

Parkview Community Health Needs Assessment

Prioritization Session & Community Forum



April 29, 2025



Many thanks to all who partnered with us to ensure a successful and meaningful CHNA!

Objectives of the Community Health Needs Assessment

- As a not-for-profit hospital system, Parkview Health is responsible for conducting a CHNA every 3 years for each community served by a Parkview Hospital. The last CHNA was completed in 2022.
- Data from the CHNA is used to identify priority health needs in the communities we serve and is integral to Parkview's community health improvement strategies and investments.

2022 DeKalb County Priorities



Mental Health



Obesity



**Substance Use/
Abuse**

2025 Community Health Partners

Mental Health

- Harold W. McMillen Center
- Warm-A-Heart
- Inspiration Ministries
- St. Martins Healthcare
- Childrens First

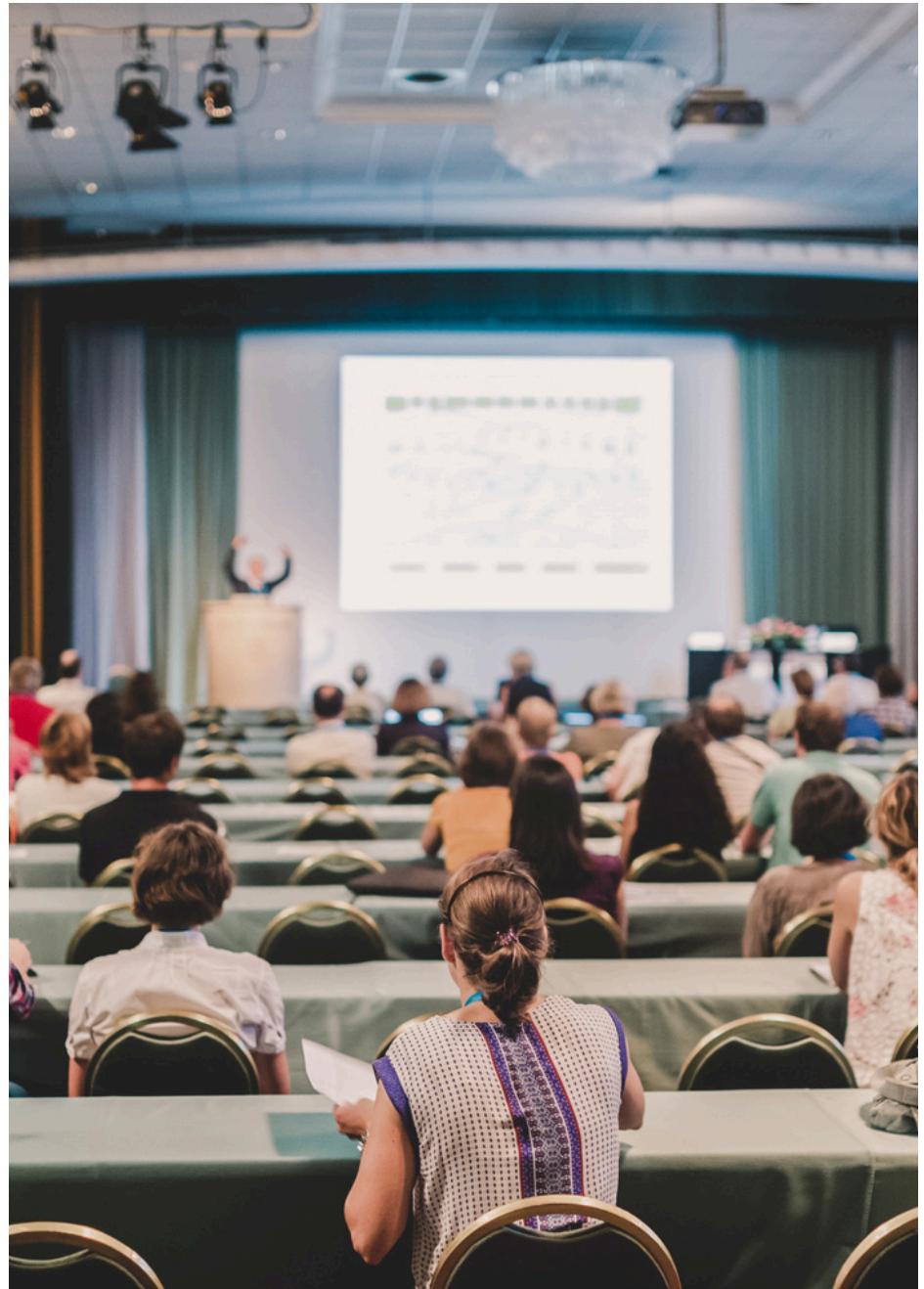
Substance Use

- Harold W. McMillen Center
- Inspiration Ministries
- Hearten House
- St. Martin's Healthcare

Obesity

- Harold W. McMillen Center
- United Way
- Warm-A-Heart
- JAM Center
- YMCA programs

Agenda



- 1** Overview of the 2025 CHNA
- 2** Data trends related to the top 5 identified health needs
- 3** Prioritization of top 2-3 health needs
- 4** Breakout discussions on health concerns, social needs, and access to care in your community

Prioritization Session Agenda (60 minutes)

Introductions / Review of Meeting Goals



Presentation of CHNA Results



- Overview of CHNA process & scoring of health priorities
- Results of evidence-based prioritization
- Review of the **DATA TRENDS** related to top health indicators

Prioritization Voting



- Voting & discussion to rank order top health priorities
- Chatham House Rule to promote open sharing / productive dialogue
 - Provide **1 pro - 1 con - 1 con - 1 pro** for each health priority being considered before moving to the next one



Community Forums (60 minutes)

Led by moderator with focused prompts & a note taker



Aims



- Provide context for community needs
- What assets are in place or needed to address the needs
- Bring community together around top health concerns

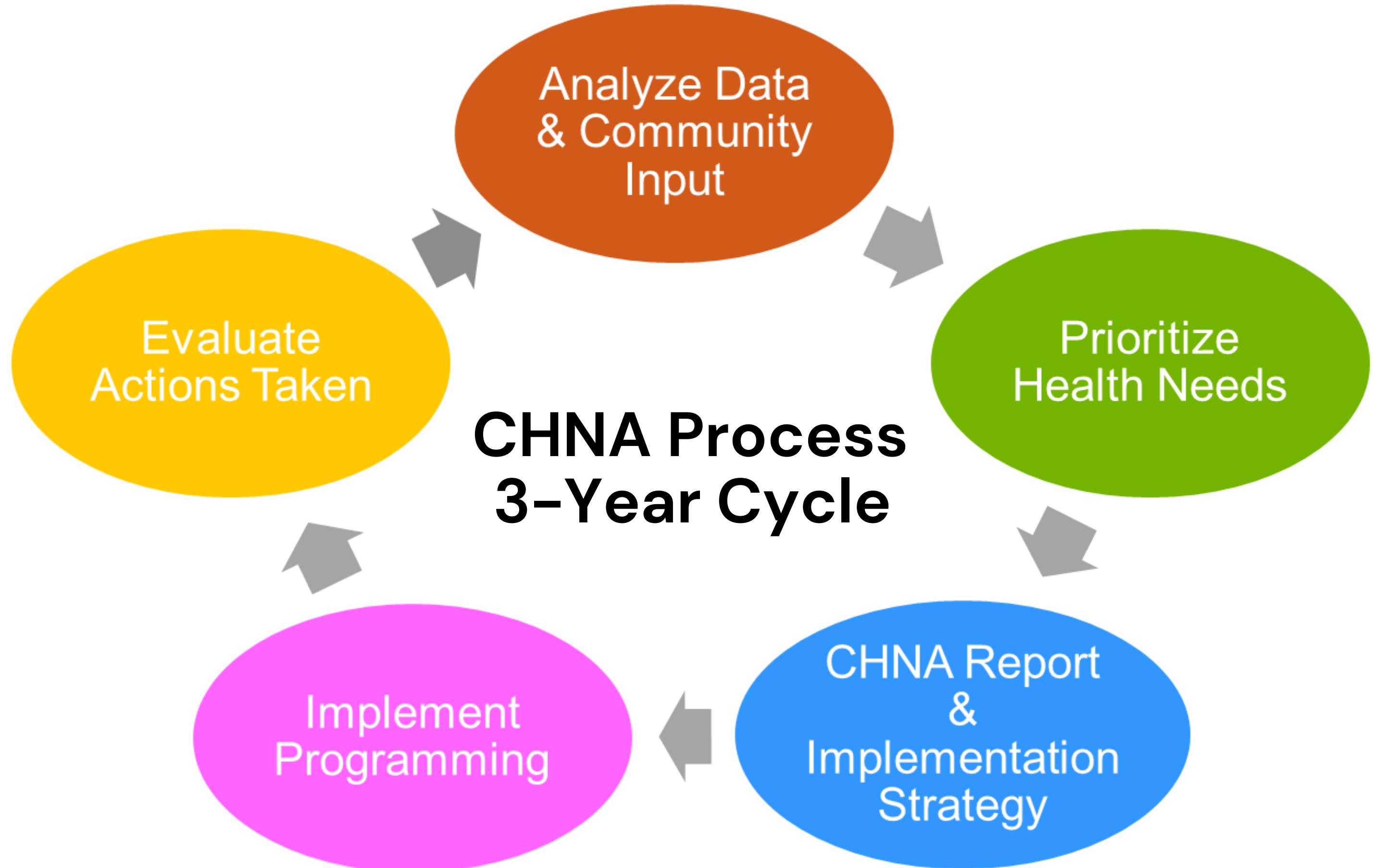
Breakout groups
(8-10 participants/group)



- Breakout group #1 - access to care
- Breakout group #2 - social needs
- Breakout group #3 - top health concern(s) for your county
- *Breakout group #4 (optional) - any of the above group topics*



CHNA Process 3-Year Cycle



CHNA Timeline

NEW!
AUG-SEP 2024
Discovery
Meetings

SEPT-NOV '24

Primary Data Collection

- Community Surveys
- Key Informant Surveys

DEC '24 - FEB '25

Secondary Data Collection

- Metopio Software

Analysis of primary/secondary data

JUN-AUG '25

June: Collect Parkview CHI 3-year impact report from each county

August: Parkview Health System-wide CHI Strategy Session

MAR-MAY '25

County Level Prioritization Sessions

- rank top health priority

County Level Forums

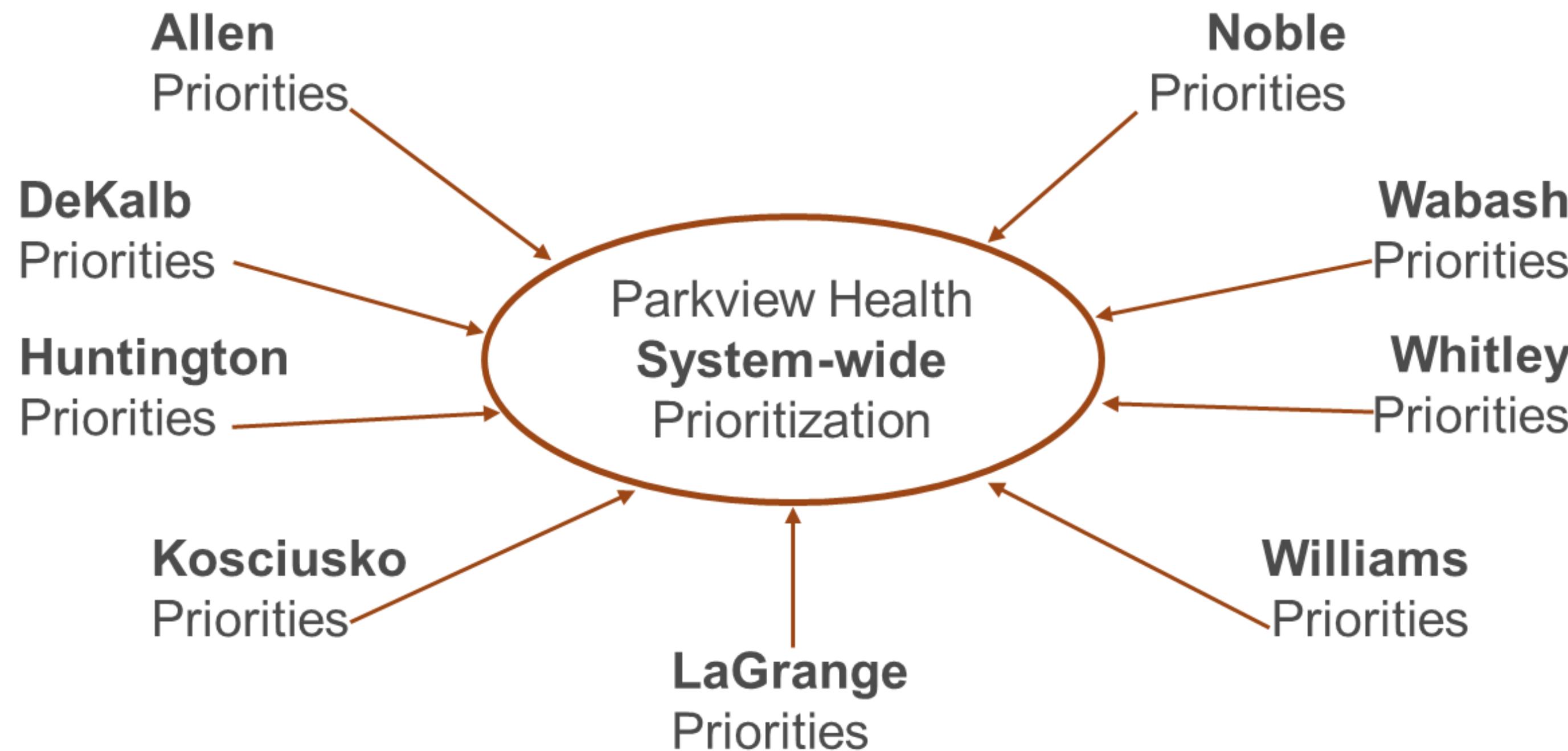
- qualitative data collection

SEPT-NOV '25

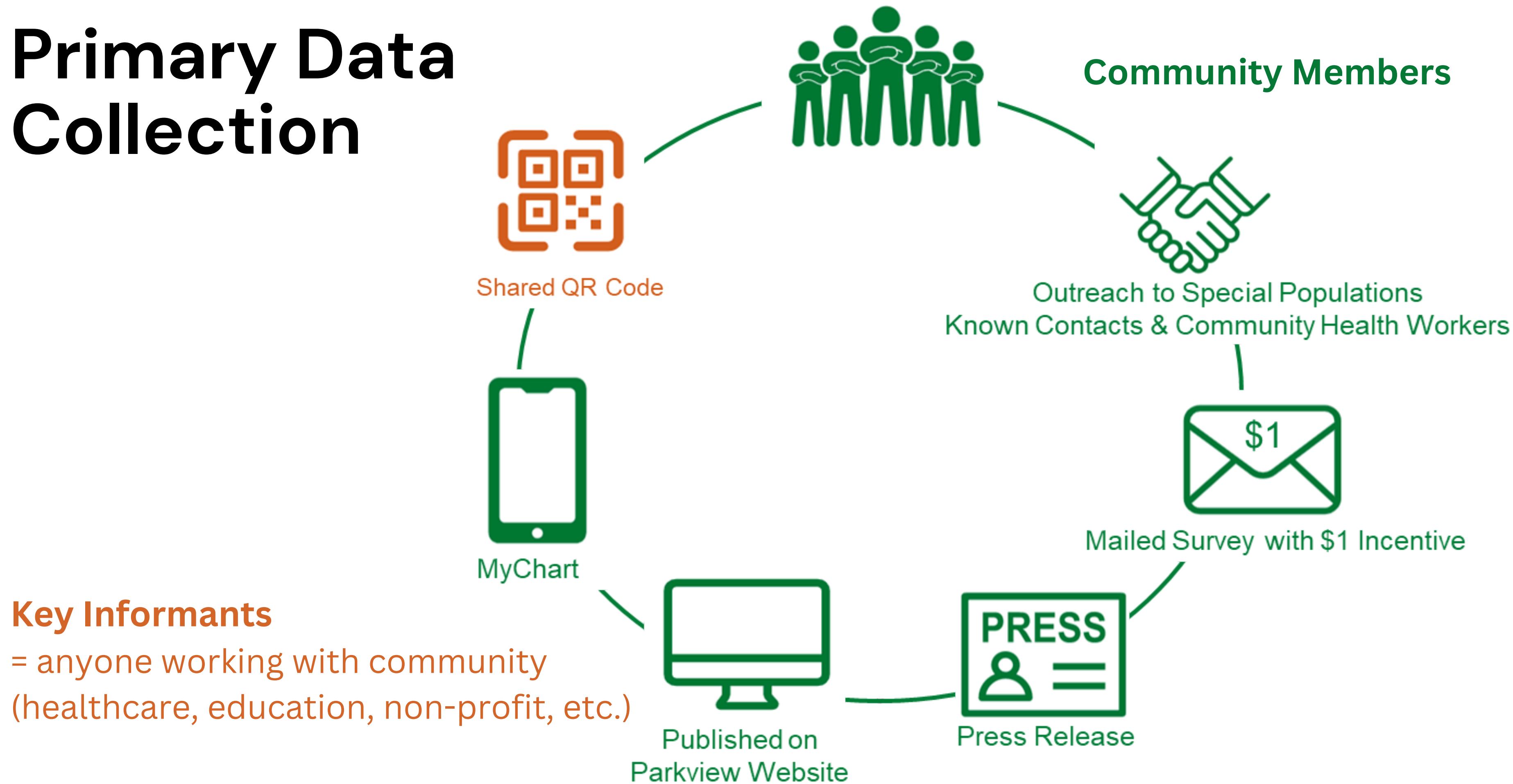
September: Reports for each county finalized

Oct-Nov: Each county Hospital seeks board approval for their report

Selection of a single shared health priority for Parkview Health



Primary Data Collection



30+ Community Events/Outreach





County	Community	Key Informant
Adams	244	52
Allen	2015	242
DeKalb	287	70
Huntington	348	100
Kosciusko	331	70
LaGrange	406	111
Noble	350	51
Wabash	249	69
Wells	200	52
Whitley	329	56
Williams	271	87
Total	5030	960

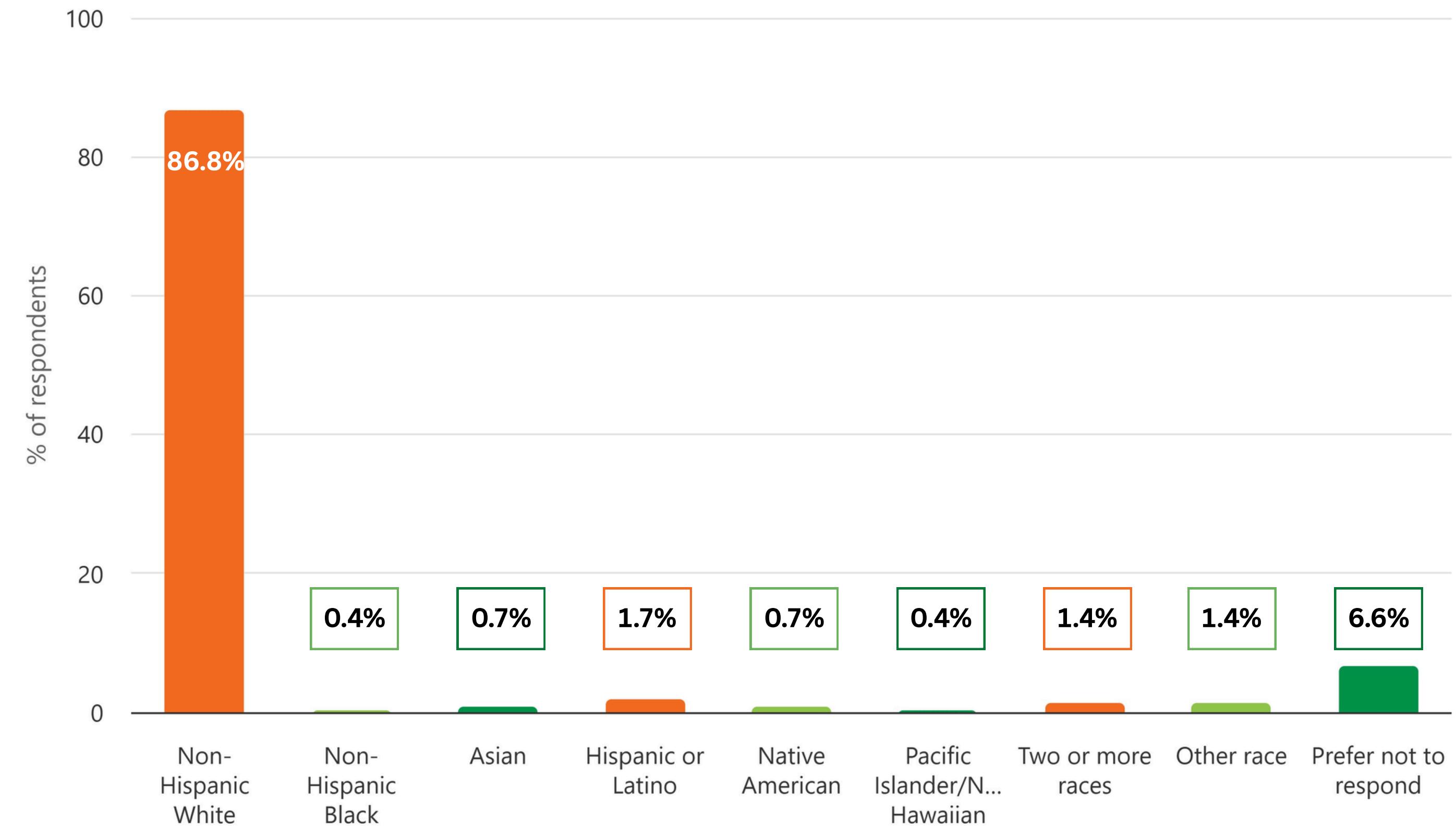
Targets per county
 Community: 200
 Key Informant: 50



Community Survey: Race/ethnicity of respondents

N=287

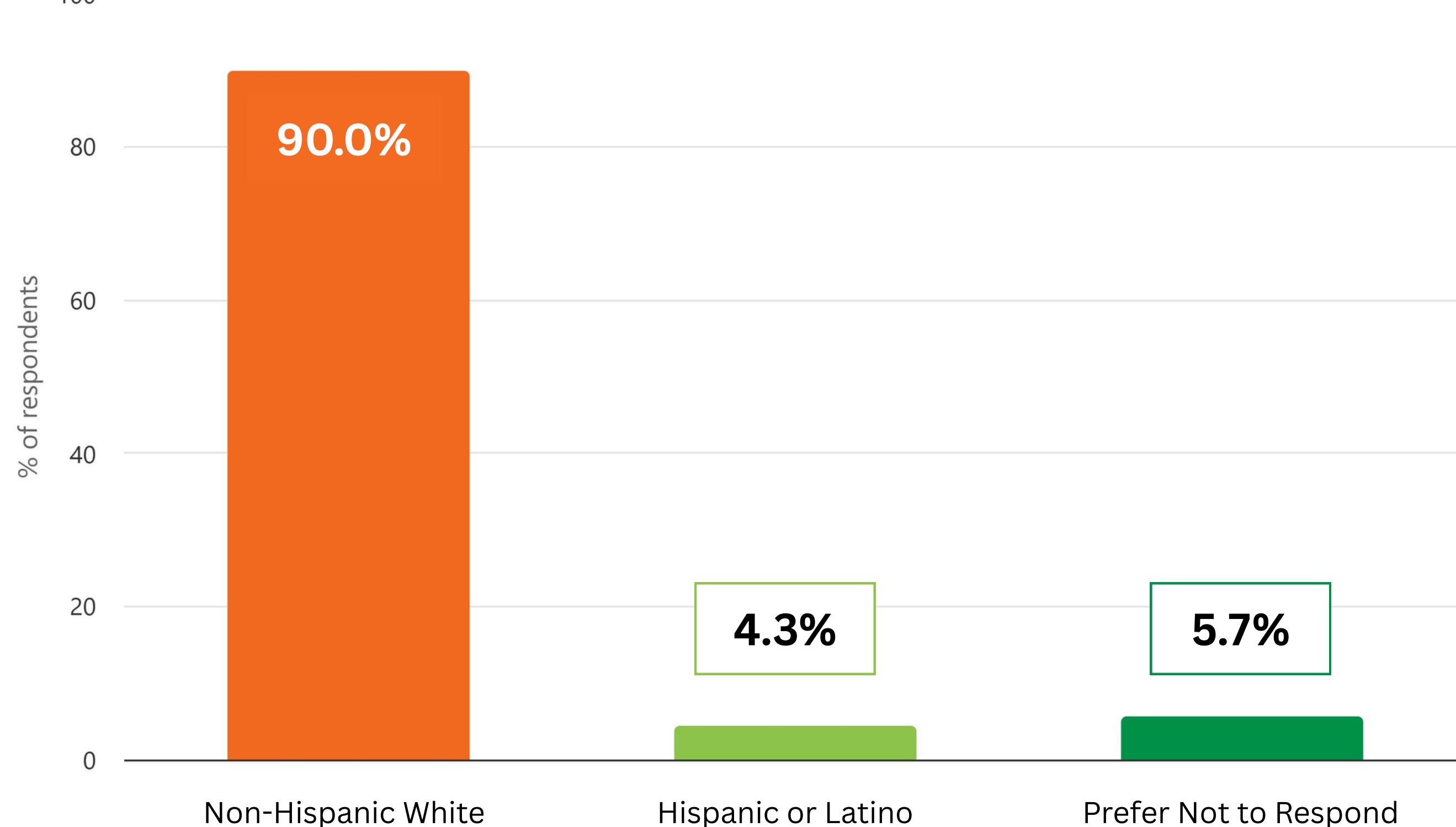
2024



Key Informant Survey: Race/ethnicity of respondents

N=70

2024

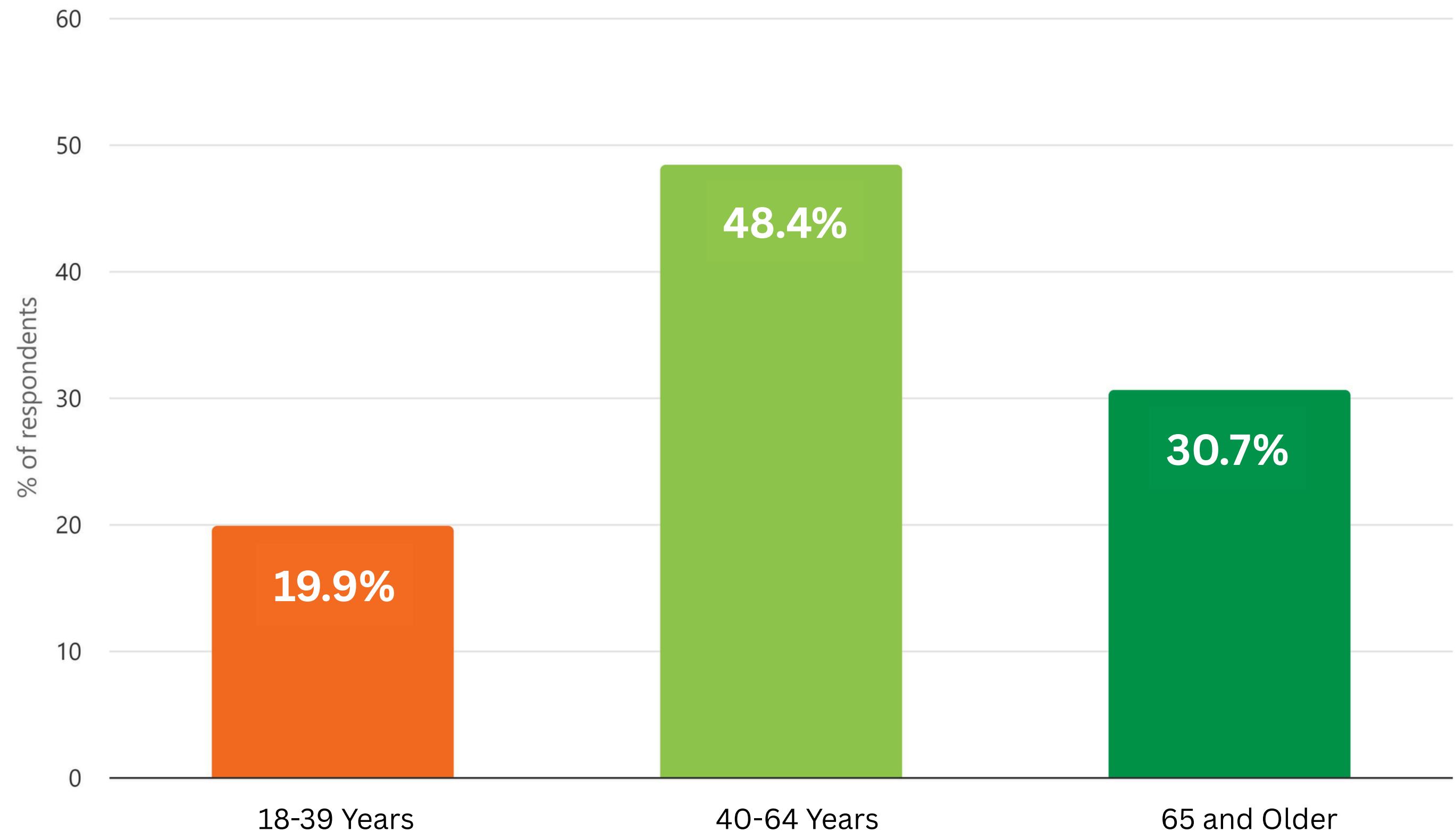


Community Survey: Age of respondents

N=287

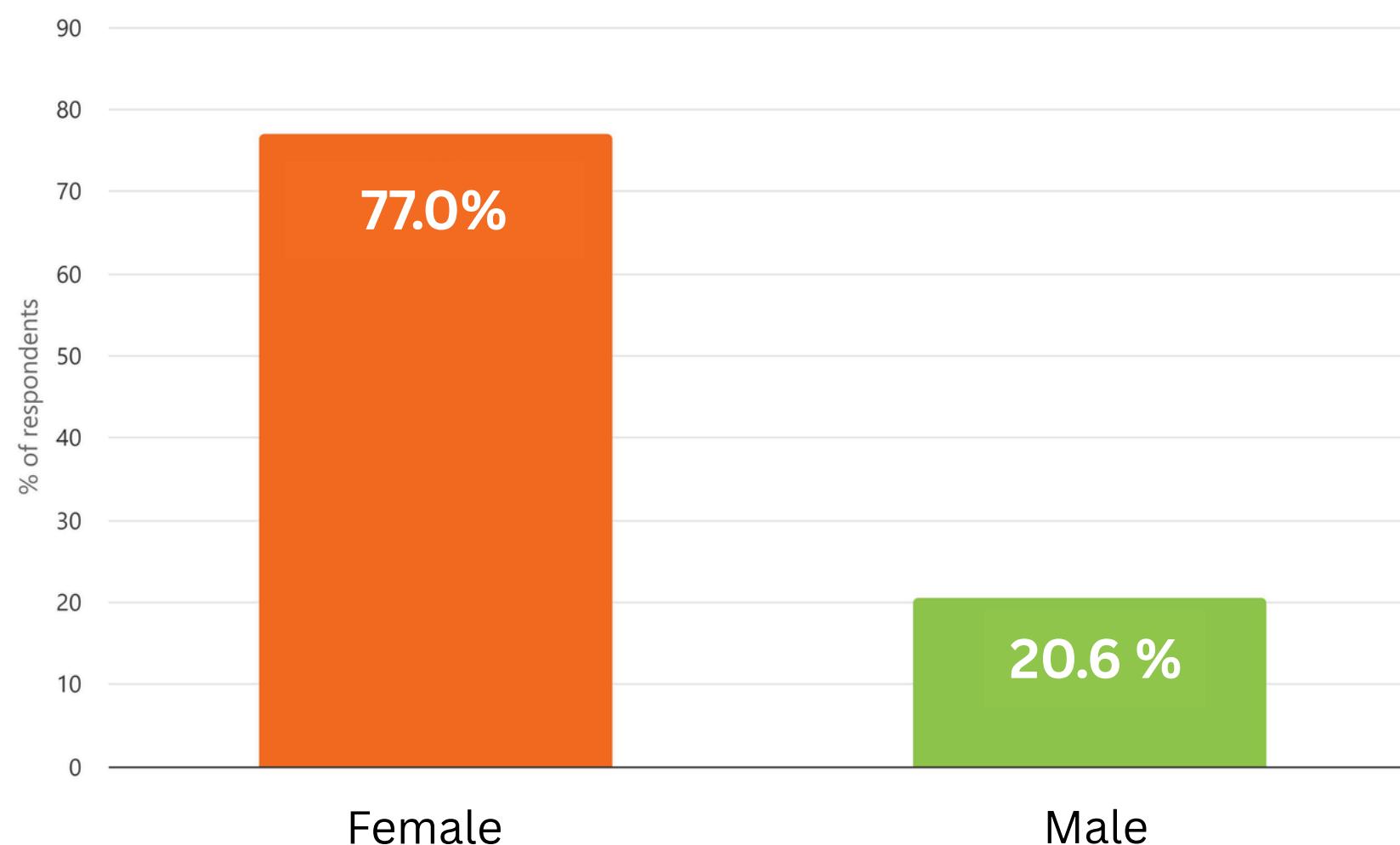
0.9% were blank, did not respond on the survey.

2024



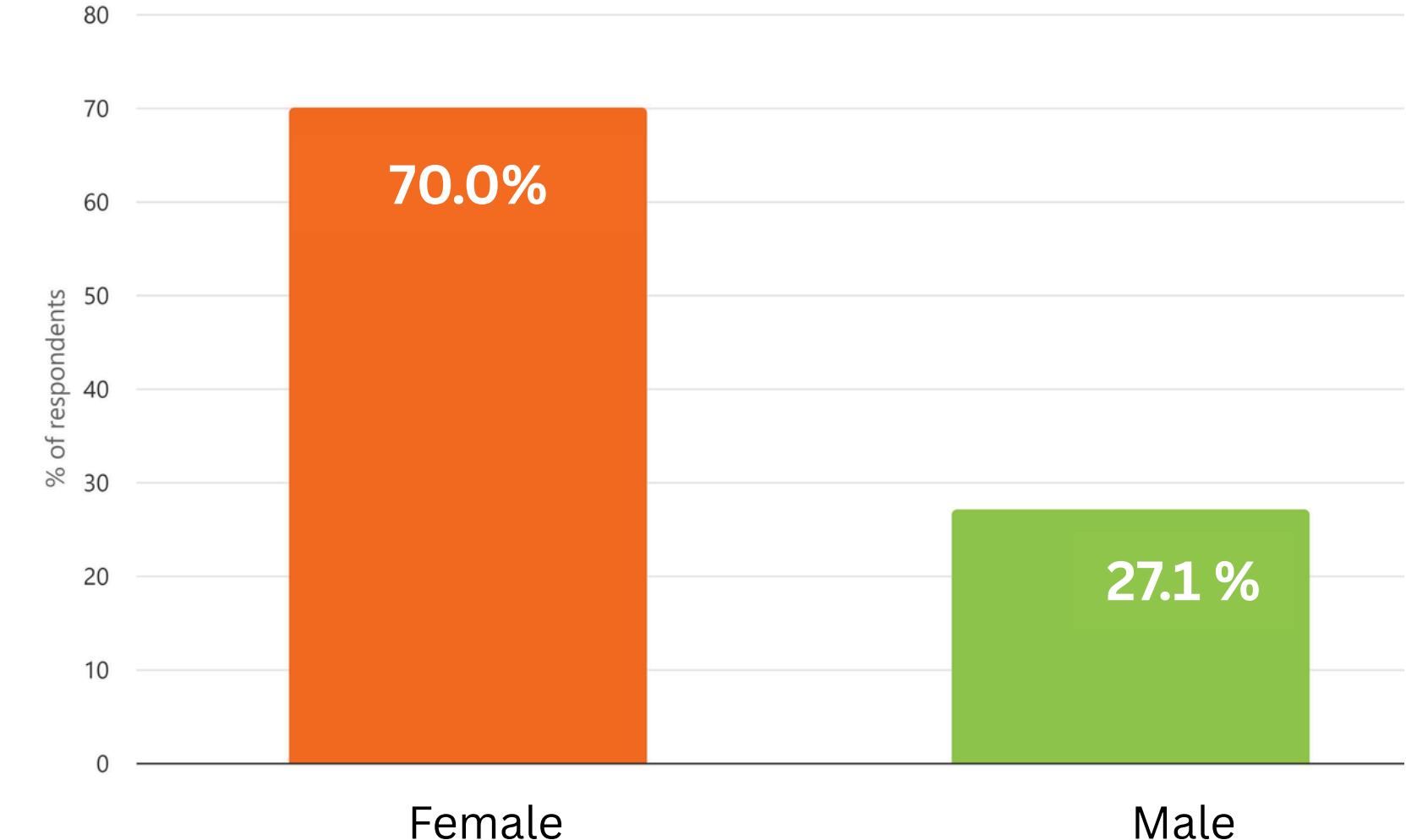
CHNA Surveys: Gender identity of respondents

Community N=287



2.4% did not respond on the survey or identified as other gender.

Key Informant N=70



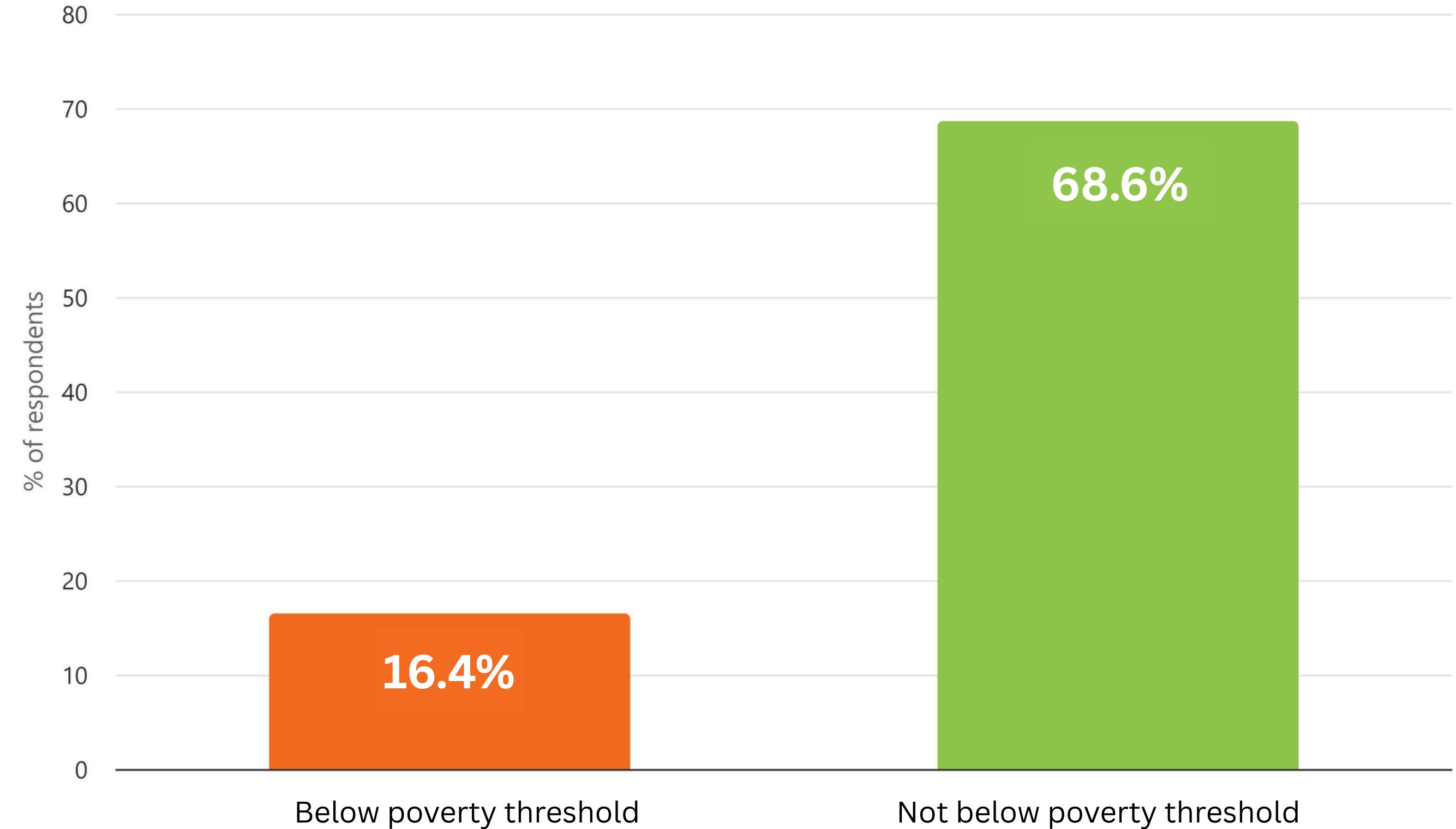
2.9% did not respond on the survey or identified as other gender.

Community Survey: Poverty Threshold

2024

N=287

15.0% were blank, did not respond on the survey or poverty threshold could not be determined.



Secondary Data Collection

Where is diabetes exacerbated by food insecurity? ⚙

Diagnosed diabetes ⓘ

2019

Logan County, KY: 12.3% of adults



CDC Centers for Disease Control and Prevention
CDC 24/7: Saving Lives, Protecting People™

PLACES: Local Data for Better Health



300 mi

Community Data

- Data for **DeKalb County** can be explored on our new **Parkview Health Community Data Hub!**
- Use this data to learn about your community, from census tracts to counties across the Parkview Health System.

Parkview Health
Community Data Hub

QUICK START

Select both a place and a topic to launch a map or chart.

Search Places

Search Topics

VIEW MAP

VIEW CHART



<https://parkview.metop.io>

A note on secondary data

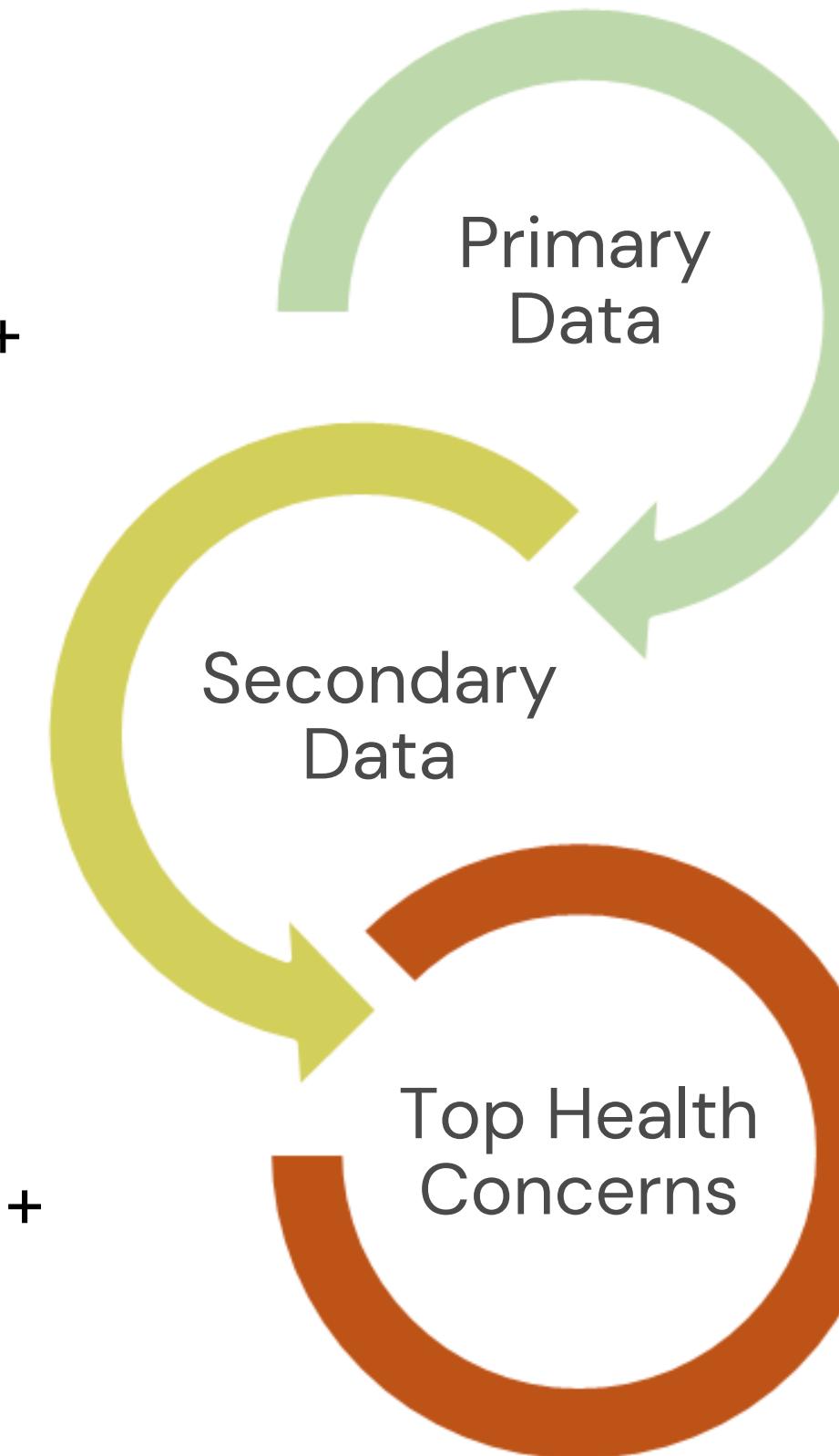


You may notice that some of the numbers presented differ from what was seen in earlier presentations. Why?

- Public health data are not static. Agencies like the CDC continue to receive new reports, verify information and improve analytic methods even after data are first published.
- When this happens, previously reported numbers may be updated.
- These updates are normal and reflect stronger, more complete information.
- Updates usually **do not** change the actual severity of public health issues.

Data Analysis

Primary data =
Community Surveys +
Key Informant Surveys +
Interviews



5 Top Health Concerns =
algorithm applied to
primary & secondary data +
pre-session voting (*if
applicable*)

Secondary data =
Community level health
data collected by other
organizations

Top 5 Identified Health Concerns in DeKalb County

Health Concern	Score
Access to Mental Health Care & Addiction Services	3.5
Affordable & Healthy Food	2.5
Housing Affordability	2.5
Mental Health & Mental Disorders	2.5
Obesity	2.5

- Scores are based on algorithm applied to results from community survey, key informant survey and secondary data
- Higher scores indicate greater need

Top 5 Health Concerns



Access to Mental Health Care & Addiction Services



Mental Health & Mental Disorders



Housing Affordability



Affordable & Healthy Food



Obesity

Top 5 Health Concerns



Access to Mental Health Care
& Addiction Services



Affordable & Healthy Food



Housing Affordability



Mental Health &
Mental Disorders



Obesity

Community Survey

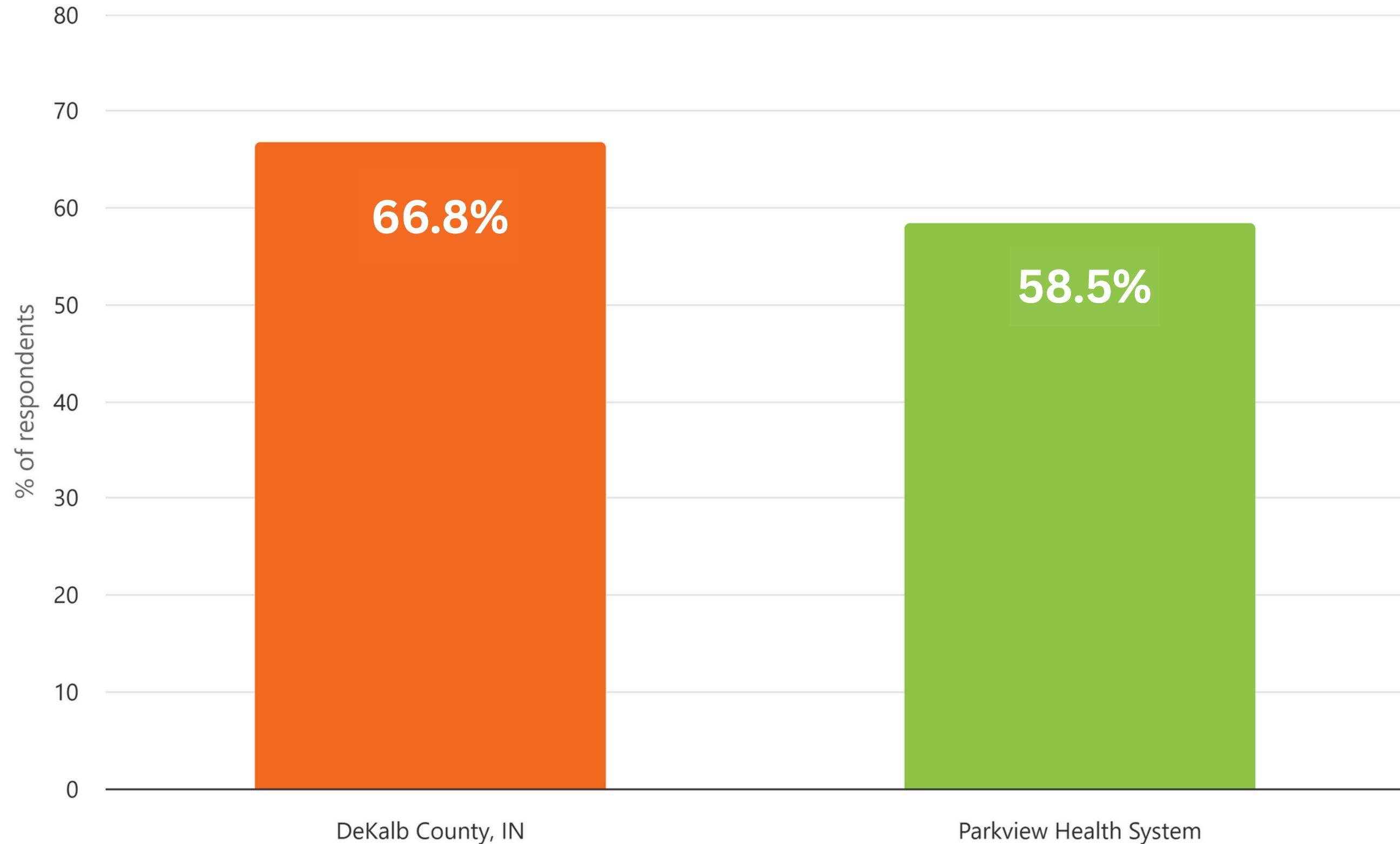
N=287

N=5,030

Represents the % of survey respondents where *Access to Mental Healthcare* was in their Top 5 concerns.

Issues that affect quality of life (Access to mental health care), 2024

DeKalb County, IN and comparison

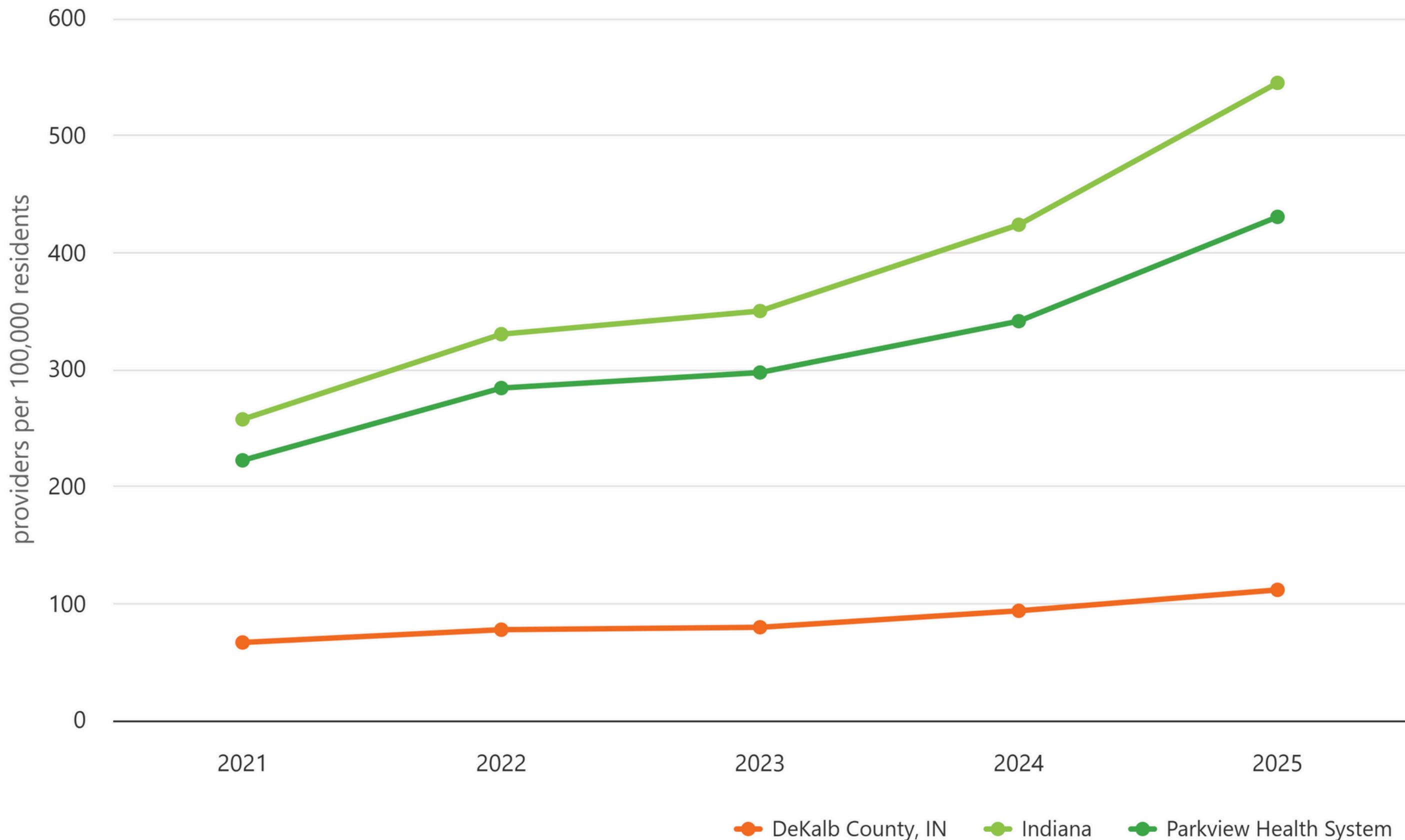


Access to Mental Health & Addiction Services

Topics		DeKalb	Parkview	Indiana
Mental health providers per capita providers per 100,000 residents (2025)	↑	<u>111.7</u>	430.5	545.0
Psychiatry physicians per capita physicians per 100,000 residents (2024)	–	<u>0</u>	8	16
Mental health care provider shortage full-time equivalents (2024)	–	<u>7.0</u>	100.3	835.5
Opioid treatment providers per capita providers per 100,000 residents (2024)	–	<u>2.1</u>	10.2	12.6
Mental health treatment facilities per capita per 100,000 residents (2022)	–	6.6	3.7	3.6
Substance use treatment facilities per capita per 100,000 residents (2022)	–	6.6	4.5	5.0
Not sure where to get mental health services % of CHNA survey respondents (2024)	–	21.3	17.8	–
Problem getting mental health or addiction services % of CHNA survey respondents (2024)	–	23.0	18.9	–

Mental health providers per capita

DeKalb County, IN and comparison



Indiana

545.0

providers per
100,000 residents

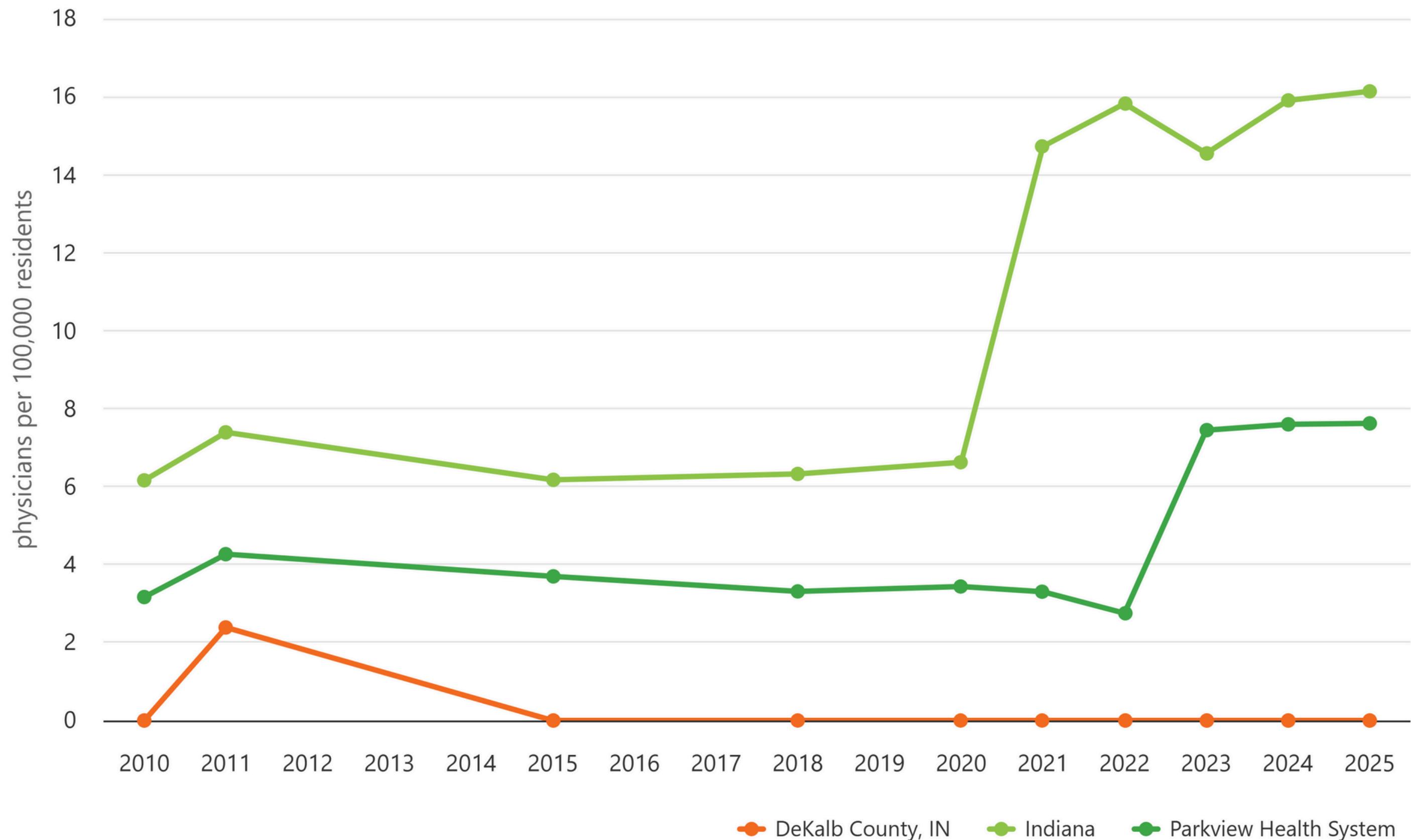
DeKalb County

111.7

providers per
100,000 residents

Psychiatry physicians per capita

DeKalb County, IN and comparison



Indiana

16

providers per
100,000 residents

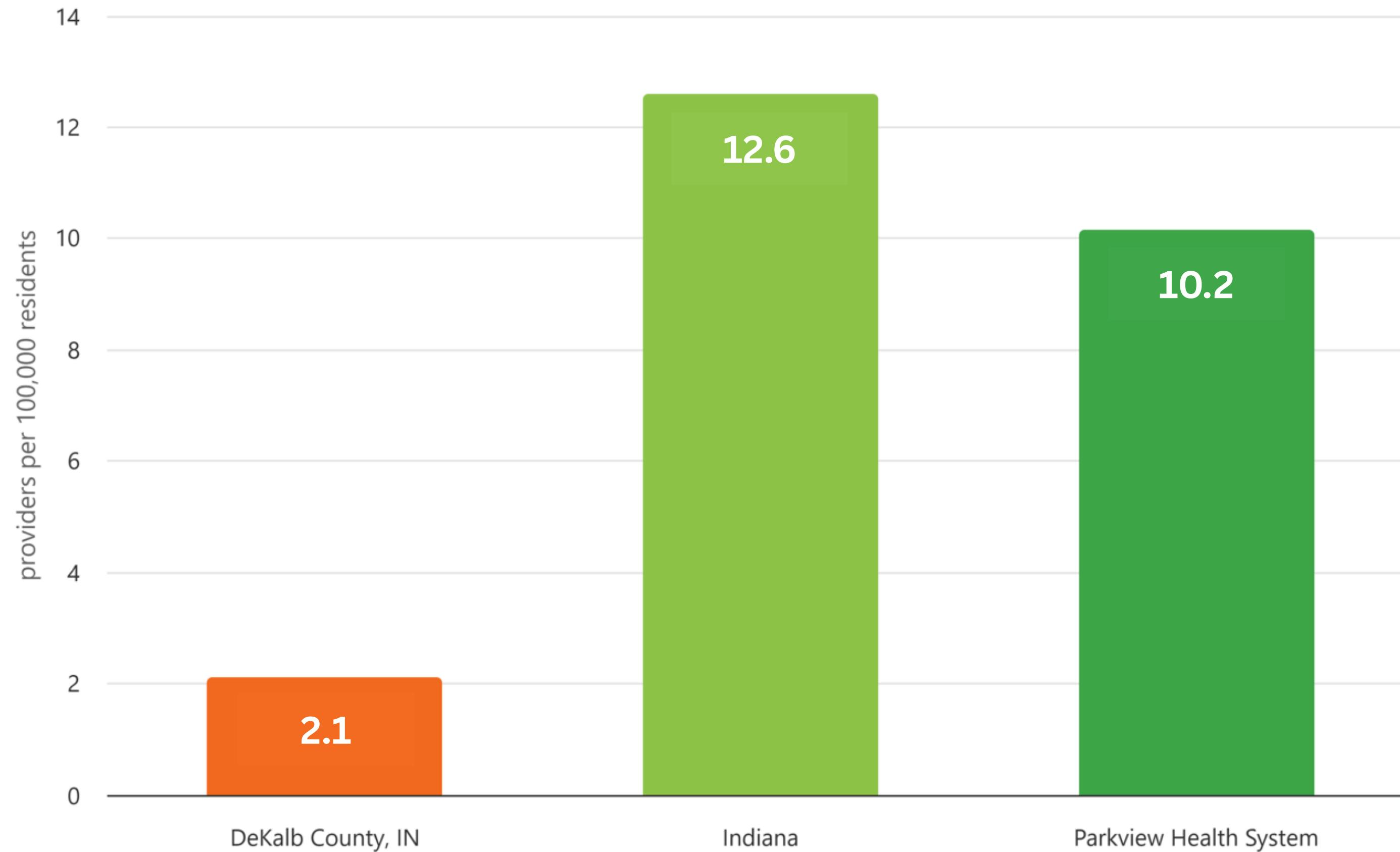
DeKalb County

0

providers per
100,000 residents

Opioid treatment providers per capita, 2024

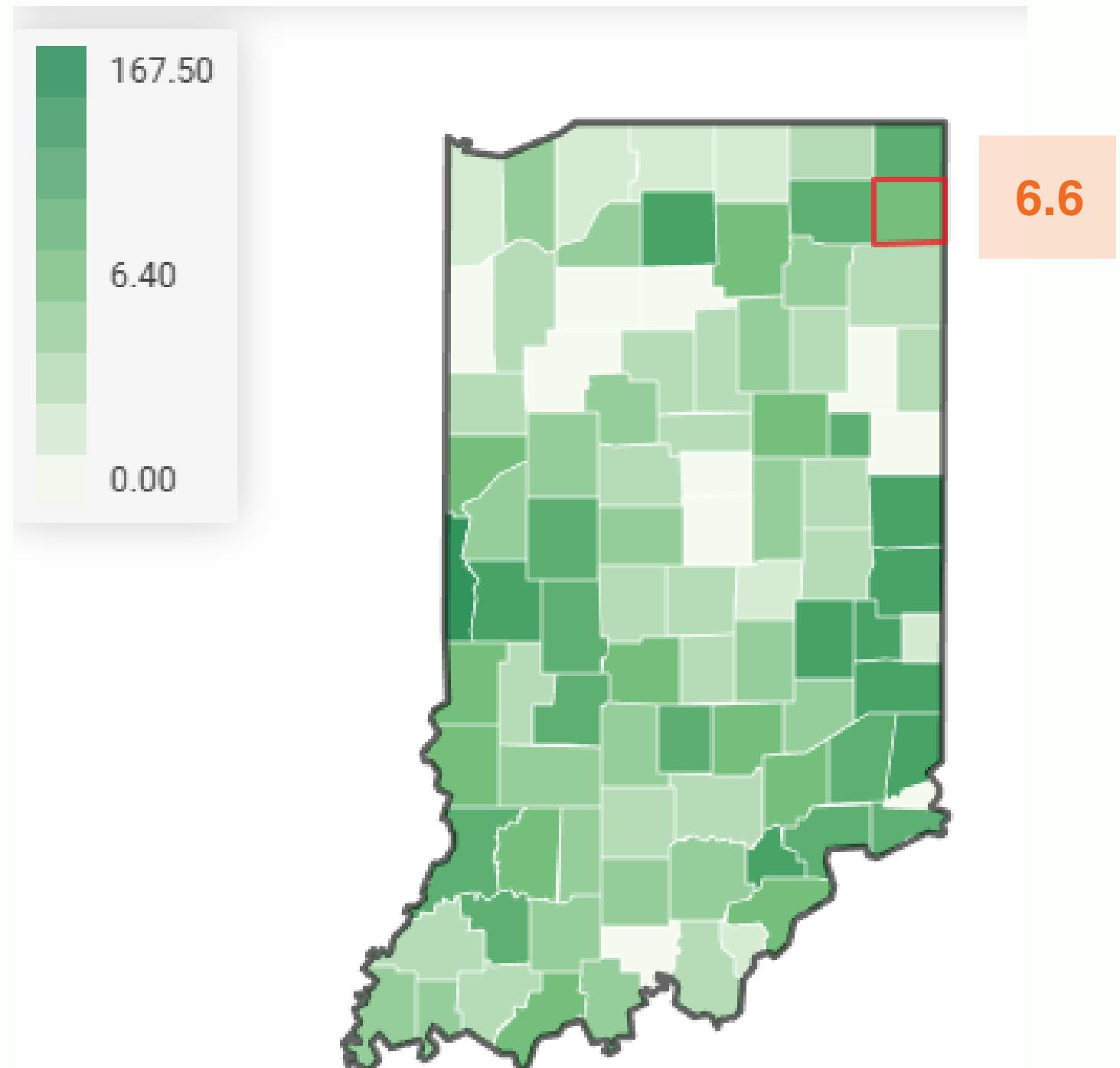
DeKalb County, IN and comparison



Mental Health & Substance Use Treatment Facilities (2022)

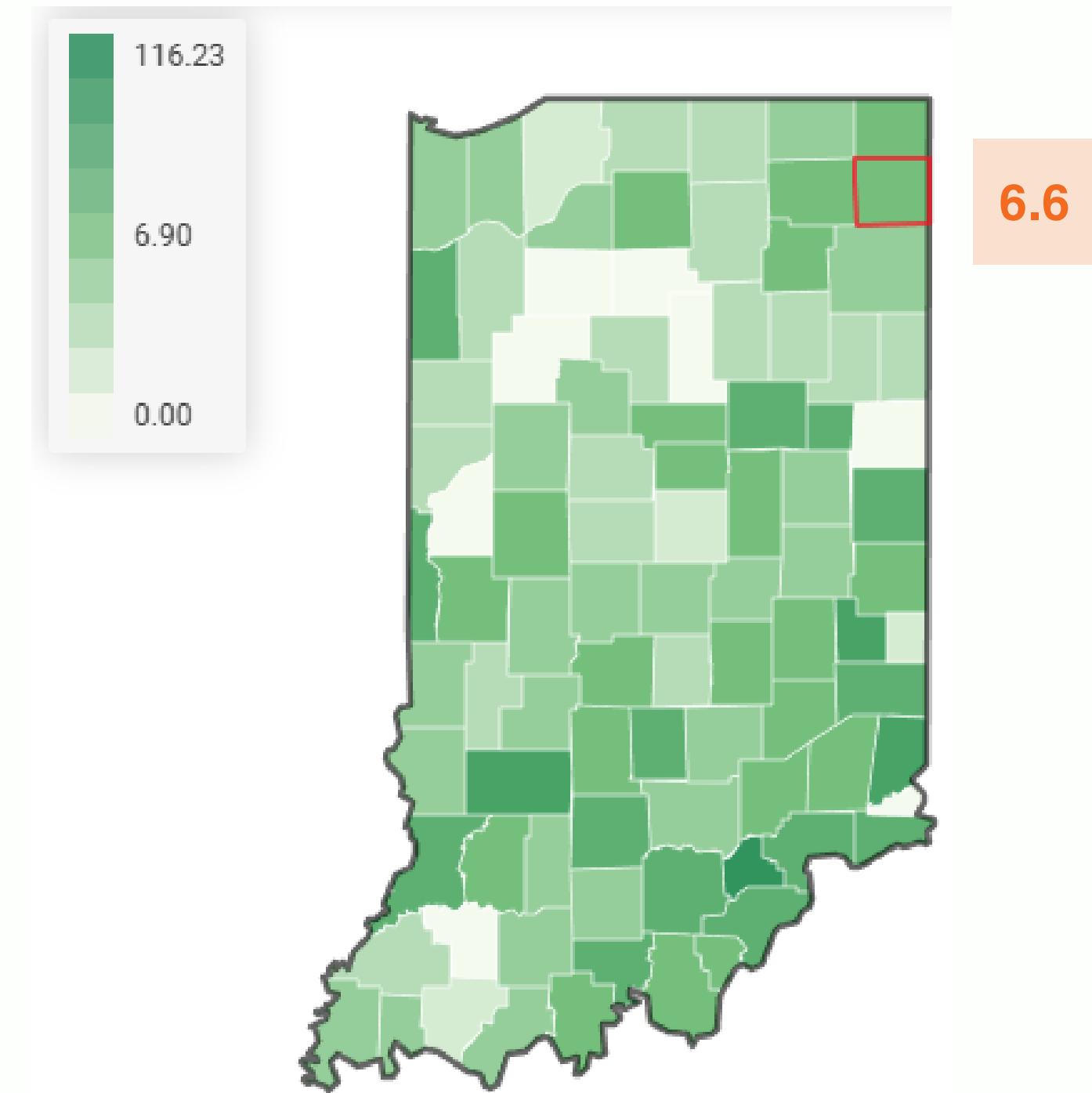
Mental Health Treatment Facilities

IN Avg. 3.6 (per 100,000 residents)



Substance Use Treatment Facilities

IN Avg. 5.0 (per 100,000 residents)



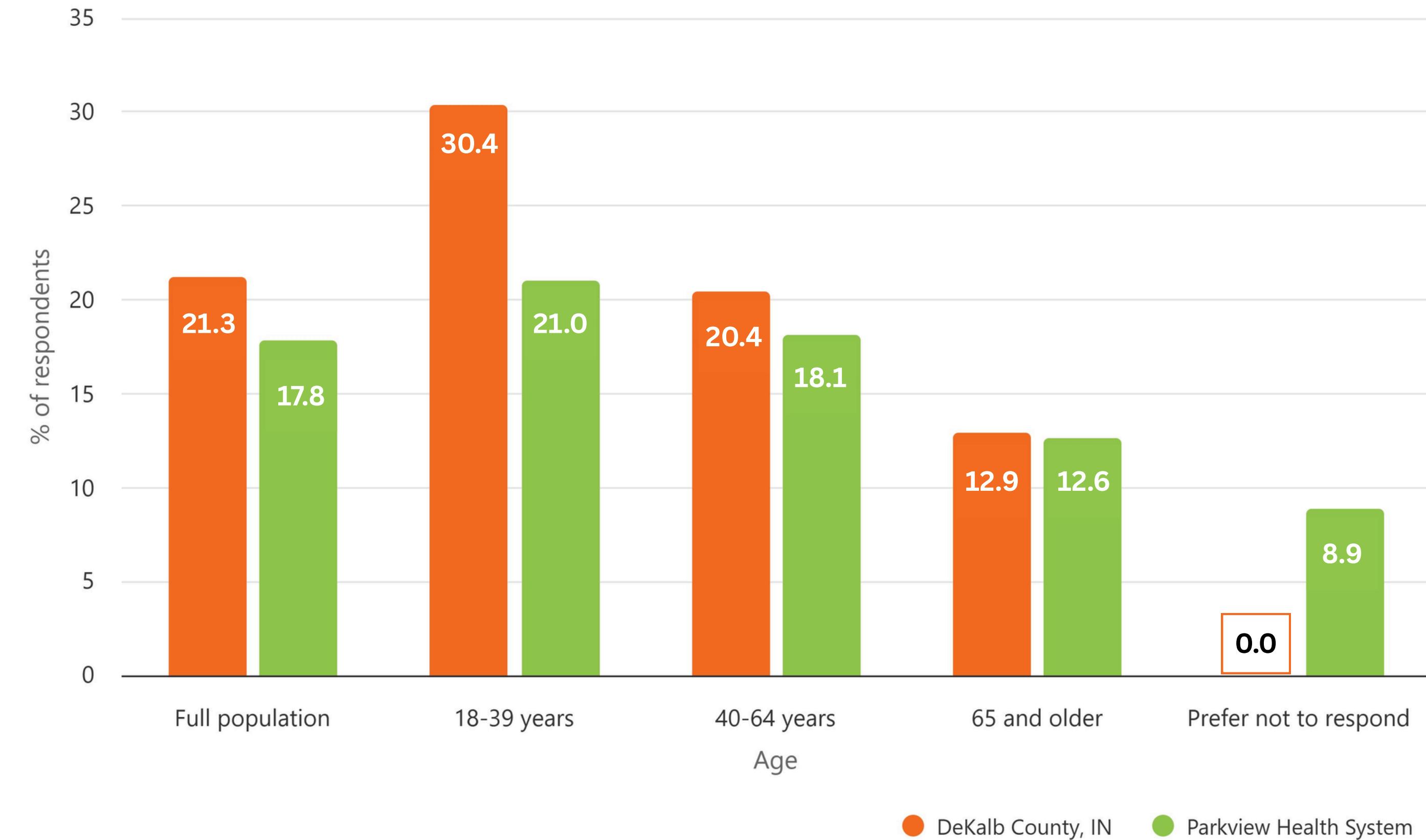
Community Survey

N=287

N=5,030

Not sure where to get mental health services by Age, 2024

DeKalb County, IN and comparison



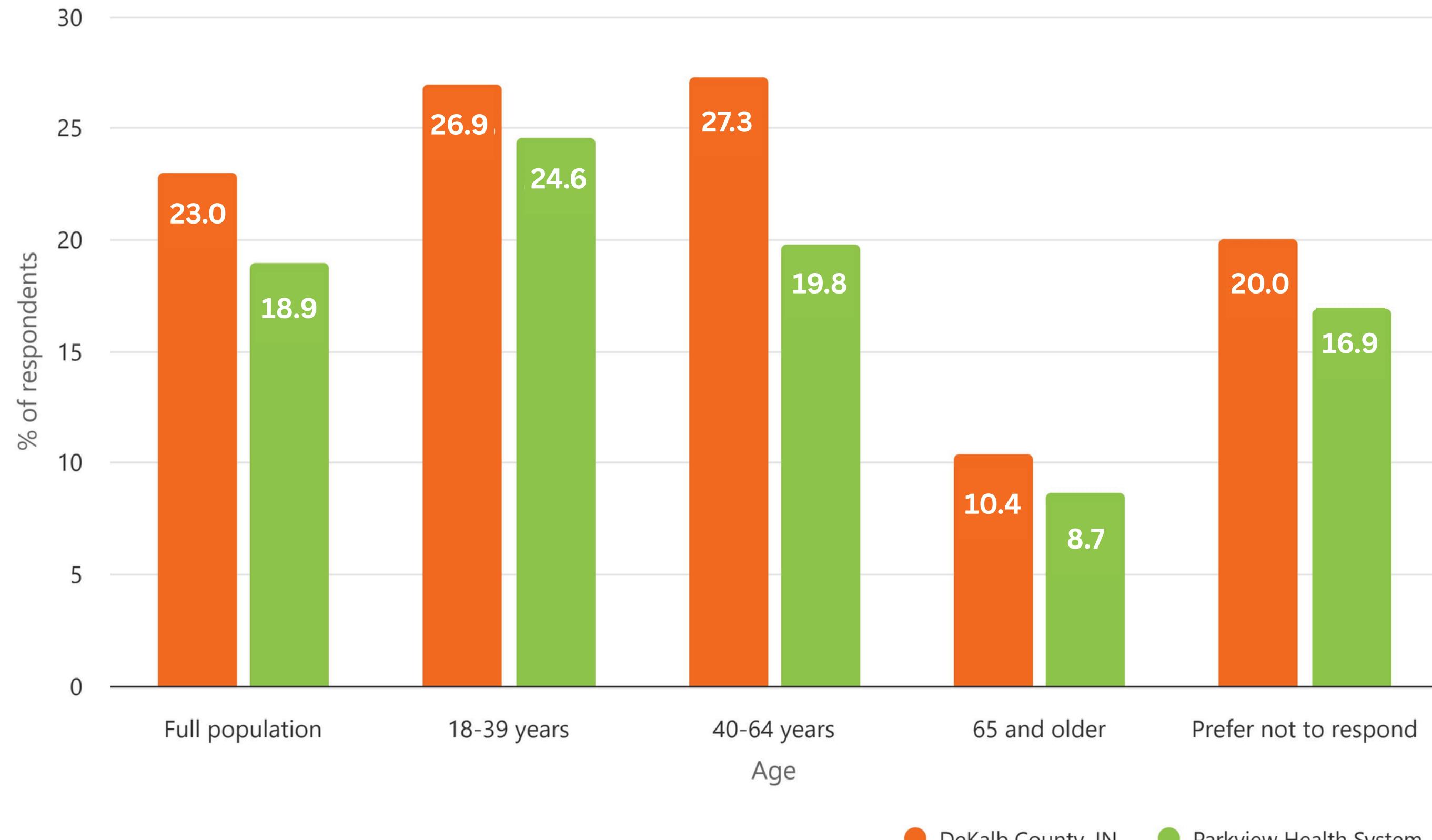
Community Survey

Problem getting mental health or addiction services by Age, 2024

DeKalb County, IN and comparison

N=287

N=5,030



● DeKalb County, IN ● Parkview Health System

Summary of Community Survey Data and Local Health Statistics

Access to Mental Health Care & Addiction Services

- The number of **mental health providers** per 100,000 residents is **improving** in DeKalb County, though it is **lower** than the number per capita across the Parkview Health service area and Indiana.
- DeKalb County has a **greater number** of **mental health treatment facilities** and **substance use treatment facilities** per capita compared to Indiana.
- However, several **community survey respondents** reported that they were not sure where to get mental health services (21.3%) or have had a problem getting mental health or addiction services (23.0%), and these numbers **varied by age and race/ethnicity**.

Top 5 Health Concerns



Access to Mental Health Care
& Addiction Services



Affordable & Healthy Food



Housing Affordability



Mental Health &
Mental Disorders



Obesity

Community Survey

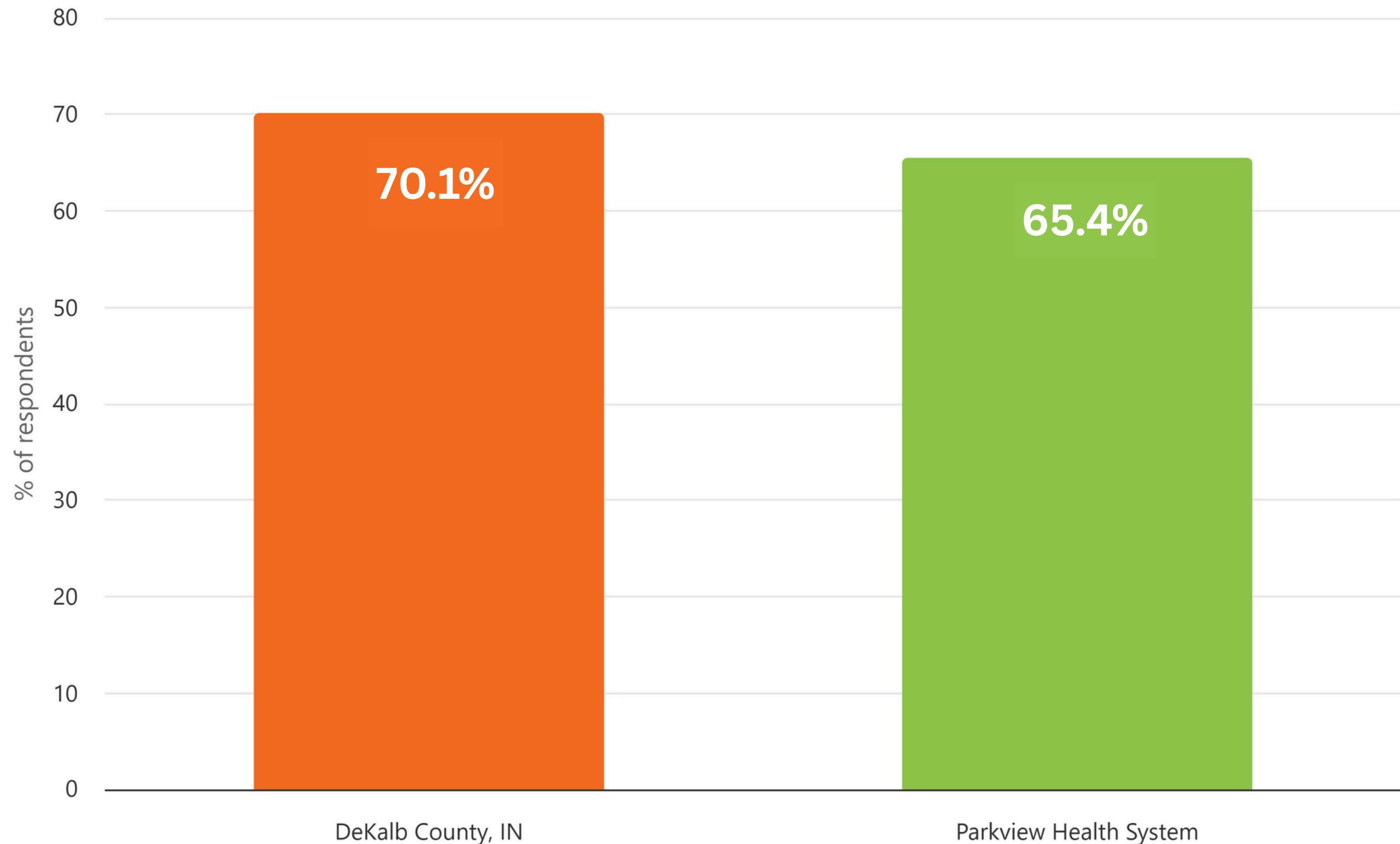
N=287

N=5,030

Represents the % of survey respondents where *Affordable & Healthy Food* was in their Top 5 concerns.

Issues that affect quality of life (Affordable and healthy food), 2024

DeKalb County, IN and comparison

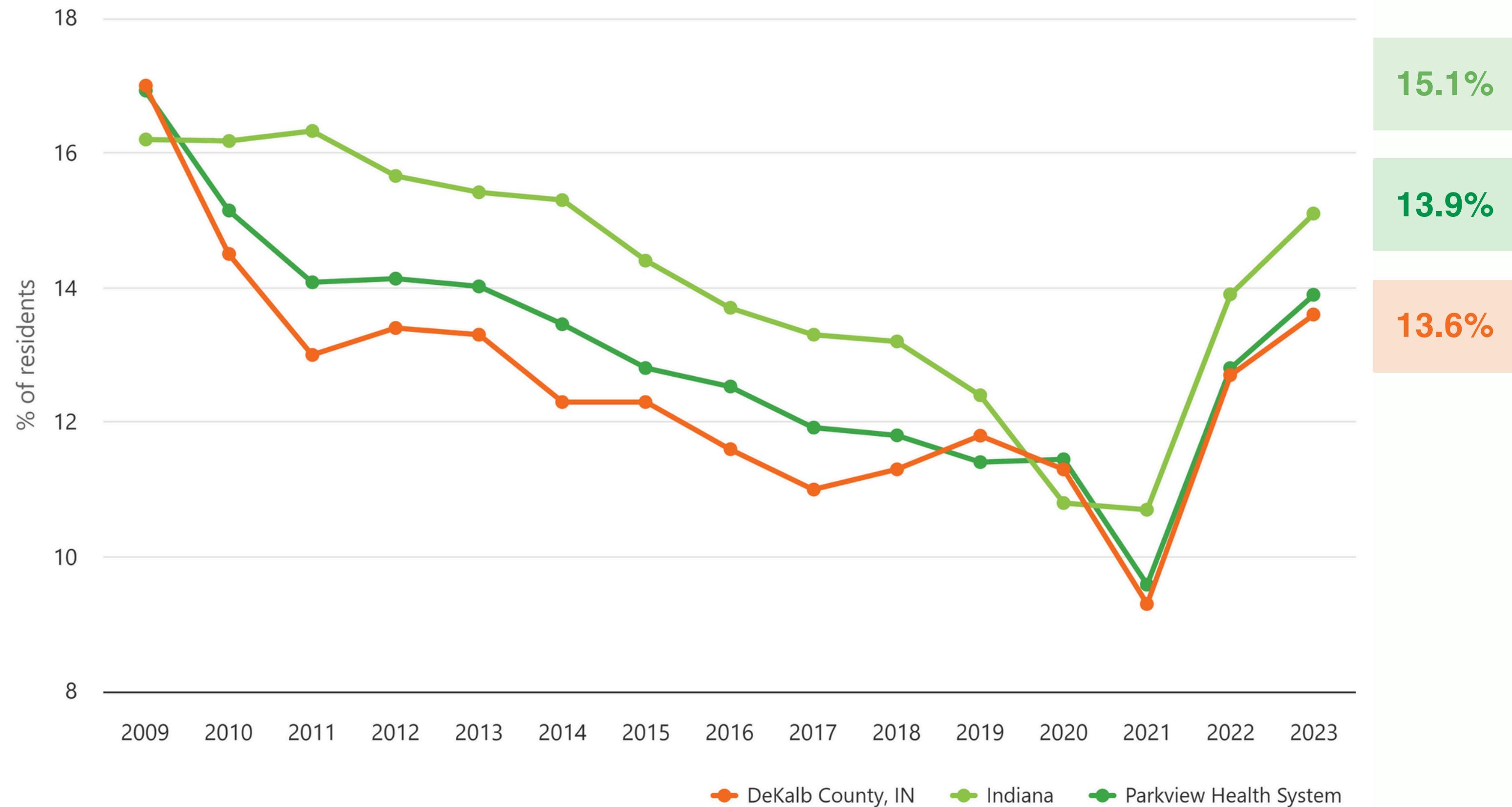


Affordable and Healthy Food

Topics		DeKalb	Parkview	Indiana
Food insecurity % of residents (2023)	↑	13.6	13.9	15.1
Households in poverty not receiving food stamps (SNAP) % of households below the poverty line (2019-2023)	↑	<u>71.6</u>	63.5	63.7
Free school lunch eligibility % of students (2023)	↑	39.5	41.1	42.8
Food stamps (SNAP) % of households (2019-2023)	↓	6.0	8.1	9.0
Food Environment Index Score of 0 (worst) to 10 (best) (2019, 2022)	—	7.8	—	6.5
Low food access % of residents (2019)	↑	46.2	44.0	46.6
Very low food access % of residents (2019)	↑	<u>29.4</u>	27.3	28.1
Living in food deserts % of residents (2019)	↑	<u>8.9</u>	8.8	8.3

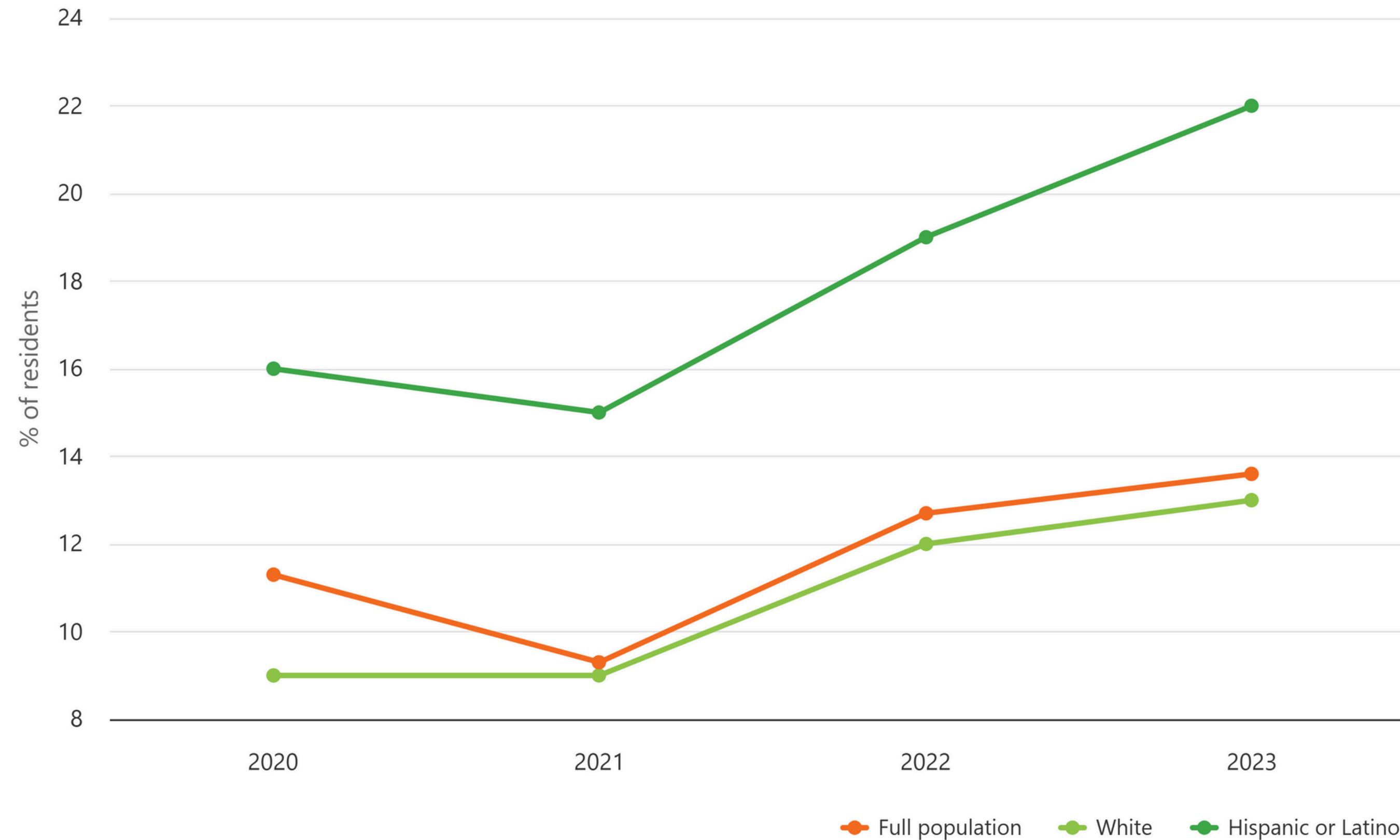
Food insecurity

DeKalb County, IN and comparison



Food insecurity by Ethnicity

DeKalb County, IN



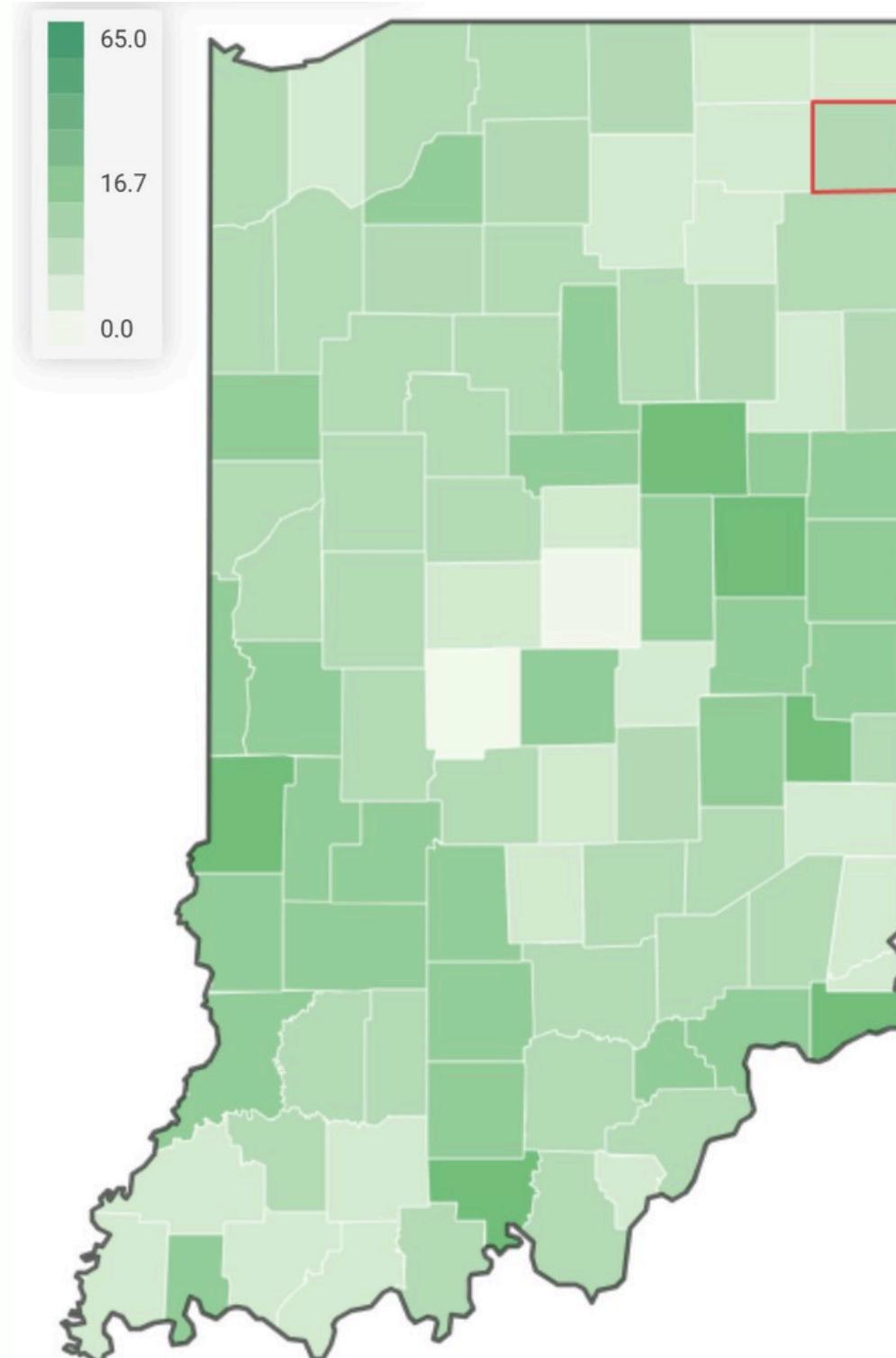
22.0%

13.6%

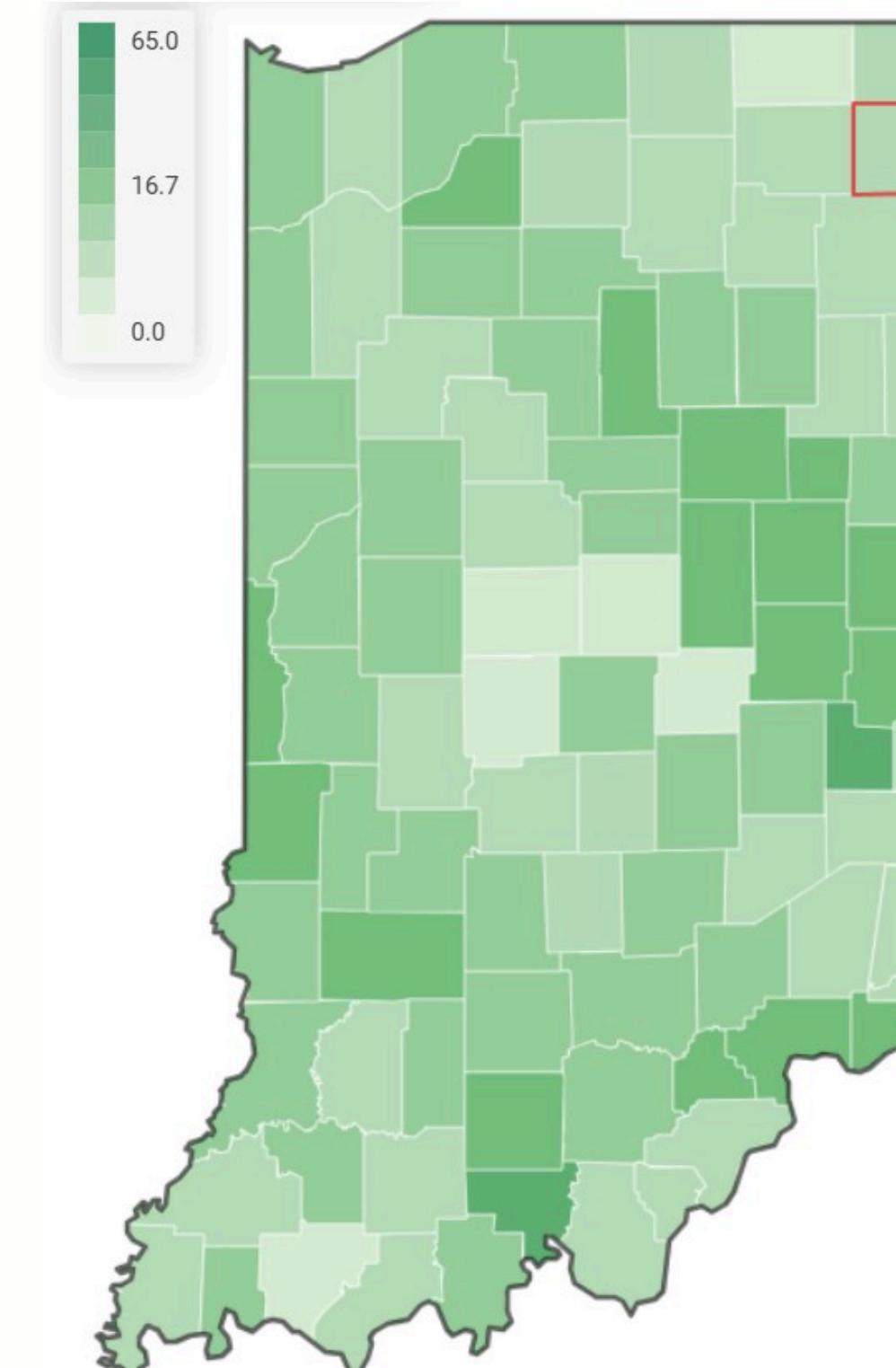
13.0%

Food Insecurity

2019 IN Avg. 12.4%

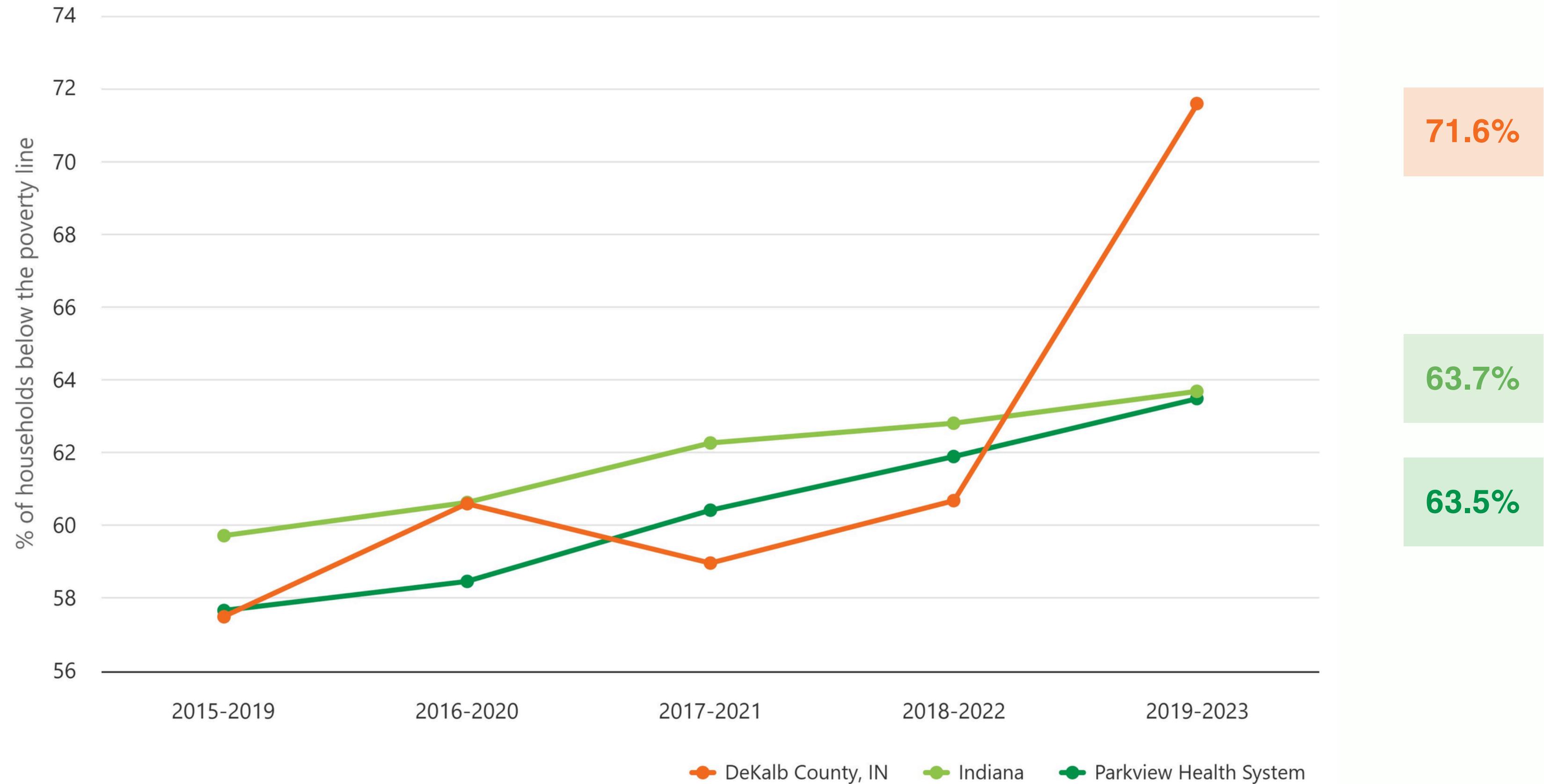


2023 IN Avg. 15.1%



Households in poverty not receiving food stamps (SNAP)

DeKalb County, IN and comparison



71.6%

63.7%

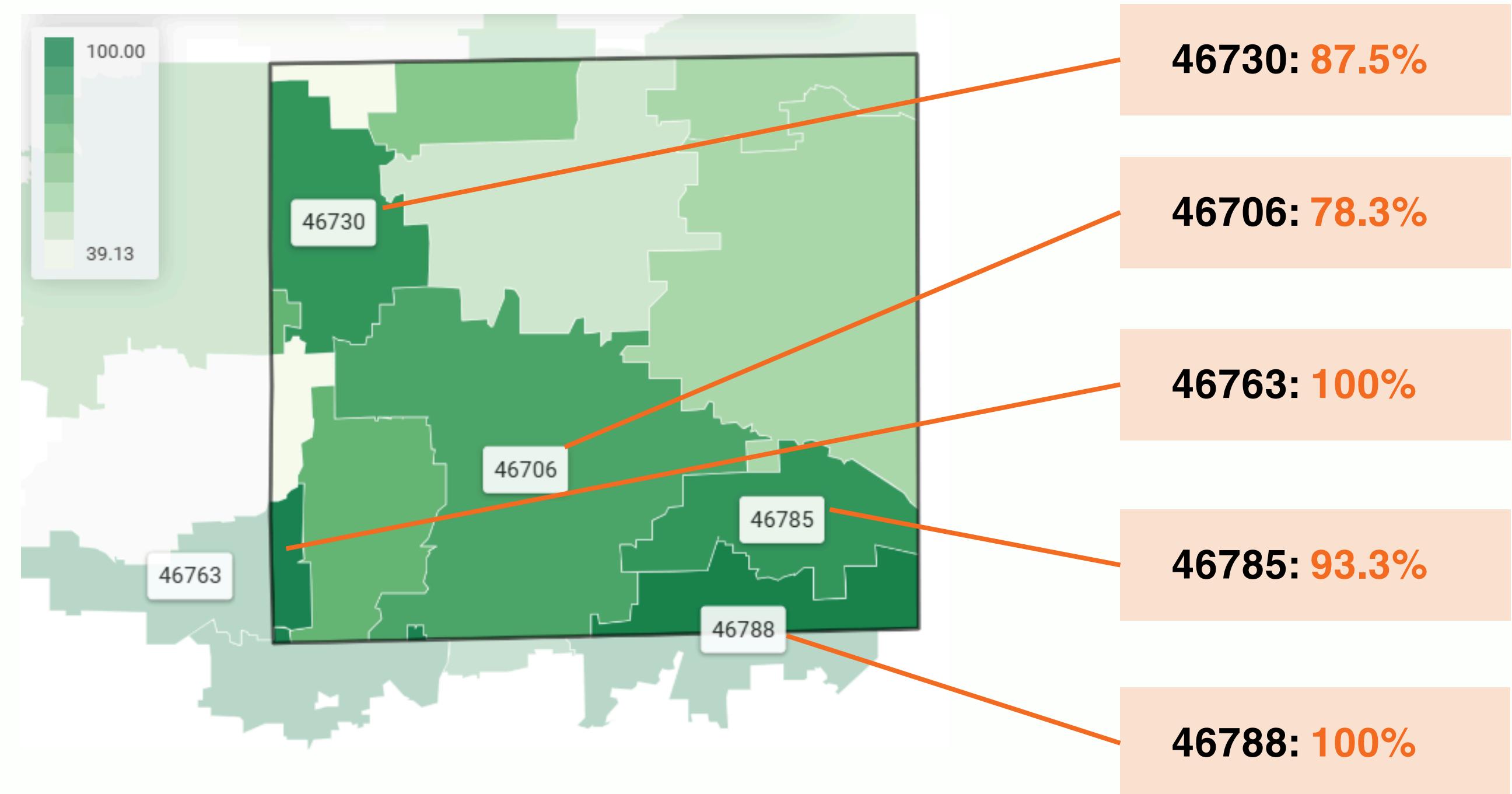
63.5%

Households in Poverty Not Receiving Food Stamps (SNAP)

2019-2023

Indiana: 63.7%

DeKalb: 71.6%

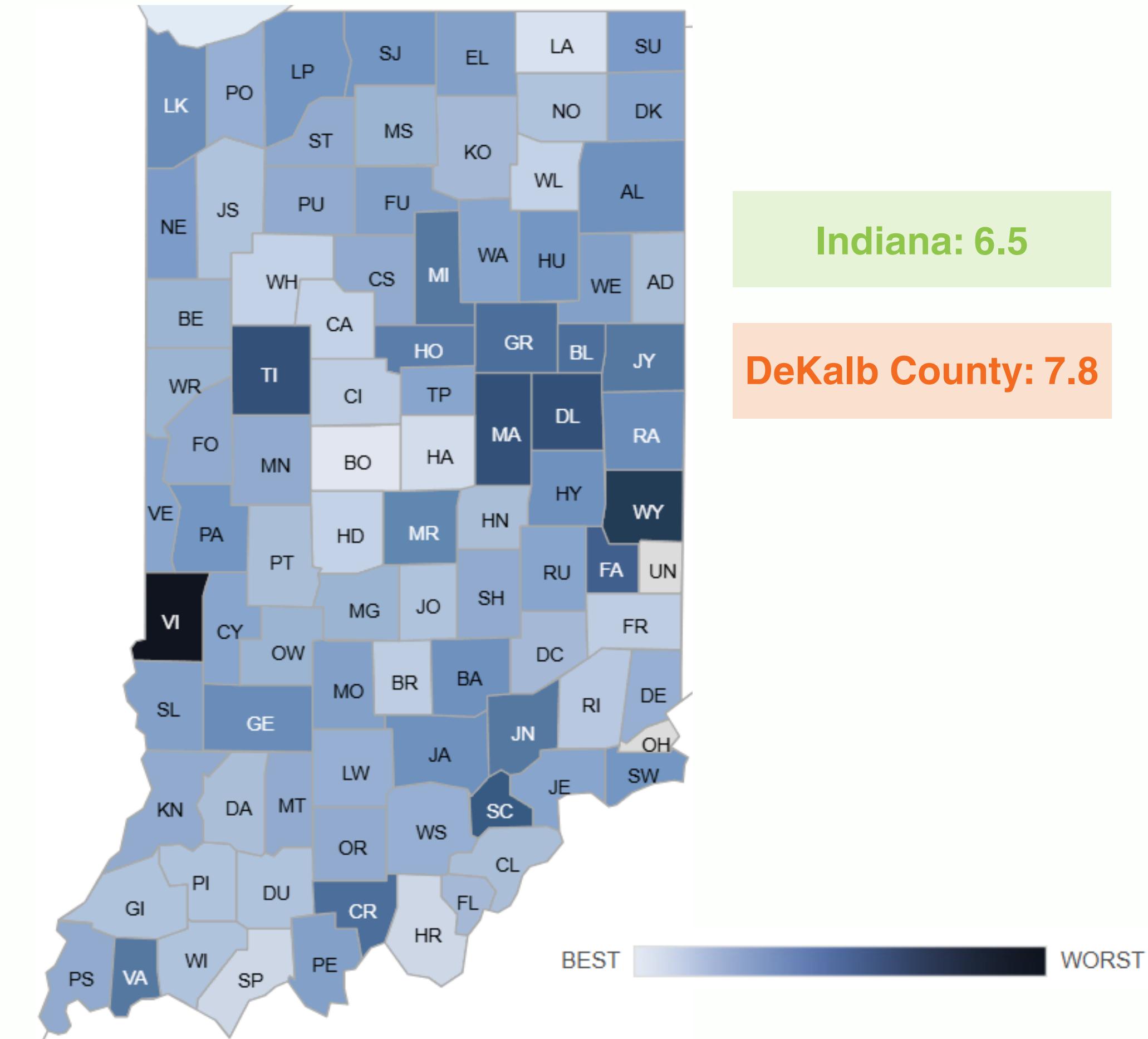


Food Environment Index

The Food Environment Index ranges from a scale of 0 (worst) to 10 (best) and equally weights two indicators of the food environment:

- 1) Limited access to healthy foods
- 2) Food Insecurity

Source: USDA Food Environment Atlas (2019); Map the Meal Gap from Feeding America (2022)



Summary of Community Survey Data and Local Health Statistics

Affordable and Healthy Food

- **Food insecurity is on the rise**, and **disparities exist by race/ethnicity**, with **22.0%** of the Hispanic/Latino population experiencing limited or uncertain access to adequate food.
- The percentage of **households in poverty not receiving food stamps** is on the rise for DeKalb County, and several zip codes are above the county average.
- Zip codes of particular concern are **46706, 46730, 46763, 46785** and **46788**.



Top 5 Health Concerns



Access to Mental Health Care
& Addiction Services



Mental Health &
Mental Disorders



Housing Affordability



Affordable & Healthy Food



Obesity

Community Survey

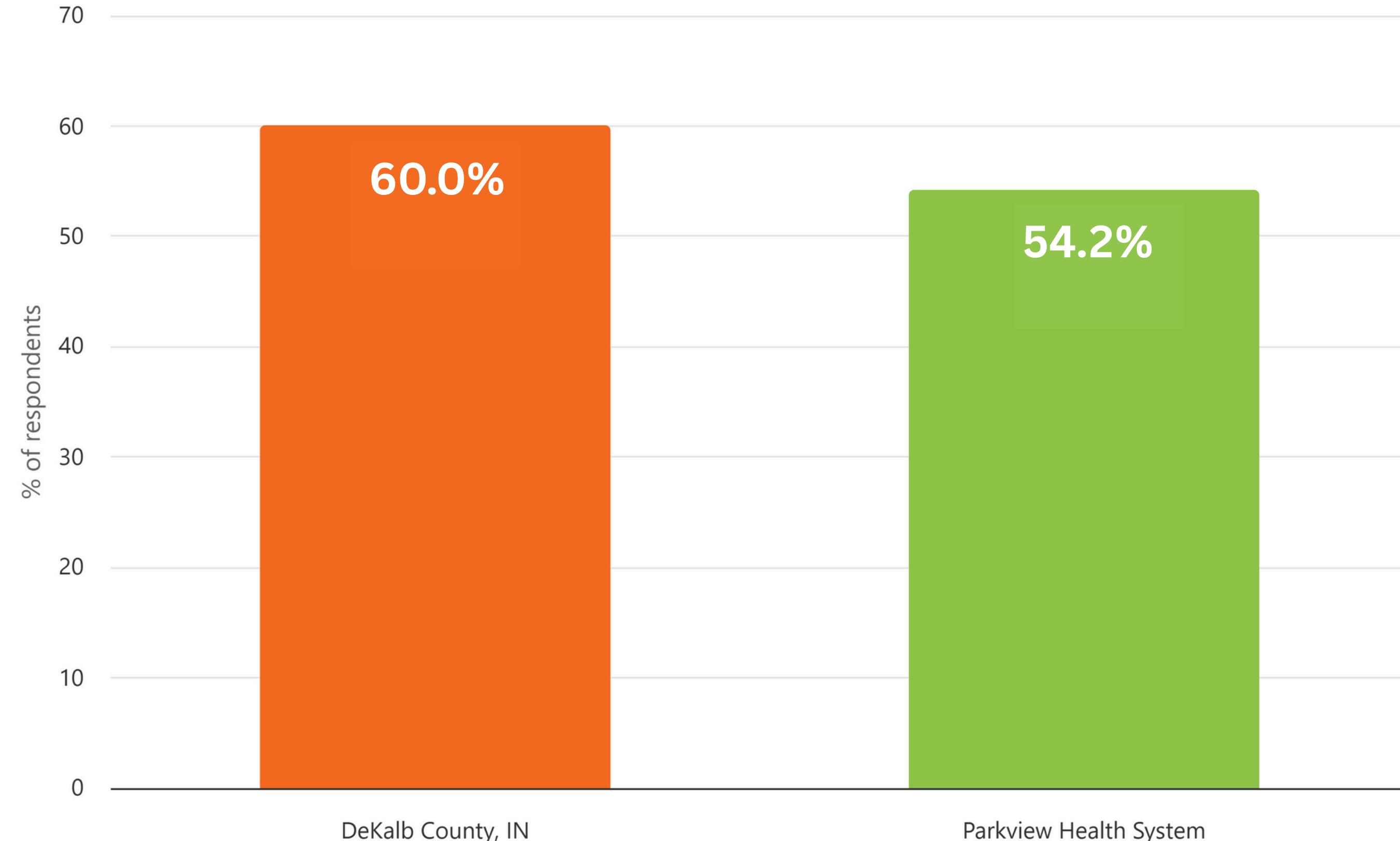
Issues that affect quality of life (Affordable housing), 2024

DeKalb County, IN and comparison

N=287

N=5,030

Represents the % of survey respondents where *Affordable Housing* was in their Top 5 concerns.

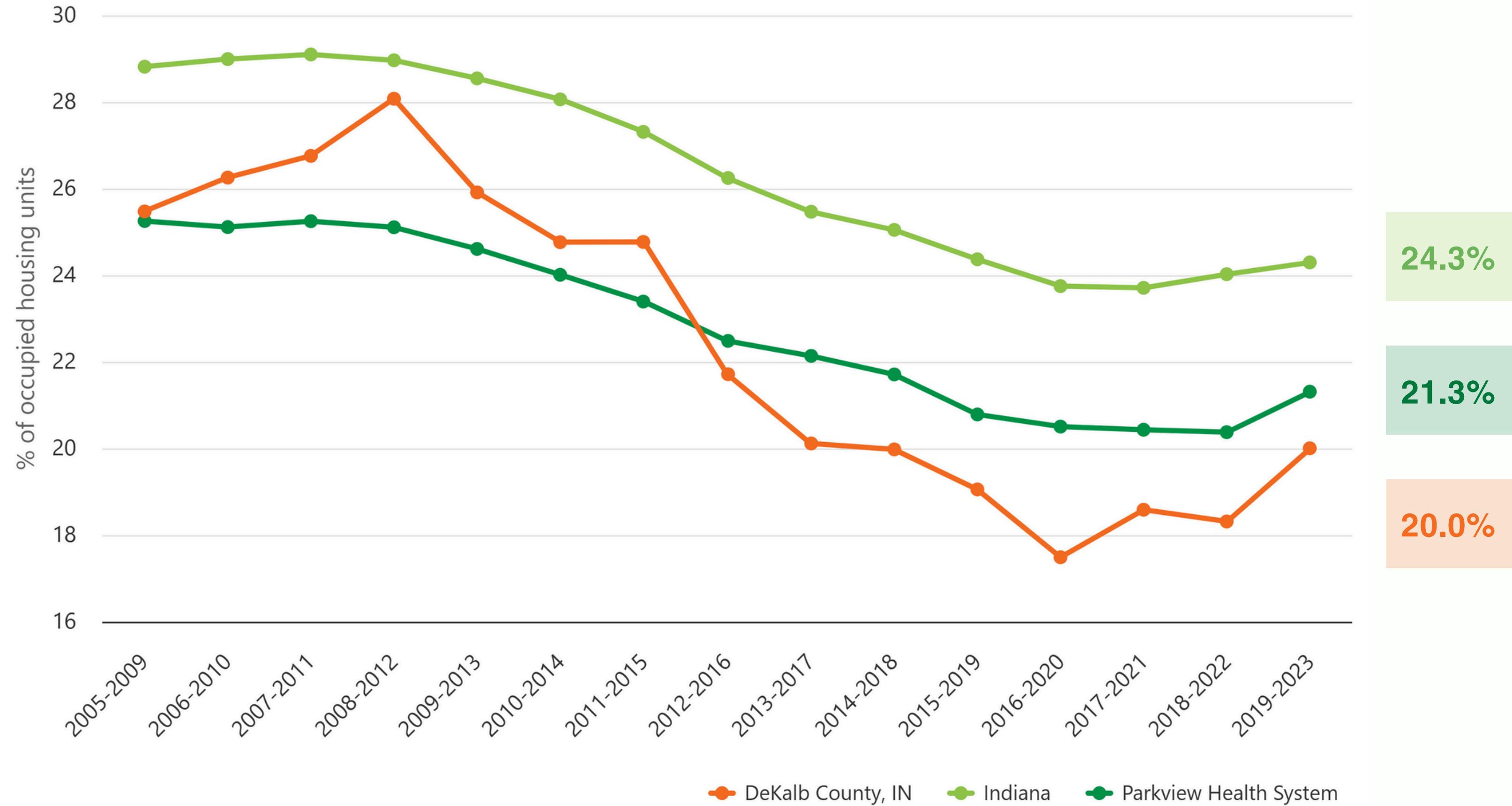


Housing Affordability

Topics	DeKalb	Parkview	Indiana
Housing cost burden % of occupied housing units (2019-2023)	↑ 20.0	21.3	24.3
Severe housing cost burden % of occupied housing units (2019-2023)	↑ 7.9	9.0	10.8
Crowded housing % of occupied housing units (2019-2023)	↓ 1.3	1.9	1.7
Vacant % of housing units (2019-2023)	↑ 7.0	8.5	9.2
Housing Insecurity % of adults (2022)	- 11.1	11.7	12.2
Median monthly housing costs (2019-2023)	↑ \$900	\$970	\$1,051

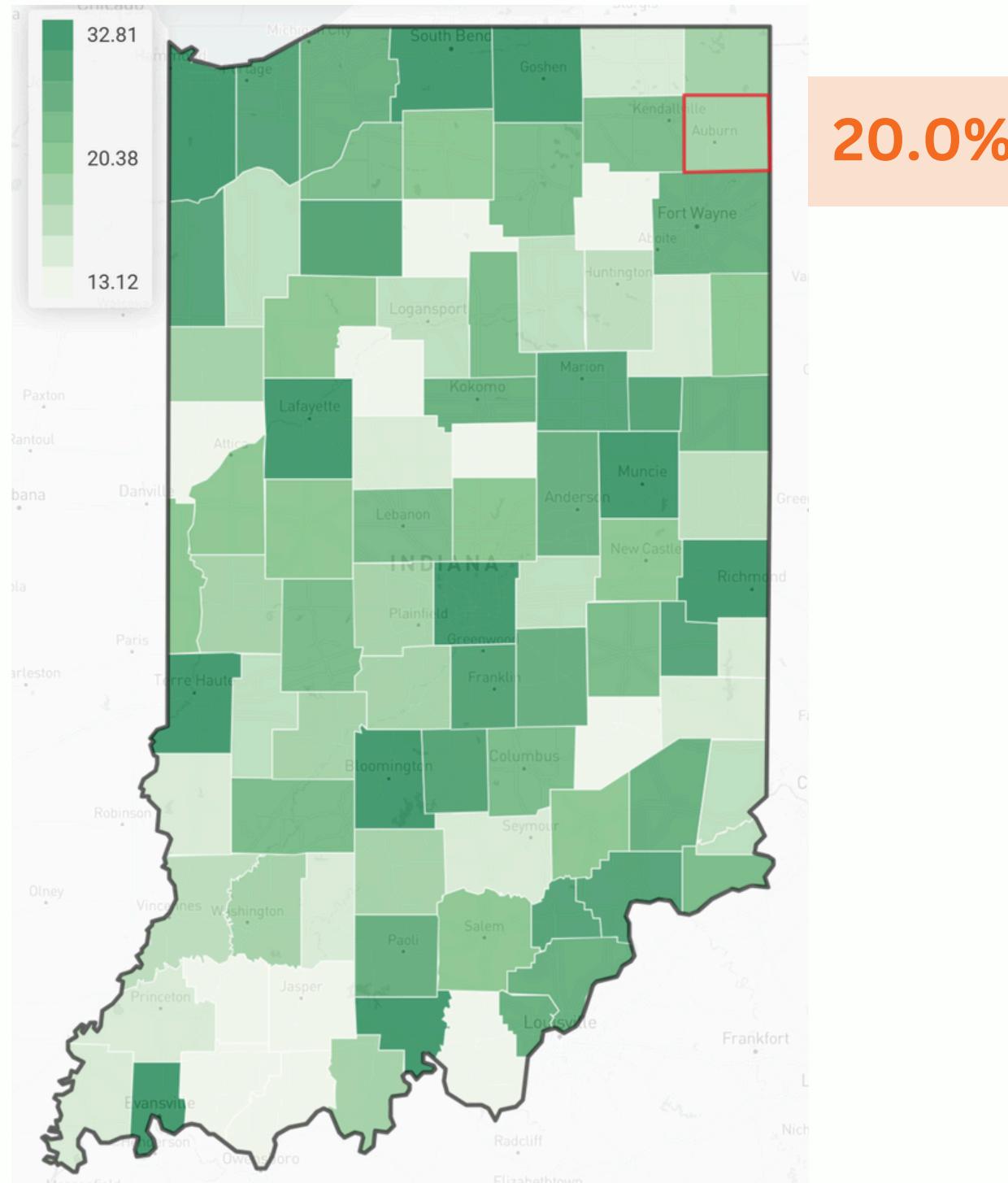
Housing cost burden

DeKalb County, IN and comparison



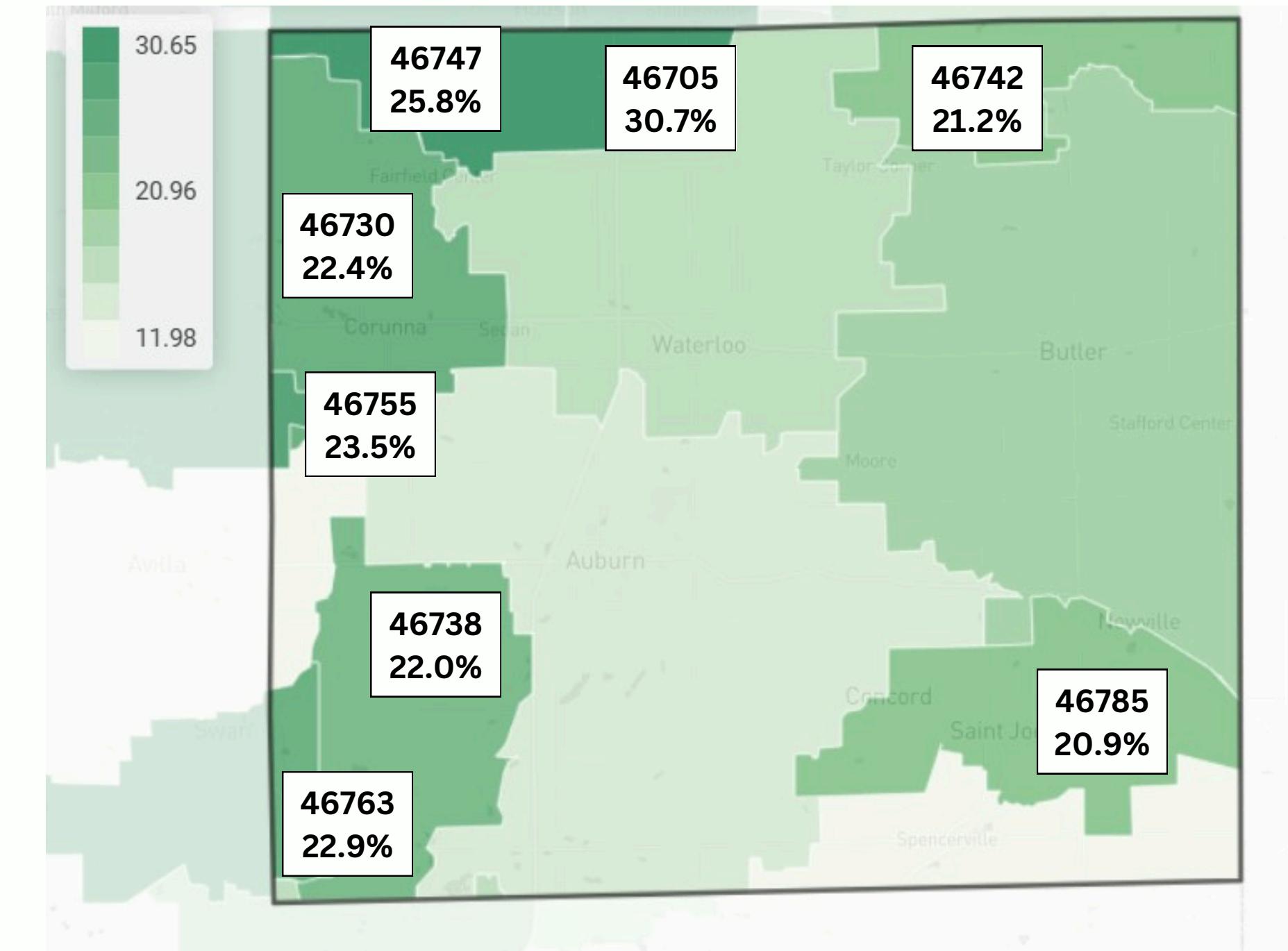
Housing Cost Burden in DeKalb County

Indiana
2019-2023
24.3% spend more than
30% of income on housing



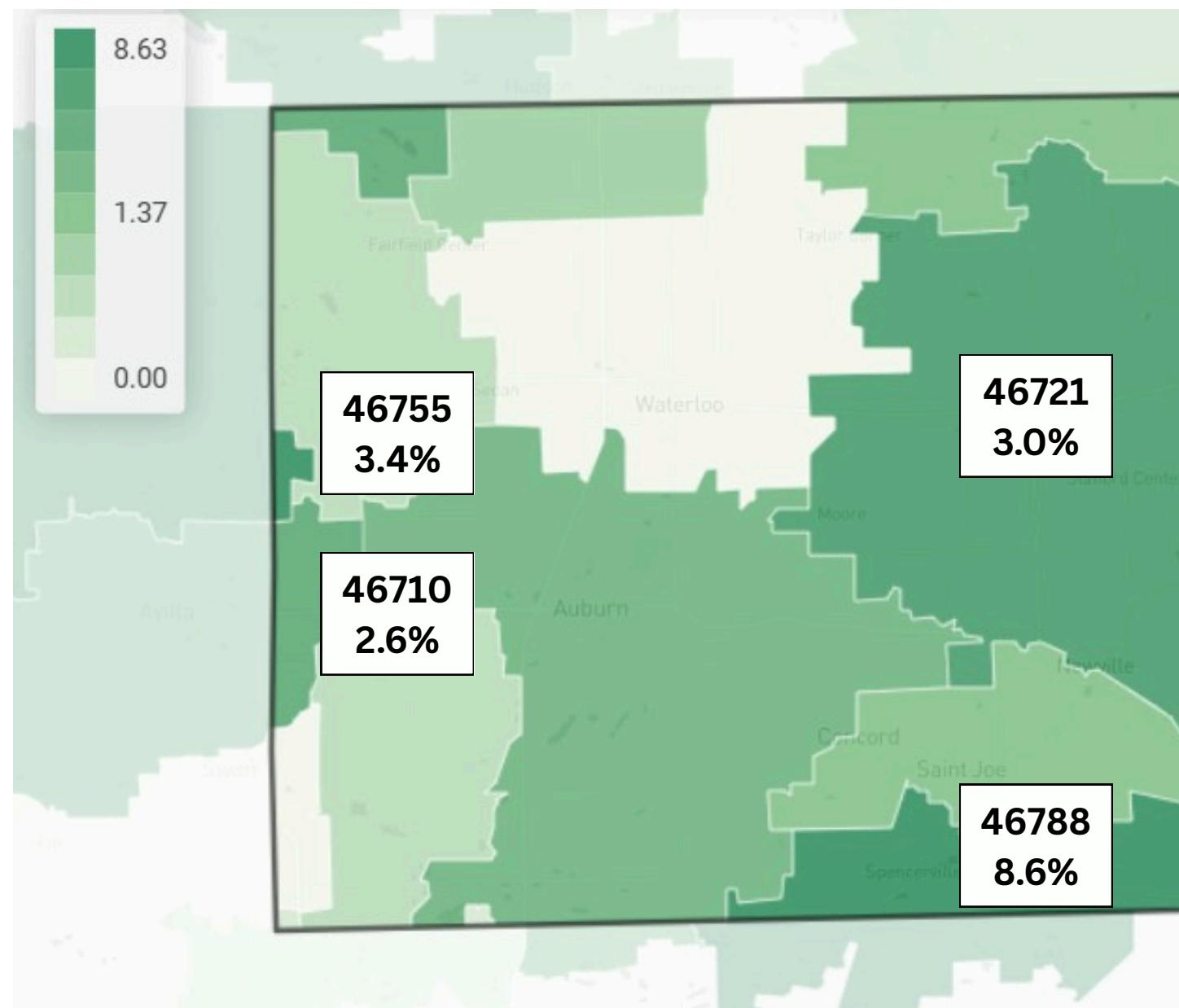
20.0%

DeKalb
2019-2023
8/14 zip codes are above the
county average of 20.0%

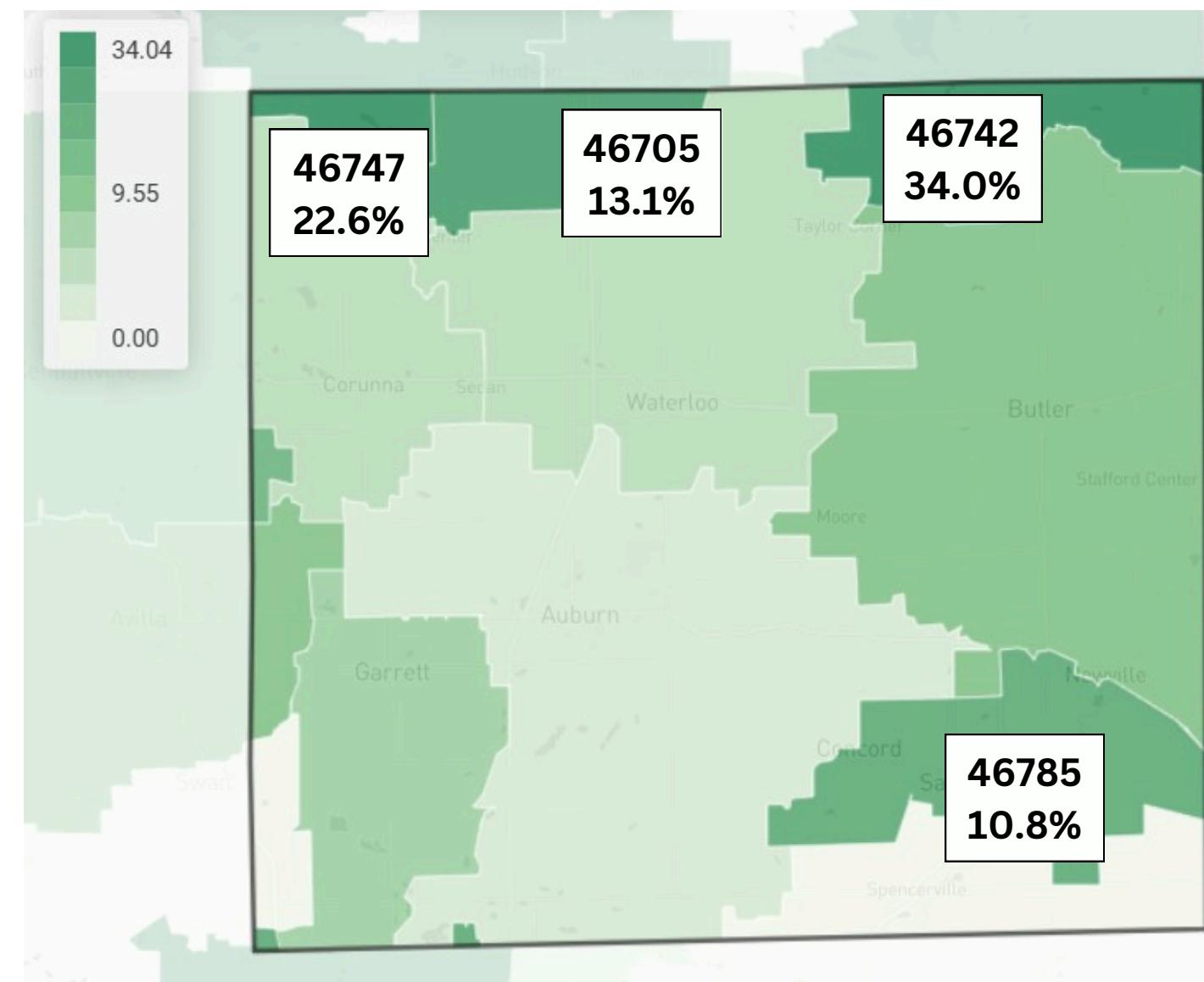


Crowded & Vacant Housing

Crowded 1.3% of occupied housing units.
2019-2023 7/14 of zip codes above county avg.



Vacant 7.0% of total housing units.
2019-2023 10/14 of zip codes above county avg.



Summary of Community Survey Data and Local Health Statistics

Housing Affordability

- Housing affordability is **getting worse** over time, with **20% of DeKalb County residents spending more than 30%** of their income on housing costs.
- Zip codes of most concern for housing cost burden are **46747** and **46705**.
- While the number of crowded housing units is improving in DeKalb County, **vacant housing is getting worse** over time. Zip codes of most concern for crowded housing and vacant housing are **46788** and **46742**.



Top 5 Health Concerns



Access to Mental Health Care
& Addiction Services



Mental Health &
Mental Disorders



Housing Affordability



Affordable & Healthy Food



Obesity

Community Survey

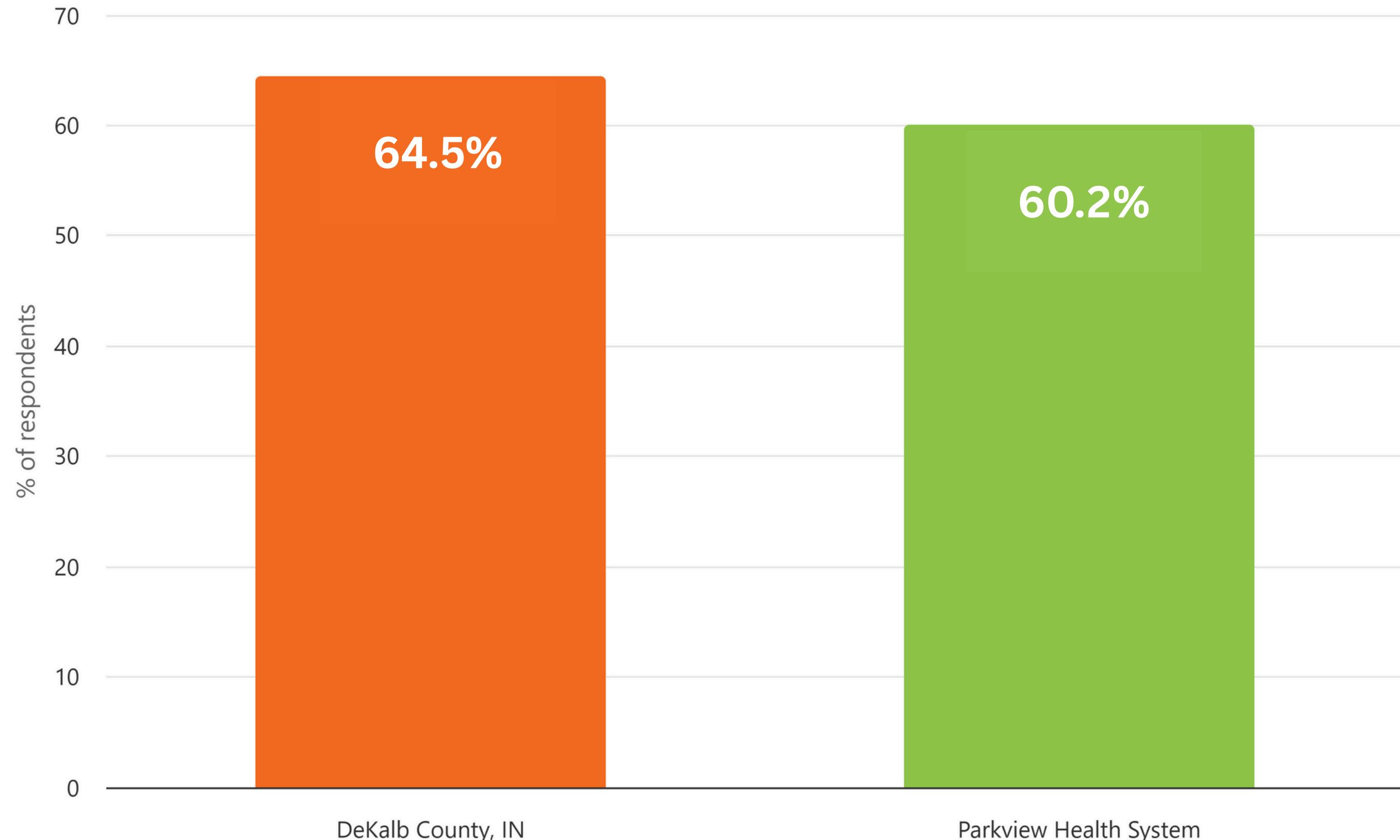
Health issues posing greatest concern (Mental health & mental disorders), 2024

DeKalb County, IN and comparison

N=287

N=5,030

Represents the % of survey respondents where *Mental Health and Mental Disorders* was in their Top 5 concerns.

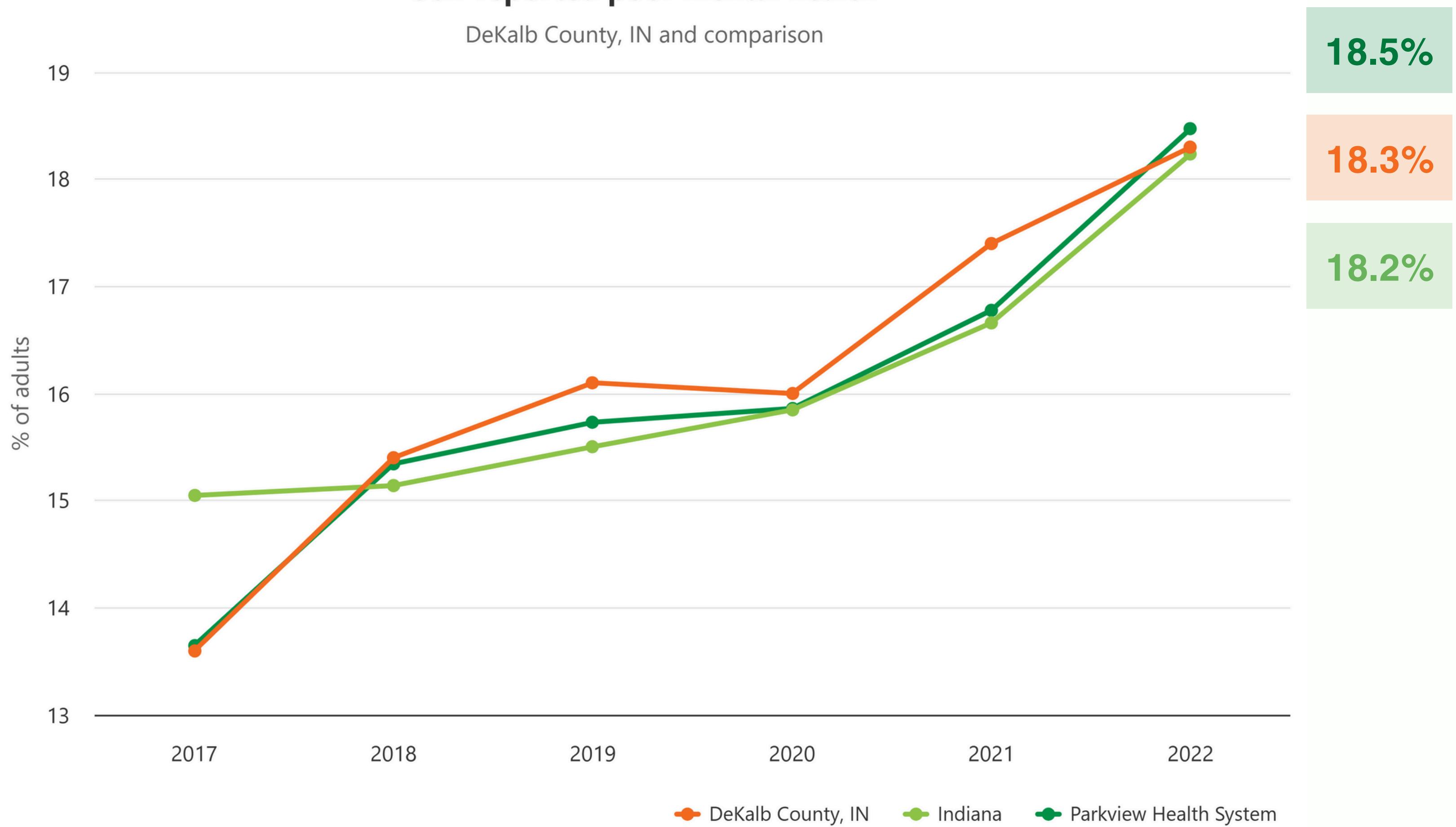


Mental Health and Mental Disorders

Topics	DeKalb	Parkview	Indiana
Suicide mortality deaths per 100,000 (2019-2023)	↑ <u>16.0</u>	14.7	15.8
Depression % of adults (2022)	↑ <u>25.1</u>	24.9	24.4
Poor self-reported mental health % of adults (2022)	↑ <u>18.3</u>	18.5	18.2
Lacking social and emotional support % of residents (2022)	— 24.2	24.8	24.8
Anxiety (PHQ-4) % of CHNA survey respondents (2024)	— 21.5	19.5	—
Depression (PHQ-4) % of CHNA survey respondents (2024)	— 19.3	15.8	—

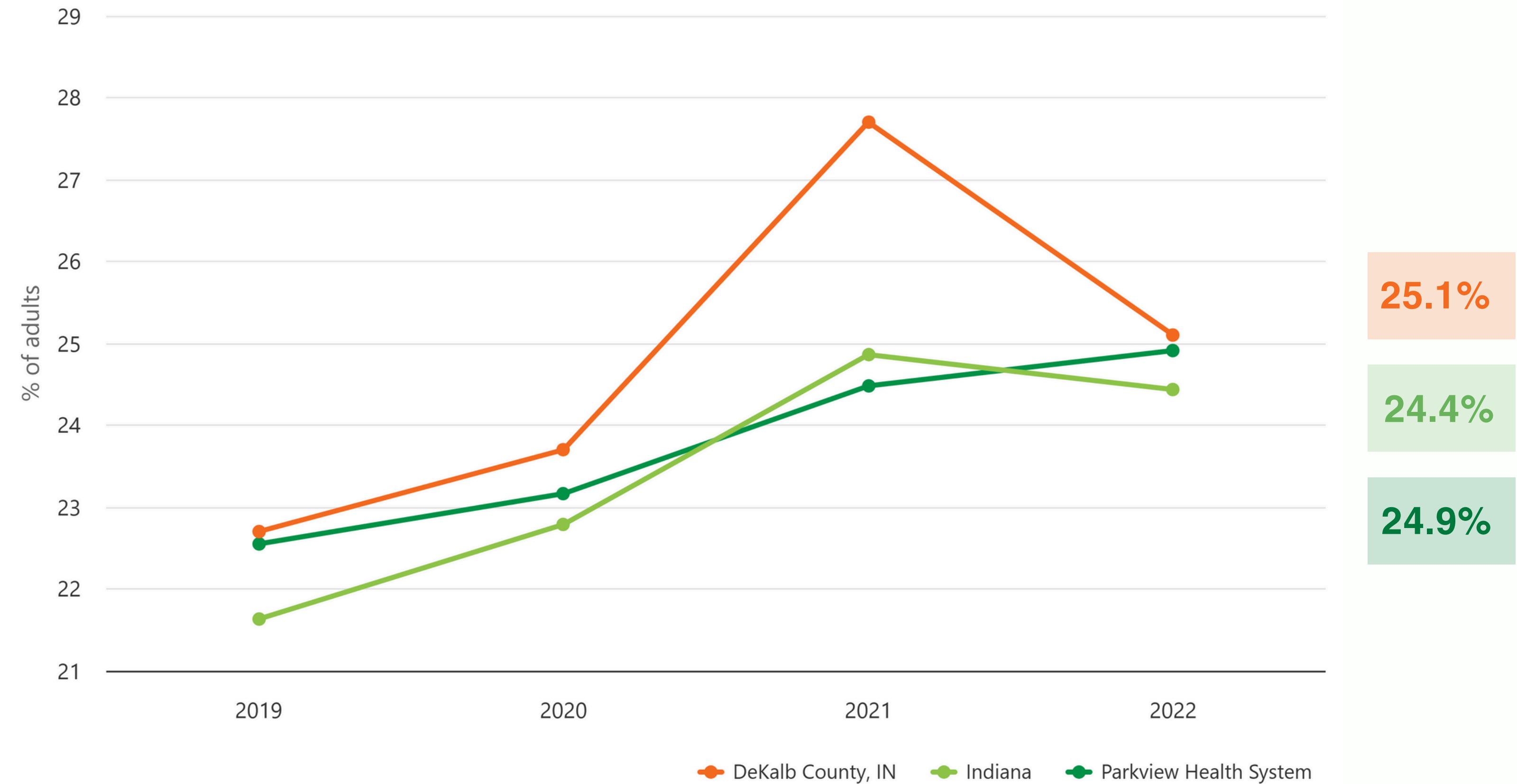
Self-reported poor mental health

DeKalb County, IN and comparison



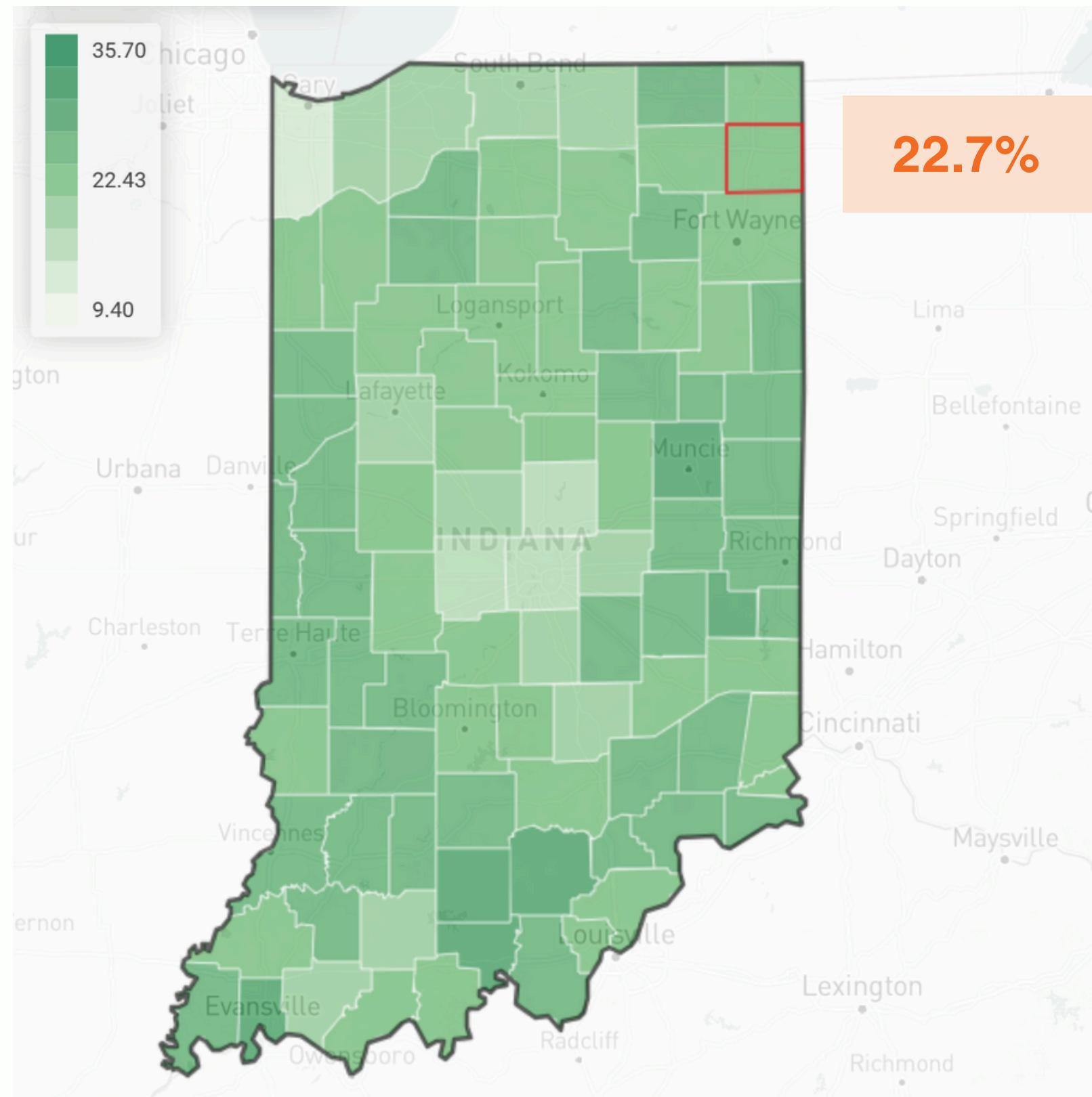
Depression

DeKalb County, IN and comparison

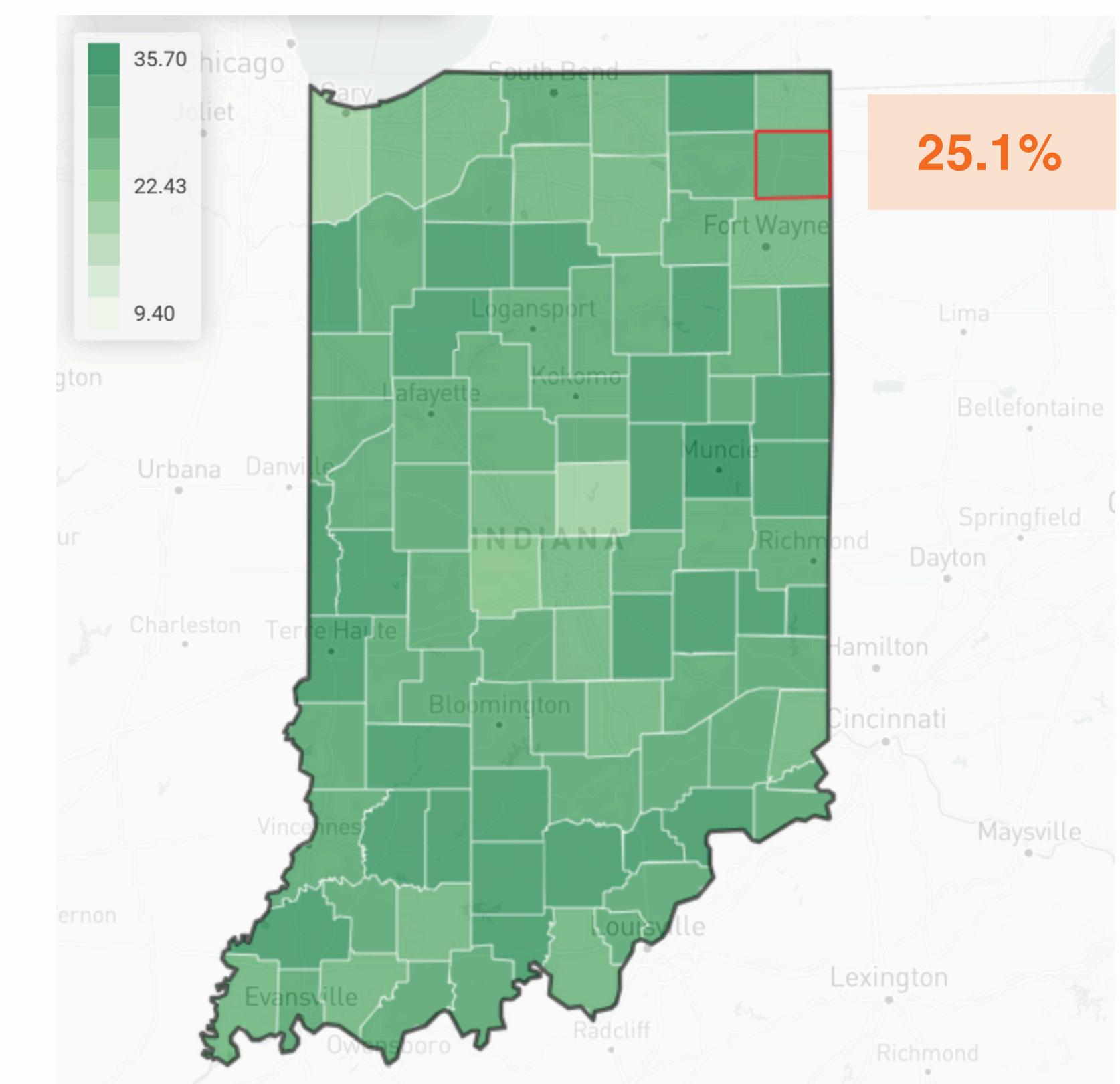


Depression (adults)

2019 Indiana - 21.6%



2022 Indiana - 24.4%



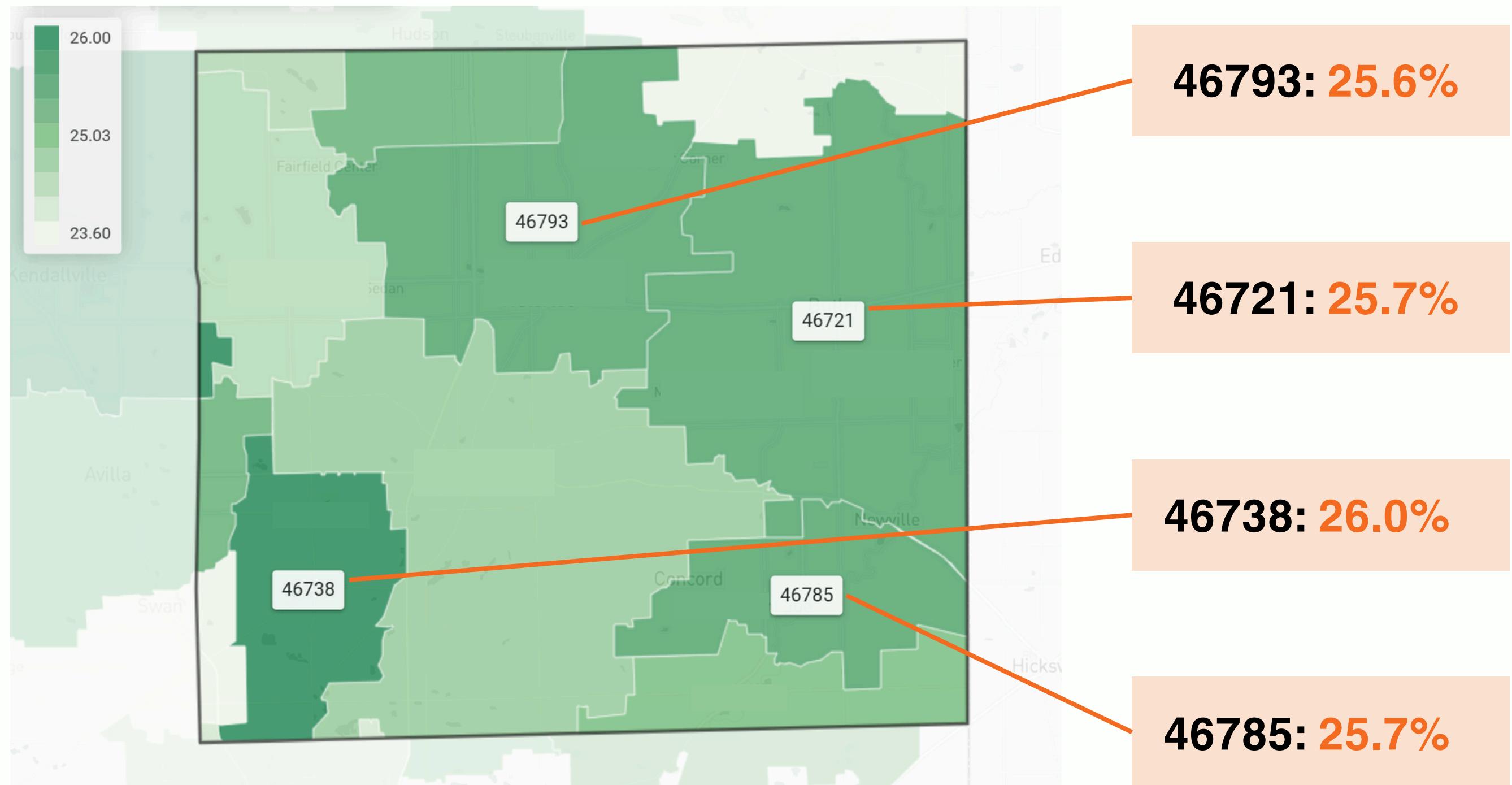
Depression

2022

Indiana: 24.3%

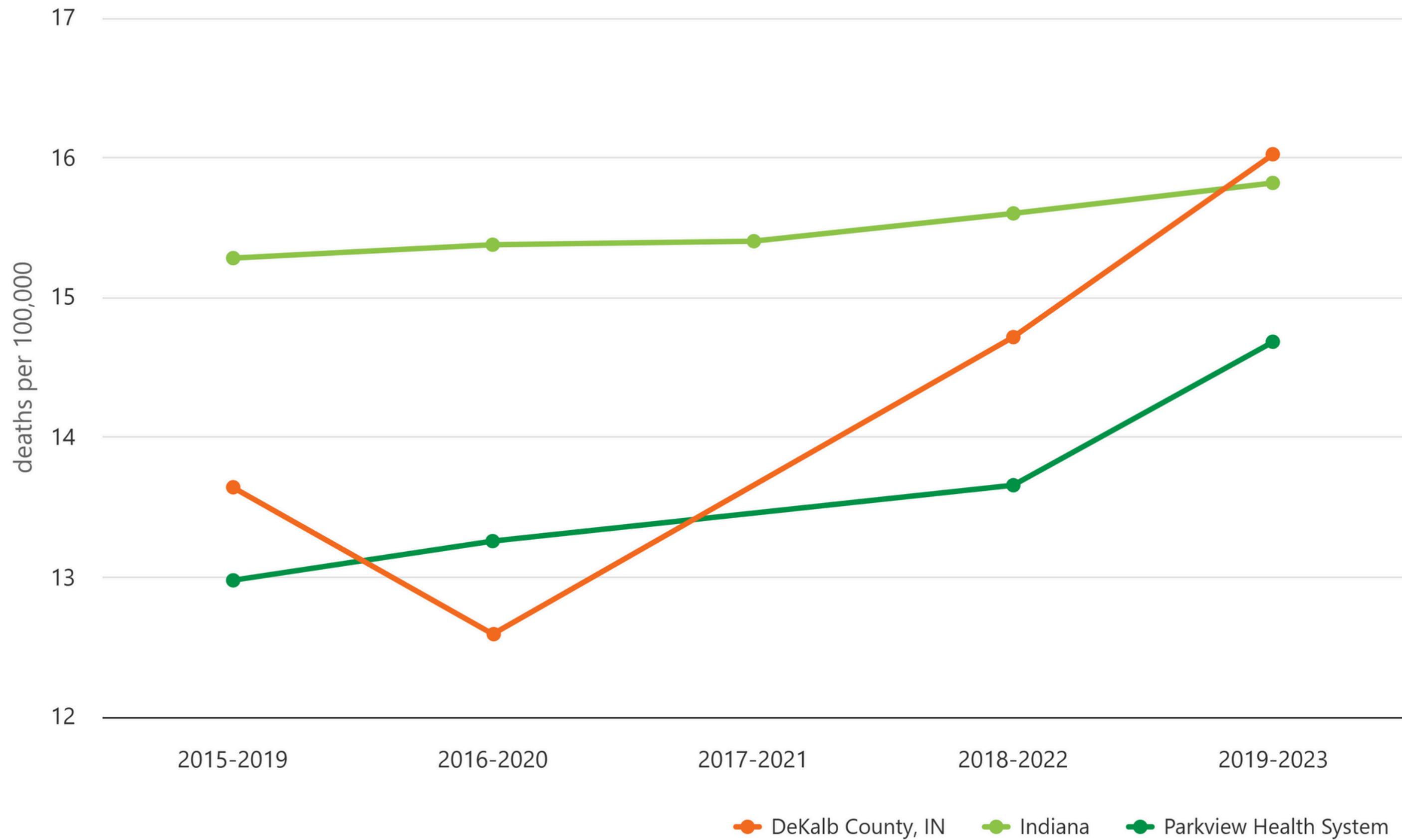
DeKalb County: 25.1%

**slightly different
methodology is used
by CDC PLACES to
calculate county-
level vs. zip code-
level data*



Suicide mortality

DeKalb County, IN and comparison



Indiana

15.8

deaths per 100,000
residents

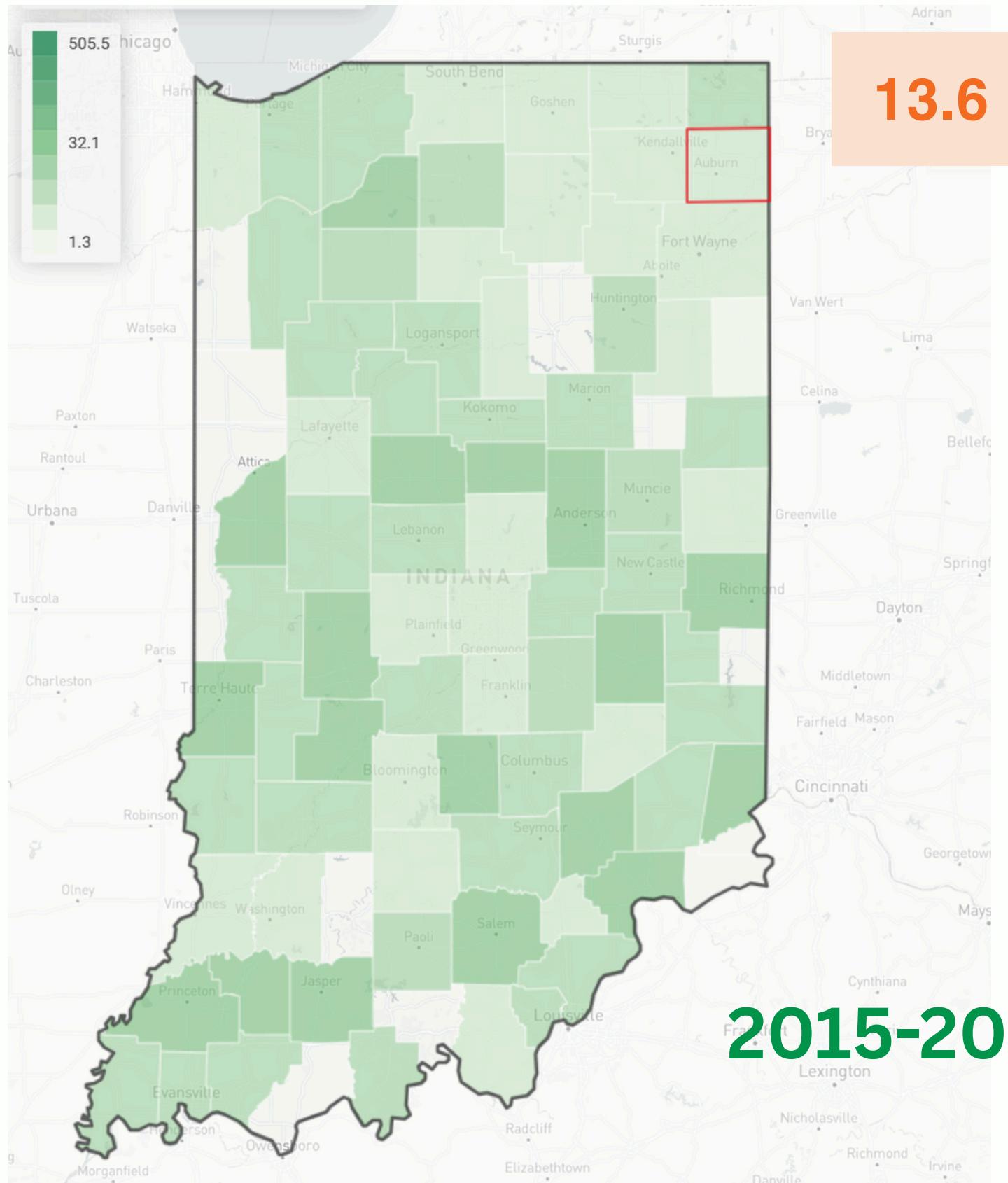
DeKalb County

16.0

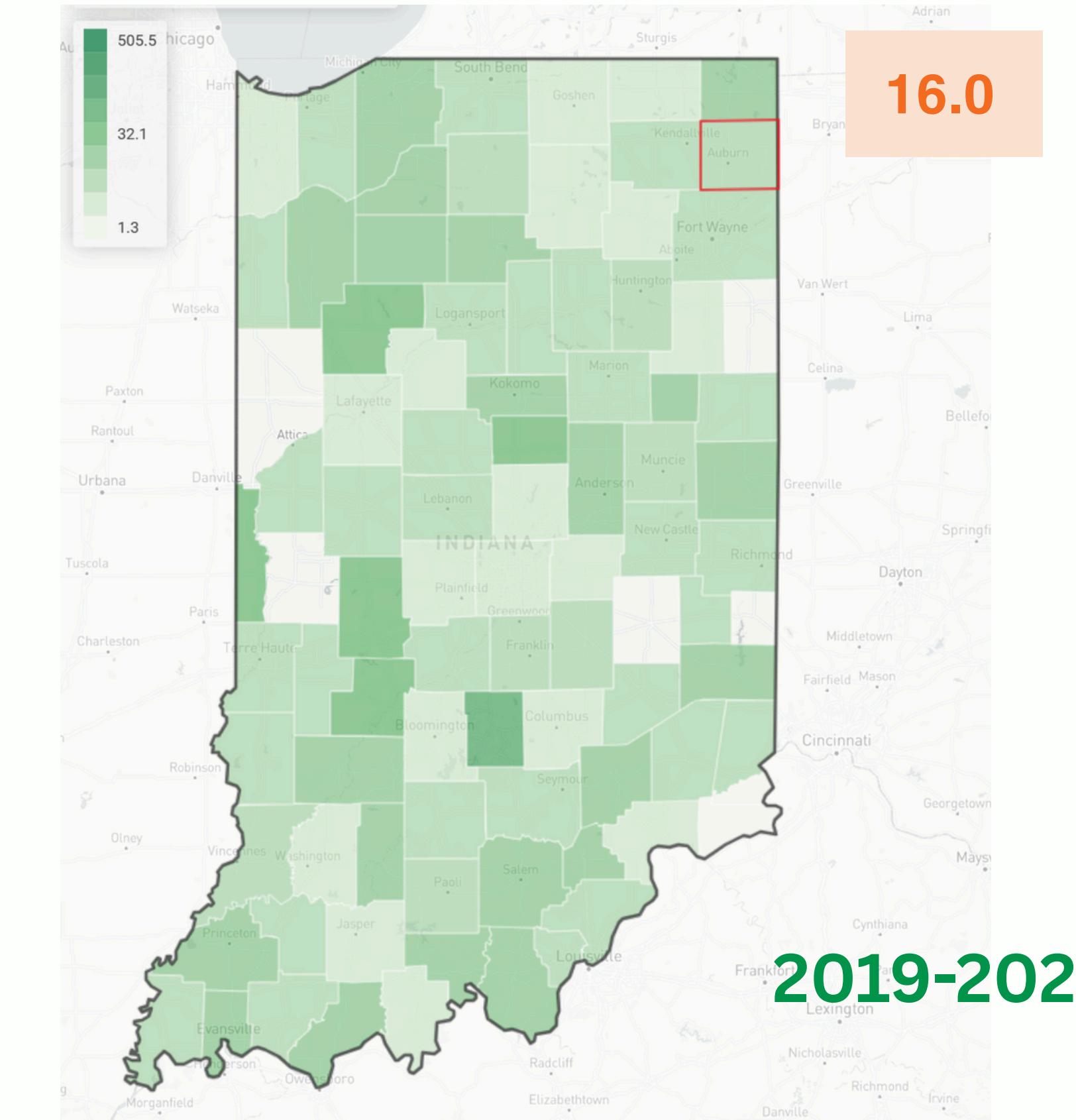
deaths per 100,000
residents

Suicide Mortality

Indiana 15.3 deaths per 100,000
2015-2019



Indiana 15.8 deaths per 100,000
2019-2023



Community Survey: Depression & Anxiety (PHQ-4)

N=287

N=5,030

Possible depression

DeKalb County

19.3%

Parkview Health

15.8%

Possible anxiety

DeKalb County

21.5%

Parkview Health

19.5%

Summary of Community Survey Data and Local Health Statistics

Mental Health and Mental Disorders

- **Measures of mental health conditions are on the rise in DeKalb County (e.g., *suicide mortality and poor mental health*).** Though depression among adult residents has decreased from 2021 to 2022, overall trends suggest an **increase in depression prevalence** from 2019 to 2022.
- **Suicide mortality** rates appear to have been **steadily increasing** in DeKalb County since 2020 based on 5-year average data, and have **surpassed the Indiana average**.
- Zip codes of particular concern for adult depression in DeKalb County are **46793, 46721, 46738** and **46785**.

Top 5 Health Concerns



Access to Mental Health Care
& Addiction Services



Affordable & Healthy Food



Housing Affordability



Mental Health &
Mental Disorders



Obesity

Community Survey

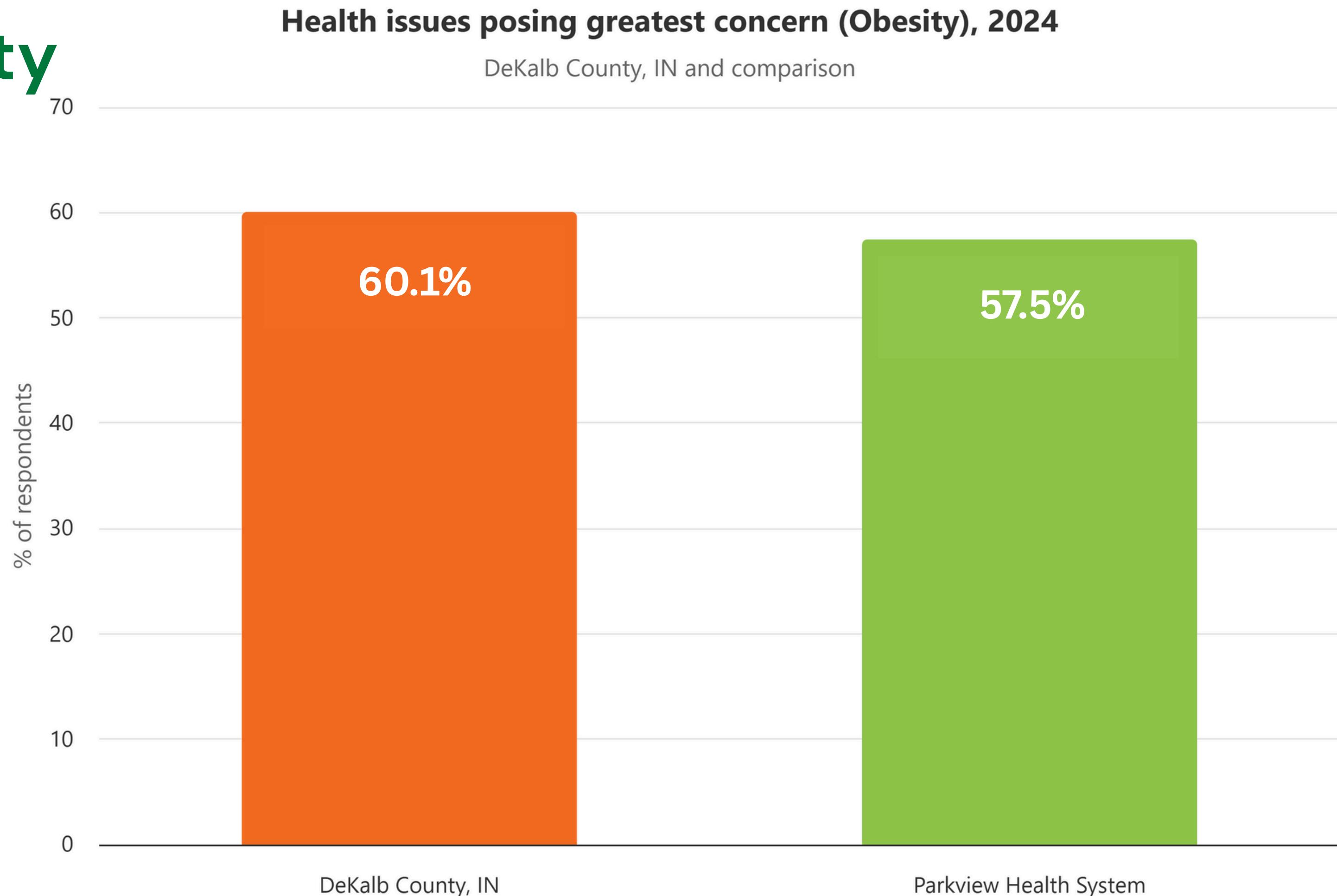
Health issues posing greatest concern (Obesity), 2024

DeKalb County, IN and comparison

N=287

N=5,030

Represents the % of survey respondents where *Obesity* was in their Top 5 concerns.

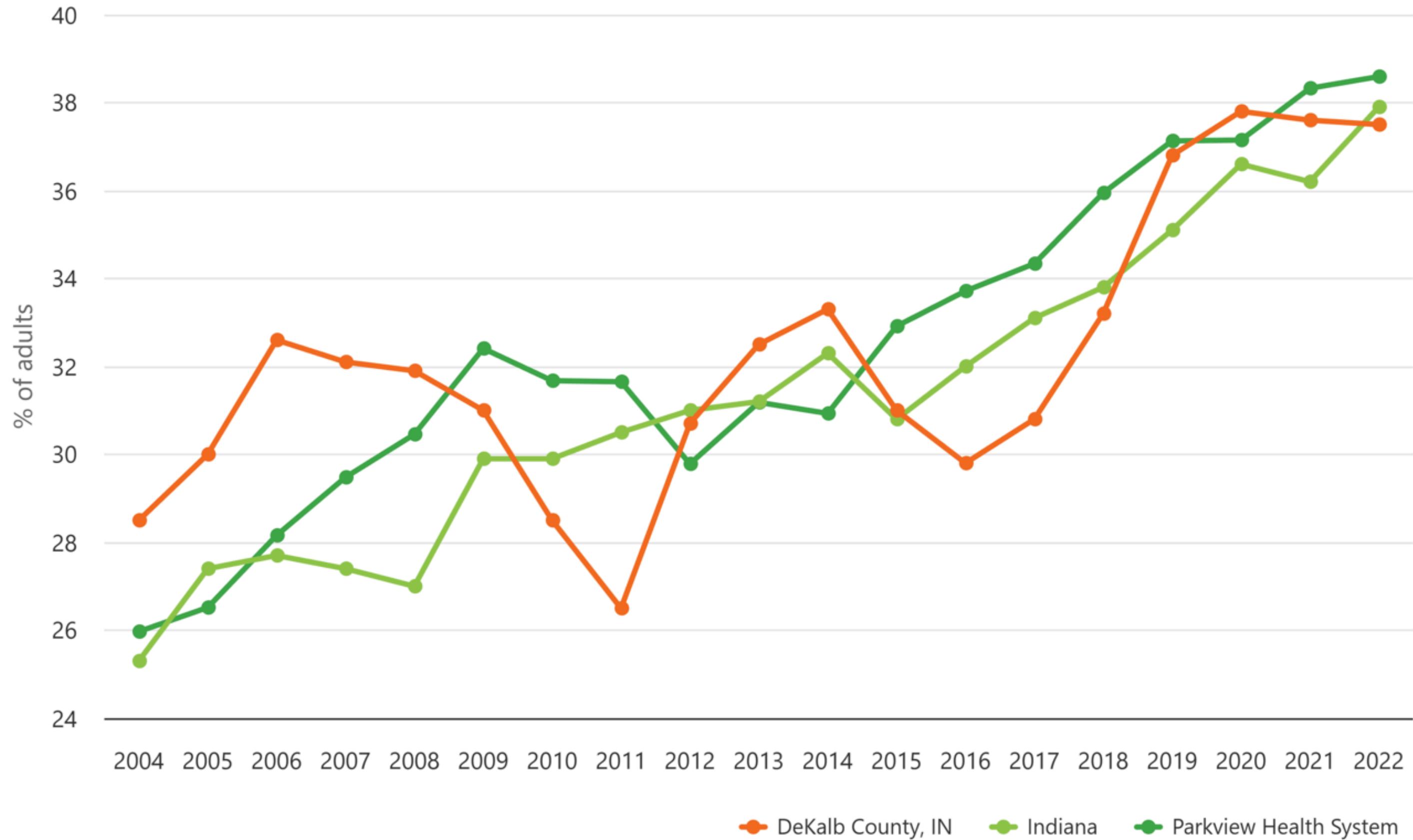


Obesity

Topics	DeKalb	Parkview	Indiana
Obesity % of adults (2022)	↑ 37.5	38.6	38.4
High cholesterol % of adults (2021)	– 30.2	29.8	31.1
High blood pressure % of adults (2021)	– <u>31.6</u>	32.2	32.2

Obesity

DeKalb County, IN and comparison



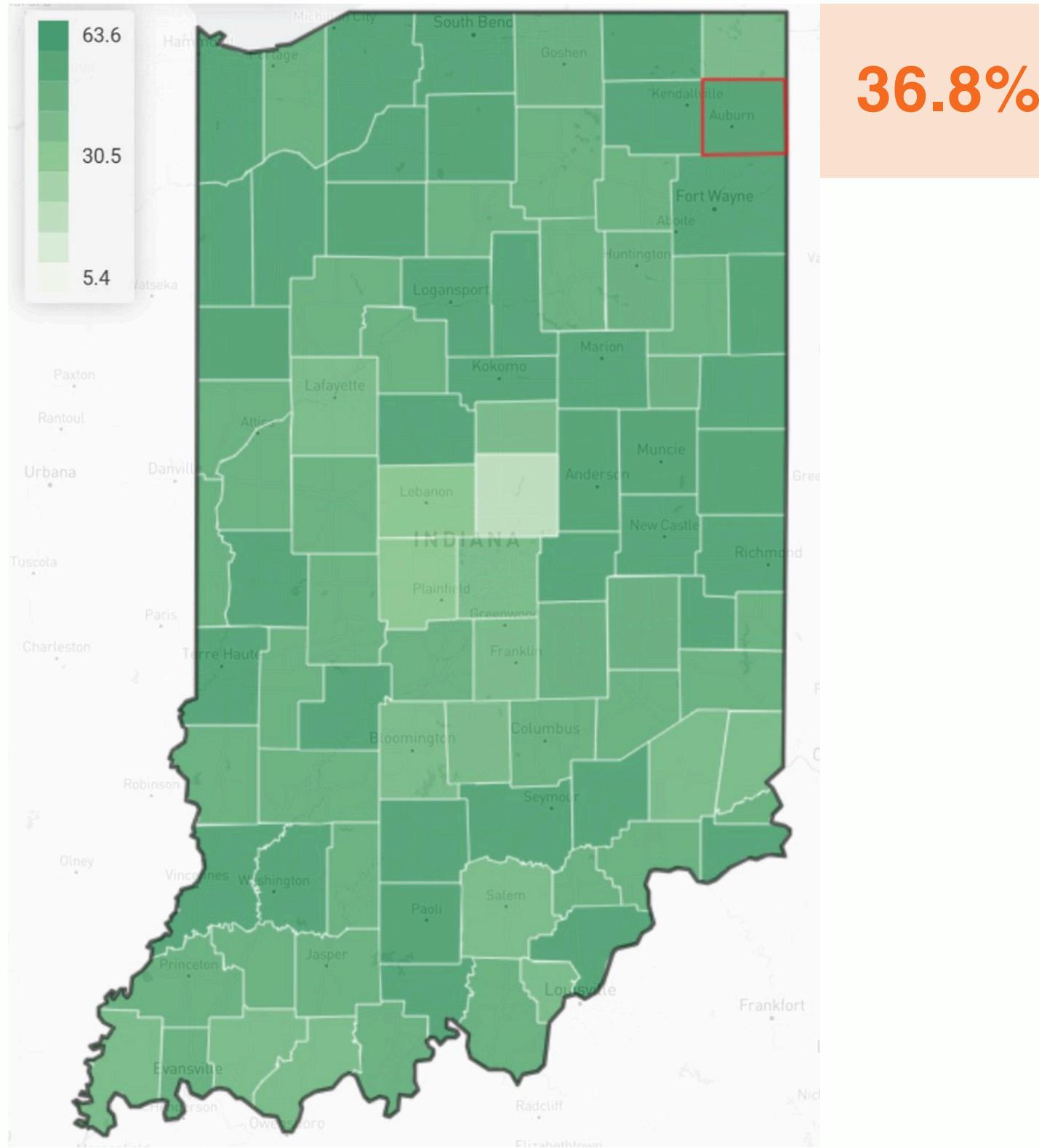
38.6%

38.4%

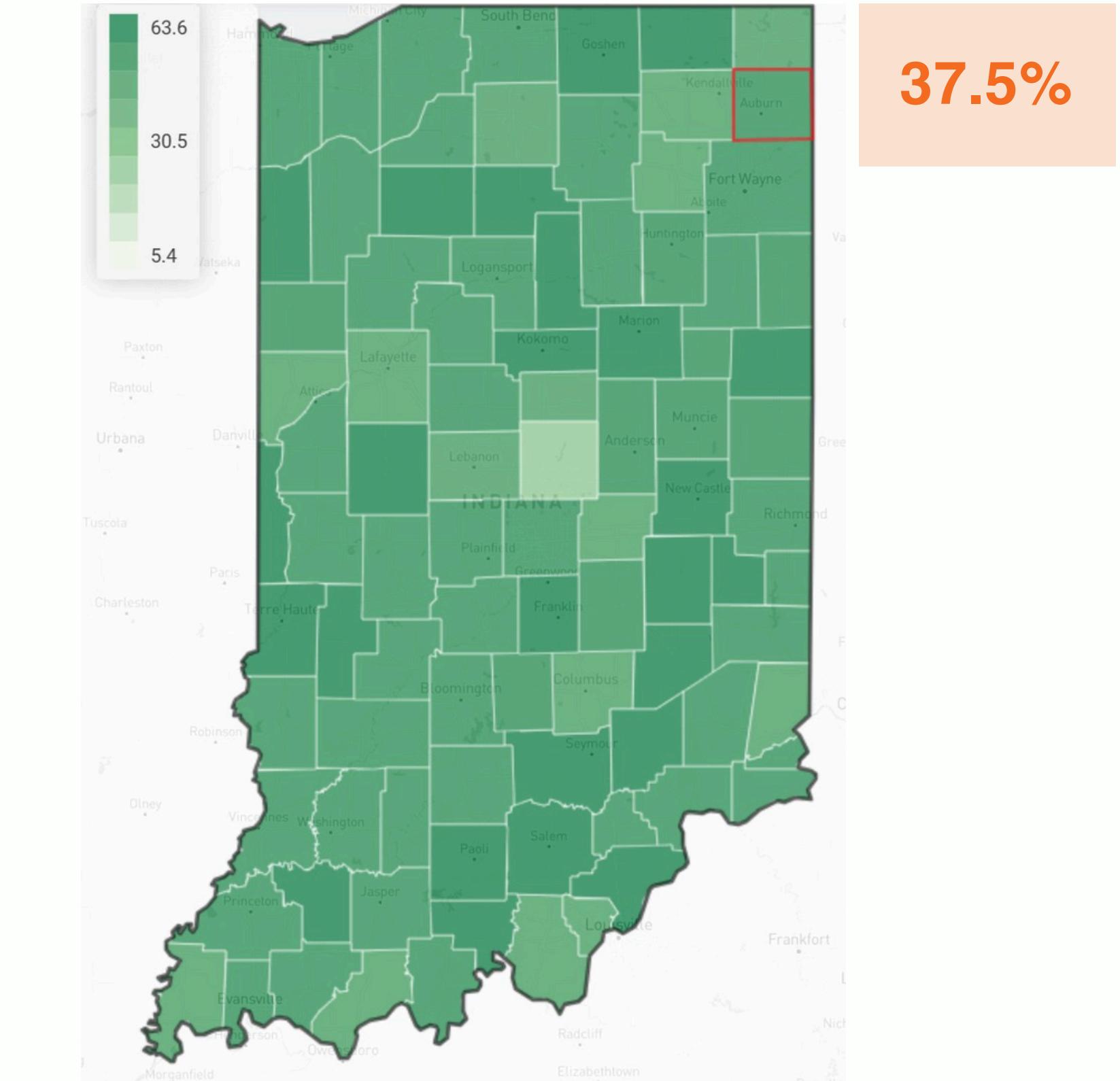
37.5%

Obesity

2019 IN Avg. 35.1%



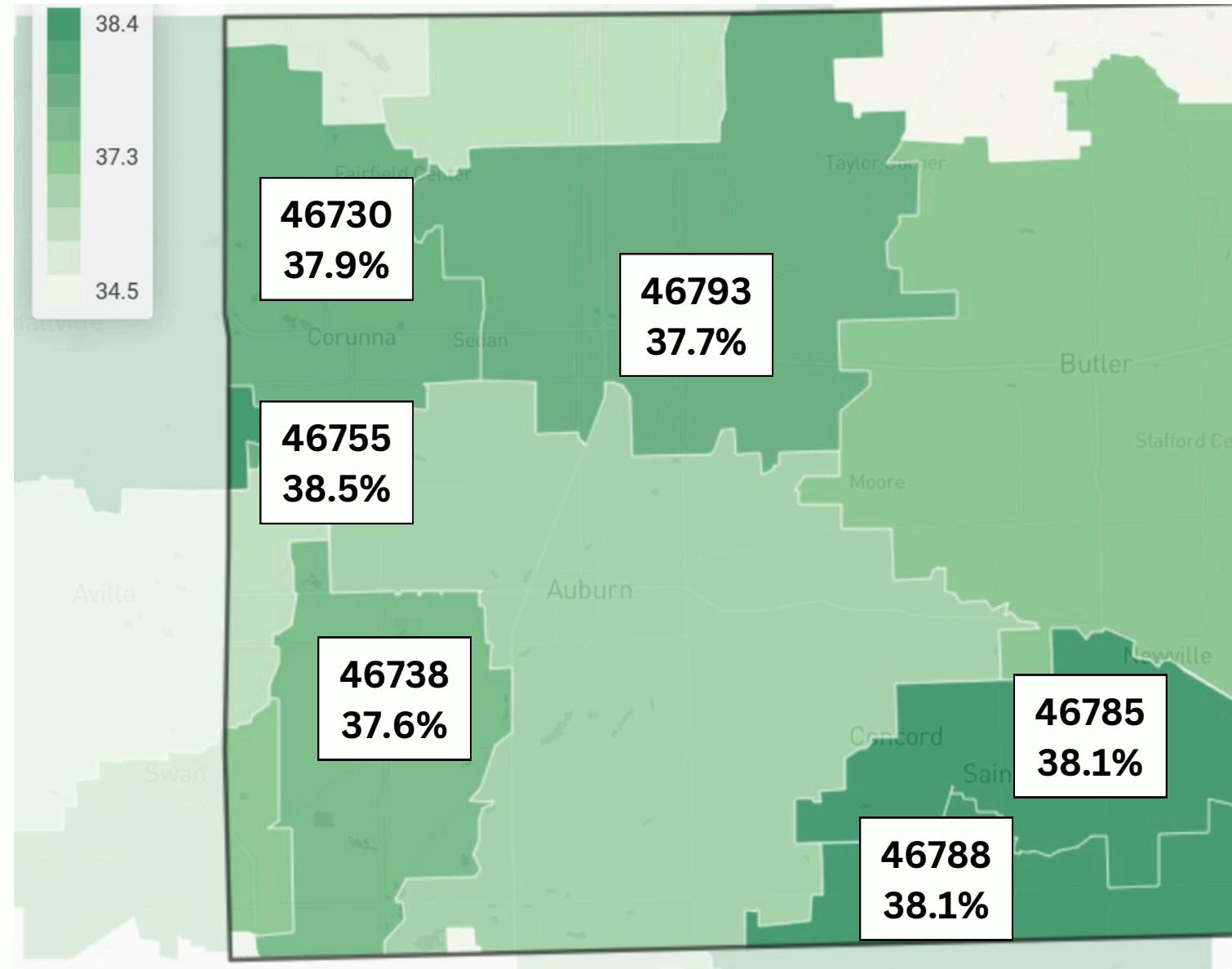
2022 IN Avg. 38.4%



Obesity

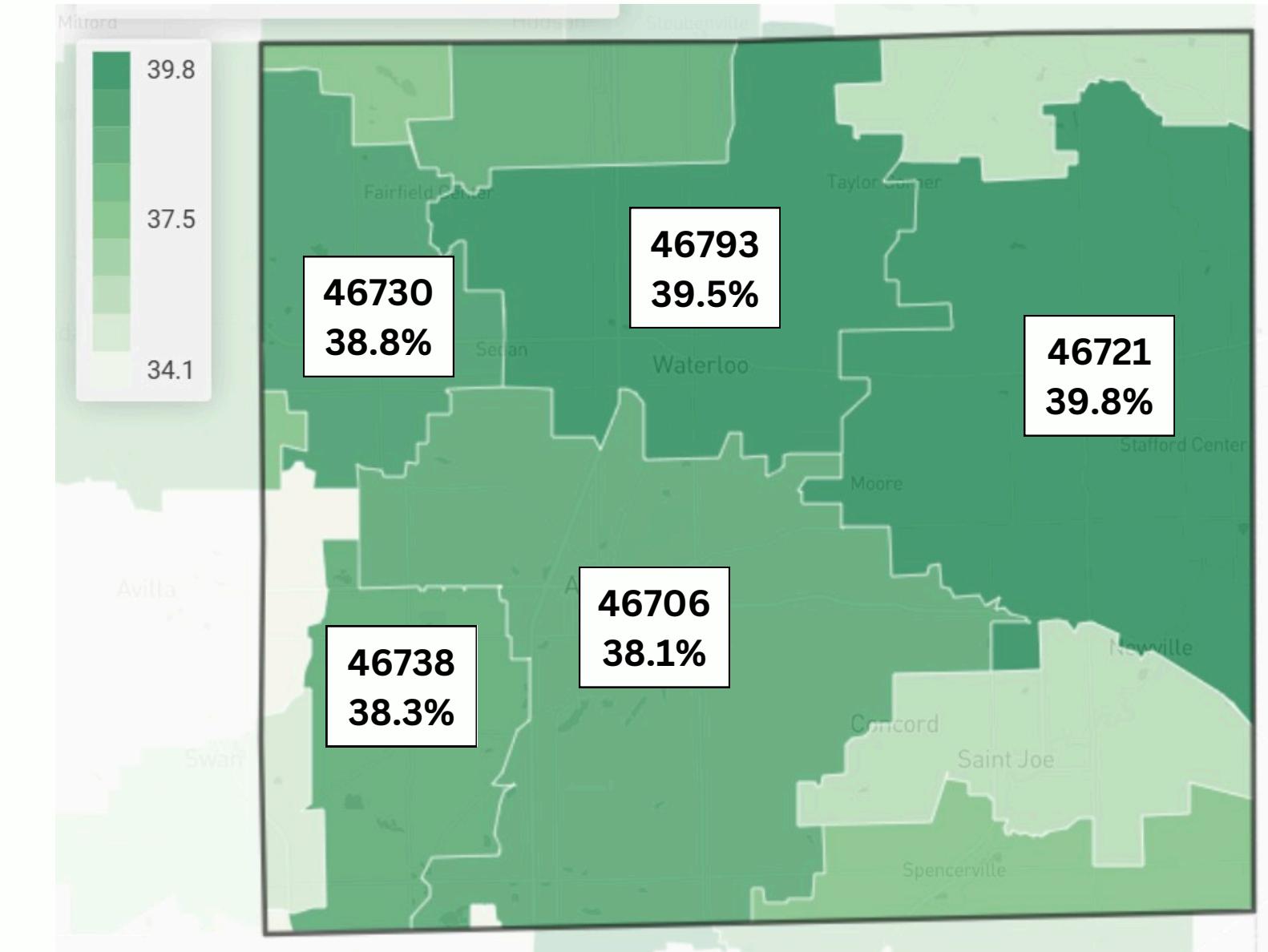
2019 36.8% county average.

8/14 Zip Codes above the county average.



2022 38.4% county average.

7/14 Zip Codes above the county average.



**slightly different methodology is used by CDC PLACES to calculate county-level vs. zip code-level data*

Summary of Community Survey Data and Local Health Statistics

Obesity

- The percentage of **adults with obesity in DeKalb County is slightly lower** than in Indiana and the Parkview Health service area.
- Though the rate of obesity slightly decreased from 2020 (37.8%) to 2022 (37.5%), the **overall rate has been on the rise** since 2016.
- Though obesity rates are improving in some zip codes, several areas are still **above the county average**, with the highest percentage observed for zip code **46721 (39.8% as of 2022)**.

FINAL THOUGHTS

Conclusion and Appreciation to Our Stakeholders



- 10-minute break
- Choose breakout room for discussion
 - Breakout group #1 - access to care
 - Breakout group #2 - social needs
 - Breakout group #3 - top health concern(s) for your county
 - *Breakout group #4 (optional) - any of the above group topics*