

Parkview Rehabilitation Center Comprehensive Outcomes for 2011

The Parkview Rehabilitation Center is a state-of-the-art, comprehensive inpatient medical rehabilitation program accredited by CARF (the Commission on Accreditation of Rehabilitation Facilities). Located within Parkview Hospital Randallia, the program was ranked in the top 3 percent of facilities accredited by CARF in the 2009 - 2012 survey. The Rehab Center provides a full range of inpatient services and programs to support patients of Parkview's verified Level II Adult and Pediatric Trauma Centers and Parkview Stanley Wissman Stroke Center, the region's first primary stroke center certified through The Joint Commission. Our goal is to help patients in their recovery from an illness or trauma that interferes with their ability to move, think and care for themselves. Our experienced staff cares for patients age 6 and older.

POPULATION SERVED

Number of patients discharged from Inpatient Rehab Program 371

	Parkview Percentage	Nation Percentage
Stroke	46	22
Brain Injury	17	9
Ortho	7	30
Multi Trauma	9	2
Spinal Cord Injury	8	6
Debility	4	8
Neuro	3	10
Amputee	5	3
Medically Complex Conditions	2	1

Source: Standard Facility Report, UDS-PRO® Edition, Vol. 25, Qtr. 4
January 2011 – December 2011

Types of orthopedic diagnosis included:

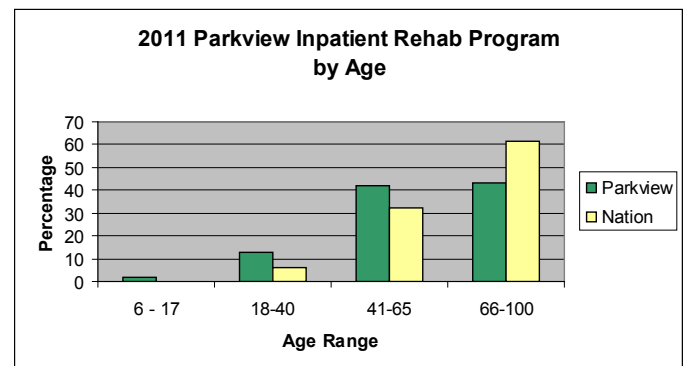
- Lower-extremity fractures
- Bilateral lower-extremity joint replacements
- Spinal disc fractures
- Spondylosis
- Spinal stenosis

Types of neurological diagnosis included:

- Multiple Sclerosis
- Guillain-Barré Syndrome
- Parkinson's Disease

AGE

Number of patients discharged who were under age 18 7



Source: Standard Facility Report, UDS-PRO® Edition, Vol. 25, Qtr. 4
January 2011 – December 2011

FUNCTIONAL IMPROVEMENT

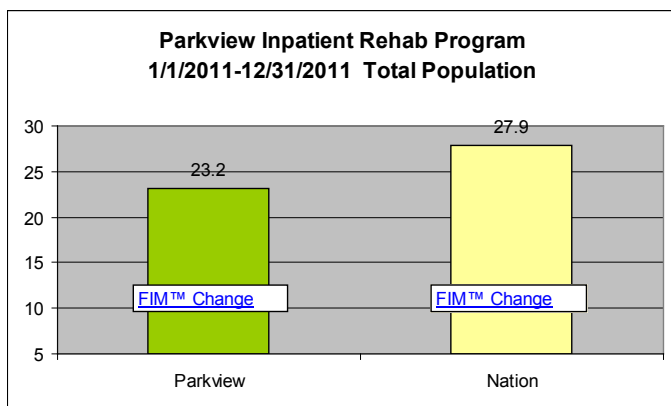
Meeting goals

At admission, the patients and families actively participate in setting goals for their stay. They meet with their team members weekly to review progress toward those goals.

On average, patients met 81 percent of their long-term goals in 2011.

Functional status

The tables below compare functional status at admission and at discharge, as well as the change compared to the national average. Improvement in function is measured by the Functional Independence Measure (FIM™) instrument. The FIM instrument encompasses 18 functional areas: eating, grooming, bathing, dressing upper body, dressing lower body, toileting, bladder management, bowel management, basic transfers, toilet transfers, tub/shower transfers, walking/wheelchair use, stairs, comprehension, expression, social interaction, problem-solving and memory. Each area is measured with a scale from 1 (representing “dependent”) through 7 (representing “independent”).



Source: Standard Facility Report, UDS-PRO® Edition, Vol. 25, Qtr. 4
January 2011 – December 2011

	Parkview	Nation
Admission FIM™	61.7	60.5
Discharge FIM™	84.9	88.4

Source: Standard Facility Report, UDS-PRO® Edition, Vol. 25, Qtr. 4
January 2011 – December 2011

Average number of therapy hours received

Patients received, on average, 3 hours of physical, occupational and/or speech therapy per day.

Source: Internal program data

LENGTH OF STAY AND LENGTH-OF-STAY EFFICIENCY

The average length of time (in days) a patient spends in the Parkview Rehabilitation Center is slightly higher than the national average. This is primarily due to the higher intensity level of our patients, relative to that of patients at other providers in our comparison group.

The length-of-stay efficiency reflects the amount of progress in function a patient makes in comparison to the number of days he or she spends in the program. The higher the number, the higher the efficiency.

	Parkview	Nation
Length of Stay	15	13
Length-of-stay Efficiency	1.81	2.51

Source: Standard Facility Report, UDS-PRO® Edition, Vol. 25, Qtr. 4
January 2011 – December 2011

Percentage of patients discharged to:

	Parkview	Nation
Community	65	76
Long-term care	1	8
Acute care	8	10
Sub-acute and post-acute	26	6

Source: Standard Facility Report, UDS-PRO® Edition, Vol. 25, Qtr. 4
January 2011 – December 2011

Three months post-discharge

Of those participating in the three-month post-discharge survey:

- 90 percent were in a community setting
- 99 of the 296 respondents were discharged from our rehab program to a non-community setting
- 76 of the 99 were eventually discharged into a community setting

Source: UDS-PROi® On Demand Discharge to Follow-up Report –
Follow-up Assessment Year 2011

Functional status three months post-discharge

- 96 percent of our patients maintained function or did better than their status at discharge.
- Compared to national figure of 93 percent.

Source: UDS-PROi® On Demand Discharge to Follow-up Report –
Follow-Up Assessments: Year 2011

PATIENT SATISFACTION

Discharge

At discharge, 93 percent of our patients identified their overall satisfaction with their experience as “excellent” or “very good.”

Source: Professional Research Consultants 2011 surveys

Three months post-discharge

MedTel requests that patients be contacted and rate our facility on a 1-4 scale for overall satisfaction.

- Our facility average score for 2011 was 3.84.
- National average for 2011 was 3.69.

Source: MedTel Outcomes, LLC, Annual Report for Follow-up Dates 1/1/11 – 12/31/11

What patients and their family members are saying about us:

“The entire rehab team was fabulous!”

“Everyone was excellent!”

“Everything and everyone was wonderful!”

“Everyone worked together to get me out of there.”

2011 PROGRAM ACTIVITIES

ThinkFirst

Parkview Rehabilitation Center and Fort Wayne Neurological Center participate in ThinkFirst.

The ThinkFirst National Injury Prevention Foundation’s evidence-based programs reach students with the message that they can have fun in life while avoiding dangerous situations and unsafe behaviors. Young people learn to reduce their risk for injury through reality-based presentations in the classroom by clinical staff members and survivors of brain injury and spinal cord injury.

The program’s reach continues to grow in our region. In the 2010 – 2011 school year, the Parkview Rehabilitation Center participated through presentations by former patients and a rehab nurse in 21 schools, addressing 151 classes and reaching 5,120 students.

For more information, visit www.thinkfirst.org.

Feedback from students following ThinkFirst presentations:

“I think it’s great what Parkview is doing. Teens should be informed of accidents like these. The speakers are very brave, and I’m happy I got a chance to listen to them.”

“What the speakers said really hit me hard and influenced me to be more careful.”

“This really made me think that I need to make safe choices and make sure I have the correct safety gear on whenever I’m doing something.”

“I want to thank you for your presentation. It really made an impact on the choices I will make in my future. I am a skateboarder and I know that there are lots of things that could happen if I make the wrong choices.”

“These stories make me realize how easily one choice can change your whole life. Thank you for speaking to us. I will be as careful as possible. I will make the best decisions possible for my life.”

“Your strength is very encouraging and I’m so glad you didn’t give up – you touched my life today.”

“I thought that the presentation the guest speakers gave was very informative. It taught me that no one is invincible. I now know to always wear protective gear and take caution, because anything can happen.”

IMPORTANT PHONE NUMBERS

For admission or more information on the Parkview Rehabilitation Center, call (888) 480-5151 or (260) 373-6404.

Visit Parkview online at www.parkview.com.