# PARKVIEW
## MIRRO CENTER
### FOR RESEARCH AND INNOVATION



# 2025 Community Health Needs Assessment

## Parkview Noble Hospital

# PARKVIEW
## HEALTH

# Foreword

*This report shares the results of the 2025 Community Health Needs Assessment (CHNA) for Parkview Health. The Health Services and Informatics Research (HSIR) team at the Mirro Center for Research and Innovation led data collection and analysis efforts for this report. HSIR worked with Parkview and community leaders to prioritize health needs, reflecting the voice of community members.*

*This report is divided into sections identified by orange banners for headings. The report will first give context about the CHNA process, how primary data was collected from the community, how secondary data was analyzed to support the report and a demographic overview. Next, the report integrates primary and secondary data focused on social drivers of health and key health behaviors. Finally, the outcomes from the community prioritization sessions are presented.*

*It is important to note that the data presented in this report is just a snapshot and there may be supplemental data about the county not presented. While every effort was made to thoroughly understand the health of the community, information gaps may persist due to variations in geography and time span of data collection across different sources.*

*The Parkview team hopes that the findings from this report help to identify current needs to support the health and well-being of the community. Past and current reports for all counties, along with prioritization session presentations and implementation strategies, can be found on the Parkview website. Detailed data for each county included in the Parkview Health service area can be found on our Community Data Hub: https://parkview.metop.io.*

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# ABOUT PARKVIEW HEALTH



Parkview Health is a not-for-profit, community-based health system. It serves a population of more than 1.3 million in northeast Indiana and northwest Ohio. With more than 16,000 employees, Parkview is the region's largest employer. Parkview started as Fort Wayne City Hospital and has been serving the community since 1878. Parkview Health formed in 1995, and the heritage of care and compassion continues today with 14 hospitals and over 200 outpatient centers and physician offices.

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*Parkview Health has a mission to improve health and inspire well-being in the communities we serve.*

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For the purposes of this Community Health Needs Assessment, the Parkview Health service area consists of the counties where a full-service Parkview hospital is located. This includes Allen, DeKalb, Huntington, Kosciusko, LaGrange, Noble, Wabash and Whitley Counties in Indiana and Williams County in Ohio.
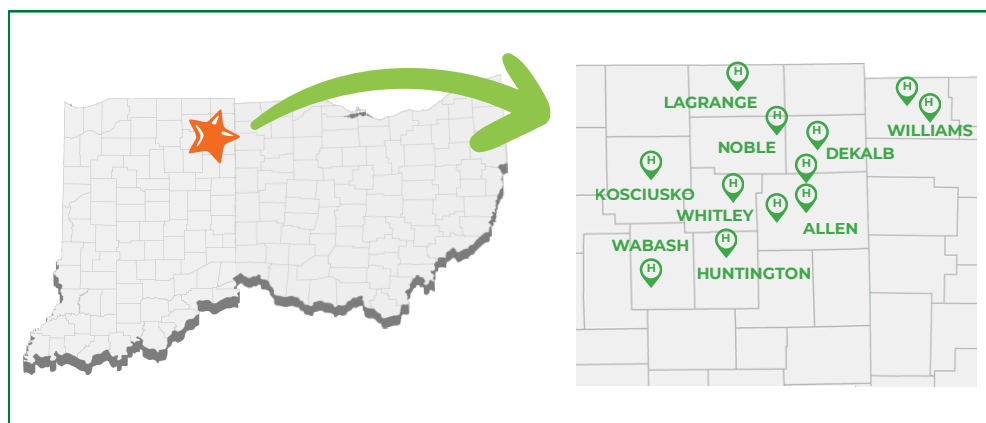
# INTRODUCTION TO CHNA PROCESS

The goals of the Community Health Needs Assessment (CHNA) are to learn about the health needs of the community and create plans to address those needs. In this CHNA for Parkview Health, several types of data were gathered to accomplish this:

- Surveys
- Focus groups
- Secondary data (through Metopio, a health data tool)

These data sources were chosen to broadly understand the community's health. We looked at needs across income level, race, ethnicity, age (18 years and older) and rural and urban areas. After all data was gathered and analyzed, the top health needs were shared with each community. Representatives selected the most important needs to address from 2025 to 2028.

*Attention was given to learning the needs of specific groups, major health concerns and service gaps based on feedback from the community and key informants.*

## Priority Health Needs

Through a step-by-step process, we identified the top needs in each county.

### Noble County's Top Five Health Concerns

- Diabetes
- Housing Affordability
- Insurance for Health Care
- Mental Health and Mental Disorders
- Obesity

Community and hospital leaders took part in a prioritization process to select the needs that were most pressing, widespread and fit for intervention. The top needs chosen for Parkview Health, Noble County were Diabetes, Mental Health and Mental Disorders and Obesity. Mental Health was selected as the Parkview systemwide priority.

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*The CHNA identifies the greatest health needs in the region.
It also helps find ways to address those needs in a manner
that aligns with Parkview's mission, expertise and resources.*

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Since 2012, the CHNA has taken place every three years in accordance with the Affordable Care Act. It has helped Parkview Health understand the community's changing health needs. Since 2022, the CHNA has been led by the Health Services and Informatics Research (HSIR) group at Parkview's Mirro Center for Research and Innovation.

The CHNA helps Parkview learn more about what health concerns are important to the communities we serve in three ways:

| 1. Understand Community Needs | 2. Prioritize Needs | 3. Identify Resources and Challenges |
|---|---|---|
| Pinpoint the health and social problems that each community faces. | Guide strategic plans based on what each community needs most. | Determine what is available and what is missing to address needs. |
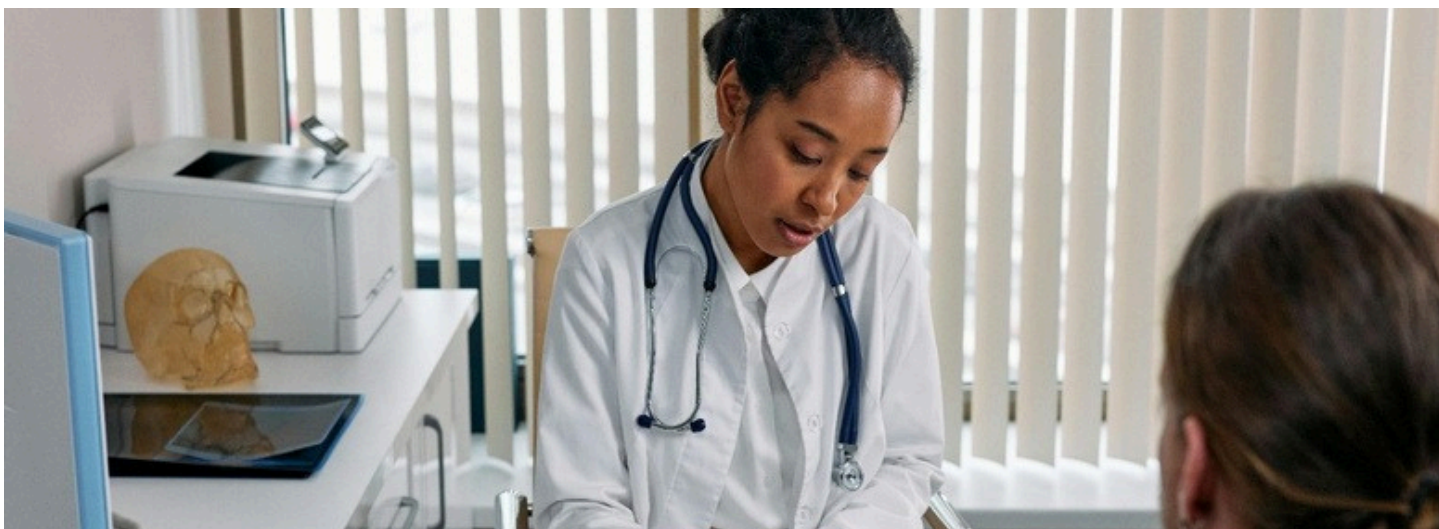
## Conducting the Assessment

Parkview Health's HSIR team carried out the CHNA from February 2024 to September 2025. By using various data sources, we identified the top health needs in the community. We compared needs at the county level with those of the Parkview Health service area and the entire state. Findings were shared with the community and hospital partners to determine which health needs were most pressing.



## Primary Data

Data were collected from the community using **surveys** and **focus groups**. The survey included questions aimed at both the respondent's personal health problems as well as their perceptions about top health concerns and other aspects impacting community well-being. Survey data was gathered from both people living in the community and individuals ("key informants") working for organizations that serve the community (e.g., schools, hospitals). Focus groups were held with a subset of community members and were used to gather deeper insights and experiences through conversation, allowing people to share thoughts that might not be mentioned in survey answers.

**Community Survey Overview**

- Carried out from September 2024 to December 2024
- Completed by 5,030 residents and 960 key informants in the Parkview Health service area, including 350 residents and 51 key informants in Noble County
- Collected from residents aged 18 and older
- Available online and on paper in English, Spanish, Burmese, Karen and Arabic
- Shared through MyChart patient portal, mail, in-person, press release and blog posts
- Collected at in-person events: festivals, sporting events, health fairs for seniors, families and those experiencing homelessness, food banks, YMCAs, public libraries & markets
- Twenty questions for residents and nine questions for key informants
- Assessed demographics, top health concerns, top quality of life concerns, health care access, mental health and digital access
- Aimed to include people of all ages (18+), races, ethnicities, income levels and the urban-rural continuum

**Focus Group Overview**

- Carried out from March 2025 to May 2025
- Thirty-four focus groups held during local Community Forums across the Parkview Health service area
- Five to 15 people in each focus group
- Participants were 18 years and older, from diverse backgrounds and provided a range of services to community members
- Each hospital's community health leaders sent email invites to participants
- Aimed to understand top community health needs, related barriers and available resources and solutions for addressing health needs

## Secondary Data

The Metopio platform helped us gather data from several public sources. Combined with survey and focus group findings, this data helped us better understand each community's health landscape. We used Metopio to examine health behaviors, outcomes and social factors across groups. This allowed us to pinpoint the areas of greatest need within the Parkview Health service area. For each health theme, data is reported using the most recent five-year average or single year of data.
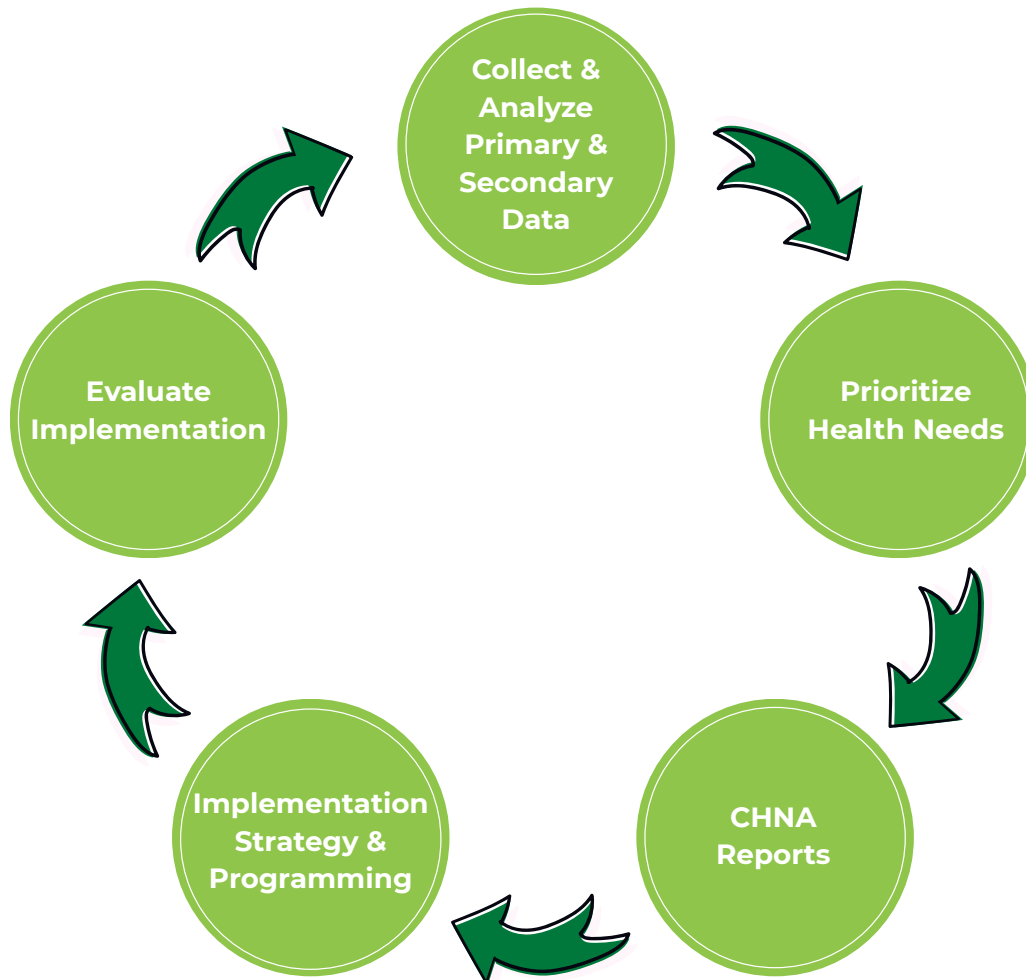
To learn more about each community in the Parkview Health system, please visit our **Parkview Health Community Data Hub**: https://parkview.metop.io

# Closing the Loop

The CHNA is not just one report. Instead, it is a continuous three-year cycle where Parkview:

- Collects and analyzes community-based data
- Pinpoints needs within each county and within the health system
- Implements action plans to address those needs

### Three-year CHNA Cycle; Parkview Health CHNA Process

Collect & Analyze Primary & Secondary Data

Prioritize Health Needs

CHNA Reports

Implementation Strategy & Programming

Evaluate Implementation

# Priority Health Needs & Impact from 2022 CHNA

During the 2022 CHNA prioritization session, Noble County chose Mental Health, Substance Abuse and Obesity as their top health needs, along with Mental Health, the Parkview Health systemwide priority. The Impact Report for Noble County can be found in Appendix A. Parkview did not receive written comments in response to the 2022 CHNA. For comments on the 2025 CHNA, please email Community.Health@Parkview.com.

# DEMOGRAPHIC FACTORS

## Who Lives in Noble County?

Demographic factors impact a person's ability to lead a healthy life. Understanding these factors helps shape plans to improve community health.

### Population

**47,417**

residents[1]

### Sex

**23,960**

(50.5%)
males[1]

**23,457**

(49.5%)
females[1]

# Age

| Age[1] | Population | Percentage |
|---|---|---|
| 0 - 4 years | 3,076 | 6.5% |
| 5 - 17 years | 8,500 | 17.9% |
| 18 - 39 years | 12,417 | 26.2% |
| 40 - 64 years | 15,578 | 32.9% |
| 65 and older | 7,846 | 16.5% |

Different age groups and racial or ethnic groups may have unique needs to consider when looking at health

# Race and Ethnicity

| Race/Ethnicity[1] | Population | Percentage |
|---|---|---|
| Non-Hispanic White | 40,493 | 85.6% |
| Hispanic or Latino | 5,312 | 11.2% |
| Two or more Races | 965 | 2.0% |
| Non-Hispanic Black | 145 | 0.3% |
| Asian | 271 | 0.6% |
| Native American | 45 | 0.1% |
| Pacific Islander | 61 | 0.1% |

## 1 in 10

Noble County residents identify as Hispanic or Latino[1]

# Rural-Urban Continuum Code[2]

Codes range from 1-9
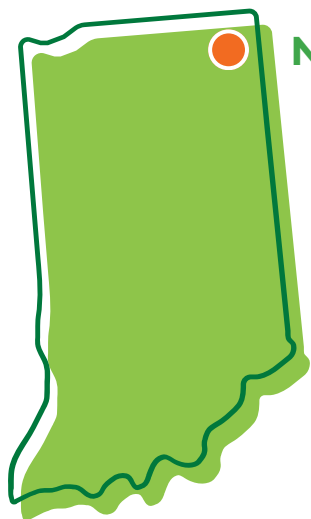**1 = highly-populated metro areas**
**9 = fully rural areas**

6

# Parkview Noble County Service Area

Noble County, IN

**11** zip codes[2]

**410.8** square miles[1]

**6** townships[3]

predominantly **rural**[4]

## Noble County Community Service Area Zip Codes[2]

| | | | | | |
|---|---|---|---|---|---|
| 46543 | 46562 | 46571 | 46701 | 46710 | 46723 |
| 46725 | 46732 | 46748 | 46755 | 46760 | 46763 |
| 46764 | 46767 | 46784 | 46794 | 46795 | 46796 |

1. US Census Bureau, American Community Survey (2019-2023)
2. United States Zip Code Database (2025)
3. Indiana Department of Local Government Finance (2023)
4. US Department of Agriculture (USDA) - Economic Research Service (2023)

# SOCIAL DRIVERS OF HEALTH (SDOH)



Social Drivers of Health

Access to Care · Food Access · Built Environment · Housing · Violent Crime · Transportation · Education · Childcare · Employment · Income & Poverty

Healthy People 2030 defines social drivers of health (SDOH) as the conditions in the environments where people are born, live, learn, work, play, worship and age. These conditions affect a wide range of health, functioning and quality-of-life outcomes and risks. The five domains of SDOH include economic stability, education access and quality, health care access and quality, neighborhood and built environment and social and community context. For this report, the primary and secondary data are presented in order of the SDOH topics.

Access to care refers to the resources a community has to meet a range of health needs. Examples include having insurance and available health care providers.

**11.7%** of Noble County residents have **no health insurance**[1]

The uninsured rate in Noble County (11.7%) is **above** the Parkview Health service area rate (10.8%) and the state rate (7.6%).[1]

**13.1%** **lack access to the internet**[1]

**28.7%** lack access to **non-ER medical care**[2]

## What we heard from the community[3]

- People without insurance **cannot afford the high cost of health care services.**
- Many people **don't know what health care services are available** or how to get them.
- Some people are **afraid to seek medical help** because of legal issues, like immigration status.

1. US Census Bureau, American Community Survey (2019-2023)
2. Parkview Community Health Survey - Noble County (2024)
3. Parkview Community Forum - Noble County (2025)

# PER CAPITA INDICATORS

Rates per 100,000 residents

| | | |
|---|---|---|
| **33.7** | **28.0** | **8.4** |
| Primary Care Providers | Pharmacies | Specialty Physicians |

People in Noble County have **less access** to primary care providers / specialty physicians (lower rate per 100,000 residents) compared to Indiana (75.8 / 77.8) and those living in the Parkview Health service area (62.8 / 50.3).[1] People in Noble County have **more access** to pharmacies than those living in the Parkview service area (23.5) and across Indiana (25.9).[2]

# PROBLEMS GETTING CARE

| | | |
|---|---|---|
| **21.9%** | **12.4%** | **28.8%** |
| Primary Care Providers | Pharmaceutical Care | Specialty Care |

CHNA survey respondents in Noble County said they had a hard time getting the health care they needed. Nearly **1 in 3** had a hard time getting in to see a provider who specializes in a particular illness (e.g., heart conditions), while around **1 in 5** had a hard time getting an appointment with a primary care provider.[3]

1.  Health Resources & Services Administration, Area Health Resources Files (2022)
2. Centers for Medicare & Medicaid Services, National Provider Identifier Files (2025)
3. Parkview Community Health Survey - Noble County (2024)

Many factors can affect access to fresh, healthy and affordable food. These include how far someone lives from a grocery store, the presence of school lunch programs and if fruits and vegetables are available.

Access to food is an important social factor that affects health. 'Food Access' can be measured by many factors, such as the number of residents who are food insecure, households receiving SNAP (food stamp) benefits and those who are in poverty not receiving SNAP.

*The **rate of food insecurity** in Noble County (13.3%) is **similar to** the Parkview Health service area (13.9%), but is **lower** than Indiana (15.1%). Noble County rates are highest in the Hispanic/Latino community (20.0%).[1]*

## 6.2%
**of households receive SNAP (food stamp) benefits**[2]
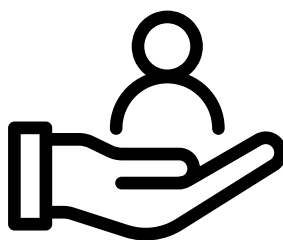
## 67.5%
**of households in poverty do not receive SNAP benefits**[2]

## What we heard from the community[3]

- There are concerns about the safety of locally grown produce based **on water and soil contamination.**
- **There are not enough grocery stores.** Some towns don't have any, so people drive far for food.

1. Feeding America, Map the Meal Gap (2023)
2. US Census Bureau, American Community Survey (2019-2023)
3. Parkview Community Forum - Noble County (2025)

The quality and cost of housing directly impact well-being. If housing is too expensive or if there are too many empty or crowded homes, it can lead to problems like losing one's home or becoming homeless. These issues can affect a person's health.

## What we heard from the community[1]

- There is **not enough affordable,** "middle ground," good quality housing.
- People in the area **don't earn enough money** to afford the housing that is available.
- Older adults can't move to smaller homes because **there aren't enough safe and affordable choices.**

## Housing Cost Burden

The percent of households spending more than 30% of their income on housing.[2]

**21.4%**

## Housing Insecurity

The percent of adults who were not able to pay their mortgage, rent or utility bills in the past 12 months.[3]

**12.5%**

The housing cost burden in Noble County is **similar to** the Parkview Health service area average of 21.3% but is **lower** than the state average of 24.3%.[2]

Housing insecurity in Noble County is **similar** to the Indiana rate (12.2%) but is **slightly higher** than the Parkview Health service area rate (11.7%).[3]

1. Parkview Community Forum - Noble County (2025)
2. US Census Bureau, American Community Survey (2019-2023)
3. CDC, PLACES Project (2022)

Not having transportation can make it difficult for people to get to the doctor, work, school and grocery stores that have healthy food options. This can lead to poor health outcomes and social isolation.

## What we heard from the community[1]

- Community transportation is **very limited, expensive and doesn't offer flexibility.**
- Scheduling rides is **difficult** and most **often has to be done in advance**.
- Local organizations, like ministries, are **often held back by complicated rules** that make it hard to provide transportation.
- These challenges **especially impact people living in rural areas and those with low incomes.**

## Lack of Transportation
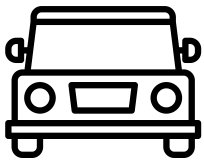


# 8.7%
**of adults lack transportation**

The lack of transportation in Noble County is **similar to** that of Indiana (8.5%) and the Parkview Health service area (8.2%).[2]



1. Parkview Community Forum - Noble County (2025)
2. CDC, PLACES Project (2022)

Socio-economic factors strongly impact community health and well-being. These include things like how many people graduate from high school, how much money they earn and whether they have jobs.

## 82.6%
graduate high school[1]

● Noble County

## 88.5%
graduate high school[1]

● Parkview Health

## 90.2%
graduate high school[1]

● Indiana

| Factor | Noble County | Indiana |
| --- | --- | --- |
| **Childcare Cost Burden** Childcare costs for a household with two children as a percent of median household income. [2] | 28.0% | 30.8% |
| **Median Household Income** Income in the past 12 months.[1] | $70,908 | $70,051 |
| **Poverty Rate** Percent of residents in families that are below the Federal Poverty Level.[1] | 8.5% | 12.2% |
| **Unemployment Rate** Percent of residents 16 and older in the civilian labor force who are actively seeking employment.[1] | 3.1% | 4.3% |

Violent crime includes homicide, criminal sexual assault, robbery, aggravated assault and aggravated battery.

**117.4 crimes per 100,000 residents**

Noble County has a **significantly lower** violent crime rate compared to Indiana (323.3) and the Parkview Health service area (197.3).[1]

*Please note that county-level crime totals may appear lower than expected due to changes in reporting systems, resulting in incomplete crime data reported to the FBI.*

**Built Environment**　　　　　　　**Noble County, IN**

The built environment refers to the man-made places around us. This includes things like buildings, streets, parks and transportation systems.

**Walkability Index**

5.8/20

**Access to Exercise**

60.2%

Noble County is **harder to walk around** compared to the Parkview Health service area and Indiana (both 7.7).[2]

Noble County has **fewer places to exercise** compared to the Parkview service area (70.8%) and Indiana (76.2%).[3]

**What we heard from the community**[4]
-------------------------------------------------------------
*"You can't get anywhere without a car in Noble County."*

1. Federal Bureau of Investigation, FBI Crime Data Explorer (2017-2021)
2. US Environmental Protection Agency, National Walkability Index (2024)
3. University of Wisconsin Population Health Institute, County Health Rankings (2024)
4. Parkview Community Forum - Noble County (2025)

# KEY HEALTH THEMES

**Overall Health**

**Chronic Disease**

**Behavioral Health**

**Maternal/Child Health**

**Elder Health**

**Infectious Diseases**

**Oral/Dental Care**

**STD/STI/HIV**

**Health Behaviors**

For this CHNA report, primary and secondary data were gathered and analyzed around the top health themes and concerns listed above. The report highlights the county's key statistics from surveys and secondary data. Key insights gathered through focus groups are also included. A closer look at the data for each of these themes will be provided in this report.

Overall health refers to how well people feel both physically and mentally. This includes factors like how long people live, self-reported health and quality of life.

## Life Expectancy                                   **75.8 years**

Average age at death of all people born in this place, or all people who have lived to the start of the specified age bracket.[1]

## Self-Reported Poor Physical Health                   **12.5%**

Percent of resident adults aged 18 and older who report 14 or more days during the past 30 days during which their physical health was not good.[2]

## Visited Doctor for Routine Checkup                   **74.8%**

Percent of resident adults aged 18 and older who report having been to a doctor for a routine checkup (in the previous year).[2]

- In Noble County, people tend to **live about the same length** as those in the Parkview Health service area (76.0 years) and Indiana (75.1 years).[1]
- Around 12.5% of adults in Noble County say they have **poor physical health**, which is **about the same** as Indiana (12.9%)[3] and the Parkview Health service area (13.0%).[2]
- **A slightly lower** number of adults in Noble County **visit the doctor regularly** compared to those in Indiana (76.9%)[3] and the Parkview service area (75.6%).[2]

1. University of Wisconsin Population Health Institute, County Health Rankings (2020-2022)
2. CDC, PLACES Project (2022)
3. CDC, Behavioral Risk Factor Surveillance System-BRFSS (2022)

Chronic diseases and related factors often cause the greatest burden on health in a community. This includes conditions like diabetes, heart disease, asthma and obesity. The following conditions are highlighted due to prevalence, mortality trends and concern from community and key informant survey respondents.
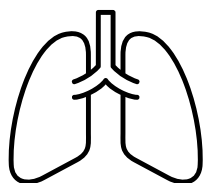
**7.5%** of residents have been diagnosed with **chronic obstructive pulmonary disease (COPD).**[1]

**6.3%** of residents have been diagnosed with **coronary heart disease (CHD).**[1]

**10.9%** of residents have been diagnosed with **asthma.**[1]

| Metabolic & Cardiovascular Health | Diagnosed % Noble County | Diagnosed % Indiana |
|---|---|---|
| Diabetes | 10.2%[1] | 11.1%[2] |
| High Blood Pressure | 32.5%[1] | 32.2%[2] |
| Obesity | 36.5%[1] | 37.9%[2] |
| High Cholesterol | 32.3%[3] | 30.6%[4] |

1.  CDC, PLACES Project (2022)
2. CDC, Behavioral Risk Factor Surveillance System (2022)
3. CDC, PLACES Project (2021)
4. CDC, Behavioral Risk Factor Surveillance System (2021)

| Chronic Disease Mortality[1] | Deaths Per 100,000 Noble Residents | Deaths Per 100,000 Indiana Residents |
|---|---|---|
| Heart Disease | 244.9 | 184.3 |
| Cancer | 207.9 | 163.9 |
| Lower Respiratory Disease | 77.9 | 53.1 |
| Stroke | 59.3 | 41.9 |
| Diabetes | 40.4 | 28.5 |
| Kidney Disease | 16.8 | 17.7 |

In Noble County, the diagnosis rates for many chronic diseases are **similar to** the rates of the Parkview Health service area and Indiana. However, for some chronic diseases, such as heart disease, cancer, lower respiratory disease, and stroke, **mortality rates** in Noble County are **higher** than in Indiana and the Parkview Health service area.[1] Data for Parkview service area can be found here: https://parkview.metop.io



1. CDC, National Vital Statistics System-Mortality (2019-2023)

Behavioral health refers to a state of mental, emotional and social well-being or behaviors and actions that affect wellness. It also includes how people get support and treatment. Behavioral health is an overarching term that refers to mental health (well-being, mental health conditions), suicidality and substance use disorders.

## Mental Health Conditions

**24.8%** of adults living in Noble County have depression, which is **similar to** both Indiana (24.4%) and the Parkview Health service area (24.9%).[1]

**17.3** is the suicide mortality rate (deaths per 100,000 residents) in Noble County, which is **more** than the Parkview Health service area (14.7) and Indiana (15.8) averages.[2]

## Substance Use Disorders

### Drug Overdose Mortality

Noble County has a rate of 19.4 drug overdose deaths (per 100,000 residents), which is **lower** than the Parkview service area (25.7) and Indiana rates (36.3).[2]

### Alcohol-Related Mortality

Noble County's rate of alcohol-related mortality is 13.5 (per 100,000 residents), which is **similar to** the Indiana rate (13.3), but **lower** than the Parkview Health service area rate (14.6).[2]

1. CDC, PLACES Project (2022)
2 CDC, National Vital Statistics System-Mortality (2019-2023)

# Access to Mental Health and Addiction Services

| Number of Mental Health Providers *(per 100,000 residents)* [1] | 226.4 Noble | 430.5 Parkview | 545.0 Indiana |
|---|---|---|---|
| **Number of Psychiatrists** *(per 100,000 residents)* [2] | 0 Noble | 8 Parkview | 16 Indiana |

## CHNA Community Survey Findings[3]

**23.5%** of survey respondents reported being **anxious**

**16.7%** of survey respondents reported being **depressed**

**58.8%** listed **mental health** as one of the **top health concerns** in their community

**17.5%** said they had **trouble** getting **mental health or addiction help**

## What we heard from the community[4]

- Many people in the community **feel afraid, judged or uncomfortable** when it comes to getting help for mental health.
- Access to mental health care is limited due to **long waitlists and frequent staff turnover.**
- There are **not enough emergency mental health services** available when urgent help is needed.
- **Mental health issues are often not discussed or understood across generations,** leading to silence within families.
- Children and youth need **more access to treatment and follow-up care.** Their **parents also need support** throughout the process.
- Many programs **focus on treating symptoms rather than addressing root causes.**

1. Centers for Medicare & Medicaid Services, National Provider Identifier Files (2025)
2. Health Resources & Services Administration, Area Health Resources Files (2025)
3. Parkview Community Health Survey - Noble County (2024)
4. Parkview Community Forum - Noble County (2025)

The health of mothers and children is important to the overall well-being of a community. This can be affected by factors such as limited access to health care, mental health issues and feeling disconnected.

## Low Birth Weight

**7.2%**

of live births have a birth weight of less than 5 lbs, 8 oz. in Noble County. This is **lower** than the Parkview service area (8.1%) and Indiana (8.4%).[1]

## Prenatal Care in 1st Trimester

**70.4%**

of mothers-to-be received care in the first three months of pregnancy. This is **lower** than Indiana (76.0%) and the Parkview service area (71.4%).[1]

## Infant Mortality

**7.3**

infant deaths - deaths of infants in the first year of life - per 1,000 live births were recorded for Noble County.[1]

This data highlights the need for targeted interventions to improve infant health outcomes in Noble County.

## Child Abuse and Neglect

**7.3**

per 1,000 children are subject to child abuse and neglect.[2]

## Smoking During Pregnancy

**10.7%**

of births were to mothers who smoked cigarettes during their pregnancy.[1]

1. Health Resources & Services Administration, Maternal and Child Health Bureau (2020-2022)
2. Indiana Department of Child Services, Indiana University Child Abuse and Neglect Rates (2023)

Elder health focuses on concerns like falls, Alzheimer's disease and other dementias. These problems are often the biggest health challenges for older people.

**10.5** **deaths per 100,000 residents are a result of a fall**

**24.8** **deaths per 100,000 residents are due to Alzheimer's disease**
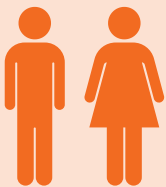
In Noble County, women were more than twice as likely to die from Alzheimer's than men from 2019-2023.[2]

In Noble County, the rate of deaths from falls is **lower** than the Parkview Health service area (14.3), but **higher** than across Indiana (8.3).[1]

The rate of deaths due to Alzheimer's in Noble County is **lower** than the Parkview Health service area (35.3) and Indiana's rate (30.2).[2]



1.  CDC, National Vital Statistics System-Mortality (2022)
2. CDC, National Vital Statistics System-Mortality (2019-2023). Deaths per 100,000 residents due to Alzheimer's disease (ICD-10 code G30)

Infectious diseases are illnesses caused by germs like viruses and bacteria. Public health tools like prevention and vaccination are key to stopping and managing disease outbreaks.

## Medicare Flu Vaccination Rate

People enrolled in Medicare who received a flu shot at any point during the year[1]

**45.0%**

## Influenza and Pneumonia Mortality

Deaths per 100,000 residents due to influenza and pneumonia[2]

**13.5**



In Noble County, **slightly fewer** Medicare beneficiaries received a flu shot than in Indiana (47.0%) and the Parkview Health service area (45.8%). More than half of this population, which is at higher risk of dying from the flu, remains unvaccinated.[1]

Noble County has **more** deaths per 100,000 people from flu and pneumonia than Indiana (10.9) and the Parkview Health service area (11.6).[2]

1. US Health and Human Services, Vaccines & Immunizations (2023)
2. CDC, National Vital Statistics System-Mortality (2019-2023)

Oral health has a strong impact on overall health. Dental check-ups, preventive care and education help people lead healthier lives. Access to dental care is important.

## Problem Getting Dental Care
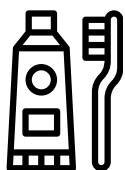


# 19.3%

## Visited Dentist in previous year



# 60.4%

**1 in 5** CHNA survey respondents reported having trouble getting dental care.[1]

The number of people who visited a dentist in Noble County (60.4%)[2] is **about the same as** the Parkview service area (60.0%)[2] but **slightly lower** than the state of Indiana (62.8%).[3]



1. Parkview Community Health Survey - Noble County (2024)
2. CDC, PLACES Project (2022)
3. CDC, Behavioral Risk Factor Surveillance System (2022)

Sexually transmitted diseases (STDs), sexually transmitted infections (STIs) and human immunodeficiency virus (HIV) are major public health concerns. They impact a person's physical health, emotional well-being and quality of life. Access to testing, treatment and education are key to preventing the spread of these infections.

## HIV Cases[1]

## STI Cases[1]

**For every 100,000 people, there are:**

**66.2**
HIV cases in
**Noble County**

**435.6**
STI cases in
**Noble County**

**129.2**
HIV cases in
**Parkview Health service area**

**671.4**
STI cases in
**Parkview Health service area**

**223.0**
HIV cases in
**Indiana**

**918.6**
STI cases in
**Indiana**

1. CDC, National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention; Atlas Plus (2022)

Health behaviors are actions and habits that can help or hurt a person's physical, mental and social well-being. These include diet, exercise, substance use, preventive screenings and vaccinations.

## Cigarette Smoking

**19.3%**

## No Exercise

**27.2%**

*19.3%[1] of adults in Noble County **smoke cigarettes,** which is **about the same** as the Parkview Health service area (19.1%)[1] and **higher** than in Indiana (16.5%).[2] Compared to Indiana (26.5%)[2] and the Parkview Health service area (27.3%),[1] a **similar number** of people (27.2%)[1] **do not exercise** in Noble County.*

1. CDC, PLACES Project (2022)
2. CDC, Behavioral Risk Factor Surveillance System (2022)

## Prioritization Overview

After gathering and analyzing the data—including applying additional weighting to survey responses from individuals identified as part of vulnerable populations—the HSIR team used a structured process to pinpoint the community's most urgent health needs. This process was meant to be inclusive and data-driven, ensuring that the chosen priorities represented both community members' experiences and health trends. The process involved meetings with community stakeholders and final selection of top health needs by hospital leaders.

## Community Prioritization Sessions

- Carried out between March 2025 and May 2025 for each hospital.
- Attendees were professionals who provide a wide range of services to community members from diverse backgrounds. (*See Appendix B for list of attendees.*)
- Ahead of the meeting, attendees were sent a printed scorecard with the top health needs identified for their county and related data.
- Presentation at the meeting covered data trends on the top health needs, with a focus on geographic, socioeconomic, racial, ethnic, gender and age-related disparities. (*These slides are posted on the website where you found this report.*)
- Attendees discussed the benefits and challenges to addressing the health needs.
- Attendees voted to rank the top health needs based on significance, severity, relation to social drivers of health and suitability for intervention.

## Selected Health Priorities

The list of top health needs from each session and qualitative summaries from Community Forums were shared with Parkview Health - Noble County hospital leadership in June 2025. Hospital leaders reached consensus on the final top health priorities with consideration given to resources, prevalence of the health need, impact on vulnerable populations and suitability to address the health need.

| Selected Priorities for Parkview Health – Noble County |
| --- |
| • Diabetes<br>• Mental Health and Mental Disorders<br>• Obesity |

The following is a list of datasets used during the analysis of secondary data. All datasets were accessed via the Metopio platform. A URL for each dataset is available upon request.

1.  CDC, Agency for Toxic Substances and Disease Registry - Environmental Justice Index

2.  U.S. Census Bureau, American Community Survey (ACS)

3.  Health Resources & Services Administration, Area Health Resources Files (AHRF)

4.  CDC, Behavioral Risk Factor Surveillance System (BRFSS)

5.  University of Wisconsin Population Health Institute, County Health Rankings

6.  Dwyer-Lindgren, Mokdad, et al. (Population Health Metrics, 2014)

7.  Diabetes Atlas

8.  U.S. Department of Agriculture (USDA) - Economic Research Service

9.  Federal Bureau of Investigation, FBI Crime Data Explorer

10. Indiana Department of Child Services, Indiana University Child Abuse and Neglect Rates

11. Indiana Department of Local Government Finance

12. Feeding America, Map the Meal Gap

13. Centers for Medicare & Medicaid Services (CMS), Mapping Medicare Disparities

14. Health Resources & Services Administration, Maternal and Child Health Bureau (MCHB)

15. CDC, National Center for Health Statistics

16. Centers for Medicare & Medicaid Services (CMS), National Provider Identifier Files (NPI)

17. CDC, National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention; Atlas Plus

18. CDC, National Vital Statistics System-Mortality (NVSS-M)

19. CDC, National Vital Statistics System-Natality (NVSS-N)

20. Parkview Community Health Survey and Community Forums - **Noble County**

21. CDC, PLACES Project

22. Razzaghi, Wang, et al. (MMWR Morb Mortal Wkly Rep 2020)

23. State public health departments

24. U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA)

25. United States Zip Code Database

# Appendix A -  Community Impact Report

This report highlights the progress and measurable outcomes of Parkview Health's community outreach initiatives carried out between 2022 and 2024, as guided by our 2023 Implementation Strategy. Each program and service detailed herein reflects our commitment to addressing the key needs identified in the 2022 Community Health Needs Assessment. The following results demonstrate our ongoing dedication to equity, access and measurable health improvements in the communities we serve. As we reflect on our progress and outcomes, we remain committed to building healthier communities through innovation, partnership and compassionate care.

# Mental Health

## Common Grace Ministries

Common Grace Ministries serves Noble County residents facing economic instability, food insecurity and lack of basic furnishings. The organization also supports other nonprofits and food pantries. Programs include A Hope Chest (furniture), Friendship Connection (food pantry) and financial assistance for rent, utilities and medications.

### Highlighted Outcomes

- Furniture assistance:
  - 36 households received 89 pieces of furniture, benefiting 94 individuals
- Medication access:
  - Collaborated with Parkview's Medication Assistance Program (MAP) and St. Martin's Healthcare to provide medication support
- Financial assistance (2024):
  - One hundred and sixty-seven households (404 individuals) received:
    - $12,679 in rent/lodging
    - $12,993.88 in utility assistance
    - $52.86 in direct medication aid
    - $2,302.50 in disaster response
- Food pantry (Friendship Connection):
  - 1,231 household visits
  - 2,603 individuals served
  - 51,215 lbs. of food distributed (≈38,507 meals)
- New initiatives:
  - "Getting Started" car repair network launched
  - Community cookbook project with Parkview dietician

## McMillen Health

McMillen Health provides preventive health education to youth across northeast Indiana. In Noble County, the organization delivers sessions on mental health, substance use prevention and nutrition to students from preschool through high school.

## Highlighted Outcomes

- Program delivery:
  - 20 sessions completed in 2024 (goal met)
  - 575 students served (exceeding the 500 student goal)
- Knowledge gains:
  - Substance use prevention: 45.62% increase in knowledge
  - Nutrition and fitness: 32.22% increase
  - Life skills (social/emotional health): 21.8% increase
  - Grade-level reach:
    - Students from kindergarten through high school participated
    - 36 teachers also engaged in sessions
  - Teacher's feedback:
    - Rated 5/5 by participating teachers
    - Positive feedback on engagement and classroom strategies

## Noble County Suicide Prevention

Noble County Suicide Prevention (NCSP) provides education, peer support and community outreach to reduce suicidality and mental health stigma. Programs include QPR (Question, Persuade and Refer) suicide prevention training, Alternatives to Suicide peer groups and events like Suicide Survivor Loss Day and Noble Palooza.

### Highlighted Outcomes

- Education and training:
  - Conducted two QPR sessions annually
  - Distributed QPR books and trained community members
- Peer support:
  - Facilitated weekly Alternatives to Suicide groups
  - Built a peer support network across the county
- Community events:
  - Hosted Suicide Survivor Loss Day to support those grieving
  - Participated in Noble Palooza to promote 988 and local crisis resources

## Youth for Christ

Youth for Christ (YFC) operates Campus Life programs at East Noble High School and Middle School, focusing on building authentic, supportive relationships with teens. The goal is to improve mental, spiritual and social well-being through mentorship, small groups and community engagement.

### Highlighted Outcomes

- Reach and engagement:
  - Connected with 645 East Noble teens by name
  - 216 teens engaged in deeper "Developmental Relationships" with adult mentors

- Supportive activities:
    - Weekly Campus Life club meetings and small groups
    - One-on-one mentoring conversations addressing stress, anxiety and depression
    - Leadership opportunities and community service
    - Events like spring break trips, summer camp and winter camp

# Obesity

## Activate Noble County

Since 2022, Activate Noble County has hosted an annual community bike event to promote physical activity, safe cycling and community engagement. The event offers family-friendly routes, safety workshops, helmet giveaways and health booths. The event brings residents, local partners and volunteers together to celebrate healthy living.

### Highlighted Outcomes

- Participant growth: 89% increase from 2022 to 2024
- Youth engagement: Over 40% of riders under age 18 in 2024
- Safety education: Every child received a free helmet and bike safety handout
- Inclusivity: Family-friendly, accessible routes with support for all ability levels

| Year | Participants | Miles Ridden (Total) | Helmets Distributed | Partner Organizations | New Features |
|------|-------------|---------------------|--------------------|----------------------|--------------|
| 2022 | 180 | 1,200 | 75 | 10 | Bike safety demos, local food vendors |
| 2023 | 250 | 1,800 | 120 | 14 | Kid's bike rodeo, mobile repair station |
| 2024 | 340 | 2,500 | 150 | 18 | Group ride leaders, wellness expo |

## The Center for Healthy Living

The Center for Healthy Living offers cooking demonstrations led by a registered dietitian (RD) to instruct community members on preparing food, cooking demos, nutritious meals and culinary arts classes.

## Highlighted Outcomes

- In 2023, culinary arts classes increased participation from 231 to 689 (including all culinary classes, many led by Parkview's RD).
- In 2024, we accomplished the following;
  - Healthy Cooking Demos: 67 participants
  - Live Well with Diabetes program: 12 participants
  - Cleaner Eating Dish Prep series: 11 participants (5 + 6)
  - Kids Cooking Camp (Camp Wethonkitha): 32 participants
  - Thursday RD-led classes: 54 participants

## The Cole Center Family YMCA

The Cole Center Family YMCA serves Noble and LaGrange counties with a mission to build a healthy spirit, mind and body for all. The YMCA offers a wide range of programs addressing physical, mental and social wellness through fitness facilities, youth development, chronic disease prevention and community engagement.

### Highlighted Outcomes

- Scholarships for access:
  - 2022: 2,030 scholarships awarded ($139,657)
  - 2023: 1,763 scholarships awarded ($149,108)
  - 2024: 1,793 scholarships awarded ($198,666) — exceeded goal
- Facility usage:
  - 2022: 103,782 visits
  - 2023: 86,187 visits (Jan–Sept)
  - 2024: 116,000 visits
- Youth programs:
  - Youth sports and swim lessons:
    - 2022: 989 participants
    - 2023: 853 participants (Jan–Sept)
    - 2024: 1,639 participants — exceeded goal
  - School-aged child care:
    - 2022: 2,911 children
    - 2023: 3,215 children
    - 2024: 3,486 children — met goal
- Special programs:
  - LIVESTRONG at the YMCA: Restarted in 2024 with new instructor; goal to serve 12–16 cancer survivors annually
  - Rock Steady Boxing: Parkinson's program served six participants in 2023; increased to four regulars in 2024
  - Girls on the Run: 11 girls participated in 2024 across spring and fall sessions
  - Senior social gatherings: Five events in 2024 with average attendance of 35
- Mental wellness initiatives:
  - Partnering with mental health organizations
  - Planning community-wide stress management programs
  - Integrating wellness into youth camps

## The Community Learning Center

The Community Learning Center (CLC) offers a wide range of programs to address mental health, obesity and substance abuse through arts, fitness, nutrition and education. Programs serve all age groups, emphasizing community engagement and long-term health improvement.

### Highlighted Outcomes

- Mental health:
    - 239 participants in pickleball and fitness programs
    - 134 participants in fine arts and sewing programs
    - 524 participants in pottery classes
    - 20 students in the Theatrical Youth Choir
- Obesity and nutrition:
    - 689 participants in culinary arts classes (goal: 277)
    - 67 participants in Healthy Cooking Demos
    - 12 participants in Live Well with Diabetes
    - 11 participants in the Cleaner Eating Dish Prep series
    - 32 children in Kids Cooking Camp
- Substance abuse education:
    - Overdose Prevention Program with 10 participants
    - Monthly "Ask the RD" sessions and healthy cooking demos

# Substance Use Disorder

## Drug-Free Noble County

Drug-Free Noble County (DFNC) is a coalition that collaborates with local partners to reduce substance use and improve community health through education, prevention, treatment access and policy advocacy. Programs target youth, adults and the broader community with a focus on alcohol, tobacco and other drugs (ATOD).

### Highlighted Outcomes

- Youth prevention:
    - Served over 6,000 students and staff during Red Ribbon Week
    - All public and 50% of private schools participated in prevention programs
    - Regional tenth-grade vaping rate dropped from 13.3% to 9.7%
- Treatment access:
    - Sixteen percent increase in addiction clients served (697 in 2024 vs. 585 in 2023)
    - Increased awareness of treatment services by 2% (community survey)
- Community education:
    - Hosted multiple Lunch & Learn sessions and community forums
    - Distributed Prom/Party Safe Packets and hosted National Drug Facts Week
- Public awareness:
    - Reached up to 48,000 residents through media, events and social media
    - Increased awareness of Aaron's Law and naloxone access (72.22%)

# Inspiration Ministries

Inspiration Ministries provides recovery housing and peer support services to individuals overcoming addiction. The organization focuses on housing, leadership training, community engagement and replicating its recovery model across counties.

## Highlighted Outcomes

- Recovery housing:
  - Operated 150 active recovery-oriented beds in 2024
  - Added 12 beds in DeKalb and 13 in Noble County
- Graduation and employment:
  - Produced 38 graduates from the nine-month recovery program (26 in DeKalb, 12 in Noble)
  - Supported 84 individuals in becoming tax-paying employees (60 in DeKalb, 24 in Noble)
- Peer support training:
  - Certified seven peer support professionals in 2023
- Expansion:
  - Completed Grace and Mercy Houses in DeKalb (32 beds)
  - Purchased Victory Village in Noble County (18 beds)

# Appendix B - Prioritization Participating Organizations

Prioritization session attendees represented several organizations in Noble County.

| Organization/Department | Area of Work |
|---|---|
| Bowen Health | Health Care, Mental/Behavioral Health |
| Campus Life - Youth for Christ | Faith/Cultural, Mental/Behavioral Health, Non-profit/Community-based/Social Service |
| Central Noble School Corporation | Education |
| City of Kendallville | Government/Public Health/Safety |
| City of Ligonier | Government/Public Health/Safety |
| Cole Center Family YMCA | Non-profit/Community-based/Social Service |
| Common Grace | Faith/Cultural, Non-profit/Community-based/Social Service |
| Community Foundation Noble County | Non-profit/Community-based/Social Service |
| Community Learning Center | Non-profit/Community-based/Social Service |
| Community State Bank | Business |
| Crossroads United Way | Non-profit/Community-based/Social Service |
| Drug Free Noble County | Non-profit/Community-based/Social Service |
| East Noble School Corporation | Education |

| Organization/Department | Area of Work |
|---|---|
| Kendallville Police Department | Government/Public Health/Safety |
| Life & Family Services | Faith/Cultural |
| McMillen Health | Non-profit/Community-based/Social Service |
| Noble County Council | Government/Public Health/Safety |
| Noble County Emergency Management | Health Care, Non-profit/Community-based/Social Service |
| Noble County Health Department | Health Care |
| Parkview Health | Health Care, Education |
| Purdue Extension | Education, Government/Public Health/Safety |
| Visit Noble County | Non-profit/Community-based/Social Service |
| West Noble School Corporation | Education |

# Appendix C - Community Resources

This list highlights health care facilities and community organizations that are available to address significant health needs identified in this CHNA.

| Organization Name | City | Zip Code |
| --- | --- | --- |
| **Housing Affordability** | | |
| Carriage House | Kendallville | 46755 |
| Copper Ridge Mobile Home Park | Ligonier | 46767 |
| Daisy Meadows | Kendallville | 46755 |
| Deerfield Village | Kendallville | 46755 |
| Eagles Nest, an FR Community | Ligonier | 46767 |
| Flintcrest Manor Apartments | Ligonier | 46767 |
| Lake Bei Der Bank Apartments | Topeka | 46571 |
| Lighthouse Apartments | Kendallville | 46755 |
| Lincolnwood Apartments | Ligonier | 46767 |
| Martin Manor Apartments | Ligonier | 46767 |
| Nelson Estates | Kendallville | 46755 |
| Riverside Villa Apartments | Ligonier | 46767 |
| Towne Village Apartments | Ligonier | 46767 |
| Whispering Pines, an FR Community | Ligonier | 46767 |

| Mental Health and Mental Disorders | | |
|---|---|---|
| Allendale Treatment | Fort Wayne | 46825 |
| Benchmark | Fort Wayne | 46825 |
| Bowen Center Health | Kendallville | 46755 |
| Drug Free Noble County | Kendallville | 46701 |
| ENACT | Fort Wayne | 46809 |
| Hickory Treatment Center | Albion | 46701 |
| Inspiration Ministries | Butler | 46721 |
| Kendallville Police Department | Kendallville | 46755 |
| Noble County Sherrif's Department | Albion | 46701 |
| Northeastern Center | Kendallville | 46755 |
| Park Center | Fort Wayne | 46805 |
| Parkview Behavioral Health | Fort Wayne | 46825 |
| Parkview EMS | Fort Wayne | 46755 |
| SCAN | Fort Wayne | 46802 |
| Insurance for Health Care | | |
| Aetna | Fort Wayne | 46805 |
| Anthem | Indianapolis | 46204 |
| BrightPoint | Kendallville | 46755 |
| CareSource Health | Dayton, Ohio | 45401 |

| Obesity/Diabetes | | |
|---|---|---|
| Cole Center Family YMCA | Kendallville | 46755 |
| Common Grace Ministries | Kendallville | 46755 |
| Life and Family Services | Kendallville | 46755 |
| Noble County Council of Aging | Kendallville | 46755 |
| Noble County Division of Family Resources | Albion | 46701 |
| Noble County Health Department | Albion | 46701 |
| Noble County Transit | Kendallville | 46755 |
| Noble County Trails | Kendallville | 46755 |
| Parkview Dietician | Kendallville | 46755 |
| Parkview Noble Center For Healthy Living | Kendallville | 46755 |
| Parkview Weight Management | Kendallville | 46755 |
| Purdue Extension | Albion | 46701 |
| St. Martin's Healthcare | Garrett | 46738 |
| WeCare tlc Central Noble | Albion | 46701 |

## Additional resources for a broad range of assistance:

Findhelp.org is an online tool that connects people to support, including financial assistance, food pantries, medical care and other free or reduced-cost help.
**https://www.findhelp.org/**

211 is a free and confidential service that helps people find local resources like food, housing, health care and job support by calling or texting 211.
**https://www.211.org/**