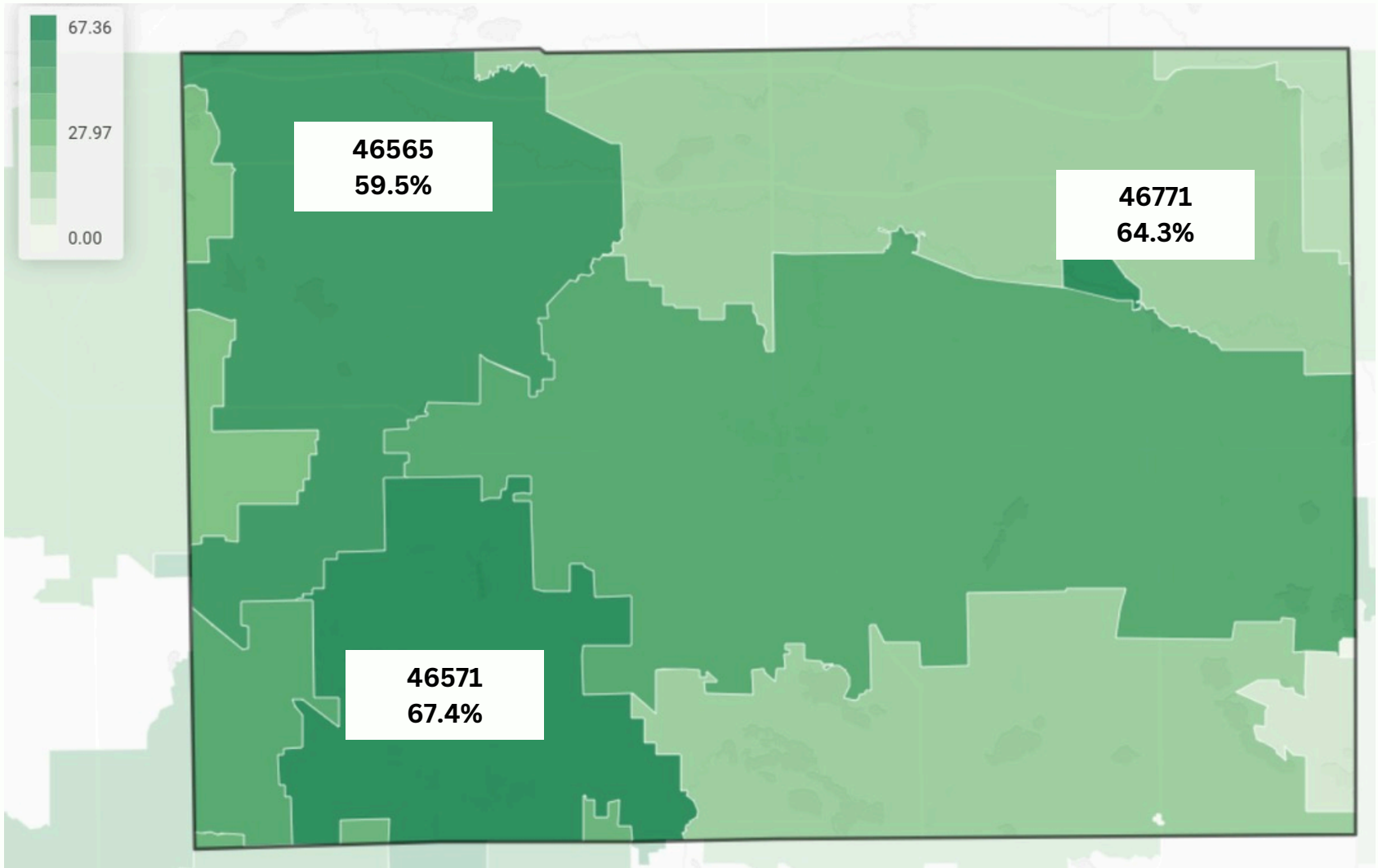
7.6%

Uninsured Rate

2015-2019 **40.9%** of residents



2019-2023 **44.3%** of residents



Summary of Community Survey Data and Local Health Statistics

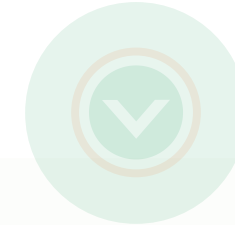
Insurance for Healthcare

- The uninsured rate in LaGrange County has steadily been **on the rise**, reaching **44.3%** between 2019 and 2023, and is **higher than the rate for Indiana (7.6%)**.
 - The uninsured rate in LaGrange County is highest for ZIP codes **46565, 46571 & 46771**.
 - From our **community survey**, **10.3%** of respondents in LaGrange County reported having **no health insurance**.
-

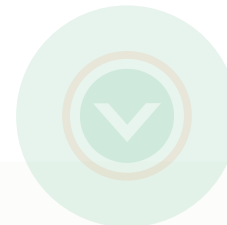
Top 5 Health Concerns



Access to mental health
care & addiction services



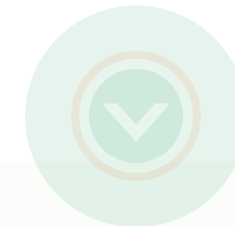
Housing affordability



Insurance for health care



Mental health &
mental disorders



Obesity

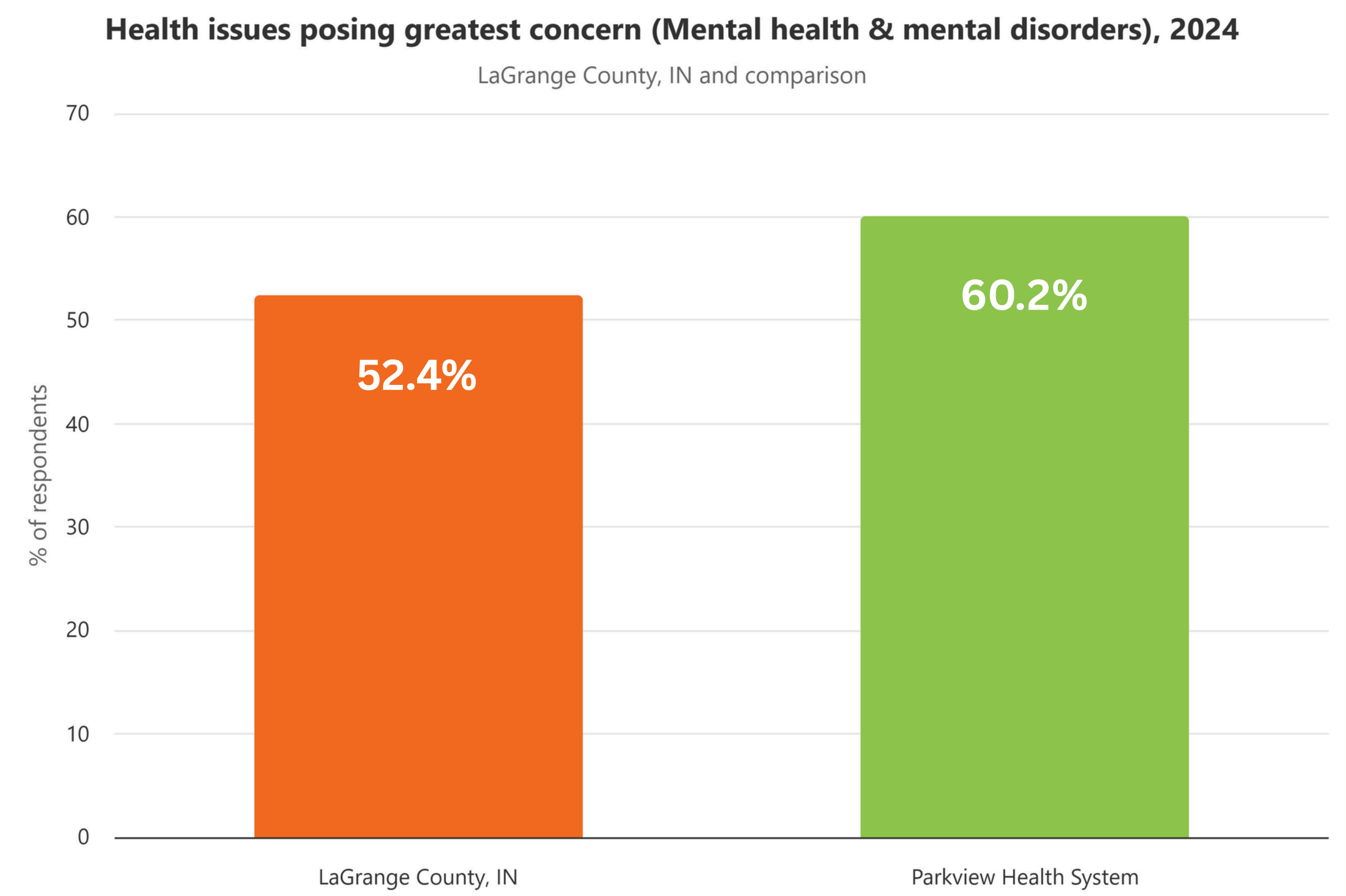


Community Survey

N=406

N=5,030

Represents the % of
survey respondents where
*Mental Health and Mental
Disorders*
was in their
Top 5 concerns.

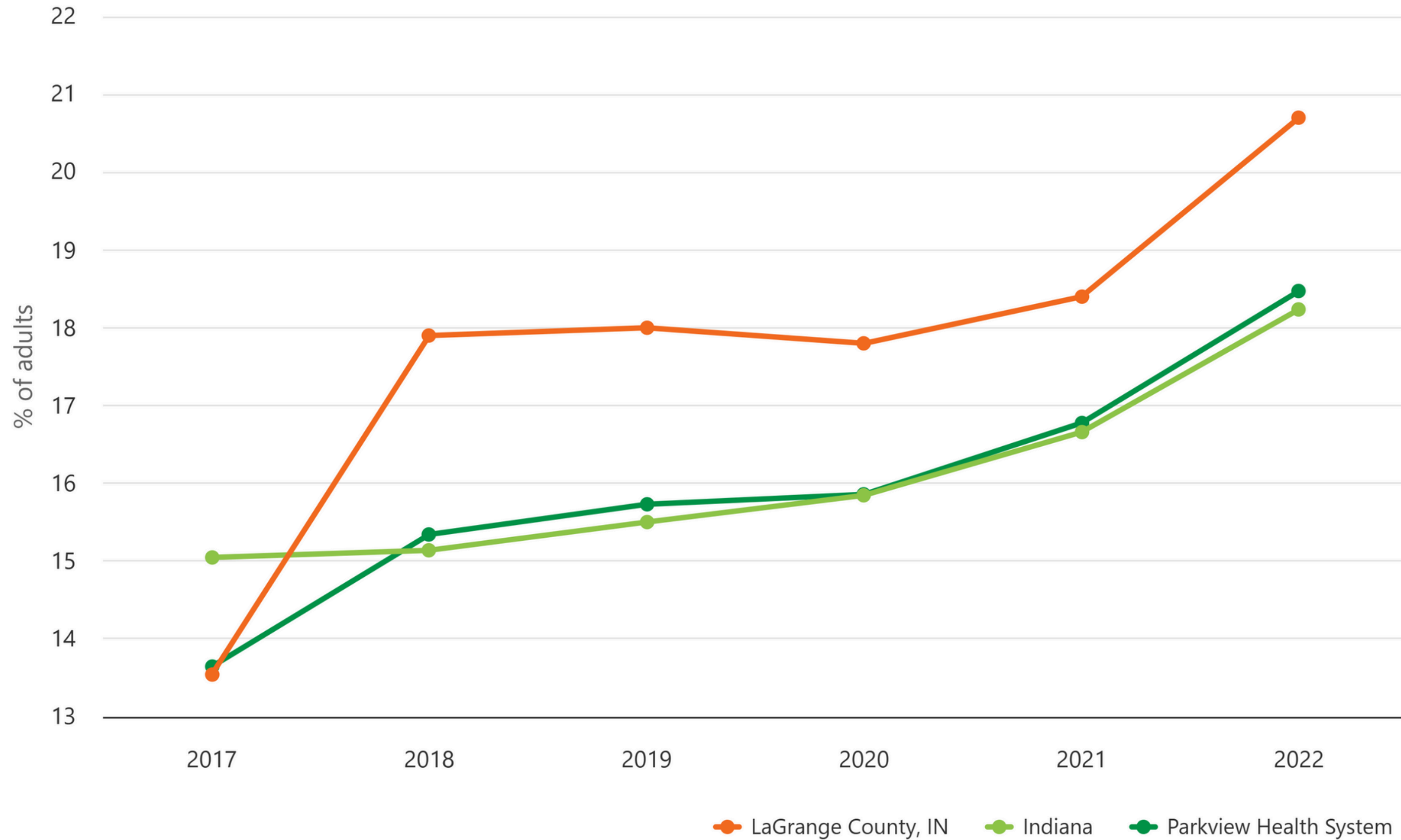


Mental Health and Mental Disorders

Topics	LaGrange		Parkview	Indiana
Depression % of adults (2022)	↑	<u>27.6</u>	24.9	24.4
Poor self-reported mental health % of adults (2022)	↑	<u>20.7</u>	18.5	18.2
Lacking social and emotional support % of residents (2022)	—	<u>28.9</u>	24.8	24.8
Suicide mortality deaths per 100,000 (2019-2023)	↑	10.9	14.7	15.8
Anxiety (PHQ-4) % of CHNA survey respondents (2024)	—	12.6	19.5	—
Depression (PHQ-4) % of CHNA survey respondents (2024)	—	9.3	15.8	—

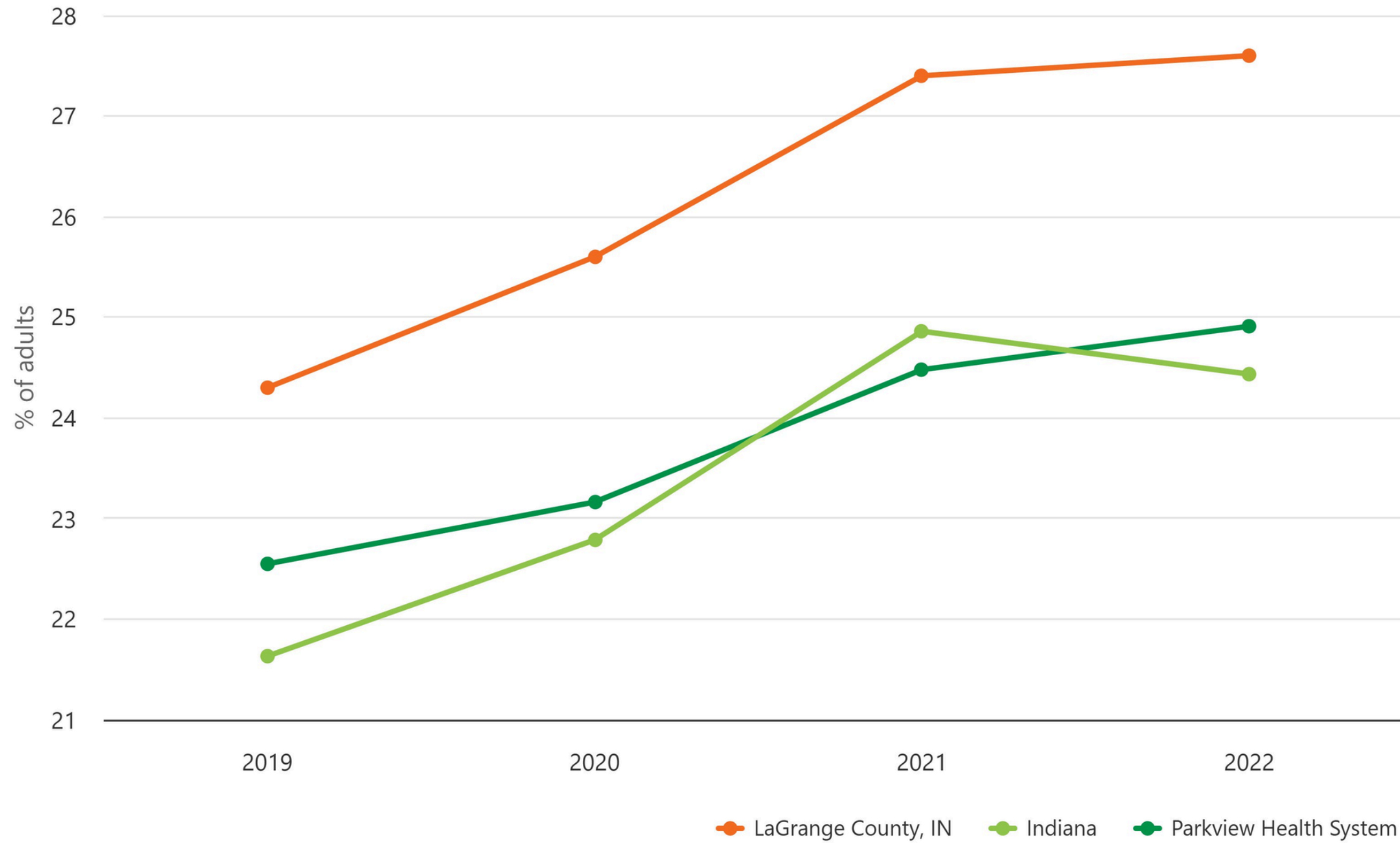
Poor self-reported mental health

LaGrange County, IN and comparison



Depression

LaGrange County, IN and comparison



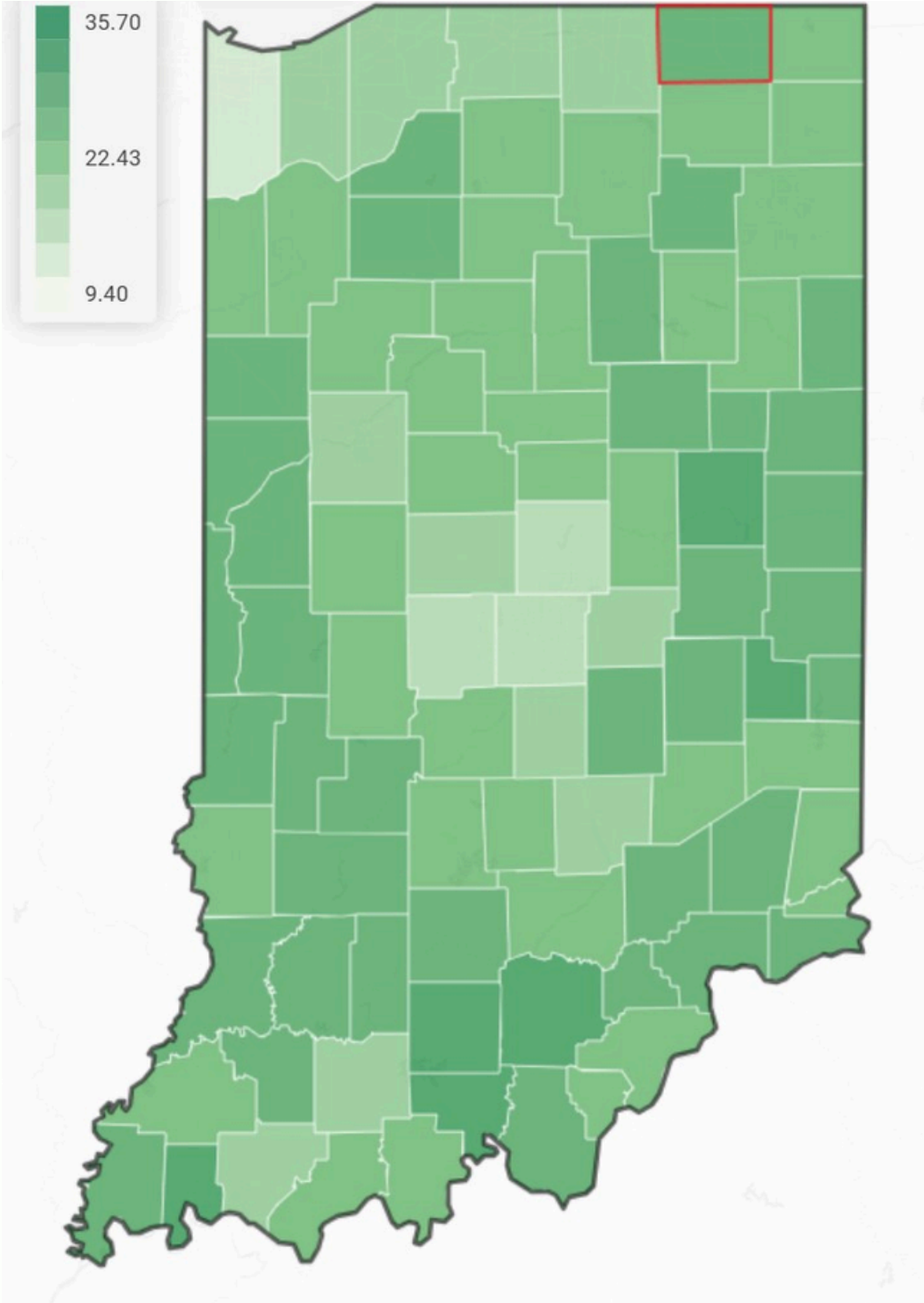
27.6%

24.9%

24.4%

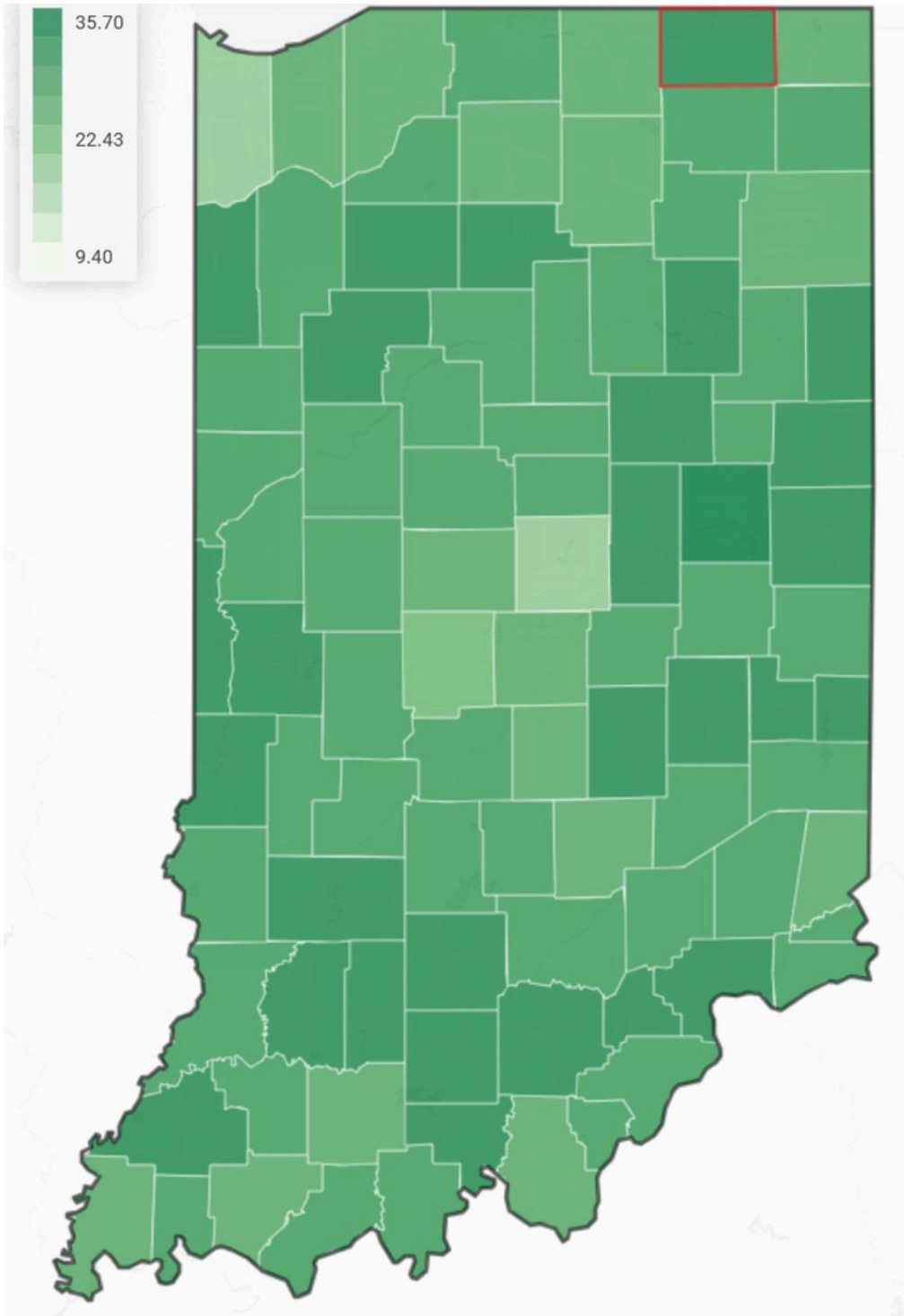
Depression

2019 21.6% of adults



24.3%

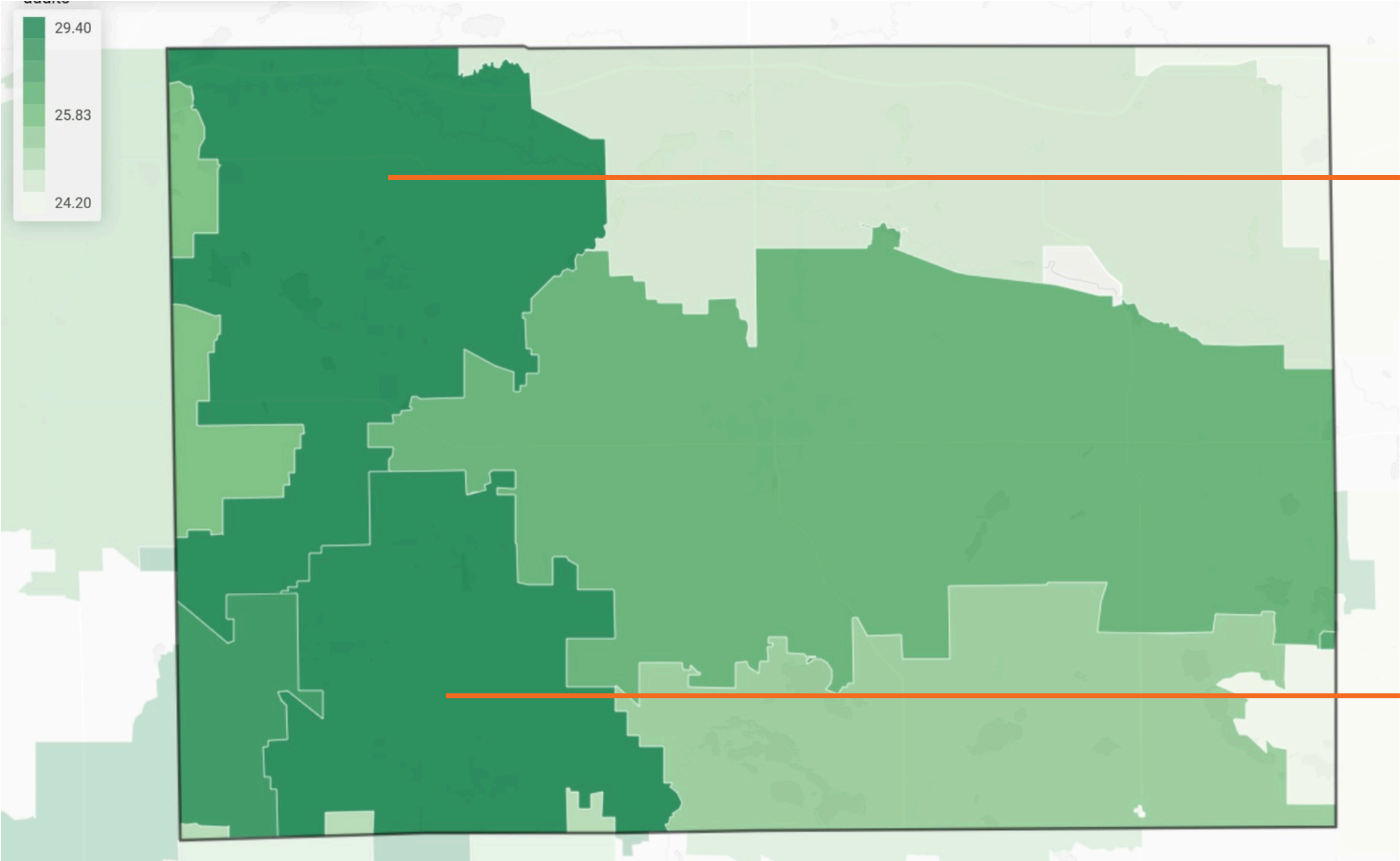
2022 24.4% of adults



27.6%

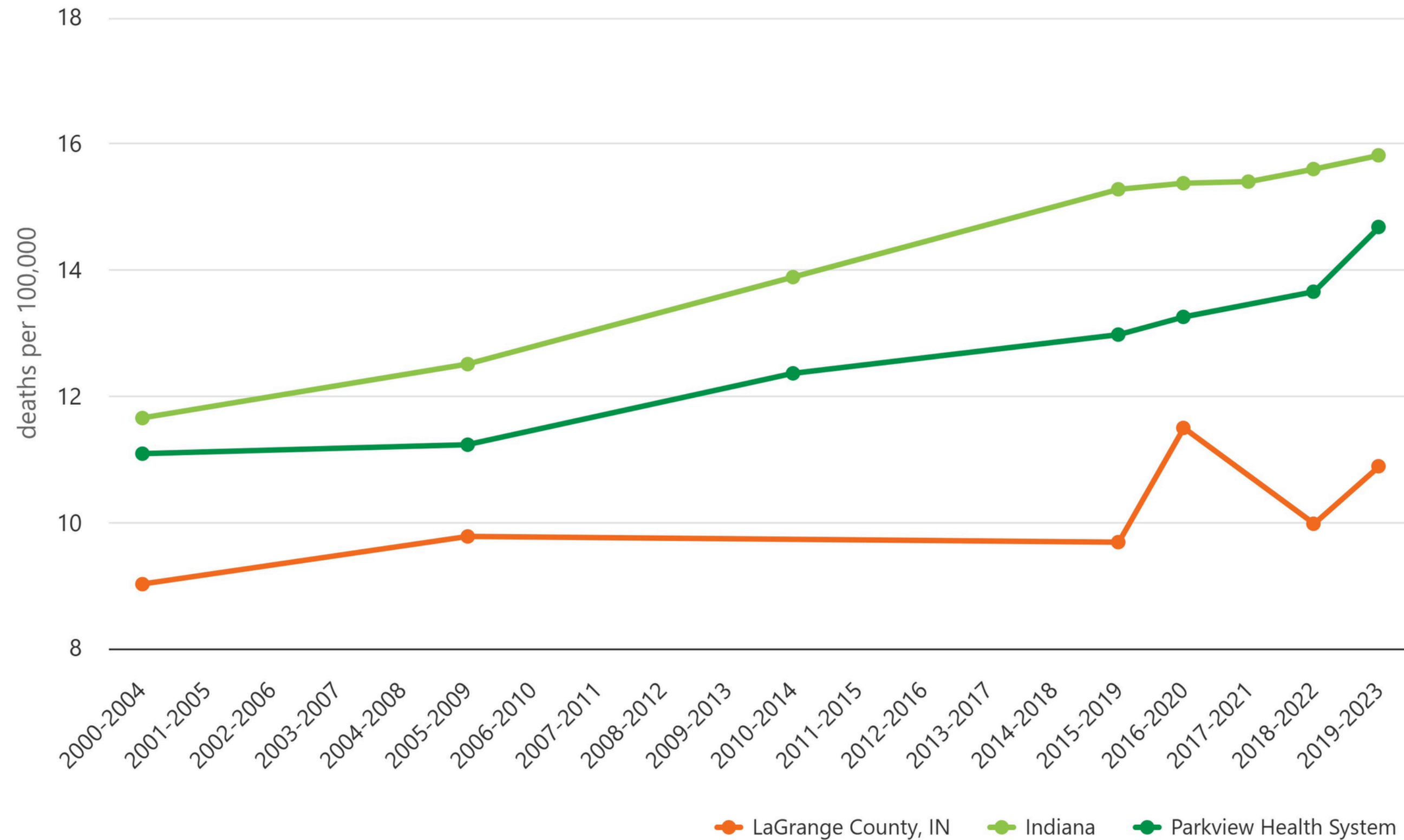
Depression

2022 County average - 27.6%



Suicide mortality

LaGrange County, IN and comparison



Indiana

15.8

deaths per 100,000
residents

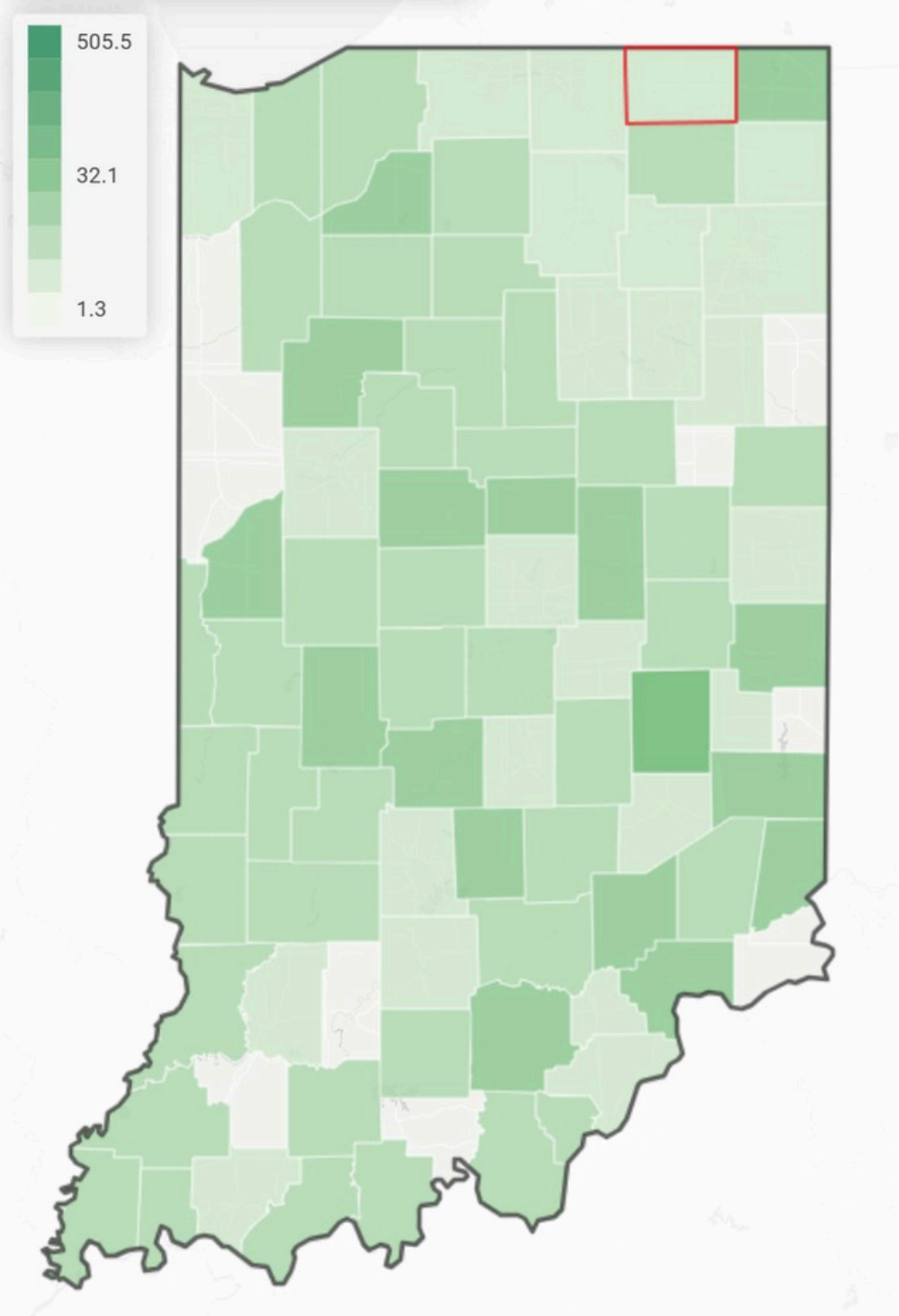
LaGrange

10.9

deaths per 100,000
residents

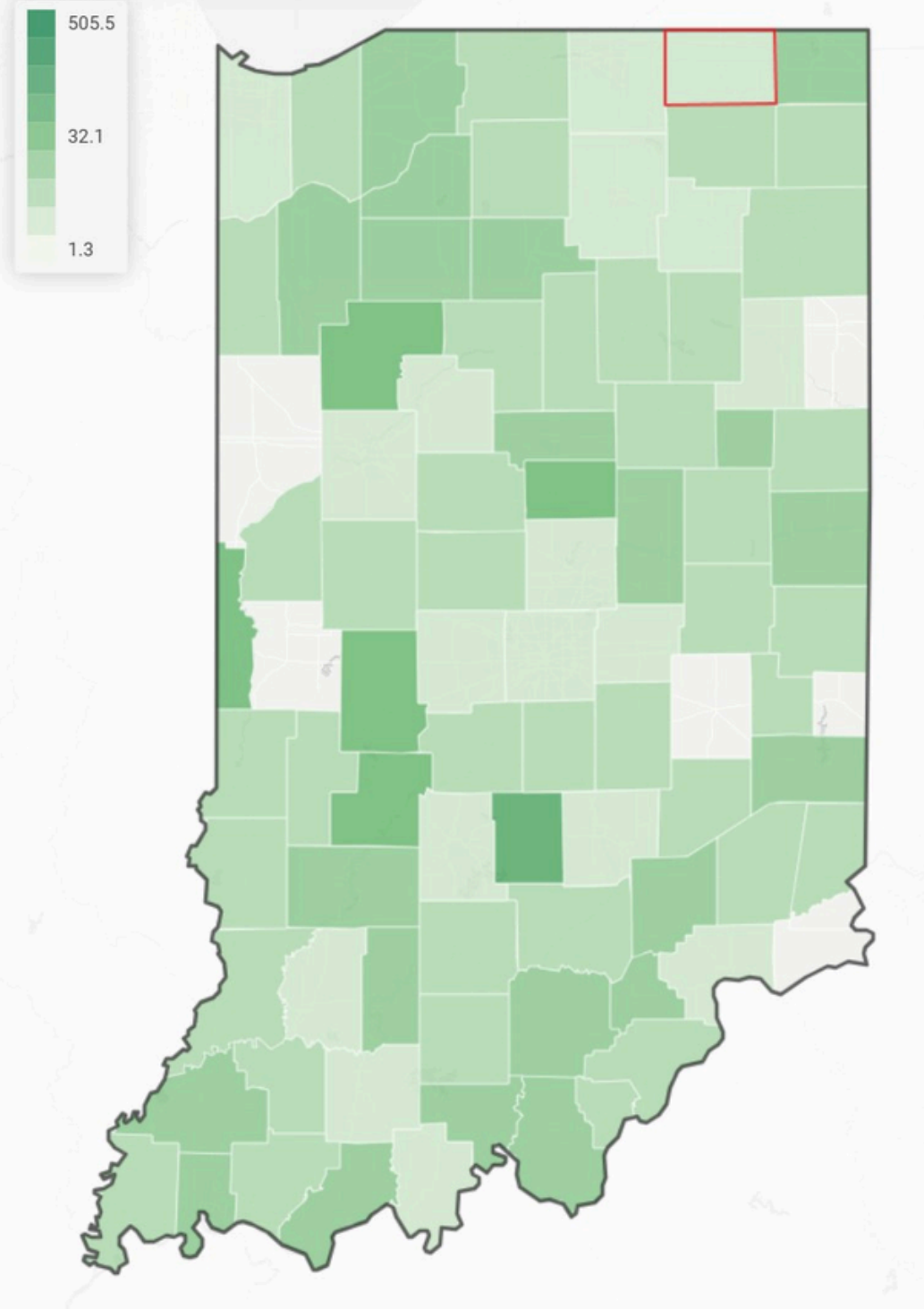
Suicide Mortality

2016-2020 IN Avg. 15.4
deaths per 100,000 residents



11.5%

2019-2023 IN Avg. 161.6
deaths per 100,000 residents



10.9%

Community Survey: Depression & Anxiety (PHQ-4)

N=406

N=5,030

Possible depression

Possible anxiety

LaGrange County

Parkview Health

LaGrange County

Parkview Health

9.3%

15.8%

12.6%

19.5%

Summary of Community Survey Data and Local Health Statistics

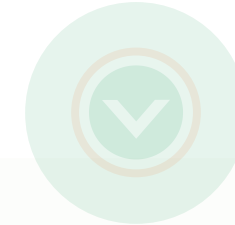
Mental Health and Mental Disorders

- Various measures of **mental health conditions are on the rise** in LaGrange County (*e.g., suicide mortality, depression and poor mental health*).
 - The rate of **suicide mortality** in LaGrange County has been **increasing** in recent years, though it remains below both the Indiana and Parkview Health System area averages.
 - Zip codes of particular concern for adult depression in LaGrange County are **46565 and 46571**.
-

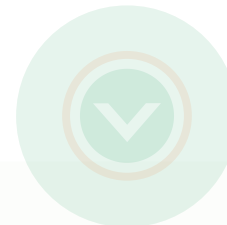
Top 5 Health Concerns



Access to mental health
care & addiction services



Housing affordability



Insurance for health care



Mental health &
mental disorders



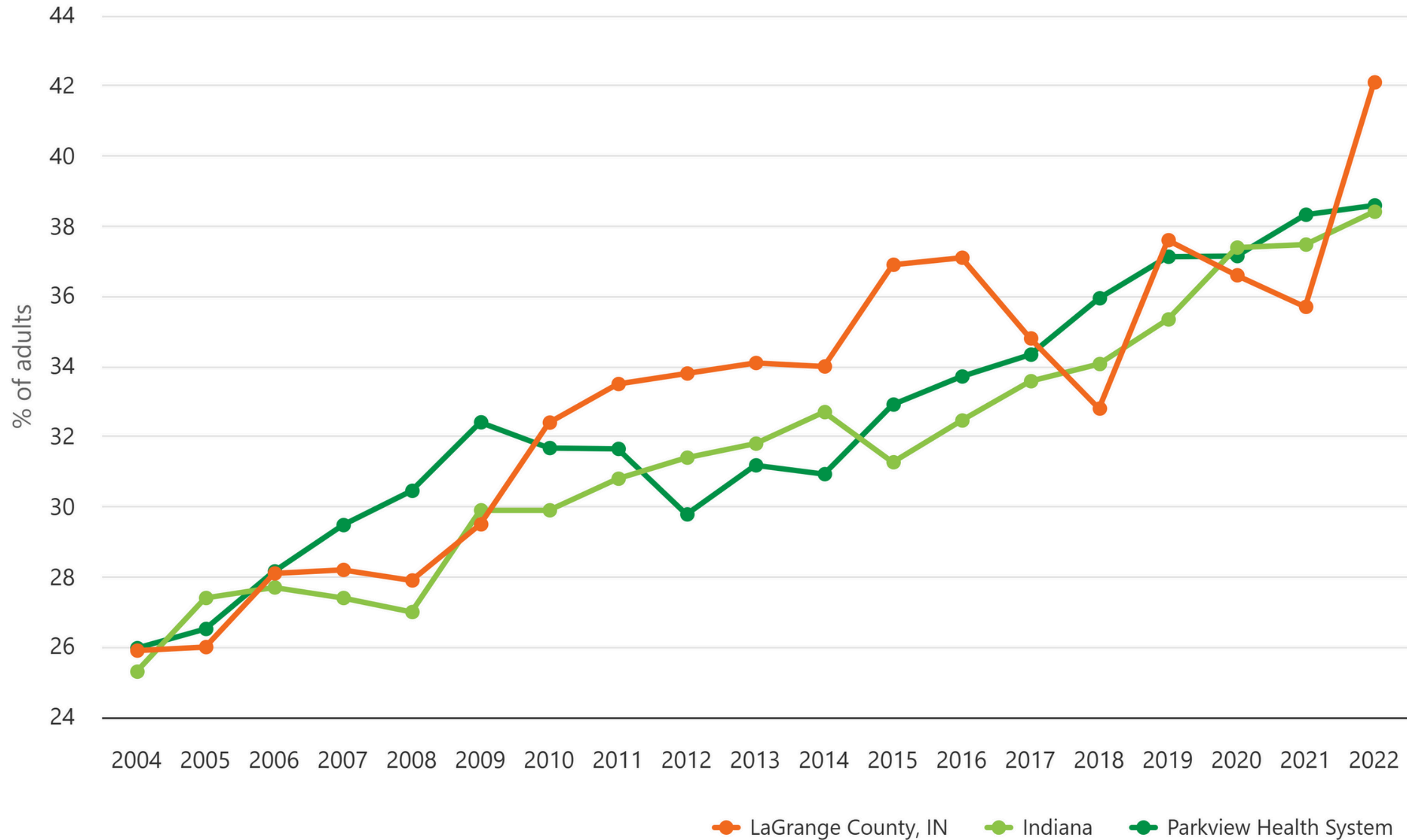
Obesity

Obesity

Topics	LaGrange		Parkview	Indiana
Obesity % of adults (2022)	↑	<u>42.1</u>	38.6	38.4
High cholesterol % of adults (2021)	↑	<u>31.4</u>	30.5	31.1
High blood pressure % of adults (2022)	↑	<u>32.3</u>	32.2	32.2

Obesity

LaGrange County, IN and comparison



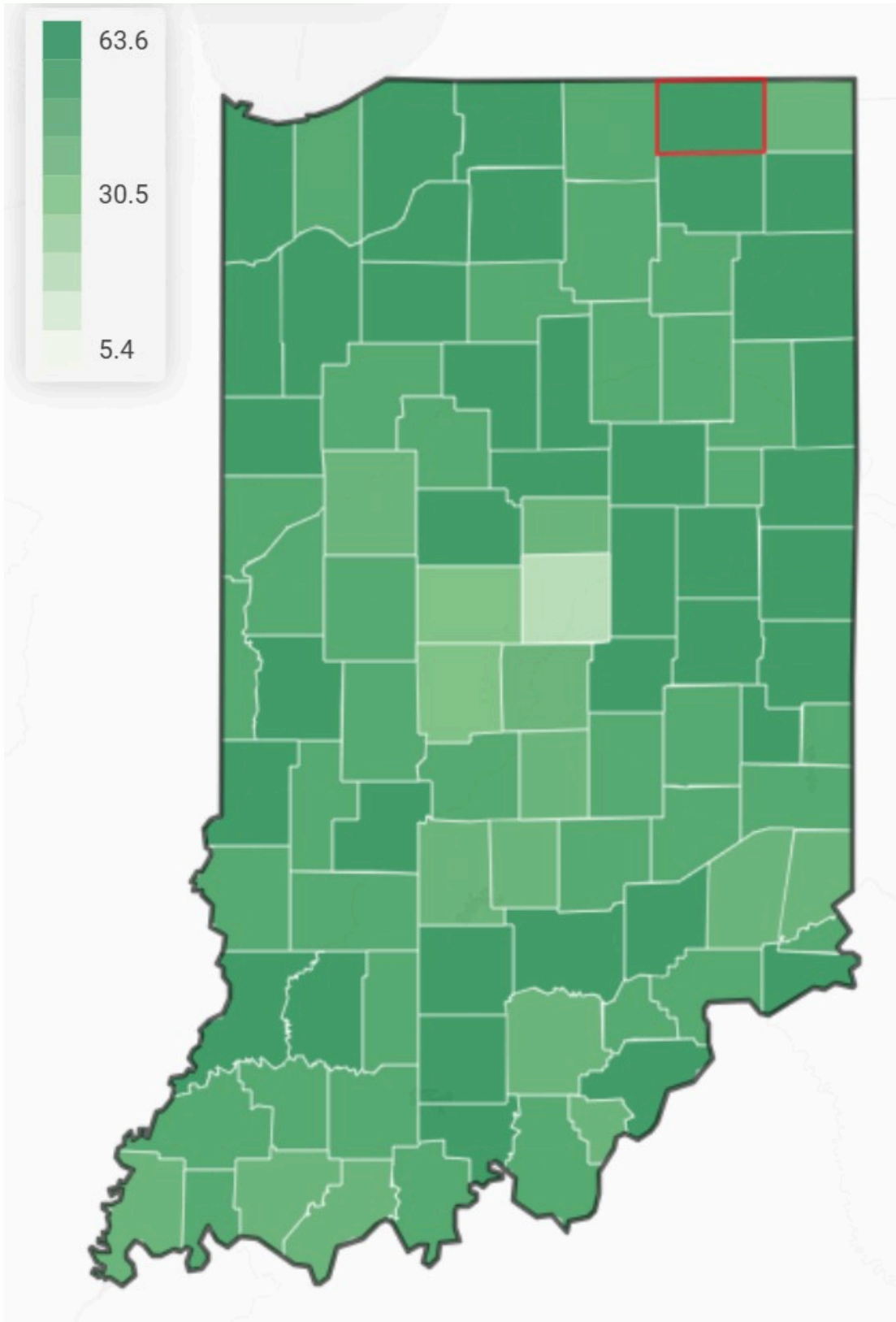
42.1%

38.6%

38.4%

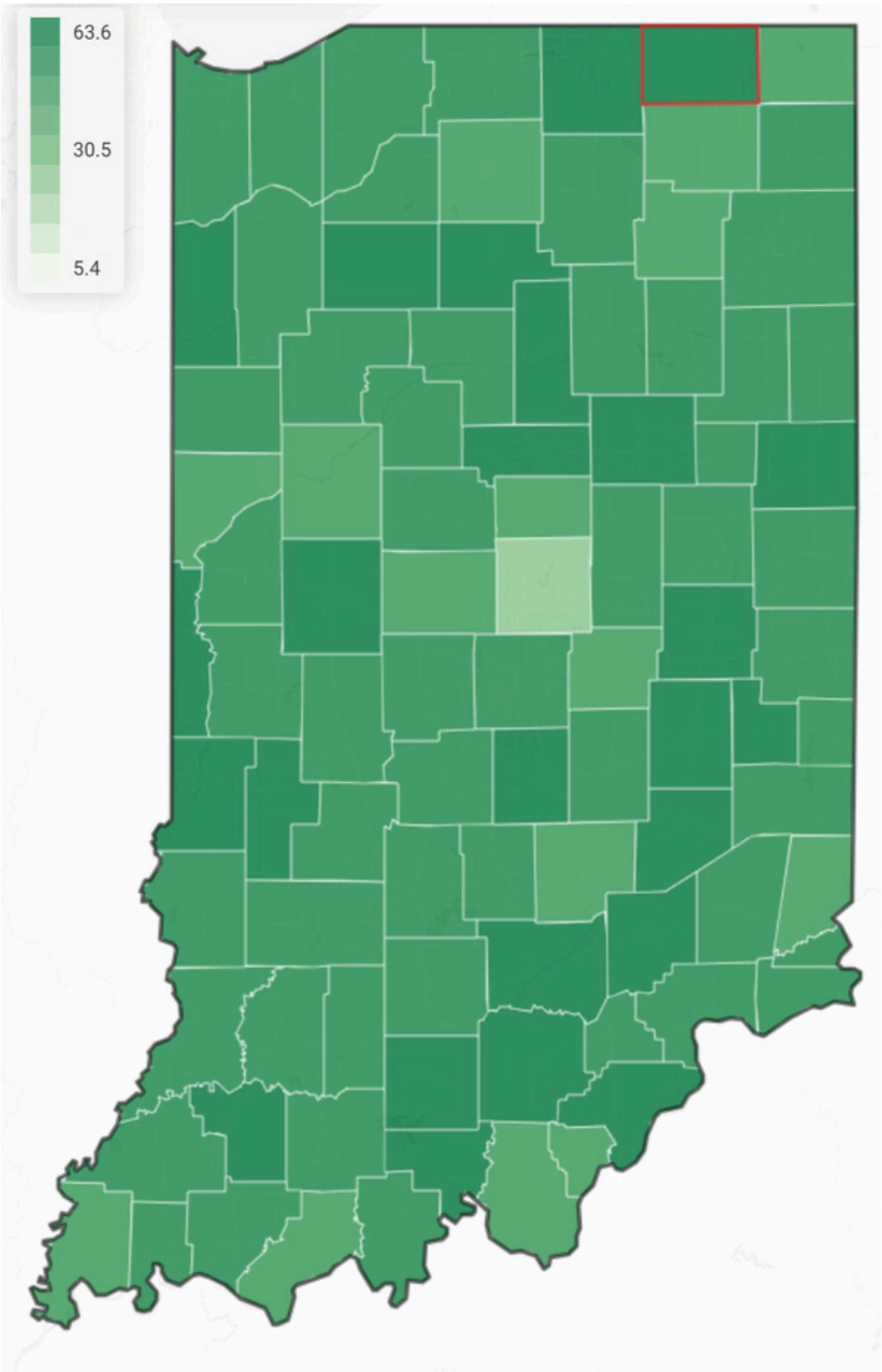
Obesity

2019 21.6% of adults



37.6%

2022 24.4% of adults

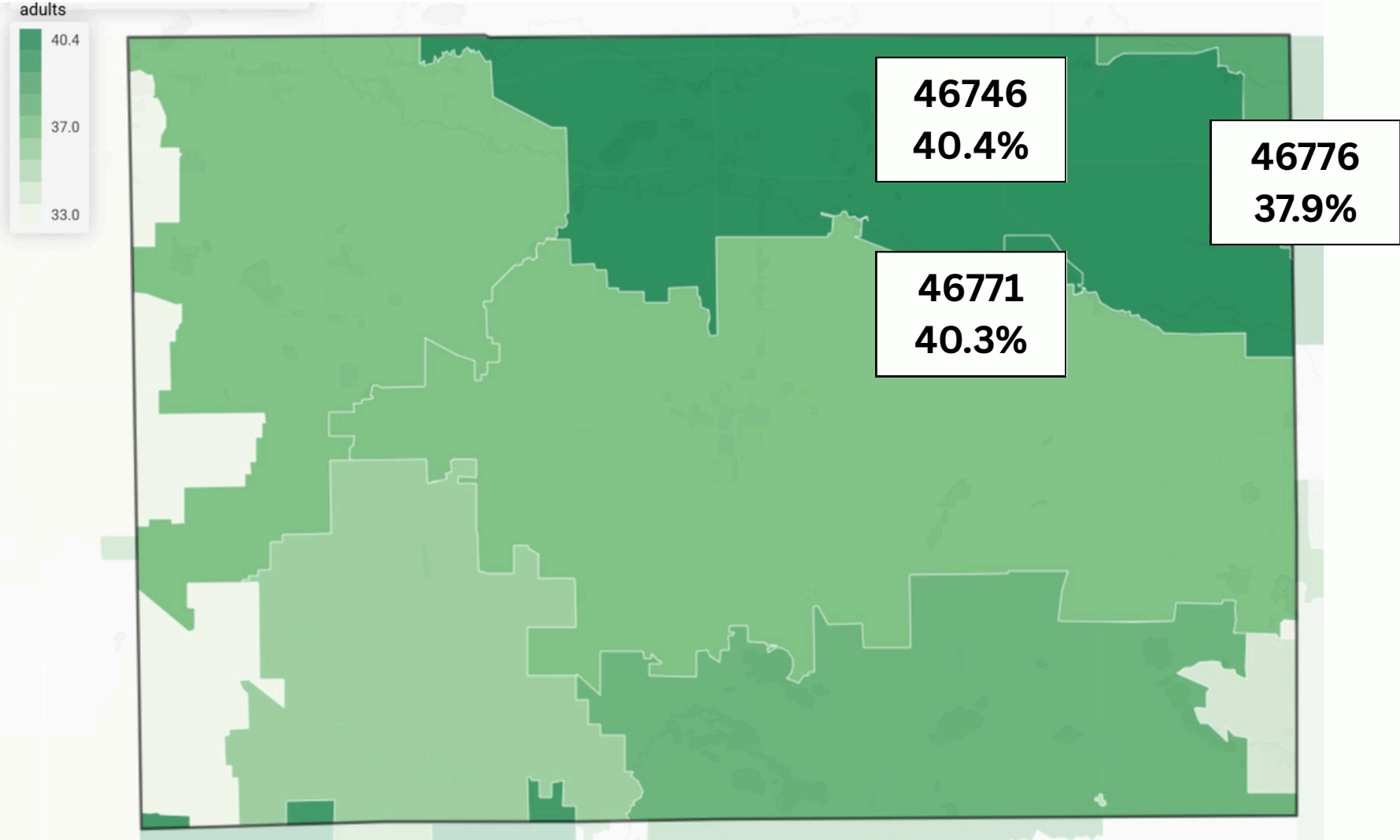


42.1%

Obesity

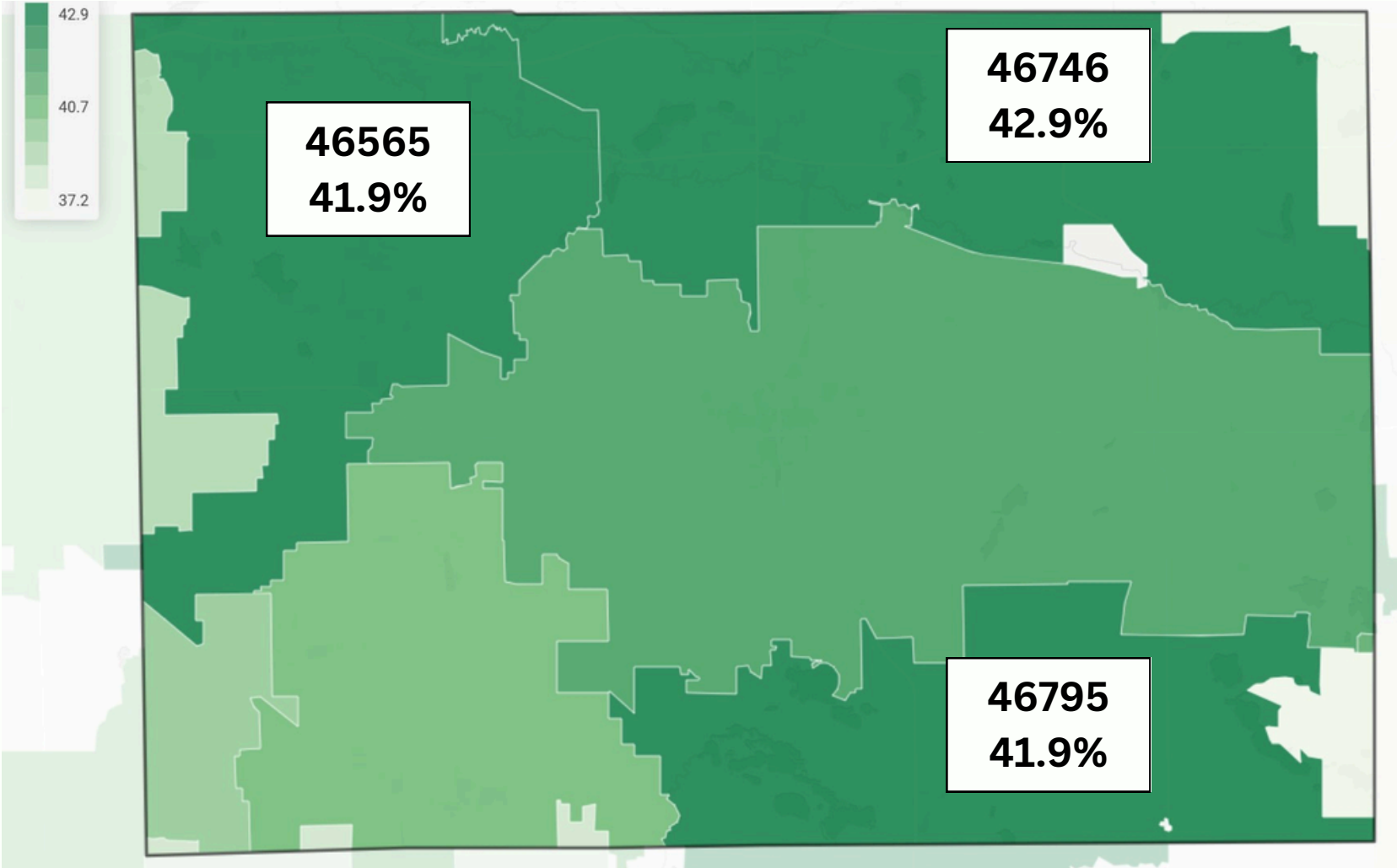
2019

37.6% of adults



2022

41.9% of adults



Summary of Community Survey Data and Local Health Statistics

Obesity

- The percentages of adults with **obesity, high blood pressure and high cholesterol are higher** in LaGrange County than in Indiana.
 - The **obesity rate worsened** from 2021 to 2022, reaching **42.1%** compared to the state average of 38.4%.
 - Zip codes in LaGrange County with the highest obesity rates are **46565, 46746 & 46795**.
-

FINAL THOUGHTS

Conclusion and Appreciation to Our Stakeholders

- 10-minute break
- Choose breakout room for discussion
 - Breakout group #1 - access to care
 - Breakout group #2 - social needs
 - Breakout group #3 - top health concern(s) for your county
 - *Breakout group #4 (optional) - any of the above group topics*

