



# PARKVIEW SENIORS CLUB

To join the Seniors Club, you must be 55 years of age or older. If your spouse is under 55, he or she may also join. Couples may use the same form and one check for both memberships.

Membership Fee: \$12 each for new members for membership good through December 31, 2010.  
*(Please print)*

Mr./Mrs./Ms. First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_ Last Name: \_\_\_\_\_ M F *(Circle one)*

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Marital Status: M W D S *(Circle one)*

Cell: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

*(For the most current news or reminders about Seniors Club programs or activities.)*

Spouse's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

How did you hear about Parkview Seniors Club? \_\_\_\_\_

Please make check payable to Parkview Senior Health Services and mail to:  
Parkview Health, Attn: Senior Health Services, 10501 Corporate Drive, Fort Wayne, IN 46845.

If you have any questions, call (260) 373-7209.

## Parkview Seniors Club

The Parkview Seniors Club offers a variety of programs for adults age 55 plus, so they are informed about the latest medical breakthroughs and nutrition, exercise, prescription and self-help programs.

**Monthly Medical Education Programs** — Physicians and health experts provide education and prevention information about a variety of new treatments and technologies.

**Monthly First Run Movies for Just \$2** — Movies are offered January through October at the Coldwater Regal Cinemas in conjunction with the education programs.

**Special Seminars and Social Events** — Presentations and events are scheduled either by the Seniors Club or other Parkview-based entities at various times throughout the year.

**Fitness and Exercise Classes** — Seniors Club members receive two free body compositions per year, routine blood pressures and oxygen saturation assessments as part of their membership at Parkview Health & Fitness. For Seniors Club members, the enrollment fee is waived when joining the Health and Fitness Center — a \$50 savings.

**Members-Only Newsletters and Discounts** — Discounts are available at more than 90 local businesses.

