



Parkview Rehabilitation Center Comprehensive Outcomes for 2010

The Parkview Rehabilitation Center is a state-of-the-art, comprehensive inpatient medical rehabilitation program accredited by CARF (the Commission on Accreditation of Rehabilitation Facilities). The program is in the top 3 percent of facilities accredited by CARF and is located within Parkview Hospital. The hospital is home to verified Adult and Pediatric Trauma Centers and the Parkview Stanley Wissman Stroke Center, certified through The Joint Commission. The Rehab Program provides a full range of inpatient services and programs to support patients at the Trauma Centers and the certified primary stroke center. Our goal is to help patients in their recovery from an illness or trauma that interferes with their ability to move, think and care for themselves. Our experienced staff cares for patients age 3 and older.

POPULATION SERVED

Number of patients discharged from Inpatient Rehab Program 342

| | Parkview Percentage | Nation Percentage |
|------------------------------|---------------------|-------------------|
| Stroke | 46 | 22 |
| Brain Injury | 17 | 9 |
| Ortho | 7 | 31 |
| Multi Trauma | 8 | 2 |
| Spinal Cord Injury | 10 | 6 |
| Debility | 4 | 8 |
| Neuro | 2 | 10 |
| Amputee | 4 | 3 |
| Medically Complex Conditions | 1 | 1 |
| Cardiac | 1 | 4 |

Source: Standard Facility Report, UDS-PRO® Edition (1/1/10 – 12/31/10)

Types of orthopedic diagnosis included:

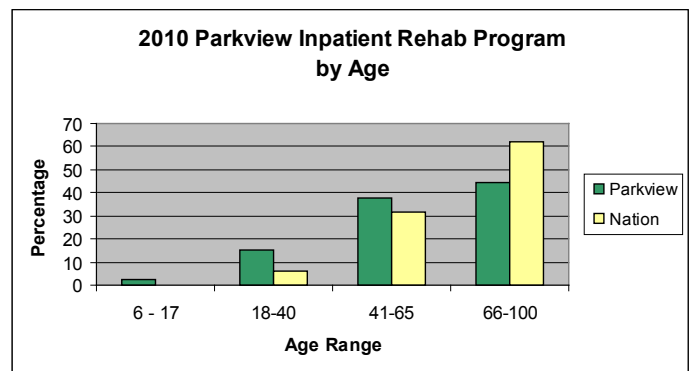
- Lower-extremity fractures
- Lower-extremity joint replacements
- Spinal disc fractures
- Spondylosis
- Spinal stenosis

Types of neurological diagnosis included:

- Multiple Sclerosis
- Guillain-Barré Syndrome
- Parkinson's Disease

AGE

Number of patients discharged who were under age 18 9



Source: UDS-PROi® On Demand Demographic Report (1/1/10 – 12/31/10)

FUNCTIONAL IMPROVEMENT

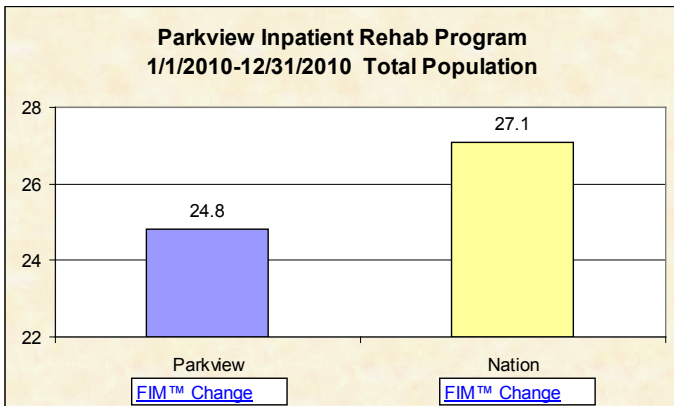
Meeting goals

At admission, the patients and families actively participate in setting goals for their stay. They meet with their other team members weekly to review progress toward those goals.

On average, patients met 81 percent of their long-term goals in 2010.

Functional status

The tables below compare functional status at admission and at discharge, as well as the change compared to the national average. Improvement in function is measured by the Functional Independence Measure (FIM™) instrument. The FIM instrument encompasses 18 functional areas: eating, grooming, bathing, dressing upper body, dressing lower body, toileting, bladder management, bowel management, basic transfers, toilet transfers, tub/shower transfers, walking/wheelchair use, stairs, comprehension, expression, social interaction, problem-solving and memory. Each area is measured with a scale from 1 (representing “dependent”) through 7 (representing “independent”).



Source: Standard Facility Report, UDS-PRO® Edition (1/1/10 – 12/31/10)

| | Parkview | Nation |
|----------------|----------|--------|
| Admission FIM™ | 58.7 | 60.7 |
| Discharge FIM™ | 83.6 | 87.8 |

Source: Standard Facility Report, UDS-PRO® Edition, Vol. 24, Qtr. 4 January 2010 – December 2010

Average number of therapy hours received

Patients received, on average, 3 hours of physical, occupational and/or speech therapy per day.

Source: Internal program data

LENGTH OF STAY AND LENGTH-OF-STAY EFFICIENCY

The average length of time (in days) a patient spends in the Parkview Rehabilitation Center is slightly higher than the national average. This is primarily due to the higher intensity level of our patients, relative to that of patients at other providers in our comparison group.

The length-of-stay efficiency reflects the amount of progress in function a patient makes in comparison to the number of days he or she spends in the program. The higher the number, the higher the efficiency.

| | Parkview | Nation |
|---------------------------------|----------|--------|
| Length of Stay | 15 | 14 |
| Length-of-stay Efficiency | 1.95 | 2.44 |

Source: Standard Facility Report, UDS-PRO® Edition (1/1/10 – 12/31/10)

Percentage of patients discharged to:

| | Parkview | Nation |
|--------------------------------|----------|--------|
| Community | 61 | 76 |
| Long-term care | 1 | 9 |
| Acute care | 8 | 10 |
| Sub-acute and post-acute | 29 | 6 |

Source: UDS-PROi® On Demand Discharge Report (1/1/10 – 12/31/10)

Three months post-discharge

Of those participating in the three-month post-discharge survey:

- 79 percent were in a community setting
- 103 of the 294 respondents were discharged from our rehab program to a non-community setting
- 72 of the 103 were eventually discharged into a community setting

Source: UDS-PROi® On Demand Discharge to Follow-up Report – Follow-up Assessment Year 2010

Functional status three months post-discharge

- 94.6 percent of our patients maintained function or did better than their status at discharge.
- Compared to national 92.3 percent.

Source: UDS-PROi® On Demand Discharge to Follow-up Report – Follow-Up Assessments: Year 2010

PATIENT SATISFACTION

Discharge

At discharge, 89 percent of our patients identified their overall satisfaction with their experience as “excellent” or “very good.”

Source: Professional Research Consultants 2010 surveys

Three months post-discharge

MedTel requests that patients be contacted and rate our facility on a 1-4 scale for overall satisfaction.

- Our facility average score for 2010 was 3.74.
- National average is 3.69.

Source: MedTel Outcomes, LLC, Annual Report Follow-up
(1/1/10 – 12/31/10)

What patients and their family members are saying about us:

“All of the staff are angels from heaven.”

“Had a great experience. Everyone did a great job.”

“Everyone was amazing and looked out for her and her daughter like they were family. She is so glad that she entrusted the rehab unit with the care of her baby.”

“Rehab staff was awesome. I would highly recommend rehab to anyone.”

2010 PROGRAM ACTIVITIES

1. The Parkview Rehabilitation Center

The Parkview Rehabilitation Center enhanced its aquatics program by incorporating aquatic therapy into the schedules of all appropriate patients.

A .5 rehab pre-admission screening position was added to enhance and build referral relationships internally and externally.

Informal rounding was implemented at the bedside, as needed, four days a week. The rehab physician, rehab case coordinator, rehab nurse, PT, OT, ST, neuropsychologist and other team members are included as appropriate.

The program enhanced communication between all team members and each patient’s family members/significant others by using standardized notation regarding safety and patient abilities on the patient’s whiteboard.

The program developed “patient showcase” boards in the therapy gym area to focus on rehab patients’ accomplishments.

Under the direction of the rehab physicians and the medical director, the rehab team enhanced Parkview’s length-of-stay efficiency.

2. ThinkFirst

Parkview Rehabilitation Center and Fort Wayne Neurological Center participate in ThinkFirst.

The ThinkFirst National Injury Prevention Foundation’s evidence-based programs reach students with the message that they can have fun in life while avoiding dangerous situations and unsafe behaviors. Young people learn to reduce their risk for injury through reality-based presentations in the classroom by clinical staff members and survivors of brain injury and spinal cord injury.

The program’s reach continues to grow in our region. In the 2009-10 school year, the Parkview Rehabilitation Center participated through presentations by former patients and a rehab nurse in 18 schools, addressing 136 classes and reaching 5,138 students.

For more information, visit www.thinkfirst.org.

Feedback from students following ThinkFirst presentations:

“After hearing your story, I will never look at life the same way. You taught me to never take anything in life for granted. Even the little things, because they can be taken away instantly.”

“You have really inspired me to look at a lot of things in a different way in life. I took everything you said into consideration and realized that life is more precious and valuable than people may see. So I just want to say thank you....”

“Listening to your story really hit home on making the right decisions. As you clearly laid out, making the wrong decision can cost something dear to you or your life. I just cannot thank you enough on coming for our class.”

“Thank you for coming and speaking to our class. I’m getting a motorcycle this summer, and seeing what you went through makes me want to always wear a helmet.”

“I, along with a lot of other people, usually don’t realize how dangerous a situation may be. We don’t understand that our choices affect every outcome. Thank you for opening our eyes to the things we all need to be aware of. From hearing your story, I will think harder about the decisions I make.”

IMPORTANT PHONE NUMBERS

For admission or more information on the Parkview Rehabilitation Center, call (888) 480-5151 or (260) 373-6404.

Visit Parkview online at www.parkview.com.